

THE MIND STILLED –

33 Sermons on *Nibbāna*

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Introduction:

The present set of thirty-three sermons on the topic of *Nibbāna* were originally delivered between 1988 and 1991 as fortnightly lectures at Meetirigala Forest Monastery of Sri Lanka by the Venerable Bhikkhu K. Ñāṇananda at the behest of the Venerable Mātara Sri Ñāṇarāma Mahāthera. They combine deep insight into the Dhamma with academic erudition, being based on copious quotations from the Pāli discourses that alternate with illustrative similes and useful indications for meditation practice.

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MIND STILLED 01

Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa

Etaṃ santaṃ, etaṃ paṇītaṃ, yadidaṃ sabbasaṅkhārasamatho sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ.^[1]

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction".

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks.

Recently we have had an occasion to listen to a series of sermons on *Nibbāna* and there have been differences of opinion regarding the interpretation of some deep *suttas* on *Nibbāna* in those sermons. And so the venerable Great Preceptor suggested to me that it would be useful to this group if I would give a set of sermons on *Nibbāna*, touching on those controversial points.

At first, for many reasons, I hesitated to accept this invitation for a serious task, but then, as the venerable Great Preceptor repeatedly encouraged me on this, I gave some thought as to how best I could set about doing it. And it occurred to me that it would be best if I could address these sermons directly to the task before us in this Nissarana Vanaya, and that is meditative attention, rather than dealing with those deep controversial *suttas* in academic isolation. And that is why I have selected the above quotation as the theme for the entire set of sermons, hoping that it would help create the correct atmosphere of meditative attention.

Etam santam etam paṇītam, yadidaṃ sabbasañkhārasamatho sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ.

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction".

This in fact is a meditation subject in itself, a *kammaṭṭhāna*. This is the reflection on the peace of *Nibbāna, upasamānussati*. So if we can successfully make use of this as both the heading and the theme of these sermons, we would be in a position to understand those six qualities of the *Dhamma*. We are told that the *Dhamma* is *svākkhāta*, that it is well-proclaimed, *sandiṭṭhika*, can be seen here and now, *akālika*, timeless, *ehi-passika*, inviting one to come and see, *opanayika*, leading one onwards, *paccattam veditabbo viññūhi*, that it can be understood by the wise each one by himself.^[2]

This set of sermons would have fulfilled its purpose if it drives home the true significance of these six qualities of the *Dhamma*.

Now at the very outset I would like to say a few things by way of preparing the background and I do hope that this assembly would bear with me for saying certain things that I will be compelled to say in this concern. By way of background something has to be said as to why there are so many complications with regard to the meaning of some of the deep *suttas* on *Nibbāna*.

There is a popular belief that the commentaries are finally traceable to a miscellany of the Buddha word scattered here and there, as *pakiṇṇakadesanā*. But the true state of affairs seems to be rather different. Very often the commentaries are unable to say something conclusive regarding the meaning of deep *suttas*. So they simply give some possible interpretations and the reader finds himself at a loss to choose the correct one. Sometimes the commentaries go at a tangent and miss the correct interpretation. Why the commentaries are silent on some deep *suttas* is also a problem to modern day scholars. There are some historical reasons leading to this state of affairs in the commentaries.

In the *Āṇisutta* of the *Nidānavagga* in the *Samyutta Nikāya* we find the Buddha making certain prophetic utterances regarding the dangers that will befall the *Sāsana* in the future. It is said that in times to come, monks will lose interest in those deep *suttas* which deal with matters transcendental, that they would not listen to those *suttas* that have to do with the idea of emptiness, *suññatā*. They would not think it even worthwhile learning or pondering over the meanings of those *suttas*:

Ye te suttantā tathāgatabhāsītā gambhīrā gambhīratthā lokuttarā suññatappaṭisaṃyuttā, tesu bhaññamānesu na sussūssisanti na sotam odahissanti na aññā cittaṃ upaṭṭhāpessanti na te dhamme uggahetabbaṃ pariyāpuṇitabbaṃ maññissanti.^[3]

There is also another historical reason that can be adduced. An idea got deeply rooted at a certain stage in the *Sāsana* history that what is contained in the *Sutta Piṭaka* is simply the conventional teaching and so it came to imply that there is nothing so deep in these *suttas*. This notion also had its share in the present lack of interest in these *suttas*. According to *Manorathapūraṇī*, the *Aṅguttara* commentary, already at an early stage in the *Sāsana* history of Sri Lanka, there had been a debate between those who upheld the precept and those who stood for realization.^[4] And it is said that those who upheld the precept won the day. The final conclusion was that, for the continuity of the *Sāsana*, precept itself is enough, not so much the realization.

Of course the efforts of the reciter monks of old for the preservation of the precept in the midst of droughts and famines and other calamitous situations are certainly praiseworthy. But the unfortunate thing about it was this: the basket of the Buddha word came to be passed on from hand to hand in the dark, so much so that there was the risk of some valuable things slipping out in the process.

Also there have been certain semantic developments in the commentarial period, and this will be obvious to anyone searching for the genuine *Dhamma*. It seems that there had been a tendency in the commentarial period to elaborate even on some lucid words in the *suttas*, simply as a commentarial requirement, and this led to the inclusion of many complicated ideas. By too much overdrawing in the commentaries, the deeper meanings of the *Dhamma* got obscured. As a matter of fact, the depth of the *Dhamma* has to be seen through lucidity, just as much as one sees the bottom of a tank only when the water is lucid.

Dve nāma kiṃ?

Nāmañca rūpañca.^[5]

"What is the 'two'?"

"Name and form."

This is the second out of the ten questions Buddha had put to the Venerable *sāmanera Sopāka* who had attained *Arahant*-ship at the age of seven. It is like asking a child: "Can you count up to ten?" All the ten questions were deep, the tenth being on *Arahant*-ship. But of course Venerable *Sopāka* gave the right answer each time. Now it is the second question and its answer that we are concerned with here: *nāmañca rūpañca*. In fact, this is a basic teaching in insight training.

It is obvious that *nāma* means 'name', and in the *suttas* also, *nāma*, when used by itself, means 'name'. However when we come to the commentaries we find some kind of hesitation to recognize this obvious meaning. Even in the present context, the commentary, *Paramatthajotikā*, explains the word 'name' so as to mean 'bending'. It says that all immaterial states are called *nāma*, in the sense that they bend towards their respective objects and also because the mind has the nature of inclination: *Ārammaṇābhimukhaṃ namanato, cittassa ca natihetuto sabbampi arūpaṃ 'nāman'ti vuccati.*^[6]

And this is the standard definition of *nāma* in *Abhidhamma* compendiums and commentaries. The idea of bending towards an object is brought in to explain the word *nāma*. It may be that they thought it too simple an interpretation to explain *nāma* with reference to 'name', particularly because it is a term that has to do with deep insight. However as far as the teachings in the *suttas* are concerned, *nāma* still has a great depth even when it is understood in the sense of 'name'.

Nāmaṃ sabbaṃ anvabhavi,

*nāmā bhiiyo na vijjati,
nāmassa ekadhammassa,
sabbeva vasamanvagū.*^[7]

"Name has conquered everything,
There is nothing greater than name,
All have gone under the sway
Of this one thing called name."

Also there is another verse of the same type, but unfortunately its original meaning is often ignored by the present day commentators:

*Akkheyyasaññino sattā,
akkheyyasmim̐ patiṭṭhitā,
akkheyyaṃ apariññāya,
yogam āyanti maccuno.*^[8]

"Beings are conscious of what can be named,
They are established on the nameable,
By not comprehending the nameable things,
They come under the yoke of death."

All this shows that the word *nāma* has a deep significance even when it is taken in the sense of 'name'.

But now let us see whether there is something wrong in rendering *nāma* by 'name' in the case of the term *nāma-rūpa*. To begin with, let us turn to the definition of *nāma-rūpa* as given by the Venerable *Sāriputta* in the *Sammādiṭṭhisutta* of the *Majjhima Nikāya*.

Vedanā, saññā, cetanā, phasso, manasikāro - idaṃ vuccatāvuso, nāmaṃ; cattāri ca mahābhūtāni, catunnañca mahābhūtānaṃ upādāyarūpaṃ - idaṃ vuccatāvuso, rūpaṃ. Iti idañca nāmaṃ idañca rūpaṃ - idaṃ vuccatāvuso nāma-rūpaṃ.^[9]
"Feeling, perception, intention, contact, attention - this, friend, is called 'name'. The four great primaries and form dependent on the four great primaries - this, friend, is called 'form'. So this is 'name' and this is 'form' - this, friend, is called 'name-and-form'."

Well, this seems lucid enough as a definition but let us see, whether there is any justification for regarding feeling, perception, intention, contact and attention as 'name'. Suppose there is a little child, a toddler, who is still unable to speak or understand language. Someone gives him a rubber ball and the child has seen it for the first time. If the child is told that it is a rubber ball, he might not understand it. How does he get to know that object? He smells it, feels it, and tries to eat it, and finally rolls it on the floor. At last he understands that it is a plaything. Now the child has recognised the rubber ball not by the name that the world has given it, but by those factors included under 'name' in *nāma-rūpa*, namely feeling, perception, intention, contact and attention.

This shows that the definition of *nāma* in *nāma-rūpa* takes us back to the most fundamental notion of 'name', to something like its prototype. The world gives a name to an object for purposes of easy communication. When it gets the sanction of others, it becomes a convention.

While commenting on the verse just quoted, the commentator also brings in a bright idea. As an illustration of the sweeping power of name, he points out that if any tree happens to have no name attached to it by the world, it would at least be known as the 'nameless tree'.^[10] Now as for the child, even such a usage is not possible. So it gets to know an object by the aforesaid method. And the factors involved there, are the most elementary constituents of name.

Now it is this elementary name-and-form world that a meditator also has to understand, however much he may be conversant with the conventional world. But if a meditator wants to understand this name-and-form world, he has to come back to the state of a child, at least from one point of view. Of course in this case the equanimity should be accompanied by knowledge and not by ignorance. And that is why a meditator makes use of mindfulness and full awareness, *satisampajañña*, in his attempt to understand name-and-form.

Even though he is able to recognize objects by their conventional names, for the purpose of comprehending name-and-form, a meditator makes use of those factors that are included under 'name': feeling, perception, intention, contact and attention. All these have a specific value to each individual and that is why the *Dhamma* has to be understood each one by himself - *paccattaṃ vedītabbo*. This *Dhamma* has to be realized by oneself. One has to understand one's own world of name-and-form by oneself. No one else can do it for him. Nor can it be defined or denoted by technical terms.

Now it is in this world of name-and-form that suffering is found. According to the Buddha, suffering is not out there in the conventional world of worldly philosophers. It is to be found in this very name-and-form world. So the ultimate aim of a meditator is to cut off the craving in this name-and-form. As it is said: *acchecchi taṇhaṃ idha nāmarūpe*.^[11]

Now if we are to bring in a simile to clarify this point, the Buddha is called the incomparable surgeon, *sallakatto anuttaro*.^[12] Also he is sometimes called *taṇhāsallassa hantāraṃ*, one who removes the dart of craving.^[13] So the Buddha is the incomparable surgeon who pulls out the poison-tipped arrow of craving.

We may say therefore that, according to the *Dhamma*, *nāma-rūpa*, or name-and-form, is like the wound in which the arrow is embedded. When one is wounded by a poison-tipped arrow, the bandage has to be put, not on the archer or on his bow-string, but on the wound itself. First of all the wound has to be well located and cleaned up. Similarly, the comprehension of name-and-form is the preliminary step in the treatment of the wound caused by the poison-tipped arrow of craving.

And it is for that purpose that a meditator has to pay special attention to those basic components of 'name' - feeling, perception, intention, contact and attention - however much he may be proficient in words found in worldly usage. It may even appear as a process of unlearning down to childlike simplicity. But of course, the equanimity implied there, is not based on ignorance but on knowledge.

We find ourselves in a similar situation with regard to the significance of *rūpa* in *nāma-rūpa*. Here too we have something deep, but many take *nāma-rūpa* to mean 'mind and matter'. Like materialists, they think there is a contrast between mind and matter. But according to the *Dhamma* there is no such rigid distinction. It is a pair that is interrelated and taken together it forms an important link in the chain of *paṭicca samuppāda*.

Rūpa exists in relation to 'name' and that is to say that form is known with the help of 'name'. As we saw above, that child got a first-hand knowledge of the rubber ball with the help of contact, feeling, perception, intention and attention.

Now in the definition of 'form' as *cattāri ca mahābhūtāni, catunnañca mahābhūtānaṃ upādāya rūpaṃ* the four great primaries are mentioned because they constitute the most primary notion of 'form'. Just as much as feeling, perception, intention, contact and attention represent the most primary notion of 'name', conventionally so called, even so the four great primaries form the basis for the primary notion of 'form', as the world understands it.

It is not an easy matter to recognize these primaries. They are evasive like ghosts. But out of their interplay we get the perception of form, *rūpasaññā*. In fact what is called *rūpa* in this context is *rūpasaññā*. It is with reference to the behaviour of the four great elements that the world builds up its concept of form. Its perception, recognition and designation of form is in terms of that behaviour. And that behaviour can be known with the help of those members representing name.

The earth element is recognized through the qualities of hardness and softness, the water element through the qualities of cohesiveness and dissolution, the fire element through hotness and coolness, and the wind element through motion and inflation. In this way one gets acquainted with the nature of the four great primaries. And the perception of form, *rūpasaññā*, that one has at the back of one's mind, is the net result of that acquaintance. So this is *nāma-rūpa*. This is one's world. The relationship between *rūpa* and *rūpasaññā* will be clear from the following verse:

*Yattha nāmañca rūpañca,
asesaṃ uparujjhati,
paṭighaṃ rūpasaññā ca,
etthesā chijjate jaṭā.*

This is a verse found in the *Jaṭāsutta* of the *Samyutta Nikāya*.^[14] In that *sutta* we find a deity putting a riddle before the Buddha for solution:

*Anto jaṭā bahi jaṭā,
jaṭāya jaṭitā pajā,
taṃ taṃ Gotama pucchāmi,
ko imaṃ vijaṭaye jaṭaṃ.*

"There is a tangle within, and a tangle without,
The world is entangled with a tangle.
About that, oh *Gotama*, I ask you,
Who can disentangle this tangle?"

The Buddha answers the riddle in three verses, the first of which is fairly well known, because it happens to be the opening verse of the *Visuddhimagga*:

*Sīle paṭiṭṭhāya naro sapañño,
cittaṃ paññañca bhāvayaṃ,
ātāpī nipako bhikkhu,
so imaṃ vijaṭaye jaṭaṃ.*

This means that a wise monk, established in virtue, developing concentration and wisdom, being ardent and prudent, is able to disentangle this tangle. Now this is the second verse:

*Yesam rāgo ca doso ca,
avijjā ca virājitā,
khīṇāsavā arahanto,
tesam vijaṭṭhita jaṭā.*

"In whom lust, hate
And ignorance have faded away,
Those influx-free *Arahants*,
It is in them that the tangle is disentangled."

It is the third verse that is relevant to our topic.

*Yattha nāmañca rūpañca,
asesam uparujjhati,
paṭighaṃ rūpasaññā ca,
etthesā chijjate jaṭā.*

"Where name and form
As well as resistance and the perception of form
Are completely cut off,
It is there that the tangle gets snapped."

The reference here is to *Nibbāna*. It is there that the tangle is disentangled.

The coupling of name-and-form with *paṭigha* and *rūpasaññā* in this context, is significant. Here *paṭigha* does not mean 'repugnance', but 'resistance'. It is the resistance which comes as a reaction to inert matter. For instance, when one knocks against something in passing, one turns back to recognize it. Sense reaction is something like that.

The Buddha has said that the worldling is blind until at least the *Dhamma*-eye arises in him. So the blind worldling recognizes an object by the very resistance he experiences in knocking against that object.

Paṭigha and *rūpasaññā* form a pair. *Paṭigha* is that experience of resistance which comes by the knocking against an object, and *rūpasaññā*, as perception of form, is the resulting recognition of that object. The perception is in terms of what is hard, soft, hot or cold. Out of such perceptions common to the blind worldlings, arises the conventional reality, the basis of which is the world.

Knowledge and understanding are very often associated with words and concepts, so much so that if one knows the name of a thing, one is supposed to know it. Because of this misconception the world is in a tangle. Names and concepts, particularly the nouns, perpetuate the ignorance in the world. Therefore insight is the only path of release. And that is why a meditator practically comes down to the level of a child in order to understand name and form. He may even have to pretend to be a patient in slowing down his movements for the sake of developing mindfulness and full awareness.

So we see that there is something really deep in *nāma-rūpa*, even if we render it as 'name-and-form'. There is an implicit connection with 'name' as conventionally so called, but unfortunately this connection is ignored in the commentaries, when they bring in the idea of 'bending' to explain the word 'name'. So we need not hesitate to render *nāma-rūpa* by 'name-and-form'. Simple as it may appear, it

goes deeper than the worldly concepts of name and form.

Now if we are to summarise all what we have said in this connection, we may say: 'name' in 'name-and-form' is a **formal** name. It is an apparent name. 'Form' in 'name-and-form' is a **nominal** form. It is a form only in name.

We have to make a similar comment on the meaning of the word *Nibbāna*. Here too one can see some unusual semantic developments in the commentarial period. It is very common these days to explain the etymology of the word *Nibbāna* with the help of a phrase like: *Vānasaṅkhātāya taṇhāya nikkhantattā*.^[15] And that is to say that *Nibbāna* is so called because it is an exit from craving which is a form of weaving.

To take the element *vāna* in the word to mean a form of weaving is as good as taking *nāma* in *nāma-rūpa* as some kind of bending. It is said that craving is a kind of weaving in the sense that it connects up one form of existence with another and the prefix *ni* is said to signify the exit from that weaving.

But nowhere in the *suttas* do we get this sort of etymology and interpretation. On the other hand it is obvious that the *suttas* use the word *Nibbāna* in the sense of 'extinguishing' or 'extinction'. In fact this is the sense that brings out the true essence of the *Dhamma*.

For instance the *Ratanasutta*, which is so often chanted as a *paritta*, says that the *Arahants* go out like a lamp: *Nibbanti dhīrā yathāyaṃ padīpo*.^[16] "Those wise ones get extinguished even like this lamp."

The simile of a lamp getting extinguished is also found in the *Dhātuvibhaṅgasutta* of the *Majjhima Nikāya*.^[17] Sometimes it is the figure of a torch going out: *Pajjotass'eva nibbānaṃ, vimokkho cetaso ahu*, "the mind's release was like the extinguishing of a torch."^[18]

The simile of the extinction of a fire is very often brought in as an illustration of *Nibbāna* and in the *Aggivaṅgagottasutta* of the *Majjhima Nikāya* we find the Buddha presenting it as a sustained simile, giving it a deeper philosophical dimension.^[19] Now when a fire burns, it does so with the help of firewood. When a fire is burning, if someone were to ask us: "What is burning?" - what shall we say as a reply? Is it the wood that is burning or the fire that is burning? The truth of the matter is that the wood burns because of the fire and the fire burns because of the wood. So it seems we already have here a case of relatedness of this to that, *idappaccayatā*. This itself shows that there is a very deep significance in the fire simile.

Nibbāna as a term for the ultimate aim of this *Dhamma* is equally significant because of its allusion to the going out of a fire. In the *Asaṅkhatasaṃyutta* of the *Saṃyutta Nikāya* as many as thirty-three terms are listed to denote this ultimate aim.^[20] But out of all these epithets, *Nibbāna* became the most widely used, probably because of its significant allusion to the fire. The fire simile holds the answer to many questions relating to the ultimate goal.

The wandering ascetic *Vacchagotta*, as well as many others, accused the Buddha of teaching a doctrine of annihilation: *Sato sattassa ucchedaṃ vināsaṃ vibhavaṃ paññāpeti*.^[21] Their accusation was that the Buddha proclaims the annihilation, destruction and non-existence of a being that is existent. And the Buddha answered them fairly and squarely with the fire simile.

"Now if a fire is burning in front of you dependent on grass and twigs as fuel, you would know that it is burning dependently and not independently, that there is no fire in the abstract. And when the fire goes out, with the exhaustion of that

fuel, you would know that it has gone out because the conditions for its existence are no more."

As a sidelight to the depth of this argument it may be mentioned that the *Pāli* word *upādāna* used in such contexts has the sense of both 'fuel' as well as 'grasping', and in fact, fuel is something that the fire grasps for its burning. *Upādānapaccayā bhavo*, "dependent on grasping is existence".^[22] These are two very important links in the doctrine of dependent arising, *paṭicca samuppāda*.

The eternalists, overcome by the craving for existence, thought that there is some permanent essence in existence as a reality. But what had the Buddha to say about existence? He said that what is true for the fire is true for existence as well. That is to say that existence is dependent on grasping. So long as there is a grasping, there is an existence. As we saw above, the firewood is called *upādāna* because it catches fire. The fire catches hold of the wood, and the wood catches hold of the fire. And so we call it firewood. This is a case of a relation of this to that, *idappaccayatā*. Now it is the same with what is called 'existence', which is not an absolute reality.

Even in the *Vedic* period there was the dilemma between 'being' and 'non-being'. They wondered whether being came out of non-being, or non-being came out of being. *Katham asataḥ sat jāyeta*, "How could being come out of non-being?"^[23] In the face of this dilemma regarding the first beginnings, they were sometimes forced to conclude that there was neither non-being nor being at the start, *nāsadāsīt no sadāsīt tadānīm*.^[24] Or else in the confusion they would sometimes leave the matter unsolved, saying that perhaps only the creator knew about it.

All this shows what a lot of confusion these two words *sat* and *asat*, being and non-being, had created for the philosophers. It was only the Buddha who presented a perfect solution, after a complete reappraisal of the whole problem of existence. He pointed out that existence is a fire kept up by the fuel of grasping, so much so that, when grasping ceases, existence ceases as well.

In fact the fire simile holds the answer to the tetralemma included among the ten unexplained points very often found mentioned in the *suttas*. It concerns the state of the *Tathāgata* after death, whether he exists, does not exist, both or neither. The presumption of the questioner is that one or the other of these four must be and could be answered in the affirmative.

The Buddha solves or dissolves this presumptuous tetralemma by bringing in the fire simile. He points out that when a fire goes out with the exhaustion of the fuel, it is absurd to ask in which direction the fire has gone. All that one can say about it, is that the fire has gone out: *Nibbuto tveva saṅkhaṃ gacchati*, "it comes to be reckoned as 'gone out'".^[25]

It is just a reckoning, an idiom, a worldly usage, which is not to be taken too literally. So this illustration through the fire simile drives home to the worldling the absurdity of his presumptuous tetralemma of the *Tathāgata*.

In the *Upasīvasutta* of the *Pārāyaṇavagga* of the *Sutta Nipāta* we find the lines:

Accī yathā vātavegena khitto,

atthaṃ paleti na upeti saṅkhaṃ,

"Like the flame thrown out by the force of the wind

Reaches its end, it cannot be reckoned."^[26]

Here the reckoning is to be understood in terms of the four propositions of the

tetralemma. Such reckonings are based on a total misconception of the phenomenon of fire.

It seems that the deeper connotations of the word *Nibbāna* in the context of *paṭicca samuppāda* were not fully appreciated by the commentators. And that is why they went in search of a new etymology. They were too shy of the implications of the word 'extinction'. Probably to avoid the charge of nihilism they felt compelled to reinterpret certain key passages on *Nibbāna*. They conceived *Nibbāna* as something existing out there in its own right. They would not say where, but sometimes they would even say that it is everywhere. With an undue grammatical emphasis they would say that it is on coming to that *Nibbāna* that lust and other defilements are abandoned: *Nibbānaṃ āgamma rāgādayo khīṇāti ekameva nibbānaṃ rāgakkhayo dosakkhayo mohakkhayo ti vuccati.*^[27]

But what do we find in the joyous utterances of the *theras* and *therīs* who had realized *Nibbāna*? As recorded in such texts as *Thera-* and *Therī-gāthā* they would say: *Sītībhūto'smi nibbuto*, "I am grown cool, extinguished as I am."^[28] The words *sītībhūta* and *nibbuta* had a cooling effect even to the listener, though later scholars found them inadequate.

Extinction is something that occurs within an individual and it brings with it a unique bliss of appeasement. As the *Ratanasutta* says: *Laddhā mudhā nibbutiṃ bhuñjamānā*, "they experience the bliss of appeasement won free of charge."^[29] Normally, appeasement is won at a cost, but here we have an appeasement that comes gratis.

From the worldly point of view 'extinction' means annihilation. It has connotations of a precipice that is much dreaded. That is why the commentators conceived of it as something out there, on reaching which the defilements are abandoned, *nibbānaṃ āgamma rāgādayo khīṇāti*. Sometimes they would say that it is on seeing *Nibbāna* that craving is destroyed.

There seems to be some contradiction in the commentarial definitions of *Nibbāna*. On the one hand we have the definition of *Nibbāna* as the exit from craving, which is called a 'weaving'. And on the other it is said that it is on seeing *Nibbāna* that craving is destroyed. To project *Nibbāna* into a distance and to hope that craving will be destroyed only on seeing it, is something like trying to build a staircase to a palace one cannot yet see. In fact this is a simile which the Buddha had used in his criticism of the *Brahmin's* point of view.^[30]

In the *Dhammacakkappavattanasutta* we have a very clear statement of the third noble truth. Having first said that the second noble truth is craving, the Buddha goes on to define the third noble truth in these words: *Tassāyeva taṇhāya asesavirāganirodho cāgo paṭinissaggo mutti anālayo.*^[31]

This is to say that the third noble truth is the complete fading away, cessation, giving up, relinquishment of that very craving. That it is the release from and non-attachment to that very craving. In other words it is the destruction of this very mass of suffering which is just before us.

In the *suttas* the term *taṇhakkhayo*, the destruction of craving, is very often used as a term for *Nibbāna*.^[32] But the commentator says that destruction alone is not *Nibbāna*: *Khayamattaṃ na nibbānaṃ.*^[33] But the destruction of craving itself is called the highest bliss in the following verse of the *Udāna*:

*Yañca kāmasukhaṃ loke,
yaṃ c'idaṃ diviyaṃ sukhaṃ,
taṇhakkhaya sukha'ss'ete,*

kalaṃ n'agghanti soḷasiṃ. ^[34]

"Whatever bliss from sense-desires there is in the world,
Whatever divine bliss there is,
All these are not worth one-sixteenth
Of the bliss of the destruction of craving."

Many of the verses found in the *Udāna* are extremely deep and this is understandable, since *udāna* means a 'joyous utterance'. Generally a joyous utterance comes from the very depths of one's heart, like a sigh of relief. As a matter of fact one often finds that the concluding verse goes far deeper in its implications than the narrative concerned. For instance, in the *Udapānasutta*, we get the following joyous utterance, coming from the Buddha himself:

*Kiṃ kayirā udapānena,
āpā ce sabbadā siyuṃ,
taṇhāya mūlato chetvā,
kissa pariyesaṃ care.* ^[35]

"What is the use of a well,
If water is there all the time,
Having cut craving at the root,
In search of what should one wander?"

This shows that the destruction of craving is not a mere destruction.

Craving is a form of thirst and that is why *Nibbāna* is sometimes called *pipāsavinayo*, the dispelling of the thirst. ^[36] To think that the destruction of craving is not sufficient is like trying to give water to one who has already quenched his thirst. But the destruction of craving has been called the highest bliss. One who has quenched his thirst for good, is aware of that blissful experience. When he sees the world running here and there in search of water, he looks within and sees the well-spring of his bliss.

However to most of our scholars the term *taṇhakkhaya* appeared totally negative and that is why they hesitated to recognize its value. In such conventional usages as *Nibbānaṃ āgamma* they found a grammatical excuse to separate that term from *Nibbāna*.

According to the Buddha the cessation of existence is *Nibbāna* and that means *Nibbāna* is the realization of the cessation of existence. Existence is said to be an eleven-fold fire. So the entire existence is a raging fire. Lust, hate, delusion - all these are fires. Therefore *Nibbāna* may be best rendered by the word 'extinction'. When once the fires are extinguished, what more is needed?

But unfortunately Venerable *Buddhaghosa* was not prepared to appreciate this point of view. In his *Visuddhimagga* as well as in the commentaries *Sāratthappakāsinī* and *Sammohavinodanī*, he gives a long discussion on *Nibbāna* in the form of an argument with an imaginary heretic. ^[37] Some of his arguments are not in keeping with either the letter or the spirit of the *Dhamma*.

First of all he gets the heretic to put forward the idea that the destruction of lust, hate and delusion is *Nibbāna*. Actually the heretic is simply quoting the Buddha word, for in the *Nibbānasutta* of the *Asaṅkhatasamyutta* the destruction of lust, hate and delusion is called *Nibbāna: Rāgakkhaya, dosakkhaya, mohakkhaya* -

idaṃ vuccati nibbānaṃ.^[38]

The words *rāgakkhaya*, *dosakkhaya* and *mohakkhaya* together form a synonym of *Nibbāna*, but the commentator interprets it as three synonyms. Then he argues out with the imaginary heretic that if *Nibbāna* is the extinguishing of lust it is something common even to the animals, for they also extinguish their fires of lust through enjoyment of the corresponding objects of sense.^[39] This argument ignores the deeper sense of the word extinction, as it is found in the *Dhamma*.

In the *Māgaṇḍīyasutta* of the *Majjhima Nikāya* the Buddha gives the simile of a man with a skin disease sitting beside a pit of hot embers to explain the position of lustful beings in the world.^[40] That man is simply trying to assuage his pains by the heat of the fire. It is an attempt to warm up, not to cool down. Similarly what the lustful beings in the world are doing in the face of the fires of lust is a warming up. It can in no way be compared to the extinction and the cooling down of the *Arahants*.

As the phrase *nibbutiṃ bhuñjamānā* implies, that extinction is a blissful experience for the *Arahants*. It leaves a permanent effect on the *Arahant*, so much so that upon reflection he sees that his influxes are extinct, just as a man with his hands and feet cut off, knows upon reflection that his limbs are gone.^[41] It seems that the deeper implications of the word *Nibbāna* have been obscured by a set of arguments which are rather misleading.

In fact I came forward to give these sermons for three reasons: Firstly because the venerable Great Preceptor invited me to do so. Secondly in the hope that it will be of some benefit to my co-dwellers in the *Dhamma*. And thirdly because I myself felt rather concerned about the inadequacy of the existing interpretations.

What we have said so far is just about the word *Nibbāna* as such. Quite a number of *suttas* on *Nibbāna* will be taken up for discussion. This is just a preamble to show that the word *Nibbāna* in the sense of 'extinction' has a deeper dimension, which has some relevance to the law of dependent arising, *paṭicca samuppāda*.

By bringing in an etymology based on the element *vāna*, much of the original significance of the word *Nibbāna* came to be undermined. On quite a number of occasions the Buddha has declared that the cessation of suffering is *Nibbāna*, or else that the destruction of craving is *Nibbāna*. Terms like *dukkhanirodho* and *taṇhakkhayo* have been used as synonyms. If they are synonyms, there is no need to make any discrimination with regard to some of them, by insisting on a periphrastic usage like *āgamma*.

Yet another important aspect of the problem is the relation of *Nibbāna* to the holy life or *brahmacariya*. It is said that when the holy life is lived out to the full, it culminates in *Nibbāna*.

In the *Rādhasaṃyutta* of the *Saṃyutta Nikāya* we find the Venerable *Rādha* putting a series of questions to the Buddha to get an explanation.^[42] First of all he asks:

Sammādassanaṃ pana, bhante, kimatthiyaṃ? "For what purpose is right vision?" And the Buddha gives the answer: *Sammādassanaṃ kho, Rādha, nibbidatthaṃ*, "*Rādha*, right vision is for purposes of disgust or dejection". And that is to say, disgust for *saṃsāra*.

The next question is: for what purpose is disgust? And the Buddha answers: disgust is for dispassion. What is the purpose of dispassion? The purpose of dispassion is release. What is the purpose of release? The purpose of release is

Nibbāna. Last of all Venerable *Rādha* puts the question:

Nibbānaṃ pana, bhante, kimatthiyaṃ? "For what purpose is *Nibbāna*?" And the Buddha gives this answer: *Accasarā, Rādha, pañhaṃ, nāsakkhi pañhassa pariyaṃtaṃ gahetuṃ. Nibbānogadhañhi, Rādha, brahmacariyaṃ vussati, nibbānaparāyaṇaṃ nibbānapariyosānaṃ.* "Rādha, you have gone beyond the scope of your questions, you are unable to grasp the limit of your questions. For, *Rādha*, the holy life is merged in *Nibbāna*, its consummation is *Nibbāna*, its culmination is *Nibbāna*."

This shows that the holy life gets merged in *Nibbāna*, just as rivers get merged in the sea. In other words, where the holy life is lived out to the full, *Nibbāna* is right there. That is why Venerable *Nanda*, who earnestly took up the holy life encouraged by the Buddha's promise of heavenly nymphs, attained *Arahant*-hood almost in spite of himself. At last he approached the Buddha and begged to relieve him of the onus of his promise. This shows that when one completes the training in the Holy Life, one is already in *Nibbāna*. Only when the training is incomplete, can one go to heaven.

Here, then, is a result which comes of its own accord. So there is no justification for a periphrastic usage like, "on reaching *Nibbāna*". No glimpse of a distant object is necessary. At whatever moment the Noble Eightfold Path is perfected, one attains *Nibbāna* then and there. Now, in the case of an examination, after answering the question paper, one has to wait for the results - to get a pass.

Here it is different. As soon as you have answered the paper correctly, you have passed immediately and the certificate is already there. This is the significance of the term *aññā* used in such contexts. *Aññā* stands for full certitude of the experience of *Nibbāna*.

The experience of the fruit of *Arahant*-ship gives him the final certificate of his attainment, *aññāphalo*.^[43] That is why *Nibbāna* is called something to be realized. One gets the certitude that birth is extinct and that the holy life is lived out to the full, *khīṇā jāti, vusitaṃ brahmacariyaṃ*.^[44]

Of course there are some who still go on asking: what is the purpose of *Nibbāna*? And it is to answer this type of question that many scholars go on hair splitting. Normally in the world, whatever one does has some purpose or other. All occupations, all trades and businesses, are for gain and profit. Thieves and burglars also have some purpose in mind. But what is the purpose of trying to attain *Nibbāna*? What is the purpose of *Nibbāna*? Why should one attain *Nibbāna*?

It is to give an answer to this question that scholars brought in such phrases as *Nibbānaṃ pana āgamma*, 'on reaching *Nibbāna*'. They would say that 'on reaching *Nibbāna*', craving would be destroyed. On closer analysis it would appear that there is some fallacy in this question. For if there is any aim or purpose in attaining *Nibbāna*, *Nibbāna* would not be the ultimate aim. In other words, if *Nibbāna* is the ultimate aim, there should be no aim in attaining *Nibbāna*. Though it may well sound a tautology, one has to say that *Nibbāna* is the ultimate aim for the simple reason that there is no aim beyond it.

However, this might need more explanation. Now as far as craving is concerned, it has the nature of projection or inclination. It is something bent forward, with a forward view, and that is why it is called *bhavanetti*, the leader in becoming.^[45] It leads one on and on in existence, like the carrot before the donkey. So that is why all objects presented by craving have some object or purpose as a projection. Craving is an inclination.

But what is the position if one makes the destruction of craving itself one's object? Now craving because of its inclining nature is always bent forward, so much so that we get an infinite progression. This is for that, and that is for the other. As the phrase *taṇhā ponobhavikā* implies, craving brings up existence again and again.^[46]

But this is not the case when one makes the destruction of craving one's aim. When that aim is attained, there is nothing more to be done. So this brings us to the conclusion that the term *taṇhakkhayo*, destruction of craving, is a full-fledged synonym of *Nibbāna*.

Well, this much is enough for today. Time permitting and life permitting, I hope to continue with these sermons. I suppose the most Venerable Great Preceptor made this invitation with the idea of seeing one of his children at play. For good or for bad, I have taken up the invitation. Let the future of the *Sāsana* be the final judge of its merits.

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MIND STILLED 02

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ.*^[47]

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction".

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks.

The second sermon on *Nibbāna* has come up for today. Towards the end of our sermon the other day we raised the point: Why is it improper to ask such questions as: 'What is the purpose of *Nibbāna*? Why should one attain *Nibbāna*?'^[48] Our explanation was that since the holy life or the Noble Eightfold Path has *Nibbāna* as its ultimate aim, since it gets merged in *Nibbāna*, any questions as to the ultimate purpose of *Nibbāna* would be inappropriate.

In fact at some places in the canon we find the phrase *anuttara brahmacariyapariyosāna* used with reference to *Nibbāna*.^[49] It means that *Nibbāna* is the supreme consummation of the holy life. The following standard phrase announcing a new *Arahant* is very often found in the *suttas*:

*Yassatthāya kulaputtā sammadeva agāasmā anagāriyaṃ pabbajanti,
tadanuttaraṃ brahmacariyapariyosānaṃ diṭṭheva dhamme sayaṃ abhiññā
sacchikatvā upasampajja vihāsi.*^[50] "In this very life he realized by his own higher knowledge and attained to that supreme consummation of the holy life for the purpose of which clansmen of good family rightly go forth from home to homelessness."

Now what is the justification for saying that one attains to *Nibbāna* by the very

completion of the holy life? This Noble Eightfold Path is a straight path: *Ujuko nāma so maggo, abhayā nāma sā disā.* ^[51] "This path is called the 'straight' and the direction it goes is called the 'fearless'." In the *Itivuttaka* we come across a verse which expresses this idea more vividly:

*Sekhassa sikkhamānassa,
ujumaggānusārino,
khayasmim paṭhamam ñāṇam,
tato aññā anantarā.* ^[52]

"To the learner, learning
In pursuit of the straight path,
First comes the knowledge of destruction
And then immediately the certitude."

It is the fruit of *Arahant*-ship which gives him the certitude of the attainment of *Nibbāna*.

Here the word *anantarā* has been used. That concentration proper to the fruit of *Arahant*-ship is called *ānantarikā samādhi.* ^[53] This means that the attainment of the fruit is immediate.

Though it may be so in the case of the *Arahant*, what about the stream-winner, the *sotāpanna*, one may ask. There is a general belief that in the case of a *sotāpanna* the vision of *Nibbāna* is like a glimpse of a distant lamp on a road with many bends and the *sotāpanna* has just negotiated the first bend.

But in accordance with the *Dhamma* it may be said that the norm of immediacy is applicable even to the knowledge of the first path. One who attains to the fruit of stream-winning may be a beggar, an illiterate person, or a seven year old child. It may be that he has heard the *Dhamma* for the first time. All the same, a long line of epithets is used with reference to him in the *suttas* as his qualifications: *Diṭṭhadhammo pattadhammo veditadhammo pariyogāhadhammo tiṇṇavicikiccho vigatakathaṃkatho vesārajjappatto aparappaccayo satthusāsane.* ^[54]

Diṭṭhadhammo, he is one who has seen the *Dhamma*, the truth of *Nibbāna*. It is said in the *Ratanasutta* that along with the vision of the first path, three fetters are abandoned, namely *sakkāyadiṭṭhi*, the self-hood view, *vicikicchā*, sceptical doubt, and *sīlabbataparāmāsa*, attachment to holy vows and ascetic practices. ^[55] Some might argue that only these fetters are abandoned at this stage, because it is a glimpse of *Nibbāna* from a distance. But then there is this second epithet, *pattadhammo*, which means that he has reached the *Dhamma*, that he has arrived at *Nibbāna*. Not only that, he is *veditadhammo*, he is one who has understood the *Dhamma*, which is *Nibbāna*. He is *pariyogāhadhammo*, he has plunged into the *Dhamma*, he has dived into the *Dhamma*, which is *Nibbāna*. He is *tiṇṇavicikiccho*, he has crossed over doubts. *Vigatakathaṃkatho*, his waverings are gone. *Vesārajjappatto*, he has attained to proficiency. *Aparappaccayo satthusāsane*, in regard to the dispensation of the teacher he is not dependent on others. And that is to say that he could attain to *Nibbāna* even without another's help, though of course with the teacher's help he would attain it sooner.

So this string of epithets testifies to the efficacy of the realization by the first path. It is not a mere glimpse of *Nibbāna* from a distance. It is a reaching, an arrival or a plunge into *Nibbāna*. For purposes of illustration we may bring in a legend connected with the history of Sri Lanka. It is said that when King *Gajabāhu*

invaded India, one of his soldiers, *Nīla*, who had Herculean strength, parted the seawater with a huge iron bar in order to make way for the king and the army. Now when the supramundane path arises in the mind the power of thought is as mighty as the blow of *Nīla* with his iron bar. Even with the first blow the sea-water parted, so that one could see the bottom. Similarly the sweeping influxes are parted for a moment when the transcendental path arises in a mind, enabling one to see the very bottom - *Nibbāna*. In other words, all preparations (*saṅkhāras*) are stilled for a moment, enabling one to see the cessation of preparations.

We have just given a simile by way of illustration, but incidentally there is a *Dhammapada* verse which comes closer to it:

*Chinda sotaṃ parakkamma,
kāme panuda brāhmaṇa,
saṅkhārānaṃ khayaṃ ñatvā,
akataññū'si brāhmaṇa.*^[56]

"Strive forth and cut off the stream,
Discard, oh Brahmin, sense-desires,
Having known the destruction of preparations, oh Brahmin,
Become a knower of the un-made."

So this verse clearly indicates what the knowledge of the path does when it arises. Just as one leaps forward and cuts off a stream of water, so it cuts off, even for a moment, the preparations connected with craving. Thereby one realizes the destruction of preparations - *saṅkhārānaṃ khayaṃ ñatvā*.

Like the sea water parted by the blow of the iron bar, preparations part for a moment to reveal the very bottom which is 'unprepared', the *asaṅkhata*. *Akata*, or the un-made, is the same as *asaṅkhata*, the unprepared. So one has had a momentary vision of the sea bottom, which is free from preparations. Of course, after that experience, influxes flow in again. But one kind of influxes, namely *diṭṭhāsavā*, influxes of views, are gone for good and will never flow in again.

Now how was it that some with keen wisdom like *Bāhiya* attained *Arahant*-ship even while listening to a short sermon from the Buddha? They had dealt four powerful blows in quick succession with the iron bar of the path-knowledge to clear away all possible influxes.

What is called *akata* or *asaṅkhata*, the un-made or the un-prepared, is not something out there in a distance, as an object of thought. It is not a sign to be grasped by one who wants to attain *Nibbāna*.

Language encourages us to think in terms of signs. Very often we find it difficult to get rid of this habit. The worldlings with their defilements have to communicate with each other and the structure of the language has to answer their needs. So the subject-object relationship has become a very significant feature in a language. It always carries the implication that there is a thing to be grasped and that there is someone who grasps, that there is a doer and a thing done. So it is almost impossible to avoid such usages as: 'I want to see *Nibbāna*, I want to attain *Nibbāna*'. We are made to think in terms of getting and attaining.

However sometimes the Buddha reminds us that this is only a conventional usage and that these worldly usages are not to be taken too seriously. We come across such an instance in the *Sagāthavagga* of the *Samyutta Nikāya* where the Buddha retorts to some questions put by a certain deity.^[57] The deity named

Kakudha asks the Buddha: "Do you rejoice, oh recluse?" And the Buddha retorts: "On getting what, friend?" Then the deity asks: "Then, recluse, do you grieve?" And the Buddha quips back: "On losing what, friend?" So the deity concludes: "Well then, recluse, you neither rejoice nor grieve!" And the Buddha replies: "That is so, friend."

It seems, then, that though we say we 'attain' *Nibbāna* there is nothing to gain and nothing to lose. If anything - **what is lost is an ignorance that there is something, and a craving that there is not enough** - and that is all one loses.

Now there are quite a number of synonyms for *Nibbāna*, such as *akata* and *asaṅkhata*. As already mentioned, there is even a list of thirty-three such epithets, out of which one is *dīpa*.^[58] Now *dīpa* means an island. When we are told that *Nibbāna* is an island, we tend to imagine some sort of existence in a beautiful island. But in the *Pārāyanavagga* of the *Sutta Nipāta* the Buddha gives a good corrective to that kind of imagining in his reply to a question put by the Brahmin youth *Kappa*, a pupil of *Bāvarī*. *Kappa* puts his question in the following impressive verse:

*Majjhe sarasmiṃ tiṭṭhatam,
oghe jāte mahabbhaye,
jarāmaccuparetānaṃ,
dīpaṃ pabrūhi mārisa,
tvañca me dīpaṃ akkhāhi,
yathayidaṃ nāparaṃ siyā.*^[59]

"Unto them that stand midstream,
When the frightful floods flow forth,
To them in decay-and-death forlorn,
An island, sire, may you proclaim.
An island which non else excels,
Yea, such an isle, pray tell me sire."

And the Buddha gives his answer in two inspiring verses:

*Majjhe sarasmiṃ tiṭṭhatam,
oghe jāte mahabbhaye,
jarāmaccuparetānaṃ,
dīpaṃ pabrūmi Kappa te.*

*Akiñcanaṃ anādānaṃ,
etaṃ dīpaṃ anāparaṃ,
nibbānaṃ iti naṃ brūmi,
jarāmaccuparikkhayaṃ.*

"Unto them that stand midstream,
When the frightful floods flow forth,
To them in decay-and-death forlorn,
An island, *Kappa*, I shall proclaim.

Owning naught, grasping naught,
The isle is this, none else besides.
Nibbāna, that is how I call that isle,
Wherein is decay decayed and death is dead."

Akiñcanaṃ means 'owning nothing', *anādānaṃ* means 'grasping nothing'. *Etaṃ dīpaṃ anāparaṃ*, this is the island, nothing else. *Nibbānaṃ iti naṃ brūmi, jarāmaccuparikkhayaṃ*, "and that I call *Nibbāna*, which is the extinction of decay-and-death."

From this also we can infer that words like *akata*, *asañkhata* and *sabba-sañkhārā-samatha* are full fledged synonyms of *Nibbāna*. *Nibbāna* is not some mysterious state quite apart from them. It is not something to be projected into a distance.

Some are in the habit of getting down to a discussion on *Nibbāna* by putting *sañkhata* on one side and *asañkhata* on the other side. They start by saying that *sañkhata*, or the 'prepared', is *anicca*, or impermanent. If *sañkhata* is *anicca*, they conclude that *asañkhata* must be *nicca*, that is the unprepared must be permanent. Following the same line of argument they argue that since *sañkhata* is *dukkha*, *asañkhata* must be *sukha*. But when they come to the third step, they get into difficulties. If *sañkhata* is *anattā*, or not-self, then surely *asañkhata* must be *attā*, or self. At this point they have to admit that their argument is too facile and so they end up by saying that after all *Nibbāna* is something to be realized.

All this confusion arises due to a lack of understanding of the law of Dependent Arising, *paṭicca samuppāda*. Therefore, first of all, we have to say something about the doctrine of *paṭicca samuppāda*.

According to the *Ariyapariyesanasutta* of the *Majjhima Nikāya*, the Buddha, soon after his enlightenment, reflected on the profundity of the *Dhamma* and was rather disinclined to preach it. He saw two points in the doctrine that are difficult for the world to see or grasp. One was *paṭicca samuppāda*:

Duddasaṃ idaṃ thānaṃ yadidaṃ idappaccayatā paṭiccasamuppādo.^[60] "Hard to see is this point, namely dependent arising which is a relatedness of this to that." And the second point was *Nibbāna*: *Idampi kho thānaṃ duddasaṃ yadidaṃ sabbasañkhārasamatho sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ*. "And this point, too, is difficult to see, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

From this context we can gather that if there is any term we can use to define *paṭicca samuppāda*, a term that comes closer to it in meaning, it is *idappaccayatā*. The Buddha himself has described *paṭicca samuppāda* in this context as a relatedness of this to that, *idappaccayatā*. As a matter of fact the basic principle which forms the noble norm of this doctrine of dependent arising is this *idappaccayatā*. Let us now try to get at its meaning by examining the doctrine of *paṭicca samuppāda*.

In quite a number of contexts, such as the *Bahudhātukasutta* of the *Majjhima Nikāya* and the *Bodhivagga* of the *Udāna* the law of *paṭicca samuppāda* is set out in the following manner:

*Iti imasmiṃ sati idaṃ hoti,
imassuppādā idaṃ uppajati*

imasmim̐ asati idaṃ na hoti,

imassa nirodhā idaṃ nirujjhati -

yadidaṃ avijjāpaccayā saṅkhārā, saṅkhārapaccayā viññāṇaṃ, viññāṇapaccayā nāmarūpaṃ, nāmarūpapaccayā saḷāyatanaṃ, saḷāyatanapaccayā phasso, phassapaccayā vedanā, vedanāpaccayā taṇhā, taṇhāpaccayā upādānaṃ, upādānapaccayā bhavo, bhavapaccayā jāti, jātipaccayā jarāmaṇaṃ sokaparidevadukkhadomanassūpāyāsā sambhavanti. Evametassa kevalassa dukkhakkhandhassa samudayo hoti.

Avijjāyatveva asesavirāgaṇirodhā saṅkhāraṇirodho, saṅkhāraṇirodhā viññāṇaṇirodho, viññāṇaṇirodhā nāmarūpaṇirodho, nāmarūpaṇirodhā saḷāyatanaṇirodho, saḷāyatanaṇirodhā phassaṇirodho, phassaṇirodhā vedanāṇirodho, vedanāṇirodhā taṇhāṇirodho, taṇhāṇirodhā upādānaṇirodho, upādānaṇirodhā bhavaṇirodho, bhavaṇirodhā jātiṇirodho, jātiṇirodhā jarāmaṇaṃ sokaparidevadukkhadomanassūpāyāsā nirujjhati. Evametassa kevalassa dukkhakkhandhassa nirodho hoti.^[61]

"Thus: -This being - this comes to be

With the arising of this - this arises

This not being - this does not come to be

With the cessation of this - this ceases.

- and that is to say, dependent on ignorance, preparations come to be; dependent on preparations, consciousness; dependent on consciousness, name-and-form; dependent on name-and-form, the six sense-bases; dependent on the six sense-bases, contact; dependent on contact, feeling; dependent on feeling, craving; dependent on craving, grasping; dependent on grasping, becoming; dependent on becoming, birth; dependent on birth, decay-and-death, sorrow, lamentation, pain, grief and despair come to be. Thus is the arising of this entire mass of suffering.

But with the complete fading away and cessation of ignorance, comes the cessation of preparations; with the cessation of preparations, the cessation of consciousness; with the cessation of consciousness, the cessation of name-and-form; with the cessation of name-and-form, the cessation of the six sense-bases; with the cessation of the six sense-bases, the cessation of contact; with the cessation of contact, the cessation of feeling; with the cessation of feeling, the cessation of craving; with the cessation of craving, the cessation of grasping; with the cessation of grasping, the cessation of becoming; with the cessation of becoming, the cessation of birth; with the cessation of birth, the cessation of decay-and-death, sorrow, lamentation, pain, grief and despair cease to be. Thus is the cessation of this entire mass of suffering."

This is the thematic statement of the law of *paṭicca samuppāda*. It is set out here in the form of a fundamental principle. *Imasmim̐ sati idaṃ hoti*, "this being, this comes to be." *Imassuppādā idaṃ uppajjati*, "with the arising of this, this arises." *Imasmim̐ asati idaṃ na hoti*, "this not being, this does not come to be". *Imassa nirodhā idaṃ nirujjhati*, "with the cessation of this, this ceases." It resembles an algebraical formula.

And then we have the conjunctive *yadidaṃ*, which means "namely this" or "that is to say". This shows that the foregoing statement is axiomatic and implies that what follows is an illustration. So the twelve linked formula beginning with the words *avijjāpaccayā saṅkhārā* is that illustration. No doubt the twelve-linked formula is impressive enough. But the important thing here is the basic principle

involved, and that is the fourfold statement beginning with *imasmim sati*.

This fact is very clearly brought out in a certain *sutta* in the *Nidānavagga* of the *Saṃyutta Nikāya*. There the Buddha addresses the monks and says:

Paṭiccasamuppādañca vo, bhikkhave, desessāmi paṭiccasamuppanne ca dhamme.^[62] "Monks, I will teach you dependent arising and things that are dependently arisen."

In this particular context the Buddha makes a distinction between dependent arising and things that are dependently arisen. In order to explain what is meant by dependent arising, or *paṭicca samuppāda*, he takes up the last two links in the formula, in the words: *jātipaccayā, bhikkhave, jarāmaraṇaṃ*, "monks, dependent on birth is decay-and-death." Then he draws attention to the importance of the basic principle involved: *Uppādā vā Tathāgatānaṃ anuppādā vā Tathāgatānaṃ, ṭhitā va sā dhātu dhammaṭṭhitatā dhammaniyāmatā idappaccayatā* (etc.). Out of the long exhortation given there, this is the part relevant to us here.

Jātipaccayā, bhikkhave, jarāmaraṇaṃ, "dependent on birth, oh monks, is decay-and-death", and that is to say that decay-and-death has birth as its condition. *Uppādā vā Tathāgatānaṃ anuppādā vā Tathāgatānaṃ*, "whether there be an arising of the *Tathāgatās* or whether there be no such arising". *ṭhitā va sā dhātu dhammaṭṭhitatā dhammaniyāmatā idappaccayatā*, "that elementary nature, that orderliness of the *Dhamma*, that norm of the *Dhamma*, the relatedness of this to that does stand as it is."

So from this it is clear that the underlying principle could be understood even with the help of a couple of links. But the commentary seems to have ignored this fact in its definition of the term *idappaccayatā*. It says: *Imesaṃ jarāmaraṇādīnaṃ paccayā idappaccayā, idappaccayāva idappaccayatā.*^[63] The word *imesaṃ* is in the plural and this indicates that the commentator has taken the dependence in a collective sense. But it is because of the fact that even two links are sufficient to illustrate the law, that the Buddha follows it up with the declaration that this is the *paṭicca samuppāda*. And then he goes on to explain what is meant by 'things dependently arisen':

Katame ca, bhikkhave, paṭiccasamuppannā dhammā? Jarāmaraṇaṃ, bhikkhave, aniccaṃ saṅkhataṃ paṭiccasamuppannaṃ khayadhammaṃ vayadhammaṃ virāgadhammaṃ nirodhadhammaṃ. "What, monks, are things dependently arisen?" And then, taking up just one of the last links, he declares: "decay-and-death, monks, is impermanent, prepared, dependently arisen, of a nature to get destroyed, to pass away, fade away and cease."

By the way, the word *virāga* usually means detachment or dispassion. But in such contexts as *avijjāvirāgā* and *pītiyā ca virāgā* one has to render it by words like 'fading away'. So that *avijjāvirāga* could be rendered as: 'by the fading away of ignorance', and *pītiyā virāgā* would mean 'by the fading away of joy'.

It seems, then, that decay-and-death themselves are impermanent, that they are prepared or made up, that they are dependently arisen. Decay-and-death themselves can get destroyed and pass away. Decay as well as death can fade away and cease.

Then the Buddha takes up the preceding link *jāti*, or birth. And that too is given the same qualifications. In the same manner he takes up each of the preceding links up to and including ignorance, *avijjā*, and applies to them the above qualifications. It is significant that every one of the twelve links, even ignorance, is said to be dependently arisen.

Let us try to understand how, for instance, decay-and-death themselves can get destroyed or pass away. Taking the *idappaccayatā* formula as a paradigm, we can illustrate the relationship between the two links birth and decay-and-death. Instead of saying: this being, that comes to be (and so forth), now we have to say: birth being, decay-and-death comes to be. With the arising of birth, decay-and-death arises. Birth not being, decay-and-death does not come to be. With the cessation of birth, decay-and-death ceases.

Now birth itself is an arising. But here we can't help saying that birth 'arises'. It is like saying that birth is born. How can birth get born? Similarly death is a passing away. But here we have to say that death itself 'passes away'. How can death pass away? Perhaps, as we proceed, we might get the answers to these questions.

Now at this point let us take up for discussion a certain significant passage in the *MahāNidānasutta* of the *Dīgha Nikāya*. In the course of an exposition of the law of *paṭicca samuppāda*, addressed to Venerable *Ānanda*, the Buddha makes the following statement:

Ettāvatā kho, Ānanda, jāyetha vā jīyetha vā miyetha vā cavetha vā upapajjetha vā. Ettāvatā adhivacanapatho, ettāvatā niruttipatho, ettāvatā paññattipatho, ettāvatā paññāvacaraṃ, ettāvatā vaṭṭaṃ vattati itthattaṃ paññāpanāya yadidaṃ nāmarūpaṃ saha viññāṇena.^[64] "In so far only, *Ānanda*, can one be born, or grow old, or die, or pass away, or reappear, in so far only is there any pathway for verbal expression, in so far only is there any pathway for terminology, in so far only is there any pathway for designation, in so far only is the range of wisdom, in so far only is the round kept going for there to be a designation as the this-ness, that is to say: name-and-form together with consciousness."

We have rendered the term *itthatta* by 'this-ness', and what it means will become clear as we go on. In the above quotation the word *ettāvatā*, which means 'in so far only', has as its point of reference the concluding phrase *yadidaṃ nāmarūpaṃ saha viññāṇena*, "that is to say: name-and-form together with consciousness". So the statement, as it is, expresses a complete idea. But some editions have an additional phrase: *aññamaññapaccayatā pavattati*, "exists in a mutual relationship". This phrase is obviously superfluous and is probably a commentarial addition.

What is meant by the Buddha's statement is that name-and-form together with consciousness is the rallying point for all concepts of birth, decay, death and rebirth. All pathways for verbal expression, terminology and designation converge on name-and-form together with consciousness. The range of wisdom extends only up to the relationship between these two. And it is between these two that there is a whirling round so that one may point out a this-ness. In short, the secret of the entire *saṃsāric* existence is to be found in this whirlpool.

Vaṭṭa and *āvaṭṭa* are words used for a whirlpool. We shall be bringing up quotations in support of that meaning. It seems, however, that this meaning has got obscured in the course of time. In the commentaries and in some modern translations there is quite a lot of confusion with regard to the meaning of the phrase *vaṭṭaṃ vattati*. In fact one Sinhala translation renders it as '*saṃsāric* rain'. What rain has to do with *saṃsāra* is a matter for conjecture. What is actually meant by *vaṭṭaṃ vattati* is a whirling round, and *saṃsāra*, even literally, is that. Here we are told that there is a whirling round between name-and-form and consciousness, and this is the *saṃsāric* whirlpool to which all the aforesaid things are traceable.

Already in the first sermon we tried to show that name in name-and-form has to do with names and concepts.^[65] Now from this context it becomes clear that all pathways for verbal expression, terminology and designation converge on this whirlpool between name-and-form and consciousness.

Now that we have attached so much significance to a whirlpool, let us try to understand how a whirlpool is formed. Let us try to get at the natural laws underlying its formation. How does a whirlpool come to be?

Suppose a river is flowing downward. To flow downward is in the nature of a river. But a certain current of water thinks: "I can and must move upstream." And so it pushes on against the main stream. But at a certain point its progress is checked by the main stream and is thrust aside, only to come round and make a fresh attempt, again and again. All these obstinate and unsuccessful attempts gradually lead to a whirling round. As time goes on, the run-away current understands, as it were, that it cannot move forward. But it does not give up. It finds an alternative aim in moving towards the bottom. So it spirals downward, funnel-like, digging deeper and deeper towards the bottom, until an abyss is formed. Here then we have a whirlpool.

While all this is going on, there is a crying need to fill up the chasm, and the whirlpool develops the necessary force of attraction to cater to it. It attracts and grasps everything that comes within its reach and sends it whirling down, funnel like, into the chasm. The whirling goes on at a tremendous speed, while the circumference grows larger and larger. At last the whirlpool becomes a centre of a tremendous amount of activity.

While this kind of activity is going on in a river or a sea, there is a possibility for us to point it out as 'that place' or 'this place'. Why? Because there is an activity going on. Usually, in the world, the place where an activity is going on is known as a 'unit', a 'centre', or an 'institution'. Since the whirlpool is also a centre of activity, we may designate it as a 'here' or 'there'. We may even personify it. With reference to it, we can open up pathways for verbal expression, terminology and designation.

But if we are to consider the form of activity that is going on here, what is it after all? It is only a perversion. That obstinate current thought to itself, out of delusion and ignorance: I can and must move upstream. And so it tried and failed, but turned round only to make the same vain attempt again and again. Ironically enough, even its **progress** towards the bottom is a **stagnation**.

So here we have ignorance on one side and craving on the other, as a result of the abyss formed by the whirlpool. In order to satisfy this craving there is that power of attraction: grasping. Where there is **grasping**, there is **existence**, or **bhava**. The entire whirlpool now appears as a centre of activity.

Now the basic principle underlying this whirlpool is to be found in our bodies. What we call 'breathing' is a continuous process of emptying and filling up. So even the so-called 'life-principle' is not much different from the activity of a whirlpool. The functioning of the lungs and the heart is based on the same principle and the blood circulation is in fact a whirling round. This kind of activity is very often known as 'automatic', a word which has connotations of **self-sufficiency**. But at the root of it there is a perversion, as we saw in the case of the whirlpool. All these activities are based on a conflict between two opposite forces.

In fact existence in its entirety is not much different from the conflict of that obstinate current of water with the main stream. This characteristic of conflict is

so pervasive that it can be seen even in the basic laws governing the existence of a society. In our social life, rights and responsibilities go hand in hand. We can enjoy certain privileges, provided we fulfil our duties. So here too we have a tangle within and a tangle without. [\[66\]](#)

Now this is about the existence of the society as such. And what about the field of economics? There too the basic principles show the same weakness. Production is governed by laws of supply and demand. There will be a supply so long as there is a demand. Between them there is a conflict. It leads to many complications. The price mechanism is on a precarious balance and that is why some wealthy countries are forced to the ridiculous position of dumping their surplus into the sea.

All this shows that existence is basically in a precarious position. To illustrate this, let us take the case of two snakes of the same size, trying to swallow up each other. Each of them tries to swallow up the other from the tail upwards and when they are half way through the meal, what do we find? A **snake cycle**. This snake cycle goes round and round, trying to swallow up each other. But will it ever be successful?

The precarious position illustrated by the snake cycle, we find in our own bodies in the form of respiration, blood circulation and so forth. What appears as the stability in the society and in the economy, is similarly precarious. It is because of this conflict, this unsatisfactoriness, that the Buddha concluded that the whole of existence is suffering.

When the arising aspect is taken too seriously, to the neglect of the cessation aspect, instead of a conflict or an unsatisfactoriness one tends to see something automatic everywhere. This body as well as machines such as water pumps and electrical appliances seem to work on an automatic principle. But in truth there is only a conflict between two opposing forces. When one comes to think of it, there is no '**auto**'-ness even in the automatic.

All that is there, is a bearing up with difficulty. And this in fact is the meaning of the word *dukkha*. *Duḥ* stands for 'difficulty' and *kha* for 'bearing up'. **Even with difficulty one bears it up, and though one bears it up, it is difficult.**

Now regarding the question of existence we happened to mention that because of a whirlpool's activity, one can point out a '**here**' with reference to it. We can now come back to the word *itthattaṃ*, which we left out without comment in the quotation *ettāvatā vaṭṭaṃ vattati itthattaṃ paññāpanāya*, "in so far only does the whirlpool whirl for the designation of an *itthatta*." Now what is this *itthatta*? *Ittha* means 'this', so *itthattaṃ* would mean 'this-ness'. The whirling of a whirlpool qualifies itself for a designation as a 'this'.

There are a couple of verses in the *Dvayatānupassanāsutta* of the *Sutta Nipāta* which bring out the meaning of this word more clearly:

Jāti maraṇa saṃsāraṃ,
ye vajanti punappunaṃ,
itthabhāvaññathābhāvaṃ,
avijjāyeva sā gati. [\[67\]](#)

Taṇhā dutiyo puriso,
dīgham addhāna saṃsāraṃ,
itthabhāvaññathābhāvaṃ,

saṃsāraṃ nātivattati.^[68]

Ye jāti maraṇa saṃsāraṃ punappunaṃ vajanti, "they that go on again and again the round of birth and death". *Itthabhāvaññathābhāvaṃ* "which is a this-ness and an otherwise-ness", or "which is an alternation between a this-ness and an otherwise-ness". *Sā gati avijjāya eva*, "that going of them, that faring of them, is only a journey of ignorance." *Taṇhā dutiyo puriso*, "the man with craving as his second" (or his companion). *Dīgham addhāna saṃsāraṃ*, "faring on for a long time in *saṃsāra*". *Itthabhāvaññathābhāvaṃ, saṃsāraṃ nātivattati*, "does not get away from the round which is a this-ness and an otherwise-ness", or "which is an alternation between a this-ness and an otherwise-ness". What is meant by it, is the transcendence of *saṃsāra*.

We saw above how the concept of a 'here' arose with the birth of a whirlpool. In fact one's birth is at the same time the birth of a 'here' or 'this place'. And that is what is meant by *itthabhāva* in the two verses quoted above. *Itthabhāva* and *itthatta* both mean 'this-ness'. In both verses this 'this-ness' is coupled with an otherwise-ness, *aññathābhāva*. Here too we see a conflict between two things, this-ness and otherwise-ness. The cycle of *saṃsāra*, represented by birth and death, *jāti maraṇa saṃsāraṃ*, is equivalent to an alternation between this-ness and otherwise-ness, *itthabhāvaññathābhāva*. And as the first verse says, this recurrent alternation between this-ness and otherwise-ness is nothing but a journey of ignorance itself.

Though we have given so much significance to the two terms *itthabhāva* and *aññathābhāva*, the commentary to the *Sutta Nipāta* treats them lightly. It explains *itthabhāvaṃ* as *imaṃ manussabhāvaṃ*, which means "this state as a human being", and *aññathābhāvaṃ* as *ito avasesa aññanikāyabhāvaṃ*, "any state of being other than this".^[69] This explanation misses the deeper significance of the word *itthatta*.

In support of this we may refer to the *Pāṭikasutta* of the *Dīgha Nikāya*. There we are told that when the world system gets destroyed at the end of an aeon, some being or other gets reborn in an empty Brahma mansion, and after being there for a long time, thinks, out of a feeling of loneliness: *Aho vata aññepi sattā itthattaṃ āgaccheyyūṃ*.^[70] "How nice it would be if other beings also come to this state". In this context the word *itthatta* refers to the Brahma world and not the human world. From the point of view of the Brahmas, *itthatta* refers to the Brahma world and only for us here, it means the human world.

However this is just a narrow meaning of the word *itthatta*. When the reference is to the entire round of existence or *saṃsāra*, *itthatta* does not necessarily mean 'this human world'. The two terms have a generic sense, because they represent some basic principle. As in the case of a whirlpool, this-ness is to be seen together with an otherwise-ness. This illustrates the conflict characteristic of existence. Wherever a this-ness arises, a possibility for an otherwise-ness comes in. *Itthabhāva* and *aññathābhāva* go together.

Aniccatā, or impermanence, is very often explained with the help of the phrase *vipariṇāmaññathābhāva*.^[71] Now here too we have the word *aññathābhāva*. Here the word preceding it, gives a clue to its true significance. *Vipariṇāma* is quite suggestive of a process of evolution. Strictly speaking, *pariṇāma* is evolution, and *pariṇata* is the fully evolved or mature stage. The prefix *vi* stands for the anti-climax. The evolution is over, now it is becoming other. Ironically enough, this state of 'becoming-other' is known as otherwise-ness, *aññathābhāva*. And so this twin, *itthabhāva* and *aññathābhāva*, tell us the nature of the world. Between them, they explain for us the law of impermanence.

In the Section-of-the-Threes in the *Āṅguttara Nikāya* the three characteristics of a *saṅkhata* are explained in this order: *Uppādo paññāyati, vayo paññāyati, t̥hitassa aññathattaṃ paññāyati*,^[72] "an arising is manifest, a passing away is manifest and an otherwise-ness in the persisting is manifest."

This implies that the persistence is only apparent and that is why it is mentioned last. There is an otherwise-ness even in this apparently persistent. But later scholars preferred to speak of three stages as *uppāda, t̥hiti, bhaṅga*,^[73] "arising, persistence and breaking up". However the law of impermanence could be sufficiently understood even with the help of two words, *itthabhāva* and *aññathābhāva*, this-ness and otherwise-ness. Very often we find the Buddha summing up the law of impermanence in the two words *samudaya* and *vaya*, "arising" and "passing away".^[74]

There is an apparent contradiction in the phrase *t̥hitassa aññathatta*, but it reminds us of the fact that what the world takes as static or persisting is actually not so. The so-called 'static' is from beginning to end an otherwise-ness. Now if we are to relate this to the two links *jāti* and *jarāmaṇaṃ* in *paṭicca samuppāda*, we may say that as soon as one is born the process of otherwise-ness sets in. Wherever there is birth, there is death. One of the traditional *Pāli* verses on the reflections on death has the following meaningful lines:

Uppattiyā sahevedaṃ, maṇaṃ āgataṃ sadā,^[75] "always death has come, even with the birth itself." Just as in a conjoined pair, when one is drawn the other follows, even so when birth is drawn in, decay-and-death follow as a matter of course.

Before the advent of the Buddha, the world believed in the possibility of a birth devoid of decay-and-death. It believed in a form of existence devoid of grasping. Because of its ignorance of the pair-wise relatedness of this-to-that, *idappaccayatā*, it went on with its deluded search. And that was the reason for all the conflict in the world.

According to the teaching of the Buddha, the concept of birth is equivalent to the concept of a 'here'. As a matter of fact, this birth of a 'here' is like the first peg driven for the measurement of a world. Because of the pair-wise relationship, the very first '**birthday-present**' that one gets as soon as one is born, is - **death**. The inevitable death that he is entitled to. This way we can understand the deeper significance of the two words *itthabhāva* and *aññathābhāva*, this-ness and otherwise-ness.

We have to say the same thing with regard to the whirlpool. Apparently it has the power to control, to hold sway. Seen from a distance, the whirlpool is a centre of activity with some controlling power. Now, one of the basic meanings of the concept of self is the ability to control, to hold sway. And a whirlpool too, as seen from a distance, seems to have this ability. Just as it appears automatic, so also it seems to have some power to control.

But on deeper analysis it reveals its **not-self** nature. What we have here is simply the conflict between the main stream and a run-away current. It is the outcome of the conflict between two forces and not the work of just one force. It is a case of relatedness of this-to-that, *idappaccayatā*. As one verse in the *Bālavagga* of the *Dhammapada* puts it:

Attā hi attano natthi,^[76] "even oneself is not one's own."

So even a whirlpool is not its own, there is nothing really automatic about it. This then is the *dukkha*, the suffering, the conflict, the unsatisfactoriness. What the world holds on to as existence is just a process of otherwise-ness, as

the Buddha vividly portrays for us in the following verses of the *Nandavagga* of the *Udāna*.

*Ayaṃ loko santāpajāto, phassapareto
rogam vadati attato,
yena yena hi maññati,
tato taṃ hoti aññathā.*

*Aññathābhāvī bhavasatto loko,
bhavapareto bhavam evābhinandati,
yad'abhinandati taṃ bhayaṃ,
yassa bhāyati taṃ dukkhaṃ,
bhava vipphānāya kho panidaṃ brahmacariyaṃ vussati.*^[177]

"This anguished world, fully given to contact,
Speaks of a disease as self.
In whatever terms it conceives of,
Even thereby it turns otherwise.

The world, attached to becoming, Given fully to becoming,
Though becoming otherwise, Yet delights in becoming.

What it delights in is a fear

What it fears from is a suffering.

But then this holy life is lived for the abandoning of that very becoming."

Just a few lines - but how deep they go! The world is in anguish and is enslaved by contact. What it calls self is nothing but a disease. *Maññati* is a word of deeper significance. *Maññanā* is conceiving under the influence of craving, conceit and views. Whatever becomes an object of that conceiving, by that very conception it becomes otherwise. That is to say that an opportunity arises for an otherwise-ness, even as 'death' has come together with 'birth'.

So conceiving, or conception, is itself the reason for otherwise-ness. Before a '**thing**' becomes '**otherwise**', it has to become a '**thing**'. And it becomes a 'thing' only when attention is focussed on it under the influence of craving, conceit and views and it is separated from the whole world and grasped as a '**thing**'. And that is why it is said:

*Yaṃ yañhi lokasmim upādiyanti,
teneva Māro anveti jantum.*^[178]

"Whatever one grasps in the world,
By that itself *Māra* pursues a being."

The world is attached to becoming and is fully given to becoming. Therefore its very nature is otherwise-ness, *aññathābhāvī*. And then the Buddha declares the inevitable outcome of this contradictory position: *yad abhinandati taṃ bhayaṃ*, whatever one delights in, that is a fear, that is a danger. What one delights in, is 'becoming' and that is a source of fear. And *yassa bhāyati taṃ dukkhaṃ*, what one fears, or is afraid of, that is suffering. And of what is one afraid? One is afraid of the otherwise-ness of the thing that one holds on to as existing. So the otherwise-ness is the suffering and the thing grasped is a source of fear.

For instance, when one is walking through a town with one's pockets full of gems, one is afraid because of the valuables in one's pockets. Even so, the existence that one delights in is a source of fear. What one fears is change or otherwise-ness, and that is suffering. Therefore it is that this holy life is lived for the abandonment of that very becoming or existence.

So from this quotation it becomes clear that the nature of existence is 'otherwise-ness'. It is the insight into this nature that is basic in the understanding of *idappaccayatā*. What is known as the arising of the *Dhamma*-eye is the understanding of this predicament in worldly existence. But that *Dhamma*-eye arises together with a solution for this predicament:

Yaṃ kiñci samudayadhammaṃ sabbaṃ taṃ nirodhadhammaṃ.^[79] "Whatever is of a nature to arise, all that is of a nature to cease".

As far as the arising aspect is concerned, this whirlpool is formed due to the grasping through craving, conceit and views. Once this *saṃsāric* whirlpool is formed, it keeps on attracting all that is in the world, all that is within its reach, in the form of craving and grasping. But there is a cessation to this process. It is possible to make it cease. Why? Because it is something arisen due to causes and conditions. Because it is a process based on two things, without a self to hold sway. That is why we have mentioned at the very outset that everything is impermanent, prepared and dependently arisen, *aniccaṃ, saṅkhataṃ, paṭicca samuppannaṃ*.

Everyone of the twelve links in the formula, including ignorance, is dependently arisen. They are all arisen due to causes and conditions, they are not permanent, *aniccaṃ*. They are only made up or prepared, *saṅkhataṃ*. The word *saṅkhataṃ* is explained in various ways. But in short it means something that is made up, prepared, or concocted by way of intention. *Paṭicca samuppannaṃ* means conditionally arisen and therefore it is of a nature to get destroyed, *khayadhamma*. It is of a nature to pass away, *vayadhamma*. It is of a nature to fade away, *virāgadhamma*. It is of a nature to cease, *nirodhadhamma*.

It seems that even the colour or shade of decay-and-death can fade away and that is why we have pointed out their relevance to the question of concepts. This nature of fading away is understood by one who has had an insight into the law of arising and cessation.

Saṃsāra is a whirlpool as far as the ordinary beings caught up in it are concerned. Now what about the *Arahants*? How is the idea of this whirlpool presented in the case of the *Arahants*? It is simply said that for them there is no whirling round for there to be a designation: *vaṭṭaṃ tesaṃ natthi paññāpanāya.*^[80] So in their case, there is no whirling round to justify a designation.

This, then, is something deeper than the whirlpool itself. The whirlpool can be pointed out because of its activity. But not so easily the emancipated ones and that is why there is so much controversy regarding the nature of the *Tathāgatha*. The image of the whirlpool in its relation to the emancipated ones is beautifully presented in the following verse from the *Cūlavagga* of the *Udāna*:

*Acchecchi vaṭṭaṃ byagā nirāsaṃ,
visukkhā saritā na sandati,
chinnaṃ vaṭṭaṃ na vattati,
es' ev' anto dukkhassa.*^[81]

"He has cut off the whirlpool

And reached desirelessness,
The stream dried up now no longer flows.
The whirlpool cut off whirls no more.
This, even this, is suffering's end."

What has the *Arahant* done? He has cut off the whirlpool. He has breached it and has reached the desireless state. The stream of craving is dried up and flows no more. The whirlpool cut off at the root no more whirls. And this is the end of suffering. The cutting off of the whirlpool is the realization of cessation, which is *Arahant-hood*.

It is because of the accent on the arising aspect that the current tries to move against the main stream. When that attempt is given up, the rest happens as a matter of course. This idea is even more clearly brought out by the following two verses in the *Sagāthavagga* of the *Saṃyutta Nikāya*. They are in the form of a dialogue between a deity and the Buddha. The deity asks:

*Kuto sarā nivattanti,
kattha vaṭṭaṃ na vattati,
kattha nāmañca rūpañca
asesaṃ uparujjhati?*^[82]

"From where do currents turn back,
Where whirls no more the whirlpool,
Where is it that name-and-form
Is held in check in a way complete?"

The Buddha gives the answer in the following verse:

*Yattha āpo ca paṭhavī,
tejo vāyo na gādhati,
ato sarā nivattanti,
ettha vaṭṭaṃ na vattati,
ettha nāmañca rūpañca,
asesaṃ uparujjhati.*

"Where earth and water, fire and wind no footing find,
From there it is that currents turn back.
There the whirlpool whirls no more
And there it is that name-and-form
Is held in check in a way complete."

The reference here is to *Nibbāna*. Whether it is called *sabbasaṅkhārasamatha*, the stilling of all preparations, or *asaṅkhatadhātu*, the unprepared element, it means the state of cessation. And when the *Arahant's* mind is in that state, the four elements, which are like ghosts, do not haunt him. They do not get a '**footing**' in that consciousness. When they fade away, due to detachment, those currents do not flow and the whirlpool whirls no more. Name and form are fully held in check there.

Now as far as the meaning of *rūpa* in *nāma-rūpa* in this reference is concerned,

its definition as *cattāri ca mahābhūtāni, catunnañca mahābhūtānaṃ upādāyarūpaṃ* is quite significant. ^[83] It draws attention to the fact that the four great primaries underlie the concept of form. This is something unique, since before the advent of the Buddha the world thought that in order to get away from *rūpa* one has to grasp *arūpa*. But the irony of the situation is that, even in *arūpa*, *rūpa* is implicit in a subtle form. Or in other words, *arūpa* takes *rūpa* for granted.

Supposing someone, walking in the darkness of the night, has a hallucination of a devil and runs away to escape from it. He thinks he is running away from the devil, but he is taking the devil with him. The devil is in his mind, it is something imagined. Similarly, until the Buddha came into the scene, the worldlings grasped *arūpa* in order to get away from *rūpa*. But because of the dichotomy between *rūpa* and *arūpa*, even when they swung as far as the highest formless realms, they were still in bondage to *saṅkhāras*, or preparations. As soon as the momentum of their swing of *saṅkhāras* got fully spent, they swung back to *rūpa*. So here too we see the question of duality and dichotomy.

This sermon has served its purpose if it has drawn attention to the importance of the questions of duality, dichotomy and the relatedness of this to that, *idappaccayatā*. So this is enough for today.

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MIND STILLED 03

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ.* ^[84]

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction".

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks.

Today we have before us the third sermon on *Nibbāna*. The other day, with the help of the simile of a whirlpool, we attempted an explanation of the terms *saṃsāra* on the one hand, and *Nibbāna* on the other, that is to say 'going round', or *saṃsaraṇa*, and 'going out', or *nissaraṇa*. ^[85] We also cited *suttas* to illustrate both the arising (*samudaya*) and cessation (*nirodha*) aspects of the law of dependent arising.

As regards this whirlpool, to show a parallel development with the links of the law of dependent arising, by way of a sustained simile, we may say that the ignorance in presuming that it is possible to go against the main stream of the three signata - impermanence, suffering and not-self - is the place of its origin. That heap of preparations impelled by ignorance, which takes the current forward, may be regarded as *saṅkhāras*. And where the current in its progress clashes with the main stream to become a whirlpool, that pushing forward against the main

stream is *viññāṇa* or consciousness.

The outcome of the clash is *nāma-rūpa*, or name-and-form, with its formal name and nominal form. That link in the formula of dependent arising called *saḷāyatana*, or six sense-bases, could be regarded as the outgrowth of this name-and-form. We can understand that link, too, in relation to the simile of the whirlpool. As the whirlpool goes on for a long time, an abyss is formed, the functioning of which could be compared to the six sense-bases.

As a matter of fact, bodily pains are comparable to an abyss. In a certain *sutta* in the *Saṃyutta Nikāya* the Buddha says:

Sārīrikānaṃ kho etaṃ bhikkhave dukkhānaṃ vedanānaṃ adhivacanaṃ, yadidaṃ pātālo'ti.^[86] "Monks, abyss is a synonym for painful bodily feelings."

When one comes to think about that statement, it would appear that the thirst of craving arises in beings in various forms of existence because of painful feeling. The *Sallattenasutta* adds to this by stating that the uninstructed worldling, on being touched by painful feeling, delights in sense pleasures, because he knows no way out of painful feeling other than the sense pleasures.^[87]

In the light of that statement it seems that the abyss is the endless barrage of painful feelings. The force of attraction that arises from the abyss is like the thirst to quell those painful feelings. The grasping that follows is the functioning of the same force of attraction. It attracts all the flotsam and jetsam around it, as things organically appropriated, *upādinna*, to put up a show of existence, or *bhava*. That is, a spot that can be pointed out with the help of things thus grasped by the whirlpool. So this whirlpool or vortex simile gives us some idea of the law of dependent arising.

The insight into the basic principle of dependent arising, is in fact regarded as the arising of the 'eye of *Dhamma*'. About the stream-winner it is said that the dustless stainless eye of *Dhamma* has arisen in him. The following phrase, which sums up the significance of that *Dhamma*-eye, comes up quite often in the discourses:

Yaṃ kiñci samudayadhammaṃ sabbaṃ taṃ nirodhadhammaṃ.^[88] "Whatever is of a nature to arise, all that is of a nature to cease."

Sometimes it is briefly alluded to with the couple of terms *samudaya* and *nirodha*, as *samudayo samudayo* and *nirodho nirodho*.^[89] It is as if the experience of that insight has found expression as an exclamation: "Arising, arising! Ceasing, ceasing!" The above phrase only connects up the two aspects of that experience.

It seems then that what is called the '*Dhamma*-eye', is the ability to see the *Nibbānic* solution in the very vortex of the *samsāric* problem. That way of analysis which puts *samsāra* and *Nibbāna* far apart, into two watertight compartments, as it were, gives rise to interminable problems. But here we see that, just as much as one could realize *Nibbāna* by discovering the cause of suffering and following the path to its cessation, which in effect is the understanding of the four noble truths, one could also put an end to this vortex by understanding its cause and applying the correct means for its cessation.

In the previous sermon we happened to quote some Canonical verses, which declared that the vortex does not exist for an *arahant*.^[90] Now as regards the condition after the cessation of the vortex, if someone asks where the vortex or the whirlpool has gone, what sort of answer can we give? It is the same difficulty that comes up in answering the question: "Where has the fire gone after it has gone out?" Because here too, what we call the whirlpool is that current of water

which went against the main stream. It also consists of water, like the body of water outside it. So we cannot say that they united, nor can we say that it went and hid somewhere.

Here we find ourselves in a queer situation. All we can say in fairness to truth is that there had been a certain form of activity, a certain state of unrest, due to certain causes and conditions. Because of that activity that was going on there, it was possible to designate it, to give it a name. By worldly convention one could refer to it as "that place" or "this place".

The entire field of activity was called a whirlpool by worldly convention. But now, the so-called whirlpool is no more. The worldly convention is no more applicable as in the case of an extinguished fire. The word "fire" was introduced, the concept of "fire" was created, to designate a certain state of affairs that arose due to causes and conditions, due to graspings. So from this also we can see that it is in concepts that ignorance finds a camouflage.

Being unaware of it the world goes on amassing concepts and even expects to see them in *Nibbāna*. There are some who fondly hope to get a vision of their lists of concepts when they realize *Nibbāna*. But that wisdom penetrates through even the concepts and that is why it is called *udayatthagāminī paññā ariyā nibbedhikā*,^[91] "the *ariyan* penetrative wisdom that sees the rise and fall".

The idea of penetration is already implicit in the phrase *yaṃ kiñci samudayadhammaṃ sabbaṃ taṃ nirodhadhammaṃ*, "whatever is of a nature to arise, all that is of a nature to cease". If anything has the nature to arise, by that very nature it is bound to come to its end. And that is why the wandering ascetic *Upatissa*, who was to become Venerable *Sāriputta* later, attained the fruit of a stream-winner even on hearing the first two lines of the verse uttered by Venerable *Assaji*:

Ye dhammā hetuppabhavā, tesaṃ hetuṃ tathāgato āha.^[92] "Of things that arise from a cause, their cause the *Tathāgata* has told."

When a wise man hears that something has arisen due to causes and conditions, he immediately understands that it could be made to cease by the removal of those conditions, even without further explanation. It is the dustless stainless *Dhamma*-eye that enables one to see the *Nibbānic* solution in the very structure of the *saṃsāric* problem.

In our quotation from the *MahāNidānasutta* it was said that all pathways for verbal expression, terminology and designation exist so long as the vortex of *saṃsāra* is kept going.^[93] The implication, therefore, is that they have no existence beyond it. This is the significance of the word *ettāvatā*, "in so far only".

Ettāvatā jāyetha vā jīyetha vā mīyetha vā cavetha vā upapajjetha vā.^[94] "In so far only can one be born, or grow old, or die, or pass away, or reappear."

So the concepts of birth, decay-and-death, passing away and reappearing, are meaningful only in the context of the *saṃsāric* vortex between consciousness and name-and-form. If somehow or other this interrelation could be broken, this *saṃsāric* vortex, the whirlpool, could be stopped, then, after that, nothing remains to be said, nothing remains to be predicated. And as it is said in the *Upasīvasutta* of the *Sutta Nipāta*:

Yena naṃ vajju, taṃ tassa natthi,^[95] "that by which they would speak of him, that for him exists not".

There are a number of Canonical passages that show us the relevance of this

vortex simile to the understanding of the doctrine of *paṭicca samuppāda*. In the *MahāPadānasutta* of the *Dīgha Nikāya* we find a lengthy description of the manner in which the *bodhisatta Vipassī* got an insight into *paṭicca samuppāda*. We are told that his mode of approach was one of radical reflection, or *yoniso manasikāra*, literally: "attention by way of the matrix". One might as well say that it is an attention by way of the vortex. It is as if a man with keen vision, sitting under a tree by a river, were to watch how a fallen leaf gets carried away by the water current, only to get whirled up and disappear in a vortex.

It is clearly stated in the case of *Vipassī bodhisatta* that his understanding through wisdom came as a result of 'radical reflection', *yoniso manasikārā ahu paññāya abhisamayo*.^[96] So his insight into *paṭicca samuppāda* was definitely not due to recollection of past lives. *Yoni* means the 'matrix', or the 'place of origin'. So in *yoniso manasikāra* always the attention has to turn towards the place of origin.

So, true to this method, we find the *bodhisatta Vipassī* starting his reasoning from the very end of the *paṭicca samuppāda* formula: *Kimhi nu kho sati jarāmarañam hoti, kiṃ paccayā jarāmarañam?* "Given what, does decay-and-death come to be, from which condition comes decay-and-death?" And to this question, the following answer occurred to him: *Jātiyā kho sati jarāmarañam hoti, jātipaccayā jarāmarañam*. "Given birth, does decay-and-death come to be, from birth as condition comes decay-and-death."

In the same manner, taking pair by pair, he went on reasoning progressively. For instance his next question was: *Kimhi nu kho sati jāti hoti, kiṃ paccayā jāti?* "Given what, does birth come to be, from which condition comes birth?" And the answer to it was: *Bhave kho sati jāti hoti, bhavapaccayā jāti*. "Given becoming, birth comes to be, from becoming as condition comes birth."

He went on reasoning like this up to and including name-and-form. But when he came to consciousness, he had to turn back. When he searched for the condition of consciousness, he found that name-and-form itself is the condition, whereby he understood their interdependence, and then he gave expression to the significance of this discovery in the following words:

Paccudāvattati kho idaṃ viññāṇam nāmarūpamhā, nāparam gacchati. Ettāvatā jāyetha vā jīyetha vā miyetha vā cavetha vā upapajjetha vā, yadidaṃ nāmarūpapaccayā viññāṇam, viññāṇapaccayā nāmarūpaṃ, nāmarūpapaccayā saḷāyatanam, saḷāyatanapaccayā phasso, phassapaccayā vedanā, vedanāpaccayā taṇhā, taṇhāpaccayā upādānam, upādānapaccayā bhavo, bhavapaccayā jāti, jātipaccayā jarāmarañam sokaparidevadukkhadomanassūpāyāsā sambhavanti. Evametassa kevalassa dukkhakkhandhassa samudayo hoti.

By means of radical reflection the *bodhisatta Vipassī* understood that all concepts of birth, decay-and-death converge on the relationship between consciousness and name-and-form:

"This consciousness turns back from name-and-form, it does not go beyond. In so far can one be born, or grow old, or die, or pass away, or reappear, in so far as this is, namely: consciousness is dependent on name-and-form, and name-and-form on consciousness; dependent on name-and-form, the six sense-bases; dependent on the six sense-bases, contact; dependent on contact, feeling; dependent on feeling, craving; dependent on craving, grasping; dependent on grasping, becoming; dependent on becoming, birth; and dependent on birth, decay-and-death, sorrow, lamentation, pain, grief and despair come to be. Thus is the arising of this entire mass of suffering."

The fact that this understanding of *paṭicca samuppāda* signified the arising of the *Dhamma*-eye in *Vipassī bodhisatta* is stated in the following words:

Samudayo samudayo'ti kho, bhikkhave, Vipassissa bodhisattassa pubbe ananussutesu dhammesu cakkhum udapādi, ñāṇaṃ udapādi, paññā udapādi, vijjā udapādi, āloko udapādi. "Arising, arising", thus, O! monks, in regard to things unheard of before, there arose in the *bodhisatta Vipassī* the eye, the knowledge, the wisdom, the science, the light."

In the same way it is said that the *bodhisatta* clarified for himself the cessation aspect through radical reflection: *Kimhi nu kho asati jarāmaṇaṃ na hoti, kissa nirodhā jarāmaṇaṃ nirodho?* "In the absence of what, will decay-and-death not be, with the cessation of what, is the cessation of decay-and-death?" And as the answer to it, the following thought occurred to him: *Jātiyā kho asati jarāmaṇaṃ na hoti, jātinirodhā jarāmaṇaṃ nirodho.* "In the absence of birth, there is no decay-and-death, with the cessation of birth is the cessation of decay-and-death."

Likewise he went on reflecting progressively, until he reached the link between name-and-form and consciousness, and then it occurred to him:

Nāmarūpanirodhā viññāṇanirodho, viññāṇanirodhā nāma-rūpanirodho. "From the cessation of name-and-form comes the cessation of consciousness, from the cessation of consciousness comes the cessation of name-and-form."

Once this vital link is broken, that is, when consciousness ceases with the cessation of name-and-form, and name-and-form ceases with the cessation of consciousness, then all the other links following name-and-form, such as the six sense-bases, contact and feeling, come to cease immediately.

The *MahāPadānasutta* goes on to say that the *bodhisatta Vipassī* continued to dwell seeing the arising and passing away of the five grasping groups and that before long his mind was fully emancipated from the influxes and that he attained to full enlightenment. It is also said in the *sutta* in this connection that the *bodhisatta* followed this mode of reflection, because he understood that it is the way of insight leading to awakening:

Adhigato kho myāyaṃ vipassanā maggo bodhāya. "I have found this path of insight to awakening, to enlightenment."

And as we saw above the most important point, the pivotal point, in this path of insight, is the relationship between name-and-form and consciousness. The commentary raises the question, why the *bodhisatta Vipassī* makes no mention of the first two links, *avijjā* and *saṅkhārā*, and gives the explanation that he could not see them, as they belong to the past.¹⁹⁷¹

But this is not the reason. The very ignorance regarding the relationship between name-and-form and consciousness - is *avijjā*. And what accounts for the continuity of this relationship - is *saṅkhārā*. It is because of these preparations that the vortical interplay between consciousness and name-and-form is kept going.

Simply because the first two links are not mentioned in the *sutta*, the commentators give the explanation that they belong to the past. But it should be clear that the *bodhisatta Vipassī* could not have aroused the *Dhamma*-eye without those two links. Why they are not specially mentioned here is because they are in the background. It is true that there is a mode of exposition, in which *avijjā*, or ignorance, takes precedence. But what we have here is a different mode of exposition, according to which one has to stop short at the interrelation between consciousness and name-and-form.

As to the cause of this mutual relationship, we have to go back to the vortex simile. Usually, the progress of a current of water is visible at some distance away from the vortex. In this case, the current of water forgets its own impermanent, suffering and not-self nature, and goes ahead in search of a permanent, pleasurable and self nature. And this itself - is *avijjā*, or ignorance. This very tendency of the narrow water current to push on against the main body of water, is itself what is called consciousness.

Similarly, in the context of the *saṃsāric* individual, what forms the background for the interplay between consciousness and name-and-form, is the non-understanding that the net result of the interplay is suffering, that it only leads to suffering. In other words, it is the tendency to go ahead in search of a state of permanence, pleasure and self, ignoring the three characteristics of impermanence, suffering and not-self.

The heap of preparations or efforts arising out of that tendency are the *saṅkhārās*. It is on these very preparations or efforts that consciousness depends, and then we have name-and-form existing in relation to it. On the side of name-and-form, or beyond it, we have all the other links of the *paṭicca samuppāda*. So in this way we can form a mental picture of the formula of *paṭicca samuppāda* by some sort of a pictorial explanation. It seems, then, that this discourse is further proof of the statements found in the *MahāNidānasutta*.

There is yet another discourse, one preached by Venerable *Sāriputta*, which supports our conclusions. It is found in the *Nidānasamṃyutta* of the *Samṃyutta Nikāya*. There Venerable *Sāriputta* brings out a simile that is even simpler than the vortex simile. He compares consciousness and name-and-form to two bundles of reeds. When two bundles of reeds stand, one supporting the other, if one of those is drawn out, the other would fall down. And if the latter is drawn out, the former will fall down: *Ekam ākaḍḍheyya, ekā papateyya, aparaṃ ce ākaḍḍheyya, aparā papateyya.* ^[98]

The mutual interrelation between consciousness and name-and-form is like that of two bundles of reeds, mutually supporting each other. Having given this simile, Venerable *Sāriputta* goes on to mention the other links of the *paṭicca samuppāda* formula, as in the case of the *bodhisatta Vipassī's* insight. It runs: "Dependent on name-and-form, the six sense-bases; dependent on the six sense-bases, contact; dependent on contact, feelings" (and so on). And then the cessation aspect of these links is also given.

By way of illustration, let us suppose that the consciousness bundle of reeds is standing on the left side, and the name-and-form bundle is on the right. Then we have a number of other bundles, such as the six sense-bases, contact and feeling, all leaning on to the name-and-form bundle of reeds. These are all dependent on the name-and-form bundle.

Now, as soon as the consciousness bundle is drawn out, all the others on the right side fall down immediately. There is no interval. True to the qualities of the *Dhamma*, summed up in the terms *sandiṭṭhika*, *akālika* and *ehi-passika*, that is, to be seen here and now, not involving time, and inviting to come and see, the entire mass of *saṃsāric* suffering ceases immediately. So, this discourse is further proof of the fact that we have here quite a different state of affairs, than what is commonly believed to be the significance of the *paṭicca samuppāda* formula.

That is why we have pointed out that the concepts of birth, decay-and-death are of the nature of fading away. That is also why decay-and-death have been described as impermanent, made up, dependently arisen, of a nature to wither

away, pass away, fade away and cease: *Aniccaṃ saṅkhataṃ paṭiccasamuppannaṃ khayadhammaṃ vayadhammaṃ virāgadhammaṃ nirodhadhammaṃ*.^[99]

When one comes to think of it, one may find it difficult to understand why decay-and-death are called impermanent and withering or decaying. But the reason is that all concepts, in so far as they are leaning on to the name-and-form bundle, have to fall down when the opposite bundle of reeds is drawn out. That is to say that the entire mass of *saṃsāric* suffering ceases immediately, and the whirlpool of *saṃsāra* comes to an end.

This, then, seems to be the most plausible conclusion. According to the interpretation we have adopted, in the *MahāHatthipadopamasutta* of the *Majjhima Nikāya* Venerable *Sāriputta* brings out as a quotation a certain statement of the Buddha on *paṭicca samuppāda*. It runs:

Yo paṭiccasamuppādaṃ passati so dhammaṃ passati; yo dhammaṃ passati so paṭiccasamuppādaṃ passati.^[100] "He who sees the law of dependent arising, sees the *Dhamma*; he who sees the *Dhamma*, sees the law of dependent arising."

This shows that the quintessence of the *Dhamma* is in fact the law of dependent arising itself. Now there are these six qualities of the *Dhamma*, summed up in the well know formula, which every Buddhist believes in. This *Dhamma* is well-preached, *svākkhāto*. It can be seen here and now, *sandiṭṭhiko*, that is, one can see it by oneself here in this very world. It is timeless, *akāliko*. It invites one to come and see, *ehi-passiko*. It leads one on, *opanayiko*. It can be realized by the wise each one by himself, *paccattaṃ veditabbo viññūhi*.^[101]

Though we all have faith in these qualities of the *Dhamma*, let us see whether the traditionally accepted interpretation of *paṭicca samuppāda* is faithful to these qualities, particularly to the two qualities *sandiṭṭhiko* and *akāliko*.

According to that accepted interpretation, presented by the venerable author of the *Visuddhimagga*, the first two links of the formula belong to the past, and the last two links belong to the future. The remaining eight links in the middle are taken to represent the present.^[102] That means, we have here the three periods of time. So it is not - timeless.

And that is why they explained that the *bodhisatta Vipassī* did not see the first two links. Perhaps, the presumption is, that since these two links belong to the past, they can be seen only by the knowledge of the recollection of past lives. But on the other hand, the *suttas* tell us that even the stream-winner has a clear understanding of *paṭicca samuppāda*: *Ariyo c'assa ñāyo paññāya sudiṭṭho hoti suppaṭividdho*.^[103] "By him the Noble Norm is well seen and well penetrated through with wisdom."

The 'noble norm' is none other than the law of dependent arising, and the stream-winner has seen it well, penetrated into it well with wisdom. The prefix *su-* implies the clarity of that vision. The question, then, is how a stream-winner, who has no knowledge of the recollection of past lives, can get this insight.

Whatever it may be, the accepted interpretation, as already mentioned, puts the first two links into the past. That is to say, ignorance and preparations are referred to the past. Birth, decay-and-death are referred to the future. The eight links in between are explained with reference to the present. Thus the formula is divided into three periods.

Not only that, in the attempt to interpret the formula as referring to three stages in the *saṃsāric* journey of an individual, additional links had to be interposed to prop up the interpretation.^[104] Ignorance, preparations, craving,

grasping and becoming are regarded as the past causes. Depending on these past causes, consciousness, name-and-form, six sense-bases, contact and feeling are said to arise as results in the present. And again, with ignorance, preparations, craving, grasping and becoming as present causes, consciousness, name-and-form, six sense-bases, contact and feeling arise as results in the future.

This kind of interpretation is also advanced. But this interpretation in terms of pentads violates the interrelatedness between the twelve links in the formula. We have already drawn attention to the fact of interrelation between the two links in each pair. In fact, that itself has to be taken as the law of dependent arising. That is the basic principle itself: Because of one, the other arises. With its cessation, the other ceases. There is this mode of analysis, but then it is disrupted by the attempt to smuggle in additional links into the formula.

Furthermore, according to this accepted commentarial exegesis, even the term *bhava*, or becoming, is given a twofold interpretation. As *kamma*-process-becoming and rebirth-process-becoming. In the context *upādānapaccaya bhavo*, dependent on grasping is becoming, it is explained as rebirth-process-becoming, while in the case of the other context, *bhava**paccaya jāti*, dependent on becoming is birth, it is taken to mean *kamma*-process-becoming. So the same term is explained in two ways. Similarly, the term *jāti*, which generally means birth, is said to imply rebirth in the context of the formula of dependent arising.

There are many such weak points in the accepted interpretation. Quite a number of authoritative modern scholars have pointed this out. Now all these short-comings could be side-tracked, if we grant the fact, as already mentioned, that the secret of the entire *saṃsāric* vortex is traceable to the two links consciousness and name-and-form. As a matter of fact, the purpose of the formula of dependent arising is to show the way of arising and cessation of the entire mass of suffering, and not to illustrate three stages in the *saṃsāric* journey of an individual.

The distinctive feature of this law of dependent arising is its demonstrability in the present, as suggested by the terms 'to be seen here and now' and 'timeless', even as the *bodhisatta Vipassī* discovered it, through radical reflection itself. The salient characteristic of the teaching of the Buddha is its visibility here and now and timelessness. This fact is well revealed by the *Hemakasutta* of the *Sutta Nipāta*. The *brahmin* youth *Hemaka* sings praise of the Buddha in the following verses:

*Ye me pubbe viyākaṃsu,
huraṃ Gotamasāsanā,
iccāsi iti bhavissati,
sabbaṃ taṃ itihītihaṃ,
sabbaṃ taṃ takkavaḍḍhanaṃ,
nāhaṃ tattha abhiraṃhiṃ.*

*Tvañca me dhammam akkhāhi,
tañhā nigghātaṃ muni,
yaṃ veditvā sato caraṃ,
tare loke visattikaṃ.*^[105]

"Those who explained to me before,
Outside the dispensation of *Gotama*,

All of them said: 'so it was, and so it will be',
But all that is 'so and so' talk,
All that is productive of logic,
I did not delight therein.

But now to me, O! sage,
Proclaim your *Dhamma*,
That is destructive of craving,
By knowing which and mindfully faring along,
One might get beyond the world's viscosity."

Now, to paraphrase: Whatever teachers explained to me their teachings outside your dispensation, used to bring in the past and the future in their explanations, saying: "So it was, and so it will be." That is, they were always referring to a past and a future. But all that can be summed up as 'so and so' talk.

By the way, the term *itihītiha* had already become a technical term for 'hearsay' among the ascetics. Such teachings based on hearsay were productive of logic, as for instance testified by the *Sabbāsavasutta* of the *Majjhima Nikāya*. "Was I in the past, was I not in the past? What was I in the past? How was I in the past? Having been what, what did I become in the past? Shall I be in the future? Shall I not be in the future? What shall I be in the future? How shall I be in the future? Having been what, what shall I become in the future?" (and so on) [\[106\]](#)

"But, I was not pleased with such teachings", says *Hemaka*, "It is only you, O! sage, who teaches the *Dhamma* that destroys the craving in the present, understanding which, and mindfully following it accordingly, one could go beyond the sticky craving in the world." *Hemaka's* praise of the Buddha was inspired by this most distinctive feature in the *Dhamma*.

We have already stated that by '*Dhamma*' is meant the law of dependent arising. This is further proof that the basic principle underlying the formula of dependent arising could be traced to the constant relationship between consciousness and name-and-form, already present in one's mental continuum, without running into the past or leaping towards the future.

We know that, in order to ascertain whether a banana trunk is pith-less, it is not necessary to go on removing its bark, layer after layer, from top to bottom. We only have to take a sharp sword and cut the trunk in the middle, so that the cross-section will reveal to us its pith-less nature. Similarly, if we cut in the middle the banana trunk of preparations with the sharp sword of wisdom, *paññāmayam tikhiṇamasim gahetvā*, [\[107\]](#) its internal structure as revealed by the cross-section will convince us of the essence-less nature of the group of preparations.

Whatever existence there was in the past, that too had the same essence-less nature. And whatever existence there will be in the future, will have this same essencelessness. And I see it now, in my own mental continuum, as something visible here and now, not involving time. It is with such a conviction that the noble disciple utters the words: "Arising, arising! Cessation, cessation!" That is how he arrives at the realization summed up in the phrase:

"*Yaṃ kiñci samudayadhammaṃ, sabbaṃ taṃ nirodhadhammaṃ*.[\[108\]](#) "Whatever is of the nature to arise, all that is of the nature to cease." All this goes to show that the accepted interpretation has certain short-comings.

To take up another simile, we have already alluded to the fact that the Buddha has been compared to a physician.^[109] Though this might well sound a modernism, we may say that a specialist doctor today needs only a drop of blood or blood tissue for a full diagnosis of a patient's disease. When seen under the microscope, that blood tissue reveals the pathological condition of the patient. Even the patient himself could be invited to see for himself the result of the blood test.

But once the disease has been cured, the doctor could invite the patient again to undergo a blood test, if he likes to assure himself of the fact that that disease has been effectively treated. The Buddha's teaching has a similar 'here and now' and timeless quality. What is noteworthy is that this quality is found in the law of dependent arising.

Then there is another question that crops up out of this traditional interpretation of the formula of dependent arising. That is, the reason why the two links, ignorance and preparations, are referred to the past.

In some discourses, like the *MahāNidānasutta*, there is a discussion about a descent of consciousness into a mother's womb.^[110] Simply because there is such a discussion, one might think that the law of dependent arising has reference to a period beyond one's conception in a mother's womb.

But if we carefully examine the trend of this discussion and analyse its purpose, such a conclusion will appear to be groundless. The point which the Buddha was trying to drive home into Venerable *Ānanda* by his catechism, is that the constant interrelation that exists between consciousness and name-and-form is present even during one's life in the mother's womb. This catechism can be analysed into four parts. The first question is:

Viññāṇaṃ va hi, Ānanda, mātukucchismiṃ na okkamissatha, api nu kho nāmarūpaṃ mātukucchismiṃ samuccissatha? And Venerable *Ānanda*'s answer is: *No h'etaṃ, bhante.* "If, *Ānanda*, consciousness were not to descend into a mother's womb, would name-and-form remain there?" "It would not, Lord."

The Buddha is asking whether name-and-form can persist in remaining inside the mother's womb, if consciousness refuses to descend into it, so to say. The word *samuccissatha* presents a difficulty as regards etymology. But it is quite likely that it has to do with the idea of remaining, as it has an affinity to the word *uccitṭha*, left over, remnant.

So the point raised here is that, in the event of a non-descent of consciousness into the mother's womb, name-and-form will not be left remaining there. Name-and-form has to have the support of consciousness. However, in this interrelation, it is consciousness that decides the issue. If consciousness does not descend, name-and-form will not remain there.

So even if, at the moment of death, one has a thought of some mother's womb, if consciousness does not descend in the proper manner, name-and-form cannot stay there. Name-and-form has always to be understood in relation to consciousness. It is not something that is to be found in trees and rocks. It always goes hand in hand with consciousness. So, the upshot of the above discussion is that name-and-form will not remain there without the support of consciousness.

Venerable *Ānanda*'s response to the first question, then, is: "That indeed is not the case, O! Lord." Then the Buddha asks: *Viññāṇaṃ va hi, Ānanda, mātukucchismiṃ okkamitvā vakkamissatha, api nu kho nāmarūpaṃ itthattāya abhinibbattissatha?* "If, *Ānanda*, consciousness, having descended into the mother's womb, were to slip out of it, would name-and-form be born into this state

of existence?" Venerable *Ānanda*'s reply to it is again: "That indeed is not the case, Lord."

Now the question is: *Ānanda*, if for some reason or other, consciousness, having descended into the mother's womb, slips out of it, will name-and-form secure birth as a this-ness, or *itthatta*. We have mentioned above that *itthatta* is a term with some special significance.^[111] That is, how a 'there' becomes a 'here', when a person takes birth in a particular form of existence. In short, what it implies, is that a person comes to be born.

In other words, if consciousness, having descended into the mother's womb, slips out of it, that name-and-form will not mature into a this-ness and be born into a this-ness. There is no possibility of the this-ness coming into being. For there to be a this-ness, both consciousness and name-and-form must be there. We can understand, then, why Venerable *Ānanda* replied in the negative.

The next question the Buddha puts, is this:

Viññāṇaṃ va hi, Ānanda, daharasseva sato vocchijjissatha kumārakassa vā kumārikāya vā, api nu kho nāmarūpaṃ vuddhiṃ virūhiṃ vepullaṃ āpajjissatha? "If, *Ānanda*, the consciousness of a boy or a girl were cut off when he or she is still young, will name-and-form come to growth and maturity?" To that question too, Venerable *Ānanda* replies: "That indeed is not the case, Lord."

Now that the preliminary questions have been correctly answered, the Buddha then comes out with the following conclusion, since the necessary premises are complete:

Tasmātiḥ'Ānanda, es' eva hetu etaṃ nidānaṃ esa samudayo esa paccayo nāmarūpassa, yadidaṃ viññāṇaṃ. "Therefore, *Ānanda*, this itself is the cause, this is the reason, origin and condition for name-and-form, namely consciousness."

What is emphasized here, is the importance of consciousness. Out of the two, namely consciousness and name-and-form, what carries more weight with it, is consciousness, even if there be a trace of name-and-form. What the above questionnaire makes clear, is that name-and-form arises in a mother's womb because of consciousness. But that name-and-form will not remain there, if consciousness does not properly descend into the womb.

Also, if consciousness, after its descent, were to slip out, name-and-form will not reach the state of a this-ness. So much so that, even after one's birth as a boy or girl, if consciousness gets cut off in some way or other, name-and-form will not reach growth and maturity. So from all this, it is clear that consciousness is an essential condition for there to be name-and-form. Then the Buddha introduces the fourth step:

Viññāṇaṃ va hi, Ānanda, nāmarūpe patiṭṭhaṃ na labhissatha, api no kho āyatim jātijarāmaṇaṃ dukkhasamudayasambhavo paññāyetha? "If, *Ānanda*, consciousness were not to find a footing, or get established in, name-and-form, would there be an arising or origin of birth, decay, death and suffering in the future?" "No indeed, Lord", says Venerable *Ānanda*.

Now this fourth point is extremely important. What it implies is that, though the aforesaid is the normal state of affairs in *saṃsāra*, if for some reason or other consciousness does not get established on name-and-form, if at all such a contrivance were possible, there will not be any *saṃsāric* suffering again. And this position, too, Venerable *Ānanda* grants.

So from this discussion, too, it is obvious that, simply because there is a reference to a mother's womb in it, we cannot conclude that ignorance and

preparations are past causes. It only highlights the mutual relationship between consciousness and name-and-form.

Now the question that comes up next is: "How does consciousness not get established on name-and-form? In what respects does it not get established, and how?"

The consciousness of a *saṃsāric* individual is always an established consciousness. It is in the nature of this consciousness to find a footing on name-and-form. These two go together. That is why in the *Sampasādanīyasutta* of the *Dīgha Nikāya* it is mentioned in the discussion on the attainments to vision, *dassanasamāpatti*, that a person with such an attainment sees a man's stream of consciousness that is not cut off on either side, established in this world and in the next: *Purisassa ca viññāṇasotaṃ pajānāti, ubhayato abbocchinnaṃ idha loke paṭiṭṭhitañca para loke paṭiṭṭhitañca.*^[112] What is implied here is the established nature of consciousness. The consciousness of a *saṃsāric* individual is established both in this world and in the next.

Another attainment of vision, mentioned in the *sutta*, concerns the seeing of a man's stream of consciousness not cut off on either side, and not established in this world or in the next. And that is a reference to the consciousness of an *arahant*. So an *arahant's* consciousness is an unestablished consciousness, whereas the consciousness of the *saṃsāric* individual is an established consciousness.

That is precisely why in the *Sagāthavagga* of the *Samyutta Nikāya* and in the *Sāratthapakāsinī*, where the episode of Venerable *Godhika's* suicide is mentioned, it is said that, though he cut his own neck intending to commit suicide, he was able to attain *parinibbāna* as an *arahant* by radically attending to the deadly pain.^[113] But *Māra* took him to be an ordinary person and hovered around in search of his consciousness - in vain. The Buddha, on the other hand, declared that Venerable *Godhika* passed away with an unestablished consciousness:

Appaṭiṭṭhitena ca, bhikkhave, viññāṇena Godhiko kulaputto parinibbuto.^[114] "O! monks, the clansman *Godhika* passed away with an unestablished consciousness."

The consciousness of an ordinary *saṃsāric* individual is always established. The above mentioned relationship is always there. Because of this we can say that there is always a knot in the consciousness of the *saṃsāric* individual. For him, this world and the next world are tied together in a knot. In this case, what is needed, is only the untying of the knot. There is no need of a fresh tying up, as the knot is already there.

But the term *paṭisandhi viññāṇa*, or rebirth-linking-consciousness, is now so widely used that we cannot help making use of it, even in relating a *Jātaka* story. The idea is that, after the death-consciousness, there occurs a rebirth-linking-consciousness. However, some scholars even raise the question, why a term considered so important is not to be found in the discourses. On many an occasion the Buddha speaks about the descent into a womb. But apart from using such terms as *okkanti*,^[115] descent, *gabbhassa avakkanti*,^[116] descent into a womb, and *uppatti*,^[117] arising, he does not seem to have used the term *paṭisandhi*.

What is meant by this term *paṭisandhi*? It seems to imply a tying up of two existences. After death there is a 'relinking'. We have mentioned above, in connection with the simile of the bundles of reeds that, when the consciousness bundle of reeds is drawn, the name-and-form bundle of reeds falls. And when the name-and-form bundle of reeds is drawn, the consciousness bundle of reeds falls. And that there is a relationship of mutuality condition between them.

The question, then, is why a tying up is brought in, while granting the relationship by mutuality condition. Because, going by the same simile, it would be tantamount to saying that rebirth-linking-consciousness straightens up when death-consciousness falls, as if, when one bundle of reeds is drawn, the other straightens up. This contradicts the nature of mutuality condition. There is no timelessness here. Therefore *paṭisandhi* is a term that needs critical scrutiny.

The mental continuum of a *saṃsāric* being is always knotted with a tangle within and a tangle without.^[118] And it is already implicit in the relationship between consciousness and name-and-form. What happens at the dying moment is usually posed as a deep problem. But if we carefully examine the situation in the light of Canonical discourses, we could see here an illustration of the law of dependent arising itself.

Now as far as this established consciousness and the unestablished consciousness are concerned, we have already drawn attention to the relationship between a 'here' and a 'there'. We came across the term *itthatta*, otherwise called *itthabhāva*. As a rendering for it, we have used the term 'this-ness'. And then we have already pointed out that this *itthabhāva*, or this-ness, goes hand in hand with *aññatthābhāva*, or otherwise-ness. That is to say, wherever a this-ness arises, wherever a concept of a something arises, as a rule that itself is the setting in of transformation or change.

This-ness and other-wiseness are therefore to be found in a pair-wise combination. Wherever there is a this-ness, there itself is an otherwise-ness. So in this way, because of the fact that, due to this this-ness itself, wherever this-ness arises, otherwise-ness arises, together with it, wherever there is a 'there', there is always a 'here'. This, then, is how the consciousness of the *saṃsāric* being functions.

As far as one's everyday life is concerned, what is called the conscious body, is the body with consciousness. Generally we regard this body as something really our own. Not only that, we can also objectify things outside us, beyond our range of vision, things that are objects of thought or are imagined. That is what is meant by the Canonical phrase:

Imasmiñca saviññāṇake kāye bahiddhā ca sabbanimittesu ahaṃkāra mamaṃkāra mānānusayā na honti.^[119] "There are no latencies to conceit by way of I-making and mine-making regarding this conscious body and all outside signs."

What it implies, is that one can have latencies to conceit by way of I-making and mine-making regarding this conscious body as well as all outside signs. Now, if we consider the deeper implications of this statement, we can get at some new perspective for understanding the nature of the relationship between consciousness and name-and-form.

If someone, deeply attached to a person who is not near him, but living somewhere far far away, is heavily immersed in some deep thought, then, even if there is some painful contact, such as the prick of a fly, or the bite of a mosquito, or even if another comes and shakes him by the shoulder, he might not feel it, because he is so immersed in the thought.

Now, why is that? Normally, the rightful place for consciousness is this body. But what has happened now, is that it has gone away temporarily and united with the name-and-form outside, with that object far away. But it can be awakened. This is the way the mind travels.

It is due to a lack of clear understanding about the journey of the mind, that the concept of a relinking-consciousness was found to be necessary. The way the mind

travels is quite different from the way the body travels. The journey of the body is a case of leaving one place to go to another. But the mind's journey is not like that. It is a sort of whirling or turning round, as in the case of a whirlpool or a vortex.

That is to say, just as in the case of a rubber-band which could be stretched lengthwise or crosswise, there is a certain whirling round going on between consciousness and name-and-form. It is because of that whirling motion, which could either be circular or oval shaped, that consciousness and name-and-form could either get drawn apart, or drawn in, as they go round and round in a kind of vortical interplay.

So in a situation like the one mentioned above, for that person, the distant has become near. At the start, when he fell to thinking, it was a 'there' for him. Then it became a 'here'. And the here became a 'there'. This brings out, in a subtle way, the relevance of these concepts to the question of understanding such teachings as the law of dependent arising.

Concepts of a here and a there are in a way relative. They presuppose each other. *Itthabhāva*, this-ness, and *aññathābhāva*, otherwise-ness, referred to above, mean the same thing. *Itthabhāva* goes hand in hand with *aññathābhāva*. They are bound in a pair-wise combination. When you drag in one, the other follows of necessity. It is the same in the case of the relationship between birth on the one hand, and decay-and-death on the other, as already mentioned.

Also, consciousness and name-and-form always move in an orbit. It is not something like the journey of the body. Thought goes, but it rests on consciousness, it gravitates towards consciousness. It is because consciousness also has gone there that we say someone is 'immersed' or 'engrossed' in some thought. It is consciousness that carries more weight.

This is sufficiently clear even from the *Dhamma* discussion of the Buddha, quoted above. If consciousness does not descend into a mother's womb, name-and-form will not remain there. If consciousness does not join in to provide the opportunity, it will not grow. This is the nature of the relationship between them.

Though not well authenticated, cases have been reported of persons, on the verge of death, going through such unusual experiences as visualizing their own body from some outside standpoint. Taking into consideration the above mentioned relationship, this is quite understandable. That external standpoint might not be a place which has the ability to sustain that consciousness, or which is capable of creating a new body out of the four primary elements. All the same, it temporarily escapes and goes there and is now wavering to decide, whether or not to come back to the body, as it were. It is on such occasions that one visualizes one's own body from outside.

So here we have the norm of the mind's behaviour. Seen in this way, there is no need for a fresh tying up, or relinking, because it is the same vortex that is going on all the time. In the context of this *saṃsāric* vortex, the 'there' becomes a 'here', and a 'here' becomes a 'there'. The distant becomes a near, and a near becomes a distant.

It is owing to this state of affairs that the consciousness of the *saṃsāric* individual is said to be always established. There is a certain twin character about it. Whenever consciousness leaves this body for good, it goes and rests on a name-and-form object which it had already taken up. In other words, this is why the Buddha did not find it necessary to coin a new term to express the idea of conception in some mother's womb.

Consciousness has as its object name-and-form. It is precisely because of consciousness that one can speak of it as a name-and-form. It is like the shadow that falls on consciousness. Name-and-form is like an image.

Now in taking a photograph, there is a similar turn of events. Even if one does not pose for the photograph with so much make-up, even if one turns one's back to the camera, at least a shade of his shape will be photographed as an image, if not his form. Similarly, in the case of the *saṃsāric* individual, even if he does not entertain an intention or thought construct, if he has at least the latency, *anusaya*, that is enough for him to be reborn in some form of existence or other.

That is why the Buddha has preached such an important discourse as the *Cetanāsutta* of the *Nidāna Saṃyutta* in the *Saṃyutta Nikāya*. It runs:

Yañca, bhikkhave, ceteti yañca pakappeti yañca anuseti, ārammaṇam etaṃ hoti viññāṇassa ṭhitiyā. Ārammaṇe sati patitṭhā viññāṇassa hoti. Tasmim patitṭhite viññāṇe virūḷhe nāmarūpassa avakkanti hoti. Nāmarūpapaccayā saḷāyatanam, saḷāyatanapaccayā phasso, phassapaccayā vedanā, vedanāpaccayā taṇhā, taṇhāpaccayā upādānam, upādānapaccayā bhavo, bhavapaccayā jāti, jātipaccayā jarāmarañam sokaparidevadukkhadomanassūpāyāsā sambhavanti. Evametassa kevalassa dukkhakkhandhassa samudayo hoti.^[120]

"Monks, whatever one intends, whatever one mentally constructs, whatever lies latent, that becomes an object for the stationing of consciousness. There being an object, there comes to be an establishment of consciousness. When that consciousness is established and grown, there is the descent of name-and-form. Dependent on name-and-form the six sense-bases come to be; dependent on the six sense-bases arises contact; and dependent on contact arises feeling; dependent on feeling, craving; dependent on craving, grasping; dependent on grasping, becoming; dependent on becoming, birth; dependent on birth, decay-and-death, sorrow, lamentation, pain, grief and despair come to be. Such is the arising of this entire mass of suffering." Then comes the second instance:

No ce, bhikkhave, ceteti no ce pakappeti, atha ce anuseti, ārammaṇam etaṃ hoti viññāṇassa ṭhitiyā. Ārammaṇe sati patitṭhā viññāṇassa hoti. Tasmim patitṭhite viññāṇe virūḷhe nāmarūpassa avakkanti hoti. Nāmarūpapaccayā saḷāyatanam, saḷāyatanapaccayā phasso, phassapaccayā vedanā, vedanāpaccayā taṇhā, taṇhāpaccayā upādānam, upādānapaccayā bhavo, bhavapaccayā jāti, jātipaccayā jarāmarañam sokaparidevadukkhadomanassūpāyāsā sambhavanti. Evametassa kevalassa dukkhakkhandhassa samudayo hoti.

"Monks, even if one does not intend or construct mentally, but has a latency, that becomes an object for the stationing of consciousness. There being an object, there comes to be the establishment of consciousness. When that consciousness is established and grown, there is the descent of name-and-form. Dependent on name-and-form the six sense-bases come to be; dependent on the six sense-bases arises contact; and dependent on contact, feeling; dependent on feeling, craving; dependent on craving, grasping; dependent on grasping, becoming; dependent on becoming, birth; dependent on birth, decay-and-death, sorrow, lamentation, pain, grief and despair come to be. Such is the arising of this entire mass of suffering."

The significance of this second paragraph is that it speaks of a person who, at the time of death, has no intentions or thought constructs as such. But he has the latency. This itself is sufficient as an object for the stationing of consciousness. It is as if he has turned his back to the camera, but got photographed all the same, due to his very presence there. Now comes the third instance:

Yato ca kho, bhikkhave, no ceva ceteti no ca pakappeti no ca anuseti, ārammaṇam etaṃ na hoti viññāṇassa ̥hitiyā. Ārammaṇe asati patiṭṭhā viññāṇassa na hoti. Tadappatiṭṭhite viññāṇe avirūḷhe nāmarūpassa avakkanti na hoti. Nāmarūpanirodhā saḷāyatanaṇirodho, saḷāyatanaṇirodhā phassaṇirodho, phassaṇirodhā vedanāṇirodho, vedanāṇirodhā taṇhāṇirodho, taṇhāṇirodhā upādānaṇirodho, upādānaṇirodhā bhavaṇirodho, bhavaṇirodhā jātiṇirodho, jātiṇirodhā jarāmaṇaṃ sokaparidevadukkhadomanassūpāyāsā nirujjhanti. Evametassa kevalassa dukkhakkhandhassa nirodho hoti.

"But, monks, when one neither intends, nor constructs mentally, and has no latency either, then there is not that object for the stationing of consciousness. There being no object, there is no establishment of consciousness. When consciousness is not established and not grown up, there is no descent of name-and-form, and with the cessation of name-and-form, there comes to be the cessation of the six sense-bases; with the cessation of the six sense-bases, the cessation of contact; with the cessation of contact, the cessation of feeling; with the cessation of feeling, the cessation of craving; with the cessation of craving, the cessation of grasping; with the cessation of grasping, the cessation of becoming; with the cessation of becoming, the cessation of birth; with the cessation of birth, the cessation of decay-and-death, sorrow, lamentation, pain, grief and despair come to cease. Thus is the cessation of this entire mass of suffering."

This third instance is the most significant. In the first instance, there were the intentions, thought constructs and latency. In the second instance, that person had no intentions or thought constructs, but only latency was there. In this third instances, there is neither an intention, nor a thought construct, and not even a latency.

It is then that there comes to be no object for the stationing of consciousness. There being no object, there is no establishment of consciousness, and when consciousness is unestablished and not grown, there is no descent of name-and-form. Where there is no descent of name-and-form, there at last comes to be that cessation of name-and-form with which the six sense-bases, and all the rest of it, down to the entire mass of *saṃsāric* suffering, cease altogether then and there.

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MIND STILLED 04

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

Etaṃ santaṃ, etaṃ paṇītaṃ, yadidaṃ sabbasaṅkhārasamatho sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ. [\[121\]](#)

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction".

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks.

Towards the end of the last sermon, we were trying to explain how the process of the *saṃsāric* journey of beings could be understood even with the couple of terms *itthabhāva* and *aññatthābhāva*, or this-ness and otherwise-ness.^[122] On an earlier occasion, we happened to quote the following verse in the *Sutta Nipāta*:

*Taṇhā dutiyo puriso,
dīghamaddhāna saṃsāraṃ,
itthabhāvaññathābhāvaṃ,
saṃsāraṃ nātivattati.*^[123]

It means: "The man with craving as his second", or "as his companion", "faring on for a long time in *saṃsāra*, does not transcend the round, which is of the nature of a this-ness and an otherwise-ness."

This is further proof that the two terms imply a circuit. It is a circuit between a 'here' and a 'there', or a 'this-ness' and an 'otherwise-ness'. It is a turning round, an alternation or a circuitous journey. It is like a rotation on the spot. It is an ambivalence between a here and a there.

It is the relationship between this this-ness and otherwise-ness that we tried to illustrate with quotations from the *suttas*. We mentioned in particular that consciousness, when it leaves this body and gets well established on a preconceived object, which in fact is its name-and-form object, that name-and-form attains growth and maturity there itself.^[124] Obviously, therefore, name-and-form is a necessary condition for the sustenance and growth of consciousness in a mother's womb.

It should be clearly understood that the passage of consciousness from here to a mother's womb is not a movement from one place to another, as in the case of the body. In reality, it is only a difference of point of view, and not a transmigration of a soul. In other words, when consciousness leaves this body and comes to stay in a mother's womb, when it is fully established there, 'that' place becomes a 'this' place. From the point of view of that consciousness, the 'there' becomes a 'here'. Consequently, from the new point of view, what was earlier a 'here', becomes a 'there'. What was formerly 'that place' has now become 'this place' and vice versa. That way, what actually is involved here, is a change of point of view. So it does not mean completely leaving one place and going to another, as is usually meant by the journey of an individual.

The process, then, is a sort of going round and round. This is all the more clear by the Buddha's statement that even consciousness is dependently arisen. There are instances in which the view that this selfsame consciousness fares on in *saṃsāra* by itself, *tadevidaṃ viññāṇaṃ sandhāvati saṃsarati, anaññaṃ*, is refuted as a wrong view.^[125]

On the one hand, for the sustenance and growth of name-and-form in a mother's womb, consciousness is necessary. On the other hand, consciousness necessarily requires an object for its stability. It could be some times an intention, or else a thought construct. In the least, it needs a trace of latency, or *anusaya*. This fact is clear enough from the *sutta* quotations we brought up towards the end of the previous sermon. From the *Cetanāsutta*, we happened to quote on an earlier occasion, it is obvious that at least a trace of latency is necessary for the sustenance of consciousness.^[126]

When consciousness gets established in a mother's womb, with this condition in the least, name-and-form begins to grow. It grows, at it were, with a flush of

branches, in the form of the six sense bases, to produce a fresh tree of suffering. It is this idea that is voiced by the following well known verse in the *Dhammapada*:

*Yathāpi mūle anupaddave daḷhe
chinno pi rukkho punareva rūhati
evam pi taṇhānusaye anūhate
nibbattati dukkham idaṃ punappunaṃ.* [\[127\]](#)

"Just as a tree, so long as its root is unharmed and firm,
Though once cut down, will none the less grow up again,
Even so, when craving's latency is not yet rooted out,
This suffering gets reborn again and again."

It is clear from this verse too that the latency to craving holds a very significant place in the context of the *samsāric* journey of a being. In the *Aṅguttara Nikāya* one comes across the following statement by the Buddha: *Kammaṃ khettaṃ, viññāṇaṃ bījaṃ, taṇhā sineho.* [\[128\]](#) "Kamma is the field, consciousness is the seed, craving is the moisture." This, in effect, means that consciousness grows in the field of *kamma* with craving as the moisture.

It is in accordance with this idea and in the context of this particular simile that we have to interpret the reply of *Selā Therī* to a question raised by *Māra*. In the *Sagātha Vagga* of the *Samyutta Nikāya* one comes across the following riddle put by *Māra* to the *arahant* nun *Selā*:

*Ken'idaṃ pakataṃ bimbaṃ,
ko nu bimbassa kārako,
kvannu bimbaṃ samuppannaṃ,
kvannu bimbaṃ nirujjhati?* [\[129\]](#)

"By whom was this image wrought,
Who is the maker of this image,
Where has this image arisen,
And where does the image cease?"

The image meant here is one's body, or one's outward appearance which, for the conventional world, is name-and-form. *Selā Therī* gives her answer in three verses:

*Nayidaṃ attakataṃ bimbaṃ,
nayidaṃ parakataṃ aghaṃ,
hetuṃ paṭicca sambhūtaṃ,
hetubhaṅgā nirujjhati.
Yathā aññataraṃ bījaṃ,
khette vuttaṃ virūhati,
pathavīrasañcāgama,
sinehañca tadūbhayaṃ.
Evaṃ khandhā ca dhātuyo,*

*cha ca āyatanā ime,
hetuṃ paṭicca sambhūtā,
hetubhaṅgā nirujjhare.*

"Neither self-wrought is this image,
Nor yet other-wrought is this misery,
By reason of a cause, it came to be,
By breaking up the cause, it ceases to be.

Just as in the case of a certain seed,
Which when sown on the field would feed
On the taste of the earth and moisture,
And by these two would grow.

Even so, all these aggregates
Elements and bases six,
By reason of a cause have come to be,
By breaking up the cause will cease to be."

The first verse negates the idea of creation and expresses the conditionally arisen nature of this body. The simile given in the second verse illustrates this law of dependent arising. It may be pointed out that this simile is not one chosen at random. It echoes the idea behind the Buddha's statement already quoted, *kammaṃ khettaṃ, viññāṇaṃ bījaṃ, taṇhā sineho*. *Kamma* is the field, consciousness the seed, and craving the moisture.

Here the venerable *Therī* is replying from the point of view of *Dhamma*, which takes into account the mental aspect as well. It is not simply the outward visible image, as commonly understood by *nāma-rūpa*, but that image which falls on consciousness as its object. The reason for the arising and growth of *nāma-rūpa* is therefore the seed of consciousness. That consciousness seed grows in the field of *kamma*, with craving as the moisture. The outgrowth is in terms of aggregates, elements and bases. The cessation of consciousness is none other than *Nibbāna*.

Some seem to think that the cessation of consciousness occurs in an *arahant* only at the moment of his *parinibbāna*, at the end of his life span. But this is not the case. Very often, the deeper meanings of important *suttas* have been obliterated by the tendency to interpret the references to consciousness in such contexts as the final occurrence of consciousness in an *arahant's* life - *carimaka viññāṇa*.^{[1301](#)}

What is called the cessation of consciousness has a deeper sense here. It means the cessation of the specifically prepared consciousness, *abhisāṅkhata viññāṇa*. An *arahant's* experience of the cessation of consciousness is at the same time the experience of the cessation of name-and-form. Therefore, we can attribute a deeper significance to the above verses.

In support of this interpretation, we can quote the following verse in the *Munisutta* of the *Sutta Nipāta*:

*Saṅkhāya vatthūni pamāya bījaṃ,
sineham assa nānuppavecche,*

*sa ve munī jātikhayantadassī,
takkaṃ pahāya na upeti saṅkhaṃ.* [\[131\]](#)

"Having surveyed the field and measured the seed,
He waters it not for moisture,
That sage in full view of birth's end,
Lets go of logic and comes not within reckoning."

By virtue of his masterly knowledge of the fields and his estimate of the seed of consciousness, he does not moisten it with craving. Thereby he sees the end of birth and transcends logic and worldly convention. This too shows that the deeper implications of the *MahāNidānasutta*, concerning the descent of consciousness into the mother's womb, have not been sufficiently appreciated so far.

Anusaya, or latency, is a word of special significance. What is responsible for rebirth, or *punabbhava*, is craving, which very often has the epithet *ponobhavikā* attached to it. The latency to craving is particularly instrumental in giving one yet another birth to fare on in *saṃsāra*. There is also a tendency to ignorance, which forms the basis of the latency to craving. It is the tendency to get attached to worldly concepts, without understanding them for what they are. That tendency is a result of ignorance in the worldlings and it is in itself a latency. In the *sutta* terminology the word *nissaya* is often used to denote it. The cognate word *nissita* is also used alongside. It means 'one who associates something', while *nissaya* means 'association'.

As a matter of fact, here it does not have the same sense as the word has in its common usage. It goes deeper, to convey the idea of 'leaning on' something. Leaning on is also a form of association. Worldlings have a tendency to tenaciously grasp the concepts in worldly usage, to cling to them dogmatically and lean on them. They believe that the words they use have a reality of their own, that they are categorically true in their own right. Their attitude towards concepts is tinged by craving, conceit and views.

We come across this word *nissita* in quite a number of important *suttas*. It almost sounds like a topic of meditation. In the *Channovādasutta* of the *Majjhima Nikāya* there is a cryptic passage, which at a glance looks more or less like a riddle:

Nissitassa calitaṃ, anissitassa calitaṃ natthi. Calite asati passaddhi, passaddhiyā sati nati na hoti, natiyā asati āgatigati na hoti, āgatigatiyā asati cutūpapāto na hoti, cutūpapāte asati nev'idha na huraṃ na ubhayamantare. Es' ev' anto dukhassa. [\[132\]](#)

"To the one attached, there is wavering. To the unattached one, there is no wavering. When there is no wavering, there is calm. When there is calm, there is no inclination. When there is no inclination, there is no coming and going. When there is no coming and going, there is no death and birth. When there is no death and birth, there is neither a 'here' nor a 'there' nor a 'between the two'. This itself is the end of suffering."

It looks as if the ending of suffering is easy enough. On the face of it, the passage seems to convey this much. To the one who leans on something, there is wavering or movement. He is perturbable. Though the first sentence speaks about the one attached, the rest of the passage is about the unattached one. That is to say, the one released. So here we see the distinction between the two. The one attached is movable, whereas the unattached one is not. When there is no wavering or perturbation, there is calm. When there is calm, there is no inclination. The word *nati* usually means 'bending'. So when there is calm, there is

no bending or inclination. When there is no bending or inclination, there is no coming and going. When there is no coming and going, there is no passing away or reappearing. When there is neither a passing away nor a reappearing, there is neither a 'here', nor a 'there', nor any position in between. This itself is the end of suffering.

The *sutta* passage, at a glance, appears like a jumble of words. It starts by saying something about the one attached, *nissita*. It is limited to just one sentence: 'To one attached, there is wavering.' But we can infer that, due to his wavering and unsteadiness or restlessness, there is inclination, *nati*. The key word of the passage is *nati*. Because of that inclination or bent, there is a coming and going. Given the twin concept of coming and going, there is the dichotomy between passing away and reappearing, *cuti/uppatti*. When these two are there, the two concepts 'here' and 'there' also come in. And there is a 'between the two' as well. Wherever there are two ends, there is also a middle. So it seems that in this particular context the word *nati* has a special significance.

The person who is attached is quite unlike the released person. Because he is not released, he always has a forward bent or inclination. In fact, this is the nature of craving. It bends one forward. In some *suttas* dealing with the question of rebirth, such as the *Kutūhalasālāsutta*, craving itself is sometimes called the grasping, *upādāna*.^[133] So it is due to this very inclination or bent that the two concepts of coming and going, come in. Then, in accordance with them, the two concepts of passing away and reappearing, fall into place.

The idea of a journey, when viewed in the context of *saṃsāra*, gives rise to the idea of passing away and reappearing. Going and coming are similar to passing away and reappearing. So then, there is the implication of two places, all this indicates an attachment. There is a certain dichotomy about the terms here and there, and passing away and reappearing. Due to that dichotomous nature of the concepts, which beings tenaciously hold on to, the journeying in *saṃsāra* takes place in accordance with craving. As we have mentioned above, an alternation or transition occurs.

As for the released person, about whom the passage is specially concerned, his mind is free from all those conditions. To the unattached, there is no wavering. Since he has no wavering or unsteadiness, he has no inclination. As he has no inclination, there is no coming and going for him. As there is no coming and going, he has no passing away or reappearing. There being no passing away or reappearing, there is neither a here, nor a there, nor any in between. That itself is the end of suffering.

The *Udāna* version of the above passage has something significant about it. There the entire *sutta* consists of these few sentences. But the introductory part of it says that the Buddha was instructing, inciting and gladdening the monks with a *Dhamma* talk connected with *Nibbāna*: *Tena kho pana samayena Bhagavā bhikkhū nibbānapaṭisaṃyuttāya dhammiyā kathāya sandasseti samādapeti samuttejete sampahaṃseti*.^[134] This is a pointer to the fact that this sermon is on *Nibbāna*. So the implication is that in *Nibbāna* the *arahant's* mind is free from any attachments.

There is a discourse in the *Nidāna* section of the *Samyutta Nikāya*, which affords us a deeper insight into the meaning of the word *nissaya*. It is the *Kaccāyanagottasutta*, which is also significant for its deeper analysis of right view. This is how the Buddha introduces the sermon:

Dvayanissito khvāyaṃ, Kaccāyana, loko yebhuyyena: atthitañceva natthitañca.

Lokasamudayaṃ kho, Kaccāyana, yathābhūtaṃ sammappaññāya passato yā loke natthitā sā na hoti. Lokanīrodhaṃ kho, Kaccāyana, yathābhūtaṃ sammappaññāya passato yā loke atthitā sā na hoti. ^[135] "This world, *Kaccāyana*, for the most part, bases its views on two things: on existence and non-existence. Now, *Kaccāyana*, to one who with right wisdom sees the arising of the world as it is, the view of non-existence regarding the world does not occur. And to one who with right wisdom sees the cessation of the world as it really is, the view of existence regarding the world does not occur."

The Buddha comes out with this discourse in answer to the following question raised by the *brahmin Kaccāyana: Sammā diṭṭhi, sammā diṭṭhīti, bhante, vuccati. Kittāvatā nu kho, bhante, sammā diṭṭhi hoti?* "Lord, 'right view', 'right view', they say. But how far, Lord, is there 'right view'?"

In his answer, the Buddha first points out that the worldlings mostly base themselves on a duality, the two conflicting views of existence and non-existence, or 'is' and 'is not'. They would either hold on to the dogmatic view of eternalism, or would cling to nihilism. Now as to the right view of the noble disciple, it takes into account the process of arising as well as the process of cessation, and thereby avoids both extremes. This is the insight that illuminates the middle path.

Then the Buddha goes on to give a more detailed explanation of right view: *Upayupādānābhinivesavinibandho khvāyaṃ, Kaccāyana, loko yebhuyyena. Tañcāyaṃ upayupādānaṃ cetaso adhiṭṭhānaṃ abhinivesānusayaṃ na upeti na upādiyati nādiṭṭhāti: 'attā me'ti. 'Dukkham eva uppajjamānaṃ uppajjati, dukkhaṃ nirujjhamānaṃ nirujjhatīti na kaṅkhati na vicikicchati aparapaccayā ñāṇam ev' assa ettha hoti. Ettāvatā kho, Kaccāyana, sammā diṭṭhi hoti.*

"The world, *Kaccāyana*, for the most part, is given to approaching, grasping, entering into and getting entangled as regards views. Whoever does not approach, grasp, and take his stand upon that proclivity towards approaching and grasping, that mental standpoint, namely the idea: 'This is my soul', he knows that what arises is just suffering and what ceases is just suffering. Thus, he is not in doubt, is not perplexed, and herein he has the knowledge that is not dependent on another. Thus far, *Kaccāyana*, he has right view."

The passage starts with a string of terms which has a deep philosophical significance. *Upaya* means 'approaching', *upādāna* is 'grasping', *abhinivesa* is 'entering into', and *vinibandha* is the consequent entanglement. The implication is that the worldling is prone to dogmatic involvement in concepts through the stages mentioned above in an ascending order.

The attitude of the noble disciple is then outlined in contrast to the above dogmatic approach, and what follows after it. As for him, he does not approach, grasp, or take up the standpoint of a self. The word *anusaya*, latency or 'lying dormant', is also brought in here to show that even the proclivity towards such a dogmatic involvement with a soul or self, is not there in the noble disciple. But what, then, is his point of view? What arises and ceases is nothing but suffering. There is no soul or self to lose, it is only a question of arising and ceasing of suffering. This, then, is the right view.

Thereafter the Buddha summarizes the discourse and brings it to a climax with an impressive declaration of his *via media*, the middle path based on the formula of dependent arising:

'Sabbam atthīti kho, Kaccāyana, ayam eko anto. 'Sabbhaṃ natthīti ayaṃ dutiyo anto. Ete te, Kaccāyana, ubho ante anupagamma majjhena Tathāgato Dhammaṃ

deseti:

Avijjāpaccayā saṅkhārā, saṅkhārapaccayā viññāṇaṃ, viññāṇapaccayā nāmarūpaṃ, nāmarūpapaccayā saḷāyatanaṃ, saḷāyatanapaccayā phasso, phassapaccayā vedanā, vedanāpaccayā taṇhā, taṇhāpaccayā upādānaṃ, upādānapaccayā bhavo, bhavapaccayā jāti, jātipaccayā jarāmaṇaṃ sokaparidevadukkhadomanassūpāyāsā sambhavanti. Evametassa kevalassa dukkhakkhandhassa samudayo hoti.

Avijjāya tveva asesavirāganirodhā saṅkhāranirodho, saṅkharanirodhā viññāṇanirodho, viññāṇanirodhā nāmarūpanirodho, nāmarūpanirodhā saḷāyatananirodho, saḷāyatananirodhā phassanirodho, phassanirodhā vedanānirodho, vedanānirodhā taṇhānirodho, taṇhānirodhā upādānanirodho, upādānanirodhā bhavanirodho, bhavanirodhā jātinirodho, jātinirodhā jarāmaṇaṃ sokaparidevadukkhadomanassūpāyāsā nirujjhanti. Evametassa kevalassa dukkhakkhandhassa nirodho hoti.

"'Everything exists', *Kaccāyana*, is one extreme. 'Nothing exists' is the other extreme. Not approaching either of those extremes, *Kaccāyana*, the *Tathāgata* teaches the *Dhamma* by the middle way:

From ignorance as condition, preparations come to be; from preparations as condition, consciousness comes to be; from consciousness as condition, name-and-form comes to be; from name-and-form as condition, the six sense-bases come to be; from the six sense-bases as condition, contact comes to be; from contact as condition, feeling comes to be; from feeling as condition, craving comes to be; from craving as condition, grasping comes to be; from grasping as condition, becoming comes to be; from becoming as condition, birth comes to be; and from birth as condition, decay-and-death, sorrow, lamentation, pain, grief and despair come to be. Such is the arising of this entire mass of suffering.

From the complete fading away and cessation of that very ignorance, there comes to be the cessation of preparations; from the cessation of preparations, there comes to be the cessation of consciousness; from the cessation of consciousness, there comes to be the cessation of name-and-form; from the cessation of name-and-form, there comes to be the cessation of the six sense-bases; from the cessation of the six sense-bases, there comes to be the cessation of contact; from the cessation of contact, there comes to be the cessation of feeling; from the cessation of feeling, there comes to be the cessation of craving; from the cessation of craving, there comes to be the cessation of grasping; from the cessation of grasping, there comes to be the cessation of becoming; from the cessation of becoming, there comes to be the cessation of birth; and from the cessation of birth, there comes to be the cessation of decay-and-death, sorrow, lamentation, pain, grief and despair. Such is the cessation of this entire mass of suffering."

It is clear from this declaration that in this context the law of dependent arising itself is called the middle path. Some prefer to call this the Buddha's metaphysical middle path, as it avoids both extremes of 'is' and 'is not'. The philosophical implications of the above passage lead to the conclusion that the law of dependent arising enshrines a certain pragmatic principle, which dissolves the antinomian conflict in the world.

It is the insight into this principle that basically distinguishes the noble disciple, who sums it up in the two words *samudayo*, arising, and *nirodho*, ceasing. The arising and ceasing of the world is for him a fact of experience, a knowledge. It is in this light that we have to understand the phrase

aparappaccayā ñāṇam ev'assa ettha hoti, "herein he has a knowledge that is not dependent on another". In other words, he is not believing in it out of faith in someone, but has understood it experientially. The noble disciple sees the arising and the cessation of the world through his own six sense bases.

In the *Samyutta Nikāya* there is a verse which presents this idea in a striking manner:

*Chasu loko samuppanno,
chasu kubbatī santhavaṃ,
channam eva upādāya,
chasu loko vihaññati.*^[136]

"In the six the world arose,
In the six it holds concourse,
On the six themselves depending,
In the six it has its woes."

The verse seems to say that the world has arisen in the six, that it has associations in the six, and that depending on those very six, the world comes to grief.

Though the commentators advance an interpretation of this six, it does not seem to get the sanction of the *sutta* as it is. According to them, the first line speaks of the six internal sense bases, such as the eye, ear and nose.^[137] The world is said to arise in these six internal sense bases. The second line is supposed to refer to the six external sense bases. Again the third line is interpreted with reference to the six internal sense bases, and the fourth line is said to refer to the six external sense bases. In other words, the implication is that the world arises in the six internal sense bases and associates with the six external sense bases, and that it holds on to the six internal sense bases and comes to grief in the six external sense bases.

This interpretation seems to miss the point. Even the grammar does not allow it, for if it is a case of associating 'with' the external sense bases, the instrumental case would have been used instead of the locative case, that is, *chahi* instead of *chasu*. On the other hand, the locative *chasu* occurs in all the three lines in question. This makes it implausible that the first two lines are referring to two different groups of sixes. It is more plausible to conclude that the reference is to the six sense bases of contact, *phassāyatana*, which include both the internal and the external. In fact, at least two are necessary for something to be dependently arisen. The world does not arise in the six internal bases in isolation. It is precisely in this fact that the depth of this *Dhamma* is to be seen.

In the *Samudayasutta* of the *Saḷāyatana* section in the *Samyutta Nikāya* this aspect of dependent arising is clearly brought out:

*Cakkhuñca paṭicca rūpe ca uppajjati cakkhuvīññāṇaṃ, tiṇṇaṃ saṅgati phasso,
phassapaccayā vedanā, vedanāpaccayā taṇhā, taṇhāpaccayā upādānaṃ,
upādānapaccayā bhavo, bhavapaccayā jāti, jātipaccayā jarāmaṇaṃ
sokaparidevadukkhadomanassūpāyāsā sambhavanti. Evametassa kevalassa
dukkhakkhandhassa samudayo hoti.*^[138]

"Dependent on the eye and forms arises eye consciousness; the coming together of the three is contact; with contact as condition, arises feeling; conditioned by feeling, craving; conditioned by craving, grasping; conditioned by

grasping, becoming; conditioned by becoming, birth; and conditioned by birth, decay-and-death, sorrow, lamentation, pain, grief and despair. Thus is the arising of this entire mass of suffering."

Here the *sutta* starts with the arising of contact and branches off towards the standard formula of *paṭicca samuppāda*. Eye consciousness arises dependent on, *paṭicca*, two things, namely eye and forms. And the concurrence of the three is contact. This shows that two are necessary for a thing to be dependently arisen.

So in fairness to the *sutta* version, we have to conclude that the reference in all the four lines is to the bases of contact, comprising both the internal and the external. That is to say, we cannot discriminate between them and assert that the first line refers to one set of six, and the second line refers to another. We are forced to such a conclusion in fairness to the *sutta*.

So from this verse also we can see that according to the usage of the noble ones the world arises in the six sense bases. This fact is quite often expressed by the phrase *ariyassa vinaye loko*, the world in the noble one's discipline.^[139] According to this noble usage, the world is always defined in terms of the six sense bases, as if the world arises because of these six sense bases. This is a very deep idea. All other teachings in this *Dhamma* will get obscured, if one fails to understand this basic fact, namely how the concept of the world is defined in this mode of noble usage.

This noble usage reveals to us the implications of the expression *udayatthagāminī paññā*, the wisdom that sees the rise and fall. About the noble disciple it is said that he is endowed with the noble penetrative wisdom of seeing the rise and fall, *udayatthagāminiyā paññāya sammanāgato ariyāya nibbhedikāya*.^[140] The implication is that this noble wisdom has a penetrative quality about it. This penetration is through the rigidly grasped almost impenetrable encrustation of the two dogmatic views in the world, existence and non-existence.

Now, how does that penetration come about? As already stated in the above quoted *Kaccāyanasutta*, when one sees the arising aspect of the world, one finds it impossible to hold the view that nothing exists in the world. His mind does not incline towards a dogmatic involvement with that view. Similarly, when he sees the cessation of the world through his own six sense bases, he sees no possibility to go to the other extreme view in the world: 'Everything exists'.

The most basic feature of this principle of dependent arising, with its penetrative quality, is the breaking down of the power of the above concepts. It is the very inability to grasp these views dogmatically that is spoken of as the abandonment of the personality view, *sakkāyadiṭṭhi*. The ordinary worldling is under the impression that things exist in truth and fact, but the noble disciple, because of his insight into the norm of arising and cessation, understands the arising and ceasing nature of concepts and their essencelessness or insubstantiality.

Another aspect of the same thing, in addition to what has already been said about *nissaya*, is the understanding of the relatedness of this to that, *idappaccayatā*, implicit in the law of dependent arising. In fact, we began our discussion by highlighting the significance of the term *idappaccayatā*.^[141] The basic principle involved, is itself often called *paṭicca samuppāda*. "This being, this comes to be, with the arising of this, this arises. This not being, this does not come to be. With the cessation of this, this ceases."

This insight penetrates through those extreme views. It resolves the conflict

between them. But how? By removing the very premise on which it rested, and that is that there are two things. Though logicians might come out with the law of identity and the like, according to right view, the very bifurcation itself is the outcome of a wrong view. That is to say, this is only a conjoined pair. In other words, it resolves that conflict by accepting the worldly norm.

Now this is a point well worth considering. In the case of the twelve links of the formula of dependent arising, discovered by the Buddha, there is a relatedness of this to that, *idappaccayatā*. As for instance already illustrated above by the two links birth and decay-and-death. ^[142] When birth is there, decay-and-death come to be, with the arising of birth, decay-and-death arise (and so on). The fact that this relatedness itself is the eternal law, is clearly revealed by the following statement of the Buddha in the *Nidānasamṃyutta* of the *Samṃyutta Nikāya*:

Avijjāpaccayā, bhikkhave, saṅkhārā. Ya tatra tathatā avitathatā anaññathatā idappaccayatā, ayaṃ vuccati, bhikkhave, paṭiccasamuppādo. ^[143] "From ignorance as condition, preparations come to be. That suchness therein, the invariability, the not-otherwiseness, the relatedness of this to that, this, monks, is called dependent arising."

Here the first two links have been taken up to illustrate the principle governing their direct relation. Now let us examine the meaning of the terms used to express that relation. *Tathā* means 'such' or 'thus', and is suggestive of the term *yathābhūtañāṇadassana*, the knowledge and vision of things as they are. The correlatives *yathā* and *tathā* express between them the idea of faithfulness to the nature of the world. So *tathatā* asserts the validity of the law of dependent arising, as a norm in accordance with nature. *Avitathatā*, with its double negative, reaffirms that validity to the degree of invariability. *Anaññathatā*, or not-otherwiseness, makes it unchallengeable, as it were. It is a norm beyond contradiction.

When a conjoined pair is accepted as such, there is no conflict between the two. But since this idea can well appear as some sort of a puzzle, we shall try to illustrate it with a simile. Suppose two bulls, a black one and a white one, are bound together at the neck and allowed to graze in the field as a pair. This is sometimes done to prevent them from straying far afield. Now out of the pair, if the white bull pulls towards the stream, while the black one is pulling towards the field, there is a conflict. The conflict is not due to the bondage, at least not necessarily due to the bondage. It is because the two are pulling in two directions. Supposing the two bulls, somehow, accept the fact that they are in bondage and behave amicably. When then the white bull pulls towards the stream, the black one keeps him company with equanimity, though he is not in need of a drink. And when the black bull is grazing, the white bull follows him along with equanimity, though he is not inclined to eat.

Similarly, in this case too, the conflict is resolved by accepting the pair-wise combination as a conjoined pair. That is how the Buddha solved this problem. But still the point of this simile might not be clear enough. So let us come back to the two links, birth and decay-and-death, which we so often dragged in for purposes of clarification. So long as one does not accept the fact that these two links, birth and decay-and-death, are a conjoined pair, one would see between them a conflict. Why? Because one grasps birth as one end, and tries to remove the other end, which one does not like, namely decay-and-death. One is trying to separate birth from decay-and-death. But this happens to be a conjoined pair. "Conditioned by birth, monks, is decay-and-death." This is the word of the Buddha. Birth and decay-and-death are related to each other.

The word *jarā*, or decay, on analysis would make this clear. Usually by *jarā* we mean old age. The word has connotations of senility and decrepitude, but the word implies both growth and decay, as it sets in from the moment of one's birth itself. Only, there is a possible distinction according to the standpoint taken. This question of a standpoint or a point of view is very important at this juncture. This is something one should assimilate with a meditative attention. Let us bring up a simile to make this clear.

Now, for instance, there could be a person who makes his living by selling the leaves of a particular kind of tree. Suppose another man sells the flowers of the same tree, to make his living. And yet another sells the fruits, while a fourth sells the timber. If we line them up and put to them the question, pointing to that tree: 'Is this tree mature enough?', we might sometimes get different answers. Why? Each would voice his own commercial point of view regarding the degree of maturity of the tree. For instance, one who sells flowers would say that the tree is too old, if the flowering stage of the tree is past.

Similarly, the concept of decay or old age can change according to the standpoint taken up. From beginning to end, it is a process of decay. But we create an artificial boundary between youth and old age. This again shows that the two are a pair mutually conjoined. Generally, the worldlings are engaged in an attempt to separate the two in this conjoined pair. Before the Buddha came into the scene, all religious teachers were trying to hold on to birth, while rejecting decay-and-death. But it was a vain struggle. It is like the attempt of the miserly millionaire *Kosiya* to eat rice-cakes alone, to cite another simile.

According to that instructive story, the millionaire *Kosiya*, an extreme miser, once developed a strong desire to eat rice-cakes.^[144] As he did not wish to share them with anyone else, he climbed up to the topmost storey of his mansion with his wife and got her to cook rice-cakes for him. To teach him a lesson, Venerable *Mahā Moggallāna*, who excelled in psychic powers, went through the air and appeared at the window as if he is on his alms round. *Kosiya*, wishing to dismiss this intruder with a tiny rice-cake, asked his wife to put a little bit of cake dough into the pan. She did so, but it became a big rice-cake through the venerable *thera's* psychic power. Further attempts to make tinier rice-cakes ended up in producing ever bigger and bigger ones. In the end, *Kosiya* thought of dismissing the monk with just one cake, but to his utter dismay, all the cakes got joined to each other to form a string of cakes. The couple then started pulling this string of cakes in either direction with all their might, to separate just one from it. But without success. At last they decided to let go and give up, and offered the entire string of cakes to the venerable *Thera*.

The Buddha's solution to the above problem is a similar let go-ism and giving up. It is a case of giving up all assets, *sabbūpadhipaṭinissagga*. You cannot separate these links from one another. Birth and decay-and-death are intertwined. This is a conjoined pair. So the solution here, is to let go. All those problems are due to taking up a standpoint. Therefore the kind of view sanctioned in this case, is one that leads to detachment and dispassion, one that goes against the tendency to grasp and hold on. It is by grasping and holding on that one comes into conflict with *Māra*.

Now going by the story of the millionaire *Kosiya*, one might think that the Buddha was defeated by *Māra*. But the truth of the matter is that it is *Māra* who suffered defeat by this sort of giving up. It is a very subtle point. *Māra's* forte lies in seizing and grabbing. He is always out to challenge. Sometimes he takes delight in hiding himself to take one by surprise, to drive terror and cause

horripilation. So when *Māra* comes round to grab, if we can find some means of foiling his attempt, or make it impossible for him to grab, then *Māra* will have to accept defeat.

Now let us examine the Buddha's solution to this question. There are in the world various means of preventing others from grabbing something we possess. We can either hide our property in an inaccessible place, or adopt security measures, or else we can come to terms and sign a treaty with the enemy. But all these measures can sometimes fail. However, there is one unfailing method, which in principle is bound to succeed. A method that prevents all possibilities of grabbing. And that is - letting go, giving up. When one lets go, there is nothing to grab. In a tug-of-war, when someone is pulling at one end with all his might, if the other suddenly lets go of its hold, one can well imagine the extent of the former's discomfiture, let alone victory. It was such a discomfiture that fell to *Māra*'s lot, when the Buddha applied this extraordinary solution. All this goes to show the importance of such terms as *nissaya* and *idappaccayatā* in understanding this *Dhamma*.

We have already taken up the word *nissaya* for comment. Another aspect of its significance is revealed by the *Satipaṭṭhānasutta*. Some parts of this *sutta*, though well known, are wonderfully deep. There is a certain thematic paragraph, which occurs at the end of each subsection in the *Satipaṭṭhānasutta*. For instance, in the section on the contemplation relating to body, *kāyānupassanā*, we find the following paragraph:

Iti ajjhattaṃ vā kāye kāyānupassī viharati, bahiddhā vā kāye kāyānupassī viharati, ajjhatabhiddhā vā kāye kāyānupassī viharati; samudayadhammānupassī vā kāyasmim viharati, vayadhammānupassī vā kāyasmim viharati, samudayavayadhammānupassī vā kāyasmim viharati; 'atthi kāyo'ti vā pan'assa sati paccupaṭṭhitā hoti, yāvadeva ñāṇamattāya paṭissatimattāya; anissito ca viharati, na ca kiñci loke upādiyati. [\[145\]](#)

"In this way he abides contemplating the body as a body internally, or he abides contemplating the body as a body externally, or he abides contemplating the body as a body internally and externally. Or else he abides contemplating the arising nature in the body, or he abides contemplating the dissolving nature in the body, or he abides contemplating the arising and dissolving nature in the body. Or else the mindfulness that 'there is a body' is established in him only to the extent necessary for just knowledge and further mindfulness. And he abides independent and does not cling to anything in the world."

A similar paragraph occurs throughout the *sutta* under all the four contemplations, body, feeling, mind and mind objects. As a matter of fact, it is this paragraph that is called *satipaṭṭhāna bhāvanā*, or meditation on the foundation of mindfulness. [\[146\]](#) The preamble to this paragraph introduces the foundation itself, or the setting up of mindfulness as such. The above paragraph, on the other hand, deals with what pertains to insight. It is the field of insight proper. If we examine this paragraph, here too we will find a set of conjoined or twin terms:

"In this way he abides contemplating the body as a body internally, or he abides contemplating the body externally", and then: "he abides contemplating the body both internally and externally." Similarly: "He abides contemplating the arising nature in the body, or he abides contemplating the dissolving nature in the body", and then: "he abides contemplating both the arising and dissolving nature in the body."

"Or else the mindfulness that 'there is a body' is established in him only to the extent necessary for knowledge and remembrance." This means that for the meditator even the idea 'there is a body', that remembrance, is there just for the purpose of further development of knowledge and mindfulness.

"And he abides independent and does not cling to anything in the world." Here too, the word used is *anissita*, independent, or not leaning towards anything. He does not cling to anything in the world. The word *nissaya* says something more than grasping. It means 'leaning on' or 'associating'.

This particular thematic paragraph in the *Satipaṭṭhānasutta* is of paramount importance for insight meditation. Here, too, there is the mention of internal, *ajjhata*, and external, *bahiddhā*. When one directs one's attention to one's own body and another's body separately, one might sometimes take these two concepts, internal and external, too seriously with a dogmatic attitude. One might think that there is actually something that could be called one's own or another's. But then the mode of attention next mentioned unifies the two, as internal-external, *ajjhatabhiddhā*, and presents them like the conjoined pair of bulls. And what does it signify? These two are not to be viewed as two extremes, they are related to each other.

Now let us go a little deeper into this interrelation. The farthest limit of the internal is the nearest limit of the external. The farthest limit of the external is the nearest limit of the internal. More strictly rendered, *ajjhata* means inward and *bahiddhā* means outward. So here we have the duality of an inside and an outside. One might think that the word *ajjhattika* refers to whatever is organic. Nowadays many people take in artificial parts into their bodies. But once acquired, they too become internal. That is why, in this context *ajjhattika* has a deeper significance than its usual rendering as 'one's own'.

Whatever it may be, the farthest limit of the *ajjhata* remains the nearest limit of the *bahiddhā*. Whatever portion one demarcates as one's own, just adjoining it and at its very gate is *bahiddhā*. And from the point of view of *bahiddhā*, its farthest limit and at its periphery is *ajjhata*. This is a conjoined pair. These two are interrelated. So the implication is that these two are not opposed to each other. That is why, by attending to them both together, as *ajjhatabhiddhā*, that dogmatic involvement with a view is abandoned. Here we have an element of reconciliation, which prevents adherence to a view. This is what fosters the attitude of *anissita*, unattached.

So the two, *ajjhata* and *bahiddhā*, are neighbours. Inside and outside as concepts are neighbours to each other. It is the same as in the case of arising and ceasing, mentioned above. This fact has already been revealed to some extent by the *Kaccāyanagottasutta*.

Now if we go for an illustration, we have the word *udaya* at hand in *samudaya*. Quite often this word is contrasted with *atthagama*, going down, in the expression *udayatthagaminī paññā*, the wisdom that sees the rise and fall. We can regard these two as words borrowed from everyday life. *Udaya* means sunrise, and *atthagama* is sunset. If we take this itself as an illustration, the farthest limit of the forenoon is the nearest limit of the afternoon. The farthest limit of the afternoon is the nearest limit of the forenoon. And here again we see a case of neighbourhood. When one understands the neighbourly nature of the terms *udaya* and *atthagama*, or *samudaya* and *vaya*, and regards them as interrelated by the principle of *idappaccayatā*, one penetrates them both by that mode of contemplating the rise and fall of the body together, *samudayavayadhammānupassī vā kāyasmim viharati*, and develops a penetrative

insight.

What comes next in the *satipaṭṭhāna* passage, is the outcome or net result of that insight. "The mindfulness that 'there is a body' is established in him only to the extent necessary for pure knowledge and further mindfulness", '*atthi kāyo'ti vā pan'assa sati pacupaṭṭhitā hoti, yāvadeva ñāṇamattāya paṭissatimattāya*. At that moment one does not take even the concept of body seriously. Even the mindfulness that 'there is a body' is established in that meditator only for the sake of, *yavadeva*, clarity of knowledge and accomplishment of mindfulness. The last sentence brings out the net result of that way of developing insight: "He abides independent and does not cling to anything in the world."

Not only in the section on the contemplation of the body, but also in the sections on feelings, mind, and mind objects in the *Satipaṭṭhānasutta*, we find this mode of insight development. None of the objects, taken up for the foundation of mindfulness, is to be grasped tenaciously. Only their rise and fall is discerned. So it seems that, what is found in the *Satipaṭṭhānasutta*, is a group of concepts. These concepts serve only as a scaffolding for the systematic development of mindfulness and knowledge. The Buddha often compared his *Dhamma* to a raft: *nittharaṇatthāya no gahaṇatthāya*, "for crossing over and not for holding on to".^[147] Accordingly, what we have here are so many scaffoldings for the up-building of mindfulness and knowledge.

Probably due to the lack of understanding of this deep philosophy enshrined in the *Satipaṭṭhānasutta*, many sects of Buddhism took up these concepts in a spirit of dogmatic adherence. That dogmatic attitude of clinging on is like the attempt to cling on to the scaffoldings and to live on in them. So with reference to the *Satipaṭṭhānasutta* also, we can understand the importance of the term *nissaya*.

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MIND STILLED 05

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ.*^[148]

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction".

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks.

Towards the end of our last sermon, we discussed, to some extent, a special mode of attention, regarding the four objects of contemplation in the *Satipaṭṭhānasutta* - body, feelings, mind, and mind-objects.^[149] That discussion might have revealed a certain middle path indicated by the Buddha.

We drew attention to a thematic paragraph, occurring throughout the *Satipaṭṭhānasutta*, which outlines a method of using objects and concepts for

satipaṭṭhāna meditation without dogmatic involvement. This leads the meditator to a particular kind of attitude, summed up by the concluding phrase: "He abides independent and does not cling to anything in the world", *anissito ca viharati, na ca kiñci loke upādiyati*.^[150]

By way of clarification, we brought in the simile of a scaffolding for a building, that here the concepts only serve as a scaffolding for building up mindfulness and knowledge.^[151] Talking about the scaffolding, we are reminded of two different attitudes, namely, the attitude of leaning on to and dwelling in the scaffolding itself, and the enlightened attitude of merely utilizing it for the purpose of erecting a building.

For further explanation of this technique, we may take up the two terms *parāmasana* and *sammasana*. It might be better to distinguish the meanings of these two terms also with the help of a simile. As for a simile, let us take up the razor, which is such a useful requisite in our meditative life. There is a certain special way in sharpening a razor. With the idea of sharpening the razor, if one grabs it tightly and rubs it on the sharpening stone, it will only become blunt. *Parāmasana*, grasping, grabbing, is something like that.

What then is the alternative? A more refined and softer approach is required as meant by the term *sammasana*. There is a proper mode of doing it. One has to hold the razor in a relaxed way, as if one is going to throw it away. One holds it lightly, ready to let go of it at any time. But, of course, with mindfulness. The wrist, also, is not rigid, but relaxed. Hand is supple at the joints and easy to swing. Then with that readiness, one sharpens the razor, sliding it smoothly on the stone. First: up, up, up, then: down, down, down, and then: up down, up down, up down. The third combined movement ensures that those parts of the blade still untouched by the stone will also get duly sharpened.

It is in the same manner that the razor of insight wisdom has to be whetted on the sharpening stone of the *Satipaṭṭhānasutta*. Inward, inward, inward - outward, outward, outward - inward outward, inward outward. Or else: arising, arising, arising - ceasing, ceasing, ceasing - arising ceasing, arising ceasing.

This is an illustration for the method of reflection, or *sammasana*, introduced by the Buddha in the *Satipaṭṭhānasutta*. Words and concepts have to be made use of, for attaining *Nibbāna*. But here the aim is only the up-building of mindfulness and knowledge. Once their purpose is served, they can be dismantled without being a bother to the mind. This is the significance of the concluding phrase "He abides independent and does not cling to anything in the world".^[152]

There is another *sutta* in which the Buddha has touched upon this same point in particular. It is the *Samudayasutta* in the *Satipaṭṭhānasamyyutta* of the *Samyyutta Nikāya*.^[153] In that *sutta*, the Buddha has proclaimed the arising and the going down of the four foundations of mindfulness. He begins by saying: "Monks, I shall teach you the arising and the going down of the four foundations of mindfulness". *Catunnaṃ, bhikkhave, satipaṭṭhānānaṃ samudayañca atthagamañca desessāmi*.

He goes on to say: *Ko ca, bhikkhave, kāyassa samudayo? Āhārasamudayā kāyassa samudayo, āhāranirodhā kāyassa atthagamo*. "What, monks, is the arising of the body? With the arising of nutriment is the arising of the body and with the cessation of the nutriment is the going down of the body."

Similarly: *Phassasamudayā vedanānaṃ samudayo, phassanirodhā vedanānaṃ atthagamo*. "With the arising of contact is the arising of feeling, and with the cessation of contact is the going down of feeling".

And then: *Nāmarūpasamudayā cittassa samudayo, nāmarūpanirodhā cittassa atthagamo*. "With the arising of name-and-form is the arising of the mind, and with the cessation of name-and-form is the going down of the mind".

And lastly: *Manasikārasamudayā dhammānaṃ samudayo, manasikāranirodhā dhammānaṃ atthagamo*. "With the arising of attention is the arising of mind-objects, and with the ceasing of attention is the going down of mind-objects".

This, too, is an important discourse, well worth remembering, because here the Buddha is dealing with the arising and cessation, or arising and going down, of the four objects used for establishing mindfulness.

As we know, the concept of nutriment in this *Dhamma* is much broader than the worldly concept of food. It does not imply merely the ordinary food, for which the term used is *kabalīṅkārāhāra*, or material food. Taken in a deeper sense, it includes the other three kinds of nutriment as well, namely *phassa*, or contact, *manosañcetanā*, or volition, and *viññāṇa*, or consciousness. These four together account for the concept of body as such. Therefore, due to these four there comes to be a body, and with their cessation the body ends. So also in the case of feeling. We all know that the arising of feeling is due to contact.

The reference to name-and-form in this context might not be clear enough at once, due to various definitions of name-and-form, or *nāma-rūpa*. Here, the reason for the arising of the mind is said to be name-and-form. Mind is said to arise because of name-and-form, and it is supposed to go down with the cessation of name-and-form.

The fact that the mind-objects arise due to attention is noteworthy. All the mind-objects mentioned in the fourth section of contemplation arise when there is attention. And they go down when attention is not there. In other words, attending makes objects out of them. This way, we are reminded that, apart from making use of these words and concepts for the purpose of attaining *Nibbāna*, there is nothing worth holding on to or clinging to dogmatically. So if a meditator works with this aim in mind, he will be assured of a state of mind that is independent and clinging-free, *anissita*, *anupādāna*.

One marvellous quality of the Buddha's teaching emerges from this discussion. A mind-object is something that the mind hangs on to as the connotations of the word *ārammaṇa* (cp. *ālambhana*) suggest. But because of the mode of insight wisdom outlined here, because of the middle path approach, even the tendency to 'hang-on' is finally done away with and the object is penetrated through. Despite the above connotations of 'hanging on' (*ārammaṇa*), the object is transcended. Transcendence in its highest sense is not a case of surpassing, as is ordinarily understood. Instead of leaving behind, it penetrates through. Here then, we have a transcendence that is in itself a penetration.

So the terms *anissita* and *anupādāna* seem to have a significance of their own. More of it comes to light in quite a number of other *suttas*. Particularly in the *Dvayatānupassanāsutta* of the *Sutta Nipāta* we come across the following two verses, which throw more light on these two terms:

*Anissito na calati,
nissito ca upādiyaṃ,
itthabhāvaññathābhāvaṃ,
saṃsāraṃ nātivattati.*

Etam ādīnavaṃ ñatvā,

*nissayesu mahabbhayaṃ,
anissito anupādāno,
sato bhikkhu paribbaje.* [\[154\]](#)

"The unattached one wavers not,
But the one attached, clinging on,
Does not get beyond *saṃsāra*,
Which is an alternation between a this-ness and an otherwise-ness
Knowing this peril,
The great danger, in attachments or supports
Let the monk fare along mindfully,
Resting on nothing, clinging to nothing."

Caught up in the dichotomy of *saṃsāric* existence, which alternates between this-ness and otherwise-ness, one is unable to transcend it, so long as there is attachment and clinging. *Nissayas* are the supports that encourage clinging in the form of dogmatic adherence to views. Seeing the peril and the danger in them, a mindful monk has no recourse to them. This gives one an idea of the attitude of an *arahant*. His mind is free from enslavement to the conjoined pairs of relative concepts.

This fact is borne out by certain Canonical statements, which at first sight might appear as riddles. The two last sections of the *Sutta Nipāta*, the *Aṭṭhakavagga* and the *Pārāyanavagga* in particular, contain verses which are extremely deep. In the *Aṭṭhakavagga*, one often comes across apparently contradictory pairs of terms, side by side. About the *arahant* it is said that: "he neither grasps nor gives up", *nādeti na nirassati.* [\[155\]](#) "There is nothing taken up or rejected by him", *attaṃ nirattaṃ na hi tassa atthi.* [\[156\]](#)

By the way, the word *attaṃ* in this context is derived from *ādātta* (*ā* + *dā*), by syncopation. It should not be mistaken as a reference to *attā*, or soul. Similarly, *niratta* is from *as*, to throw, *nirasta*, conveying the idea of giving up or putting down.

There is nothing taken up or given up by the *arahant*. Other such references to the *arahant's* attitude are: *Na rāgarāgī na virāgaratto*, "he is neither attached to attachment, nor attached to detachment". [\[157\]](#) *Na hi so rajjati no virajjati*, "He is neither attached nor detached". [\[158\]](#)

It is in order to explain why such references are used that we took all this trouble to discuss at length the significance of such terms as *nissaya.* [\[159\]](#) Probably due to a lack of understanding in this respect, the deeper meanings of such *suttas* have got obscured. Not only that, even textual corruption through distorted variant readings has set in, because they appeared like riddles. However, the deeper sense of these *suttas* sometimes emerges from certain strikingly strange statements like the following found in the *Khajjanīyasutta* of the *Samyutta Nikāya*. The reference here is to the *arahant*.

Ayaṃ vuccati, bhikkhave, bhikkhu neva ācināti na apacināti, apacinitvā ṭhito neva pajahati na upādiyati, pajahitvā ṭhito neva viseneti na usseneti, visenetvā ṭhito neva vidhūpeti na sandhūpeti. [\[160\]](#) "Monks, such a monk is called one who neither amasses nor diminishes; already diminished as he is, he neither gives up nor grasps; already given up as he is, he neither disbands nor binds together; already disbanded as he is, he neither exorcizes nor proficiates."

Even to one who does not understand the language, the above quotation would sound enigmatic. Even the rendering of the terms used here is not an easy matter, because of the nuances they seem to convey. We could perhaps say that such a monk neither amasses or accumulates, nor diminishes. Since he is already diminished, presumably as regards the five aggregates, he neither abandons nor grasps anew. Since the giving up is complete, he neither binds together or enlists (note the word *sena*, army), nor disbands. Disbanding (if not 'disarmament'), being complete, there is neither exorcizing or smoking out, nor proficiating or inviting. The coupling of these terms and their peculiar employment is suggestive of the *arahant's* freedom from the dichotomy.

In the *Brāhmaṇavagga* of the *Dhammapada* too, we come across a similar enigmatic verse:

*Yassa pāraṃ apāraṃ vā,
pārāpāraṃ na vijjati,
vītaddaraṃ viṣaṃyuttaṃ,
tam ahaṃ brūmi brāhmaṇaṃ.*^[161]

"For whom there is neither a farther shore,
Nor a hither shore, nor both,
Who is undistressed and unfettered,
Him I call a Brahmin."

In this context the word *brāhmaṇa* refers to the *arahant*. Here too, it is said that the *arahant* has neither a farther shore, nor a hither shore, nor both. This might sometimes appear as a problem. Our usual concept of an *arahant* is of one who has crossed over the ocean of *saṃsāra* and is standing on the other shore. But here is something enigmatic.

We come across a similar *sutta* in the *Sutta Nipāta* also, namely its very first, the *Uragasutta*. The extraordinary feature of this *sutta* is the recurrence of the same refrain throughout its seventeen verses. The refrain is:

*So bhikkhu jahāti orapāraṃ,
urago jiṇṇamiva tacaṃ purāṇaṃ.*^[162]

"That monk forsakes the hither and the tither,
Like a snake its slough that doth wither".

This simile of the slough, or the worn-out skin of the snake, is highly significant. To quote one instance:

*Yo nājjhagamā bhavesu sāraṃ,
vicinaṃ pupphamiva udumbaresu,
so bhikkhu jahāti orapāraṃ,
urago jiṇṇamiva tacaṃ purāṇaṃ.*^[163]

"That monk who sees no essence in existence,
Like one seeking flowers in *Udumbara* trees,
Will give up the hither as well as the thither,
Like the snake its slough that doth wither".

The *arahant* has abandoned his attachment to existence. As such, he is free from the bondage of those conjoined terms in worldly usage. So the *arahant* looks at the worldly usage in the same way as a snake would turn back and look at the worn-out skin he has sloughed off. Sometimes we see a snake moving about with a remnant of its slough hanging on. We might even think that the snake is carrying its slough around. It is the same in the case of the *arahants*.

Now there is this term *sa-upādisesa Nibbāna dhātu*. Taking the term at its face value, some might think that the clinging is not yet over for the *arahants* - that there is still a little bit left. The *arahant*, though he has attained release and realized *Nibbāna*, so long as he is living in the world, has to relate to the external objects in the world somehow through his five senses, making use of them. Seeing it, some might conclude that it is because of some residual clinging. But we have to understand this in the light of the simile of the worn-out skin. In the case of the *arahant*, too, the sloughed off skin is still hanging on.

As a sidelight we may cite a remark of Venerable *Sāriputta: Iminā pūtikāyena aṭṭiyāmi harāyāmi jigucchāmi*,^[164] "I am harassed and repelled by this body, I am ashamed of it". This is because the body is for him something already abandoned. All this goes to show that the *arahant* has an unattached, unclinging attitude.

Linguistic usage, which is a special feature of existence, is enlivened by the cravings, conceits, and views with which it is grasped. Worldlings thrive on it, whereas the *arahants* are free from it. This is the upshot of the above discussion on the terms *anusaya* and *nissaya*.^[165]

Yet another important term that should receive attention in any discussion on *Nibbāna* is *āsava*. This is because the *arahant* is often called a *khīṇāsava*, one whose *āsavas* are extinct.^[166] *Āsavakkhaya*, extinction of *āsavas*, is an epithet of *Nibbāna*.^[167] So the distinct feature of an *arahant* is his extinction of *āsavas*.

Now, what does *āsava* mean? In ordinary life, this word is used to denote fermentation or liquor that has got fermented for a long time.^[168] If there is even a dreg of ferment in a vessel, it is enough to cause fermentation for any suitable raw material put into it. So also are the *āsavas*. They are like the residual dregs of the ebullient mass of defilements in beings, which have undergone fermentation for a long, long time in *saṃsāra*.

Very often, *āsavas* are said to be of three kinds, as *kāmāsavā*, *bhavāsavā*, and *avijjāsavā*. The term *āsava* in this context is usually rendered as 'influxes'. We may understand them as certain intoxicating influences, which create a world of sense-desires, a stupor that gives a notion of existence and leads to ignorance. These influxes are often said to have the nature of infiltrating into the mind. Sometimes a fourth type of influxes, *diṭṭhāsavā*, is also mentioned. But this can conveniently be subsumed under *avijjāsavā*.

The extinction of influxes becomes a distinctive characteristic of an *arahant*, as it ensures complete freedom. One could be said to have attained complete freedom only if one's mind is free from these influxes. It is because these influxes are capable of creating intoxication again and again.

The immense importance of the extinction of influxes, and how it accounts for the worthiness of an *arahant*, is sometimes clearly brought out. The ultimate aim of the Buddha's teaching is one that in other systems of thought is generally regarded as attainable only after death. The Buddha, on the other hand, showed a way to its realization here and now.

As a matter of fact, even brahmins like *Pokkharasāti* went about saying that it is impossible for a human being to attain something supramundane: *Katham'hi nāma*

manussabhūto uttarimanussadhammā alamariyaññāḍassanavisesaṃ ñassati vā dakkhati vā sacchi vā karissati?^[169] "How can one as a human being know or see or realize a supramundane state, an extraordinary knowledge and vision befitting the noble ones?" They thought that such a realization is possible only after death. Immortality, in other systems of thought, is always an after death experience.

Now the realization of the extinction of influxes, on the other hand, gives a certain assurance about the future. It is by this extinction of influxes that one wins to the certitude that there is no more birth after this. *Khīṇā jāti*,^[170] extinct is birth! Certitude about something comes only with realization. In fact, the term *sacchikiriya* implies a seeing with one's own eyes, as the word for eye, *akśi*, is implicit in it.

However, everything cannot be verified by seeing with one's own eyes. The Buddha has pointed out that there are four ways of realization or verification:

Cattāro me, bhikkhave, sacchikaraṇīyā dhammā. Katame cattaro? Atthi, bhikkhave, dhammā kāyena sacchikaraṇīyā; atthi, bhikkhave, dhammā satiyā sacchikaraṇīyā; atthi, bhikkhave, dhammā cakkhunā sacchikaraṇīyā; atthi, bhikkhave, dhammā paññāya sacchikaraṇīyā.^[171]

"Monks, there are these four realizable things. What four? There are things, monks, that are realizable through the body; there are things, monks, that are realizable through memory; there are things, monks, that are realizable through the eye; there are things, monks, that are realizable through wisdom."

By way of explanation, the Buddha says that the things realizable through the body are the eight deliverances, the things realizable through memory are one's former habitations, the things realizable through the eye are the death and rebirth of beings, and what is realizable through wisdom, is the extinction of influxes.

One's former lives cannot be seen with one's own eyes by running into the past. It is possible only by purifying one's memory and directing it backwards. Similarly, the death and rebirth of beings can be seen, as if with one's fleshly eye, by the divine eye, by those who have developed it. So also the fact of extirpating all influxes is to be realized by wisdom, and not by any other means. The fact that the influxes of sensuality, existence, ignorance, and views, will not flow in again, can be verified only by wisdom. That is why special mention is made of *Nibbāna* as something realizable.^[172]

Because *Nibbāna* is said to be something realizable, some are of the opinion that nothing should be predicated about it. What is the reason for this special emphasis on its realizability? It is to bring into sharp relief the point of divergence, since the Buddha taught a way of realizing here and now something that in other religions was considered impossible.

What was it that they regarded impossible to be realized? The cessation of existence, or *bhavanirodha*. How can one be certain here and now that this existence has ceased? This might sometimes appear as a big puzzle. But all the same, the *arahant* experiences the cessation of existence as a realization. That is why he even gives expression to it as: *Bhavanirodho Nibbānaṃ*,^[173] "cessation of existence is *Nibbāna*".

It comes about by this extinction of influxes. The very existence of 'existence' is especially due to the flowing in of influxes of existence. What is called 'existence' is not the apparent process of existing visible to others. It is something that pertains to one's own mental continuum.

For instance, when it is said that some person is in the world of sense desires, one might sometimes imagine it as living surrounded by objects of sense pleasure. But that is not always the case. It is the existence in a world of sense desires, built up by sensuous thoughts. It is the same with the realms of form and formless realms. Even those realms can be experienced and attained while living in this world itself.

Similarly, it is possible for one to realize the complete cessation of this existence while living in this very world. It is accomplished by winning to the realization that the influxes of sense desires, existence, and ignorance, no longer influence one's mind.

So all this goes to show the high degree of importance attached to the word *āsava*. The *Sammādiṭṭhisutta* of the *Majjhima Nikāya* seems to pose a problem regarding the significance of this term. At one place in the *sutta* it is said that the arising of ignorance is due to the arising of influxes and that the cessation of ignorance is due to the cessation of influxes: *Āsavasamudayā avijjāsamudayo, āsavanirodhā avijjānirodho*.^[174]

If the *sutta* says only this much, it will not be such a problem, because it appears as a puzzle to many nowadays, why ignorance is placed first. Various reasons are adduced and arguments put forward as to why it is stated first out of the twelve factors. The fact that there is still something to precede it could therefore be some consolation.

But then, a little way off, in the selfsame *sutta*, we read: *Avijjāsamudayā āsavasamudayo, avijjanirodhā āsavanirodho*,^[175] "with the arising of ignorance is the arising of influxes, with the cessation of ignorance is the cessation of influxes". Apparently this contradicts the previous statement. The preacher of this discourse, Venerable *Sāriputta*, is not one who contradicts himself. So most probably there is some deep reason behind this.

Another problem crops up, since ignorance is also counted among the different kinds of influxes. This makes our puzzle all the more deep. But this state of affairs could best be understood with the help of an illustration. It is in order to explain a certain fascinating behaviour of the mind that even *arahants* of great wisdom had to make seemingly contradictory statements.

We have to draw in at this juncture a very important discourse in the *Samyutta Nikāya*, which is a marvel in itself. It comes in the section on the aggregates, *Khandhasamyutta*, as the second *Gaddulasutta*. Here the Buddha makes the following impressive declaration:

'*Diṭṭhaṃ vo, bhikkhave, caraṇaṃ nāma cittaṃ'ti?*' '*Evaṃ, bhante.*' '*Tampi kho, bhikkhave, caraṇaṃ nāma cittaṃ citteneva cintitaṃ. Tenapi kho, bhikkhave, caraṇena cittaṃ cittaññeva cittataraṃ. Tasmātiha, bhikkhave, abhikkhaṇaṃ sakaṃ cittaṃ paccavekkhitabbaṃ: Dīgharattam idaṃ cittaṃ saṃkiliṭṭhaṃ rāgena dosena mohenā'ti. Cittasaṃkilesā, bhikkhave, sattā saṃkilissanti, cittavodānā sattā visujjhanti.*

Nāhaṃ, bhikkhave, aññaṃ ekanikāyampi samanupassāmi evaṃ cittaṃ, yathayidaṃ, bhikkhave, tiracchānagatā pāṇā. Tepi kho, bhikkhave, tiracchānagatā pāṇā citteneva cintitā. Tehipi kho, bhikkhave, tiracchānagatehi pāṇehi cittaññeva cittataraṃ. Tasmātiha, bhikkhave, bhikkhunā abhikkhaṇaṃ sakaṃ cittaṃ paccavekkhitabbaṃ: Dīgharattam idaṃ cittaṃ saṃkiliṭṭhaṃ rāgena dosena mohenā'ti. Cittasaṃkilesā, bhikkhave, sattā saṃkilissanti, cittavodānā sattā visujjhanti.'^[176]

"'Monks, have you seen a picture called a movie (*caraṇa*)?' 'Yes, Lord.' 'Monks, even that picture called a movie is something thought out by the mind. But this mind, monks, is more picturesque than that picture called a movie. Therefore, monks, you should reflect moment to moment on your own mind with the thought: For a long time has this mind been defiled by lust, hate, and delusion. By the defilement of the mind, monks, are beings defiled. By the purification of the mind, are beings purified.

Monks, I do not see any other class of beings as picturesque as beings in the animal realm. But those beings in the animal realm, monks, are also thought out by the mind. And the mind, monks, is far more picturesque than those beings in the animal realm. Therefore, monks, should a monk reflect moment to moment on one's own mind with the thought: For a long time has this mind been defiled by lust, hate, and delusion. By the defilement of the mind, monks, are beings defiled. By the purification of the mind, are beings purified."

Here the Buddha gives two illustrations to show how marvellous this mind is. First he asks the monks whether they have seen a picture called *caraṇa*. Though the word may be rendered by movie, it is not a motion picture of the sort we have today. According to the commentary, it is some kind of variegated painting done on a mobile canvas-chamber, illustrative of the results of good and evil karma.^[177] Whatever it may be, it seems to have been something marvellous. But far more marvellous, according to the Buddha, is this mind. The reason given is that even such a picture is something thought out by the mind.

Then, by way of an advice to the monks, says the Buddha: 'Therefore, monks, you should reflect on your mind moment to moment with the thought: For a long time this mind has been defiled by lust, hate, and delusion.' The moral drawn is that beings are defiled by the defilement of their minds and that they are purified by the purification of their minds. This is the illustration by the simile of the picture.

And then the Buddha goes on to make another significant declaration: 'Monks, I do not see any other class of beings as picturesque as beings in the animal realm.' But since those beings also are thought out by the mind, he declares that the mind is far more picturesque than them. Based on this conclusion, he repeats the same advice as before.

At first sight the *sutta*, when it refers to a picture, seems to be speaking about the man who drew it. But there is something deeper than that. When the Buddha says that the picture called *caraṇa* is also something thought out by the mind, he is not simply stating the fact that the artist drew it after thinking it out with his mind. The reference is rather to the mind of the one who sees it. He, who sees it, regards it as something marvellous. He creates a picture out of it. He imagines something picturesque in it.

In fact, the allusion is not to the artist's mind, but to the spectator's mind. It is on account of the three defilements lust, hate, and delusion, nurtured in his mind for a long time, that he is able to appreciate and enjoy that picture. Such is the nature of those influxes.

That is why the Buddha declared that this mind is far more picturesque than the picture in question. So if one turns back to look at one's own mind, in accordance with the Buddha's advice, it will be a wonderful experience, like watching a movie. Why? Because reflection reveals the most marvellous sight in the world.

But usually one does not like to reflect, because one has to turn back to do so. One is generally inclined to look at the thing in front. However, the Buddha

advises us to turn back and look at one's own mind every moment. Why? Because the mind is more marvellous than that picture called *caraṇa*, or movie.

It is the same declaration that he makes with reference to the beings in the animal realm. When one comes to think about it, there is even less room for doubt here, than in the case of the picture. First of all, the Buddha declares that there is no class of beings more picturesque than those in the animal realm. But he follows it up with the statement that even those beings are thought out by the mind, to draw the conclusion that as such the mind is more picturesque than those beings of the animal realm.

Let us try to sort out the point of this declaration. Generally, we may agree that beings in the animal realm are the most picturesque. We sometimes say that the butterfly is beautiful. But we might hesitate to call a blue fly beautiful. The tiger is fierce, but the cat is not. Here one's personal attitude accounts much for the concepts of beauty, ugliness, fierceness, and innocence of animals. It is because of the defiling influence of influxes, such as ignorance, that the world around us appears so picturesque.

Based on this particular *sutta*, with its reference to the *caraṇa* picture as a prototype, we may take a peep at the modern day's movie film, by way of an analogy. It might facilitate the understanding of the teachings on *paṭicca samuppāda* and *Nibbāna* in a way that is closer to our everyday life. The principles governing the film and the drama are part and parcel of the life outside cinema and the theatre. But since it is generally difficult to grasp them in the context of the life outside, we shall now try to elucidate them with reference to the cinema and the theatre.

Usually a film or a drama is shown at night. The reason for it is the presence of darkness. This darkness helps to bring out the darkness of ignorance that dwells in the minds of beings. So the film as well as the drama is presented to the public within a framework of darkness. If a film is shown at day time, as a matinee show, it necessitates closed windows and dark curtains. In this way, films and dramas are shown within a curtained enclosure.

There is another strange thing about these films and dramas. One goes to the cinema or the theatre saying: "I am going to see a film show, I am going to see a drama". And one returns saying: "I have seen a film show, I have seen a drama". But while the film show or the drama is going on, one forgets that one is seeing a show or a drama.

Such a strange spell of delusion takes over. This is due to the intoxicating influence of influxes. If one wishes to enjoy a film show or a drama, one should be prepared to get intoxicated by it. Otherwise it will cease to be a film show or a drama for him.

What do the film producers and dramatists do? They prepare the background for eliciting the influxes of ignorance, latent in the minds of the audience. That is why such shows and performances are held at night, or else dark curtains are employed. They have an intricate job to do. Within the framework of darkness, they have to create a delusion in the minds of their audience, so as to enact some story in a realistic manner.

To be successful, a film or a drama has to be given a touch of realism. Though fictitious, it should be apparently real for the audience. There is an element of deception involved, a hoodwink. For this touch of realism, quite a lot of make-up on the part of actors and actresses is necessary. As a matter of fact, in the ancient Indian society, one of the primary senses of the word *saṅkhāra* was the

make-up done by actors and actresses.

Now in the present context, *sañkhāra* can include not only this make-up in personal appearance, but also the acting itself, the delineation of character, stage-craft etc.. In this way, the film producers and dramatists create a suitable environment, making use of the darkness and the make-up contrivances. These are the *sañkhāras*, or the 'preparations'.

However, to be more precise, it is the audience that make preparations, in the last analysis. Here too, as before, we are compelled to make a statement that might appear strange: So far not a single cinema has held a film show and not a single theatre has staged a drama.

And yet, those who had gone to the cinema and the theatre had seen film shows and dramas. Now, how can that be? Usually, we think that it is the film producer who produced the film and that it is the dramatist who made the drama.

But if we are to understand the deeper implications of what the Buddha declared, with reference to the picture *caraṇa*, a film show or drama is produced, in the last analysis, by the spectator himself. When he goes to the cinema and the theatre, he takes with him the spices needed to concoct a film or a drama, and that is: the influxes, or *āsavas*. Whatever technical defects and shortcomings there are in them, he makes good with his influxes.

As we know, in a drama there is a certain interval between two scenes. But the average audience is able to appreciate even such a drama, because they are influenced by the influxes of sense desire, existence, and ignorance.

With the progress in science and technology, scenes are made to fall on the screen with extreme rapidity. All the same, the element of delusion is still there. The purpose is to create the necessary environment for arousing delusion in the minds of the audience. Whatever preparations others may make, if the audience does not respond with their own preparations along the same lines, the drama will not be a success. But in general, the worldlings have a tendency to prepare and concoct, so they would make up for any short comings in the film or the drama with their own preparations and enjoy them.

Now, for instance, let us think of an occasion when a film show is going on within the framework of darkness. In the case of a matinee show, doors and windows will have to be closed. Supposing the doors are suddenly flung open, while a vivid technicolour scene is flashing on the screen, what happens then? The spectators will find themselves suddenly thrown out of the cinema world they had created for themselves. Why? Because the scene in technicolour has now lost its colour. It has faded away. The result is dejection, disenchantment. The film show loses its significance.

That film show owed its existence to the dark framework of ignorance and the force of preparations. But now that the framework has broken down, such a vast change has come over, resulting in a disenchantment. Now the word *rāga* has a nuance suggestive of colour, so *virāga*, dispassion, can also literally mean a fading away or a decolouration. Here we have a possible instance of *nibbidā virāga*, disenchantment, dispassion, at least in a limited sense.

A door suddenly flung open can push aside the delusion, at least temporarily. Let us consider the implications of this little event. The film show, in this case, ceases to be a film show because of a flash of light coming from outside. Now, what would have happened if this flash of light had come from within - from within one's mind? Then also something similar would have happened. If the light of wisdom dawns on one's mind while watching a film show or a drama, one would

even wonder whether it is actually a film or a drama, while others are enjoying it.

Speaking about the film show, we mentioned above that the spectator has entered into a world of his own creation. If we are to analyse this situation according to the law of dependent origination, we may add that in fact he has a consciousness and a name-and-form in line with the events of the story, based on the preparations in the midst of the darkness of ignorance. With all his experiences in seeing the film show, he is building up his five aggregates.

Therefore, when the light of wisdom comes and dispels the darkness of ignorance, a similar event can occur. One will come out of that plane of existence. One will step out of the world of sense desires, at least temporarily.

Now, with regard to the *arahants*, too, the same trend of events holds good. When their ignorance ceases, leaving no residue, *avijjāya tveva asesavirāganirodhā*, exhausting the influxes as well, preparations also cease. Why? Because the preparations owe their existence to ignorance. They have the ability to prepare so long as there is ignorance.

Saṅkhāra generally means preparations. It is the make-up and the make-believe which accounted for the delusion. The darkness of ignorance provided the setting for it. If somehow or other, the light of wisdom enters the scene, those preparations, *saṅkhāra*, became no-preparations, *visaṅkhāra*, and the prepared, *saṅkhata*, becomes a non-prepared, *asaṅkhata*.

So what was true with regard to the film show, is also true, in a deeper sense, with regard to the events leading up to the attainment of *arahant*-hood. With the dawn of that light of wisdom, the preparations, or *saṅkhāra*, lose their significance and become *visaṅkhāra*.

Though for the world outside they appear as preparations, for the *arahant* they are not preparations, because they do not prepare a *bhava*, or existence, for him. They are made ineffective. Similarly, the prepared or the made-up, when it is understood as something prepared or made-up, becomes an un-prepared or an un-made. There is a subtle principle of un-doing involved in this.

Sometimes, this might be regarded as a modernistic interpretation. But there is Canonical evidence in support of such an interpretation. For instance, in the *Dvayatānupassanāsutta* of the *Sutta Nipāta*, we come across the following verse:

*Nivutānaṃ tamo hoti,
andhakāro apassataṃ,
satañca vivaṭaṃ hoti,
āloko passatāmiva,
santike na vijānanti,
magā dhammassa akovidā.* [\[178\]](#)

"Murk it is to those enveloped,
As darkness unto the undiscerning,
But to the good wide ope' it is,
As light is unto those discerning,
So near, and yet they know not,
Fools, unskilled in the Norm."

It is all murky to those enveloped by the hindrance of ignorance, like the

darkness for those who are unable to see. But for the noble ones, it is visible like an open space, even as the light to those with vision. Though it is near at hand, fools, inexperienced in the *Dhamma*, do not understand. This same impression of the Buddha comes up again in the following verse in the *Udāna*:

*Mohasambandhano loko,
bhabbarūpo va dissati,
upadhibandhano bālo,
tamasā parivārito,
sassatoriva khāyati,
passato n'atthi kiñcanaṃ.*^[179]

"The world, enfeathered to delusion,
Feigns a promising mien,
The fool, to his assets bound,
Sees only darkness around,
It looks as though it would last,
But to him who sees there is naught."

The world appears as real to one who is fettered to delusion. He imagines it to be reliable. And so the fool, relying on his assets, is encompassed by the darkness. To him the world appears as eternal. But the one who has the right vision, knows that in reality there is nothing.

All this goes to show that the life outside is not much different from what goes on within the four walls of the cinema and the theatre. Just as, in the latter case, an enjoyable story is created out of a multitude of scenes, relayed at varying degrees of rapidity, backed by the delusive make-up of actors and actresses, so that one may lose oneself in a world of fantasy, even so, according to the point of view of *Dhamma*, the lifestyle outside is something made up and concocted.

However, the darkness within is much thicker than the darkness outside. The darkness outside may be dispelled even by a door flung open, as we saw above. But not so easily the darkness within. That is why, in the psalms of the *Theras* and *Therīs*, it is said that they split or burst asunder the mass of delusion, *tamokkhandhaṃ padāliya, tamokkhandhaṃ padālayiṃ.*^[180] The pitchy black darkness of ignorance in the world is one that is thick enough to be split up and burst asunder. So it seems, the darkness within is almost tangibly thick. But the first incision on this thick curtain of darkness is made by the path knowledge of the Stream-winner.

As a side-light, we may cite an episode from the lives of the Venerables *Sāriputta* and *Mahā Moggalāna*, the two chief disciples of the Buddha. Formerly, as brahmin youths, they were known as *Upatissa* and *Kolita*. These two young men once went to see a hill-top festival, called *giraggasamajja.*^[181] Since by then, their discerning wisdom was already matured, they suddenly developed a dejection about the entertainment going on. The hill-top festival, as it were, lost its festivity for them. They understood the vanity of it and could no longer enjoy it as before.

They may have already had a distant glimpse of the similarity between the two levels of experience, mentioned above. But they on their own could not get at the principles underlying the delusion involved.

Much later, as a wandering ascetic, when *Upatissa* met the Venerable *Assaji Thera* on his alms-round, he begged the latter to preach the *Dhamma* to him. Venerable *Assaji* said: "I know only a little". *Upatissa* also assured him: "I need only a little". Venerable *Assaji* preached 'a little' and *Upatissa*, too, heard 'a little', but since there was much in it, the latter attained the Fruit of Stream-winning even on hearing the first two lines of the following verse:

*Ye dhammā hetuppabhavā,
tesam hetuṃ Tathāgato āha,
tesañca yo nirodho,
evaṃ vādi mahāsamaṇo.*^[182]

"Of things that proceed from a cause,
Their cause the *Tathāgata* has told,
And also their cessation,
Thus teaches the great ascetic."

The verse gives in a nutshell the law of dependent arising. From it, *Upatissa* got the clue to his riddle of life.

Some interpret the word *hetu*, cause, in this verse, as *avijjā*, or ignorance, the first link. But that is not the case. It refers to the basic principle known as *idappaccayatā*, the relatedness of this to that.^[183] *Hetuppabhavā dhammā* is a reference to things dependently arisen. In point of fact, it is said about a Stream-winner that he has seen well the cause as well as the things arisen from a cause: *Hetu ca sudiṭṭho, hetusamuppanā ca dhammā.*^[184] That means that he has seen the law of dependent arising as also the dependently arisen phenomena.

We have already discussed the significance of these two terms.^[185] What is called *paṭicca samuppāda* is the basic principle itself. It is said that the wandering ascetic *Upatissa* was able to arouse the path of Stream-winning on hearing just the first two lines,^[186] and these state the basic principle as such.

The word *tesaṃ*, plural, clearly implies that the reference is to all the twelve factors, inclusive of ignorance. The cessation, also, is of those twelve, as for instance it is said in the *Udāna: Khayaṃ paccayānaṃ avedi,*^[187] "understood the cessation of conditions", since all the twelve are conditions.

To sum up: Whatever phenomena that arise from a cause, their cause is *idappaccayatā*, or the law of relatedness of this to that.

This being, this exists,
With the arising of this, this arises.
This not being, this does not exist,
With the cessation of this, this ceases.

And then the cessation of things arisen from a cause is ultimately *Nibbāna* itself. That is the implication of the oft recurrent phrase *avijjāya tveva asesavirāganirodhā,*^[188] "with the complete fading away and cessation of that very ignorance".

So then, from this discussion it should be clear that our illustration with the help of the simile of the cinema and the theatre is of much relevance to an understanding of the law of dependent arising. With this much, we shall wind up today.

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MIND STILLED 06

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānam.* [\[189\]](#)

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction".

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks.

In our last sermon, we happened to discuss how the concept of existence built up with the help of ignorance and influxes, comes to cease with the cessation of ignorance and influxes. [\[190\]](#) We explained it by means of similes and illustrations, based on the film show and the drama. As the starting point, we took up the simile of the picture called *caraṇa*, which the Buddha had made use of in the *Gaddulasutta* of the *Saṃyutta Nikāya*. [\[191\]](#) With reference to a picture called *caraṇa*, popular in contemporary India, the Buddha has declared that the mind is more picturesque than that *caraṇa* picture. As an adaptation of that *caraṇa* picture for the modern day, we referred to the movie film and the drama in connection with our discussion of *saṅkhāras* in particular and *paṭicca samuppāda* in general. Today, let us try to move a little forward in the same direction.

In the latter part of the same Second *Gaddulasutta* of the *Saṃyutta Nikāya*, *Khandhasaṃyutta*, the Buddha gives a simile of a painter. [\[192\]](#) Translated it would read as follows: "Just as a dyer or a painter would fashion the likeness of a woman or of a man, complete in all its major and minor parts, on a well planed board, or a wall, or on a strip of cloth, with dye or lac or turmeric or indigo or madder, even so the untaught worldling creates, as it were, his own form, feelings, perceptions, preparations, and consciousness."

What the Buddha wants to convey to us by this comparison of the five grasping groups to an artefact done by a painter, is the insubstantiality and the vanity of those five groups. It brings out their compound and made-up nature. This essencelessness and emptiness is more clearly expressed in the *Phenaṇiṇḍūpamasutta* of the *Khandhasaṃyutta*. The summary verse at the end of that discourse would suffice for the present:

*Phenaṇiṇḍūpamaṃ rūpam,
vedanā bubbuḷūpamā,
marīcikūpamā saññā,
saṅkhārā kadalūpamā,*

māyūpamañca viññāṇaṃ,
dīpitādiccabandhunā. [\[193\]](#)

It says that the Buddha, the kinsman of the sun, has compared form to a mass of foam, feeling to a water bubble, perception to a mirage, preparations to a banana trunk, and consciousness to a magic show. These five similes bring out the insubstantiality of the five grasping groups. Their simulating and deceptive nature is indicated by the similes. Not only the magic show, but even the other similes, like the mass of foam, are suggestive of simulation, in giving a false notion of compactness. They all convey the idea of insubstantiality and deceptiveness. Consciousness in particular, is described in that context as a conjurer's trick.

In the course of our discussion we happened to touch upon the significance of *sañkhāras*, or preparations. As far as their relevance to films and dramas is concerned, they impart an appearance of reality to 'parts' and 'acts' which make up a film or a drama. Realism, in the context of art and drama, amounts to an apparent reality. It connotes the skill in deceiving the audience. It is, in fact, only a show of reality. The successful drama is one that effectively hoodwinks an audience. So realism, in that context, means appearing as real. It therefore has a nuance of deception.

Now what supports this deceptive and delusive quality of preparations is ignorance. All this 'acting' that is going on in the world is kept up by ignorance, which provides the background for it. Just as, in a drama, such preparations as change of dress, make-up contrivances, character portrayal, and stage-craft, create an atmosphere of delusion, so also are the *sañkhāras*, or preparations, instrumental in building up these five grasping groups. So all this goes to show that the term *sañkhāra* has the sense of preparing or producing. The realistic appearance of a film or a drama is capable of creating a delusion in an audience. Similarly, the apparent reality of the animate and inanimate objects in the world, creates delusion in the worldlings.

Now to hark back to two lines of a verse we had quoted earlier, *mohasambandhano loko, bhabbarūpo va dissati*, [\[194\]](#) "the world appears as real to one who is fettered to delusion". This means that the world has an apparent reality, that it merely gives the impression of something real to one who is deluded. It is clear, therefore, that *sañkhāras* are responsible for some sort of preparation or concoction. What serves as the background for it, is the darkness of ignorance. This preparation, this concoction goes on, behind the veil of ignorance.

We come across a discourse in the *Samyutta Nikāya*, in which this primary sense of preparation in the word *sañkhāra* is explicitly stated, namely the *Khajjanīyasutta*. In that discourse, each of the five grasping groups is defined, and the term *sañkhāra* is defined as follows:

Kiñca, bhikkhave, sañkhāre vadetha? Sañkhatam abhisañkharontīti kho, bhikkhave, tasmā 'sañkhārā'ti vuccanti. Kiñca sañkhatam abhisañkharonti? Rūpaṃ rūpattāya sañkhatam abhisañkharonti, vedanaṃ vedanattāya sañkhatam abhisañkharonti, saññaṃ saññattāya sañkhatam abhisañkharonti, sañkhāre sañkhārattāya sañkhatam abhisañkharonti, viññāṇaṃ viññāṇattāya sañkhatam abhisañkharonti. Sañkhatam abhisañkharontīti kho, bhikkhave, tasmā 'sañkhārā'ti vuccanti. [\[195\]](#)

"And what, monks, would you say are 'preparations'? They prepare the prepared - that, monks, is why they are called preparations. And what is the prepared that

they prepare? They prepare, as a prepared, form into the state of form, they prepare, as a prepared, feeling into the state of feeling, they prepare, as a prepared, perception into the state of perception, they prepare, as a prepared, preparations into the state of preparations, they prepare, as a prepared, consciousness into the state of consciousness. They prepare the prepared, so, that is why, monks, they are called preparations."

This explains why *saṅkhāras* are so called. That is to say, the sense in which they are called *saṅkhāras*. They prepare the prepared, *saṅkhata*, into that state. And the prepared is form, feeling, perception, preparations, and consciousness. *Saṅkhāras* are therefore instrumental in building up each of these grasping groups. The most intriguing statement is that even the *saṅkhāras* are built up by *saṅkhāras*. They play the part of preparing a sort of make-believe activity. In this sense it is associated with the idea of intention, as being produced by intention.

The two terms *abhisaṅkhataṃ abhisañcetaṃ* are often found in juxtaposition, as if they are synonymous.^[196] *Abhisaṅkhata* means 'specially prepared', and *abhisañcetaṃ* means 'thought out' or 'intended'. Here we see the relationship of *saṅkhāras* to intention. The preparation is done by means of intentions. The two words *ceteti pakappeti* are also found used together.^[197] Intention and imagination play their part in this matter of preparation. So in the last analysis, it is something constructed by imagination. All of these five groups are thought-constructs. As suggested by the similes of the picture and the painter, these five groups, in the final reckoning, turn out to be the products of imagination.

As far as the nature of these preparations is concerned, there are these three kinds of preparations mentioned in the *Dhamma*, namely *kāyasaṅkhāra*, *vacīsaṅkhāra*, and *manosaṅkhāra*, bodily preparations, verbal preparations, and mental preparations.^[198] These terms have to do with merit and demerit. They are cited in connection with *kamma*, implying that beings accumulate *kamma* by means of body, word and mind.

What supports this heaping up of preparations is ignorance. Ignorance provides the background, as in the case of the drama and the movie. This relationship between ignorance and preparations is clearly brought out in the *Cetanāsutta* of the *Sañcetanīyavagga* of the *Aṅguttara Nikāya*.^[199] According to that *sutta*, the world attributes an activity to something by regarding it as a unit - by perceiving it as a compact unit. In other words, it is the way of the world to superimpose the concept of a unit or self-agency to wherever there appears to be some sort of activity. As we mentioned in connection with the simile of the whirlpool, viewed from a distance, the whirlpool appears as a centre or a base.^[200] In the same way, wherever there appears to be some form of activity, we tend to bring in the concept of a unit.

Now it is this very ignorance, this 'ignoring', that becomes the seed-bed for preparations. The basic presumption of this ignorance is that preparations must originate from a unitary centre. And the Buddha also points out, in the *Cetanāsutta* of the *Sañcetanīyavagga*, that the root cause of bodily, verbal, and mental preparations, is ignorance.^[201] Since the discourse is rather lengthy, we propose to analyse it in three sections, for facility of understanding.

Kāye vā, bhikkhave, sati kāyasañcetanāhetu uppajjati ajjhataṃ sukhadukkhaṃ. Vācāya vā, bhikkhave, sati vācīsañcetanāhetu uppajjati ajjhataṃ sukhadukkhaṃ. Mane vā, bhikkhave, sati manosañcetanāhetu uppajjati ajjhataṃ sukhadukkhaṃ avijjāpaccayā va.

"Monks, when the body is there, due to bodily intention, there arises inward pleasure and pain. Monks, when speech is there, due to verbal intention, there arises inward pleasure and pain. Monks, when mind is there, due to mental intention, there arises inward pleasure and pain, all conditioned by ignorance."

Now let us take this as the first section and try to get at its meaning. Given the concept of a body, due to intentions based on that concept of a body, there arises inwardly pleasure and pain. That is, when one imagines that there is a body, due to thoughts which take body as their object, one experiences pleasure and pain. What is called 'the body', is a huge mass of activity, something like a big workshop or a factory. But because of ignorance, if one takes it as one thing, that is as a unit, then there is room for bodily intention to come in. One can objectify the body and arouse thoughts of the body. Thereby one experiences pleasure and pain. This is the implication of the above statement.

Similarly, in the case of speech, it may be said that language is a conglomeration of letters and words. But when speech is taken as a real unit, one can form intentions about speech and inwardly experience pleasure and pain. So also in the case of the mind. It is not an entity by itself, like a soul, as postulated by other religions. It is again only a heap of thoughts. But if one grants that there is a mind, due to that very presumption, one experiences inwardly pleasure and pain with mind as its object. The concluding phrase of that paragraph is particularly significant. It says that all this is conditioned by ignorance.

Let us now take up the second part:

Sāmaṃ vā taṃ, bhikkhave, kāyasaṅkhāraṃ abhisāṅkharoti, yaṃ paccayāssa taṃ uppajjati ajjhataṃ sukhadukkhaṃ. Pare vāssa taṃ, bhikkhave, kāyasaṅkhāraṃ abhisāṅkharonti, yaṃ paccayāssa taṃ uppajjati ajjhataṃ sukhadukkhaṃ. Sampajāno vā taṃ, bhikkhave, kāyasaṅkhāraṃ abhisāṅkharoti, yaṃ paccayāssa taṃ uppajjati ajjhataṃ sukhadukkhaṃ. Asampajāno vā taṃ, bhikkhave, kāyasaṅkhāraṃ abhisāṅkharoti, yaṃ paccayāssa taṃ uppajjati ajjhataṃ sukhadukkhaṃ.

"Either he himself prepares that bodily preparation, owing to which there would be that inward pleasure and pain. Or else others prepare for him that bodily preparation, owing to which there would be for him inward pleasure and pain. Either he, being fully aware, prepares that bodily preparation, owing to which there would be for him inward pleasure and pain. Or else he, being fully unaware, prepares that bodily preparation, owing to which there would be for him that inward pleasure and pain."

The substance of this paragraph seems to be that one by oneself prepares the bodily preparation that brings one pleasure or pain inwardly and that others also prepare for him such a bodily preparation. It is also said that the bodily preparation can occur either with or without awareness. About the verbal and mental preparations too, a similar specification is made. This is the summary of the second section.

The third and final section is the most significant:

Imesu, bhikkhave, dhammesu avijjā anupatitā. Avijjāya tveva asesavirāganirodhā so kāyo na hoti yaṃ paccayāssa taṃ uppajjati ajjhataṃ sukhadukkhaṃ, sā vācā na hoti yaṃ paccayāssa taṃ uppajjati ajjhataṃ sukhadukkhaṃ, so mano na hoti yaṃ paccayāssa taṃ uppajjati ajjhataṃ sukhadukkhaṃ, khettaṃ taṃ na hoti, vatthum taṃ na hoti, āyatanaṃ taṃ na hoti, adhikaraṇaṃ taṃ na hoti, yaṃ paccayāssa taṃ uppajjati ajjhataṃ sukhadukkhaṃ.

"Monks, in all these cases, ignorance hangs on. But with the remainderless fading away and cessation of ignorance, that body is not there, owing to which

there can arise for him inward pleasure or pain, that speech is not there, owing to which there can arise for him inward pleasure and pain, that mind is not there, owing to which there can arise for him inward pleasure and pain. That field is not there, that site is not there, that base is not there, that reason is not there, owing to which there can arise for him inward pleasure or pain."

Since all the instances mentioned earlier are accompanied by ignorance, the utter fading away and cessation of that very ignorance prevents, as it were, the crystallization of that body, speech, and mind, due to which inward pleasure and pain can arise. In other words, it removes the field, the ground, the base and the provenance for the arising of inward pleasure and pain.

This shows that, once the existence of a body is granted, with that concept of a body as its object, bodily preparations come to be built up. Or, in other words, given the concept of a body, and due to bodily intention, that is by treating it as a real unit, one experiences inwardly pleasure and pain because of thoughts concerning the body.

So also in regard to speech and mind. It is emphatically stated that all this occurs because of ignorance. What confers on them all the status of a unit, through the perception of the compact, is this very ignorance. As for the second paragraph, what it says is simply that those bodily preparations and the like can be made by oneself as well as by others, and that too either being aware or unaware.

Now all these are related to ignorance. Therefore, at whatever point of time this ignorance ceases completely in someone, then for him there is no consciousness of a body, though from an outside point of view he appears to have a body. He may use words, he may speak, but for him there is nothing substantial in linguistic usage. He seems to be making use of a mind, mind-objects also come up, but he does not regard it as a unit. Therefore, inwardly, no pleasures and pains come up.

With the cessation of ignorance comes the cessation of preparations. Thereby all pleasures and pains cease. This, in other words, is the state of *Nibbāna*. It appears, then, that this discourse gives us a clue to the state of *Nibbāna*. It says something about bodily, verbal, and mental preparations.

If we try to understand its message in relation to the analogy of the film show and the drama, mentioned earlier, we may offer the following explanation: Now in the case of a film show or a drama, the preparations remain as preparations so long as there is that darkness of ignorance. The realism or the realistic appearance of the acting of actors and actresses, or the roles and guises they assume in dress and speech, depends on the veil of ignorance that conceals their true nature.

Similarly, here too, the implication is that it is ignorance which invests these preparations with the realistic appearance. If at any point of time that ignorance happens to cease, then there will be no pleasure or displeasure for the audience, however much make-up and pretension there is.

It is such a situation of non-enjoyment that we happened to mention in the previous sermon with reference to the witnessing of a hill-top festival by *Upatissa* and *Kolita*.^[2021] They had a flash of insight due to the light of wisdom that came from within, not due to any illumination from outside. Because of it, those preparations ceased to be preparations. From this we can understand that the term *saṅkhāra* becomes meaningful only against the background of ignorance.

To move a step further, it is against the background of both ignorance and

preparations that all the subsequent links in the formula become meaningful. As far as the interrelation between consciousness and name-and-form is concerned, all what we have said above regarding the reflection of name-and-form on consciousness,^[203] becomes meaningful only so long as the reality of preparations is granted, that is, only so far as their deceptive nature is maintained. But that deceptive nature owes its existence to ignorance. This way we can unravel one aspect of the essential significance of the term *saṅkhāra*.

Then there is another point worth considering in this respect. *Saṅkhāra* as the second link in the *paṭicca samuppāda* formula is defined by the Buddha in the *Vibhaṅgasutta* in the *Nidānaśamyutta* not in terms of *kāyasaṅkhāra*, *vacīsaṅkhāra*, and *manosaṅkhāra*, but as *kāyasaṅkhāro*, *vacīsaṅkhāro*, and *cittasaṅkhāro*.^[204] This might seem rather intriguing. *Katame ca, bhikkhave, saṅkhārā? Tayome, bhikkhave, saṅkhārā - kāyasaṅkhāro, vacīsaṅkhāro, cittasaṅkhāro.* "What, monks, are preparations? Monks, there are these three preparations - body-preparation, speech-preparation, and mind-preparation."

Also, it is noteworthy that here the term is given in the singular. In the majority of instances it is found in the plural number, but here in the definition of the term the singular is used as *kāyasaṅkhāro*, *vacīsaṅkhāro*, and *cittasaṅkhāro*. The significance of this usage is explained for us by the *Cūḷavedallasutta*, in the *Dhamma* discussion between the *arahant* nun *Dhammadinnā* and the lay disciple *Visākha*. There the venerable *Therī*, in answer to a question raised by the lay disciple, comes out with a definition of these three terms:

Assāsapassāsā kho, āvuso Visākha, kāyikā, ete dhammā kāyappaṭibaddhā, tasmā assāsapassāsā kāyasaṅkhāro.^[205] "Friend *Visākha*, in-breaths and out-breaths are bodily, these things are bound up with the body, that is why in-breaths and out-breaths are a body-preparation." According to this interpretation, in-breathing and out-breathing are a body-preparation in the sense that their activity is connected with the body. There is no explicit mention of karma here.

Then the definition of *vacīsaṅkhāro* is as follows: *Pubbe kho, āvuso Visākha, vitakketvā vicāretvā pacchā vācaṃ bhindati, tasmā vitakkavicārā vacīsaṅkhāro.* "Friend *Visākha*, first having thought and pondered one breaks into speech, that is why thinking and pondering are a speech-preparation." Here *vacīsaṅkhāra* is defined as thinking and pondering, not in terms of karma such as abusive speech and the like.

Then, as the third, *cittasaṅkhāro* is given the following definition: *Saññā ca vedanā ca cetasikā ete dhammā cittappaṭibaddhā, tasmā saññā ca vedanā ca cittasaṅkhāro.* "Perception and feeling are mental, they are bound up with the mind, that is why perception and feeling are a mind-preparation." Perception and feeling are called a mind-preparation because they are mental and have to do with the mind.

According to this definition it appears, then, that what the Buddha had indicated as the second link of the formula of dependent arising, is in-breathing and out-breathing, thinking and pondering, and perception and feeling. The mode of interpretation, we have adopted, shows us that the word *saṅkhāra*, in the context of a drama, for instance, can mean preparations or some sort of preliminary arrangement or fashioning.

Now this sense of preparation is applicable to in-breaths and out-breaths too. As we know, in all our bodily activities, particularly in lifting some weight and the like, or when exerting ourselves, we sometimes take a deep breath, almost impulsively. That is to say, the most basic activity of this body is in-breathing and

out-breathing.

Moreover, in the definition of *vacīsañkhāro* it is clearly stated that one speaks out having first thought out and pondered. This is a clear instance of the role of *sañkhāra* as a 'preparation' or a preliminary activity. Now the word 'rehearsal' is in common use in the society. Sometimes, the day before a drama is staged for the society, a sort of trial performance is held. Similarly, before breaking out into speech, one thinks and ponders. That is why sometimes we find words issuing out before we can be aware of it. Thinking and pondering is called *vacīsañkhāro*, because they 'prepare' speech. The sense of 'preparation' is therefore quite apt.

Then there is perception and feeling, for which the term *cittasañkhāro* is used here, instead of *manosañkhāra*. The reason for it is that what we reckon as *manosañkhāra* is actually the more prominent level represented by intentions and the like. The background for those intentions, the subliminal preparatory stage, is to be found in perception and feeling. It is perception and feeling that give the impetus for the arising of the more prominent stage of intention. They provide the necessary mental condition for doing evil or good deeds. This way, we can get at the subtle nuances of the term *sañkhāra*. Just as in the case of an iceberg floating in the ocean, the greater part is submerged and only a fraction of it shows above the surface, so also the deeper nuances of this term are rather imperceptible.

Beneath our heap of body actions, verbal actions, and mental acts of willing or intentions lies a huge mountain of activities. Breathing in and breathing out is the most basic activity in one's life. It is, in fact, the criterion for judging whether one is alive or dead. For instance, when someone falls in a swoon, we examine him to see whether he is still breathing, whether this basic activity is still there in him. Also, in such a case, we try to see whether he can speak and feel, whether perception and feeling are still there in him. So in this

way we can understand how these basic forms of activity decide the criterion for judging whether life is present or extinct in a person.

That activity is something internal. But even at that level, defilements lie dormant, because ignorance is hiding there too. In fact, that is precisely why they are reckoned as *sañkhāra*. Usually, one thinks in terms of 'I' and 'mine', as: "I breathe", "I speak", "I see", and "I feel". So, like the submerged portion of an iceberg, these subtler layers of preparations also have ignorance hidden within them. That is why the attempt of pre-Buddhistic ascetics to solve this *saṃsāric* riddle by tranquillity alone met with failure.

Pre-Buddhistic ascetics, and even *Ālāra Kālāma* and *Uddaka Rāmaputta*, thought that they can get out of this *saṃsāra* by tranquillizing the bodily activities, the verbal activities, and the mental activities. But they did not understand that all these are *sañkhāras*, or preparations, therefore they were confronted with a certain dilemma. They went on calming down the bodily activities to subtler and subtler levels. They calmed down the in-breaths and out-breaths, they managed to suppress thinking and pondering by concentration exercises, but without proper understanding. It was only a temporary calming down.

However, once they reached the level of neither-perception-nor-non-perception, they had to face a certain problem. In fact, the very designation of that level of attainment betrays the dilemma they were in. It means that one is at a loss to say definitely whether there is some perception or not. The *Pañcattayasutta* clearly reveals this fact. It gives expression to the problem facing those ascetics in the following significant statement:

Saññā rogo saññā gaṇḍo saññā sallam, asaññā sammoho, etaṃ santaṃ etaṃ paṇītaṃ yadidaṃ nevasaññānāsaññaṃ. ^[206] "Perception is a disease, perception is a boil, perception is a dart, but not to have perception is to be deluded, this is peaceful, this is excellent, that is, neither-perception-nor-non-perception."

They understood to some extent that this perception is a disease, a trouble, a tumour, or a wound, or else a thorn, they wanted to be free from perception. But then, on the other hand, they feared that to be totally free from perception is to be in a deluded state. Therefore they concluded: 'This is peaceful, this is excellent, that is neither-perception-nor-non-perception', and came to a halt there. That is why the Buddha rejected even *Ālāra Kālāma* and *Uddaka Rāmaputta* and went in search of the stilling of all preparations.

So the kind of tranquillity meditation followed by the pre-Buddhistic ascetics, through various higher knowledges and meditative attainments, could never bring about a stilling of all preparations. Why? Because the ignorance underlying those preparations were not discernible to their level of wisdom. In the least, they could not even recognize their *saṅkhāra* nature. They thought that these are only states of a soul. Therefore, like the present day Hindu Yogins following the philosophy of the *Upaniśads*, they thought that breathing is just one layer of the self, it is one of the outer rinds of the soul.

In fact, the 'kernel' of self was supposed to have around it the four rinds, *annamaya*, *prāṇamaya*, *saṃjñamaya*, and *vijñāṇamaya*. That is to say, made out of food, breath, perception, and consciousness, respectively. Apart from treating them as states of a self, they were not able to understand that all these activities are *saṅkhāras* and that ignorance is the spring-board for them.

In view of the fact that *Nibbāna* is called the stilling of all preparations, *sabbasaṅkhārasamatha*, one might sometimes conclude that the attainment of the cessation of perceptions and feeling, *saññāvedayitanirodha*, is in itself *Nibbāna*. But it is on rising from that attainment, which is like a deep freeze, that one makes contact with the three deliverances, the signless, *animitta*, the desireless, *appaṇihita*, and the void, *suññata*.

According to the Buddhist outlook, it is wisdom that decides the issue, and not tranquillity. Therefore, in the last analysis, preparations cease to be preparations when the tendency to grasp the sign in the preparations is got rid of and signlessness is experienced. The 'sign' stands for the notion of permanence and it accounts for the deceptive nature of preparations, as in the case of an actor's make-up and stage-craft. It is the sign of permanence that leads to a desire for something, to expectations and aspirations.

So that sign has to leave together with the desire, for the Desireless Deliverance to come about. Then one has to see all this as essenceless and void. It is just because of desire that we regard something as 'essence-tial'. We ask for the purpose of something, when we have desire. Now it is through this unique vision of the Signless, the Desireless, and the Void, that the Buddha arrived at the state of stilling of all preparations.

We resort to the simile of the film show and the drama not out of disregard for the precept concerning abstention from such diversions, but because the Buddha has called dancing a form of mad behaviour. *Ummattakam idaṃ, bhikkhave, ariyassa vinaye yadidaṃ naccaṃ.* ^[207] "This, monks, is a form of madness according to the noble one's discipline, namely dancing." Now what is the nature of a madman? He is jumpy. From the standpoint of *Dhamma*, dancing is a form of jumpiness. In fact, all preparations are that. It shows a nervous stress as well as

a nervous release. It is an endless series of winding and unwinding.

What makes this problem of *saṃsāra* such a knotty one to solve? We go on heaping up karmic actions, but when the time comes to experience their consequences, we do not regard them as mere results of karma, but superimpose an 'I' on that experience. So we act with the notion of an 'I' and react to the consequences again with the notion of an 'I'. Because of that egoistic reaction, we heap up fresh karma. So here is a case of stress and release, of winding and rewinding.

This is like a tangled skein. Sometimes, when an unskilled person tries to disentangle a tangled skein while disentangling one end, the other end gets entangled. So it is, in the case of this *saṃsāric* ball of thread. While doing a karma, one is conscious of it as "I am doing it". And when it is the turn to suffer for it, one does not think it as a result of that karma. Consequently one accumulates fresh karma through various attachments and conflicts arising out of it. Here too we see some sort of a drama.

Now if one can get the opportunity to see either a rehearsal or the back-stage preparations for a drama, which however is not usually accessible to the public, one would be able to see through the drama. If one can steal a peep into the back-stage make-up contrivances of actors and actresses, one would see how ugly persons can become comely and the wretched can appear regal. One would then see what a 'poor show' it is.

In the same way there is something dramatic in these basic preparations, namely - in-breathing and out-breathing, thinking and pondering, perception and feeling. If one sees these back-stage preparations with wisdom, one would be disenchanted. What tranquillity meditation does, is to temporarily calm them down and derive some sort of happiness. That too is necessary from the point of view of concentration, to do away with restlessness and the like, but it does not dispel ignorance. That is why, in insight meditation, one tries to understand preparations for what they are by dispelling ignorance.

The more one sees preparations as preparations, ignorance is dispelled, and the more one dispels ignorance, the preparations lose their significance as preparations. Then one sees the nature of preparations with wisdom as signless, desireless, and void. So much so that, in effect, preparations cease to be preparations.

This is something of a marvel. If we now hark back to the two words 'winding' and 'rewinding', the entire world, or *saṃsāric* existence in its entirety, is a process of winding and rewinding. Where the winding ends and the rewinding begins is a matter beyond our comprehension. But one thing is clear - all these comes to cease when craving and grasping are abandoned. It is towards such an objective that our minds turn by recognizing preparations for what they are, as a result of a deeper analysis of their nature.

The relation of *saṅkhāras* to ignorance is somewhat similar to the relation a drama has to its back-stage preparations. It seems, then, that from the standpoint of *Dhamma* the entire *saṃsāra* is a product of specifically prepared intentions, even like the drama with its back-stage preparations.

Let us return to the simile of the cinema again. The average man, when he says that he has seen a film show, what he has actually seen is just one scene flashing on the screen at a time. As we happened to mention in an earlier sermon, people go to the cinema and to the theatre saying: "We are going to see a film show, we are going to see a drama". [\[208\]](#) And they return saying: "We have seen a film show,

we have seen a drama". But actually, they have neither seen a film nor a drama completely.

What really has happened? How did they see a film show? Just as much as one creates a name-and-form on one's screen of consciousness with the help of preparations, the film-goer has created a story by putting together the series of scenes falling on the screen.

What we mean to say is this: Now supposing the series of consecutive frames, which make up a motion picture, is made to appear on the scene when there is no spectator in the cinema hall - will there be a film at all? While such an experiment is going on, if a film-goer steps in late, half way through, he would not be able to gather that portion of the film already gone. It is gone, gone, gone forever. Those preparations are irrevocably past.

A film show actually becomes a film show thanks to that glue used by the audience - the glue of craving. The Buddha has preached that this craving has three characteristics, namely: *ponobhavika*, *nandirāgasahagata*, and *tatratrābhinandi*.^[209] *Ponobhavika* as a characteristic of craving means, in its broader sense, that it leads to re-becoming. One might think that by 're-becoming' only the connecting up of one existence in *samsāra* with another is meant. But that is not all. It is craving that connects up one moment of existence with another.

One who is seeing a film show, for instance, connects up the first scene with the second, in order to understand the latter. And that is how one 'sees' a film show and comes back and says: "I have seen a film show". All the scenes do not fall on the screen at once, but a connecting-up goes on. That is the idea behind the term *ponobhavika*. In this connecting up of one scene with another there is an element of re-becoming or re-generation.

Then there is the term *nandirāgasahagata*. This is the other additive which should be there for one to enjoy the film show. It means the nature of delighting and getting attached. Craving in particular is like a glue. In fact, a synonym for it is *lepa*, which means a 'glue'.^[210] Another synonym is *visattika*, an 'adhesive' or a 'sticky substance'.^[211] Even the word *rāga*, or attachment, already conveys this sense. So craving, or desire, glues the scenes together.

Then comes the term *tatratrābhinandi*, the nature of delighting, in particular now here, now there. It is, in effect, the association of one scene with another in order to make up a story out of it. That is why we made the statement: 'So far not a single cinema has held a film show and not a single theatre has staged a drama'.^[212] But all the same, those who went to the cinema and the theatre witnessed a show and a drama. How? They produced them, or prepared them, with their 'sticky' defilements on their own.

Now in the same way, worldly beings create a film show of name-and-form on the screen of consciousness with the help of preparations, or *saṅkhāras*. Name-and-form is a product of imagination. What insight meditators often refer to as reflection on 'name-and-form preparations', amounts to this. Is there something real in name-and-form? In our very first sermon we happened to say something on this point.^[213]

In the *Dvayatānupassanāsutta* of the *Sutta Nipāta* the Buddha gives utterance to the following verse:

*Anattani attamāniṃ,
passa lokam sadevakaṃ,*

niviṭṭhaṃ nāmarūpasmim,
idaṃ saccan'ti maññati.^[214]

"Just see the world, with all its gods,
Fancying a self where none exists,
Entrenched in name-and-form it holds
The conceit that this is real."

It is as if the Buddha is pinpointing the illusory and deceptive nature of name-and-form. As we mentioned before, scenes fall on the cinema screen only one at a time. Because of the rapidity of the movie film, it is difficult for one to be aware of this fact. Now, in the case of a drama, the curtain goes down between acts and the audience waits for the curtain to go up. But they wait, ready with their glue to connect the previous act with the one to come, to construct a drama. By the time a certain scene falls on the cinema screen, the previous one is gone for good. Scenes to follow have not yet come. Whatever scene falls on the screen, now, will not stay there. So what we have here, is something illusory, a deceptive phenomenon.

Let us now consider an instance like this: Sometimes we see a dog, crossing a plank over a stream, stopping half way through to gaze at the water below. It wags its tail, or growls, or keeps on looking at and away from the water, again and again. Why does it do so? Seeing its own image in the water, it imagines that to be another dog. So it either wags its tail in a friendly way, or growls angrily, or else it keeps on stealing glances out of curiosity - love, hate, and delusion.

In this case, the dogs thinks that it is looking because it sees a dog. But what is really happening? It is just because it is looking that it sees a dog. If the dog had not looked down, it would not have seen a dog looking up at it from below, that is to say - its own image. Now it is precisely this sort of illusion that is going on with regard to this name-and-form, the preparations, and sense-perception. **Here lies the secret of Dependent Arising.**

As a flash-back to our film show, it may be added that if a film reel is played at a time when there is no spectator, no film show will be registered anywhere, because there is no mind to put together. It merely flashed on the screen. But if someone had been there to receive it, to contact with his sense-bases, that is, to see with his eyes, hear with his ears, and make mental contact with desire, then there comes to be a film show. And so also in the case of a drama.

Film producers and dramatists think that the production of the film and the drama is solely their work. But in the last analysis, it is the audience that gives the film and the drama the finishing touch, to make them finished products. Similarly, we tend to think that every object in the world exists in its own right. But then this is what is called *sakkāyadiṭṭhi*, the 'personality view', which carries with it the self-bias.

It is such a view that made the dog imagine that there is another dog in the water. It imagined that the dog is there, even when it is not looking. It may have thought: "I am looking because a dog appears there". But the fact is that the dog appears there because it cares to look. Here, then, we have a case of dependent arising, or *paṭicca samuppāda*.

The word *paṭicca* has a very deep meaning. The Buddha borrowed many words from the existing philosophical tradition in India. Sometimes he infused new meanings into them and adopted them to his terminology. But the term *paṭicca*

samuppāda is not to be found in any other philosophical system. The special significance of the term lies in the word *paṭicca*.

On a certain occasion, the Buddha himself gave a definition to this term *paṭicca samuppāda*. Now it is fairly well known that the Buddha declared that all this suffering is dependently arisen. What then is to be understood by the word *dukkha*, or 'suffering'? He defines it in terms of the five grasping groups, or the five aggregates of clinging, as it is said: *saṅkhittena pañcupādānakkhandhā dukkhā*,^[215] "in short, the five grasping groups are suffering". So then suffering, or the five grasping groups, is something dependently arisen.

In one discourse in the *Nidānasamyutta* of the *Samyutta Nikāya* we find the Buddha making the following significant statement: *Paṭiccasamuppannaṃ kho, Upavāṇa, dukkhaṃ vuttaṃ mayā. Kiṃ paṭicca? Phassaṃ paṭicca*.^[216] "Upavāṇa, I have declared that suffering is dependently arisen. Dependent on what? **Dependent on contact.**" So from this statement, also, it is clear that the five groups of grasping arise because of contact, that is by contacting through the six bases.

Considered in this way, a thing is called dependently arisen because it arises on being touched by the six sense-bases. That is why it is called *anicca*, or impermanent. The film show, for instance, was not something already made, or 'ready made'. It arose due to contact. The phrase *saṅkhataṃ paṭiccasamuppannaṃ*,^[217] 'prepared and dependently arisen', suggests that the prepared nature is also due to that contact. What may be called *abhisaṅkhata viññāṇa*,^[218] 'specifically prepared consciousness', is that sort of consciousness which gets attached to name-and-form.

When one sees a film show, one interprets a scene appearing on the screen according to one's likes and dislikes. It becomes a thing of experience for him. Similarly, by imagining a self in name-and-form, consciousness gets attached to it. It is such a consciousness, which is established on name-and-form, that can be called *abhisaṅkhata viññāṇa*.

Then could there be also a consciousness which does not reflect a name-and-form? Yes, there could be. That is what is known as *anidassana viññāṇa*,^[219] or 'non-manifestative consciousness'. This brings us to an extremely abstruse topic in this *Dhamma*.

There is a very deep verse occurring at the end of the *Kevaḍḍhasutta* of the *Dīgha Nikāya* which has been variously interpreted by scholars both eastern and western. It runs:

*Viññāṇaṃ anidassanaṃ,
anantaṃ sabbato pabhaṃ,
ettha āpo ca paṭhavī,
tejo vāyo na gādhati,
ettha dīghaṅca rassaṅca,
aṇuṃ thūlaṃ subhāsubhaṃ,
ettha nāmaṅca rūpaṅca,
asesaṃ uparujjhati,
viññāṇassa nirodhena,
etth'etaṃ uparujjhati.*^[220]

The commentary advances several interpretations to this verse. [\[221\]](#) Being unable to give one definite meaning, it suggests several. However, since we have developed a certain mode of interpretation so far, we propose to give preference to it before getting down to the commentarial interpretation. Now let us see whether our mode of interpretation can make this verse meaningful.

First of all, we have to trace the circumstances which provide the setting for this verse in the *Kevaḍḍhasutta*. The Buddha brings out a past episode, relating to the company of monks. A certain monk conceived the riddle: 'Where do these four great primaries, earth, water, fire, and air, cease altogether?' He did not approach the Buddha with his problem, probably because he thought that somewhere in this world-system those four elements could cease.

So what did he do? As he had psychic powers he went from heaven to heaven and *Brahma* realm to *Brahma* realm, asking the gods and *Brahmas* this question: 'Where do these four primaries cease?' None among the gods and *Brahmas* could answer. In the end, *Mahā Brahma* himself asked him, why he took the trouble to come all the way there, when he could have easily consulted the Buddha. Then that monk approached the Buddha and put the riddle to him.

But before answering the riddle, the Buddha recommended a restatement of it, saying: 'Monk, that is not the way you should put it. You should have worded it differently.' Now that means that the question is wrongly put. It is incorrect to ask where the four great primaries cease. There is a particular way of wording it. And this is how the Buddha reformulated that riddle:

Kattha āpo ca paṭhavi,

tejo vāyo na gādhati,

kattha dīghañca rassañca,

aṇuṃ thūlaṃ subhāsubhaṃ,

kattha nāmañca rūpañca,

asesaṃ uparujjhati?

"Where do earth and water,

Fire and wind no footing find,

Where is it that long and short,

Fine and coarse, pleasant, unpleasant,

As well as name-and-form,

Are held in check in a way complete?"

Here the Buddha introduces a phrase of special significance: *na gādhati*, 'does not find a footing'. So the question, as restated, means: "Where do the four primaries not get a footing?" The question, then, is not about a cessation of the four primaries, it is not a question of their cessation somewhere in the world or in the world system. The correct way to put it, is to ask where the four great primaries do not find a footing. The Buddha adds that it may also be asked where long and short, fine and coarse, pleasant and unpleasant, as well as name-and-form are held in check completely. The word *uparujjhati* means 'holding in check'.

Having first reformulated the question, the Buddha gave the answer to it in the verse previously quoted. Let us now try to get at the meaning of this verse. We shall not translate, at the very outset, the first two lines of the verse, *viññāṇaṃ anidassanaṃ, anantaṃ sabbato pabhaṃ*. These two lines convey a very deep

meaning. Therefore, to start with, we shall take the expression as it is, and explain its relation to what follows.

It is in this consciousness, which is qualified by the terms *anidassanaṃ*, *anantaṃ*, and *sabbato pabhaṃ*, that earth, water, fire, and air do not find a footing. Also, it is in this consciousness that long and short, fine and coarse, and pleasant and unpleasant, as well as name-and-form, are kept in check. It is by the cessation of consciousness that all these are held in check.

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MIND STILLED 07

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santaṃ, etaṃ paṇītaṃ, yadidaṃ sabbasaṅkhārasamatho
sabbūpādhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ.* [\[222\]](#)

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction".

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks. Towards the end of the last sermon we happened to quote a certain verse from the *Kevaḍḍhasutta* of the *Dīgha Nikāya*. The verse runs as follows:

*Viññāṇaṃ anidassanaṃ,
anantaṃ sabbato pabhaṃ,
ettha āpo ca paṭhavī,
tejo vāyo na gādhati,
ettha dīghañca rassañca,
aṇuṃ thūlaṃ subhāsubhaṃ,
ettha nāmañca rūpañca,
asesaṃ uparujjhati,
viññāṇassa nirodhena,
etth'etaṃ uparujjhati.* [\[223\]](#)

The other day, we could give only a general idea of the meaning of this verse in brief, because of the question of time. Today, we propose to attempt a detailed explanation of it. To start with, we purposely avoid rendering the first two lines, which appear as the crux of the whole verse. Taking those two lines as they are, we could paraphrase the verse as follows:

It is in a consciousness, that is *anidassana*, *ananta*, and *sabbato pabha*, that earth, water, fire, and air do not find a footing. It is in this consciousness that long and short, fine and coarse, and pleasant and unpleasant, as well as name-and-form, are kept in check. It is by the cessation of consciousness that all these

are held in check.

Let us now try to sort out the meaning of the difficult words in the first two lines. First of all, in the expression *viññāṇaṃ anidassanaṃ*, there is the term *anidassana*. The meaning of the word *nidassana* is fairly well known. It means 'illustration'. Something that 'throws light on' or 'makes clear' is called *nidassana*. This is the basic sense.

We find an instance of the use of this word, even in this basic sense, in the first *Kosalasutta* among the Tens of the *Aṅguttara Nikāya*. It is in connection with the description of *abhibhāyatanā*, bases of mastery, where there is a reference to contemplation devices known as *kasiṇa*. It is said that even the flax flower can be used initially as a sign for *kasiṇa* meditation. A flax flower is described in the following words: *Umāpupphaṃ nīlaṃ nīlavaṇṇaṃ nīlanidassanaṃ nīlanibhāsaṃ*,^[224] which may be rendered as: "The flax flower, blue, blue-coloured, manifesting blue, shining blue". *Nīlanidassanaṃ* suggests that the flax flower is an illustration of blue colour, or that it is a manifestation of blue. *Anidassana* could therefore be said to refer to whatever does not manifest anything.

In fact, we have a very good example in support of this suggested sense in the *Kakacūpamasutta* of the *Majjhima Nikāya*. There we find the Buddha putting a certain question to the monks in order to bring out a simile: "Monks, suppose a man comes with crimson, turmeric, indigo or carmine and says: 'I shall draw pictures and make pictures appear on the sky!' What do you think, monks, could that man draw pictures and make pictures appear there?" Then the monks reply: *Ayañhi, bhante, ākāso arūpī anidassano. Tattha na sukaraṃ rūpaṃ likhituṃ, rūpapātubhāvaṃ kātuṃ*.^[225] "This sky, Lord, is immaterial and non-illustrative. It is not easy to draw a picture there or make manifest pictures there."

Here we have the words in support of the above suggested meaning. The sky is said to be *arūpī anidassano*, immaterial and non-illustrative. That is why one cannot draw pictures there or make pictures appear there. There is nothing material in the sky to make manifest pictures. That is, the sense in which it is called *anidassano* in this context.

Let us now see how meaningful that word is, when used with reference to consciousness as *viññāṇaṃ anidassanaṃ*. Why the sky is said to be non-manifestative we could easily understand by the simile. But how can consciousness become non-manifestative? First and foremost we can remind ourselves of the fact that our consciousness has in it the ability to reflect. That ability is called *paccavekkhana*, 'looking back'. Sometimes the Buddha has given the simile of the mirror with reference to this ability, as for instance in the *AmbalattikāRāhulovādasutta* of the *Majjhima Nikāya*.^[226] In the *Ānandasutta* of the *Khandhasaṃyutta*, also, he has used the simile of the mirror.^[227] In the former *sutta* preached to Venerable *Rāhula* the Buddha uses the simile of the mirror to stress the importance of reflection in regard to bodily, verbal, and mental action.

In our last sermon, we gave a simile of a dog crossing a plank over a stream and looking at its own reflection in the water.^[228] That, too, is a kind of reflection. But from that we can deduce a certain principle with regard to the question of reflection, namely, that the word stands for a mode of becoming deluded as well as a mode of getting rid of the delusion. What creates a delusion is the way that dog is repeatedly looking down from his own point of view on the plank to see a dog in the water. That is unwise reflection born of non-radical attention, *ayoniso manasikāra*. Under the influence of the personality view, *sakkāyadiṭṭhi*, it goes on looking at its own image, wagging its tail and growling. But wise reflection born of radical attention, *yoniso manasikāra*, is what is recommended in the

AmbalattikāRāhulovādasutta with its thematic repetitive phrase *paccavekkhitvā, paccavekkhitvā*,^[2291] "reflecting again and again".

Wise reflection inculcates the *Dhamma* point of view. Reflection based on right view, *sammā diṭṭhi*, leads to deliverance. So this is the twin aspect of reflection. But this we mention by the way. The point we wish to stress is that consciousness has in it the nature of reflecting something, like a mirror.

Now *viññāṇaṃ anidassanaṃ* is a reference to the nature of the released consciousness of an *arahant*. It does not reflect anything. To be more precise, it does not reflect a *nāma-rūpa*, or name-and-form. An ordinary individual sees a *nāma-rūpa*, when he reflects, which he calls 'I' and 'mine'. It is like the reflection of that dog, which sees its own delusive reflection in the water. A non-*arahant*, upon reflection, sees name-and-form, which however he mistakes to be his self. With the notion of 'I' and 'mine' he falls into delusion with regard to it. But the *arahant's* consciousness is an unestablished consciousness.

We have already mentioned in previous sermons about the established consciousness and the unestablished consciousness.^[2301] A non-*arahant's* consciousness is established on name-and-form. The unestablished consciousness is that which is free from name-and-form and is unestablished on name-and-form. The established consciousness, upon reflection, reflects name-and-form, on which it is established, whereas the unestablished consciousness does not find a name-and-form as a reality. The *arahant* has no attachments or entanglements in regard to name-and-form. In short, it is a sort of penetration of name-and-form, without getting entangled in it. This is how we have to unravel the meaning of the expression *anidassana viññāṇa*.

By way of further clarification of this sense of *anidassana*, we may remind ourselves of the fact that manifestation requires something material. That is obvious even from that simile picked up at random from the *Kakacūpamasutta*. As for the consciousness of the *arahant*, the verse in question makes it clear that earth, water, fire, and air do not find a footing there.

It is because of these four great primaries that one gets a perception of form. They are said to be the cause and condition for the designation of the aggregate of form: *Cattāro kho, bhikkhu, mahābhūtā hetu, cattāro mahābhūtā paccayo rūpakkhandhassa paññāpanāya*.^[2311] "The four great primaries, monk, are the cause and condition for the designation of the form group".

Now the *arahant* has freed his mind from these four elements. As it is said in the *Dhātuvibhaṅgasutta*: *Paṭhavīdhātuyā cittaṃ virājeti*,^[2321] "he makes his mind dispassionate with regard to the earth-element". *Āpodhātuyā cittaṃ virājeti*, "he makes his mind dispassionate with regard to the water-element". As he has freed his mind from the four elements through disenchantment, which makes them fade away, the *arahant's* reflection does not engender a perception of form. As the verse in question puts it rather rhetorically, *ettha āpo ca paṭhavī, tejo vāyo na gādhati*, "herein water and earth, fire and air find no footing".

Here the word *gādhati* is particularly significant. When, for instance, we want to plumb the depth of a deep well, we lower something material as a plumb into the well. Where it comes to stay, we take as the bottom. In the consciousness of the *arahant*, the material elements cannot find such a footing. They cannot manifest themselves in that unplumbed depth of the *arahant's* consciousness.

*Viññāṇaṃ anidassanaṃ,
anantaṃ sabbato pabhaṃ,*

ettha āpo ca paṭhavī,

tejo vāyo na gādhati.

"Consciousness, which is non-manifestative,

Endless and lustrous on all sides,

It is here that water, earth,

Fire, and air no footing find."

It is precisely because the material elements cannot make themselves manifest in it, that this consciousness is called 'non-manifestative'. In the same connection we may add that such distinctions as long and short, fine and coarse, and pleasant and unpleasant are not registered in that consciousness, because they pertain to things material. When the consciousness is freed from the four elements, it is also free from the relative distinctions, which are but the standards of measurements proper to those elements.

Let us now consider the implications of the term *anantaṃ* - 'endless', 'infinite'. We have already said something about the plumbing of the depth of waters. Since the material elements have faded away in that consciousness, they are unable to plumb its depth. They no longer serve as an '**index**' to that consciousness. Therefore, that consciousness is endless or infinite.

It is endless also in another sense. With regard to such distinctions as 'long' and 'short' we used the word '**relative**'. These are relative concepts. We even refer to them as conjoined pairs of terms. In worldly usage they are found conjoined as 'long and short', 'fine and coarse', 'pleasant and unpleasant'. There is a dichotomy about these concepts, there is a bifurcation. It is as if they are put within a rigid framework.

When, for instance, we go searching for a piece of wood for some purpose or other, we may say: "This piece of wood is too long". Why do we say so? Because we are in need of a shorter one. Instead of saying that it is not '**sufficiently**' short, we say it is too long. When we say it is too short, what we mean is that it is not sufficiently long. So then, long and short are relevant within one framework. As a matter of fact, all measurements are relative to some scale or other. They are meaningful within some framework of a scale.

In this sense, too, the worldling's way of thinking has a tendency to go to extremes. It goes to one extreme or the other. When it was said that the world, for the most part, rests on a dichotomy, such as that between the two views 'Is' and 'Is not', [\[233\]](#) this idea of a framework is already implicit. The worldling's ways of thought '**end-up**' in one extreme or the other within this framework. The *arahant* transcends it, his consciousness is, therefore, endless, *ananta*.

There is a verse in the *Pāṭaligāmiyavagga* of the *Udāna*, which clearly brings out this fact. Most of the discourses in that section of the *Udāna* deal with *Nibbāna* - *Nibbānapaṭisaṃyutta* - and the following verse, too, is found in such a discourse.

Duddasaṃ anantaṃ nāma,

na hi saccaṃ sudassanaṃ,

paṭividdhā taṇhā jānato,

passato natthi kiñcanaṃ. [\[234\]](#)

This verse, like many other deep ones, seems to have puzzled the commentators. Let alone the meaning, even the variant readings had posed them a problem, so much so that they end up giving the reader a choice between

alternate interpretations. But let us try to get at the general trend of its meaning.

Duddasaṃ anantaṃ nāma, "hard to see is the endless" - whatever that 'endless' be. *Na hi saccaṃ sudassanaṃ*, "the truth is not easily seen", which in effect is an emphatic assertion of the same idea. One could easily guess that this 'endless' is the truth and that it refers to *Nibbāna*. *Paṭividdhā taṇhā* means that "craving has been penetrated through". This penetration is through knowledge and wisdom, the outcome of which is stated in the last line. *Janato passato natthi kiñcanaṃ*, "to one who know and sees there is NOTHING". The idea is that when craving is penetrated through with knowledge and wisdom, one realizes the voidness of the world. Obviously, the reference here is to *Nibbāna*.

The entire verse may now be rendered as follows:

"Hard to see is the Endless,
Not easy 'tis to see the truth,
Pierced through is craving,
And naught for him who knows and sees."

The commentator, however, is at a loss to determine whether the correct reading is *anataṃ* or *anantaṃ* and leaves the question open. He gives one interpretation in favour of the reading *anataṃ*.^[235] To show its justifiability he says that *natā* is a synonym for *taṇhā*, or craving, and that *anataṃ* is a term for *Nibbāna*, in the sense that there is no craving in it. It must be pointed out that it is *nati* and not *natā* that is used as a synonym for *taṇhā*.

Anyway, after adducing reasons for the acceptability of the reading *anataṃ*, he goes on to say that there is a variant reading, *anantaṃ*, and gives an interpretation in support of it too. In fact, he interprets the word *anantaṃ* in more than one sense. Firstly, because *Nibbāna* is permanent, it has no end. And secondly it is endless because it is immeasurable, or *appamāṇa*.

In our interpretation of the word *anantaṃ* we have not taken it in the sense of permanence or everlastingness. The word *appamāṇa*, or immeasurable, can have various nuances. But the one we have stressed is the transcendence of relative concepts, limited by their dichotomous nature. We have also alluded to the unplumbed depth of the *arahant's* consciousness, in which the four elements do not find a footing.

In the *Buddhavagga* of the *Dhammapada* we come across another verse which highlights the extraordinary significance of the word *anantaṃ*.

*Yassa jālinī visattikā,
taṇhā natthi kuhiñci netave,
taṃ Buddham anantagocaraṃ,
apadaṃ kena padena nessatha?*^[236]

Before attempting a translation of this verse, some of the words in it have to be commented upon. *Yassa jālinī visattikā*. *Jālinī* is a synonym for craving. It means one who has a net or one who goes netting. *Visattikā* refers to the agglutinative character of craving. It keeps worldlings glued to objects of sense. The verse may be rendered as follows:

"He who has no craving, with nets in and agglutinates to lead him somewhere - by what track could that Awakened One of infinite range be led - trackless as he is?"

Because the Buddha is of infinite range, he is trackless. His path cannot be traced. Craving wields the net of name-and-form with its glue when it goes ranging. But since the Awakened One has the '**endless**' as his range, there is no track to trace him by.

The term *anantagocaraṃ* means one whose range has no end or limit. If, for instance, one chases a deer, to catch it, one might succeed at least at the end of the pasture. But the Buddha's range is endless and his 'ranging' leaves no track.

The commentators seem to interpret this term as a reference to the Buddha's omniscience - to his ability to attend to an infinite number of objects. [\[237\]](#) But this is not the sense in which we interpret the term here. The very fact that there is '**no object**' makes the Buddha's range endless and untraceable. Had there been an object, craving could have netted him in. In support of this interpretation, we may allude to the following couple of verses in the *Arahantavagga* of the *Dhammapada*.

*Yesaṃ sannicayo natthi,
ye pariññāta bhojanā,
suññato animitto ca,
vimokkho yesa gocaro,
ākāse va sakuntānaṃ,
gati tesam durannayā.*

*Yassāsavā parikkhīṇā,
āhāre ca anissito,
suññato animitto ca,
vimokkho yassa gocaro,
ākāse va sakuntānaṃ,
padaṃ tassa durannayaṃ.* [\[238\]](#)

Both verses express more or less the same idea. Let us examine the meaning of the first verse. The first two lines are: *Yesaṃ sannicayo natthi, ye pariññāta bhojanā*. "Those who have no accumulation and who have comprehended their food". The words used here are charged with deep meanings. Verses in the *Dhammapada* are very often rich in imagery. The Buddha has on many occasions presented the *Dhamma* through deep similes and metaphors. If the metaphorical sense of a term is ignored, one can easily miss the point.

For instance, the word *sannicaya*, in this context, which we have rendered as 'accumulation', is suggestive of the heaping up of the five aggregates. The word *upacaya* is sometimes used with reference to this process of heaping up that goes on in the minds of the worldlings. [\[239\]](#) Now this heaping up, as well as the accumulation of *kamma*, is not there in the case of an *arahant*. Also, they have comprehended their food. The comprehension of food does not mean simply the usual reflection on food in terms of elements. Nor does it imply just one kind of food, but all the four nutriments mentioned in the *Dhamma*, namely *kabaḷīṅkārāhāra*, material food, *phassa*, contact, *manosañcetanā*, volition, and *viññāṇa*, consciousness. [\[240\]](#)

The next two lines tell us what the true range or pasture of the *arahants* is. It is an echo of the idea of comprehension of food as well as the absence of accumulation. *Suññato animitto ca, vimokkho yesa gocaro*, "whose range is the

deliverance of the void and the signless". When the *arahants* are in their attainment to the fruit of *arahant*-hood, their minds turn towards the void and the signless. When they are on this feeding-ground, neither *Māra* nor craving can catch them with their nets. They are trackless - hence the last two lines *ākāse va sakuntānaṃ, gati tesa durannayā*, "their track is hard to trace, like that of birds in the sky".

The word *gati* in this last line is interpreted by the commentators as a reference to the 'whereabouts' of the *arahants* after their *parinibbāna*.^[241] It has dubious associations of some place as a destination. But in this context, *gati* does not lend itself to such an interpretation. It only refers to their mental compass, which is untraceable, because of their deliverance through the void and the signless.

The next verse also brings out this idea. *Yassāsavā parikkhīṇā, āhāre ca anissito*, "whose influxes are extinct and who is unattached in regard to nutriment". *Suññāto animitto ca, vimokkho yassa gocaro*, "whose range is the void and the signless". *Ākāse va sakuntānaṃ, padaṃ tassa durannayaṃ*, "his path is hard to trace, like that of birds in the sky". This reminds us of the last line of the verse quoted earlier, *apadaṃ kena padena nessatha*, "by what track could one lead him, who is trackless"?^[242] These two verses, then, throw more light on the meaning of the expression *anantagocara* - of infinite range - used as an epithet for the Awakened One.

Let us now get at the meaning of the term *sabbato pabham*, in the context *viññāṇaṃ anidassanaṃ, anantaṃ sabbato pabhaṃ*.^[243] In our discussion of the significance of the drama and the cinema we mentioned that it is the darkness in the background which keeps the audience entranced in a way that they identify themselves with the characters and react accordingly.^[244] The darkness in the background throws a spell of delusion. That is what makes for 'enjoyment'.

Of course, there is some sort of light in the cinema hall. But that is very limited. Some times it is only a beam of light, directed on the screen. In a previous sermon we happened to mention that even in the case of a matinee show, dark curtains and closed doors and windows ensure the necessary dark background.^[245] Here, in this simile, we have a clue to the meaning *sabbato pabhaṃ*, luminous or lustrous on all sides. Suppose a matinee show is going on and one is enjoying it, entranced and deluded by it. Suddenly doors and windows are flung open and the dark curtains are removed. Then immediately one slips out of the cinema world. The film may go on, but because of the light coming from all sides, the limited illumination on the screen fades away, before the total illumination. The film thereby loses its enjoyable quality.

As far as consciousness, or *viññāṇa*, is concerned, it is not something completely different from wisdom, *paññā*, as it is defined in the *Mahāvedallasutta*. However, there is also a difference between them, *paññā bhāvetabbā, viññāṇaṃ pariññeyyaṃ*, "wisdom is to be developed, consciousness is to be comprehended".^[246] Here it is said that one has to comprehend the nature of consciousness.

Then one may ask: 'We are understanding everything with consciousness, so how can one understand consciousness?' But the Buddha has shown us the way of doing it. Wisdom, when it is developed, enables one to comprehend consciousness. In short, consciousness is as narrow as that beam of light falling on the cinema screen. That is to say, the specifically prepared consciousness, or the consciousness crammed up in name-and-form, as in the case of the non-*arahant*. It is as narrow as the perspective of the audience glued to the screen. The consciousness of the ordinary worldling is likewise limited and

committed.

Now what happens when it is fully illuminated on all sides with wisdom? It becomes *sabbato pabham*, lustrous on all sides. In that lustre, which comes from all sides, the framework of ignorance fades away. It is that released consciousness, free from the dark framework of ignorance, that is called the consciousness which is lustrous on all sides, in that cryptic verse in question. This lustre, associated with wisdom, has a special significance according to the discourses. In the *Catukkanipāta* of the *Aṅguttara Nikāya* we come across the following *sutta*:

Catasso imā, bhikkhave, pabhā. Katamā catasso? Candappabhā, suriyappabhā, aggippabhā, paññāpabhā. Imā kho, bhikkhave, catasso pabhā. Etad aggaṃ, bhikkhave, imāsaṃ catunnaṃ pabhānaṃ yadidaṃ paññāpabhā. [\[247\]](#) "Monks, there are these four lustres. Which four? The lustre of the moon, the lustre of the sun, the lustre of fire, and the lustre of wisdom. These, monks, are the four lustres. This, monks, is the highest among these four lustres, namely the lustre of wisdom."

Another important discourse, quoted quite often, though not always correctly interpreted, is the following:

Pabhassaram idaṃ, bhikkhave, cittaṃ. Tañca kho āgantukehi upakkilesehi upakkiliṭṭhaṃ. Taṃ assutavā puthujjano yathābhūtaṃ nappajānāti. Tasmā assutavato puthujanassa citta bhāvanā natthīti vadāmi.

Pabhassaram idaṃ, bhikkhave, cittaṃ. Tañca kho āgantukehi upakkilesehi vipparamuttaṃ. Taṃ sutavā ariyasāvako yathābhūtaṃ pajānāti. Tasmā sutavato ariyasāvakassa citta bhāvanā atthīti vadāmi. [\[248\]](#)

"This mind, monks, is luminous, but it is defiled by extraneous defilements. That, the uninstructed ordinary man does not understand as it is. Therefore, there is no mind development for the ordinary man, I declare.

This mind, monks, is luminous, but it is released from extraneous defilements. That, the instructed noble disciple understands as it is. Therefore, there is mind development for the instructed noble disciple, I declare."

It is sufficiently clear, then, that the allusion is to the luminous mind, the consciousness of the *arahant*, which is non-manifestative, infinite, and all lustrous. To revert to the analogy of the cinema which, at least in a limited sense, helps us to form an idea about it, we have spoken about the stilling of all preparations. [\[249\]](#) Now in the case of the film, too, there is a stilling of preparations. That is to say, the preparations which go to make it a '**movie**' film are '**stilled**'. The multicoloured dresses of actors and actresses become colourless before that illumination, even in the case of a technicolour film. The scenes on the screen get blurred before the light that suddenly envelops them.

And what is the outcome of it? The preparations going on in the minds of the audience, whether induced by the film producers or aroused from within, are calmed down at least temporarily. This symbolizes, in a limited sense, the significance of the phrase *sabbasaṅkhārasamatha*, the stilling of all preparations.

Then what about the relinquishment of all assets, *sabbūpadhipaṭinissagga*? In the context of the film show, it is the bundle of experiences coming out of one's 'vested-interests' in the marvellous cinema world. These assets are relinquished at least for the moment. Destruction of craving, *taṇhakkhayo*, is momentarily experienced with regard to the blurred scenes on the screen.

As to the term *virāga*, we have already shown that it can be understood in two

senses, that is, dispassion as well as the fading away which brings about the dispassion. ^[250] Now in this case, too, the fading away occurred, not by any other means, but by the very fact that the limited narrow beam of consciousness got superseded by the unlimited light of wisdom.

Nirodha means cessation, and the film has now ceased to be a film, though the machines are still active. We have already mentioned that in the last analysis a film is produced by the audience. ^[251] So its cessation, too, is a matter for the audience. This, then, is the cessation of the film.

Now comes *Nibbāna*, extinction or extinguishment. Whatever heated emotions and delirious excitements that arose out of the film show cooled down, at least momentarily, when the illumination takes over. This way we can form some idea, somewhat inferentially, about the meaning and significance of the term *sabbato pabham*, with the help of this illustration based on the film show.

So now we have tackled most of the difficulties to the interpretation of this verse. In fact, it is the few words occurring in the first two lines that has posed an insoluble problem to scholars both eastern and western. We have not yet given the commentarial interpretation, and that, not out of disrespect for the venerable commentators. It is because their interpretation is rather hazy and inconclusive. However, we shall be presenting that interpretation at the end of this discussion, so as to give the reader an opportunity to compare it with ours.

But for the present, let us proceed to say something about the last two lines as well. *Viññāṇassa nirodhena, etth'etaṃ uparujjhati*. As we saw above, for all practical purposes, name-and-form seem to cease, even like the fading away of the scenes on the cinema screen. Then what is meant by this phrase *viññāṇassa nirodhena*, with the cessation of consciousness? The reference here is to that *abhisankhata viññāṇa*, or the specifically prepared consciousness. It is the cessation of that concocted type of consciousness which was formerly there, like the one directed on the cinema screen by the audience. With the cessation of that specifically prepared consciousness, all constituents of name-and-form are said to be held in check, *uparujjhati*.

Here, too, we have a little problem. Generally, *nirujjhati* and *uparujjhati* are regarded as synonymous. The way these two verbs are used in some *suttas* would even suggest that they mean the same thing. As a matter of fact, even the *CūḷaNiddesa*, which is a very old commentary, paraphrases *uparujjhati* by *nirujjhati*: *uparujjhati'ti nirujjhati*. ^[252]

Nevertheless, in the context of this particular verse, there seems to be something deep involved in the distinction between these two verbs. Even at a glance, the two lines in question are suggestive of some distinction between them. *Viññāṇassa nirodhena, etth'etaṃ uparujjhati*, the *nirodha* of consciousness is said to result in the *uparodha* of whatever constitutes name-and-form. This is intriguing enough.

But that is not all. By way of preparing the background for the discussion, we have already made a brief allusion to the circumstances in which the Buddha uttered this verse. ^[253] What provided the context for its utterance was a riddle that occurred to a certain monk in a moment of fancy. The riddle was: 'Where do these four great primaries cease altogether?' There the verb used is *nirujjhanti*. ^[254] So in order to find where they cease, he whimsically went from heaven to heaven and from *Brahma*-world to *Brahma*-world. As we mentioned earlier, too, it was when the *Mahā Brahma* directed that monk to the Buddha, saying: 'Why 'on earth' did you come all this way when the Buddha is there to ask?', that the Buddha

reworded the question. He pointed out that the question was incorrectly worded and revised it as follows, before venturing to answer it:

*Kattha āpo ca paṭhavī,
tejo vāyo na gādhati,
kattha dīghañca rassañca,
aṇum thūlam subhāsubham,
kattha nāmañca rūpañca,
asesam uparujjhati?* [\[255\]](#)

The word used by the Buddha in this revised version is *uparujjhati* and not *nirujjhati*. Yet another innovation is the use of the term *na gādhati*. Where do water, earth, fire, and air find no footing? Or where do they not get established? In short, here is a word suggestive of plumbing the depth of a reservoir. We may hark back to the simile given earlier, concerning the plumbing of the consciousness with the perception of form. Where do the four elements not find a footing? Also, where are such relative distinctions as long and short, subtle and gross, pleasant and unpleasant, as well as name-and-form, completely held in check?

In this restatement of the riddle, the Buddha has purposely avoided the use of the verb *nirujjhati*. Instead, he had recourse to such terms as *na gādhati*, 'does not find a footing', 'does not plumb', and *uparujjhati*, 'is held in check', or 'is cut off'. This is evidence enough to infer that there is a subtle distinction between the nuances associated with the two verbs *nirujjhati* and *uparujjhati*.

What is the secret behind this peculiar usage? The problem that occurred to this monk is actually of the type that the materialists of today conceive of. It is, in itself, a fallacy. To say that the four elements **cease** somewhere in the world, or in the universe, is a contradiction in terms. Why? Because the very question: 'Where do they cease?', presupposes an answer in terms of those elements, by way of defining that place. This is the kind of uncouth question an ordinary materially inclined person would ask.

That is why the Buddha reformulated the question, saying: 'Monk, that is not the way to put the question. You should not ask 'where' the four great primaries cease, but rather where they, as well as the concepts of long and short, subtle and gross, pleasant and unpleasant, and name-and-form, are held in check.' The question proper is not where the four great primaries cease, but where they do not get established and where all their accompaniments are held in check.

Here, then, we see the Buddha relating the concept of matter, which the world takes for granted, to the perception of form arising in the mind. The four great primaries haunt the minds of the worldlings like ghosts, so they have to be exorcised from their minds. It is not a question of expelling them from this world, or from any heavenly realm, or the entire world-system. That exorcism should take place in this very consciousness, so as to put an end to this haunting.

Before the light of wisdom those ghosts, namely the four great primaries, become ineffective. It is in the darkness of ignorance that these ghosts haunt the worldlings with the perception of form. They keep the minds of the worldlings bound, glued, committed and limited. What happens now is that the specifically prepared consciousness, which was bound, glued, committed and limited, becomes fully released, due to the light of wisdom, to become non-manifestative, endless, and lustrous on all sides. So, to sum up, we may render the verse in

question as follows:

"Consciousness, which is non-manifestative,
Endless, lustrous on all sides,
Here it is that earth and water,
Fire and air no footing find,
Here it is that long and short,
Fine and coarse, pleasant, unpleasant,
And name-and-form,
Are cut off without exception,
When consciousness has surceased,
These are held in check herein."

Though we ventured to translate the verse, we have not yet given the commentarial interpretation of it. Since this might seem a shortcoming, we shall now present what the commentator has to say on this verse.

Venerable *Buddhaghosa*, before coming to this verse in his commentary to the *Kevaḍḍhasutta*, gives an explanation as to why the Buddha reformulated the original question of that monk. According to him, the question: 'Where do the four great primaries cease?', implied both the organic and the inorganic aspects of matter, and in revising it, the Buddha limited its scope to the organic. In other words, Venerable *Buddhaghosa* presumes that the revised version has to be interpreted with reference to this human body. Hence he explains such words as 'long' and 'short', occurring in the verse, in a limited sense as referring to the body's stature. How facile this interpretation turns out to be, one can easily discern as we go on.

Venerable *Buddhaghosa* keeps on reminding the reader that the questions are relevant only to the organic realm, *upādinnaṃ yeva sandhāya pucchati*. [\[256\]](#) So he interprets the terms *dīghañca rassañca*, long and short, as relative distinctions of a person's height, that is tallness and shortness. Similarly, the words *aṇuṃ thūlaṃ*, subtle and gross, are said to mean the small and big in the size of the body. Likewise *subha* and *asubhaṃ* are taken to refer to the comely and the ugly in terms of body's appearance.

The explanation given to the phrase *nāmañca rūpañca* is the most astounding of all. *Nāma* is said to be the name of the person and *rūpa* is his form or shape. All this goes to show that the commentator has gone off at a tangent, even in the interpretation of this verse, which is more or less the prologue to such an intricate verse as the one in question. He has blundered at the very outset in limiting the scope of those relative terms to the organic, thereby obscuring the meaning of that deep verse.

The significance of these relative terms, from the linguistic point of view, has been overlooked. Words like *dīghaṃ/rassaṃ* and *aṇuṃ/thūlaṃ* do not refer to the stature and size of some person. What they convey is the dichotomous nature of concepts in the world. All those deeper implications are obscured by the reference to a person's outward appearance. The confusion becomes worse confounded, when *nāmañca rūpañca* is interpreted as the name and the shape of a person. So the stage is already set for a shallow interpretation, even before presenting the verse beginning with *viññāṇaṃ anidassanaṃ*.

It is on such an unsound premise that the commentator bases his interpretation of the verse in question. We shall try to do justice to that exposition, too. It might necessitate a fair amount of quotations, though it is difficult to be comprehensive in this respect.

The commentator begins his exposition with the word *viññāṇaṃ* itself. He comes out with a peculiar etymology: *Viññāṇan'ti tattha viññātabbanti viññāṇaṃ nibbānassa nāmaṃ*, which means that the word *viññāṇa*, or consciousness, is in this context a synonym for *Nibbāna*, in the sense that it is 'to be known', *viññātabbaṃ*. This forced etymology is far from convincing, since such a usage is not attested elsewhere. Moreover, we come across a long list of epithets for *Nibbāna*, as many as thirty-three, in the *Asaṅkhatasamyutta* of the *Samyutta Nikāya*, but *viññāṇa* is not counted as one.^[2571] In fact, nowhere in the discourses is *viññāṇa* used as a synonym for *Nibbāna*.

Next, he takes up the word *anidassana*, and makes the following comment: *Tad etaṃ nidassanābhāvato anidassanaṃ*, that *Nibbāna* is called *anidassana* because no illustration for it could be given. The idea is that it has nothing to compare with. Then comes the explanation of the word *anantaṃ*. According to the commentator *Nibbāna* is called *ananta*, endless, because it has neither the arising-end, *uppādanto*, nor the falling-end, *vayanto*, nor the otherwiseness of the persisting-end, *thitassa aññathatta*. Strangely enough, even the last mentioned middle-state is counted as an 'end' in the commentators concept of three ends. So this is the substance of his commentary to the first three words *viññāṇaṃ*, *anidassanaṃ*, *anantaṃ*.

The commentarial interpretation of the term *sabbato pabhaṃ* is even more confusing. The word *pabhā* is explained as a synonym for *papa*, meaning 'ford'. The *bha* element in the word, he explains, is a result of consonantal interchange with the original *pa* in *papa*. *Pakāraṣṣa pana bhakāro kato*. The idea is that the original form of this particular term for *Nibbāna* is *sabbato papaṃ*. The meaning attributed to it is 'with fords on all sides'. *Nibbāna* is supposed to be metaphorically conceived as the ocean, to get down into which there are fords on all sides, namely the thirty-eight topics of meditation. This interpretation seems rather far fetched. It is as if the commentator has resorted to this simile of a ford, because he is already 'in deep waters'! The word *pabhā*, as it is, clearly means light, or radiance, and its association with wisdom is also well attested in the canon.

Though in his commentary to the *Dīgha Nikāya* Venerable *Buddhaghosa* advances the above interpretation, in his commentary to the *Majjhima Nikāya* he seems to have had second thoughts on the problem. In the *Brahmanimantanikasutta* of the *Majjhima Nikāya*, also, the first two lines of the verse, *viññāṇaṃ anidassanaṃ*, *anantaṃ sabbato pabhaṃ*, occur.^[2581] But here the commentator follows a different line of interpretation. Whereas in his commentary to the *Kevaḍḍhasutta* he explains *anidassanaṃ* as an epithet of *Nibbāna*, in the sense of having nothing to compare with, here he takes it in the sense of not being visible to the eye. *Cakkhuvīññāṇassa āpāthaṃ anupagamanato anidassanaṃ nāma*,^[2591] "it is called *anidassana* because it does not come within the range of eye-consciousness".

In explaining the term *sabbato pabhaṃ*, he suggests several alternative interpretations. In the first interpretation, he takes *pabhā* to mean light, or lustre. *Sabbato pabhan'ti sabbato pabhāsampannaṃ. Nibbānato hi añño dhammo sappabhataro vā jotivantataro vā parisuddhataro vā paṇḍarataro vā natthi*. "*Sabbato pabhaṃ* means more lustrous than anything else. For there is nothing more lustrous or luminous or purer or whiter than *Nibbāna*". In this interpretation

Nibbāna is even regarded as something white in colour!

The etymology of the term *sabbato pabhaṃ* has been given a twist, for the word *sabbato* is taken in a comparative sense, 'more lustrous than anything'. As we have pointed out, the term actually means 'lustrous on all sides'. Then a second interpretation is given, bringing in the word *pabhū*, 'lord' or 'chief'. *Sabbato vā pabhū*, that is to say more prominent than anything else. In support of it he says: *Asukadisāya nāma nibbānaṃ natthīti na vattabbaṃ*, "it should not be said that in such and such a direction *Nibbāna* is not to be found". He says that it is called *pabhū*, or lord, because it is to be found in all directions. Only as the third interpretation he cites his simile of the ford already given in his commentary to the *Kevaḍḍhasutta*.

What is the reason for giving so many figurative interpretations as alternatives to such a significant verse? Surely the Buddha would not have intended the verse to convey so many conflicting meanings, when he preached it.

No doubt the commentators have made a great effort to preserve the *Dhamma*, but due to some unfortunate historical circumstances, most of the deep discourses dealing with the subject of *Nibbāna* have been handed down without even a clue to the correct version among variant readings. This has left the commentators nonplussed, so much so that they had to give us several vague and alternative interpretations to choose from. It is up to us to decide, whether we should accept this position as it is, or try to improve on it by exploring any other possible means of explanation.

We had occasion to mention in our very first sermon that the Buddha himself has prophesied that those discourses which deal with voidness would, in time to come, go into disuse, with their deeper meanings obscured.^[260] The interpretations just quoted go to show that already the prediction has come true to a great extent.

The phrase we quoted from the *Brahmanimantanikasutta* with its reference to *anidassana viññāṇa* occurs in a context which has a significance of its own. The relevant paragraph, therefore, deserves some attention. It runs as follows:

Viññānaṃ anidassanaṃ anantaṃ sabbato pabhaṃ, taṃ paṭhaviyā paṭhavittena ananubhūtaṃ, āpassa āpattena ananubhūtaṃ, tejassa tejattena ananubhūtaṃ, vāyassa vāyattena ananubhūtaṃ, bhūtānaṃ bhūtattena ananubhūtaṃ, devānaṃ devattena ananubhūtaṃ, pajāpatissa pajāpatittena ananubhūtaṃ, brahmānaṃ brahmattena ananubhūtaṃ, ābhassarānaṃ ābhassarattena ananubhūtaṃ, subhakiṇhānaṃ subhakiṇhattena ananubhūtaṃ, vehapphalānaṃ vehapphalatte ananubhūtaṃ, abhibhussa abhibhuttena ananubhūtaṃ, sabbassa sabbattena ananubhūtaṃ.^[261]

"Consciousness which makes nothing manifest, infinite and all lustrous, it does not partake of the earthiness of earth, the wateriness of water, the fieriness of fire, the airiness of air, the creature-hood of creatures, the *deva*-hood of *devas*, the *Pajāpati*-hood of *Pajāpati*, the *Brahma*-hood of *Brahma*, the radiance of the Radiant Ones, the *Subhakiṇha*-hood of the *Subhakiṇha Brahmas*, the *Vehapphala*-hood of the *Vehapphala Brahmas*, the overlord-ship of the overlord, and the all-ness of the all."

This peculiar paragraph, listing thirteen concepts, seems to convey something deep about the nature of the non-manifestative consciousness. That consciousness does not partake of the earthiness of earth, the wateriness of water, the fieriness of fire, and the airiness of air. That is to say, the nature of the four elements does not inhere in this consciousness, they do not manifest

themselves in it. Similarly, the other concepts, like *deva*-hood, *Brahma*-hood, etc., which the worldlings take seriously as real, have no applicability or validity here.

The special significance of this assertion lies in the context in which the Buddha declared it. It is to dispel a wrong view that *Baka* the *Brahma* conceived, in regarding his *Brahma* status as permanent, ever lasting and eternal, that the Buddha made this declaration before that *Brahma* himself in the *Brahma* world. The whole point of the discourse, then, is to challenge the wrong view of the *Brahma*, by asserting that the non-manifestative consciousness of the *arahant* is above the worldly concepts of elements and divinity and the questionable reality attributed to them. In other words, they do not manifest themselves in it. They are transcended.

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MIND STILLED 08

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santaṃ, etaṃ paṇītaṃ, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ.* [\[262\]](#)

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction".

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks.

The other day we ended our sermon by discussing how far the *Brahmanimantanikasutta* of the *Majjhima Nikāya* helps us to understand what *anidassana viññāṇa* is. We quoted a certain paragraph from that discourse as a starting point for our discussion. Let us now remind ourselves of it:

Viññānaṃ anidassanaṃ anantaṃ sabbato pabhaṃ, taṃ paṭhaviyā paṭhavittena ananubhūtaṃ, āpassa āpattena ananubhūtaṃ, tejassa tejattena ananubhūtaṃ, vāyassa vāyattena ananubhūtaṃ, bhūtānaṃ bhūtattena ananubhūtaṃ, devānaṃ devattena ananubhūtaṃ, pajāpatissa pajāpatittena ananubhūtaṃ, brahmānaṃ brahmattena ananubhūtaṃ, ābhassarānaṃ ābhassarattena ananubhūtaṃ, subhakiṇhānaṃ subhakiṇhattena ananubhūtaṃ, vehapphalānaṃ vehapphalattena ananubhūtaṃ, abhibhussa abhibhuttena ananubhūtaṃ, sabbassa sabbattena ananubhūtaṃ. [\[263\]](#)

"Consciousness which makes nothing manifest, infinite and all lustrous. It does not partake of the earthiness of earth, the wateriness of water, the fieriness of fire, the airiness of air, the creature-hood of creatures, the *deva*-hood of *devas*, the *Pajāpati*-hood of *Pajāpati*, the *Brahma*-hood of *Brahma*, the radiance of the Radiant Ones, the *Subhakiṇha*-hood of the *Subhakiṇha Brahmas*, the *Vehapphala*-hood of the *Vehapphala Brahmas*, the overlord-ship of the overlord, and the all-ness of the all."

The gist of this paragraph is that the non-manifestative consciousness which is

infinite and all lustrous, is free from the qualities associated with any of the concepts in the list, such as the earthiness of earth and the wateriness of water. That is to say it is not under their influence, it does not partake of them, *ananubhūtaṃ*. Whatever nature the world attributes to these concepts, whatever reality they invest it with, that is not registered in this non-manifestative consciousness. That is why this consciousness is said to be uninfluenced by them.

Usually, the worldlings attribute a certain degree of reality to concepts in everyday usage. These may be reckoned as mind-objects, things that the mind attends to. The word *dhamma* also means 'a thing', so the worldling thinks that there is some-'thing' in each of these concepts. Or, in other words, they believe that there is some-thing as an inherent nature or essence in these objects of the mind.

But the quotation in question seems to imply that this so-called nature is not registered in the *arahant's* mind. It is extremely necessary for the worldling to think that there is some real nature in these mind-objects. Why? Because in order to think of them as objects they have to have some essence, at least they must be invested with an essence, and so the worldlings do invest them with some sort of an essence, and that is the earthiness of earth, the wateriness of water, (etc.). Likewise there is a being-hood in beings, a *deva*-hood in *devas*, a *Pajāpati*-hood in *Pajāpati*, a *Brahma*-hood in *Brahma*, so much so that even in the concept of all, there is an all-ness - and this is the worldlings' standpoint.

Attributing a reality to whatever concept that comes up, the worldlings create for themselves perceptions of permanence, perceptions of the beautiful, and perceptions of self. In other words, they objectify these concepts in terms of craving, conceit and views. That objectification takes the form of some inherent nature attributed to them, such as earthiness, *deva*-hood (etc.).

But as for the non-manifestative consciousness, it is free from the so-called natures that delude the worldlings. In the consciousness of the *arahants*, there is not that infatuation with regard to the mass of concepts which the worldlings imagine as real, in order to keep going this drama of existence. This fact is clearly borne out by another statement in the *Brahmanimantanikasutta*. The Buddha makes the following declaration, to break the conceit of *Baka* the *Brahma*, who conceived the idea of permanence regarding his status as a *Brahma*:

Paṭhaviṃ kho ahaṃ, brahme, paṭhavito abhiññāya yāvatā paṭhaviyā paṭhavittena ananubhūtaṃ tadabhiññāya paṭhaviṃ nāhosim, paṭhaviyā nāhosim, paṭhavito nāhosim, paṭhaviṃ me'ti nāhosim, paṭhaviṃ nābhivadim^[264]

"Having understood through higher knowledge earth as earth, O Brahma," (that is to say having understood by means of a special kind of knowledge, and not by means of the ordinary sense-perception) "and having understood through higher knowledge whatever that does not partake of the earthiness of earth", (the reference here is to that non-manifestative consciousness, which is to be described in the passage to follow) "I did not claim to be earth", *paṭhaviṃ nāhosim*, "I did not claim to be on earth", *paṭhaviyā nāhosim*, "I did not claim to be from earth", *paṭhavito nāhosim*, "I did not claim earth as mine", *paṭhaviṃ me'ti nāhosim*, "I did not assert earth", *paṭhaviṃ nābhivadim*.

The declensional forms given here are also suggestive of the fact that once the worldlings attribute some inherent nature to those concepts in terms of a 'ness', as in earthy-ness, and make them amenable to their cravings, conceits and views, declensional forms come into usage, a few instances of which have been mentioned here. So, with regard to this earth, one can conceive of it as 'my

earth', or as 'I am on earth', or 'I who am on the earth', or 'from the earth'. By holding on tenaciously to these declensional forms of one's own creation, one is only asserting one's ego.

Now, for instance, we all know that what is called 'a flower' is something that can fade away. But when one conceives of it as 'The-flower-I-saw', and thereby appropriates it into the concept of an I, it gets invested with the nature of permanence, since it can be 're-called'. A perception of permanence which enables one to think about it again, arises out of it. This is the idea behind the above reference.

It is in the nature of the released mind not to take these concepts seriously. It does not have a tenacious grasp on these declensional forms. It is convinced of the fact that they are mere conventions in ordinary usage. Due to that conviction itself, it is not subject to them. "I did not claim to be earth, I did not claim to be on earth, I did not claim to be from earth, I did not claim earth as mine, I did not assert earth", *paṭhaviṃ nābhivadiṃ*.

Here the word *abhivadiṃ* is suggestive of conceit. The three terms *abhinandati*, *abhivadati* and *ajjhosāya tiṭṭhati* are often mentioned together in the discourses.^[265] *Abhinandati* means delighting in particular, which is suggestive of craving. *Abhivadati* means an assertion by way of conceit - an assertion which implies 'a taking up' of something. *Ajjhosāya tiṭṭhati* stands for dogmatic involvement regarding views. Thus *abhinandati*, *abhivadati* and *ajjhosāya tiṭṭhati* correspond to the three terms *taṇhā*, craving, *māna*, conceit, and *diṭṭhi*, views, respectively.

Now out of these, what we find here is *abhivadati - paṭhaviṃ nābhivadiṃ*, "I did not assert earth" - I did not make any assertion about earth by way of conceit. From this, too, we can infer that the ordinary man in this world takes his perception of the earth seriously, and by conceiving of it as 'earth is mine', 'I am on the earth', (etc.), invests the concepts with a permanent nature. But this is a kind of device the worldlings adopt in order to perpetuate the drama of existence. However, everyone of these elements is void.

In this particular context, the four elements earth, water, fire and air, are mentioned at the very outset. The Buddha, having understood the emptiness and impermanence of these elements, does not cling to them. The ordinary worldling, on the other hand, clings to the perception of earth in a piece of ice because of its hardness. But as we know, when we heat it up to a certain degree, its watery quality reveals itself. Further heating would bring up its fiery nature. Continuous heating will convert it into vapour, revealing its air quality.

Thus these four great primaries, which the world clings to, also have the nature of impermanence about them. The emancipated one, who rightly understands this impermanence through his higher knowledge, does not get upset by their ghostly configurations. His consciousness is not subject to them. This is the import of the above paragraph.

The same holds true with regard to the other concepts. *Saṃsāric* beings have their conventional usages. One might think of oneself as a god among gods. Now *Baka* the *Brahma* had the conceit 'I am a *Brahma*'. But even his *Brahma*-status gets melted away like that piece of ice, at least after some aeons. So even *Brahma*-hood is subject to 'liquidation', like an ice-cube.

In this way, the released consciousness of the *arahant* does not register a perception of permanence with regard to the concepts which masquerade as real in the worldling's drama of existence. That is why it is called 'non-manifestative' consciousness. That non-manifestative consciousness is free from those concepts.

By way of further explanation of the nature of this released mind, we may drop a hint through the analogy of the film and the drama, which we have employed throughout. Now, for instance, in order to produce a tragic scene on the screen, the film producers adopt subtle devices and camera tricks. Sometimes an awe-inspiring scene of conflagration or ruthless arson, which drives terror into the hearts of the audience, is produced with the help of cardboard houses. Cardboard houses are set on fire, but the audience is hoodwinked into thinking that a huge mansion is on fire. Similarly, terrific traffic accidents are displayed on the screen with the help of a few toys.

In this drama of existence, too, there are similar tragic scenes. Now, in spite of their tragic quality, if any member of the audience truly understands at that moment that these are cardboard houses and toys toppled from hill tops, he sees something comic in the apparently tragic. Likewise, in this drama of existence, there is a tragic aspect as well as a comic aspect.

As a matter of fact, both these words, tragic and comic, can be accommodated within the highly significant term *saṃvega*, anguish, sense of urgency. In trying to arouse *saṃvega* with regard to *saṅkhāras*, or preparations, we could bring in both these attitudes. The ordinary worldling sees only the tragic side of the drama of existence, and that because of his ignorance. But the *arahant*, the emancipated one, sees in this drama of existence a comic side as well.

As an illustration we may allude to those occasions in which the Buddha himself and those disciples with psychic powers like Venerable *MahāMoggalāna*, are said to have shown a faint smile, *situppāda*, on seeing how beings in *saṃsāra* are reborn in high and low realms according to their deeds, as in a puppet show.^[266] Of course, that spontaneous smile has nothing sarcastic or unkind about it. But all the same, it gives us a certain hint. This spontaneous smile seems to be the outcome of an insight into the comic aspect of this existential drama. The faint smile is aroused by the conviction of the utter futility and insubstantiality of the existential drama, seeing how beings who enjoyed high positions come down to the level of hungry ghosts, *petas*, or even to lower realms in their very next birth. It is somewhat like the response of one who has correctly understood the impermanence and the illusory nature of things shown on a film screen.

When one comes to think of this drama of existence, *saṃsāric* beings appear like puppets drawn upwards by the five higher fetters, *uddhambhāgiya saṃyojana*, and drawn downwards by the five lower fetters, *orambhāgiya saṃyojana*. They reappear more or less like puppets, manipulated up and down by strings, which are but the results of their own deeds.

The wherewithal for the drama of existence is supplied by the four great primaries - the four basic elements of earth, water, fire and air. In the case of a film or a drama, sometimes the same object can be improvised in a number of ways, to produce various scenes and acts. What in one scene serves as a sitting-stool, could be improvised as a footstool in another scene, and as a table in yet another. Similarly, there is something called double-acting in films. The same actor can delineate two characters and appear in different guises in two scenes.

A similar state of affairs is to be found in this drama of existence. In fact, the Buddha has declared that there is not a single being in *saṃsāra* who has not been one of our relations at some time or other.^[267] We are in the habit of putting down such relations to a distant past, in order to avoid a rift in our picture of the world by upsetting social conventions. But when one comes to think of it in accordance with the *Dhamma*, and also on the strength of certain well attested facts, sometimes the male or the female baby cuddled by a mother could turn out to be

her own dead father or mother.

Such a strangely ludicrous position is to be found in the acts of this drama of existence. Usually the world is unaware of such happenings. Though ludicrous, the world cannot afford to laugh at it. Rather, it should be regarded as a sufficient reason for arousing an anguished sense of urgency: 'What a pity that we are subject to such a state of affairs! What a pity that we do not understand it because of the power of influxes and latencies and thereby heap up defilements!'

Such an awareness of the emptiness of all this can give rise to anguish. One can get some understanding on the lines of the signless, the unsatisfactory, and the void, by contemplating these facts. One can also contemplate on the four elements, how they are at the beginning of a world period, and how they get destroyed at the end of a world period, in the conflagration at the end of an aeon. Likewise, when one comes to think of the state of persons or beings in general, in accordance with this fact of relationship, there is much room for anguish and a sense of urgency.

It is because of all this that the Buddha sometimes declares, as in the discourse on the rising of seven suns, *Sattasuriyasutta*, that this is "enough to get disenchanted with all preparations, enough to get detached from them, enough to get released from them", *alameva sabbasaṅkhāresu nibbindituṃ alaṃ virajjituṃ alaṃ vimuccituṃ*.^[268]

We have been drawing upon a particular nuance of the term *saṅkhāra* throughout, that is, as things comparable to those instruments, temporarily improvised in a dramatic performance just for the purpose of producing various acts on the stage. It is the same with persons, who are like actors playing their parts.

Beings, who are born in accordance with their karma, entertain the conceit 'I am a god', 'I am a *Brahma*'. Once their karma is spent up, they get destroyed and are reborn somewhere or other. It is the same with those items used in a drama, such as the stool and the footstool. But the intriguing fact is that those in the audience, watching each of those acts, grasp as such whatever objects they see on the stage when they produce their individual dramas.

We have already mentioned at the very outset that the final stage in the production of a drama is a matter for the audience and not for the theatricians. Each member of the audience creates a drama in his own mind, putting together all preparations. What serves as a stool in one act of the drama, may be used as a footstool in the next. In the first instance it sinks into the minds of the audience as a stool, and in the next as a footstool. It is the same in the case of beings and their relationships.

It must have been due to this state of affairs in the drama of existence, which arouses anguish, that the Buddha makes the declaration in quite a number of discourses dealing with the topic of impermanence, including those which describe the destruction of the aeon: 'This is enough, monks, to get disenchanted with all preparations, to get detached from them, to get released from them'.

These preparations are comparable to a film reel, which is the basic requirement for the film of name-and-form shown on the screen of consciousness of beings in this world. As the world is regarded as a sort of stage, trees, beings and objects in our environment are like objects on the stage. But the intriguing fact about it is that the ordinary man in the world is unaware of their 'prepared' nature as a framework.

When one is watching a film, one becomes unaware of the fact that it is just

something shown on the screen. At that moment it appears as something real and life-like. It is about this apparent reality that the Buddha speaks when he utters the following lines in the *Itivuttaka: Jātaṃ bhūtaṃ samuppannaṃ, kataṃ saṅkhatamaddhuvam*; [\[269\]](#) "born, become, arisen, made up, prepared, unstable". Whatever appears as real in this world, is actually made and prepared by *saṅkhāras*. It is their insubstantial nature, their impermanent, unsatisfactory and not-self nature, that is hinted at by these lines.

The term *saṅkhāra* is suggestive of some artificiality about this world. Everything that goes to 'make-it-up' is a *saṅkhāra*. The non-manifestative consciousness, which is aware of its impermanent nature, is therefore free from these preparations. It is free from those concepts which the worldlings cling to. It remains unshaken by their ghostly transfigurations. We come across four wonderful verses in the *Adhimutta Theragāthā* which, though extremely simple, give us a deep insight into this freedom in the *arahant's* mind.

The story of Venerable *Adhimutta* is a marvellous one. [\[270\]](#) While going through a forest Venerable *Adhimutta* got caught to a band of robbers, who were just getting ready to offer a human sacrifice to the gods. So they got hold of this *arahant* as their victim. But the latter showed no consternation. There was no fear or terror in his face. The bandit chief asked him why he is unmoved. Then the Venerable *Adhimutta* uttered a set of verses in reply. Out of them, we may quote the following four significant verses:

*Natthi cetasikaṃ dukkhaṃ,
anapekkhassa gāmani,
atikkantā bhayā sabbe,
khīṇasaṃyojanassa ve.* [\[271\]](#)

"There is no mental pain
To one with no expectations, oh headman,
All fears have been transcended
By one whose fetters are extinct."

*Na me hoti 'ahosin'ti,
'bhavissan'ti na hoti me,
saṅkhārā vibhavissanti,
tattha kā paridevanā?* [\[272\]](#)

"It does not occur to me 'I was',
Nor does it occur to me 'I will be',
Mere preparations get destroyed,
What is there to lament?"

*Suddhaṃ dhammasamuppādaṃ,
suddhaṃ saṅkhārasantatiṃ,
passantassa yathābhūtaṃ,
na bhayaṃ hoti gāmani.* [\[273\]](#)

"To one who sees as it is,
The arising of pure *dhammas*

And the sequence of pure preparations,

There is no fear, oh headman."

Tiṇakatṭhasamaṃ lokaṃ,

yadā paññāya passati,

mamattaṃ so asaṃvindaṃ,

'natthi me'ti na socati.'^[274]

"When one sees with wisdom,

This world as comparable to grass and twigs,

Not finding anything worthwhile holding on as mine,

One does not grieve: 'O! I have nothing!'"

At least a fraction of the gist of these four verses has already come up in some form or other in the sermons given so far. Now as for the first verse, addressed to the bandit chief, the first two lines say that there is no mental pain to one who has no expectations, cravings, or desire. The next two lines state that one whose fetters are destroyed has transcended fears.

To begin with, let us get at the meaning of this verse. Here it is said that there is no mental pain, *natthi cetasikaṃ dukkhaṃ*. In an earlier sermon based on the *Cetanāsutta* we happened to mention that for one who does not take body, word, and mind as real, there is no inward pleasure and pain, *ajjhattaṃ sukhadukkhaṃ*.^[275] The relevant quotation is:

Avijjāya tveva asesavirāganirodhā so kāyo na hoti, yaṃ paccayāssa taṃ uppajjati ajjhattaṃ sukhadukkhaṃ ... sā vācā na hoti ... so mano na hoti ... khettaṃ taṃ na hoti, vatthum taṃ na hoti, āyatanaṃ taṃ na hoti, adhikaraṇaṃ taṃ na hoti, yaṃ paccayāssa taṃ uppajjati ajjhattaṃ sukhadukkhaṃ.^[276]

With the complete fading away and cessation of ignorance, the *arahant* has no notion of a body. That is, he does not have a perception of a body, like that of a worldling, who takes it as such, due to his perception of the compact, *ghanasaññā*. Likewise that speech is not there, *sā vācā na hoti*. The basic reason for speech-preparation is the reality attributed to words and linguistic usages. When, for instance, someone scolds us, we are displeased at it because of the reality given to those words. Similarly, that mind is not there, *so mano na hoti*. It is only the collocation of preparations which arise and cease that is conceived as 'my mind'.

Therefore, whatever field, site, base or reason, owing to which there can arise inward pleasure or pain, is no longer there. If the bandits had actually killed him, he would not have had any mental pain, because he lets go before *Māra* comes to grab. This is the idea expressed in the first verse.

As for the second verse, there too the idea of voidness is well expressed. The thought 'I was', does not occur to me. The idea 'I am' is not in me. Nor do I entertain the idea 'I will be'. That is to say, it does not occur to me that I had a past or that I will have a future. It only occurs to me that preparations get destroyed. That was what happened in the past and will happen in the future. So what is there to lament?

A very important idea emerges from these verses. Now this series of sermons is on the subject of *Nibbāna*. We thought of giving these sermons because of the existing variety of conflicting views on *Nibbāna*. There is no clear idea even about

our goal, not only among non-Buddhists, but even among Buddhists themselves. From these verses we can glean some important facts. Here the reference is to existence. This *arahant* must have had numerous births as *pretas*, *Brahmas*, gods, and human beings. But he is not saying something false here. What is really meant by saying that it does not occur to me 'I was'?

Ordinary worldlings, or even those with higher psychic powers, when they see their past lives think of it as 'I was so and so in such and such a birth'. Sometimes one entertains a conceit at the thought 'I was a god', 'I was a *Brahma*'. If he had been an animal or a *preta*, he is somewhat displeased. Such is not the case with this *arahant*. He sees that what was in the past is a mere heap of preparations, and what will be in the future is again a heap of preparations. It is like the case of that cinema goer who understands that whatever comes up in the film is artificially got up. It is a state of mind aroused by wisdom. 'So what is there to lament', is the attitude resulting from it.

On an earlier occasion, we happened to compare these preparations to a heap of windings and unwindings in existence.^[277] Now as to this process of winding and unwinding, we may take as an illustration the case of a rope. There is a winding and an unwinding in it. We can form an idea about the nature of this existence even with the help of a simple illustration.

Nibbāna has been defined as the cessation of existence.^[278] The Buddha says that when he is preaching about the cessation of existence, some people, particularly the *brahmins* who cling to a soul theory, bring up the charge of nihilism against him.^[279] Not only those *brahmins* and heretics believing in a soul theory, but even some Buddhist scholars are scared of the term *bhavanirodha*, fearing that it leads to a nihilistic interpretation of *Nibbāna*. That is why they try to mystify *Nibbāna* in various ways. What is the secret behind this attitude? It is simply the lack of a clear understanding of the unique philosophy made known by the Buddha.

Before the advent of the Buddha, the world conceived of existence in terms of a perdurable essence as 'being', *sat*. So the idea of destroying that essence of being was regarded as annihilationism. It was some state of a soul conceived as 'I' and 'mine'. But according to the law of dependent arising made known by the Buddha, existence is something that depends on grasping, *upādānapaccayā bhavo*. It is due to grasping that there comes to be an existence. This is the pivotal point in this teaching.

In the case of the footstool, referred to earlier, it became a footstool when it was used as such. If in the next act it is used to sit on, it becomes a stool. When it serves as a table, it becomes a table. Similarly in a drama, the same piece of wood, which in one act serves as a walking stick to lean on, could be seized as a stick to beat with, in the next act.

In the same way, there is no essential thing-hood in the things taken as real by the world. They appear as things due to cravings, conceits and views. They are conditioned by the mind, but these psychological causes are ignored by the world, once concepts and designations are superimposed on them. Then they are treated as real objects and made amenable to grammar and syntax, so as to entertain such conceits and imaginings as, for instance, 'in the chair', 'on the chair', 'chair is mine', and so on.

Such a tendency is not there in the released mind of the *arahant*. He has understood the fact that existence is due to grasping, *upādānapaccayā bhavo*. Generally, in the explanation of the law of dependent arising, the statement

'dependent on grasping, becoming' is supposed to imply that one's next life is due to one's grasping in this life. But this becoming is something that goes on from moment to moment. Now, for instance, what I am now holding in my hand has become a fan because I am using it as a fan. Even if it is made out of some other material, it will still be called a fan. But if it were used for some other purpose, it could become something else. This way we can understand how existence is dependent on grasping.

We began our discussion with the statement that existence is a heap of windings and unwindings. Let us now think of a simple illustration. Suppose a rope or a cord is being made up by winding some strands from either end by two persons. For the strands to gather the necessary tension, the two persons have to go on winding in opposite directions. But for the sake of an illustration, let us imagine a situation in which a third person catches hold of the strands in the middle, just before the other two start their winding. Oddly enough, by mistake, those two start winding in the same direction. Both are unaware of the fact that their winding is at the same time an unwinding. The one in the middle, too, is ignorant that it is his tight grasp in the middle which is the cause of stress and tension.

To all appearance, a cord is being made up which may be taken as two cords on either side of the one who has his hold on the middle. However, viewed from a distance, for all practical purposes it is just one cord that is being winded up.

To introduce a note of discord into this picture, let us suppose that the man in the middle suddenly lets go of his hold with a 'twang'. Now what happens to the cord? The windings in the same direction from both ends, which made it a cord, immediately get neutralized and **the cord ceases to be a cord!** Something like the stilling of all preparations and the abandonment of all assets happens at that moment. One realizes, 'as-it-is', that no real cord existed at all.

The same state of affairs prevails in this world. The impermanence of this world, according to the Buddha, does not affect us so long as there is no grasping on our part. All windings in this world get unwinded immediately. This is the nature of the world. This is what is meant by *udayabbaya*, or rise and fall.

Now what happens if there is no grasping in the middle while the winding is going on in the same direction from both ends? No cord at all is made up, even if the two at either end go on winding for aeons and aeons. Why? Simply because they are winding in the same direction.

It is the same in the case of the world. The impermanence we see around us in this world does not affect us by itself. We are affected only when we grasp. It is the grasp in the middle that accounts for the cord, or rather, for whatever **has the semblance of a cord**. In fact, this is what the worldlings call 'the world'. This is what they take as **real**. Now what is the consequence of taking it to be real? If it is real and permanent, whatever is contrary to it, is annihilation, the destruction of a real world.

Keeping in mind the meaning of the Buddha's dictum 'dependent on grasping is existence', *upādānapaccayā bhavo*, if one cares to reflect on this little illustration, one would realize that there is actually nothing real to get destroyed. There is no self or soul at all to get destroyed.

As a matter of fact, the impermanence of the world is a process of momentary arisings and ceasings. Given the grasping in the middle, that is to say, 'dependent on grasping is becoming', the other links follow suit, namely 'dependent on becoming, birth; dependent on birth, decay-and-death, sorrow,

lamentation, pain, grief and despair arise', *bhavapaccayā jāti, jātipaccayā jarāmarañam sokaparidevadukkhadomanassūpāyāsā sambhavanti*.

It is somewhat like the unpleasant tension caused by the winding, in the person who has a grasp at the middle. We have already referred to a short aphorism which sums up the content of the insight of those who realize the fruits of the path, like that of a stream-winner, namely, *yaṃ kiñci samudayadhammaṃ, sabbam taṃ nirodhadhammaṃ*, "whatever is of a nature to arise, all that is of a nature to cease". [\[280\]](#)

It does not seem to say anything significant, on the face of it. But it succinctly expresses the plainest conviction a stream-winner gets of the innocent process of arising and ceasing in the world. It is as if the one who had his grasp in the middle lets go of his hold for a while, through the power of the path moment.

It is in the nature of the ordinary worldling to hold on, and to hang on. That is why the man who grasped the cord in the middle refuses to let go of his hold in the midst of windings and unwindings, however much hardship he has to undergo in terms of sorrow, lamentation, pain, grief and despair. For him, it is extremely difficult to let go. Until a Buddha arises in the world and proclaims the *Dhamma*, the world stubbornly refuses to let go.

Now if one gives up the tendency to grasp, at least for a short while by developing the noble eightfold path at its supramundane level, and lets go even for one moment, then one understands as one grasps again that now there is less stress and tension. Personality view, doubt and dogmatic adherence to rules and observances, *sakkāyadiṭṭhi, vicikicchā, sīlabbataparāmāsa*, are gone. An unwinding has occurred to some extent. The strands of the cord are less taut now.

One also understands, at the moment of arising from that supramundane experience, that one comes back to 'existence' because of grasping, because of the tendency to hold on. That this tendency to hold on persists due to influxes and latencies - due to unabandoned defilements - is also evident to him. This, in effect, is the immediate understanding of the law of dependent arising. It seems, then, that we have here in this simile of the cord, a clue to an understanding of the nature of this existence.

Worldlings in general, whether they call themselves Buddhist or non-Buddhist, conceive of existence in terms of a perdurable essence as 'being', somewhat along the lines of the view of heretics. *Nibbāna* is something that drives terror into the worldlings, so long as there is no purification of view. The cessation of existence is much dreaded by them.

Even the commentators, when they get down to defining *Nibbāna*, give a wrong interpretation of the word *dhuva*. They sometimes make use of the word *sassata* in defining *Nibbāna*. [\[281\]](#) This is a word that should never be brought in to explain the term *Nibbāna*. According to them, *Nibbāna* is a permanent and eternal state. Only, you must not ask us, what precisely it is. For, if we are more articulate, we would be betraying our proximity to such views as *Brahmanirvāna*.

What is the secret behind this anomalous situation? It is the difficulty in interpreting the term *dhuva*, which the Buddha uses as a synonym for *Nibbāna*. [\[282\]](#) The true significance of this synonym has not been understood. It means stable or immovable. Of course, we do come across this term in such contexts as *niccam, dhuvam, sassatam, acavanadhammaṃ*, [\[283\]](#) "permanent, stable, eternal, not liable to passing away", when *Brahma* gives expression to his conceit of eternal existence. But that is because these terms are more or less related to each other in sense.

Then, in which sense is *Nibbāna* called *dhuva*? In the sense that the experience of *Nibbāna* is irreversible. That is why it is referred to as *acalaṃ sukhaṃ*,^[284] "unshakeable bliss". The term *akuppā cetovimutti*, "unshakeable deliverance of the mind", expresses the same idea. Sometimes the Buddha refers to *Nibbāna* as *akuppā cetovimutti*.^[285] All other such deliverances are shakeable, or irritable. As the expression *kuppapaṭicca santi*, "peace dependent on irritability",^[286] implies, they are irritable and shakeable.

Even if they are unshaken during one's life time, they get shaken up at death. The final winning post is the pain of death. That is the critical moment at which one can judge one's own victory or defeat. Before the pain of death, all other deliverances of the mind fall back defeated. But this deliverance, this unshakeable deliverance with its 'let go' strategy at the approach of death, gets never shaken. It is unshakeable. That is why it is called the bliss unshaken, *acalaṃ sukhaṃ*. That is why it is called stable, *dhuvaṃ*. It seems, then, that some of the terms used by the Buddha as epithets or synonyms of *Nibbāna* have not been correctly understood.

Sometimes the Buddha employs words, used by heretics, in a different sense. In fact, there are many such instances. Now, if one interprets such instances in the same sense as heretics use those words, it will amount to a distortion of the *Dhamma*. Here, too, we have such an instance. Unfortunately the commentators have used the term *sassata* to define *Nibbāna*, taking it to be something eternal.

The main reason behind this is the misconception regarding existence - that there is an existence in truth and fact. There is this term *asmimāna*, which implies that there is the conceit 'am' in this world. All other religious teachers were concerned with the salvation of a real 'I'. Or, in other words, to confer immortality on this 'I'. The Buddha, on the contrary, declared that what actually 'is' there, is a conceit - the conceit 'am'. All what is necessary is the dispelling of this conceit. That is why we sometimes come across such references to *Nibbāna* as *sammā mānābhisamayā antam akāsi dukkhassa*,^[287] "by rightly understanding conceit, he made an end of suffering", or *asmimānasamugghātaṃ pāpuṇāti diṭṭheva dhamme Nibbānaṃ*,^[288] "one arrives at the eradication of the conceit 'am' which in itself is the attainment of *Nibbāna* here and now".

Some seem to think that the eradication of the conceit 'am' is one thing, and *Nibbāna* another. But along with the eradication of the conceit 'am', comes extinction. Why? Because one has been winding all this time imagining this to be a real cord or rope. One remains ignorant of the true state of affairs, due to one's grasp in the middle. But the moment one lets go, one understands.

It is the insight into this secret that serves as the criterion in designating the *ariyan* according to the number of births he has yet to take in *saṃsāra*. Thus, the stream-winner is called *sattakkhattuparamo*,^[289] 'seven-times-at-the-most'. With the sudden unwinding, which reduces the tension, one understands the secret that the noble eightfold path is the way to unwinding.

One hangs on, because one is afraid to let go. One thinks that to let go is to get destroyed. The Buddha declares that the heaviness of one's burden is due to one's grasping.^[290] What accounts for its weight is the very tenacity with which one clings to it. This the worldlings do not understand. So they cling on to the rope, for fear of getting destroyed. But if one lets go of one's hold, even for a moment, one would see that the tensed strands will get relaxed at least for that moment - that there is an immediate unwinding. Full understanding of that unwinding will come when one 'lets-go' completely. Then all influxes and latencies are destroyed.

So this little verse gives us a deep insight into the problem. What is there to lament? Because there are no notions like 'I was' or 'I am'. There is only a destruction of preparations.

The term *vibhava* is used in this context in a different sense. It refers here to the destruction of preparations. When using the two terms *bhava* and *vibhava*, some conceive of *bhava*, or existence, as a real perdurable essence, like a soul, and *vibhava* as its destruction. But here the word *vibhava*, in *vibhavissanti*, refers to the destructions of preparations. There is nothing lamentable about it. In the context of a drama, they are the paraphernalia improvised to stage an act, like the stool and the footstool. When one comes to think of individuals, they are no better than a multitude of puppets manipulated by fetters of existence in accordance with karma.

Even in the delivering of this sermon, there is a trace of a puppet show. The sermon is inspired by the audience. If there is no audience, there is no sermon. We are all enacting a drama. Though for us, this particular act of the drama is so important, there might be similar dramatic acts a few meters away from here in the jungle. A swarm of black ants might be busily hauling away an earthworm reeling in pain. That is one act in their own drama of life. All our activities are like that.

It is our unawareness of this framework that constitutes ignorance. If at any time one sees this framework of ignorance, free from influxes and latencies, one gets an unobstructed vision of the world. It is as if the doors of the cinema hall are suddenly flung open. The scene on the screen fades away completely then and there, as we have described above. [\[291\]](#) Let us now come to the third verse.

*Suddhaṃ dhammasamuppādaṃ,
suddhaṃ saṅkhārasantaṭṭhiṃ,
passantassa yathābhūtaṃ,
na bhayaṃ hoti gāmaṇi.* [\[292\]](#)

"To one who sees the arising of pure phenomena and the sequence of pure preparations as it is, there is no fear, oh headman". This verse, too, has a depth of meaning, which we shall now try to elucidate.

Why are the phenomena qualified by the word pure, *suddha dhamma*, in this context? Because the mind-objects, which are generally regarded as *dhamma* by the world, are impure. Why are they impure? Because they are 'influenced' by influxes. Now here we have 'uninfluenced' or influx-free phenomena. To the *arahant's* mind the objects of the world occur free of influxes. That is to say, they do not go to build up a prepared, *saṅkhata*. They are quasi-preparations. They do not go to build up a film show.

If, for instance, one who is seeing a film show, has the full awareness of the artificiality of those library-shots which go to depict a tragic scene on the screen, without being carried away by the latency to ignorance, one will not be able to 'enjoy' the film show. In fact, the film show does not exist for him. The film show has 'ceased' for him.

Similarly, the *arahant* sees phenomena as pure phenomena. Those mind-objects arise only to cease, that is all. They are merely a series of preparations, *suddhaṃ saṅkhārasantaṭṭhiṃ*. 'The film reel is just being played' - that is the way it occurs to him. Therefore, "to one who sees all this, there is no fear, oh headman".

Let us try to give an illustration for this, too, by way of an analogy. As we know,

when a sewing machine goes into action, it sews up two folds of cloth together. But supposing suddenly the shuttle runs out of its load of cotton. What happens then? One might even mistake the folds to be actually sewn up, until one discovers that they are separable. This is because the conditions for a perfect stitch are lacking. For a perfect stitch, the shuttle has to hasten and put a knot every time the needle goes down.

Now, for the *arahant*, the shuttle refuses to put in the knot. For him, preparations, or *saṅkhāras*, are ineffective in producing a prepared, or *saṅkhata*. He has no cravings, conceits and views. For knots of existence to occur, there has to be an attachment in the form of craving, a loop in the form of conceit, and a tightening in the form of views. So, then, the *arahant's* mind works like a sewing machine with the shuttle run out of its load of cotton. Though referred to as 'functional consciousness', its function is not to build up a prepared, since it is influx-free. The phenomena merely come up to go down, just like the needle.

Why is ignorance given as the first link in the formula of dependent arising? It is because the entire series is dependent on ignorance. It is not a temporal sequence. It does not involve time. That is why the *Dhamma* is called timeless, *akālika*. It is the stereotype interpretation of the formula of dependent arising in terms of three lives that has undermined the immediate and timeless quality of the *Dhamma*. Since ignorance is the root cause of all other conditions, inclusive of becoming, *bhava*, birth, *jāti*, and decay-and-death, *jarāmaṇaṃ*, that state of affairs immediately ceases with the cessation of ignorance. This, then, is the reason for the last line, *na bhayaṃ hoti gāmani*, "there is no fear, oh headman".

Deathlessness, *amata*, means the absence of the fear of death. The fear that the world has about death is something obsessional. It is like the obsessional dread aroused by the sight of an anthill due to its association with a cobra.

As a matter of fact, this body has been compared to an anthill in the *Vammikasutta* of the *Majjhima Nikāya*.^[293] This bodily frame, made up of the four elements, procreated by parents and built up with food and drink, is metaphorically conceived as an anthill. The discourse says: "Take the knife, oh wise one, and dig in." The world has the obsession that there is a real cobra of a self inside this anthill. But once it is dug up, what does one find? One discovers an *arahant*, who has realized selflessness, a selfless cobra, worthy of honour. Of course, this might sound as a post-script on *Vammikasutta*, but the metaphor is so pregnant with meaning, that it can well accommodate this interpretation, too.

The world has a 'perception-of-the-compact', *ghanasaññā*, with regard to this body made up of the four elements. Because of that very perception or notion of compactness, there is a fear of death.

There is birth, because there is existence. Now this might, on analysis, give us an insight into the law of dependent arising. The term *jāti*, or birth, generally calls to mind the form of a child coming out of the mother's womb. But in this context the Buddha uses the term in relation to *bhava*, or existence, which in its turn is related to *upādāna*, or grasping. It is at the time we use something as a footstool that a footstool is 'born'. When it has ceased to serve that purpose, the footstool is 'dead'.

It is in this sense that all assets, *upadhi*, are said to be of a nature to be born, *jātidhammā hete, bhikkhave, upadhayo*,^[294] "all these assets, monks, are of the nature to be born". Not only the animate objects, like wife and children, men and women slaves, etc., but even gold and silver are mentioned there as of a nature to be born. Now let us ponder over this statement. How can gold and silver be born?

How can they grow old? They are born because of craving, conceit and views. They come into existence. They are born. Because of birth, they grow old. Therefore they become objects for sorrow, lamentation and the like to arise.

For one who looks upon them as pure preparations, all those objects do not crystallize into 'things'. The description of the non-manifestative consciousness in the *Brahmanimantanikasutta* looks like a riddle in the form of a jumble of negative terms like *paṭhaviṃ nāhosim*, *paṭhaviyā nāhosim*, *paṭhavito nāhosim*, (etc.), "I did not claim to be earth, I did not claim to be in earth, I did not claim to be from earth".

But what is the general idea conveyed by these expressions? The implication is that the *arahant* looks upon all those concepts, which the worldlings make use of to make up an existence and to assert the reality of this drama of existence, as mere pretensions. He is convinced of their vanity and insubstantiality. As we have already explained with the simile of the sewing machine, an existence does not get stitched up or knitted up. The cessation of existence is experienced then and there.

Some seem to think that the *arahant* experiences the *Nibbānic* bliss only after his death. But the cessation of existence is experienced here and now, *ditṭheva dhamme*. This is something marvellous and unknown to any other religious system. It is just at the moment that the shuttle of the sewing machine runs out of its load of cotton that the cessation of existence is experienced. It is then that the latencies are uprooted and all influxes are destroyed. Cravings, conceits and views refuse to play their part, with the result that mere preparations come up and go down. This is the ambrosial deathless. It is said that the *arahants* partake of ambrosial deathlessness, *amataṃ paribhuñjanti*.^[295]

What actually happened in the case of the Venerable *arahant Adhimutta* was that the bandit chief understood the *Dhamma* and set him free, instead of killing him, and even got ordained under him. But even if he had killed him, Venerable *Adhimutta* would have passed away, experiencing the ambrosial deathless. Why? Because he can let go before *Māra* comes to grab. He is, therefore, fearless. The obsessional fear of death common to worldlings has vanished. This, then, is the ambrosia. It is not some medicine or delicious drink for the possession of which gods and demons battle with each other. It is that bliss of deliverance, the freedom from the fear of death. Needless to say that it requires no seal of everlastingness.

As we once pointed out, in tune with the two lines of the following canonical verse, *kiṃ kayirā udapānena, āpā ce sabbadā siyuṃ*,^[296] "what is the use of a well, if water is there all the time?", once the thirst is quenched forever, why should one go in search of a well? Let us now take up the next verse.

*Tiṇakaṭṭhasamaṃ lokaṃ,
yadā paññāya passati,
mamattaṃ so asaṃvindaṃ,
'natthi me'ti na socati*.^[297]

Now all these verses are eloquent expressions of voidness, *suññatā*. When one sees with wisdom the entire world, that is both the internal and external world, as comparable to grass and twigs in point of worthlessness, one does not entertain the conceit 'mine' and therefore does not lament, saying: 'Oh, I have nothing'. One is not scared of the term *bhavanirodha*, or cessation of existence. Why? Because all these are worthless things.

Here too, we may add something more by way of explanation, that is as to how things become 'things' in this world - though this may seem obvious enough. Since we have been so concerned with dramas, let us take up a dramatic situation from the world.

A man is hastily walking along a jungle path. Suddenly his foot strikes against a stone. 'Oh, it is so painful!' He kicks the stone with a curse. A few more steps, and another stone trips him. This time it is even more painful. He turns round, quietly, picks up the stone, cleans it carefully, looking around, wraps it up in his handkerchief and slips it into his pocket. Both were stones. But why this special treatment? The first one was a mere pebble, but the second one turned out to be a gem!

The world esteems a gem stone as valuable because of craving, conceits and views. So the first accident was a mishap, but the second - a stroke of luck. Now, had all these mishaps and haps been filmed, it would have become something of a comedy. Everything in our environment, even our precious possessions like gold, silver, pearls, and gems, appear like the paraphernalia improvised for a dramatic performance on the world stage. Once they come on the stage, from backstage, they appear as real things. Not only do they appear as real, relative to the acts of the drama, but they get deposited in our minds as such.

It is such 'deposits' that become our aggregates of grasping, or 'assets', which we take along with us in this *saṃsāra* in the form of likes and dislikes. Loves and hates contracted in the past largely decide our behaviour in the present with some sort of subconscious acquiescence, so much so that we often form attachments and revengeful aversions in accordance with them. When one comes to think of it, there is something dramatic about it. When something serves as a footstool in a particular act, it is 'really' a footstool. When it is improvised to serve as some other thing in the next act, one is unaware of the fact that it is the same object. One is not aware of the hoodwink involved in it. Such a state of affairs prevails over the nature of preparations, *saṅkhāras*.

Being ignorant of the fact that these are purely preparations, the worldlings take concepts too seriously, to come to conclusions such as 'I was so and so in such and such a birth', thereby clinging on to all the animate and inanimate objects in the world. They are actually comparable to things temporarily improvised to depict a particular scene in a drama or a film show. That is why we compared the four elements to ghosts.^[298] Deluded by their ghostly transfigurations, the worldlings create for themselves a perception of form. The verse in question gives us an insight into this particular aspect of the drama of existence.

A meditator can get at least an inkling of the emptiness and insubstantiality of this drama of existence, when he trains himself in keeping the four postures with mindfulness and full awareness. By practising it, he gets an opportunity to witness a monodrama, free of charge. And this is the drama: When walking, he understands: 'I am walking'; when standing, he understands: 'I am standing'; when sitting, he understands: 'I am sitting'; when lying down, he understands: 'I am lying down'.^[299] While keeping one's postures in this manner, one sees in outline one's own form as if one were acting in a monodrama.

When the basis of the factors of the form group is removed, those in the name group are reduced to purposeless activations. Earth, water, fire and air constitute the basis of form. When a meditator becomes dispassionate with regard to these four elements, when they begin to fade away for him, the factors in the name group assume a ghostly character. He feels as if he is performing a drama with

non-existing objects. He opens a non-existing door, sits on a non-existing chair, and so on.

Now if we try to understand this in terms of an analogy of a drama, as we have been doing throughout, we may compare it to a mime or a dumb show. In a dumb show, one might see such acts as follows: An actor rides a no-bike, climbs a no-hill, meets a no-friend and has a no-chat with him. Or else he may sit on a no-chair by a no-table and writes a no-letter with a no-pen. What we mean by the nos here is the fact that on the stage there is neither a bicycle, nor a hill, nor another person, nor any other object like a chair, a table or a pen. All these are merely suggested by his acting. This kind of dumb show has a comic effect on the audience.

An insight meditator, too, goes through a similar experience when he contemplates on name-and-form, seeing the four elements as empty and void of essence, which will give him at least an iota of the conviction that this drama of existence is empty and insubstantial. He will realize that, as in the case of the dumb show, he is involved with things that do not really exist. This amounts to an understanding that the factors of the name group are dependent on the form group, and vice versa.

Seeing the reciprocal relationship between name-and-form, he is disinclined to dabble in concepts or gulp down a dose of prescriptions. If form is dependent on name, and name is dependent on form, both are void of essence. What is essential here, is the very understanding of essencelessness. If one sits down to draw up lists of concepts and prescribe them, it would only lead to a mental constipation. Instead of release there will be entanglement. Such a predicament is not unlikely.

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MIND STILLED 09

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭṭhānissaggo taṇhakkhayo virāgo nirodho nibbānaṃ.* [\[300\]](#)

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction".

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks.

This is the ninth sermon in the series of sermons given on the topic of *Nibbāna*. In our last sermon we discussed, to some extent, how the insubstantiality and the vanity of the comic acts enacted by *saṃsāric* beings in this drama of existence gradually become clear to a meditator as he keeps his postures according to the *Satipaṭṭhānasutta*. We mentioned how the fact that name is only a shadow of form is revealed to the meditator when he is attending to his postures seeing the elements constituting the basis of form as empty.

By way of analogy we brought in the simile of a mime or a dumb show. What

characterizes that kind of drama is the comic nature of the acts which depict scenes suggestive of animate or inanimate objects not actually present on the stage. A meditator becomes aware, while attending to his postures, that he is merely enacting a dumb show. He comes to understand how far name is dependent on form, and the four elements appear to him as empty.

In the *Satipaṭṭhānasutta* we find the following instruction in regard to the keeping of postures: *Yathā yathā vā pan'assa kāyo paṇihito hoti tathā tathā naṃ pajānāti*,^[301] "in whatever way his body is disposed, so he understands it". This is suggestive of the attempt of a spectator to understand the mimicry of an actor or an actress in a pantomime. While attending to one's postures one feels as if one is watching a one-man dumb show. One gets an opportunity to watch it even more keenly when one comes to the section on full awareness, *sampajaññapabba*, dealing with the minor postures, *khuddaka iriyāpatha*.

The worldlings are in the habit of creating material objects in accordance with the factors on the name side in an extremely subtle manner, by grasping the four elements under the influence of the personality view, *sakkāyadiṭṭhi*. The material objects around us are recognized as such by grasping the four elements. The definition of the form aspect in name-and-form points to such a conclusion: *cattāro ca mahābhūtā catunnañca mahābhūtānaṃ upādāya rūpaṃ*,^[302] "the four great primaries and form dependent on those four primaries".

The word *upādāya* in this context has a special connotation of relativity. So in this way, material objects are created with the help of factors in the name group. This reveals a certain principle of relativity. In this relativity one sees the emptiness of both name and form. This same principle of relativity is implicit in some other statements of the Buddha, but they are rather neglected for a lack of recognition of their significance. We come across such a discourse with a high degree of importance in the *Saḷāyatanavagga* of the *Saṃyutta Nikāya*. There the Buddha states that principle of relativity with the help of an illustration:

Hatthesu, bhikkhave, sati ādānanikkhepanaṃ paññāyati, pādesu sati abhikkamapaṭikkamo paññāyati, pabbesu sati sammiñjanapasāraṇaṃ paññāyati, kucchismiṃ sati jighacchā pipāsā paññāyati.^[303] "When there are hands, monks, a taking up and putting down is apparent; when there are feet, a going forward and coming back is apparent; when there are joints, a bending and stretching is apparent; when there is a belly, hunger and thirst is apparent."

Then the contrary of this situation is also given: *Hatthesu, bhikkhave, asati ādānanikkhepanaṃ na paññāyati, pādesu asati abhikkamapaṭikkamo na paññāyati, pabbesu asati sammiñjanapasāraṇaṃ na paññāyati, kucchismiṃ asati jighacchā pipāsā na paññāyati*. "When there are no hands, a taking up and putting down is not apparent; when there are no feet, a going forward and coming back is not apparent; when there are no joints, a bending and stretching is not apparent; when there is no belly, hunger and thirst are not apparent." What is implied by all this is that basic principle of relativity.

Some meditators, engaged in *satipaṭṭhāna* meditation, might think that materiality does not really exist and only mentality is there. In other words, there are no hands, only a taking up and putting down is there. There are no feet, only a going and coming is there. That way, they might dogmatically take the bare activity as real and subject it to an analysis. But what is important here is the understanding of the relativity between the two, which reveals the emptiness of both. If, on the other hand, one of them is taken too seriously as real, it ends up in a dogmatic standpoint. It will not lead to a deeper understanding of the emptiness of name and form.

Now in the case of a pantomime, as already mentioned, a spectator has to imagine persons and things not found on the stage as if they are present, in order to make sense out of an act. Here too we have a similar situation. Name and form exist in relation to each other. What one sees through this interrelation is the emptiness or insubstantiality of both.

We brought up all these analogies of dramas and film shows just to give an idea of the impermanence of *saṅkhāras*, or preparations. In fact, the term *saṅkhāra*, is very apt in the context of dramas and film shows. It is suggestive of a pretence sustained with some sort of effort. It clearly brings out their false and unreal nature.

The purpose of the perception of impermanence, with regard to this drama of existence, is the dispelling of the perception of permanence about the things that go to make up the drama. With the dispelling of the perception of permanence, the tendency to grasp a sign or catch a theme is removed. It is due to the perception of permanence that one grasps a sign in accordance with perceptual data. When one neither takes a sign nor gets carried away by its details, there is no aspiration, expectation, or objective by way of craving. When there is no aspiration, one cannot see any purpose or essence to aim at.

It is through the three deliverances, the signless, the desireless, and the void, that the drama of existence comes to an end. The perception of impermanence is the main contributory factor for the cessation of this drama. Some of the discourses of the Buddha, concerning the destruction of the world, can be cited as object lessons in the development of the perception of impermanence leading to the signless deliverance.

For instance, in the discourse on the appearance of the seven suns, *Sattasuriyasutta*, mentioned earlier,^[304] this world system, which is so full of valuable things like the seven kinds of jewels, gets fully consumed in a holocaust leaving not even a trace of ash or soot, as if some ghee or oil has been burned up. The perception of impermanence, arising out of this description, automatically leads to an understanding of voidness.

If the conviction that not only the various actors and actresses on the world stage, but all the accompanying decorations get fully destroyed together with the stage itself at some point of time grips the mind with sufficient intensity to exhaust the influxes of sensuality, existence and ignorance, emancipation will occur then and there. That may be the reason why some attained *arahant*-hood immediately on listening to that sermon.^[305] That way, the perception of impermanence acts as an extremely powerful antidote for defilements.

Aniccasaññā, bhikkhave, bhāvitā bahulikatā sabbaṃ kāmarāgaṃ pariyādiyati, sabbaṃ rūparāgaṃ pariyādiyati, sabbaṃ bhavarāgaṃ pariyādiyati, sabbaṃ avijjaṃ pariyādiyati, sabbaṃ asmimānaṃ pariyādiyati samūhanati.^[306] "Monks, the perception of impermanence, when developed and intensively practised, exhausts all attachments to sensuality, exhausts all attachments to form, exhausts all attachments to existence, exhausts all ignorance, exhausts all conceits of an 'am' and eradicates it completely."

This shows that the perception of impermanence gradually leads to an understanding of voidness, as is clearly stated in the following quotation: *Aniccasaññino, bhikkhave, bhikkhuno anattasaññā sanṭhāti. Anattasaññī asmimānasamugghātaṃ pāpuṇāti diṭṭheva dhamme nibbānaṃ.*^[307] "Monks, in one who has the perception of impermanence, the perception of not-self gets established. With the perception of not-self, he arrives at the destruction of the

conceit 'am', which is extinction here and now".

Such an assessment of the importance of the perception of impermanence will enable us to make sense out of the seemingly contradictory statements in some of the verses in the *Dhammapada*, such as the following:

*Puttā matthi dhanam matthi,
iti bālo vihaññati,
attā hi attano natthi,
kuto puttā kuto dhanam?*^[308]

"Sons I have, wealth I have,
So the fool is vexed,
Even oneself is not one's self,
Where then are sons, where is wealth?"

The perception of not-self at its highest, gives rise to the idea of voidness, as implied by the dictum *suññam idaṃ attena vā attaniyena vā*,^[309] "this is empty of self or anything belonging to a self".

Some are afraid of this term *suññatā*, emptiness, voidness, for various reasons. That is why we mentioned at the very outset, already in the first sermon, that gradually the monks themselves showed a lack of interest in those discourses that deal with the idea of voidness.^[310] The Buddha had already predicted, as a danger that will befall the *Sāsana* in the future, this lack of regard for such discourses. This prediction reveals the high degree of importance attached to them.

The last two sections of the *Sutta Nipāta*, namely *Aṭṭhakavagga* and *Pārāyanavagga*, abound in extremely deep sermons. In the *Pārāyanavagga*, for instance, we find the *Brahmin* youth *Mogharāja* putting the following question to the Buddha: *Katham lokam avekkhantaṃ, maccurājā na passati?*^[311] "By looking upon the world in which manner can one escape the eye of the king of death?" The Buddha gives the answer in the following verse:

*Suññato lokam avekkhassu,
Mogharāja sadā sato,
attānudiṭṭhim ūhacca,
evaṃ maccutaro siyā,
evaṃ lokam avekkhantaṃ,
maccurājā na passati.*^[312]

"Look upon the world as void,
Mogharāja, being mindful at all times,
Uprooting the lingering view of self,
Get well beyond the range of death,
Him who thus looks upon the world,
The king of death gets no chance to see."

From this we can infer that the entire *Dhamma*, even like the world system itself, inclines towards voidness. This fact is borne out by the following significant quotation in the *CūḷaTaṇhāsāṅkhayasutta*, cited by *Sakka* as an aphorism given by the Buddha himself: *Sabbe dhammā nālaṃ abhinivesāya.*^[313]

Though we may render it simply as "nothing is worth clinging on to", it has a deeper significance. The word *abhinivesa* is closely associated with the idea of entering into or getting entangled in views of one's own creation. The implication, then, is that not only the views as such, but nothing at all is worthwhile getting entangled in. This is suggestive of the emptiness of everything.

This brings us to a very important *sutta* among the Eighths of the *Aṅguttara Nikāya*, namely the *Kiṃmūlakasutta*. In this particular *sutta* we find the Buddha asking the monks how they would answer a set of questions which wandering ascetics of other sects might put to them. The questions are as follows:

Kiṃ mūlakā, āvuso, sabbe dhammā? Kiṃ sambhavā sabbe dhammā? Kiṃ samudayā sabbe dhammā? Kiṃ samosaraṇā sabbe dhammā? Kiṃ pamukhā sabbe dhammā? Kim adhipateyyā sabbe dhammā? Kim uttarā sabbe dhammā? Kiṃ sārā sabbe dhammā? ^[314] "What is the root of all things? What is the origin of all things? Where do all things arise? Towards what do all things converge? What is at the head of all things? What dominates all things? What is the point of transcendence of all things? What is the essence of all things?"

The monks confessed that they are unable to answer those questions on their own and begged the Buddha to instruct them. Then the Buddha gave the exact answer to each question in a cut and dried form, saying, "This is the way you should answer if wandering ascetics of other sects raise those questions".

Chandamūlakā, āvuso, sabbe dhammā, manasikārasambhavā sabbe dhammā, phassasamudayā sabbe dhammā, vedanāsamosaṇā sabbe dhammā, samādhipamukhā sabbe dhammā, satādhipeyyā sabbe dhammā, paññuttarā sabbe dhammā, vimuttisārā sabbe dhammā. "Rooted in desire, friends, are all things. Born of attention are all things. Arisen from contact are all things. Converging on feeling are all things. Headed by concentration are all things. Dominated by mindfulness are all things. Surmountable by wisdom are all things. Yielding deliverance as essence are all things."

Before getting down to an analysis of the basic meaning of this discourse, it is worthwhile considering why the Buddha forestalled a possible perplexity among his disciples in the face of a barrage of questions likely to be levelled by other sectarians. Why did he think it fit to prepare the minds of the disciples well in advance of such a situation?

Contemporary ascetics of other sects, notably the *brahmins*, entertained various views regarding the origin and purpose of 'all things'. Those who subscribed to a soul theory, had different answers to questions concerning thing-hood or the essence of a thing. Presumably it was not easy for the monks, with their not-self standpoint, to answer those questions to the satisfaction of other sectarians. That is why those monks confessed their incompetence and begged for guidance.

It was easy for those of other sects to explain away the questions relating to the origin and purpose of things on the basis of their soul theory or divine creation. Everything came out of *Brahma*, and self is the essence of everything. No doubt, such answers were substantial enough to gain acceptance. Even modern philosophers are confronted with the intricate problem of determining the exact criterion of a 'thing'. What precisely accounts for the thing-hood of a thing? What makes it no-thing?

Unfortunately for the *sutta*, its traditional commentators seem to have ignored the deeper philosophical dimensions of the above questionnaire. They have

narrowed down the meaning of the set of answers recommended by the Buddha by limiting its application to wholesome mental states.^[315] The occurrence of such terms as *chanda*, *sati*, *samādhi* and *paññā*, had probably led them to believe that the entire questionnaire is on the subject of wholesome mental states. But this is a serious underestimation of the import of the entire discourse. It actually goes far deeper in laying bare a basic principle governing both skilful and unskilful mental states.

Now, for instance, the first two verses of the *Dhammapada* bring out a fundamental law of psychology applicable to things both skilful and unskilful: *Manopubbaṅgamā dhammā, mano seṭṭhā manomayā*.^[316] Both verses draw upon this fundamental principle. Nowadays, these two lines are variously interpreted, but the basic idea expressed is that "all things have mind as their forerunner, mind is their chief, and they are mind-made". This applies to both skilful and unskilful mental states.

Now the *sutta* in question has also to be interpreted in the same light, taking into account both these aspects. It must be mentioned, in particular, that with the passage of time a certain line of interpretation gained currency, according to which such terms as *chanda* were taken as skilful in an exclusive sense. For instance, the term *sati*, wherever and whenever it occurred, was taken to refer to *sammā sati*.^[317] Likewise, *chanda* came to be interpreted as *kusalacchanda*, desire or interest in the skilful, or *kattukamyatāchanda*, desire to perform.^[318]

But we have to reckon with a special trait in the Buddha's way of preaching. His sermons were designed to lead onward the listeners, gradually, according to their degree of understanding. Sometimes the meaning of a term, as it occurs at the end of a sermon, is different from the meaning it is supposed to have at the beginning of the sermon. Such a technique is also evident.

The term *chanda* is one that has both good and bad connotations. In such contexts as *chandarāga*^[319] and *chandajaṃ aghaṃ*,^[320] it is suggestive of craving as the cause of all suffering in this world. It refers to that attachment, *rāga*, which the world identifies with craving as such. But in the context *chanda-iddhipāda*,^[321] where the reference is to a particular base for success, it is reckoned as a skilful mental state. However, that is not a sufficient reason to regard it as something alien to the generic sense of the term.

There is an important *sutta*, which clearly reveals this fact, in the *Samyutta Nikāya*. A *brahmin* named *Uṇṇābha* once came to Venerable *Ānanda* with a question that has a relevance to the significance of the term *chanda*. His question was: *Kim atthiyaṃ nu kho, bho Ānanda, samaṇe Gotame brahmacariyaṃ vussati?*^[322] "Sir *Ānanda*, what is the purpose for which the holy life is lived under the recluse *Gotama*?" Venerable *Ānanda* promptly gives the following answer: *Chandappahānatthaṃ kho, brāhmaṇa, bhagavati brahmacariyaṃ vussati*. "Brahmin, it is for the abandonment of desire that the holy life is lived under the Exalted One." Then the *brahmin* asks: *Atthi pana, bho Ānanda, maggo atthi paṭipadā etassa chandassa pahānāya?* "Is there, sir *Ānanda*, a way or practice for the abandonment of this desire?" Venerable *Ānanda* says: "Yes". Now, what is the way he mentions in that context? It is none other than the four bases for success, *iddhipāda*, which are described as follows:

Chandasamādhīpadhānasaṅkhārasamannāgataṃ iddhipādaṃ bhāveti, viriyasamādhīpadhānasaṅkhārasamannāgataṃ iddhipādaṃ bhāveti, cittasamādhīpadhānasaṅkhārasamannāgataṃ iddhipādaṃ bhāveti, vīmaṃsāsamādhīpadhānasaṅkhārasamannāgataṃ iddhipādaṃ bhāveti. (1) "One develops the basis for success that has volitional preparations leading to a

concentration through desire", (2) "one develops the basis for success that has volitional preparations leading to a concentration through energy", (3) "one develops the basis for success that has volitional preparations leading to a concentration by making up the mind", (4) "one develops the basis for success that has volitional preparations leading to a concentration through investigation".

Venerable *Ānanda* replies that the way of practice to be followed for the abandonment of desire is the above mentioned four bases pertaining to desire, energy, mind and investigation. The *brahmin* is puzzled at this reply. He thinks, if that is so, desire is not abandoned. It is still there. And he raises this objection to show that there is an implicit contradiction: *Chandeneva chandaṃ pajahissatīti, netam thānaṃ vijjati*, "that one abandons desire by desire itself is an impossibility". Then the Venerable *Ānanda* brings out a simile to convince the *brahmin* of the implicit truth in his reply.

"What do you think, *brahmin*, is it not the case that you earlier had the desire 'I will go to the park', and after you came here, the appropriate desire subsided?" So this is the logic behind the statement concerning the abandonment of craving. The term *chanda* is used here in the first instance with reference to that type of craving for the purpose of the abandonment of craving.

Desire as a basis for success is developed for the very abandonment of desire. So there is no question about the use of the same word. Here, *chanda* as a base of success still belongs to the *chanda*-family. A desire should be there even for the abandonment of desire. This is a distinctive basic principle underlying the middle path.

Some have a great liking for the word *chanda*, but dislike the word *taṇhā*. So much so that, if one speaks of a craving for attaining *Nibbāna*, it might even be regarded as a blasphemy. In another sermon given by Venerable *Ānanda* himself, one addressed to a particular sick nun, we find the statement: *Taṇhaṃ nissāya taṇhā pahātabbā*,^[323] "depending on craving one should abandon craving". That again is suggestive of a special application of the middle path technique. But the kind of craving meant here is not something crude. It is specifically explained there that it is the longing arising in one for the attainment of *arahant*-hood on hearing that someone has already attained it. Of course, there is a subtle trace of craving even in that longing, but it is one that is helpful for the abandonment of craving. So one need not fight shy of the implications of these words.

As a matter of fact, even the word *rati*, attachment, is used with reference to *Nibbāna*. When, for instance, it is said that the disciple of the Buddha is attached to the destruction of craving, *taṇhakkhayarato hoti sammāsambuddhasāvako*,^[324] it may sound rather odd, because the word *rati* usually stands for lust. However, according to the Middle Path principle of utilizing one thing to eliminate another, words like *chanda* and *taṇhā* are used with discretion. Sometimes terms like *nekkhamasita domanassa*,^[325] unhappiness based on renunciation, are employed to indicate the desire for attaining *Nibbāna*. Therefore the statement *chandamūlakā sabbe dhammā* need not be interpreted as referring exclusively to skilful mental states.

With regard to the significance of *sati* and *samādhi*, too, we may mention in passing, that terms like *micchā sati*, wrong mindfulness, and *micchā samādhi*, wrong concentration, do sometimes occur in the discourses.^[326] So let us examine whether the set of statements under consideration has any sequential coherence or depth.

"Rooted in desire, friends, are all things." We might as well bring out the

meaning of these statements with the help of an illustration. Supposing there is a heap of rubbish and someone approaches it with a basket to collect it and throw it away. Now, about the rubbish heap, he has just a unitary notion. That is to say, he takes it as just one heap of rubbish. But as he bends down and starts collecting it into the basket, he suddenly catches sight of a gem. Now the gem becomes the object of his desire and interest. A gem arose out of what earlier appeared as a rubbish heap. It became the thing for him, and desire was at the root of this phenomenon - true to the dictum "rooted in desire, friends, are all things".

Then what about origination through attention? It is through attention that the gem came into being. One might think that the origin of the gem should be traced to the mine or to some place where it took shape, but the Buddha traces its origin in accordance with the norm *manopubbaṅgamā dhammā*, "mind is the forerunner of all things". So then, the root is desire and the source of origin is attention, the very fact of attending.

Phassasamudayā sabbe dhammā, "all things arise from contact". There was eye-contact with the gem as something special out of all the things in the rubbish heap. So the gem 'arose' from eye-contact. *Vedanāsamosaṇṇā sabbe dhammā*, "all things converge on feeling". As soon as the eye spotted the gem, a lot of pleasant feelings about it arose in the mind. Therefore, all things converge on feeling.

Samādhipamukhā sabbe dhammā, "headed by concentration are all things". Here, in this case, it may be wrong concentration, *micchā samāधि*, but all the same it is some kind of concentration. It is now a concentration on the gem. It is as if his meditation has shifted from the rubbish heap to the gem. *Satādhipateyyā sabbe dhammā*, "dominated by mindfulness are all things". As to this dominance, undistracted attention is necessary for the maintenance of that thing which has now been singled out. Where there is distraction, attention is drawn to other things as well. That is why mindfulness is said to be dominant. Be it the so-called wrong mindfulness, but nonetheless, it is now directed towards the gem.

Now comes the decisive stage, that is, the 'surmountability by wisdom', *paññuttarā*. Let us for a moment grant that somehow or other, even though wrongly, *micchā*, some kind of surrogate mindfulness and concentration has developed out of this situation. Now, if one wants to cross over in accordance with the *Dhamma*, that is, if one wants to attain *Nibbāna* with this gem itself as the topic of meditation, one has to follow the hint given by the statement *paññuttarā sabbe dhammā*, "surmountable by wisdom are all things".

What one has to do now is to see through the gem, to penetrate it, by viewing it as impermanent, fraught with suffering, and not-self, thereby arriving at the conviction that, after all, the gem belongs to the rubbish heap itself. The gem is transcended by the wisdom that it is just one item in this rubbish heap that is 'The world' in its entirety. If one wins to the wisdom that this gem is something like a piece of charcoal, to be destroyed in the holocaust at the end of a world period, one has transcended that gem.

So then, the essence of all things is not any self or soul, as postulated by the *brahmins*. Deliverance is the essence. In such discourses as the *Mahāsāropamasutta*, the essence of this entire *Dhamma* is said to be deliverance.^[327] The very emancipation from all this, to be rid of all this, is itself the essence. Some seem to think that the essence is a heaping up of concepts and clinging to them. But that is not the essence of this teaching. It is the ability to penetrate all concepts, thereby transcending them. The deliverance resulting from transcendence is itself the essence.

With the cessation of that concept of a gem as some special thing, a valuable thing, separate from the rest of the world, as well as of the ensuing heap of concepts by way of craving, conceit and views, the gem ceases to exist. That itself is the deliverance. It is the emancipation from the gem. Therefore, *vimuttisārā sabbe dhammā*, "deliverance is the essence of all things".

So then, we have here a very valuable discourse which can even be used as a topic of insight meditation. The essence of any mind object is the very emancipation from it, by seeing it with wisdom. Considered in this light, everything in the world is a meditation object. That is why we find very strange meditation topics mentioned in connection with the attainments of ancient *arahant* monks and nuns. Sometimes, even apparently unsuitable meditation objects have been successfully employed.

Meditation teachers, as a rule, do not approve of certain meditation objects for beginners, with good reasons. For instance, they would not recommend a female form as a meditation object for a male, and a male form for a female. That is because it can arouse lust, since it is mentioned in the *Theragāthā* that lust arose in some monk even on seeing a decayed female corpse in a cemetery.^[328] But in the same text one comes across an episode in connection with Venerable *Nāgasamāla*, which stands in utter contrast to it.

Venerable *Nāgasamāla* attained *arahant*-hood with the help of a potentially pernicious meditation object, as he describes it, in his words: "Once, on my begging round, I happened to look up to see a dancing woman, beautifully dressed and bedecked, dancing to the rhythm of an orchestra just on the middle of the highway."^[329] And, what happened then?

*Tato me manasikāro,
yoniso udapajjatha,
ādīnavo pāturahu,
nibbidā samatiṭṭhatha,
tato cittaṃ vimucci me,
passa dhammasudhammataṃ.*^[330]

"Just then, radical attention
Arose from within me,
The perils were manifest,
And dejection took place,
Then my mind got released,
Behold the goodness of the Norm."

If one wishes to discover the goodness of this norm, one has to interpret the *sutta* in question in a broader perspective, without limiting its application to skilful mental states. If a train of thoughts had got started up about that gem, even through a wrong concentration, and thereby a wrong mindfulness and a wrong concentration had taken shape, at whatever moment radical attention comes on the scene, complete reorientation occurs instantaneously, true to those qualities of the *Dhamma* implied by the terms, *sandiṭṭhika*, visible here and now, *akālika*, not involving time, and *ehi-passika*, inviting one to come and see.

Some might wonder, for instance, how those *brahmins* of old who had practiced their own methods of concentration, attained *arahant*-hood on hearing just one

stanza as soon as they came to the Buddha.^[331] The usual interpretation is that it is due to the miraculous powers of the Buddha, or else that the persons concerned had an extraordinary stock of merit. The miracle of the *Dhamma*, implicit in such occurrences, is often ignored.

Now as to this miracle of the *Dhamma*, we may take the case of someone keen on seeing a rainbow. He will have to go on looking at the sky indefinitely, waiting for a rainbow to appear. But if he is wise enough, he can see the spectrum of rainbow colours through a dewdrop hanging on a leaf of a creeper waving in the morning sun, provided he finds the correct perspective. For him, the dewdrop itself is the meditation object. In the same way, one can sometimes see the entire *Dhamma*, thirty-seven factors of enlightenment and the like, even in a potentially pernicious meditation object.

From an academic point of view, the two terms *yoniso manasikāra*, radical attention, and *ayoniso manasikāra*, non-radical attention, are in utter contrast to each other. There is a world of difference between them. So also between the terms *sammā diṭṭhi*, right view, and *micchā diṭṭhi*, wrong view. But from the point of view of realization, there is just a little difference.

Now as we know, that spectrum of the sun's rays in the dewdrop disappears with a very little shift in one's perspective. It appears only when viewed in a particular perspective. What we find in this *Dhamma* is something similar. This is the intrinsic nature of this *Dhamma* that is to be seen here and now, timeless, leading onward, and realizable by the wise each one by himself.

Our interpretation of this *sutta*, taking the word *sabbe dhammā* to mean 'all things', is further substantiated by the *Samiddhi Sutta* found in the section on the Nines in the *Aṅguttara Nikāya*. It is a discourse preached by Venerable *Sāriputta*. To a great extent, it runs parallel to the one we have already analysed. The difference lies only in a few details. In that *sutta* we find Venerable *Samiddhi* answering the questions put to him by Venerable *Sāriputta*, like a pupil at a catechism. The following is the gist of questions raised and answers given:

'*Kim ārammaṇā, Samiddhi, purisassa saṅkappavitakkā uppajantī'ti? - 'Nāmarūpārammaṇā, bhante.'*

'*Te pana, Samiddhi, kva nānattaṃ gacchantī'ti? - 'Dhātūsu, bhante.'*

'*Te pana, Samiddhi, kiṃ samudayā'ti? - 'Phassasamudayā, bhante.'*

'*Te pana, Samiddhi, kiṃ samosaraṇā'ti? - 'Vedanāsamosaraṇā, bhante.'*

'*Te pana, Samiddhi, kiṃ pamukhā'ti? - 'Samādhipamukhā, bhante.'*

'*Te pana, Samiddhi, kim adhipateyyā'ti? - 'Satādhipeyyā, bhante.'*

'*Te pana, Samiddhi, kim uttarā'ti? - 'Paññuttarā, bhante.'*

'*Te pana, Samiddhi kiṃ sārā'ti? - 'Vimuttisārā, bhante.'*

'*Te pana, Samiddhi, kim ogadhā'ti? - 'Amatogadhā, bhante.'*^[332]

Except for the first two questions and the last one, the rest is the same as in the questionnaire given by the Buddha. But from this catechism it is extremely clear that Venerable *Sāriputta* is asking about thoughts and concepts. In the case of the previous *sutta*, one could sometimes doubt whether the word *sabbe dhammā* referred to skilful or unskilful mental states. But here it is clear enough that Venerable *Sāriputta's* questions are on thoughts and concepts. Let us now try to translate the above catechism.

"With what as object, *Samiddhi*, do concepts and thoughts arise in a man?" -

"With name-and-form as object, venerable sir."

"But where, *Samiddhi*, do they assume diversity?" - "In the elements, venerable sir."

"But from what, *Samiddhi*, do they arise?" - "They arise from contact, venerable sir."

"But on what, *Samiddhi*, do they converge?" - "They converge on feeling, venerable sir."

"But what, *Samiddhi*, is at their head?" - "They are headed by concentration, venerable sir."

"But by what, *Samiddhi*, are they dominated?" - "They are dominated by mindfulness, venerable sir."

"But what, *Samiddhi*, is their highest point?" - "Wisdom is their highest point, venerable sir."

"But what, *Samiddhi*, is their essence?" - "Deliverance is their essence, venerable sir."

"But in what, *Samiddhi*, do they get merged?" - "They get merged in the deathless, venerable sir."

Some noteworthy points emerge from this catechism. All concepts and thoughts have name-and-form as their object. The eighteen elements account for their diversity. They arise with contact. They converge on feeling. They are headed by concentration. They are dominated by mindfulness. Their acme or point of transcendence is wisdom. Their essence is deliverance and they get merged in the deathless. Be it noted that the deathless is a term for *Nibbāna*. Therefore, as we have stated above, everything has the potentiality to yield the deathless, provided radical attention is ushered in.

It is indubitably clear, from this catechism, that the subject under consideration is concepts and thoughts. All mind objects partake of the character of concepts and thoughts. Therefore the mind objects, according to the Buddha, have to be evaluated on the lines of the above mentioned normative principles, and not on the lines of self essence and divine creation as postulated by soul theories.

In accordance with the dictum 'mind is the forerunner of all things', *manopubbaṅgamā dhammā*,^[333] the course of training advocated by the Buddha, which begins with name-and-form as object, reaches its consummation in seeing through name-and-form, that is, in its penetration. It culminates in the transcendence of name-and-form, by penetrating into its impermanent, suffering-fraught, and not-self nature. This fact is borne out by the discourses already quoted.

The essence of the teaching is release from name-and-form. When one rightly understands the relation between name and form as well as their emptiness, one is able to see through name-and-form. This penetration is the function of wisdom. So long as wisdom is lacking, consciousness has a tendency to get entangled in name-and-form. This is the insinuation of the following *Dhammapada* verse about the *arahant*:

*Kodhaṃ jahe vipphaṇṇaṃ mānaṃ,
saṃyojanaṃ sabbam atikkameyya,
taṃ nāmarūpasmim asajjamānaṃ,*

akiñcanaṃ nānupatanti dukkhā. [\[334\]](#)

"Let one put wrath away, conceit abandon,
And get well beyond all fetters as well,
That one, untrammelled by name-and-form,
With naught as his own - no pains befall."

The path shown by the Buddha, then, is one that leads to the transcendence of name-and-form by understanding its emptiness. In this connection, the *Brahmajālasutta* of the *Dīgha Nikāya* reveals a very important fact on analysis. [\[335\]](#) What it portrays is how the sixty-two wrong views lose their lustre in the light of wisdom emanating from the non-manifestative consciousness of the Buddha, which is lustrous on all sides, *sabbato pabha*. [\[336\]](#)

As to how a lustre could be superseded, we have already explained with reference to a film show. [\[337\]](#) The film show lost its lustre when the doors were flung open. The narrow beam of light, directed on the cinema screen, faded away completely before the greater light now coming from outside. Similarly, the sixty-two wrong views in the *Brahmajālasutta* are seen to fade away before the light of wisdom coming from the non-manifestative consciousness of the Buddha. The narrow beams of sixty-two wrong views faded in the broader flood of light that is wisdom.

Those heretics who propounded those wrong views, conceived them by dogmatically holding on to name-and-form. They got entangled in name-and-form, and those views were the product of speculative logic based on it. We come across an allusion to this fact in the *Mahāvīyūhasutta* of the *Sutta Nipāta*. There it is declared that those of other sects are not free from the limitations of name-and-form.

*Passaṃ naro dakkhiti nāmarūpaṃ,
disvāna vā ñassati tānim eva,
kāmaṃ bahuṃ passatu appakaṃ vā,
na hi tena suddhiṃ kusalā vadanti.* [\[338\]](#)

"A seeing man will see only name-and-form,
Having seen he will know just those constituents alone,
Let him see much or little,
Experts do not concede purity thereby."

In the *Brahmajālasutta* itself we find some views advanced by those who had higher knowledges. With the help of those higher knowledges, which were still of the mundane type, they would see into their past, sometimes hundreds of thousands of their past lives, and drawing also from their ability to read others' minds, they would construct various views. Many such views are recorded in the *Brahmajālasutta*, only to be rejected and invalidated. Why so? The reason is given here in this verse.

The man who claims to see with those higher knowledges is seeing only name-and-form, *passaṃ naro dakkhiti nāmarūpaṃ*. Having seen, he takes whatever he sees as real knowledge, *disvāna vā ñassati tānim eva*. Just as someone inside a closed room with tinted window panes sees only what is reflected on those dark panes, and not beyond, even so, those 'seers' got enmeshed in name-and-form when they proceeded to speculate on what they saw as their past lives. They took

name-and-form itself to be real. That is why the Buddha declared that whether they saw much or little, it is of no use, since experts do not attribute purity to that kind of vision, *kāmaṃ bahuṃ passatu appakaṃ vā, na hi tena suddhiṃ kusalā vadanti*.

Here it is clear enough that those narrow wrong views are based on name-and-form, assuming it to be something real. The Buddha's vision, on the other hand, is one that transcends name-and-form. It is a supramundane vision. This fact is clearly revealed by the implications of the very title of the *Brahmajālasutta*. At the end of the discourse, the Buddha himself compares it to an all-embracing super-net.^[339] Just as a clever fisherman would throw a finely woven net well over a small lake, so that all the creatures living there are caught in it as they come up, all the possible views in the world are enmeshed or forestalled by this super-net, or *brahmajāla*.

Let us now pause to consider what the mesh of this net could be. If the *Brahmajālasutta* is a net, what constitutes that fine mesh in this net? There is a word occurring all over the discourse, which gives us a clear answer to this question. It is found in the phrase which the Buddha uses to disqualify every one of those views, namely, *tadapi phassapaccayā, tadapi phassapaccayā*,^[340] "and that too is due to contact, and that too is due to contact". So from this we can see that contact is the mesh of this net.

The medley of wrong views, current among those of other sects, is the product of the six sense-bases dependent on contact. The Buddha's vision, on the other hand, seems to be an all-encompassing lustre of wisdom, born of the cessation of the six sense-bases, which in effect, is the vision of *Nibbāna*. This fact is further clarified in the *sutta* by the statement of the Buddha that those who cling to those wrong views, based on name-and-form, keep on whirling within the *saṃsāric* round because of those very views.

Sabbe te chahi phassāyatanehi phussa phussa paṭisaṃvedenti, tesam phassapaccayā vedanā, vedanāpaccayā taṇhā, taṇhāpaccayā upādānaṃ, upādānapaccayā bhavo, bhavapaccayā jāti, jātipaccayā jarāmaṇaṃ sokaparidevadukkhadomanassupāyāsā sambhavanti. Yato kho, bhikkhave, bhikkhu, channaṃ phassāyatanānaṃ samudayañca atthagamañca assādañca ādīnavañca nissaraṇaṃca yathābhūtaṃ pajānāti, ayaṃ imehi sabbeheva uttaritaraṃ pajānāti.^[341] "They all continue to experience feeling coming into contact again and again with the six sense-bases, and to them dependent on contact there is feeling, dependent on feeling there is craving, dependent on craving there is grasping, dependent on grasping there is becoming, dependent on becoming there is birth, and dependent on birth, decay, death, sorrow, lamentation, pain, grief and despair come to be. But when, monks, a monk knows, as they truly are, the arising, the going down, the satisfaction, the peril and the stepping out concerning the six sense-bases, that monk has a knowledge which is far superior to that of all those dogmatists."

This paragraph clearly brings out the distinction between those who held on to such speculative views and the one who wins to the vision made known by the Buddha. The former were dependent on contact, that is, sensory contact, even if they possessed worldly higher knowledges. Because of contact originating from the six sense-bases there is feeling. Because of feeling they are lured into craving and grasping which make them go round and round in *saṃsāra*.

The emancipated monk who keeps to the right path, on the other hand, wins to that synoptic vision of the six sense-bases, replete in its five aspects. That is what is known as the light of wisdom. To him, all five aspects of the six sense-

bases become clear, namely the arising, the going down, the satisfaction, the peril and the stepping out. That light of wisdom is considered the highest knowledge, precisely because it reveals all these five aspects of the six sense-bases.

The reference to the formula of dependent arising in the above passage is highly significant. It is clear proof of the fact that the law of dependent arising is not something to be explained with reference to a past existence. It is a law relevant to the present moment.

This name-and-form is reflected on consciousness. Now as to this consciousness, the *Nidānasamṃyutta* of the *Samṃyutta Nikāya*, which is a section dealing with the law of dependent arising in particular, defines it in a way that includes all the six types of consciousness.

Katamañca, bhikkhave, viññāṇaṃ? Chayime, bhikkhave, viññāṇakāyā - cakkhuvīññāṇaṃ, sotavīññāṇaṃ, ghānavīññāṇaṃ, jivhāvīññāṇaṃ, kāyavīññāṇaṃ, manovīññāṇaṃ, idaṃ vuccati, bhikkhave, viññāṇaṃ.^[342] "And what, monks, is consciousness? There are these six classes of consciousness - eye-consciousness, ear-consciousness, nose-consciousness, tongue-consciousness, body-consciousness and mind-consciousness; this, monks, is called consciousness."

This shows that the consciousness mentioned in the formula of dependent arising is not something like a re-linking consciousness. The reference here is not to just one consciousness. It is in dependence on name-and-form, reflected on all six types of consciousness, that the six sense-bases get established.

The discrimination between an 'internal' and an 'external' is the outcome of the inability to penetrate name-and-form, to see through it. There is an apparent duality: I, as one who sees, and name-and-form, as the objects seen. Between them there is a dichotomy as internal and external. It is on this very dichotomy that the six sense-bases are 'based'. Feeling and all the rest of it come on top of those six sense-bases. Craving and grasping follow suit, as a result of which those dogmatists get caught up in the vicious cycle of dependent arising and keep running round in *samsāra* as the Buddha has declared.

So then, it becomes clear from the *Brahmajālasutta* that such a wide variety of wrong views exist in this world due to the dogmatic involvement in name-and-form reflected on consciousness, that is by mis-taking the reflection to be one's self. This, in brief, is tantamount to *sakkāyadiṭṭhi*, or personality view.

Now let us take up a parable by way of an illustration of the distinction between the wrong view of the dogmatists, already analysed, and the right view, which is in complete contrast to it. It is an episode in the *Ummaggajātaka* which more or less looks like a parable to illustrate this point.^[343] In the *Ummaggajātaka* one comes across the problem of a gem. In that story there are in fact several such problems concerning gems, and we are taking up just one of them.

The citizens of *Mithilā* came and informed king *Videha* that there is a gem in the pond near the city gate. The king commissioned his royal adviser *Senaka* with the task of taking out the gem. He went and got the people to empty the pond but failed to find the gem there. Even the mud was taken out and the earth dug up in a vain attempt to locate the gem. When he confessed his failure to the king, the latter entrusted the job to *bodhisatta Mahosadha*, the youngest adviser. When he went there and had a look around, he immediately understood that the gem is actually in a crow's nest on a palm tree near the pond. What appeared in the pond is only its reflection. He convinced the king of this fact by getting a man to

immerse a bowl of water into the pond, which also reflected the gem. Then the man climbed up the palm tree and found the gem there, as predicted by *Mahosadha*.

If we take this episode as an illustration, the view of the dogmatists can be compared to *Senaka's* view. The discovery of the Buddha that name-and-form is a mere reflection is like the solution advanced by *bodhisatta Mahosadha* to the problem of the gem in the pond.

Now what is the role of personality view in this connection? It is said that the Buddha preached the *Dhamma* adopting a *via media* between two extreme views. What are they? The eternalist view and the nihilist view. The eternalist view is like that attachment to the reflection. Sometimes, when one sees one's own image in water, one falls in love with it, imagining it to be someone else, as in the case of the dog on the plank mentioned in an earlier sermon.^[344] It can sometimes arouse hate as well. Thus there could be both self-love and self-hate.

Inclining towards these two attitudes, the personality view itself leads to the two extreme views known as eternalism and nihilism, or annihilationism. It is like *Senaka's* attempt to find the gem by emptying the water and digging the bottom of the pond. The Buddha avoids both these extremes by understanding that this name-and-form is a reflection, owing to the reflective nature of this pond of consciousness. It has no essence.

The name in this name-and-form, as we have already stated in an earlier sermon, is merely a formal name, or an apparent name.^[345] And the form here is only a nominal form, a form only in name. There is neither an actual name nor a substantial form here. Name is only apparent, and form is only nominal. With this preliminary understanding one has to arouse that wisdom by building up the ability to see through name-and-form, in order to win to freedom from this name-and-form.

So, in this sermon, our special attention has been on name-and-form, on the interrelation between name-and-form and consciousness. All this reveals to us the importance of the first two lines of the problematic verse already quoted, *viññānaṃ anidassanaṃ anantaṃ sabbato pabhaṃ*,^[346] "consciousness which is non-manifestative, endless, lustrous on all sides".

According to the Buddha's vision, by fully comprehending the fact that name-and-form is a mere image, or reflection, the non-manifestative consciousness develops the penetrative power to see through it. But those others, who could not understand that it is a reflection, aroused self-love and self-hate. It is as if one is trying to outstrip one's shadow by running towards it out of fun, while the other is trying to flee from it out of fear. Such is the nature of the two extreme views in this world.

Dvīhi, bhikkhave, diṭṭhigatehi pariyuṭṭhitā devamanussā oḷiyanti eke, atidhāvanti eke, cakkhumanto ca passanti.^[347] "Obsessed by two views, monks, are gods and men, some of whom lag behind, while others overreach, only they do see that have eyes to see."

This is how the *Itivuttaka*, the collection of the 'thus said' discourses, sums up the situation in the world. Some fall back and lag behind, while others overstep and overreach. It is only they that see, who have eyes to see.

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MIND STILLED 10

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānam.* [\[348\]](#)

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction".

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks.

This is the tenth sermon in the series of sermons on *Nibbāna*. With the help of a parable based on the problem of the gem in the *Ummaggajātaka*, we made an attempt, towards the end of our last sermon, to clarify to some extent how the personality view arises due to the ignorance of the fact that name-and-form is something reflected on consciousness. We mentioned in brief how a certain would-be wise man took the trouble to empty a pond and even dig out the mud under the impression that there is actually a gem in it, simply because there appeared to be a gem in the pond.

Similarly, by taking to be real name-and-form, which is only an image reflected on consciousness leading to a personality view, *sakkāyadiṭṭhi*, both eternalism and nihilism, built on the two views of existence and non-existence, tended towards two extremes. Under the influence of self love, eternalism took up the view that there is a self, and looked forward to its perpetuation. Prompted by self hate, annihilationism or nihilism cherished the fond hope that the release from this self will occur at death. Both these extreme views confuse the issue by not understanding the reflected image as such.

Now how did the middle path, which the Buddha introduced to the world, avoid these two extremes? It is by offering a knowledge and vision of things as they are, *yathābhūtañāṇadassana*, in place of those two views of existence and non-existence. In other words, he made known to the world the true knowledge and vision that name-and-form is merely an image reflected on consciousness.

There is a special significance in the word *yathābhūta*. In contradistinction to the two words *bhava* and *vibhava*, the word *bhūta* has some peculiarity of its own. In order to clarify the meaning of the term *yathābhūta*, we can draw upon a discourse in the *Itivuttaka*, a few lines of which we had already quoted at the end of the previous sermon. When presented in full, that discourse will make it clear why the Buddha introduced the word *bhūta* in preference to the existing usage in terms of *bhava* and *vibhava*. This is how that discourse proceeds:

Dvīhi, bhikkhave, diṭṭhigatehi pariyuṭṭhitā devamanussā oḷiyanti eke, atidhāvanti eke, cakkhumanto va passanti. Kathañca, bhikkhave, oḷiyanti eke? Bhavārāmā, bhikkhave, devamanussā bhavaratā bhavasammuditā, tesam bhavanirodhāya dhamme desiyamāne cittaṃ na pakkhandati na pasīdati na santiṭṭhati nādhimuccati. Evaṃ kho, bhikkhave, oḷiyanti eke.

Kathañca, bhikkhave, atidhāvanti eke? Bhaveneva kho pana eke aṭṭiyamānā harāyamānā jigucchamānā vibhavaṃ abhinandanti - yato kira, bho, ayaṃ attā

kāyassa bhedaṃ paraṃ maraṇā ucchijjati vinassati na hoti paraṃ maraṇā, etaṃ santaṃ etaṃ paṇītaṃ etaṃ yāthāvanti. Evaṃ kho, bhikkhave, atidhāvanti eke.

Kathaṅca, bhikkhave, cakkhumanto passanti? Idha bhikkhu bhūtaṃ bhūtato passati, bhūtaṃ bhūtato disvā bhūtassa nibbidāya virāgāya nirodhāya paṭipanno hoti. Evaṃ kho, bhikkhave, cakkhumanto va passanti'ti." [\[349\]](#)

"Obsessed by two views, monks, are gods and men, some of whom lag behind, while others overreach. Only they do see that have eyes to see. How, monks, do some lag behind? Gods and men, monks, delight in existence, they are attached to existence, they rejoice in existence. When *Dhamma* is being preached to them for the cessation of existence, their minds do not reach out towards it, do not get pleased in it, do not get steadied in it, do not rest confident with it. It is thus that some lag behind.

How, monks, do some overreach? Being troubled, ashamed, and disgusted of existence as such, some delight in non-existence - since this self, at the breaking up of this body after death, will be annihilated and destroyed, this is peace, this is excellent, this is how it should be. Thus, monks do some overreach.

And how, monks, do those with eyes see? Herein a monk sees the become as become. Having seen the become as become, he is treading the path towards dejection, dispassion and cessation regarding becoming. Thus it is, monks, that those with eyes see."

This passage clearly brings out the extreme nature of those two views of existence and non-existence. The two verses occurring at the end of this *sutta* present the gist of the discourse even more clearly:

*Ye bhūtaṃ bhūtato disvā,
bhūtassa ca atikkamaṃ,
yathābhūte vimuccanti,
bhavataṇhā parikkhayā.*

*Sa ve bhūtapariñño so,
vītataṇho bhavābhava,
bhūtassa vibhavā bhikkhu,
nāgacchati punabbhavaṃ.*

"Those who have seen the become as become,
As well as the going beyond of whatever has become,
Are released in regard to things as they are,
By the exhaustion of craving for becoming.

That monk, who has fully comprehended the become,
Who is devoid of craving for continued becoming,
By the discontinuation of what has become,
Will not come back again to a state of becoming."

Now it is extremely clear, even from the quotation as it stands, that the Buddha has interposed this word *bhūta* between the dichotomous terms *bhava* and *vibhava*. In the contemporary society, these two terms were used to denote the existence and the destruction of a soul. This usage is clearly revealed by some discourses, in which those who held on to similar views expressed them in such

terms as *bhavissāmi* and *na bhavissāmi*.^[350] These expressions, meaning 'I will be' and 'I will not be', carry with them an implication of a person or a self.

The term *bhūta*, on the other hand, is not amenable to such a usage. It has the passive sense of something that has become. Like that reflection mentioned earlier, it conveys the idea of being produced by causes and conditions. Going by the analogy of the reflected image mentioned above, the eternalist, because of his narcissistic selflove, gets attached to his own self image and lags behind. When the Buddha preaches the *Dhamma* for the cessation of existence, he shrinks from fear that it would lead to the destruction of his self. It is like the narcissistic attempt to embrace one's own image in water out of self love.

The annihilationist view leads to an attitude of escapism, like that of one who is obsessed by his own shadow. One cannot outstrip one's own shadow. It is only a vain attempt. So also is the fond hope of the nihilist that by simply negating self one can be free from repeated birth. It turns out to be mere wishful thinking, because simply by virtue of the view 'I shall not be after death' one cannot win deliverance, so long as such defilements like ignorance and craving are there. These were the two extremes towards which those two dogmatic views of eternalism and annihilationism tended.

By introducing the term *bhūta* the Buddha made it known that the five groups are the product of causes and conditions, that they are conditionally arisen. In the *Itivuttaka*, for instance, one comes across the following significant lines: *Jātaṃ bhūtaṃ samuppannaṃ, kataṃ saṅkhatamaddhuvaṃ*.^[351] The reference here is to the five groups of grasping. They are "born", "become", "arisen" (that is conditionally arisen), "made up", "prepared", and "unstable". These words are suggestive of some artificiality. The word *addhuvaṃ* brings out their impermanence and insubstantiality. There is no eternal essence, like *sat*, or being. It is merely a self image, a reflection. So it seems that the word *bhūta* has connotations of being a product of causes and conditions.

Therefore, in spite of the scare it has aroused in the soul-theorists, *Nibbāna* is not something that destroys a truly existing entity. Though *Nibbāna* is called *bhavanirodha*,^[352] cessation of existence, according to the outlook of the Buddha the worldlings have merely a craving for existence, *bhavataṅhā*, and not a real existence. It is only a conceit of existence, the conceit 'am', *asmimāna*.

In reality it amounts to a craving, and this is the significance of the term *taṅhā ponobhāvikā*, craving which makes for re-becoming. Because of that craving, which is always bent forward, worldlings keep running round in *saṃsāra*. But on analysis a concrete situation always reveals a state of a become, a *bhūta*, as something produced by causes and conditions.

A donkey drags a wagon when a carrot is projected towards it from the wagon. The journey of beings in *saṃsāra* is something like that. So what we have here is not the destruction of some existing essence of being or a soul. From the point of view of the *Dhamma* the cessation of existence, or *bhavanirodha*, amounts to a stopping of the process of becoming, by the removal of the causes leading to it, namely ignorance and craving. It is, in effect, the cessation of suffering itself.

Those who held on to the annihilationist view, entertained the hope that their view itself entitled them to their cherished goal. But it was in vain, because the ignorance, craving, and grasping within them created for them the five groups of grasping, or this mass of suffering, again and again despite their view, *uppajjati dukkham idaṃ punappunaṃ*.

So what we have here is a deep philosophy of things as they are, which follows

a certain law of causality. The Buddha's middle path is based on this knowledge and vision of things as they are, avoiding both extremes of self indulgence and self mortification.

Let us now consider the question of existence involved in this context. The terms *bhava* and *vibhava* are generally associated with the idea of worlds' existence. Some seem to take *atthi*, or 'is', as the basic element in the grammatical structure. Very often those upholders of dogmatic views brought up such propositions as 'everything exists', *sabbam atthi*, and 'nothing exists', *sabbam natthi*, before the Buddha, expecting him to give a categorical answer. [\[353\]](#)

But the Buddha pointed out that *asmi*, or 'am', is more basic than the usage of 'is' and 'is not'. The most elementary concept is *asmi*, or 'am'. Hence the term *asmimāna*, the conceit 'am'. In the grammatical structure, the pride of place should be given to *asmi*, or 'am'. We sometimes tend to regard *atthi*, or 'is', as the primary term. But *asmi* deserves pride of place in so far as it is the basic element in the grammatical structure. It is like the central peg from which all measurements and surveyings of the world start, since the word *māna* in *asmimāna* also means 'measuring'. Given *asmi*, or 'am', everything else comes to be.

Let us take an illustration. If, for instance, we say "there is something", someone will pose the question "where is it?" It should be either here or there or yonder, that is, over there. It can be in one of those three places. Now, if it is here, how does that place become a 'here'? That is where I am. 'There' is where he is, and 'yonder' is where you are.

So we have here the framework of the grammar. Here is the basic lining up for the formation of the grammatical structure, its most elementary pattern. So, then, 'I am', 'you are', and 'he is'. In this way we see that one can speak of the existence of something relative to a viewpoint represented by 'am' or 'I am'. That is why the Buddha rejected as extremes the two views of absolute existence and absolute non-existence, based on 'is', *atthi*, and 'is not', *natthi*.

Only when there is an 'I', can something exist relative to that I. And that something, if it is 'there', it is where 'I' am not present, or at a distance from me. If it is 'yonder', or over there, it is before you who are in front of me. And if it is 'here', it is beside me. From this we can see that this conceit 'am' is, as it were, the origin of the whole world, the origin of the world of grammar.

On a previous occasion, too, while discussing the significance of the two terms *itthabhāva* and *aññathābhāva*, we had to make a similar statement. [\[354\]](#) The Buddha draws our attention to a very important fact in this concern, namely, the fact that the conceit 'am' does not arise without causes and conditions. It is not something uncaused, and unconditioned. If it is uncaused and unconditioned, it can never be made to cease. The notion 'am' arises due to certain causes and conditions. There is a word suggestive of this causal origin, namely *upādāya*.

Now, for instance, we use the term *pañc'upādānakkhandha*. When we speak of the five groups of grasping, the word *upādāna* (*upa + ā + dā*) is often rendered by grasping. The prefix *upa* is supposed to imply the tenacity of the hold. [\[355\]](#) One can therefore ask whether it is not sufficient to relax the hold on the five groups. Strictly speaking, the prefix *upa* in *upādāna* conveys the sense of proximity or nearness. Sometimes the two words *upeti* and *upādiyati* are found in juxtaposition. *Upeti*, *upa + i*, to go, means 'coming near' or 'approaching', and *upādiyati* has the sense of 'holding on to', having come close. In other words, we have here not only a case of holding, but of holding 'on to'.

So the totality of existence, from the point of view of *Dhamma*, is dependent on

a holding on, or a grasping on. It is not something uncaused and unconditioned. Here we may remind ourselves of the simile of the winding of a rope or a cord which we brought up in a previous sermon.^[356] We cannot help going back to the same simile again and again, if we are to deepen our understanding of the *Dhamma*.

In that illustration we spoke of two persons winding up several strands to make a rope or a cord. But both are winding in the same direction from either end. Such an attempt at winding, however long it is continued, does not result in an actual winding, for the simple reason that the winding from one end is continually being unwinded from the other end. But what happens if a third person catches hold of the rope in the middle? Due to that hold on the middle, something like a rope appears to get winded up.

Now existence, too, is something similar. It is because of the hold in the middle that the rope gets wound up. From the point of view of an outsider, the one in the middle is holding on to a rope. But the truth is, that the semblance of a rope is there due to that holding on itself. This, then, is the norm of this world. 'Whatever is of a nature to arise, all that is of a nature to cease, *yaṃ kiñci samudayadhammaṃ, sabbaṃ taṃ nirodhadhammaṃ*.^[357]

It is in the nature of things that every winding ends up in an unwinding. But because of that hold in the middle, the windings get accumulated. Just because of his hold in the middle, his hand is under stress and strain. Similarly, the stress and strain that is existence is also due to a grasping or a holding on to, *upādānapaccayā bhavo*.

In fact, we have not given this illustration merely for the sake of a simile. We can adduce reasons for its validity even from the discourses. This word *upādāya* is particularly noteworthy. As we have already shown, *upādāna* does not simply mean grasping, or grasping rigidly, but holding on to something, having come close to it. This holding on creates a certain relationship, which may be technically termed a relativity. The two stand relative to each other. For instance, that rope exists relative to the grasping of the person who holds on to it. Now *upādāya* is the absolute form of *upādāna*, it has the implication of something relative.

There is a discourse in the *Khandhasaṃyutta*, which clearly reveals this fact. It is a sermon preached by Venerable *Puṇṇa Mantāniputta* to Venerable *Ānanda*. This is the relevant paragraph:

Upādāya, āvuso Ānanda, asmīti hoti, no anupādāya. Kiñca upādāya asmīti hoti, no anupādāya? Rūpaṃ upādāya asmīti hoti, no anupādāya; vedanaṃ upādāya asmīti hoti, no anupādāya; saññaṃ upādāya asmīti hoti, no anupādāya; saṅkhāre upādāya asmīti hoti, no anupādāya; viññāṇaṃ upādāya asmīti hoti, no anupādāya. Upādāya, āvuso Ānanda, asmīti hoti, no anupādāya.

Seyyathāpi, āvuso Ānanda, itthī vā puriso vā daharo yuvā maṇḍanakajātiko ādāse vā parisuddhe pariyodāte acche vā udakapatte sakaṃ mukhanimittam paccavekkhamāno upādāya passeyya, no anupādāya, evam eva kho, āvuso Ānanda, upādāya asmīti hoti, no anupādāya.^[358]

Let us now try to get at the meaning of this important passage, which should clarify further what we have already attempted to explain through similes.

"It is with dependence, friend *Ānanda*, that the notion 'am' occurs, not without dependence. With dependence on what, does the notion 'am' occur, and not without dependence? With dependence on form does the notion 'am' occur, not without dependence; with dependence on feeling does the notion 'am' occur, not

without dependence; with dependence on perception does the notion 'am' occur, not without dependence; with dependence on preparations does the notion 'am' occur, not without dependence; with dependence on consciousness does the notion 'am' occur, not without dependence.

Just as, friend *Ānanda*, a woman or a man, youthful and fond of adornment, in looking at her or his facial image in a mirror or in a bowl filled with pure, clear, clean water, would be seeing it with dependence and not without dependence, even so, friend *Ānanda*, it is with dependence that the notion 'am' occurs, not without dependence."

In fact, it is rather difficult to render the word *upādāya*. It means 'in dependence on' something and has a relative sense. Reinforced with the emphatic double negative, the assertion seems to imply that the notion 'am' is something dependent and not independent, that it arises due to causes and conditions. In the explanation that follows, this dictum is substantiated by bringing in the five groups or aggregates, relative to which one posits an 'am'.

The subsequent illustration serves to bring out the required nuance of the term *upādāya*, which is more often connected with the rather gross idea of grasping. The young woman or the young man is looking at her or his face in a mirror. They can see their own face, or the sign of it, *mukhanimitta*, only with the help of a mirror, that is, as an image reflected on it. They are dependent on a mirror or a similar object for seeing their own face, not independent.

What Venerable *Puṇṇa Mantāniputta* seems to stress, is that the notion 'am' is the result of grasping or holding on to form, feeling, perception, preparations, and consciousness. It is when one looks into a mirror that one suddenly becomes self-conscious. Whether one has a liking or a dislike for what one sees, one gets the notion 'this is me'. So it is by coming close to a mirror which reflects one's facial image that the notion 'am' occurs depending on it. The word *upādāya* therefore approximates to the idea of coming close and holding on to.

That notion occurs due to a relationship arising from that holding on. Even if one already has no such notion, the moment one looks into a mirror one is suddenly reminded of it, as if to exclaim: "Ah, here I am!" This is the gist of what Venerable *Puṇṇa Mantāniputta* is trying to put across through this discourse.

This shows that the conceit 'am' arises due to the five grasping groups. The absolute *upādāya*, though akin to *upādāna*, has a deeper significance. It is a word suggestive of a relationship. It does not merely mean a holding on, but also a certain necessary relationship arising out of that holding on. Just as the looking into a mirror or a bowl of water gives rise to a facial image as a reflection, here too the relationship calls forth the deluded reflection "here I am". Given the notion "here I am", there follows the corollary "things that are mine".

So there is supposed to be an 'I' in contradistinction to things that are 'mine'. It is the difficulty to demarcate the area of applicability between these two concepts that has given rise to insoluble problems. 'Who am I and what is mine?' The twenty modes of personality view, *sakkāya diṭṭhi*, portray how one is at one's wit's end to solve this problem.

Let us now see how the twenty modes of personality view are made up. For instance, as regards form, it is fourfold as follows: *Rūpaṃ attato samanupassati, rūpavantaṃ vā attānaṃ, attani vā rūpaṃ, rūpasmim vā attānaṃ*.^[359] "He regards form as self, or self as possessing form, or form as in self, or self as in form." It is the same with the other four groups. In this way, the personality view is altogether twenty-fold.

All this comes about due to the ignorance that name-and-form is only a reflection, like that facial image. In grasping this self image of name-and-form one grasps the five groups. Attachment to name-and-form amounts to a holding on to these five groups. To many, the relationship between name-and-form and the grasping groups appears as a big puzzle. Wherever one looks, one sees this self image of name-and-form. But when one grasps it, what comes within the grasp is a group of form, feeling, perception, preparations, and consciousness.

The magical illusion created by consciousness is so complete that it is capable of playing a dual role, as in double acting. Because it reflects, like a mirror, consciousness itself is grasped, just as one grasps the mirror. Not only the reflection of the mirror, but the mirror itself is grasped. The grasping group of consciousness represents such a predicament.

One can form an idea about the relation between name-and-form and consciousness by going deeper into the implications of this discourse. In the discussion of the interrelation between name and form, the Buddha makes use of two highly significant terms, namely *adhivacanasamphassa* and *paṭighasamphassa*. How contact arises dependent on name-and-form is explained by the Buddha in the *MahāNidānasutta* of the *Dīgha Nikāya*.^[360] It is addressed to Venerable *Ānanda* in the form of a catechism.

Phassa, or contact, is a sort of hybrid, carrying with it the implications of both *adhivacanasamphassa* and *paṭighasamphassa*. That is to say, it partakes of the character of name, *nāma*, as suggested by *adhivacanasamphassa*, as well as that of form, *rūpa*, indicated by *paṭighasamphassa*. This will be clear from the relevant section of the catechism in the *MahāNidānasutta*:

'*Nāmarūpapaccayā phasso'ti iti kho panetaṃ vuttaṃ, tad'Ānanda, imināpetam pariyaēyena veditabbaṃ, yathā nāmarūpapaccayā phasso. Yehi, Ānanda, ākārehi yehi liṅgehi yehi nimित्तेhi yehi uddesehi nāmakāyassa paññatti hoti, tesu ākāresu tesu liṅgesu tesu nimittesu tesu uddesesu asati api nu kho rūpakāye adhvācānasamphasso paññāyethā'ti?*' 'No hetam, bhante.'

'*Yehi, Ānanda, ākārehi yehi liṅgehi yehi nimित्तेhi yehi uddesehi rūpakāyassa paññatti hoti, tesu ākāresu tesu liṅgesu tesu nimittesu tesu uddesesu asati api nu kho nāmakāye paṭighasamphasso paññāyethā'ti?*' 'No hetam, bhante.'

'*Yehi, Ānanda, ākārehi yehi liṅgehi yehi nimित्तेhi yehi uddesehi nāmakāyassa ca rūpakāyassa ca paññatti hoti, tesu ākāresu tesu liṅgesu tesu nimittesu tesu uddesesu asati api nu kho adhvācānasamphasso vā paṭighasamphasso vā paññāyethā'ti?*' 'No hetam, bhante.'

'*Yehi, Ānanda, ākārehi yehi liṅgehi yehi nimित्तेhi yehi uddesehi nāmarūpassa paññatti hoti, tesu ākāresu tesu liṅgesu tesu nimittesu tesu uddesesu asati api nu kho phasso paññāyethā'ti?*' 'No hetam, bhante.' '*Tasmātih'Ānanda, eseva hetu etaṃ nidānaṃ esa samudayo esa paccayo phassassa, yadidaṃ nāmarūpaṃ.*'

"From name-and-form as condition, contact comes to be. Thus it has been said above. And that *Ānanda*, should be understood in this manner, too, as to how from name-and-form as condition, contact arises. If, *Ānanda*, all those modes, characteristics, signs and exponents, by which the name-group, *nāma-kāya*, is designated were absent, would there be manifest any verbal impression, *adhivacanasamphassa*, in the form-group, *rūpa-kāya*?" "There would not, lord."

"If, *Ānanda*, all those modes, characteristics, signs and exponents, by which the form-group is designated were absent, would there be manifest any resistance-impression, *paṭighasamphasso*, in the name-group?" "There would not, lord."

"And if, *Ānanda*, all those modes, characteristics, signs and exponents, by which there is a designation of both name-group and form-group were absent, would there be manifest either any verbal impression or any resistance-impression?" "There would not, lord."

"And if, *Ānanda*, all those modes, characteristics, signs and exponents, by which there comes to be a designation of name-and-form were absent, would there be manifest any contact?" "There would not, lord." "Wherefore, *Ānanda*, this itself is the cause, this is the origin, this is the condition for contact, that is to say, name-and-form."

With the help of four words of allied sense, namely *ākāra*, mode, *liṅga*, characteristic, *nimitta*, sign, and *uddesa*, exponent, the Buddha catechetically brings out four conclusions by this disquisition. They are:

1) By whatever modes, characteristics, signs and exponents the name-group, *nāma-kāya*, is designated, in their absence no designation of verbal impression, *adhivacanasamphassa*, in the form-group, *rūpa-kāya*, is possible.

2) By whatever modes, characteristics, signs and exponents the form-group is designated, in their absence no designation of resistance-impression, *paṭighasamphasso*, in the name-group, *nāmakāya*, is possible.

3) By whatever modes, characteristics, signs and exponents both name-group and form-group are designated, in their absence no designation of verbal impression or resistance-impression is possible.

4) By whatever modes, characteristics, signs and exponents name-and-form is designated, in their absence no designation of contact is possible.

All this may well appear like a riddle, but then let us consider what name-and-form means, to begin with. The definition we gave to *nāma* in our very first sermon happened to be different from the well known definition nowadays given in terms of a bending.^[361] We interpreted *nāma* in the sense of a 'naming'. Now this term *adhivacana* also conveys the same idea. *Adhivacana*, synonym, *nirutti*, nomenclature, and *paññatti*, designation, are part and parcel of linguistic usage.

In the *Niruttipathasutta* of the *Khandhasaṃyutta* one comes across three terms, *niruttipatha*, *adhivacanapatha*, and *paññattipatha*, pathways of nomenclature, pathways of synonyms, pathways of designation.^[362] These three terms are closely allied in meaning, in that they bring out in sharp relief three aspects of linguistic usage. *Nirutti* emphasises the explanatory or expository function of language, *adhivacana* its symbolic and metaphorical character, while *paññatti* brings out its dependence on convention.

What we have here is *adhivacanasamphassa*. Its affinity to name is obvious, and this is precisely the meaning we attributed to *nāma*. Therefore, what we have in this concept of *nāmakāya*, or name-group, literally 'name-body', is a set of first principles in linguistic usage pertaining to definition.

The form-group, or *rūpakāya*, literally 'form-body', on the other hand has something to do with resistance, as suggested by the term *paṭighasamphassa*. *Paṭigha* means 'striking against'. Form, or *rūpa*, has a striking quality, while name, or *nāma*, has a descriptive quality. *Phassa*, or contact, is a hybrid of these two. This is what gives a deeper dimension to the above disquisition.

The point that the Buddha seeks to drive home is the fact that the concept of contact necessarily presupposes both name and form. In other words, name and form are mutually interrelated, as already stated above. There would be no verbal impression in the form-group, if there were no modes, characteristics, etc., proper

to name. Likewise there could be no resistant impression in the name-group, if there were no modes, characteristics, etc., proper to form.

At first sight these two may appear as totally opposed to each other. But what is implied is a case of mutual interrelation. The expression peculiar to the name-group is a necessary condition for the form-group, while the resistance peculiar to the form-group is a necessary condition for the name-group. Since here we have something deep, let us go for an illustration for the sake of clarity.

As we have already stated, a verbal impression in regard to the form-group is there because of the constituents of the name-group. Now the form-group consists of the four great primaries earth, water, fire and air. Even to distinguish between them by their qualities of hardness and softness, hotness and coolness, etc., feeling, perception, intention, contact and attention, which are the constituents of the name-group, have to play their part. Thus it is with the help of those members on the name side that the four basic elements associated with form receive recognition.

Metaphor is a figure of speech, common in ornate literary language as well as in technical terminology. Here the inanimate is animated by personification. What is proper to the animate world is superimposed on the inanimate. Now the word *adhivacana* is, even literally, a superimposition, and it is a term with obvious metaphorical associations. Whereas in the literary field it has an ornate value as a figurative expression, in technical usage it serves the purpose of facility of expression by getting the tools to speak for themselves.

For instance, a carpenter might speak of two planks touching each other as if they can actually touch and feel. The concept of touch, even when it is attributed to inanimate objects, is the outcome of attention, in this case the attention of the carpenter. Here, again, we are reminded of the role of attention in the origination of things as stated in the *Kimṃūlakasutta* and *Samiddhisutta* discussed above.^[363] In accordance with the dictum "Mind is the forerunner of all things",^[364] "All things are rooted in interest, they originate with attention and arise out of contact", *chandamūlakā, āvuso, sabbe dhammā, manasikārasambhavā, phassasamudayā* (etc.).^[365] Wherever the carpenter's interest went, his attention discovered and picked up the thing, and here the thing is the fact of two planks touching each other.

Interest, attention and contact together bring out some deeper implications of the law of dependent arising. Not only with regard to inanimate objects, but even in the case of this conscious body, the question of contact is related to the fact of attention.

If, for instance I ask what I am touching now, one might say that I am touching the palm leaf fan in my hand. This is because we usually associate the idea of touching with the hand that holds. But suppose I put away the fan and ask again what I am touching now, one might find it difficult to answer. It might not be possible for another to guess by mere external observation, since it is essentially subjective. It is dependent on my attention. It could even be my robe that I am touching in the sense of contact, in which case I am becoming conscious of my body as apart from the robe I am wearing.

Consciousness follows in the wake of attention. Whatever my attention picks up, of that I am conscious. Though I have in front of me so many apparently visible objects, until my attention is focussed, eye-consciousness does not come about. The basic function of this type of consciousness, then, is to distinguish between the eye and the object seen. It is only after the eye has become conscious, that

other factors necessary for sense perception fall into place.

The two things born of that basic discrimination, together with the discriminating consciousness itself, that is eye-consciousness, make up the concept of contact. *Cakkhuñca paṭicca rūpe ca uppajjati cakkhuvīññāṇaṃ, tiṇṇaṃ saṅgati phasso.*^[366] "Dependent on eye and forms, eye-consciousness arises, the concurrence of the three is contact."

The same principle holds good in the case of the two planks touching each other. All this goes to show that it is with the help of the factors in the name-group that we can even metaphorically speak of a contact between inanimate things.

Let us now consider how resistance-impression, *paṭighasamphassa*, comes about. It is said that the factors of the form-group have a part to play in producing resistance-impression on the name-group. We sometimes speak of an idea 'striking us', as if it were something material. Or else an idea could be 'at the back' of our mind and a word 'on the tip' of our tongue.

The clearest manifestation of contact is that between material objects, where collision is suggestive of resistance, as implied by the word *paṭigha*. This primary sense of striking against or striking together is implicit even in the simile given by the Buddha in the *Dhātuvibhaṅgasutta* of the *Majjhima Nikāya*, and in the *Phassamūlakasutta* of the *Saṃyutta Nikāya*, concerning two sticks being rubbed together to kindle a fire.^[367]

Though as a gross manifestation contact is primarily associated with the form-group, it is essentially connected with the name-group, as we have already explained with illustrations. It is when both resistance-impression and verbal impression come together that contact arises, dependent on name-and-form, *nāmarūpapaccayā phasso*.

Another point that needs to be clarified in this connection is the exact significance of the word *rūpa*. This word has been variously interpreted and explained among different Buddhist sects. How did the Buddha define *rūpa*? In ordinary usage it can mean either forms visible to the eye, or whatever is generally spoken of as 'material'. Its exact significance has become a subject of controversy. What precisely do we mean by '*rūpa*'?

The Buddha himself has explained the word, giving the following etymology in the *Khajjanīyasutta* of the *Khandhasaṃyutta* in the *Saṃyutta Nikāya*. While defining the five groups there, he defines the form group as follows:

Kiñca, bhikkhave, rūpaṃ vadetha? Ruppattīti kho, bhikkhave, tasmā rūpan'ti vuccati. Kena ruppatti? Sītena pi ruppatti, uñhena pi ruppatti, jighacchāya pi ruppatti, pipāsāya pi ruppatti, daṃsamakasavātātapasiriṃsapasamphassena pi ruppatti. Ruppattīti kho, bhikkhave, tasmā rūpan'ti vuccati.^[368]

"And what, monks, do you call *rūpa*? It is affected, monks, that is why it is called *rūpa*. Affected by what? Affected by cold, affected by heat, affected by hunger, affected by thirst, affected by contact with gadflies, mosquitoes, wind, sun and serpents. It is affected, monks, that is why it is called *rūpa*."

This definition seems to convey something very deep, so much so that various Buddhist sects came out with various interpretations of this passage. The Buddha departs from the way of approach taken up by the materialistic systems of thought in the world in defining *rūpa* with *ruppati*, 'being affected'. It is not the inanimate trees and rocks in the world that are said to be affected by cold and heat, but this conscious body. So this body is not conceived of as a bundle of atoms to be

animated by introducing into it a life faculty, *jīvitindriya*. What is meant by *rūpa* is this same body, this body with form, which, for the meditator, is a fact of experience.

Attempts at interpretation from a scholastic point of view created a lot of complications. But the definition, as it stands, is clear enough. It is directly addressed to experience. The purpose of the entire *Dhamma* preached by the Buddha is not to encourage an academic dabbling in philosophical subtleties with a mere jumble of words. The purpose is utter disenchantment, dispassion and cessation, *ekantanibbidāya*, *virāgāya*, *nirodhāya*.^[369] Therefore the etymology given here in terms of *ruppanti*, 'to be affected', is in full accord with that purpose. *Rūpa* is so called, because it is affected by cold, heat, and the sting of gadflies, mosquitoes, etc., not because of any atomism in it.

If we are to examine further the meaning of this verb *ruppanti*, we can count on the following quotation from the *Piṅgiyasutta* of the *Pārāyanavagga* in the *Sutta Nipāta*. It runs: *ruppanti rūpesu janā pamattā*,^[370] "heedless men are affected in regard to forms". The canonical commentary *Cūḷaniddesa*, commenting on the word, brings out the various nuances connected with it. *Ruppantīti kuppanti pīlayanti ghaṭṭayanti byādhitā domanassitā honti*.^[371] "*Ruppanti* means to be adversely affected, to be afflicted, to come into contact with, to be dis-eased and dis-pleased."

Surely it is not the trees and rocks that are affected in this manner. It is this animate body that is subject to all this. The pragmatic purpose of utter detachment, dispassion and cessation is clear enough even from this commentary. What is known as the form-group, *rūpakkhanda*, is one vast wound with nine apertures.^[372] This wound is affected when it is touched by cold and heat, when gadflies and mosquitoes land on it. This wound gets irritated by them.

We come across yet another canonical reference in support of these nuances in the following two lines in the *Uṭṭhānasutta* of the *Sutta Nipāta*. *Āturānañhi kā niddā, sallavidhāna ruppataṃ*.^[373] "For what sleep could there be for those who are afflicted, being pierced with a dart."

These two lines stress the need for heedfulness for beings pierced with the arrow of craving. Here, too, the verb *ruppanti* has the sense of being affected or afflicted. All this goes to show that the early Buddhist concept of *rūpa* had a striking simplicity about it.

As we have already stated at the very outset, the teachings in the discourses are simple enough. But there is a certain depth in this very simplicity, for it is only when the water is lucid and limpid that one can see the bottom of a pond. But with the passage of time there was a tendency to lose interest in these discourses, because of the general predilection for complexity.

Materialistic philosophers, in particular, were carried away by this trend, whether they were Hindus or Buddhists. Modern day scientists, too, got caught in this trend. They pursued the materialistic overtones of the word *rūpa*, without realizing that they are running after a mirage. They went on analysing matter, until they ended up with an atomism and grasped a heap of concepts. The analysis of matter thus precipitated a grasping of a mass of concepts. Whether one grasps a pole or a mole, it is a grasping all the same.

The Buddha's admonitions, on the contrary, point in a different direction. He pointed out that in order to be free from the burdensome oppression of form, one has to be free from the perception of form. What is of relevance here is the very perception of form, *rūpasaññā*. From the point of view of *Dhamma*, any attempt at

analysis of the materialistic concept of form, or any microscopic analysis of matter, would lead to a pursuit of a mirage.

This fact, the modern day scientist is now in a position to appreciate. He has found that the mind with which he carries on the analysis is influencing his findings at every level. In other words, he has been running after a mirage, due to his ignorance of the mutual interrelation between name and form. One would not be in such a plight, if one understands that the real problem at issue is not that of form, but of the perception of form.

In an earlier sermon we happened to quote a verse which makes it extremely clear. Let us now hark back to that verse, which occurs in the *Jaṭāsutta* of the *Saṃyutta Nikāya*.^[374]

*Yattha nāmañca rūpañca,
asesaṃ uparujjhati,
paṭighaṃ rūpasaññā ca,
etthesā chijjate jaṭā.*

"Where name and form

As well as resistance and perception of form

Are completely cut off,

It is there that the tangle gets snapped."

The entire *saṃsāric* problem is solved when the tangle gets snapped. Name and form, resistance and perception of form are completely cut off in that non-manifestative consciousness mentioned in our earlier sermons.^[375] That, in effect, is the end of the tangle within and the tangle without.

Our discussion of the law of dependent arising must have made it clear that there is an interrelation between name-and-form and consciousness on the one hand, and between name and form themselves on the other. This, then, is a case of a tangle within and a tangle without. Like the central spot of a whirlpool, the deepest point of the entire formula of *paṭicca samuppāda* is traceable to the interrelation that obtains between name and form on the one hand, and between name-and-form and consciousness on the other.

As far as the significance of perception of form is concerned, the true purpose of the spiritual endeavour, according to the Buddha, is the very freedom from this perception of form. How does perception of form come about? It is due to that 'striking against', or resistance. Perception of form arises, for instance, when gadflies and mosquitoes land on this body.

As we have already mentioned, even the distinctions of hard and soft, etc., with which we recognize the four elements, is a matter of touching. We are only trying to measure and gauge the four great primaries with this human frame. We can never ever comprehend fully the gamut of these four great primaries. But we are trying to understand them through this human frame in a way that is meaningful to our lives.

All kinds of beings have their own specific experience of 'touch', in relation to their experience of the four elements. So what we have here is entirely a question of perception of form. The true purpose, then, should be the release of one's mind from this perception of form. It is only when the mind is freed from resistance and the perception of form, as well as from name-and-form, that one can win to the deliverance from this problem of the tangle within and the tangle without that is

saṃsāra.

Yet another fact emerges from the above discussion. The two views of existence and non-existence, *bhava/vibhava*, asserting an absolute existence and an absolute non-existence, seem to have posed an insoluble problem to many philosophers. Concerning the origin of the world, they wondered whether *sat*, or being, came out of *asat*, or non-being, or vice versa.

All these problems arose out of a misunderstanding about form, or material objects, as we may well infer from the following two lines of a verse in the *Kalahavivādasutta* of the *Sutta Nipāta*. *Rūpesu disvā vibhavaṃ bhavañca, vinicchayaṃ kurute jantu loke.*^[376] "Having seen the existence and destruction of material forms, a man in this world comes to a conclusion."

What is the conclusion? That there is an absolute existence and an absolute non-existence. One comes to this conclusion drawing an inference from the behaviour of visible objects. For instance, we could presume that this machine before us exists in an absolute sense, ignoring the causes and conditions underlying its existence. The day this machine is destroyed we would say: "It was, but now it is not."

The Buddha has pointed out that such absolute views of existence and non-existence are a result of an incorrect understanding about form. What actually is involved here is the perception of form. Due to a misconception about the perception of form, the world inclines towards the two extreme views of absolute existence and absolute non-existence.

So the whole point of our discussion today has been the clarification of the mutual interrelation between name and form, to show that name-and-form itself is only an image, or a shadow, reflected on consciousness.

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MIND STILLED 11

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santaṃ, etaṃ paṇītaṃ, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ.*^[377]

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction". With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks.

This is the eleventh sermon in the series of sermons on *Nibbāna*. In our last sermon, we tried to explain that contact arises dependent on name-and-form, because form gets a verbal impression by the naming quality in name, and name gets a resistance-impression by the striking quality in form. In the context of this *Dhamma*, contact, properly so-called, is a combination of these two, namely verbal impression and resistance-impression.

We also happened to mention the other day a new etymological explanation given by the Buddha to the word *rūpa*, quoting the relevant passage from the *Khajjanīyasutta* of the *Khandhasaṃyutta* in the *Saṃyutta Nikāya*. He has defined the form group with reference to 'affectation': *Ruppatīti kho, bhikkhave, tasmā rūpan'ti vuccati.*^[378] "It is affected, monks, that is why it is called form. By what is it affected? By cold, heat, hunger, thirst, and the sting of gadflies, mosquitoes and the like."

While analysing the implications of this 'being affected', we mentioned that the form group could be compared to a wound. According to the commentarial exegesis, too, *ruppati* means to be adversely affected, to be afflicted, to come into conflict with, to be diseased and displeased. These are reminiscent of the responses usually associated with the person who has an easy lacerable wound. To say that a *paṭighasamphassa* arises because of this lacerable quality is therefore very apt.

The primary sense of the word *paṭigha* is 'striking against'. Perception of form arises as a result of an attempt to understand through the factors on the name side this particular striking against, which resembles the laceration of a wound. This perception of form, which follows in the wake of the feeling that arises when something strikes against form, is like the groping of a blind man in the dark. Generally, the worldling is in the habit of staring at the form that comes within his grasp, to ascertain its true nature. Likewise, he touches the form he sees with his eyes to verify it. As the saying goes: 'Seeing is believing, but touch is the real thing'.

But both these attempts are like the gropings of a blind man. The worldling is unable to get rid of his delusion completely by either of these methods. It is because he is accustomed to draw conclusions under the influence of his perception of the compact, *ghanasaññā*.

The fact that the two extreme views of existence and non-existence are also the outcome of this perception of the compact in regard to form, is borne out by the following two lines of the verse we quoted from the *Kalahavivādasutta* in our previous sermon. *Rūpesu disvā vibhavaṃ bhavañca, vinicchayaṃ kurute jantu loke.*^[379] "Having seen the existence and destruction of material forms, a man in this world comes to a conclusion."

The worldling has the idea that material forms have an absolute existence. This idea is the result of his perception of form. It is a perception arising out of his impression of that 'striking against'. Whatever the level of this perception of form be, it is not better than the impression of a blind man. The two extreme views of absolute existence and non-existence in the world are based on this kind of impression.

Various types of views and opinions current in the world regarding material forms and matter in general, are the outcome of the notion that they are absolutely real. There is a tendency in the worldling to presume that what he grasps with his hands and sees with his eyes exists absolutely. So a thing is said to exist for some length of time, before it gets destroyed. The logical conclusion, then, is that all things in the world exist absolutely and that at some point of time they get absolutely destroyed. This is how the two extreme views of absolute existence and absolute non-existence have arisen in this world. This is the outcome of a perception of form, which is tantamount to a pursuit of a mirage. It is an illusion.

The Buddha has declared, in the *Jaṭāsutta*, that where name-and-form as well as

resistance and perception of form are cut off and surcease, there the entire *samsāric* problem, which amounts to a tangle within and a tangle without, is also conclusively solved.^[380] That this is so could be inferred to some extent from what we have discussed so far.

Nāma and *rūpa*, as well as *paṭigha-* and *rūpasaññā*, are highly significant terms. *Paṭigha-* and *rūpasaññā* are equivalent to *paṭighasamphassa* and *adhivacanasamphassa* respectively. Now as to this perception of form, it is basically conditioned by contact. That is why the *Kalahavivādasutta* states that contact is the cause of the two views of existence and non-existence.

In this *Kalahavivādasutta* one finds a series of questions and answers going deeper and deeper into the analysis of contact, step by step. The question *phasso nu lokasmiṃ kutonidāno*, "what is the cause of contact in this world?"; gets the answer *nāmañca rūpañca paṭicca phasso*, "dependent on name-and-form is contact".^[381] The next question is: *Kismiṃ vibhūte na phussanti phassā*, "in the absence of what, do contacts not bring about contact", or, "touches do not touch?" It gets the answer: *Rūpe vibhūte na phusanti phassā*, "in the absence of form, contacts do not bring about contact".

The question that comes up next, and the answer given, are extremely important. They lead to a deep analysis of the *Dhamma*, so much so that both verses deserve to be quoted in full. The question is:

*Kathaṃsametassa vibhoti rūpaṃ,
sukhaṃ dukhaṃ vā pi kathaṃ vibhoti,
etaṃ me pabrūhi yathā vibhoti,
taṃ jāniyāmā iti me mano ahu.*^[382]

"To one constituted in which manner does form cease to exist,
Or, how even pleasure and pain cease to exist,
Do tell me how all these become non-existent,
Let us know this, such a thought arose in me."

The answer to this question is couched in this extraordinary verse:

*Na saññasaññī na visaññasaññī,
no pi asaññī na vibhūtasaññī,
evaṃ sametassa vibhoti rūpaṃ,
saññānidānā hi papañcasaṅkhā.*^[383]

What this verse purports to describe is the state of a person for whom form as also pleasure and pain has ceased to exist. He is not one with normal perception, nor is he one with abnormal perception. He is not non-percipient, nor has he rescinded perception. It is to one constituted in this manner that form ceases to exist, for, *papañcasaṅkhā* - whatever they may be - have perception as their source.

The meaning of this verse needs to be clarified further. According to the *MahāNiddesa*, the allusion in this verse is to one who is on the path to the formless realms, having attained the first four absorptions.^[384] The commentary is forced to that conclusion, because it takes the phrase *na vibhūtasaññī* as negating formless realms as such. The assumption is that the person referred to is neither conscious with normal perception, nor abnormally unconscious, nor devoid of perception, as in the attainment of cessation, nor in one of the formless

attainments. So then, the only possibility seemed to be to identify it with some intermediate state. That is why the *MahāNiddesa* and the other commentaries interpret this problematic state as that of one who is on the path to formless attainments, *arūpamaggasamaṅgi*.^[385]

However, considerations of context and presentation would lead to a different conclusion. The extraordinary state alluded to by this verse seems to be a surpamundane one, which goes far deeper than the so-called intermediate state. The transcendence of form, indicated here, is more radical than the transcendence in attaining to formless states. It is a transcendence at a supramundane level, as we may well infer from the last line of the verse, *saññānidānā hi papañcasaṅkhā*. *Papañcasaṅkhā* is a term which has a relevance to insight meditation and the denouement of the *sutta* is also suggestive of such a background. The *Kalahavivādasutta*, consisting of sixteen verses, is, from beginning to end, a network of deep questions and answers leading to levels of insight. The opening verse, for instance, states the initial problem as follows:

*Kuto pahūtā kalahā vivādā,
paridevasokā sahamaccharā ca,
mānātimānā saha pesuṇā ca,
kuto pahūtā te tad iṅgha brūhi.*^[386]

"Whence do spring up contentions and disputes,
Lamentations, sorrows and envies,
And arrogance together with slander,
Whence do they spring up, pray tell me this."

It is in answer to this basic question that this discourse gradually unfolds itself. In accordance with the law of dependent arising, the cause of contentions and disputes is said to be the tendency to hold things dear, *piyappahūtā kalahā vivādā*. Then the question is about the cause of this idea of holding things dear. The cause of it is said to be desire, *chandanidānāni piyāni loke*. Things dear originate from desire. Desire, or interest, makes things 'dear'.

The next question is: What is the origin of desire? Desire is traced to the distinction between the pleasant and the unpleasant. It is in reply to the question regarding the origin of this distinction between the pleasant and the unpleasant that contact is brought in. In fact, it is the question as to the origin of contact, *phasso nu lokasmiṃ kuto nidāno*, which formed the starting point of our discussion. The answer to that question is name-and-form, *nāmañca rūpañca*. So in this chain of causes, the link that comes next to contact is name-and-form.

Now the verse in question beginning with *na saññasaññī* goes deeper than name-and-form. Even the question about contact has a peculiar wording: *Kismiṃ vibhūte na phusanti phassā*, "When what is not there, do touches not touch?" The question, then, is not just the cessation of contact as such. The answer, too, has the same peculiarity. *Rūpe vibhūte na phusanti phassā*, "It is when form is not there that touches do not touch". It is the subsequent question regarding form that brings out the cryptic verse as the answer.

All this goes to show that the verse in question alludes to a supramundane state far transcending the formless or any supposed intermediate stage. The transcendence of pleasure and pain, as well as perception of form, is implied here. The verse beginning with *na saññasaññī* brings the entire analytical disquisition to a climax. It comes as the thirteenth verse in the series. Usually,

such a disquisition leads up to a climax, highlighting *Nibbāna*. It is obvious, therefore, that the reference here is to the *Nibbānic* mind.

We have here four negations: *Na saññasaññī - na visaññasaññī - no pi asaññī - na vibhūtasaññī*. These four negations insinuate a strange supramundane level of perception. In short, it is an attempt to analyse the crux of the *Dhamma* in terms of perception. As to the provocation for such an approach, we may remind ourselves of the fact that, according to the Buddha, release from materiality amounted to a release from the perception of form. Here, we have something really deep.

As it was stated in the *Jaṭāsutta*, for the disentangling of the tangle, name-and-form, resistance and perception of form, have to be cut off. This last mentioned perception of form, or *rūpasaññā*, is highly significant. Before the advent of the Buddha the general belief, even among ascetics, was that, in order to be free from form, one has to attain to the formless, *arūpa*. But, as we pointed out in an earlier sermon, this kind of approach to the question of freedom from form, is like the attempt of one who, having imagined a ghost in the darkness of the night, runs away to escape it.^[387] He is simply taking the fantasy of the ghost with him.

Likewise, perception of form is already implicit in the formless. What has been done is only a pushing away of the perception of form with the help of *saṅkhāras*. It is merely a suppression of form through the power of absorption. It does not amount to a cessation of the perception of form.

What, then, is the message the Buddha gave to the world regarding the abandonment by way of eradication? He pointed out that freedom from form can be won only by comprehending a certain deep normative principle behind perception. Till then, one keeps on going round and round in *saṃsāra*. Even if one breaks away from form to stay for aeons in formless realms, one swings back to form at the end of that period. Why? Because the ghost of form still haunts the formless. It is precisely because of this fact that pre-Buddhistic ascetics could not free themselves from the round of existence.

The *Kalahavivādasutta* as a whole, could be regarded as an extremely deep analysis of the basis of the two views of existence and non-existence. Our departure from the *MahāNiddesa* in regard to the interpretation of this discourse might sometimes be called in question. But let the wise judge its reasonableness on its own merits.

According to our interpretation so far, the thirteenth verse marks the climax of the discourse, with its allusion to *Nibbāna*. This is obvious from the fourteenth verse, in which the questioner confesses: *Yaṃ taṃ apucchimha akittayī no, aññaṃ taṃ pucchāma tad iṅgha brūhi*.^[388] "Whatever we have asked you, that you have explained to us. Now we wish to ask you something else, pray, give us an answer to that too."

The question now posed is this: *Ettāvataggaṃ nu vadanti h'eke, yakkhassa suddhiṃ idha paṇḍitāse, udāhu aññaṃ pi vadanti etto?* "Do some, who are reckoned as wise men here, declare the highest purity of the soul with this much alone, or else do they posit something beyond this?" The interlocutor is trying to get the solution restated in terms of the two views of existence and non-existence. The term *yakkha* is used in this context in the sense of an individual soul.^[389] It betrays an assumption based on a wrong view. The question concerns the purity of the individual soul. The interlocutor wants to ascertain whether wise men in the world declare this state as the highest purity of the soul, or whether they go beyond this in postulating something more. Here is an attempt to get the answer

already given restated in terms of the soul theory, a sort of anti-climax. The two concluding verses that follow, give the lie to this presumptuous question.

*Ettāvataggaṃ pi vadanti h'eke
yakkhassa suddhiṃ idha paṇḍitāse,
tesaṃ paneke samayaṃ vadanti
anupādisese kusalā vadānā.*

"Some, who are regarded as wise men here,
Call this itself the highest purity of the individual soul,
But there are again some among them, who speak of an annihilation,
Claiming to be experts in the cessation without residue."

*Ete ca ñatvā upanissitā ti
ñatvā munī nissaye so vimaṃsī,
ñatvā vimutto na vivādam eti
bhavābhavāya na sameti dhīro.*

"Knowing that they are dependent on speculative views,
The sage with discernment, with regard to whatever is speculative,
Emancipated as he is through understanding, does not enter into dispute,
A truly wise man does not fall back either on existence or on non-existence."

The concluding verse amounts to a refutation of both these extreme views. The truly wise sage, who is released with proper discernment of the nature of dogmatic involvement, has no disputes with those who are at loggerheads with each other on the issue of existence and non-existence. This, in effect, means that *Nibbāna* as a goal avoids both extremes of eternalism and nihilism.

The *Upasīvasutta* in the *Pārāyanavagga* of the *Sutta Nipāta* provides further proof of the plausibility of the above interpretation. There, *Nibbāna* as the cessation of consciousness in the *arahant*, is compared to the extinction of a flame.

*Accī yathā vātavegena khitto
atthaṃ paleti na upeti saṅkhaṃ
evaṃ munī nāmakāyā vimutto
atthaṃ paleti na upeti saṅkhaṃ.*^[390]

"As flame flung on by force of wind,
Reaches its end, comes not within reckoning,
So the sage, released from name-and-form,
Reaches his end, comes not within reckoning."

When a flame goes out, it cannot be reckoned as having gone in any of the directions, like north, east, south, and west. All what can be said about it, is that it has gone out.^[391]

Even after the Buddha has given this reply, the brahmin youth *Upasīva*, entrenched as he is in the eternalist view, raises a question which is similar to the one already quoted. He, too, is trying to understand it in terms of the two extreme views of existence and non-existence.

*Atthaṃgato so uda vā so natthi
udāhu ve sassatiyā arogo,
taṃ me munī sādhu viyākarohi,
tathā hi te vidito esa dhammo.*

"Has he reached his end, or is he no more,
Or is he eternally well,
That to me, sage, in full explain,
For this *Dhamma* is well within your ken."

In the discourses we find similar instances of attempts to determine, in terms of those two extreme views, even a conclusive statement of the Buddha on the question of *Nibbāna*. Yet another instance is found in the *Poṭṭhapādasutta* of the *Dīghanikāya*. There the Buddha outlines the path to *Nibbāna* from the point of view of perception. The discourse, therefore, is one that highlights the importance of the term *saññā*. In that discourse, the path of training leading to *Nibbāna* is introduced under the heading *anupubbābhisaññānirodha-sampajāna-samāpatti*,^[392] "the attainment, with full awareness, to the gradual cessation of higher levels of perception".

What is significant in this particular context, is that the invitation for this exposition came from the ascetics of other sects. In response to their request to enlighten them on the subject of the cessation of higher levels of perception, *abhisaññānirodha*, the Buddha gave quite a long account of the course of training required for it. But at the end of that deep exposition, the wandering ascetic *Poṭṭhapāda* raises the following question: *Saññā nu kho purisassa attā, udāhu aññā saññā aññā attā?* "Is perception a man's soul, or is perception something and soul another?" This is typical of their bigotted attitude, which prevented them from understanding this *Dhamma*, free from the soul prejudice.

We went so far as to bring out all this evidence, because the point at issue is fairly important. Even the attempt of the *MahāNiddeśa* to explain the verse beginning with *na saññasaññī* is far from conclusive. It is not at all likely that the ascetics of other sects subscribed to a view that the intermediate stage between the fourth absorption and the first formless absorption is equivalent to the purest state of the soul. Such an interim state is of no account.

As we go on, we might come across further proof of the tenability of this interpretation. The verse beginning with *na saññasaññī* is not easily forgotten, because of its unusual accent on the negative particle. We might have to hark back to it when we come across similar discourses dealing with *Nibbāna*. Till then, let us remind ourselves of two similes we have already given, in order to get a foretaste of the significance of this problematic verse.

Firstly, the Buddha's simile of the magic show as an illustration for consciousness in the *Phenapiṇḍūpamasutta - māyūpamañca viññāṇaṃ*.^[393] While describing the five groups, he compares consciousness to a magical performance at crossroads, conducted by a magician or his apprentice. A man with the right type of vision, watching this magic show, understands that it is empty, hollow and void of essence. It is as if he has seen through the tricks and deceptions of the magician.

While watching a magic show, the audience in general reacts to it with gaping mouths and exclamations. But how would a man with radical attention and penetrative wisdom, who is fully aware of the tricks of the magician, watch a

magic show? He is simply looking on with a vacant gaze.

This reminds us of the significance of the word *viññāṇaṃ anidassanaṃ anantaṃ sabbato pabhaṃ*.^[394] That gaze is 'endless', *anantaṃ*, in the sense that it does not have the magic show as its object. It goes beyond. It is also 'non-manifestative', *anidassanaṃ*, since the magic show does not manifest itself, as it has now been penetrated through with wisdom. This wisdom is revealing in its 'all lustrous' nature, *sabbato pabhaṃ*, so much so that the tricks are seen - through.

So this man with discernment is watching with a vacant gaze. Now how would such a person appear to one who is deluded and enchanted by the magic show? The latter might regard the former as an inattentive spectator who misses the magic show. Or else, he might think that the other is out of his senses, or insensate.

What the riddle verse beginning with *na saññasaññī* refers to, is such a vacant gaze. That is to say, the person referred to is not one with the ordinary worldling's perception, which is deluded, nor has he fainted and become unconscious, *na saññasaññī na visaññasaññī*. He is not in a trance, devoid of perception, *no pi asaññī*, nor has he put an end to perception, *na vibhūtasaññī*. What these four negations highlight, is that vacant gaze of the one who is emancipated through wisdom.

Somewhat on the lines of the simile used by the Buddha, we might reintroduce, as a flashback, the simile of the cinema.^[395] Though it has a modernistic flavour, it could perhaps be more easily understood. Let us suppose that a matinee show of a technicolour film is in progress with closed doors and windows. Suddenly, by some technical defect, the doors and windows are flung open. What would be the change of perspective in the spectator now? He, too, would be looking on with a vacant gaze. Though still the show is going on, he is no longer seeing it. A sort of 'cessation' has occurred, at least temporarily.

The theme as well as the objective of all our sermons is expressed in the quotation beginning with "This is peaceful, this is excellent" (etc.), which forms the rubric, as it were, for each sermon. The change that occurs in the spectator now, is somewhat reminiscent of it. Though not all preparations, at least those preparations connected with the film show are momentarily 'stilled'. Whatever assets in the form of the bundle of experiences on which the film show is evaluated, are 'relinquished'. The craving or the desire for the show has gone down. The colourful show has 'faded away', making way for detachment. The film show has 'ceased' for him. It is also extinct for him, since his burning desire has cooled off now. In this way, we can understand the four puzzling negations in that riddle verse as an attempt to describe the vacant gaze of this spectator, and that man with discernment at the magic show.

Another aspect of special significance in this riddle verse emerges from the last line, *saññānidānā hi papañcasaṅkhā*, which could be tentatively rendered as "for [whatever are termed] *papañcasaṅkhā* have perception as their source". *Papañca* is a term with a deep philosophical dimension in Buddhism. In fact, even the rise of many Buddhist sects could be put down to an insufficient appreciation of its significance. In our own philosophical tradition, too, much of the confusion with regard to the interpretation of *Nibbāna* seems to have come about due to a lack of understanding in this particular field. Therefore we propose to devote sufficient time and attention to clarify the significance of this term *papañca*.

To begin with, we can bring up clear evidence of the fact that the word *papañca* is used in the discourses to convey some deep idea. As a rule, whenever the

Buddha presents a set of ideas pertaining to some *Dhamma* topic, the deepest or the most important of them is mentioned last. This feature is quite evident in the *Aṅguttara Nikāya*, where very often a sermon is seen to unfold itself in an ascending order, leading to a climax. In an enumeration of items 'the last but not the least', happens to be the most important. Granted that this is the general trend, we can trace as many as nine such contexts among the *suttas* in which *papañca* is counted last.^[396] This itself is a clue to its importance.

One of the most telling instances is to be found in the Eights of the *Aṅguttara Nikāya*. It is called *Anuruddhamahāvitakkasutta*. There we are told that to Venerable *Anuruddha*, once meditating in solitude in *Pācīnavaṃsa* Park, the following seven thoughts occurred, concerning *Dhamma*.

Appicchassāyaṃ dhammo, nāyaṃ dhammo mahicchassa; santuṭṭhassāyaṃ dhammo, nāyaṃ dhammo asantuṭṭhassa; pavivittassāyaṃ dhammo, nāyaṃ dhammo saṅgaṇikārāmassa; āraddhaviriyassāyaṃ dhammo, nāyaṃ dhammo kusītassa; upaṭṭithasatissāyaṃ dhammo, nāyaṃ dhammo muṭṭhassatissa; samāhitassāyaṃ dhammo, nāyaṃ dhammo asamāhitassa; paññavato ayaṃ dhammo, nāyaṃ dhammo duppaññassa.^[397]

"This *Dhamma* is for one who wants little, not for one who wants much; this *Dhamma* is for one who is contented, not for one who is discontent; this *Dhamma* is for one who is secluded, not for one who is fond of society; this *Dhamma* is for the energetic, not for one who is lazy; this *Dhamma* is for one who has set up mindfulness, not for one who is laggard in mindfulness; this *Dhamma* is for one who is composed, not for one who is flustered; this *Dhamma* is for one who is wise, not for one who is unwise."

When these seven thoughts occurred to him, Venerable *Anuruddha* kept on pondering over them for a long while, probably with some *Dhamma* zest. He might have even felt confident that this is a perfect set of *Dhamma* thoughts, since the number is seven and wisdom comes last. However, the Buddha was monitoring his behaviour of mind from *Bhesakaḷāvanae*, many leagues away, and found that this set of seven is far from complete. So he appeared before Venerable *Anuruddha* through his psychic power and, having first commended Venerable *Anuruddha* for those seven thoughts, calling them 'thoughts of a great man', *mahāpurisavitakka*, gave him an eighth to add on to them and ponder upon. The eighth thought of a great man is:

Nippapañcārāmassāyaṃ Dhammo nippapañcaratino, nāyaṃ Dhammo papañcārāmassa papañcaratino. "This *Dhamma* is for one who likes and delights in *nippapañca* and not for one who likes and delights in *papañca*." Following the Buddha's instructions in this concern, Venerable *Anuruddha* attained *Arahant*-hood, and uttered two verses as a paeon of joy. From the two verses it becomes clear that the Buddha's helpful hint regarding *nippapañca* - whatever it may mean - was what triggered off his attainment.

Yathā me ahu saṅkappo,

tato uttari desayi,

nippapañcarato Buddho,

nippapañcaṃ adesayi.

Tassāhaṃ Dhamma maññāya,

vihāsiṃ sāsane rato,

tisso vijjā anuppattā,

katam Buddhassa *sāsanam*.^[398]

"Whatever thoughts I had on my own,
Going far beyond them the Lord preached to me,
The Buddha, who delights in *nippapañca*,
Preached *nippapañca* to me.

Understanding his *Dhamma*,
I dwelt delighting in his admonishment,
The three knowledges are attained,
Done is the Buddha's behest."

The words of Venerable *Anuruddha* clearly reveal the immense significance attached to the term *papañca* and its relevance to the question of attaining *Nibbāna*. It is noteworthy that a number of *suttas* like *Kalahavivādasutta*, *Sakkapañhasutta*, *Cūlasihanādasutta*, and *Madhupiṇḍikasutta* give prominence to the term *papañca* by listing it as the last.^[399] One of the most important discourses throwing light on the significance of this term *papañca* is the *Madhupiṇḍikasutta* of the *Majjhima Nikāya*. We shall therefore proceed to discuss this particular *sutta* at some length.

The *Madhupiṇḍikasutta* is in fact a discourse that unfolds itself in three stages, like a three act play. It might not be inapt to say something about the title of this discourse by way of introduction, before we get down to an analysis of it. At the conclusion of the discourse, Venerable *Ānanda* makes the following comment on its significance before the Buddha: "Lord, just as if a man overcome by hunger and exhaustion came upon a honey-ball, and, from whatever side he goes on licking it, he would get a sweet delectable flavour which remains unimpaired, so too, Lord, any nimble witted monk, from whatever angle he examines with wisdom the meaning of this discourse on the *Dhamma*, he would find satisfaction and gladness of mind. What is the name of this discourse, Lord?"^[400] It was then that the Buddha gave this name to the discourse, saying: "Well, then, *Ānanda*, you may remember this discourse on the *Dhamma* as the 'honey-ball discourse'."

We might not have the ability to assimilate fully the flavour of this discourse, and in any case we might not even have sufficient time for it today. However, if we are to make a start, we may begin with the first act, that is, where we find the Buddha spending his noon-day siesta at *Mahāvana* in *Kapilavatthu*. The *Sakyan Daṇḍapāṇi*, so called because he used to carry a staff in hand, comes to see the Buddha and puts the following short question to him: *Kimvādī samaṇo kimakkhāyī?* "What does the recluse assert, what does he proclaim?"

The Buddha's reply to it is rather long and winding, so much so that it is not easy to render it clear enough: *Yathāvādi kho, āvuso, sadevake loke samārake sabrahmake sassamaṇabrāhmaṇiyā pajāya sadevamanussāya na kenaci loke viggayha tiṭṭhati, yathā ca pana kāmehi viṣaṃyuttaṃ viharantaṃ taṃ brāhmaṇaṃ akathaṃkathiṃ chinnakukkucçaṃ bhavābhava vītataṇhaṃ saññā nānuseti, evaṃvādī kho ahaṃ, āvuso, evamakkhāyī.*

"According to whatever doctrine, friend, one does not quarrel with anyone in the world with its gods, its *Māras* and *Brahmas*, with the progeny of the world comprising recluses and brahmins, gods and men, and also due to which perceptions no more underlie that brahmin who abides detached from sense pleasures, without perplexity, remorse cut off and devoid of craving for any kind of existence, such is my doctrine, friend, thus do I proclaim it."

It must be noted that the word brahmin in this context refers to the *Arahant*. The reply, winding as it is, goes deeper in its insinuations, touching the presumptions of the questioner. That is to say, generally, in the world, if anyone proclaims a doctrine, it is natural that it will come into conflict with other doctrines. Also, in proclaiming that doctrine one has to have latent perceptions relating to it. The Buddha's reply, however, seems to contradict these presumptions. In a nutshell, the reply amounts to this:

Firstly, the Buddha's teaching is such that he does not come into conflict with others. Secondly, perceptions do not lie latent in him.

The occurrence of the term *saññā*, perception, in this context, is also significant. We have already stressed the importance of this term. Perceptions do not lie latent in the Buddha or in the doctrine propounded by him.

Daṇḍapāṇi's response to this reply of the Buddha is also recorded in the *sutta*. It is dramatic enough to substantiate our comparison of the discourse to a three-act play. *Daṇḍapāṇi* shook his head, wagged his tongue, raised his eyebrows into a three-lined frown on his forehead and departed, leaning on his stick. The Buddha's reply did not arouse any faith in him.

In the next act we find the Buddha seated in the company of the monks in the evening and telling them of his brief encounter with *Daṇḍapāṇi*. Then one of the monks requested an explanation of the enigmatic reply the Buddha had given to *Daṇḍapāṇi*. The Buddha's explanation, however, took the form of an even longer statement, no less enigmatic than the former. It runs:

Yatonidānaṃ, bhikkhu, purisaṃ papañcasaññāsaṅkhā samudācaranti, ettha ce natthi abhinanditabbaṃ abhivaditabbaṃ ajjhosetabbaṃ, esevanto rāgānusayānaṃ, esevanto paṭighānusayānaṃ, esevanto ditṭhānusayānaṃ, esevanto vicikicchānusayānaṃ, esevanto mānānusayānaṃ, esevanto bhavarāgānusayānaṃ, esevanto avijjānusayānaṃ, esevanto daṇḍādāna-satthādāna-kalaha-viggaha-vivādatuvaṃtuvatvaṃ-pesuñña-musāvādānaṃ, etthete pāpakā akusalā dhammā aparisesā nirujjhanti.

"From whatever source *papañcasaññāsaṅkhā* beset a man, if, in regard to that, there is nothing to be delighted in, asserted, or clung to, then this itself is the end of the underlying tendencies to attachment, to aversion, to views, to doubts, to conceit, to attachment towards existence, and to ignorance. This itself is the end of taking rods and weapons, quarrels, disputes, accusations, slander and false speech. Here these evil unskillful states cease without remainder."

After making such a long and winding statement, the Buddha rose from his seat and went into his dwelling, as if it were the end of the second act. One can well imagine the consternation of the monks at this dramatic turn of events. The explanation looked even more astounding than the original statement, because of its elliptical character. So here is a case of a puzzle within a puzzle. It is the first few words that are most puzzling.

Naturally, the monks were so perplexed that they decided to approach Venerable *MahāKaccāna* and request him to give them a detailed exposition of the Buddha's words, as he had been praised by the Buddha for his skill in this respect. When they went to him and made the request, Venerable *MahāKaccāna* showed some modest hesitation at first, but finally agreed to it.

Now we come to the third act, in which Venerable *MahāKaccāna* is giving the exposition.

Cakkhuñc'āvuso paṭicca rūpe ca uppajjati cakkhuvīññāṇaṃ, tiṇṇaṃ saṅgati

phasso, phassapaccayā vedanā, yaṃ vedeti taṃ sañjānāti, yaṃ sañjānāti taṃ vitakketi, yaṃ vitakketi taṃ papañceti, yaṃ papañceti tatonidānaṃ purisaṃ papañcasaññāsaṅkhā samudācaranti atītānāgatapaccuppannesu cakkhuviññeyyesu rūpesu. Not only with regard to eye and forms, but also with reference to all the other sense-faculties, including the mind, together with their respective sense-objects, a similar statement is made. Suffice it to translate the one quoted above as a paradigm.

"Dependent on the eye and forms, brethren, arises eye-consciousness; the concurrence of the three is contact; because of contact, feeling; what one feels, one perceives; what one perceives, one reasons about; what one reasons about, one turns into *papañca*; what one turns into *papañca*, owing to that" (*tatonidānaṃ*, which is the correlative of *yatonidānaṃ* forming the key word in the Buddha's brief summary above) "*papañcasaññāsaṅkhā* beset him who directed his powers of sense-perception. They overwhelm him and subjugate him in respect of forms cognizable by the eye belonging to the past, the future and the present." It is the same with regard to the ear and sounds and the rest. Lastly, even about mind and mind-objects Venerable *MahāKaccāna* makes a similar statement.

At this point, we are forced to say something about the commentarial explanation of this particular passage. It seems that the commentarial exegesis has failed to bring out the deeper implications of the term *papañcasaññāsaṅkhā*. The main reason for the confusion is the lack of attention on the part of the commentator to the peculiar syntax of the formula in question.

The formula begins on an impersonal note, *cakkhuñc'āvuso paṭicca rūpe ca uppajjati cakkhuviññāṇaṃ*. The word *paṭicca* is reminiscent of the law of dependent arising. *Tiṇṇaṃ saṅgati phasso*, "the concurrence of the three is contact". *Phassapaccayā vedanā*, "conditioned by contact is feeling". From here onwards the formula takes a different turn. *Yaṃ vedeti taṃ sañjānāti, yaṃ sañjānāti taṃ vitakketi, yaṃ vitakketi taṃ papañceti*, "what one feels, one perceives; what one perceives, one reasons about; what one reasons about, one turns into *papañca*".

In this way, we can distinguish three phases in this description of the process of sense perception in Venerable *MahāKaccāna*'s exposition. It begins with an impersonal note, but at the point of feeling it takes on a personal ending, suggestive of deliberate activity. *Yaṃ vedeti taṃ sañjānāti, yaṃ sañjānāti taṃ vitakketi, yaṃ vitakketi taṃ papañceti*, "what one feels, one perceives; what one perceives, one reasons about; what one reasons about, one turns into *papañca*".

Though we render the formula in this way, the commentary explains it differently. It ignores the significance of the personal ending and interprets the sensory process periphrastically, for example as *saññā sañjānāti, vitakko vitakketi*, "perception perceives", "reasoning reasons about", etc. [\[401\]](#) It amounts to saying that, when feeling occurs, perception comes forward and perceives it, then reasoning takes up the task of reasoning about perception. *Papañca* then steps in and converts that reasoning into *papañca*. This is how the commentary explains that formula. It has left out of account the significance of the use of the active voice in this section of the formula.

There is a special purpose in using the active voice in this context. It is in order to explain how a man is overwhelmed by *papañcasaññāsaṅkhā* - whatever it may be - that Venerable *MahāKaccāna* has introduced this sequence of events in three phases. In fact, he is trying to fill in the gap in the rather elliptical statement of the Buddha, beginning with *yatonidānaṃ, bhikkhu, purisaṃ papañcasaññāsaṅkhā samudācaranti*, "monk, from whatever source *papañcasaññāsaṅkhā* beset a man". The initial phase is impersonal, but then comes the phase of active participation.

From feeling onwards, the person behind it takes over. What one feels, one perceives; what one perceives, one reasons about; what one reasons about, one turns into *papañca*. The grossest phase is the third. Venerable *MahāKaccānas* formula shows how the process of sense-perception gradually assumes a gross form. This third phase is implicit in the words *yaṃ papañceti tatonidānaṃ purisaṃ papañcasaññāsaṅkhā samudācaranti*, "what one turns into *papañca*, owing to that *papañcasaññāsaṅkhā* beset that man". The word *purisaṃ* is in the accusative case here, implying that the person who directed sense-perception is now beset with, or overwhelmed by, *papañcasaññāsaṅkhā*, as a result of which all the evil unskilful mental states come to be. This itself is an index to the importance of the term *papañca*.

The course of events suggested by these three phases may be illustrated with the legend of the three magicians. While journeying through a forest, three men, skilled in magic, came upon a scattered heap of bones of a tiger. To display their skill, one of them converted the bones into a complete skeleton, the second gave it flesh and blood, and the third gave it life. The resurrected tiger devoured all three of them. It is such a predicament that is hinted at by the peculiar syntax of the formula in question.

The comparison of this discourse to a honey-ball is understandable, since it holds the secret of the latent tendencies towards dogmatic views. It also affords a deep insight into the nature of the linguistic medium, and words and concepts in everyday usage.

We haven't yet clarified the meaning of the term *papañca*. It is already found in common parlance as a word suggestive of verbosity and circumlocution. Etymologically, it is traceable to *pra + Ō pañc*, and it conveys such meanings as 'spreading out', 'expansion', 'diffuseness' and 'manifoldness'. Verbosity and circumlocution usually lead to delusion and confusion. However, the word *papañca* is sometimes used to denote a conscious elaboration of what is already expressed in brief. In this particular sense, the cognate term *vipañcitaññū* is used in the context of four types of persons, distinguished according to their levels of understanding, namely *ugghaṭitaññū*, *vipañcitaññū*, *neyyo*, and *padaparamo*.^[402] Here, *vipañcitaññū* signifies that sort of person to whom comprehension of the doctrine comes when the meaning of what is uttered in brief is analysed in detail.

All in all, *papañca* in linguistic usage has the insinuation of a certain degree of delusion brought about by verbosity and circumlocution. But here the term has a deeper philosophical dimension. Here it is not a case of linguistic usage, but the behaviour of the mind as such, since it concerns sense-perception. The fact that it follows in the wake of *vitakka* is suggestive of its affinity to *vicāra*, or discursive thought, so often quoted as the twin of *vitakka*, that is as *vitakkavicāra*.

The mind has the tendency to wander afar, all alone, *dūraṅgamaṃ ekacaraṃ*,^[403] through the medium of thought, or *vitakka*. When *vitakka* breaks loose and runs riot, it creates a certain deluded state of mind, which is *papañca*.

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MIND STILLED 12

Namo tassa bhagavato arahato sammāsambuddhassa

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etam santam, etam pañitam, yadidam sabbasañkhārasamatho
sabbūpadhipaṭṭinissaggo taṇhakkhayo virāgo nirodho nibbānam.*^[404]

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction". With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks.

This is the twelfth sermon in the series of sermons on *Nibbāna*. At the beginning of our last sermon, we brought up the two terms *papañca* and *nippapañca*, which help us rediscover quite a deep dimension in Buddhist philosophy, hidden under the sense of time. In our attempt to clarify the meaning of these two terms, initially with the help of the *Madhupiṇḍikasutta*, what we could determine so far is the fact that *papañca* signifies a certain gross state in sense-perception.

Though in ordinary linguistic usage *papañca* meant 'elaboration', 'circumlocution', and 'verbosity', the *Madhupiṇḍikasutta* has shown us that in the context of sensory perception it has some special significance. It portrays how a person, who directed sense perception, is overwhelmed by *papañcasaññāsāṅkhā* with regard to sense-objects relating to the three periods of time, past, present, and future, as a result of his indulging in *papañca* based on reasoning about percepts.

All this goes to show that *papañca* has connotations of some kind of delusion, obsession, and confusion arising in a man's mind due to sense perception. In explaining the meaning of this term, commentators very often make use of words like *pamatta*, 'excessively intoxicated', 'indolent', *pamāda*, 'heedlessness', and *madana*, 'intoxication'. For example: *Kenatṭhena papañco? Mattapamattākārapāpanatṭhena papañco.*^[405] "*Papañca* in what sense? In the sense that it leads one on to a state of intoxication and indolence." Sometimes it is commented on as follows: *papañcitā ca honti pamattākārapattā.*^[406] "They are subject to *papañca*, that is, they become more or less inebriated or indolent." Or else it is explained as *madanākārasaṅghito kilesapapañco.*^[407] "*Papañca* of a defiling nature which is of an inebriating character".

On the face of it, *papañca* looks like a term similar in sense to *pamāda*, indolence, heedlessness. But there is a subtle difference in meaning between them. *Pamāda*, even etymologically, conveys the basic idea of 'excessive intoxication'. It has a nuance of inactivity or inefficiency, due to intoxication. The outcome of such a state of affairs is either negligence or heedlessness. But as we have already pointed out, *papañca* has an etymological background suggestive of expansion, elaboration, verbosity and circumlocution. Therefore, it has no connotations of inactivity and inefficiency. On the other hand, it seems to imply an inability to reach the goal due to a deviation from the correct path.

Let us try to understand the distinction in meaning between *pamāda* and *papañca* with the help of an illustration. Suppose we ask someone to go on an urgent errand to Colombo. If instead of going to Colombo, he goes to the nearest tavern and gets drunk and sleeps there - that is a case of *pamāda*. If, on the other hand, he takes to a long labyrinthine road, avoiding the shortest cut to Colombo, and finally reaches Kandy instead of Colombo - that is *papañca*.

There is such a subtle difference in the nuances associated with these two terms. Incidentally, there is a couplet among the Sixes of the *Aṅguttara Nikāya*,

which sounds like a distant echo of the illustration we have already given.

*Yo papañcam anuyutto
papañcābhirato mago,
virādhayī so Nibbānaṃ,
yogakkhemaṃ anuttaraṃ.*

*Yo ca papañcaṃ hitvāna,
nippapañca pade rato,
ārādhayī so Nibbānaṃ,
yogakkhemaṃ anuttaraṃ.* [\[408\]](#)

"The fool who indulges in *papañca*,
Being excessively fond of it,
Has missed the way to *Nibbāna*,
The incomparable freedom from bondage.
He who, having given up *papañca*,
delights in the path to *nippapañca*,
Is well on the way to *Nibbāna*,
The incomparable freedom from bondage."

In this way we can understand the difference between the two words *papañca* and *pamāda* in respect of the nuances associated with them.

Commentaries very often explain the term *papañca* simply as a synonym of craving, conceit, and views, *taṇhādiṭṭhimānānaṃ etaṃ adhivacanaṃ*. [\[409\]](#) But this does not amount to a definition of *papañca* as such. It is true that these are instances of *papañca*, for even in the *Madhupiṇḍikasutta* we came across the three expressions *abhinanditabbaṃ*, *abhivaditabbaṃ*, and *ajjhositabbaṃ*, suggestive of them. [\[410\]](#)

Abhinanditabbaṃ means 'what is worth delighting in', *abhivaditabbaṃ* means 'what is worth asserting', *ajjhositabbaṃ* means 'what is worth clinging on to'. These three expressions are very often used in the discourses to denote the three defilements craving, conceit and views. That is to say, 'delighting in' by way of craving with the thought 'this is mine'; 'asserting' by way of conceit with the thought 'this am I'; and 'clinging on to' with the dogmatic view 'this is my soul'.

Therefore the commentarial exegesis on *papañca* in terms of craving, conceit and views is to a great extent justifiable. However, what is particularly significant about the term *papañca* is that it conveys the sense of proliferation and complexity of thought, on the lines of those three basic tendencies. That is why the person concerned is said to be 'overwhelmed by *papañcasaññāsāṅkhā*'. [\[411\]](#)

Here we need to clarify for ourselves the meaning of the word *saṅkhā*. According to the commentary, it means 'parts', *papañcasaññāsāṅkhā'ti ettha saṅkhā'ti koṭṭhāso*, [\[412\]](#) "'*papañcasaññāsāṅkhā*', herein '*saṅkhā*' means parts". In that case *papañcasaṅkhā* could be rendered as 'parts of *papañca*', which says nothing significant about *saṅkhā* itself. On the other hand, if one carefully examines the contexts in which the terms *papañcasaññāsāṅkhā* and *papañcasaṅkhā* are used in the discourses, one gets the impression that *saṅkhā* means something deeper than 'part' or 'portion'.

Saṅkhā, *samaññā* and *paññatti* are more or less synonymous terms. Out of them, *paññatti* is fairly well known as a term for 'designation'. *Saṅkhā* and *samaññā* are associated in sense with *paññatti*. *Saṅkhā* means 'reckoning' and *samaññā* is 'appellation'. These three terms are often used in connection with worldly usage.

We come across quite a significant reference, relevant to this question of *papañca*, in the *Niruttipathasutta* of the *Khandhasaṃyutta* in the *Saṃyutta Nikāya*. It runs: *Tayome, bhikkhave, niruttipathā, adhivacanapathā, paññattipathā asaṅkiṇṇā asaṅkiṇṇapubbā, na saṅkiyanti, na saṅkiyissanti, appaṭikuṭṭhā samaṇehi brāhmaṇehi viññūhi. Katame tayo? Yaṃ, bhikkhave, rūpaṃ atītaṃ niruddhaṃ vipariṇataṃ 'ahosīti tassa saṅkhā, 'ahosīti tassa samaññā, 'ahosīti tassa paññatti, na tassa saṅkhā 'atthīti, na tassa saṅkhā 'bhavissatīti.*^[413]

"Monks, there are these three pathways of linguistic usage, of synonyms and of designation, that are not mixed up, have never been mixed up, that are not doubted and will not be doubted, and are undespised by intelligent recluses and brahmins. What are the three? Whatever form, monks, that is past, ceased, transformed, 'it was' is the reckoning for it, 'it was' is its appellation, 'it was' is its designation, it is not reckoned as 'it is', it is not reckoned as 'it will be'."

The burden of this discourse, as it proceeds in this way, is the maxim that the three periods of time should never be mixed up or confounded. For instance, with regard to that form that is past, a verb in the past tense is used. One must not imagine what is past to be existing as something present. Nor should one imagine whatever belongs to the future as already existing in the present.

Whatever has been, is past. Whatever is, is present. It is a common mistake to conceive of something that is yet to come as something already present, and to imagine whatever is past also as present. This is the confusion the world is in. That is why those recluses and brahmins, who are wise, do not mix them up.

Just as the above quoted paragraph speaks of whatever is past, so the discourse continues to make similar statements with regard to whatever is present or future. It touches upon all the five aggregates, for instance, whatever form that is present is reckoned as 'it is', and not as 'it was' or 'it will be'. Similarly, whatever form that is yet to come is reckoned as 'it will be', and not as 'it was' or 'it is'. This is how the *Niruttipathasutta* lays down the basic principle of not confounding the linguistic usages pertaining to the three periods of time.

Throughout this discourse, the term *saṅkhā* is used in the sense of 'reckoning'. In fact, the three terms *saṅkhā*, *samaññā* and *paññatti* are used somewhat synonymously in the same way as *nirutti*, *adhivacana* and *paññatti*. All these are in sense akin to each other in so far as they represent the problem of worldly usage.

This makes it clear that the intriguing term *papañcasaññāsaṅkhā* has a relevance to the question of language and modes of linguistic usages. The term could thus be rendered as 'reckonings born of prolific perceptions'.

If we are to go deeper into the significance of the term *saṅkhā*, we may say that its basic sense in linguistic usage is connected with numerals, since it means 'reckoning'. As a matter of fact, numerals are more primitive than letters, in a language.

To perceive is to grasp a sign of permanence in something. Perception has the characteristic of grasping a sign. It is with the help of signs that one recognizes. Perceptions of forms, perceptions of sounds, perceptions of smells, perceptions of tastes, etc., are so many ways of grasping signs. Just as a party going through a forest would blaze a trail with an axe in order to find their way back with the help of notches on the trees, so does perception catch a sign in order to be able to

recognize.

This perception is like the groping of a blind man, fumbling in the dark. There is a tendency in the mind to grasp a sign after whatever is felt. So it gives rise to perceptions of forms, perceptions of sounds, etc. A sign necessarily involves the notion of permanence. That is to say, a sign stands for permanence. A sign has to remain unchanged until one returns to it to recognize it. That is also the secret behind the mirage nature of perception as a whole. [\[414\]](#)

As a matter of fact, the word *saññā*, used to denote perception as such, primarily means the 'sign', 'symbol', or 'mark', with which one recognizes. But recognition alone is not enough. What is recognized has to be made known to the world, to the society at large. That is why *saññā*, or perception, is followed by *saṅkhā*, or reckoning.

The relationship between *saṅkhā*, *samaññā* and *paññatti* in this connection could also be explained. *Saṅkhā* as 'reckoning' or 'counting' totals up or adds up into groups of, say, five or six. It facilitates our work, particularly in common or communal activities. So the most primitive symbol in a language is the numeral.

Samaññā, or appellation, is a common agreement as to how something should be known. If everyone had its own way of making known, exchange of ideas would be impossible. *Paññatti*, or designation, determines the pattern of whatever is commonly agreed upon. This way we can understand the affinity of meaning between the terms *saṅkhā*, *samaññā* and *paññatti*.

Among them, *saṅkhā* is the most primitive form of reckoning. It does not simply mean reckoning or adding up in terms of numerals. It is characteristic of language too, as we may infer from the occurrence of the expression *saṅkhaṃ gacchati* in many discourses. There the reckoning meant is a particular linguistic usage. We come across a good illustration of such a linguistic usage in the *MahāHatthipadopamasutta*, where Venerable *Sāriputta* is addressing his fellow monks.

Seyyathāpi, āvuso, kaṭṭhañca paṭicca valliñca paṭicca tiṇañca paṭicca mattikañca paṭicca ākāso parivārīto agāraṃ tveva saṅkhaṃ gacchati; evameva kho, āvuso, aṭṭhiñca paṭicca nahāruñca paṭicca maṃsañca paṭicca cammañca paṭicca ākāso parivārīto rūpaṃ tveva saṅkhaṃ gacchati. [\[415\]](#)

"Friends, just as when space is enclosed by timber and creepers, grass and clay, it comes to be reckoned as 'a house'; even so, when space is enclosed by bones and sinews, flesh and skin, it comes to be reckoned as 'material form'."

Here the expression *saṅkhaṃ gacchati* stands for a designation as a concept. It is the way something comes to be known. Let us go for another illustration from a sermon by the Buddha himself. It is one that throws a flood of light on some deep aspects of Buddhist philosophy, relating to language, grammar and logic. It comes in the *Poṭṭhapādasutta* of the *Dīgha Nikāya*, where the Buddha is exhorting *Citta Hatthisāriputta*.

Seyyathāpi, Citta, gavā khīraṃ, khīramhā dadhi, dadhimhā navanītaṃ, navanītamhā sappi, sappimhā sappimaṇḍo. Yasmim samaye khīraṃ hoti, neva tasmim samaye dadhīti saṅkhaṃ gacchati, na navanītan'ti saṅkhaṃ gacchati, na sappīti saṅkhaṃ gacchati, na sappimaṇḍo'ti saṅkhaṃ gacchati, khīraṃ tveva tasmim samaye saṅkhaṃ gacchati. [\[416\]](#)

"Just, *Citta*, as from a cow comes milk, and from milk curds, and from curds butter, and from butter ghee, and from ghee junket. But when it is milk, it is not reckoned as curd or butter or ghee or junket, it is then simply reckoned as milk."

We shall break up the relevant quotation into three parts, for facility of comment. This is the first part giving the introductory simile. The simile itself looks simple enough, though it is suggestive of something deep. The simile is in fact extended to each of the other stages of milk formation, namely curd, butter, ghee, and junket, pointing out that in each case, it is not reckoned otherwise. Now comes the corresponding doctrinal point.

Evameva kho, Citta, yasmim̐ samaye oḷāriko attapaṭilābho hoti, neva tasmim̐ samaye manomayo attapaṭilābho'ti saṅkhaṃ gacchati, na arūpo attapaṭilābho'ti saṅkhaṃ gacchati, oḷāriko attapaṭilābho tveva tasmim̐ samaye saṅkhaṃ gacchati.

"Just so, *Citta*, when the gross mode of personality is going on, it is not reckoned as 'the mental mode of personality', nor as 'the formless mode of personality', it is then simply reckoned as 'the gross mode of personality'."

These three modes of personality correspond to the three planes of existence, the sensuous, the form, and the formless. The first refers to the ordinary physical frame, sustained by material food, *kabaḷikārāhārabhakkho*, enjoying the sense pleasures.^[417] At the time a person is in this sensual field, possessing the gross mode of personality, one must not imagine that the mental mode or the formless mode of personality is hidden in him.

This is the type of confusion the ascetics entrenched in a soul theory fell into. They even conceived of self as fivefold, encased in concentric shells. Whereas in the *Taittirīya Upaniṣad* one comes across the *pañcakośa* theory, the reference here is to three states of the self, as gross, mental and formless modes of personality. Out of the five selves known to *Upaniṣadic* philosophy, namely *annamaya*, *prāṇamaya*, *saṃjñāmaya*, *vijñāṇamaya* and *ānandamaya*, only three are mentioned here, in some form or other. The gross mode of personality corresponds to *annamayātman*, the mental mode of personality is equivalent to *saṃjñāmayātman*, while the formless mode of personality stands for *vijñāṇamayātman*.

The correct perspective of understanding this distinction is provided by the milk simile. Suppose someone gets a *jhāna* and attains to a mental mode of personality. He should not imagine that the formless mode of personality is already latent in him. Nor should he think that the former gross mode of personality is still lingering in him. They are just temporary states, to be distinguished like milk and curd. This is the moral the Buddha is trying to drive home.

Now we come to the third part of the quotation, giving the Buddha's conclusion, which is extremely important. *Imā kho, Citta, lokasamaññā lokaniruttiyo lokavohārā lokapaññattiyo, yāhi Tathāgato voharati aparāmasaṃ.* "For all these, *Citta*, are worldly apparitions, worldly expressions, worldly usages, worldly designations, which the *Tathāgata* makes use of without tenacious grasping."

It is the last word in the quotation, *aparāmasaṃ*, which is extremely important. There is no tenacious grasping. The Buddha uses the language much in the same way as parents make use of a child's homely prattle, for purpose of meditation. He had to present this *Dhamma*, which goes against the current,^[418] through the medium of worldly language, with which the worldlings have their transaction in defilements. That is probably the reason why the Buddha at first hesitated to preach this *Dhamma*. He must have wondered how he can convey such a deep *Dhamma* through the terminology, the grammar and the logic of worldlings.

All this shows the immense importance of the *Poṭṭhapādasutta*. If the ordinary worldling presumes that ghee is already inherent in the milk obtained from the

cow, he will try to argue it out on the grounds that after all it is milk that becomes ghee. And once it becomes ghee, he might imagine that milk is still to be found in ghee, in some latent form.

As a general statement, this might sound ridiculous. But even great philosophers were unaware of the implications of their theories. That is why the Buddha had to come out with this homely milk simile, to bring them to their senses. Here lies the secret of the soul theory. It carried with it the implication that past and future also exist in the same sense as the present.

The Buddha, on the other hand, uses the verb *atthi*, 'is', only for what exists in the present. He points out that, whatever is past, should be referred to as *ahosi*, 'was', and whatever is yet to come, in the future, should be spoken of as *bhavissati*, 'will be'. This is the fundamental principle underlying the *Niruttipathasutta* already quoted. Any departure from it would give rise to such confusions as referred to above.

Milk, curd, butter and ghee are merely so many stages in a certain process. The worldlings, however, have put them into watertight compartments, by designating and circumscribing them. They are caught up in the conceptual trap of their own making.

When the philosophers started working out the logical relationship between cause and effect, they tended to regard these two as totally unrelated to each other. Since milk becomes curd, either the two are totally different from each other, or curd must already be latent in milk for it to become curd. This is the kind of dilemma their logic posed for them.

Indian philosophical systems reflect a tendency towards such logical subtleties. They ended up with various extreme views concerning the relation between cause and effect. In a certain school of Indian philosophy, known as *ārambhavāda*, effect is explained as something totally new, unrelated to the cause. Other schools of philosophy, such as *satkāriyavāda* and *satkaraṇavāda*, also arose by confusing this issue. For them, effect is already found hidden in the cause, before it comes out. Yet others took only the cause as real. Such extreme conclusions were the result of forgetting the fact that all these are mere concepts in worldly usage. Here we have a case of getting caught up in a conceptual trap of one's own making.

This confusion regarding the three periods of time, characteristic of such philosophers, could be illustrated with some folk tales and fables, which lucidly bring out a deep truth. There is, for instance, the tale of the goose that lays golden eggs, well known to the West. A certain goose used to lay a golden egg every day. Its owner, out of excessive greed, thought of getting all the as yet ones. He killed the goose and opened it up, only to come to grief. He had wrongly imagined the future to be already existing in the present.

This is the kind of blunder the soul theorists also committed. In the field of philosophy, too, the prolific tendency led to such subtle complications. It is not much different from the proliferations indulged in by the ordinary worldling in his daily life. That is why reckonings born of prolific perception are said to be so overwhelming. One is overwhelmed by one's own reckonings and figurings out, under the influence of prolific perceptions.

An Indian poet once spotted a ruby, shining in the moon light, and eagerly approached it, enchanted by it, only to find a blood red spittle of beetle. We often come across such humorous stories in literature, showing the pitfalls of prolific conceptualisation.

The introductory story, leading up to the *Dhammapada* verse on the rambling nature of the mind, *dūraṅgamaṃ ekacaram, asariraṃ guhāsayam*, as recorded in the commentary to the *Dhammapada*, is very illustrative.^[419] The pupil of venerable *Saṅgharakkhita Thera*, a nephew of his, indulged in a *papañca* while fanning his teacher. In his imagination, he disrobed, got married, had a child, and was coming in a chariot with his wife and child to see his former teacher. The wife, through carelessness, dropped the child and the chariot run away. So he whipped his wife in a fit of anger, only to realize that he had dealt a blow on his teacher's head with the fan still in his hand. Being an *arahant* with psychic powers, his teacher immediately understood the pupil's state of mind, much to the latter's discomfiture.

A potter in Sanskrit literature smashed his pots in a sort of business *papañca* and was remorseful afterwards. Similarly the proud milk maid in English literature dropped a bucket of milk on her head in a day dream of her rosy future. In all these cases one takes as present something that is to come in the future. This is a serious confusion between the three periods of time. The perception of permanence, characteristic of concepts, lures one away from reality into a world of fantasy, with the result that one is overwhelmed and obsessed by it.

So this is what is meant by *papañcasaññāsankhasamudācāra*. So overwhelming are reckonings born of prolific perception. As we saw above, the word *saṅkhā* is therefore nearer to the idea of reckoning than that of part or portion.

Tathāgatas are free from such reckonings born of prolific perception, *papañcasaññāsankhā*, because they make use of worldly linguistic usages, conventions and designation, being fully aware of their worldly origin, as if they were using a child's language. When an adult uses a child's language, he is not bound by it. Likewise, the Buddhas and *arahants* do not forget that these are worldly usages. They do not draw any distinction between the relative and the absolute with regard to those concepts. For them, they are merely concepts and designations in worldly usage. That is why the *Tathāgatas* are said to be free from *papañca*, that is to say they are *nippapañca*, whereas the world delights in *papañca*. This fact is clearly expressed in the following verse in the *Dhammapada*.

Ākāse va padaṃ natthi
samaṇo natthi bāhire,
papañcābhiratā pajā,
nippapañcā Tathāgatā.^[420]

"No track is there in the air,
And no recluse elsewhere,
This populace delights in prolificity,
But 'Thus-gone-ones' are non-prolific."

It is because the *Tathāgatas* are non-prolific that *nippapañca* is regarded as one of the epithets of *Nibbāna* in a long list of thirty-three.^[421] Like *dukkhūpasama*, quelling of suffering, *papañcavūpasama*, 'quelling of prolificity', is also recognized as an epithet of *Nibbāna*. It is also referred to as *papañcanirodha*, 'cessation of prolificity'. We come across such references to *Nibbāna* in terms of *papañca* quite often.

The *Tathāgatas* are free from *papañcasaññāsankhā*, although they make use of worldly concepts and designations. In the *Kalahavivādasutta* we come across the

dictum *saññānidānā hi papañcasañkhā*,^[422] according to which reckonings through prolificity arise from perception. Now the *Tathāgatas* have gone beyond the pale of perception in attaining wisdom. That is why they are free from *papañcasaññāsañkhā*, reckonings born of prolific perception.

Such reckonings are the lot of those who grope in the murk of ignorance, under the influence of perception. Since Buddhas and *arahants* are enlightened with wisdom and released from the limitations of perception, they do not entertain such reckonings born of prolific perception. Hence we find the following statement in the *Udāna: Tena kho pana samayena Bhagavā attano papañcasaññāsañkhāpahānaṃ paccavekkhamāno nisinno hoti*.^[423] "And at that time the Exalted One was seated contemplating his own abandonment of reckonings born of prolific perception." The allusion here is to the bliss of emancipation. Quite a meaningful verse also occurs in this particular context.

*Yassa papañcā t̥hiti ca natthi,
sandānaṃ palighaṅca vītivatto,
taṃ nittaṇhaṃ muniṃ carantaṃ,
nāvajānāti sadevako pi loko*.^[424]

"To whom there are no proliferations and standstills,
Who has gone beyond the bond and the deadlock,
In that craving-free sage, as he fares along,
The world with its gods sees nothing to decry."

The two words *papañca* and *t̥hiti* in juxtaposition highlight the primary sense of *papañca* as a 'rambling' or a 'straying away'. According to the *Nettippakaraṇa*, the idiomatic standstill mentioned here refers to the latencies, *anusaya*.^[425] So the rambling *papañcas* and doggedly persisting *anusayas* are no longer there. The two words *sandānaṃ* and *palighaṃ* are also metaphorically used in the *Dhamma*. Views, *diṭṭhi*, are the bond, and ignorance, *avijjā*, is the deadlock.^[426]

The fact that *papañca* is characteristic of worldly thoughts, connected with the household life, emerges from the following verse in the *Saḷāyatanaṣaṃyutta* of the *Saṃyutta Nikāya*.

*Papañcasaññā itarītarā narā,
papañcayantā upayanti saññino,
manomayaṃ gehasitaṅca sabbhaṃ,
panujja nekkhammasitaṃ irīyati*.^[427]

"The common run of humanity, impelled by prolific perception,
Approach their objects with rambling thoughts, limited by perception as they
are,
Dispelling all what is mind-made and connected with the household,
One moves towards that which is connected with renunciation."

The approach meant here is comparable to the approach of that imaginative poet towards the ruby shining in moonlight, only to discover a spittle of beetle. The last two lines of the verse bring out the correct approach of one who is aiming at *Nibbāna*. It requires the dispelling of such daydreams connected with the household as entertained by the nephew of Venerable *Saṅgharakkhita Thera*.

Worldlings are in the habit of constructing speculative views by taking too seriously linguistic usage and grammatical structure. All pre-Buddhistic philosophers made such blunders as the confusion between milk and curd. Their blunders were mainly due to two reasons, namely, the persistent latency towards perception and the dogmatic adherence to views. It is precisely these two points that came up in the very first statement of the *Madhupiṇḍikasutta*, discussed in our previous sermon. That is to say, they formed the gist of the Buddha's cursory reply to the *Sakyan Daṇḍapāṇi's* question. For the latter it was a riddle and that is why he raised his eyebrows, wagged his tongue and shook his head. The question was: "What does the recluse assert and what does he proclaim?"^[428] The Buddha's reply was: "According to whatever doctrine one does not quarrel or dispute with anyone in the world, such a doctrine do I preach. And due to whatever statements, perceptions do not underlie as latencies, such statements do I proclaim."

This might well appear a strange paradox. But since we have already made some clarification of the two terms *saññā* and *paññā*, we might as well bring up now an excellent quotation to distinguish the difference between these two. It is in fact the last verse in the *Māgandiyasutta* of the *Sutta Nipāta*, the grand finale as it were.

*Saññāvīratassa na santi ganthā,
paññāvīmuttassa na santi mohā,
saññañca diṭṭhiñca ye aggahesum,
te ghaṭṭhayantā vicaranti loke.*^[429]

"To one unattached to percepts no bonds exist,
In one released through wisdom no delusions persist,
But they that cling to percepts and views,
Go about rambling in this world."

In the *Pupphasutta* of the *Khandhasamyutta* one comes across the following declaration of the Buddha. *Nāhaṃ, bhikkhave, lokena vivadāmi, loko va mayā vivadati.*^[430] "Monks, I do not dispute with the world, it is the world that is disputing with me."

This looks more or less like a contradictory statement, as if one would say 'he is quarrelling with me but I am not quarrelling with him'. However, the truth of the statement lies in the fact that the Buddha did not hold on to any view. Some might think that the Buddha also held on to some view or other. But he was simply using the child's language, for him there was nothing worth holding on to in it.

There is a Canonical episode which is a good illustration of this fact. One of the most well-known among the debates the Buddha had with ascetics of other sects is the debate with *Saccaka*, the ascetic. An account of it is found in the *CūḷaSaccakasutta* of the *Majjhima Nikāya*. The debate had all the outward appearance of a hot dispute. However, towards the end of it, the Buddha makes the following challenge to *Saccaka*: "As for you, *Aggivessana*, drops of sweat have come down from your forehead, soaked through your upper robe and reached the ground. But, *Aggivessana*, there is no sweat on my body now." So saying he uncovered his golden-hued body in that assembly, *iti Bhagavā tasmim̐ parisatiṃ suvaṇṇavaṇṇaṃ kāyaṃ vivari.*^[431]

Even in the midst of a hot debate, the Buddha had no agitation because he did not adhere to any views. There was for him no bondage in terms of craving, conceit and views. Even in the thick of a heated debate the Buddha was uniformly

calm and cool.

It is the same with regard to perception. Percepts do not persist as a latency in him. We spoke of name-and-form as an image or a reflection. Buddhas do not have the delusion arising out of name-and-form, since they have comprehended it as a self-image. There is a verse in the *Sabhiyasutta* of the *Sutta Nipāta* which puts across this idea.

*Anuvicca papañca nāmarūpaṃ,
ajjhattaṃ bahiddhā ca rogamūlaṃ,
sabbarogamūlabandhanā pamutto,
anuvīdīto tādi pavuccate tathattā.* [\[432\]](#)

"Having understood name-and-form, which is a product of prolificity,
And which is the root of all malady within and without,
He is released from bondage to the root of all maladies,
That Such-like-one is truly known as 'the one who has understood'."

Name-and-form is a product of *papañca*, the worldling's prolificity. We spoke of the reflection of a gem in a pond and the image of a dog on a plank across the stream. [\[433\]](#) One's grasp on one's world of name-and-form is something similar. Now as for the Buddha, he has truly comprehended the nature of name-and-form. Whatever maladies, complications and malignant conditions there are within beings and around them, the root cause of all that malady is this *papañca nāmarūpa*. To be free from it is to be 'such'. He is the one who has really understood.

If we are to say something in particular about the latency of perception, we have to pay special attention to the first discourse in the *Majjhima Nikāya*. The advice usually given to one who picks up the *Majjhima Nikāya* these days is to skip the very first *sutta*. Why? Because it is not easy to understand it. Even the monks to whom it was preached could not understand it and were displeased. 'It is too deep for us, leave it alone.'

But it must be pointed out that such an advice is not much different from asking one to learn a language without studying the alphabet. This is because the first discourse of the *Majjhima Nikāya*, namely the *Mūlapariyāyasutta*, enshrines an extremely vital first principle in the entire field of Buddhist philosophy. Just as much as the first discourse of the *Dīgha Nikāya*, namely the *Brahmajālasutta*, is of great relevance to the question of views, even so the *Mūlapariyāyasutta* is extremely important for its relevance to the question of perception.

Now what is the basic theme of this discourse? There is a certain pattern in the way objects occur to the mind and are apperceived. This discourse lays bare that elementary pattern. The Buddha opens this discourse with the declaration, *sabbadhammāmūlapariyāyaṃ vo, bhikkhave, desessāmi*, [\[434\]](#) "monks, I shall preach to you the basic pattern of behaviour of all mind objects."

In a nutshell, the discourse deals with twenty-four concepts, representative of concepts in the world. These are fitted into a schema to illustrate the attitude of four types of persons towards them.

The twenty-four concepts mentioned in the *sutta* are *paṭhavi, āpo, tejo, vāyo, bhūta, deva, Pajāpati, Brahma, Ābhassara, Subhakinha, Vehapphala, abhibhū, ākāsaññācāyatanaṃ, viññāṇaññācāyatanaṃ, ākiñcaññāyatanaṃ, nevasaññānāsaññāyatanaṃ, diṭṭhaṃ, suttaṃ, mutaṃ, viññātaṃ, ekattaṃ, nānattaṃ,*

sabbaṃ, Nibbānaṃ. "Earth, water, fire, air, beings, gods, *Pajāpati, Brahma*, the *Abhassara Brahmas*, the *Subhakinha Brahmas*, the *Vehapphala Brahmas*, the overlord, the realm of infinite space, the realm of infinite consciousness, the realm of nothingness, the realm of neither-perception-nor-non-perception, the seen, the heard, the sensed, the cognised, unity, diversity, all, *Nibbāna*."

The discourse describes the differences of attitude in four types of persons with regard to each of these concepts. The four persons are:

- 1) An untaught ordinary person, who has no regard for the Noble Ones and is unskilled in their *Dhamma, assutavā puthujjana*.
- 2) A monk who is in higher training, whose mind has not yet reached the goal and who is aspiring to the supreme security from bondage, *bhikkhu sekho appattamānaso*.
- 3) An *arahant* with taints destroyed who has lived the holy life, done what has to be done, laid down the burden, reached the goal, destroyed the fetters of existence and who is completely liberated through final knowledge, *arahaṃ khīṇāsavo*.
- 4) The *Tathāgata*, accomplished and fully enlightened, *Tathāgato arahaṃ sammāsambuddho*.

Out of these, the second category comprises the Stream-winner, the Once-returned and the Non-returned. Though there are four types, according to the analysis of their attitudes, the last two can be regarded as one type, since their attitudes to those concepts are the same. So we might as well speak of three kinds of attitudes. Let us now try to understand the difference between them.

What is the world-view of the untaught ordinary person, the worldling? The Buddha describes it as follows: *Paṭhaviṃ paṭhavito sañjānāti. Paṭhaviṃ paṭhavito saññatvā paṭhaviṃ maññati, paṭhaviyā maññati, paṭhavito maññati, 'paṭhaviṃ me'ti maññati, paṭhaviṃ abhinandati. Taṃ kissa hetu? Apariññātaṃ tassā'ti vadāmi*.

"He perceives earth as 'earth'. Having perceived earth as 'earth', he imagines 'earth' as such, he imagines 'on the earth', he imagines 'from the earth', he imagines 'earth is mine', he delights in earth. Why is that? I say that it is because he has not fully comprehended it."

The untaught ordinary person can do no better than to perceive earth as 'earth', since he is simply groping in the dark. So he perceives earth as 'earth' and goes on imagining, for which the word used here is *maññati*, methinks. One usually methinks when a simile or a metaphor occurs, as a figure of speech. But here it is something more than that. Here it refers to an indulgence in a deluded mode of thinking under the influence of craving, conceit and views. Perceiving earth as 'earth', he imagines earth to be substantially 'earth'.

Then he resorts to inflection, to make it flexible or amenable to his methinking. 'On the earth', 'from the earth', 'earth is mine', are so many subtle ways of methinking, with which he finally finds delight in the very concept of earth. The reason for all this is the fact that he has not fully comprehended it.

Then comes the world-view of the monk who is in higher training, that is, the *sekha*. *Paṭhaviṃ paṭhavito abhijānāti. Paṭhaviṃ paṭhavito abhiññāya paṭhaviṃ mā maññi, paṭhaviyā mā maññi, paṭhavito mā maññi, 'paṭhaviṃ me'ti mā maññi, paṭhaviṃ mābhinandi. Taṃ kissa hetu? Pariññeyyaṃ tassā'ti vadāmi*.

"He understands through higher knowledge earth as 'earth'. Having known through higher knowledge earth as 'earth', let him not imagine 'earth' as such, let

him not imagine 'on the earth', let him not imagine 'from the earth', let him not imagine 'earth is mine', let him not delight in earth. Why is that? I say it is because it should be well comprehended by him." As for the monk who is in higher training, he does not merely perceive, but understands through higher knowledge.

Here we are against a peculiar expression, which is rather problematic, that is, *mā maññi*. The commentary simply glosses over with the words *maññatīti maññi*, taking it to mean the same as *maññati*, "imagines".^[435] Its only explanation for the use of this peculiar expression in this context is that the *sekha*, or the one in higher training, has already done away with *diṭṭhimaññanā* or imagining in terms of views, though he still has imaginings through craving and conceit. So, for the commentary, *mā maññi* is a sort of mild recognition of residual imagining, a dilly-dally phrase. But this interpretation is not at all convincing.

Obviously enough the particle *mā* has a prohibitive sense here, and *mā maññi* means 'let one not imagine', or 'let one not entertain imaginings', *maññanā*. A clear instance of the use of this expression in this sense is found at the end of the *Samiddhisutta*, discussed in an earlier sermon.^[436] Venerable *Samiddhi* answered Venerable *Sāriputta*'s catechism creditably and the latter acknowledged it with a "well-done", *sādhū sādhū*, but cautioned him not to be proud of it, *tena ca mā maññi*, "but do not be vain on account of it".^[437]

The use of the prohibitive particle with reference to the world-view of the monk in higher training is quite apt, as he has to train himself in overcoming the tendency to go on imagining. For him it is a step of training towards full comprehension. That is why the Buddha concludes with the words "why is that? I say it is because it should be well comprehended by him."

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MIND STILLED 13

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānam.*^[438]

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction".

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks. This is the thirteenth sermon in the series of sermons on *Nibbāna*.

In our last sermon we attempted an exposition under the topic *sabbadhammūlapariyāya*, "the basic pattern of behaviour of all mind objects", which constitutes the theme of the very first *sutta* of the *Majjhima Nikāya*, namely the *Mūlapariyāyasutta*.^[439]

We happened to mention that the discourse describes three different attitudes regarding twenty-four concepts such as earth, water, fire and air. We could however discuss only two of them the other day, namely the world view, or the

attitude of the untaught ordinary person, and the attitude of the noble one, who is in higher training.

So today, to begin with, let us bring up the third type of attitude given in the discourse, that is, the attitude of *arahants* and that of the *Tathāgata*, both being similar. It is described in these words:

Paṭhaviṃ paṭhavito abhijānāti, paṭhaviṃ paṭhavito abhiññāya paṭhaviṃ na maññati, paṭhaviyā na maññati, paṭhavito na maññati, 'paṭhaviṃ me'ti na maññati, paṭhaviṃ nābhinandati. Taṃ kissa hetu? 'Pariññātaṃ tassā'ti vadāmi.

"The *arahant* (as well as the *Tathāgata*) understands through higher knowledge earth as 'earth', having understood through higher knowledge earth as 'earth', he does not imagine earth to be 'earth', he does not imagine 'on the earth', he does not imagine 'from the earth', he does not imagine 'earth is mine', he does not delight in earth. Why is that? I say, it is because it has been well comprehended by him."

Let us now try to compare and contrast these three attitudes, so that we can understand them in greater detail. The attitude of the untaught ordinary person in regard to any of the twenty-four concepts like earth, water, fire, air (the twenty-four cited being illustrations), is so oriented that he perceives it as such.

For instance in the case of earth, he perceives a real earth, that is, takes it as earth per se. It may sometimes be only a block of ice, but because it is hard to the touch, he grasps it as 'earth'. Thus the ordinary person, the worldling, relies only on perception in his pursuit of knowledge. Having perceived earth as 'earth', he imagines it to be 'earth'. The peculiarity of *maññanā*, or 'me'-thinking, is that it is an imagining in terms of 'I' and 'mine'.

So he first imagines it as 'earth', then he imagines 'on the earth', 'from the earth', 'earth is mine' and delights in the earth. Here we find various flexional forms known to grammar.

As a matter of fact, grammar itself is a product of the worldlings for purposes of transaction in ideas bound up with defilements. Its purpose is to enable beings, who are overcome by the personality view, to communicate with their like-minded fellow beings. Grammar, therefore, is something that caters to their needs. As such, it embodies certain misconceptions, some of which have been highlighted in this context.

For instance, *paṭhaviṃ maññati* could be interpreted as an attempt to imagine an earth - as a full-fledged noun or substantive. It is conceived as something substantial. By *paṭhaviyā maññāti*, "he imagines 'on the earth'", the locative case is implied; while *'paṭhaviṃ me'ti maññati*, "he imagines 'earth is mine'", is an instance of the genitive case, expressing the idea of possession.

Due to such imaginings, a reality is attributed to the concept of 'earth' and its existence is taken for granted. In other words, these various forms of imaginings go to confirm the notion already aroused by the concept of 'earth'. Once it is confirmed one can delight in it, *paṭhaviṃ abhinandati*. This, then, is the worldview of the untaught ordinary person.

The other day we mentioned that the monk who is in higher training understands through higher knowledge, not through perception, earth as 'earth'. Though it is a higher level of understanding, he is not totally free from imaginings. That is why certain peculiar expressions are used in connection with him, such as *paṭhaviṃ mā maññi, paṭhaviyā mā maññi, paṭhavito mā maññi, 'paṭhaviṃ me'ti mā maññi, paṭhaviṃ mā abhinandi*.

Here we have to call in question the commentarial explanation. According to the commentary, this peculiar expression had to be used as a dilly dally phrase, because the monk in higher training could not be said to imagine or not imagine. ^[440] But it is clear enough that the particle *mā* in this context is used in its prohibitive sense. *Mā maññi* means "do not imagine!", and *mā abhinandi* means "do not delight!".

What is significant about the *sekha*, the monk in higher training, is that he is in a stage of voluntary training. In fact, the word *sekha* literally means a "learner". That is to say, he has obtained a certain degree of higher understanding but has not attained as yet full comprehension.

It is precisely for that reason that the section about him is summed up by the statement: *Taṃ kissa hetu? Pariññeyyaṃ tassā'ti vadāmi*. "Why is that? Because, I say, that it should be comprehended by him." Since he has yet to comprehend it, he is following that course of higher training. The particle *mā* is therefore a pointer to that effect. For example, *mā maññi* "do not imagine!", *mā abhinandi* "do not delight!".

In other words, the monk in higher training cannot help using the grammatical structure in usage among the worldlings and as his latencies are not extinct as yet, he has to practise a certain amount of restraint. By constant employment of mindfulness and wisdom he makes an attempt to be immune to the influence of the worldling's grammatical structure.

There is a possibility that he would be carried away by the implications of such concepts as earth, water, fire and air, in his communications with the world regarding them. So he strives to proceed towards full comprehension with the help of the higher understanding already won, keeping mindfulness and wisdom before him. That is the voluntary training implied here.

The monk in higher training is called *attagutto*, in the sense that he tries to guard himself. ^[441] Such phrases like *mā maññi* indicate that voluntary training in guarding himself. Here we had to add something more to the commentarial explanation. So this is the situation with the monk in higher training.

Now as to the *arahant* and the *Tathāgata*, the world views of both are essentially the same. That is to say, they both have a higher knowledge as well as a full comprehension with regard to the concept of earth, for instance. *Pariññātaṃ tassā'ti vadāmi*, "I say it has been comprehended by him".

As such, they are not carried away by the implications of the worldlings' grammatical structure. They make use of the worldly usage much in the same way as parents do when they are speaking in their child's language. They are not swept away by it. There is no inner entanglement in the form of imagining. There is no attachment, entanglement and involvement by way of craving, conceit and view, in regard to those concepts.

All this goes to show the immense importance of the *Mūlapariyāyasutta*. One can understand why this *sutta* came to be counted as the first among the *suttas* of the *Majjhima Nikāya*. It is as if this *sutta* was intended to serve as the alphabet in deciphering the words used by the Buddha in his sermons delivered in discursive style. As a matter of fact the *Majjhima Nikāya* in particular is a text abounding in deep *suttas*. This way we can understand why both higher knowledge and full comprehension are essential.

We have shown above that this discourse bears some relation to the grammatical structure. Probably due to a lack of recognition of this relationship between the modes of imagining and the grammatical structure, the commentators

were confronted with a problem while commenting upon this discourse.

Such phrases as *paṭhaviṃ maññati* and *paṭhaviyā maññati* occur all over this discourse in referring to various ways of imagining. The commentator, however, always makes it a point to interpret these ways of imagining with reference to craving, conceit and views. So when he comes to the phrase *mā abhinandi*, he finds it to be superfluous. That is why Venerable *Buddhaghosa* treats it as a repetition and poses a possible question as follows:

'*Paṭhaviṃ maññatī'ti' eteneva etasmim atthe siddhe kasmā evaṃ vuttanti ce. Avicāritam etaṃ porāṇehi. Ayaṃ pana me attano mati, desanāvilāsato vā ādīnavadassanato vā.*^[442]

Now this is how the commentator poses his own problem: When the phrase *paṭhaviṃ maññati* by itself fulfils the purpose, why is it that an additional phrase like *paṭhaviṃ abhinandati* is brought in? That is to say, if the imagining already implies craving, conceit and views, what is the justification for the concluding phrase *paṭhaviṃ abhinandati*, "he delights in earth", since craving already implies a form of delighting?

So he takes it as a repetition and seeks for a justification. He confesses that the ancients have not handed down an explanation and offers his own personal opinion on it, *ayaṃ pana me attano mati*, "but then this is my own opinion".

And what does his own explanation amount to? *Desanāvilāsato vā ādīnavadassanato vā*, "either as a particular style in preaching, or by way of showing the perils of the ways of imagining". He treats it as yet another way of preaching peculiar to the Buddha, or else as an attempt to emphasize the perils of imagining.

However, going by the explanation we have already given above, relating these modes of imagining to the structure of grammar, we can come to a conclusion as to why the phrase *mā abhinandi* was brought in. The reason is that each of those concepts crystallized into a real thing as a result of imagining, based on the framework of grammar. It received real object status in the world of imagination. Once its object status got confirmed, one can certainly delight in it. It became a thing in truth and fact. The purpose of these ways of imagining is to mould it into a thing.

Let us go deeper into this problem. There is, for instance, a certain recurrent passage in the discourses on the subject of sense restraint.^[443] The gist of that passage amounts to this: A person with defilements takes in signs and features through all the six sense doors, inclusive of the mind. Due to that grasping at signs and features, various kinds of influxes are said to flow in, according to the passages outlining the practice of sense restraint. From this we can well infer that the role of *maññanā*, or imagining, is to grasp at signs with regard to the objects of the mind.

That is to say, the mind apperceives its object as 'something', *dhammasaññā*. The word *dhamma* in the opening sentence of this *sutta*, *sabbadhammāmūlapariyāyaṃ vo, bhikkhave, desessāmi*, means a 'thing', since every-thing is an object of the mind in the last analysis.

Paṭhaviṃ maññati, "he imagines earth as earth", is suggestive of a grasping at the sign in regard to objects of the mind. Thinking in such terms as *paṭhaviyā maññati*, *paṭhavito maññāti*, and '*paṭhaviṃ me'ti maññati*', "he imagines 'on the earth', he imagines 'from the earth', he imagines 'earth is mine'", are like the corroborative features that go to confirm that sign already grasped.

The two terms *nimitta*, sign, and *anuvyañjana*, feature, in the context of sense restraint have to be understood in this way. Now the purpose of a *nimitta*, or sign, is to give a hazy idea like 'this may be so'. It receives confirmation with the help of corroborative features, *anuvyañjana*, all the features that are accessory to the sign. The corroboration comes, for instance, in this manner: 'This goes well with this, this accords with this, therefore the sign I took is right'. So even on the basis of instructions on sense restraint, we can understand the special significance of this *maññanā*, or 'me'-thinking.

The reason for the occurrence of these different ways of me-thinking can also be understood. In this discourse the Buddha is presenting a certain philosophy of the grammatical structure. The structure of grammar is a contrivance for conducting the worldlings' thought process, characterised by the perception of permanence, as well as for communication of ideas arising out of that process.

The grammatical structure invests words with life, as it were. This mode of hypostasizing is revealed in the nouns and substantives implying such notions as 'in it', 'by it' and 'from it'. The last of the flexional forms, the vocative case, *he paṭhavi*, "hey earth", effectively illustrates this hypostasizing character of grammar. It is even capable of infusing life into the concept of 'earth' and arousing it with the words "hey earth".

In an earlier sermon we had occasion to refer to a legend in which a tiger was reconstituted and resurrected out of its skeletal remains.^[444] The structure of grammar seems to be capable of a similar feat. The *Mūlapariyāyasutta* gives us an illustration of this fact.

It is because of the obsessional character of this *maññanā*, or me-thinking, that the Buddha has presented this *Mūlapariyāyasutta* to the world as the basic pattern or paradigm representing three types of world views, or the world views of three types of persons.

This discourse deals with the untaught ordinary person, who is obsessed by this grammatical structure, the disciple in higher training, who is trying to free himself from its grip, and the emancipated one, completely free from it, at the same time giving their respective world views as well.

The other day we enumerated the list of twenty-four concepts, presented in that discourse. Out of these concepts, we have to pay special attention to the fact that *Nibbāna* is counted as the last, since it happens to be the theme of all our sermons.

Regarding this concept of *Nibbāna* too, the worldling is generally tempted to entertain some kind of *maññanā*, or me-thinking. Even some philosophers are prone to that habit. They indulge in some sort of prolific conceptualisation and me-thinking on the basis of such conventional usages as 'in *Nibbāna*', 'from *Nibbāna*', 'on reaching *Nibbāna*' and 'my *Nibbāna*'. By hypostasizing *Nibbāna* they develop a substance view, even of this concept, just as in the case of *paṭhavi*, or earth. Let us now try to determine whether this is justifiable.

The primary sense of the word *Nibbāna* is 'extinction', or 'extinguishment'. We have already discussed this point with reference to such contexts as *Aggivacchagottasutta*.^[445] In that discourse the Buddha explained the term *Nibbāna* to the wandering ascetic *Vacchagotta* with the help of a simile of the extinction of a fire. Simply because a fire is said to go out, one should not try to trace it, wondering where it has gone. The term *Nibbāna* is essentially a verbal noun. We also came across the phrase *nibbuto tveva saṅkhaṃ gacchati*, "it is reckoned as 'extinguished'".^[446]

As we have already pointed out in a previous sermon, *saṅkhā*, *samaññā* and *paññatti*, 'reckoning', 'appellation' and 'designation' are more or less synonymous. ^[447] *Saṅkham gacchati* only means "comes to be reckoned". *Nibbāna* is therefore some sort of reckoning, an appellation or designation. The word *Nibbāna*, according to the *Aggivaṅṅagottasutta*, is a designation or a concept.

But the commentator takes much pains to prove that the *Nibbāna* mentioned at the end of the list in the *Mūlapariyāyasutta* refers not to our orthodox *Nibbāna*, but to a concept of *Nibbāna* upheld by heretics. ^[448] The commentator, it seems, is at pains to salvage our *Nibbāna*, but his attempt is at odds with the trend of this discourse, because the *sekha*, or the monk in higher training, has no need to train himself in refraining from delighting in any heretical *Nibbāna*. So here too, the reference is to our orthodox *Nibbāna*.

Presumably the commentator could not understand why the *arahants* do not delight in *Nibbāna*. For instance, in the section on the *Tathāgata* one reads: *Nibbānaṃ nābhinandati. Taṃ kissa hetu? Nandi dukkhassa mūlan'ti iti veditvā, bhavā jāti, bhūtaṃ jarāmaṇaṃ.* "He does not delight in *Nibbāna*. Why so? Because he knows that delighting is the root of suffering, and from becoming comes birth and to the one who becomes there is decay-and-death."

It seems, then, that the *Tathāgata* does not delight in *Nibbāna*, because delighting is the root of suffering. Now *nandi* is a form of grasping, *upādāna*, impelled by craving. It is sometimes expressly called an *upādāna*: *Yā vedanāsu nandi tadupādānaṃ*, "whatever delighting there is in feeling, that is a grasping." ^[449] Where there is delighting, there is a grasping. Where there is grasping, there is *bhava*, becoming or existence. From becoming comes birth, and to the one who has thus come to be there is decay-and-death.

It is true that we project the concept of *Nibbāna* as an objective to aim at in our training. But if we grasp it like the concept of earth and start indulging in me-thinkings or imaginings about it, we would never be able to realize it. Why? Because what we have here is an extraordinary path leading to an emancipation from all concepts, *nissāya nissāya oghassa nittharaṇā*, "crossing over the flood with relative dependence" ^[450].

Whatever is necessary is made use of, but there is no grasping in terms of craving, conceits and views. That is why even with reference to the *Tathāgata* the phrase *Nibbānaṃ nābhinandati*, "he does not delight in *Nibbāna*", occurs in this discourse.

One might ask: 'What is wrong in delighting in *Nibbāna*?' But then we might recall a pithy dialogue already quoted in an earlier sermon. ^[451] A deity comes and accosts the Buddha: "Do you rejoice, recluse?" And the Buddha responds: "On getting what, friend?" Then the deity asks: "Well then, recluse, do you grieve?" And the Buddha retorts: "On losing what, friend?" The deity now mildly remarks: "So then, recluse, you neither rejoice nor grieve!" And the Buddha confirms it with the assent: "That is so, friend." ^[452]

This then is the attitude of the Buddha and the *arahants* to the concept of *Nibbāna*. There is nothing to delight in it, only equanimity is there.

Seen in this perspective, the word *Nibbāna* mentioned in the *Mūlapariyāyasutta* need not be taken as referring to a concept of *Nibbāna* current among heretics. The reference here is to our own orthodox *Nibbāna* concept. But the attitude towards it must surely be changed in the course of treading the path to it.

If, on the contrary, one grasps it tenaciously and takes it to be substantial,

presuming that the word is a full fledged noun, and goes on to argue it out on the basis of logic and proliferate on it conceptually, it will no longer be our *Nibbāna*. There one slips into wrong view. One would never be able to extricate oneself from wrong view that way. Here then is an issue of crucial importance.

Many philosophers start their exposition with an implicit acceptance of conditionality. But when they come to the subject of *Nibbāna*, they have recourse to some kind of instrumentality. "On reaching *Nibbāna*, lust and delight are abandoned."^[453] Commentators resort to such explanations under the influence of *maññanā*. They seem to imply that *Nibbāna* is instrumental in quenching the fires of defilement. To say that the fires of defilements are quenched by *Nibbāna*, or on arriving at it, is to get involved in a circular argument. It is itself an outcome of *papañca*, or conceptual prolificity, and betrays an enslavement to the syntax.

When one says 'the river flows', it does not mean that there is a river quite apart from the act of flowing. Likewise the idiom 'it rains' should not be taken to imply that there is something that rains. It is only a turn of speech, fulfilling a certain requirement of the grammatical structure.

On an earlier occasion we happened to discuss some very important aspects of the *Poṭṭhapādasutta*.^[454] We saw how the Buddha presented a philosophy of language, which seems so extraordinary even to modern thinkers. This *Mūlapariyāyasutta* also brings out a similar attitude to the linguistic medium.

Such elements of a language as nouns and verbs reflect the worldling's mode of thinking. As in the case of a child's imagination, a noun appears as a must. So it has to rain for there to be rain. The implicit verbal sense becomes obscured, or else it is ignored. A periphrastic usage receives acceptance. So the rain rains, and the river flows. A natural phenomenon becomes mystified and hypostasized.

Anthropomorphism is a characteristic of the pre-historic man's philosophy of life. Wherever there was an activity, he imagined some form of life. This animistic trend of thought is evident even in the relation between the noun and the verb. The noun has adjectives as attributes and the verb has adverbs to go with it. Particles fall in between, and there we have what is called grammar. If one imagines that the grammar of language must necessarily conform to the grammar of nature, one falls into a grievous error.

Now the commentators also seem to have fallen into such an error in their elaborate exegesis on *Nibbāna*, due to a lack of understanding of this philosophy of language. That is why the *Mūlapariyāyasutta* now finds itself relegated, though it is at the head of the *suttas* of the *Majjhima Nikāya*.

It is in the nature of concepts that nouns are invested with a certain amount of permanence. Even a verbal noun, once it is formed, gets a degree of permanence more or less superimposed on it. When one says 'the river flows', one somehow tends to forget the flowing nature of the so-called river. This is the result of the perception of permanence.

As a matter of fact, perception as such carries with it the notion of permanence, as we mentioned in an earlier sermon.^[455] To perceive is to grasp a sign. One can grasp a sign only where one imagines some degree of permanence.

The purpose of perception is not only to recognize for oneself, but also to make it known to others. The Buddha has pointed out that there is a very close relationship between recognition and communication. This fact is expressly stated by the Buddha in the following quotation from the Sixes of the *Aṅguttara Nikāya*:

Vohāravepakkaṃ ahaṃ, bhikkhave, saññaṃ vadāmi. Yathā yathā naṃ sañjānāti, tathā tathā voharati, evaṃ saññī ahoṣin'ti. "Monks, I say that perception has linguistic usage as its result. In whatever way one perceives, so one speaks out about it, saying: 'I was of such a perception'." [\[456\]](#)

The word *vepakka* is a derivative from the word *vipāka*, which in the context of *kamma*, or ethically significant action, generally means the result of that action. In this context, however, its primary sense is evident, that is, as some sort of a ripening. In other words, what this quotation implies is that perception ripens or matures into verbal usage or convention.

So here we see the connection between *saññā*, perception, and *saṅkhā*, reckoning. This throws more light on our earlier explanation of the last line of a verse in the *Kalahavivādasutta*, namely *saññānidānā hi papañcasaṅkhā*, "for reckonings born of prolificity have perception as their source". [\[457\]](#)

So now we are in a better position to appreciate the statement that linguistic usages, reckonings and designations are the outcome of perception. All this goes to show that an insight into the philosophy of language is essential for a proper understanding of this *Dhamma*. This is the moral behind the *Mūlapariyāyasutta*.

Beings are usually dominated by these reckonings, appellations and designations, because the perception of permanence is inherent in them. It is extremely difficult for one to escape it. Once the set of such terms as milk, curd and butter comes into vogue, the relation between them becomes an insoluble problem even for the great philosophers.

Since we have been talking about the concept of *Nibbāna* so much, one might ask: 'So then, *Nibbāna* is not an absolute, *paramattha*?' It is not a *paramattha* in the sense of an absolute. It is a *paramattha* only in the sense that it is the highest good, *parama attha*. This is the sense in which the word was used in the discourses, [\[458\]](#) though it has different connotations now. As exemplified by such quotations as *āradhaviṛiyo paramatthapattiyā*, [\[459\]](#) "with steadfast energy for the attainment of the highest good", the *suttas* speak of *Nibbāna* as the highest good to be attained.

In later Buddhist thought, however, the word *paramattha* came to acquire absolutist connotations, due to which some important discourses of the Buddha on the question of worldly appellations, worldly expressions and worldly designations fell into disuse. This led to an attitude of dwelling in the scaffolding, improvised just for the purpose of constructing a building.

As a postscript to our exposition of the *Mūlapariyāyasutta* we may add the following important note: This particular discourse is distinguished from all other discourses in respect of one significant feature. That is, the concluding statement to the effect that the monks who listened to the sermon were not pleased by it.

Generally we find at the end of a discourse a more or less thematic sentence like *attamanā te bhikkhū Bhagavato bhāsitaṃ abhinandum*, "those monks were pleased and they rejoiced in the words of the Exalted One". [\[460\]](#) But in this *sutta* we find the peculiar ending *idaṃ avoca Bhagavā, na te bhikkhū Bhagavato bhāsitaṃ abhinandum*, "the Exalted One said this, but those monks did not rejoice in the words of the Exalted One". [\[461\]](#)

Commentators seem to have interpreted this attitude as an index to the abstruseness of the discourse. [\[462\]](#) This is probably why this discourse came to be neglected in the course of time. But on the basis of the exposition we have attempted, we might advance a different interpretation of the attitude of those monks. The declaration that none of the concepts, including that of *Nibbāna*,

should be egoistically imagined, could have caused displeasure in monks, then as now. So much, then, for the *Mūlapariyāyasutta*.

The Buddha has pointed out that this *maññanā*, or egoistic imagining, or me-thinking, is an extremely subtle bond of *Māra*. A discourse which highlights this fact comes in the *Samyutta Nikāya* under the title *Yavakalāpisutta*.^[463] In this discourse the Buddha brings out this fact with the help of a parable. It concerns the battle between gods and demons, which is a theme that comes up quite often in the discourses.

In a war between gods and demons, the gods are victorious and the demons are defeated. The gods bind *Vepacitti*, the king of the demons, in a fivefold bondage, that is, hands and feet and neck, and bring him before *Sakka*, the king of the gods.

This bondage has a strange mechanism about it. When *Vepacitti* thinks 'gods are righteous, demons are unrighteous, I will go to the *deva* world', he immediately finds himself free from that bondage and capable of enjoying the heavenly pleasures of the five senses. But as soon as he slips into the thought 'gods are unrighteous, demons are righteous, I will go back to the *asura* world', he finds himself divested of the heavenly pleasures and bound again by the fivefold bonds.

After introducing this parable, the Buddha comes out with a deep disquisition of *Dhamma* for which it serves as a simile. *Evaṃ sukhumaṃ kho, bhikkhave, Vepacittibandhanaṃ. Tato sukhumataraṃ Mārabandhanaṃ. Maññamāno kho, bhikkhave, baddho Mārassa, amaññamāno mutto pāpimato. Asmī'ti, bhikkhave, maññitaṃ etaṃ, 'ayaṃ ahaṃ asmī'ti maññitaṃ etaṃ, 'bhavissan'ti maññitaṃ etaṃ, 'na bhavissan'ti maññitaṃ etaṃ, 'rūpī bhavissan'ti maññitaṃ etaṃ, 'arūpī bhavissan'ti maññitaṃ etaṃ, 'saññī bhavissan'ti maññitaṃ etaṃ, 'asaññī bhavissan'ti maññitaṃ etaṃ, 'nevasaññīnāsaññī bhavissan'ti maññitaṃ etaṃ. Maññitaṃ, bhikkhave, rogo, maññitaṃ gaṇḍo, maññitaṃ sallaṃ. Tasmātiha, bhikkhave, 'amaññamānena cetasā viharissāmā'ti evañhi vo, bhikkhave, sikkhitabbaṃ.*

"So subtle, monks, is the bondage of *Vepacitti*. But more subtle still is the bondage of *Māra*. Imagining, monks, one is bound by *Māra*, not imagining one is freed from the Evil One. 'Am', monks, is an imagining, 'this am I' is an imagining, 'I shall be' is an imagining, 'I shall not be' is an imagining, 'I shall be one with form' is an imagining, 'I shall be formless' is an imagining, 'I shall be percipient' is an imagining, 'I shall be non-percipient' is an imagining, 'I shall be neither-percipient-nor-non-percipient' is an imagining. Imagining, monks, is a disease, imagining is an abscess, imagining is a barb, therefore, monks, should you tell yourselves: 'We shall dwell with a mind free from imaginings, thus should you train yourselves'."

First of all, let us try to get at the meaning of this exhortation. The opening sentence is an allusion to the simile given above. It says that the bondage in which *Vepacitti* finds himself is of a subtle nature, that is to say, it is a bondage connected with his thoughts. Its very mechanism is dependent on his thoughts.

But then the Buddha declares that the bondage of *Māra* is even subtler. And what is this bondage of *Māra*? "Imagining, monks, one is bound by *Māra*, not imagining one is freed from that Evil One." Then comes a list of nine different ways of imaginings.

In the same discourse the Buddha goes on to qualify each of these imaginings with four significant terms, namely *iñjitaṃ*, agitation *phanditaṃ*, palpitation, *papañcitaṃ*, proliferation, and *mānagataṃ*, conceit.

Iñjitaṃ is an indication that these forms of imaginings are the outcome of craving, since *ejā* is a synonym for *taṇhā*, or craving.

Phanditaṃ is an allusion to the fickleness of the mind, as for instance conveyed by the first line of a verse in the *Dhammapada*, *phandanaṃ capalaṃ cittaṃ*, "the mind, palpitating and fickle".^[464] The fickle nature of the mind brings out those imaginings.

They are also the products of proliferation, *papañcita*. We have already discussed the meaning of the term *papañca*.^[465] We happened to point out that it is a sort of straying away from the proper path.

Mānagataṃ is suggestive of a measuring. *Asmi*, or 'am', is the most elementary standard of measurement. It is the peg from which all measurements take their direction. As we pointed out in an earlier sermon, the grammatical structure of language is based on this peg 'am'.^[466]

In connection with the three persons, first person, second person and third person, we happened to mention that as soon as one grants 'I am', a 'here' is born. It is only after a 'here' is born, that a 'there' and a 'yonder' come to be. The first person gives rise to the second and the third person, to complete the basic framework for grammar.

So *asmi*, or 'am', is itself a product of proliferation. In fact, the deviation from the proper path, implied by the proliferation in *papañca*, is a result of these multifarious imaginings.

It is in the nature of these imaginings that as soon as an imagining or a me-thinking occurs, a thing is born as a matter of course. And with the birth of a thing as 'something', impermanence takes over. That is to say, it comes under the sway of impermanence. This is a very strange phenomenon. It is only after becoming a 'something' that it can become 'another thing'. *Aññathābhāva*, or otherwiseness, implies a change from one state to another. A change of state already presupposes some state or other, and that is what is called a 'thing'.

Now where does a 'thing' arise? It arises in the mind. As soon as something gets hold of the mind, that thing gets infected with the germ of impermanence.

The modes of imagining listed above reveal a double bind. There is no freedom either way. Whether one imagines 'I shall be with form' or 'I shall be formless', one is in a dichotomy. It is the same with the two ways of imagining 'I shall be percipient', 'I shall be non-percipient'.

We had occasion to refer to this kind of dichotomy while explaining the significance of quite a number of discourses. The root of all this duality is the thought 'am'.

The following two verses from the *Dvayatānupassanāsutta* throw light on some subtle aspects of *maññanā*, or imagining:

*Yena yena hi maññanti,
tato taṃ hoti aññathā,
taṃ hi tassa musā hoti,
mosadhammaṃ hi ittaraṃ.*

*Amosadhammaṃ Nibbānaṃ,
tad ariyā saccato vidū,
te ve saccābhisamayā,
nicchātā parinibbutā.*

"In whatever way they imagine,
Thereby it turns otherwise,
That itself is the falsity
Of this puerile deceptive thing.

Nibbāna is unfalsifying in its nature,
That they understood as the truth,
And indeed by the higher understanding of that truth
They have become hungerless and fully appeased." [\[467\]](#)

The first verse makes it clear that imagining is at the root of *aññathābhāva*, or otherwiseness, in so far as it creates a thing out of nothing. As soon as a thing is conceived in the mind by imagining, the germ of otherwiseness or change enters into it at its very conception. So a thing is born only to become another thing, due to the otherwiseness in nature. To grasp a thing tenaciously is to exist with it, and birth, decay and death are the inexorable vicissitudes that go with it.

The second verse says that *Nibbāna* is known as the truth, because it is of an unfalsifying nature. Those who have understood it are free from the hunger of craving. The word *parinibbuta* in this context does not mean that those who have realized the truth have passed away. It only conveys the idea of full appeasement or a quenching of that hunger.

Why is *Nibbāna* regarded as unfalsifying? Because there is no 'thing' in it. It is so long as there is a thing that all the distress and misery follow. *Nibbāna* is called *animitta*, or the signless, precisely because there is no-thing in it.

Because it is signless, it is unestablished, *appaṇihita*. Only where there is an establishment can there be a dislodgement. Since it is not liable to dislodgement or disintegration, it is unshakeable. It is called *akuppā cetovimutti*, unshakeable deliverance of the mind, [\[468\]](#) because of its unshaken and stable nature. Due to the absence of craving there is no directional aspiration, or *paṇidhi*.

Similarly *suññata*, or voidness, is a term implying that there is no essence in *Nibbāna* in the substantial sense in which the worldlings use that term. As mentioned in the *MahāSāropamasutta*, deliverance itself is the essence. [\[469\]](#) Apart from that, there is nothing essential or substantial in *Nibbāna*. In short, there is no thing to become otherwise in *Nibbāna*.

On an earlier occasion, too, we had to mention the fact that there is quite a lot of confusion in this concern. [\[470\]](#) *Saṅkhata*, the compounded, is supposed to be a thing. And *asaṅkhata*, or the un-compounded, is also a thing. The compounded is an impermanent thing, while the un-compounded is a permanent thing. The compounded is fraught with suffering, and the un-compounded is blissful. The compounded is not self, but the un-compounded is ... At this point the line of argument breaks off.

Some of those who attempt this kind of explanation find themselves in a quandary due to their lack of understanding of the issues involved. The two verses quoted above are therefore highly significant.

Because of *maññanā*, worldlings tend to grasp, hold on and adhere to mind-objects. The Buddha has presented these concepts just for the purpose of crossing over the flood, *desitā nissāya nissāya oghassa nittharaṇā*, "the process of crossing over the flood with relative dependence has been preached". [\[471\]](#) All the *dhammas* that have been preached are for a practical purpose, based on an understanding of

their relative value, and not for grasping tenaciously, as illustrated by such discourses like the *Rathavinītasutta* and the *Alagaddūpamasutta*.^[472]

Let alone other concepts, not even *Nibbāna* as a concept is to be grasped. To grasp the concept of *Nibbāna* is to slip into an error. So from the couplet quoted above we clearly understand how subtle this *maññanā* is and why it is called an extremely subtle bondage of *Māra*.

It might be recalled that while discussing the significance of the *Brahmanimantanikasutta* we mentioned that the non-manifestative consciousness described in that discourse does not partake of the earthiness of earth.^[473] That is to say, it is not under the sway of the earth quality of earth.

In fact as many as thirteen out of the twenty-four concepts mentioned in the *Mūlapariyāyasutta* come up again in the *Brahmanimantanikasutta*. The implication therefore is that the non-manifestative consciousness is not subject to the influence of any of those concepts. It does not take any of those concepts as substantial or essential, and that is why it is beyond their power.

For the same reason it is called the non-manifestative consciousness. Consciousness as a rule takes hold of some object or other. This consciousness, however, is called non-manifestative in the sense that it is devoid of the nature of grasping any such object. It finds no object worthy of grasping.

What we have discussed so far could perhaps be better appreciated in the light of another important *sutta* in the *Majjhima Nikāya*, namely the *Cūḷataṇhāsāṅkhasutta*. A key to the moral behind this discourse is to be found in the following dictum occurring in it: *sabbe dhammā nālaṃ abhinivesāya*, "nothing is worth entering into dogmatically".^[474]

The word *abhinivesa*, suggestive of dogmatic adherence, literally means "entering into". Now based on this idea we can bring in a relevant metaphor.

We happened to mention earlier that as far as concepts are concerned, the *arahants* have no dogmatic adherence. Let us take, for instance, the concept of 'a house'. *Arahants* also enter a house, but they do not enter into the concept of 'a house'. This statement might appear rather odd, but what we mean is that one can enter a house without entering into the concept of 'a house'.

Now leaving this as something of a riddle, let us try to analyse a certain fairy tale-like episode in the *Cūḷataṇhāsāṅkhasutta*, somewhat as an interlude.

The main theme of the *Cūḷataṇhāsāṅkhasutta* is as follows: Once *Sakka*, the king of the gods, came to see the Buddha when he was staying at *Pubbārāma* and asked the question: 'How does a monk attain deliverance by the complete destruction of craving?' The quintessence of the Buddha's brief reply to that question is the above mentioned dictum, *sabbe dhammā nālaṃ abhinivesāya*, "nothing is worth entering into dogmatically".

Sakka rejoiced in this sermon approvingly and left. Venerable *MahāMoggallāna*, who was seated near the Buddha at that time, had the inquisitive thought: 'Did *Sakka* rejoice in this sermon having understood it, or did he rejoice without understanding it?' Being curious to find this out he vanished from *Pubbārāma* and appeared in the *Tāvātimsa* heaven as quickly as a strong man might stretch out his bent arm and bend back his outstretched arm.

At that time *Sakka* was enjoying heavenly music. On seeing Venerable *MahāMoggallāna* coming at a distance he stopped the music and welcomed the latter, saying: 'Come good sir *Moggallāna*, welcome good sir *Moggallāna*! It is a long time, good sir *Moggallāna*, since you found an opportunity to come here.'

He offered a high seat to Venerable *MahāMoggallāna* and took a low seat at one side. Then Venerable *MahāMoggallāna* asked *Sakka* what sort of a sermon the Buddha had preached to him on his recent visit, saying that he himself is curious on listening to it.

Sakka's reply was: 'Good sir *Moggallāna*, we are so busy, we have so much to do, not only with our own business, but also with the business of other gods of *Tāvātimsa*. So it is not easy for us to remember such *Dhamma* discussions.' Then *Sakka* goes on to relate some other episode, which to him seems more important: 'After winning the war against the *asuras*, I had the *Vejayanti* palace built. Would you like to see it, good sir *Moggallāna*?'

Probably as a part of etiquette, binding on a visitor, Venerable *MahāMoggallāna* agreed and *Sakka* conducted him around the *Vejayanti* palace in the company of his friend, king *Vessavaṇa*. It was a wonderful palace with hundreds of towers. *Sakka's* maids, seeing Venerable *MahāMoggallāna* coming in the distance, were embarrassed out of modest respect and went into their rooms. *Sakka* was taking Venerable *MahāMoggallāna* around, saying: 'See, good sir, how lovely this palace is.'

Venerable *MahāMoggallāna* also courteously responded, saying that it is a fitting gift for his past merit. But then he thought of arousing a sense of urgency in *Sakka*, seeing: how negligent he has become now. And what did he do? He shook the *Vejayanti* palace with the point of his toe, using his supernormal power.

Since *Sakka* had 'entered into' the *Vejayanti* palace with his craving, conceit and views, he also was thoroughly shaken, along with the palace. That is to say, a sense of urgency was aroused in him, so much so that he remembered the sermon the Buddha had preached to him.

It was then that Venerable *MahāMoggallāna* asked *Sakka* pointedly: 'How did the Exalted One state to you in brief the deliverance through the destruction of craving?' *Sakka* came out with the full account, creditably.

So after all it seems that the Venerable *MahāMoggallāna* took all this trouble to drive home into *Sakka* the moral of the sermon *sabbe dhammā nālaṃ abhinivesāya*, "nothing is worth clinging onto".

If one goes through this discourse ignoring the deeper aspects of it, it appears merely as a fairy tale. Even as those heavenly maidens entered their rooms, *Sakka* also had entered into this *Vejayanti* palace of his own creation, while showing his distinguished visitor around, like a rich man these days after building his mansion.

So from this we can see the nature of these worldly concepts. For instance, in the case of the concept of 'a house', entering the house physically does not necessarily mean that one is 'in it'. Only if one has entered into the concept of a house is he 'in it'.

Let us take a simply analogy. Little children sometimes build a little hut, out of fun, with a few sticks and shady leaves. They might even invite their mother for the house-warming. When the mother creeps into the improvised hut, she does not seriously entertain the concept of 'a house' in it, as the children would do.

It is the same in the case of Buddhas and *arahants*. To the Emancipated Ones, who have fully understood and comprehended the true meaning of concepts like 'house', 'mansion' and 'palace', the sandcastles of adults appear no better than the playthings of little children. We have to grant it, therefore, that *Tathāgatas*, or Such-like Ones, cannot help making use of concepts in worldly usage.

As a matter of fact, once a certain deity even raised the question whether the emancipated *arahant* monks, when they use such expressions as 'I speak' and 'they speak to me', do so out of conceit. The Buddha's reply was:

*Yo hoti bhikkhu araham katāvī,
khīṇāsavo antimadehadhārī,
'aham vadāmī'ti pi so vadeyya,
'mamaṃ vadantī'ti pi so vadeyya
loke samaññaṃ kusalo veditvā,
vohāramattena so vohareyyā.*

"That monk, who is an *arahant*, who has finished his task,
Whose influxes are extinct and who bears his final body,
Might still say 'I speak',
He might also say 'they speak to me',
Being skilful, knowing the world's parlance,
He uses such terms merely as a convention."[\[475\]](#)

In the case of an *arahant*, who has accomplished his task and is influx-free, a concept like 'house', 'mansion', or 'palace' has no influence by way of craving, conceit and views. He might say 'I speak' or 'I preach', he might even say 'they speak to me', but since he has understood the nature of worldly parlance, he uses such expressions as mere turns of speech. Therefore the Buddhas and *arahants*, though they may enter a house, do not entertain the concept of 'a house' in it.

Some might think that in order to destroy the concept of 'a house', one has to break up the tiles and bricks into atoms. But that is not the way to deliverance. One has to understand according to the law of dependent arising that not only is a house dependent on tiles and bricks, but the tiles and bricks are themselves dependent on a house. Very often philosophers forget about the principle of relativity involved here.

Tiles and bricks are dependent on a house. This is a point worth considering. One might think that a house is made up of tiles and bricks, but tiles and bricks themselves come to be because of a house. There is a mutual relationship between them.

If one raises the question: 'What is a tile?', the answer will be: 'It is an item used for building the roof of a house'. Likewise a brick is an item used in building a wall. This shows the relativity between a house and a tile as well as between a house and a brick. So there is no need to get down to an atomistic analysis like nuclear physicists. Wisdom is something that enables one to see this relativity penetratively, then and there.

Today we happened to discuss some deep sections of the *Dhamma*, particularly on the subject of *maññanā*. A reappraisal of some of the deep *suttas* preached by the Buddha, now relegated into the background as those dealing with conventional truth, will be greatly helpful in dispelling the obsessions created by *maññanā*. What the *Mūlapariyāyasutta* offers in this respect is of utmost importance.

In fact, the Buddha never used a language totally different from the language of the worldlings. Now, for instance, chemists make use of a certain system of symbolic formulas in their laboratories, but back at home they revert to another

set of symbols. However, both are symbols. There is no need to discriminate between them as higher or lower, so long as they serve the purpose at hand.

Therefore it is not proper to relegate some sermons as discursive or conventional in style. Always it is a case of using concepts in worldly parlance. In the laboratory one uses a particular set of symbols, but on returning home he uses another. In the same way, it is not possible to earmark a particular bundle of concepts as absolute and unchangeable.

As stated in the *Poṭṭhapādasutta*, already discussed, all these concepts are worldly appellations, worldly expressions, worldly usages, worldly designations, which the *Tathāgata* makes use of without tenacious grasping.^[476] However philosophical or technical the terminology may be, the *arahants* make use of it without grasping it tenaciously.

What is of importance is the function it fulfils. We should make use of the conceptual scaffolding only for the purpose of putting up the building. As the building comes up, the scaffolding has to leave. It has to be dismantled. If one simply clings onto the scaffolding, the building would never come up.

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MIND STILLED 14

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭṭinissaggo taṇhakkhayo virāgo nirodho nibbānam.*^[477]

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks. This is the fourteenth sermon in the series of sermons on *Nibbāna*.

In our last sermon we gave a description of the forms of imaginings or methinkings, which the Buddha had compared to an extremely subtle bondage of *Māra*. The *Yavakalāpisutta* of the *Salāyatanaśamyutta* in the *Śamyutta Nikāya* has shown us that all kinds of thoughts concerning existence that stem from this subtle conceit 'am', *asmimāna*, are mere imaginings or methinkings, and that they are called a bondage of *Māra*, because they have the power to keep beings shackled to existence.^[478]

We have seen how they follow a dichotomy, even like the dilemma posed by the fivefold bondage of *Vepacitti*, the king of demons. Whether one thinks 'I shall be' or 'I shall not be', one is in bondage to *Māra*. Whether one thinks 'I shall be percipient' or 'I shall be non-percipient', or 'I shall be neither-percipient-nor-non-percipient', one is still in bondage to *Māra*.

There is a dichotomy involved here. The fact that these imaginings, which follow a dichotomy, must be transcended completely, as well as the way to

transcend them, has been preached by the Buddha to Venerable *Pukkusāti* in the *Dhātuvibhaṅgasutta* of the *Majjhima Nikāya*.

There is a pithy passage, forming the grand finale of this discourse, in which the Buddha gives a resume. We propose to quote this passage at the very outset as it scintillates with a majestic fervour of the *Dhamma*.

Yatthaṭṭhitam maññussavā nappavattanti, maññussave kho pana nappavattamāne muni santo ti vuccatīti, iti kho pan'etaṃ vuttaṃ. Kiñ c'etaṃ paṭicca vuttaṃ?

Asmīti bhikkhu maññitam etaṃ, ayam aham asmīti maññitam etaṃ, bhavissan'ti maññitam etaṃ, na bhavissan'ti maññitam etaṃ, rūpī bhavissan'ti maññitam etaṃ, arūpī bhavissan'ti maññitam etaṃ, saññī bhavissan'ti maññitam etaṃ, asaññī bhavissan'ti maññitam etaṃ, nevasaññīnāsaññī bhavissan'ti maññitam etaṃ.

Maññitam, bhikkhu, rogo, maññitam gaṇḍo, maññitam sallam. Sabbamaññitānaṃ tveva, bhikkhu, samatikkamā muni santo ti vuccati.

Muni kho pana, bhikkhu, santo na jāyati na jiyati na miyyati na kuppati na piheti. Tam pi'ssa bhikkhu natthi yena jāyetha, ajāyamāno kiṃ jiyissati, ajiyyamāno kiṃ miyyissati, amiyyamāno kiṃ kuppissati, akuppamāno kissa pihessati?

Yatthaṭṭhitam maññussavā nappavattanti, maññussave kho pana nappavattamāne muni santo ti vuccatīti, iti yaṃ taṃ vuttaṃ, idam etaṃ paṭicca vuttaṃ. [\[479\]](#)

In the *Dhātuvibhaṅgasutta* we find the Buddha presenting some points as the theme and gradually developing it, analysing, clarifying, and expatiating, as the discourse proceeds. The opening sentence in the above paragraph is a quotation of a part of that original statement of the Buddha, which forms the theme. Here is the rendering:

"Steadied whereon the tides of imaginings no longer occur in him, and when the tides of imaginings occur no more in him, he is called a sage stilled', so it was said. And with reference to what was this said?

'Am', monk, is something imagined; 'I am this' is something imagined; 'I shall be' is something imagined; 'I shall not be' is something imagined; 'I shall be possessed of form' is something imagined; 'I shall be formless' is something imagined; 'I shall be percipient' is something imagined; 'I shall be non-percipient' is something imagined; 'I shall be neither-percipient-nor-non-percipient' is something imagined.

The imagined is a disease, the imagined is an abscess, the imagined is a dart. It is with the surmounting of all what is imagined, monk, that a sage is called 'stilled'.

The sage who is stilled is not born, nor does he age, nor does he die, nor is he shaken, and he has no longing. Even that is not in him whereby he might be born. Not being born, how shall he age? Not aging, how shall he die? Not dying, how shall he be shaken? Being unshaken, what shall he long for?

So it was with reference to this, that it was said 'steadied whereon the tides of imaginings no longer occur in him, and when the tides of imagining occur no more in him, he is called a sage stilled'."

All this goes to show how relevant the question of imaginings is to the path leading to *Nibbāna*. This pithy passage, which brings the discourse to a climax, portrays how the sage is at peace when his mind is released by stemming the tides of imaginings. He attains release from birth, decay and death, here and now, because he has realized the cessation of existence in this very world.

It is in this light that we have to interpret the above statement "even that is not in him whereby he might be born". Dependent on existence is birth. Due to whatever postulate of existence one can speak of a 'birth', even that existence is not in him. Not being born, how can he age? How can he grow old or decay? This is because of the implicit interrelation between conditions.

Here we can flash back to our analogy of a tree, mentioned earlier.^[480] In order to explain the mutual interrelation between the concepts of birth, decay and death, we brought up a simile, which however is not canonical. That is to say, supposing there is some kind of a tree, the buds, the leaves, the flowers, the fruits and the wood of which could be sold for making one's livelihood.

If five men trading in those items respectively are made to line up at some particular stage in the growth of this tree and asked whether the tree is too young or too old, the answers given might differ according to the individual standpoint grasped in each case.

It turns out to be a difference of viewpoint. For instance, the man who makes his living by selling the buds would reply that the tree is too old when the buds turn into leaves. Similarly, when it is the season for the leaves to fall and the flowers to bloom, one who trades in leaves might say that the tree is too old. And when flowers turn into fruits, the florist's viewpoint would be similar. In this way one can understand how this concept changes according to what one grasps - that there is an implicit relativity about it.

Now, as for this sage, he has given up everything that he had grasped. Grasping has been given up completely. Imagining, too, has been abandoned. Hence, not being 'born', how shall he age? The sage has no postulate of existence. Since there is no existence, there is no 'birth'. Because there is no birth, there is no decay.

It is a well known fact that the term *jarā* implies both growth and decay. It is after setting a limit that we speak of a process of 'decay', after 'growth'. This limit, however, varies according to our individual standpoint grasped - according to our point of view. That is what we have tried to illustrate by this analogy.

Then we have the statement "not aging, how shall he die?" Since decay is an approach to death, where there is no decay, there is no death. The fact that there is no death we have already seen in our exposition of the significance of the verses quoted above from the *Adhimutta Theragāthā*.^[481] When the bandits got round to kill the Venerable *Adhimutta*, he declared:

*Na me hoti aho sin'ti,
bhavissan'ti na hoti me,
saṅkhārā vibhavissanti,
tattha kā paridevanā?*^[482]

"It does not occur to me 'I was',
Nor does it occur to me 'I shall be',
Mere preparations will get destroyed,
What is there to lament?"

This declaration exemplifies the above statement. When all graspings are given up, there is no 'decay' or 'death'.

Amiyyamāno kiṃ kuppissati, "not dying, how shall he be shaken?" The verb *kuppati* does not necessarily mean "getting annoyed". Here it means to be

"shaken up" or "moved". When one holds on to a standpoint, one gets shaken up if someone else tries to dislodge him from that standpoint.

The deliverance in *Nibbāna* is called *akuppā cetovimutti*, the unshakeable deliverance of the mind.^[483] All other deliverances of the mind, known to the world, are shakeable, *kuppa*. They are unsteady. They shake before the pain of death. Only *Nibbāna* is called *akuppā cetovimutti*, the unshakeable deliverance of the mind.

So this peaceful sage, the *arahant*, established in that concentration of the fruit of *arahant-hood*, *arahatta phalasamādhī*, which is known as the influx-free deliverance of the mind, *anāsavā cetovimutti*, and is endowed with the wisdom proper to *arahant-hood*, *paññāvimutti*, "deliverance through wisdom", is unshaken before death. His mind remains unshaken. That is why the *arahant Thera Venerable Adhimutta* fearlessly made the above declaration to the bandits.

Now as to the significance of the Buddha's statement *amiyyamāno kiṃ kuppissati, akuppamāno kissa pihessati*, "not dying, how shall he be shaken, and being unshaken, what shall he long for?" When there is no shock, no agitation or trembling, what does one long for? *Pihā* means longing, desiring for something or other. In this context it refers to that longing which arises at the moment of death in one who has not destroyed craving.

It is as a consequence of that longing that he enters some form of existence, according to his *kamma*. That longing is not there in this sage, for the simple reason that he is unshaken before death. He has nothing to look forward to. No desires or longings. *Akuppamāno kissa pihessati*, "being unshaken, what shall he long for?"

It is obvious, therefore, that the concepts of birth, decay and death become meaningless to this sage. That is precisely why he is at peace, having transcended all imaginings.

All this goes to show, that *Nibbāna* is a state beyond decay and death. We can clearly understand from this discourse why *Nibbāna* is known as a decayless, deathless state, realizable in this very world. That sage has conquered decay and death here and now, because he has realized the cessation of existence, here and now.

This is something extremely wonderful about the *arahant*. He realizes the cessation of existence in his attainment to the fruit of *arahant-hood*. How does he come to realize the cessation of existence? Craving is extinct in him, hence there is no grasping. Where there is no grasping, there is no existence. Because there is no existence, birth, decay and death, along with sorrow and lamentation, cease altogether.

From the foregoing we could well infer that all those concepts like birth, decay, death, sorrow, lamentation, pain, grief and despair, come about as a result of a heap of pervert perceptions, pervert thoughts and pervert views, based on the conceit of an existence, the conceit 'am'.

These three kinds of perversions known as *saññāvipallāsa*, *cittavipallāsa* and *diṭṭhivipallāsa* give rise to a mass of concepts of an imaginary nature.^[484] The entire mass of suffering, summed up by the terms birth, decay, death, sorrow, lamentation, pain, grief and despair, are basically of a mental origin.

For an illustration of this fact, we can go back to our analogy of winding some strands into a rope, mentioned earlier.^[485] We pointed out that in the case of some strands that are being mistakenly wound in the same direction, it is the grasp in

the middle that gives at least a semblance of a rope to it. So long as there is no such grasping, the strands do not become knotty or tense, as they go round and round. It is only when someone grasps it in the middle that the strands begin to get winded up, knotty and tense. What is called existence, or becoming, *bhava*, follows the same norm.

True to the law of impermanence, everything in the world changes. But there is something innocent in this change. Impermanence is innocuous in itself. We say it is innocuous because it means no harm to anyone. It is simply the nature of this world, the suchness, the norm. It can do us harm only when we grasp, just as in the case of that quasi rope.

The tenseness between winding and unwinding, arising out of that grasp in the middle, is comparable to what is called *bhavasāṅkhāra*, "preparations for existence". *Sāṅkhārā*, or preparations, are said to be dependent on *avijjā*, or ignorance.

Now we can form an idea of the relationship between these two even from this analogy of the rope. The grasp in the middle creates two ends, giving rise to a dilemma. In the case of existence, too, grasping leads to an antinomian conflict. To become a thing, is to disintegrate into another thing.

On a previous occasion we happened to discuss the significance of the term *maññanā*, me-thinking or imagining, with reference to the verse *yena yena hi maññati, tato taṃ hoti aññathā*.^[486] *Maññanā* itself gives rise to a 'thing', which from its very inception goes on disintegrating into another thing.

Just as much as grasping leads to the concept of two ends, to become a thing is to start changing into another thing, that is, it comes under the sway of the law of impermanence. Illustrations of this norm are sometimes to be met with in the discourses, but their significance is often ignored.

The idea of the two ends and the middle sometimes finds expression in references to an 'above', 'below' and 'across in the middle', *uddhaṃ, adho, tiriyaṃ majjhe*; or in the terms 'before', 'behind' and 'middle', *pure, pacchā, majjhe*. Such references deal with some deep aspects of the *Dhamma*, relating to *Nibbāna*.

As a good illustration, we may take up the following two verses from the *Mettagūmāṇavapucchā* in the *Pārāyanavagga* of the *Sutta Nipāta*.

*Yaṃ kiñci sampajānāsi,
uddhaṃ adho tiriyaṃ cāpi majjhe,
etesu nandiñca nivesanañca
panujja viññāṇaṃ bhava na tiṭṭhe.
Evaṃ vihārī sato appamatto,
bhikkhu caraṃ hitvā mamāyitāni,
jātijaraṃ sokapariddavañca
idh'eva vidvā pajaheyya dukkhaṃ.*^[487]

"Whatever you may know to be
Above, below and across in the middle,
Dispel the delight and the tendency to dwell in them,
Then your consciousness will not remain in existence.

A monk, endowed with understanding,
Thus dwelling mindful and heedful,
As he fares along giving up all possessions,
Would abandon even here and now
Birth, decay, sorrow, lamentation and suffering."

The word *idh'eva* occurring in the second verse is highly significant, in that it means the abandonment of all those things here and now, not leaving it for an existence to come.

In the *Mahāvīyūhasutta* of the *Sutta Nipāta* also a similar emphasis is laid on this idea of 'here and now'. About the *arahant* it is said that he has no death or birth here and now - *cutūpapāto idha yassa natthi*, "to whom, even here, there is no death or birth".^[488] In this very world he has transcended them by making those two concepts meaningless.

The word *nivesanaṃ*, occurring in the first verse, is also significant. It means "dwelling". In consciousness there is a tendency to 'dwell in'. That is why in some contexts it is said that form is the abode or dwelling place of consciousness, *rūpadhātu kho, gahapati, viññāṇassa oko*, "the form element, householder, is the abode of consciousness".^[489] The terms *oka*, *niketa* and *nivesana* are synonymous, meaning "abode", "home", or "dwelling place".

The nature of consciousness in general is to abide or dwell in. That non-manifestative consciousness, *anidassana viññāṇa*, however, has got rid of the tendency to abide or dwell in.

Now we can revert to the passage in the *Dhātuvibhaṅgasutta*, which speaks of an occurrence of tides of imaginings. The passage actually begins with the words *yatthaṭṭhitaṃ maññussavā nappavattanti*, "steadied whereon the tides of imaginings occur no more in him". The idea behind this occurrence of tides of imaginings is quite often represented by the concept of *āsava*, influx. Sensuality, *kāma*, existence, *bhava*, views, *diṭṭhi* and ignorance, *avijjā*, are referred to as "influxes", *āsavā*, or "floods", *oghā*. These are the four kinds of *samsāric* habits that continuously flow into the minds of beings.

The above mentioned *sutta* passage refers to a place steadied whereon the tides of imaginings do not occur or flow in, a place that is free from their 'influence'. This is none other than *Nibbāna*, for which one of the epithets used is *dīpa*, or island.^[490]

Since *Nibbāna* is called an island, some might take it literally to mean some sort of a place in this world. In fact, this is the general concept of *Nibbāna* some are prone to uphold in their interpretation of *Nibbāna*.

But why it is called an island is clearly explained for us by a discourse in the *Pārāyanavagga* of the *Sutta Nipāta*, namely the *Kappamāṇavapucchā*. In this *sutta*, the Brahmin youth *Kappa* poses the following question to the Buddha:

*Majjhe sarasmiṃ tiṭṭhataṃ
oghe jāte mahabbhaye
jarāmaccuparetānaṃ
dīpaṃ pabrūhi, mārisa.
Tvañca me dīpam akkhāhi
yathayidaṃ nāparaṃ siyā.*^[491]

"To them that stand midstream,
When the frightful floods flow forth,
To them in decay and death forlorn,
An island, sire, may you proclaim.
An island which none else excels,
Yea, such an isle, pray tell me sire."

And this is the Buddha's reply to it:

*Akiñcanaṃ anādānaṃ
etaṃ dīpaṃ anāparaṃ
'nibbānaṃ' iti naṃ brūmi
jarāmaccuparikkhayaṃ.* [\[492\]](#)

"Owing naught, grasping naught,
The isle is this, none else besides,
Nibbāna - that is how I call that isle,
Wherein Decay is decayed and Death is dead."

The Buddha's reply makes it clear that the term *Nibbāna* stands for the extinction of craving and grasping. The ideal of owing naught and grasping naught is itself *Nibbāna*, and nothing else. If the term had any other connotation, the Buddha would have mentioned it in this context.

It is indubitably clear, then, that the epithet *dīpaṃ*, or island, has to be understood in a deeper sense when it refers to *Nibbāna*. It is that owing nothing and grasping nothing, that puts an end to decay and death.

Though we have yet to finish the discussion of the *Dhatuvibhaṅgasutta*, the stage is already set now to understand the significance of a certain brief discourse in the *Udāna*, which is very often quoted in discussions on *Nibbāna*. For facility of understanding, we shall take it up now, as it somehow fits into the context.

Atthi, bhikkhave, ajātaṃ abhūtaṃ akataṃ asaṅkhataṃ. No ce taṃ, bhikkhave, abhaviṣṣa ajātaṃ abhūtaṃ akataṃ asaṅkhataṃ, nayidha jātassa bhūtassa katassa saṅkhataṃ nissaraṇaṃ paññāyetha. Yasmā ca kho, bhikkhave, atthi ajātaṃ abhūtaṃ akataṃ asaṅkhataṃ, tasmā jātassa bhūtassa katassa saṅkhataṃ nissaraṇaṃ paññāyati. [\[493\]](#)

"Monks, there is a not-born, a not-become, a not-made, a not-compounded. Monks, if that not-born, not-become, not-made, not-compounded were not, there would be no stepping out here from what is born, become, made and compounded. But since, monks, there is a not-born, a not-become, a not-made, a not-compounded, therefore there is a stepping out from what is born, become, made and compounded."

The terms *ajātaṃ*, not-born, *abhūtaṃ*, not-become, *akataṃ*, not-made, and *asaṅkhataṃ*, not-compounded, are all epithets for *Nibbāna*. The Buddha declares that if not for this not-born, not-become, not-made, not-compounded, there would be no possibility of stepping out or release here, that is, in this very world, from the born, the become, the made and the compounded.

The second half of the passage rhetorically reiterates and emphasises the same

fact. Now as to the significance of this profound declaration of the Buddha, we may point out that the terms not-born, not-become, not-made, not-compounded, suggest the emancipation of the *arahant's* mind from birth, becoming and preparations, *saṅkhārā*. They refer to the cessation of birth, becoming and preparations realized by the *arahant*. So then the significance of these terms is purely psychological.

But the commentator, the Venerable *Dhammapāla*, pays little attention to the word *idha*, "here", in this passage, which needs to be emphasized. The fact that there is a possibility here and now, of stepping out from the state of being born, become, made and compounded, surely deserves emphasis, since, until then, release from decay and death was thought to be possible only in another dimension of existence, that is, after death.

The prospect of stepping out from decay and death here and now in this very world has to be asserted for its novelty, which is why the declaration opens with the word *atthi*, "there is". However, most of the scholars who tried to interpret this passage in their discussion on *Nibbāna*, instead of laying stress on the word *idha*, "here", emphasize the opening word *atthi*, "there is", to prove that *Nibbāna* is some form of reality absolutely existing somewhere.

As that passage from the *Dhatuvibhaṅgasutta* on *maññanā*, which we discussed, has shown us, the terms *ajātaṃ abhūtaṃ akataṃ* and *asaṅkhataṃ* have to be understood in a deeper sense.

Existence is a conceit deep rooted in the mind, which gives rise to a heap of pervert notions. Its cessation, therefore, has also to be accomplished in the mind and by the mind. This is the gist of the Buddha's exhortation.

Let us now come back to the *Dhatuvibhaṅgasutta* to discuss another facet of it. We started our discussion with the grand finale of that discourse, because of its relevance to the question of *maññanā*. However, as a matter of fact, this discourse preached by the Buddha to the Venerable *Pukkusāti* is an exposition of a systematic path of practice for the emancipation of the mind from imaginings or *maññanā*.

The discourse begins with the declaration *chadhāturo ayaṃ, bhikkhu, puriso*, "monk, man as such is a combination of six elements".^[494] The worldling thinks that a being, *satta* (Sanskrit *sattva*), exists at a higher level of reality than inanimate objects.

Now what did the Buddha do to explode this concept of a being in his discourse to Venerable *Pukkusāti*? He literally thrashed out that concept, by breaking up this 'man' into his basic elements and defining him as a bundle of six elements, namely earth, water, fire, air, space and consciousness.

As the discourse proceeds, he explains in an extremely lucid manner how one can detach one's mind from each of these elements. We happened to mention at the very outset that the depth of the *Dhamma* has to be seen through lucidity and not through complicated over-drawings. In fact, this discourse exhibits such lucidity.

The meditation subject of elements, which grew in complexity at the hands of later Buddhist philosophers, who took to atomistic analysis of a speculative sort, is presented here in this *Dhatuvibhaṅgasutta* with a refreshing clarity and lucidity. Here it is explained in such a way that one can directly experience it.

For instance in describing the earth element, the Buddha gives as examples of the internal earth element such parts of the body as head hairs, body hairs, nails

and teeth. Because the external earth element hardly needs illustration, nothing in particular has been mentioned as to that aspect. Anyone can easily understand what is meant by it. There is no attempt at atomistic analysis.

However, the Buddha draws special attention to a certain first principle of great significance. *Yā c'eva kho pana ajjhattikā paṭhavīdhātu, yā ca bāhirā paṭhavīdhātu, paṭhavīdhāturo ev'esā. Taṃ n'etaṃ mama, n'eso ham asmi, na me so attā ti evam etaṃ yathābhūtaṃ sammappaññāya daṭṭhabbaṃ. Evam etaṃ yathābhūtaṃ sammappaññāya disvā paṭhavīdhātuyā nibbindati, paṭhavīdhātuyā cittaṃ virājeti.*^[495]

"That which is the internal earth element, and that which is the external earth element, they are both just the earth element itself. And that should be seen as it is with right wisdom, thus: 'this is not mine', 'I am not this', 'this is not my self'. Having seen thus with right wisdom as it is, he becomes dejected with the earth element, he detaches his mind from the earth element."

It is this first principle that is truly important and not any kind of atomic theory. This resolution of the internal/external conflict has in it the secret of stopping the *saṃsāric* vortex of reiterated becoming, *saṃsāravaṭṭa*. It is due to the very discrimination between an 'internal' and an 'external' that this *saṃsāric* vortex is kept going.

Now in the case of a vortex, what is found inside and outside is simply water. But all the same there is such a vehement speed and activity and a volley of changes going on there. So it is the case with this 'man'. What is found in his body is the earth element. What is to be found outside is also the earth element. And yet, the ordinary person sees quite a wide disparity between the two. Why is that? That is because of the illusory nature of consciousness.

We have devoted a number of sermons to explain the relationship between consciousness and name-and-form. We happened to speak of name-and-form as a reflection or a self-image.^[496] Even as one who comes before a mirror, on seeing his reflection on it, would say: 'this is mine', 'this am I', 'this is my self', the worldling is in the habit of entertaining cravings, conceits and views.

In fact the purpose of cravings, conceits and views is to reinforce the distinction between an internal and an external. Already when one says 'this is mine', one discriminates between the 'this' and 'I', taking them to be separate realities. 'This am I' and 'this is my self' betray the same tacit assumption.

Just as by looking at a mirror one may like or dislike the image appearing on it, these three points of view give rise to various pervert notions. All this because of the perpetuation of the distinction between an internal and an external, which is the situation with the ordinary worldling.

Since cravings, conceits and views thus reinforce the dichotomy between an internal and an external, the Buddha has upheld this principle underlying the meditation on the four elements, to resolve this conflict.

The fact that with the resolution of this conflict between the internal and the external concerning the four elements the mind becomes emancipated is put across to us in the following verse in the *Tālapuṭa Theragāthā*.

*Kadā nu kaṭṭhe ca tiṇe latā ca
khandhe ime 'haṃ amite ca dhamme
ajjhattikān' eva ca bāhirāni ca
samaṃ tuleyyaṃ, tad idaṃ kadā me?*^[497]

This verse gives expression to Venerable *Tālapuṭa Thera's* aspiration to become an *arahant*. It says:

"When shall I weigh as equal all these
Limitless things both internal and external,
Twigs, grass, creepers and these aggregates,
O! when shall that be for me?"

It is at the stage of *arahant*-hood that the internal and the external appear alike. That is precisely why the Venerable *Adhimutta Thera*, whom we quoted earlier, uttered the lines:

*Tiṇakatṭhasamaṃ lokaṃ,
yadā paññāya passati.* [\[498\]](#)

"When one sees through wisdom,
The world to be comparable to grass and twigs."

The comparison is between the internal world of the five aggregates, or this conscious body, and the inanimate objects outside.

Just as in the case of the four elements earth, water, fire and air, the Buddha pointed out a way of liberating one's mind from the space element with the help of similar illustrations. In explaining the space element, too, he gave easily intelligible examples.

The internal space element is explained in terms of some apertures in the body that are well known, namely those in the ears, nose and the mouth. [\[499\]](#) Apart from such instances, he did not speak of any microscopic space element, as in scientific explanations, probably because it is irrelevant. Such an analysis is irrelevant for this kind of reflection.

Here we have to bear in mind the fact that perception as such is a mirage. [\[500\]](#) However far one may go on analysing, form and space are relative to each other like a picture and its background. A picture is viewed against its background, which is relative to it. So also are these two concepts of form and space. Consciousness provides the framework for the entire picture.

By way of clarification we may allude to the pre-Buddhistic attempts of Yogins to solve this problem, solely through the method of serenity, *samatha*, ignoring the method of insight, *vipassanā*. The procedure they followed was somewhat on these lines:

They would first of all surmount the concept of form or matter through the first four mental absorptions, or *jhānas*. Then as they inclined towards the formless, what confronted them first was space. A very appropriate illustration in this context would be the method of removing the sign of the *kaṣiṇa* and attending to the space left by that removal as 'infinite' or 'boundless', in order to arouse the base of infinity of space. [\[501\]](#)

This mode of contemplation of space betrays the fact that space is also something made up, or prepared, *saṅkhata*. Whatever is prepared, *saṅkhata*, is thought out and mind made, *abhisāṅkhataṃ abhisañcetaṃ*.

The Buddha proclaimed that there is only one *asaṅkhata*, unprepared, that is *Nibbāna*. [\[502\]](#) But later philosophers confounded the issue by taking space also to be *asaṅkhata*. [\[503\]](#) They seem to have ignored its relation to the mind in regarding causes and conditions as purely external things.

Here we see the relativity between form and space. Like the picture and its background, form and space stand relative to each other. All this is presented to us by attention, *manasikārasambhavā sabbe dhammā*, [\[504\]](#) "all things originate from attention".

Some of the later speculations about the nature of the space element are not in consonance with the basic principles outlined in the *Dhamma*. Such confusion arose probably due to a lack of understanding of the term *asaṅkhata*.

Now if we are to say something more about this particular discourse, what remains after detaching one's mind from these five elements, namely earth, water, fire, air and space, is a consciousness that is extremely pure.

The basic function of consciousness is discrimination. It distinguishes between the bitter and the sweet, for instance, to say: 'this is bitter', 'this is sweet'. Or else it distinguishes between the pleasant, the unpleasant and the neutral with regard to feelings: 'this is pleasant', 'this is unpleasant', 'this is neither-unpleasant-nor-pleasant'.

Now that the five elements earth, water, fire, air and space, which create discrete objects as the outward manifestations of consciousness, have been totally removed, the residual function of consciousness amounts to a discrimination between the three grades of feelings.

The sage who has arrived at this stage of progress on the path to *Nibbāna* takes the next step by observing these three kinds of feelings, pleasant, unpleasant and neither-unpleasant-nor-pleasant, as they arise and cease dependent on specific contacts, thereby gradually bringing the mind to equanimity.

He brings his mind to a stage of radiant equanimity. But even this equanimity he does not grasp by way of me-thinking or imagining. The phrase used in this connection is *visaṃyutto naṃ vedeti*, "being detached he experiences it". [\[505\]](#) There is a detachment, an aloofness, even in going through those sensations. This is clearly expressed in that context.

For instance, in the case of a pleasant feeling, it is said: *aniccā ti pajānāti, anajjhositā ti pajānāti, anabhinanditā ti pajānāti*, "he understands it to be impermanent, he understands it to be uninvolved, he understands it to be unrejoiced". With the understanding of impermanence, conceit goes down. The non-involvement does away with the views. The absence of rejoicing suggests the extinction of craving.

So the attainment of *arahant*-hood is in effect the cessation of that consciousness itself. That consciousness is divested of its most primary function of discriminating between the three grades of feeling, pleasant, unpleasant and neither-unpleasant-nor-pleasant.

The term *visaṃyutto* connotes disjunction, suggestive of dispassion and detachment. In this way, the *Dhatuvibhaṅgasutta* clearly brings out the relevance of the question of *maññanā* to the path leading to *Nibbāna*.

In some contexts, this practice of desisting from me-thinking or imagining is called *atammayatā*, non-identification. This is the term used by the Buddha throughout the *Sappurisasutta* of the *Majjhima Nikāya*. For instance we read there:

Sappuriso ca kho, bhikkhave, iti paṭisañcikkhati: nevasaññānāsaññāyatanaśamāpattiyā pi kho atammayatā vuttā Bhagavatā. Yena yena hi maññanti, tato taṃ hoti aññathā ti. [\[506\]](#) "The good man reflects thus: the principle of non-identification has been recommended by the Buddha even with

regard to the attainment of the sphere of neither-perception-nor-non-perception thus: in whatever way they imagine about it, thereby it turns otherwise."

The 'good man' referred to here is the noble disciple on the supramundane path.

This term *tammaya* needs to be clarified in order to understand the significance of this statement. It is derived from *tad maya*, literally "made of that" or "of that stuff". It is on a par with such terms as *sovaṇṇamaya*, golden, and *rajatamaya*, silvery.

When one has cravings, conceits and views about something, he practically becomes one with it due to that very grasping. In other words, he identifies himself with it. That is why the person who has imaginings about the sphere of neither-perception-nor-non-perception, which he has attained, thinks 'I am one who has attained the sphere of neither-perception-nor-non-perception'.

He thereby has conceit, which is a defilement in itself. As a result, when he loses his mastery of that attainment, he becomes disconcerted. It is for that reason that the Buddha had enjoined that one should cultivate the attitude of *atammayatā*, or non-identification, even with regard to the attainment of the sphere of neither-perception-nor-non-perception.

The *arahant* is called *atammayo* in the sense that he does not identify himself with anything. An *arahant* cannot be identified with what he appears to possess. This is well expressed by the following verse in the *Devadūtavagga* of the *Āṅguttara Nikāya*.

*Pasayha Māraṃ abhibhuyya antakaṃ
yo ca phusī jātikkhayaṃ padhānavā
sa tādiso lokavidū sumedho
sabbesu dhammesu atammayo muni.*^[507]

"That ardent sage who has touched the extinction of birth,
Having overpowered *Māra* and conquered the Ender,
That Such-like one, the wise sage, the knower of the world,
Is aloof in regard to all phenomena."

The idea of this aloofness can be presented in another way, that is as detachment from the seen, the heard, the sensed and the cognized, *diṭṭha*, *suta*, *muta*, *viññāta*. One of the most important *suttas* that merits discussion in this respect is the *Bāhiyasutta* in the *Bodhivagga* of the *Udāna*. It is generally acclaimed as an extremely profound discourse.

The ascetic *Bāhiya Dārucīriya* came all the way from far off *Suppāraka* to see the Buddha. When he reached *Jetavana* monastery at *Sāvatti*, he heard that the Buddha had just left on his alms-round. Due to his extreme eagerness, he ran behind the Buddha and, on meeting him, fell prostrate before him and begged: "May the Exalted One preach to me the *Dhamma*."

The Buddha, however, seemed not so responsive, when he remarked: "Now it is untimely, *Bāhiya*, we are on our alms-round." Some might be puzzled by this attitude of the Buddha. But most probably it is one of those skilful means of the Buddha, suggestive of his great compassion and wisdom. It served to tone down the overenthusiastic haste of *Bāhiya* and to arouse a reverential respect for the *Dhamma* in him.

Bāhiya repeated his request for the second time, adding: "I do not know whether

there will be a danger to the Exalted One's life or to my own life." For the second time the Buddha refused.

It was when *Bāhiya* made his request for the third time that the Buddha acceded to it by giving a terse discourse, *saṅkhitta Dhammadesanā*, of extraordinary depth. The exhortation, brief and deep as it is, was quite apt, since *Bāhiya Dārucīriya* belonged to that rare category of persons with quick understanding, *hippābhiññā*.^[508]

Tasmātiha te, Bāhiya, evaṃ sikkhitabbaṃ: diṭṭhe diṭṭhamattaṃ bhavissati, sute sutamattaṃ bhavissati, mute mutamattaṃ bhavissati, viññāte viññātamattaṃ bhavissati. Evaṃ hi te, Bāhiya,, sikkhitabbaṃ.

Yato kho te, Bāhiya, diṭṭhe diṭṭhamattaṃ bhavissati, sute sutamattaṃ bhavissati, mute mutamattaṃ bhavissati, viññāte viññātamattaṃ bhavissati, tato tvaṃ Bāhiya na tena. Yato tvaṃ Bāhiya na tena, tato tvaṃ Bāhiya na tattha. Yato tvaṃ Bāhiya na tattha, tato tvaṃ Bāhiya nev'idha na huraṃ na ubhayamantarena. Es'ev'anto dukkhassa.^[509]

No sooner had the Buddha finished his exhortation, the ascetic *Bāhiya* attained *arahant*-hood then and there. Let us now try to unravel the meaning of this abstruse discourse.

The discourse starts off abruptly, as if it had been wrested from the Buddha by *Bāhiya*'s repeated requests. *Tasmātiha, Bāhiya, evaṃ sikkhitabbaṃ*, "well then, *Bāhiya*, you had better train yourself thus". And what is that training?

"In the seen there will be just the seen, in the heard there will be just the heard, in the sensed there will be just the sensed, in the cognized there will be just the cognized. Thus, *Bāhiya*, should you train yourself."

It is as if the Buddha had addressed the ascetic *Bāhiya* in the terminology of the *Ariyans* and established him on the path to *Nibbāna*. Here the term *muta*, or "sensed", stands for whatever is experienced through the tongue, the nose, and the body.

The basic principle in this training seems to be the discipline to stop short at bare awareness, *diṭṭhe diṭṭhamattaṃ, sute sutamattaṃ*, etc. The latter half of the discourse seems to indicate what happens when one goes through that training. The entire discourse is a presentation of the triple training of morality, concentration and wisdom in a nutshell.

"And when to you, *Bāhiya*, there will be in the seen just the seen, in the heard just the heard, in the sensed just the sensed, in the cognized just the cognized, then, *Bāhiya*, you are not by it. And when you are not by it, you are not in it. And when, *Bāhiya*, you are not in it, then, *Bāhiya*, you are neither here, nor there, nor in between. This itself is the end of suffering."

As a literal translation this appears cryptic enough to demand an explanation. Let us first of all give a few clues to unravel the puzzle. The terms "by it", *tena*, and "in it", *tattha*, are rather elliptical. Though unexpressed, they seem to imply the relevance of *maññanā* to the whole problem. As we happened to mention earlier, imaginings or methinkings by way of craving, conceit and views, lead to an identification, for which the term used is *tammayatā*. Such an identification makes one unsteady, for when the thing identified with is shaken, one also gets shaken up.

This kind of imagining 'in terms of' is indicated by the elliptical *tena*, for we get a clear proof of it in the following two lines from the *Jarāsutta* in the *Aṭṭhakavagga* of the *Sutta Nipāta*.

*Dhono na hi tena maññati
yad idaṃ diṭṭhasutaṃ mutesu vā.* [\[510\]](#)

Dhona is a term for the *arahant* as one who has "shaken off" all defilements. So these lines could be rendered as follows:

"The *arahant*, the one who has shaken off,
Does not imagine 'in terms of'
Whatever is seen, heard and sensed."

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MIND STILLED 15

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santaṃ, etaṃ paṇītaṃ, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭṭhānissaggo taṇhakkhayo virāgo nirodho nibbānaṃ.* [\[511\]](#)

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks. This is the fifteenth sermon in the series of sermons on *Nibbāna*.

Towards the end of our last sermon we happened to quote a brief exhortation on *Dhamma* from the *Udāna*, which enabled the ascetic *Bāhiya Dārucīriya* to liberate his mind from imaginings and attain the state of non-identification, *atammayatā*, or *arahant*-hood. In order to attempt an exposition of that exhortation of the Buddha, which was pithy enough to bring about instantaneous *arahant*-hood, let us refresh our memory of that brief discourse to *Bāhiya*.

Tasmātiha te, Bāhiya, evaṃ sikkhitabbaṃ: diṭṭhe diṭṭhamattaṃ bhavissati, sute sutamattaṃ bhavissati, mute mutamattaṃ bhavissati, viññāte viññātamattaṃ bhavissati. Evaṃ hi te, Bāhiya, sikkhitabbaṃ.

Yato kho te, Bāhiya, diṭṭhe diṭṭhamattaṃ bhavissati, sute sutamattaṃ bhavissati, mute mutamattaṃ bhavissati, viññāte viññātamattaṃ bhavissati, tato tvaṃ Bāhiya na tena. Yato tvaṃ Bāhiya na tena, tato tvaṃ Bāhiya na tattha. Yato tvaṃ Bāhiya na tattha, tato tvaṃ Bāhiya nev'idha na huraṃ na ubhayamantarena. Es'ev'anto dukkhassa. [\[512\]](#)

"Well, then, *Bāhiya*, you had better train yourself thus: In the seen there will be just the seen, in the heard there will be just the heard, in the sensed there will be just the sensed, in the cognized there will be just the cognized. Thus, *Bāhiya*, should you train yourself. And when to you, *Bāhiya*, there will be in the seen just the seen, in the heard just the heard, in the sensed just the sensed, in the cognized just the cognized, then, *Bāhiya*, you will not be by it. And when, *Bāhiya*, you are not by it, then, *Bāhiya*, you are not in it. And when, *Bāhiya*, you are not in

it, then, *Bāhiya*, you are neither here nor there nor in between. This, itself, is the end of suffering."

As a clue to an exegesis of this discourse, we made an attempt, the other day, to unravel the meaning of the two puzzling terms in the text, namely, *na tena* and *na tattha*. These two terms are apparently unrelated to the context. To get at their significance, we brought up a quotation of two lines from the *Jarāsutta* of the *Aṭṭhakavagga* of the *Sutta Nipāta*.

Dhono na hi tena maññati

yadidaṃ diṭṭhasutaṃ mutesu vā. [\[513\]](#)

Dhona is a term for the *arahant* in the sense that he has "shaken off" the dust of defilements. So then, these two lines imply that the *arahant* does not imagine thereby, namely *yadidaṃ*, in terms of whatever is seen, heard or sensed. These two lines are, as it were, a random exegesis of our riddle terms in the *Bāhiyasutta*.

The first line itself gives the clue to the rather elliptical term *na tena*, which carries no verb with it. Our quotation makes it clear that the implication is *maññanā*, or imagining. *Dhono na hi tena maññati*, the *arahant* does not imagine 'by it' or 'thereby'.

Although the *Bāhiyasutta* makes no mention of the word *maññanā*, this particular expression seems to suggest that what is implied here is a form of imagining. By way of further proof we may allude to another quotation, which we had to bring up several times: *Yena yena hi maññanti, tato taṃ hoti aññathā.* [\[514\]](#) "In whatever terms they imagine it, thereby it turns otherwise". We came across another expression, which has a similar connotation: *tena ca mā maññi*, "do not be vain thereby". [\[515\]](#)

The first thing we can infer, therefore, from the above quoted two lines of the verse, is that what is to be understood by the elliptical expression *na tena* in the *Bāhiyasutta* is the idea of imagining, or in short, *na tena maññati*, "does not imagine thereby".

Secondly, as to what precisely is implied by the word *tena*, or "by it", can also be easily inferred from those two lines. In fact, the second line beginning with the word *yadidaṃ*, which means "namely" or "that is", looks like a commentary on the first line itself. The *dhono*, or the *arahant*, does not imagine 'thereby', namely by whatever is seen, heard and sensed.

The verse in question mentions only the three terms *diṭṭha*, *suta* and *muta*, whereas the *Bāhiyasutta* has as its framework the four terms *diṭṭha*, *suta*, *muta* and *viññāta*. Since what precedes the term *na tena* in the *Bāhiyasutta* is the fourfold premise beginning with *diṭṭhe diṭṭhamattaṃ bhavissati*, "when to you, *Bāhiya*, there will be in the seen just the seen", it stands to reason that what the Buddha meant by the term *na tena* is the attitude of not thinking 'in terms of' whatever is seen, heard, sensed or cognized. That is to say, not imagining 'thereby'.

This same attitude of not imagining 'thereby' is what is upheld in the *Mūlapariyāyasutta*, which we discussed at length on a previous occasion. [\[516\]](#) There we explained the word *maññanā*, "me-thinking", "imagining", taking as a paradigm the first term *paṭhavi*, occurring in the list of twenty-four terms given there. Among the twenty-four terms, we find mentioned the four relevant to our present problem, namely *diṭṭha*, *suta*, *muta* and *viññāta*. [\[517\]](#)

We are now used to the general schema of the *Mūlapariyāyasutta*, concerning the attitude of the three categories of persons mentioned there. Let us, for

instance, take up what is said in that context with regard to the *sekha*, or the monk in higher training.

Paṭhaviṃ paṭhavito abhiññāya paṭhaviṃ mā maññi, paṭhaviyā mā maññi, paṭhavito mā maññi, paṭhaviṃ me ti mā maññi, paṭhaviṃ mā abhinandi.

This is how the attitude of the *sekha* is described with regard to *paṭhavi*, or earth. Suppose we substitute *diṭṭha*, or the seen, in place of *paṭhavi*. This is what we should get:

Diṭṭhaṃ diṭṭhato abhiññāya diṭṭhaṃ mā maññi, diṭṭhasmiṃ mā maññi, diṭṭhato mā maññi, diṭṭhaṃ me ti mā maññi, diṭṭhaṃ mā abhinandi.

What the *sekha* has before him is a step of training, and this is how he has to train in respect of the four things, the seen, the heard, the sensed and the cognized. He should not imagine in terms of them.

For instance, he understands through higher knowledge, and not through the ordinary perception of the worldling, the seen as 'seen'. Having thus understood it, he has to train in not imagining the seen as a thing, by objectifying it. *Diṭṭhaṃ mā maññi*, let him not imagine a 'seen'. Also, let him not imagine 'in the seen', or 'from the seen'. We have already pointed out the relationship between these imaginings and the grammatical structure. [\[518\]](#)

This objectification of the seen gives rise to acquisitive tendencies, to imagine the seen as 'mine'. *Diṭṭhaṃ me ti mā maññi*, let him not imagine 'I have seen' or 'I have a seen'.

This acquisition has something congratulatory about it. It leads to some sort of joy, so the monk in higher training has to combat that too. *Diṭṭhaṃ mā abhinandi*, let him not delight in the seen.

It seems, then, that the Buddha has addressed the ascetic *Bāhiya Dārucīriya* in the language of the *ariyans*, for the very first instruction given to him was "in the seen there will be just the seen". So highly developed in wisdom and quick witted was *Bāhiya* [\[519\]](#) that the Buddha promptly asked him to stop short at the seen, by understanding that in the seen there is just the seen.

Not to have imaginings or me-thinkings about the seen is therefore the way to stop short at just the seen. If one does not stop short at just the seen, but goes on imagining in terms of 'in the seen', 'from the seen', etc., as already stated, one will end up with an identification, or *tammayatā*.

In our last sermon we brought up the term *tammayatā*. When one starts imagining in such terms about something, one tends to become one with it, *tammayo*, even as things made out of gold and silver are called golden, *suvaṇṇamaya*, and silvery, *rajatamaya*. It is as if one who grasps a gem becomes its owner and if anything happens to the gem he is affected by it. To possess a gem is to be possessed by it.

When one gets attached and becomes involved and entangled in the seen through craving, conceit and views, by imagining egoistically, the result is identification, *tammayatā*, literally "of-that-ness".

In this present context, however, the Buddha puts *Bāhiya Dārucīriya* on the path to non-identification, or *atammayatā*. That is to say, he advises *Bāhiya* not to indulge in such imaginings. That attitude leads to non-identification and detachment. When one has no attachments, involvements and entanglements regarding the seen, one does not have the notion of being in the seen.

Once we spoke about a children's hut into which the mother was invited. [\[520\]](#)

When she crept into that plaything of a hut, she did not seriously entertain the thought of being 'in' it. Similarly if one does not indulge in imaginings, one has no notion of being 'in' the seen.

This, then, is the significance of the words *na tattha*, "not in it". *Yato tvam Bāhiya na tena, tato tvam Bāhiya na tattha*. "When, *Bāhiya*, you are not by it, then, *Bāhiya*, you are not in it." That is to say, when for instance *Bāhiya* does not imagine 'by the seen', he is not 'in the seen'. Likewise, he is not in the heard, sensed or cognized. From this we can deduce the meaning of what follows.

Yato tvam Bāhiya na tattha, tato tvam Bāhiya nev'idha na huram na ubhayamantarena. At whatever moment you neither imagine 'by the seen' nor entertain the notion of being 'in the seen', which is tantamount to projecting an 'I' into the seen, then you are neither here nor there nor in between.

In a number of earlier sermons we have sufficiently explained the significance of the two ends and the middle as well as the above, the below and the across in the middle. What do they signify?

As we happened to point out on an earlier occasion, it is by driving the peg of the conceit 'am' that a world is measured out, construed or postulated. [\[521\]](#) We also pointed out that the grammatical structure springs up along with it. That is to say, together with the notion 'am' there arises a 'here'. 'Here' am I, he is 'there' and you are 'yon' or in front of me. This is the basic ground plan for the grammatical structure, known to grammar as the first person, the second person and the third person.

A world comes to be measured out and a grammatical structure springs up. This, in fact, is the origin of proliferation, or *papañca*. So it is the freedom from that proliferation that is meant by the expression *nev'idha na huram na ubhayamantarena*, "neither here nor there nor between the two". The notion of one's being in the world, or the bifurcation as 'I' and 'the world', is no longer there. *Es'ev'anto dukkhassa*, this, then, is the end of suffering, *Nibbāna*.

The fundamental first principles underlying this short exhortation of the Buddha could thus be inferred to some extent. We could perhaps elicit something more regarding the significance of the four key terms in question.

In the section of the fours in the *Aṅguttara Nikāya* we come across four modes of noble usages, *cattāro ariya vohārā*, [\[522\]](#) namely:

1. *diṭṭhe diṭṭhavāditā*
2. *sute sutavāditā*
3. *mute mutavāditā*
4. *viññāte viññātavāditā*.

These four are

1. asserting the fact of having seen in regard to the seen,
2. asserting the fact of having heard in regard to the heard,
3. asserting the fact of having sensed in regard to the sensed,
4. asserting the fact of having cognized in regard to the cognized.

Generally speaking, these four noble usages stand for the principle of truthfulness. In some discourses, as well as in the *Vinaya-piṭaka*, these terms are used in that sense. They are the criteria of the veracity of a statement in general,

not so much in a deep sense.

However, there are different levels of truth. In fact, truthfulness is a question of giving evidence that runs parallel with one's level of experience. At higher levels of experience or realization, the evidence one gives also changes accordingly.

The episode of Venerable *MahāTissa Thera* is a case in view.^[523] When he met a certain woman on his way, who displayed her teeth in a wily giggle, he simply grasped the sign of her teeth. He did not totally refrain from grasping a sign, but took it as an illustration of his meditation subject. Later, when that woman's husband, searching for her, came up to him and asked whether he had seen a woman, he replied that all he saw was a skeleton. Now that is a certain level of experience.

Similarly the concept of truthfulness is something that changes with levels of experience. There are various degrees of truth, based on realization. The highest among them is called *paramasacca*.^[524] As to what that is, the *Dhātuviḥāṅgasutta* itself provides the answer in the following statement of the Buddha.

Etañhi, bhikkhu, paramaṃ ariyasaccaṃ yadidaṃ amosadhammaṃ Nibbānaṃ.^[525] "Monk, this is the highest noble truth, namely *Nibbāna*, that is of a non-falsifying nature." All other truths are falsified when the corresponding level of experience is transcended. But *Nibbāna* is the highest truth, since it can never be falsified by anything beyond it.

The fact that it is possible to give evidence by this highest level of experience comes to light in the *Chabbisodhanasutta* of the *Majjhima Nikāya*. In this discourse we find the Buddha instructing the monks as to how they should interrogate a fellow monk who claims to have attained *arahant*-hood. The interrogation has to follow certain criteria, one of which concerns the four standpoints *diṭṭha*, *suta*, *muta* and *viññāta*, the seen, the heard, the sensed and the cognized.

What sort of answer a monk who rightly claims to *arahant*-hood would give is also stated there by the Buddha. It runs as follows: *Diṭṭhe kho ahaṃ, āvuso, anupāyo anapāyo anissito appaṭibaddho vippamutto visamṃyutto vimariyādikatena cetasā viharāmi.*^[526]

Here, then, is the highest mode of giving evidence in the court of Reality as an *arahant*. "Friends, with regard to the seen, I dwell unattracted, unrepelled, independent, uninvolved, released, unshackled, with a mind free from barriers."

He is unattracted, *anupāyo*, by lust and unrepelled, *anapāyo*, by hate. He is not dependent, *anissito*, on cravings, conceits and views. He is not involved, *appaṭibaddho*, with desires and attachments and is released, *vippamutto*, from defilements. He is no longer shackled, *visamṃyutto*, by fetters and his mind is free from barriers.

What these barriers are, we can easily infer. They are the bifurcations such as the internal and the external, *ajjhata bahiddhā*, which are so basic to what is called existence, *bhava*. Where there are barriers, there are also attachments, aversions and conflicts. Where there is a fence, there is defence and offence.

So the *arahant* dwells with a mind unpartitioned and barrierless, *vimariyādikatena cetasā*. To be able to make such a statement is the highest standard of giving evidence in regard to the four noble usages.

It is also noteworthy that in the *Bāhiyasutta* the Buddha has presented the triple training of higher morality, higher concentration and higher wisdom, *adhisīla*, *adhicitta* and *adhipaññā*, through these four noble usages. The commentary, too,

accepts this fact.^[527] But this is a point that might need clarification. How are we to distinguish between morality, concentration and wisdom in this brief exhortation?

Now how does the exhortation begin? It opens with the words *tasmātiha te, Bāhiya, evaṃ sikkhitabbaṃ*, "well then, Bāhiya, you should train yourself thus." This is an indication that the Buddha introduced him to a course of training, and this is the preliminary training:

Diṭṭhe diṭṭhamattaṃ bhavissati, sute sutamattaṃ bhavissati, mute mutamattaṃ bhavissati, viññāte viññātamattaṃ bhavissati. "In the seen there will be just the seen, in the heard there will be just the heard, in the sensed there will be just the sensed, in the cognized there will be just the cognized."

What is hinted at by this initial instruction is the training in higher morality, *adhisīlasikkhā*. The most important aspect of this training is the morality of sense-restraint, *indriya saṃvara sīla*. The first principles of sense-restraint are already implicit in this brief instruction.

If one stops short at just the seen in regard to the seen, one does not grasp a sign in it, or dwell on its details. There is no sorting out as 'this is good', 'this is bad'. That itself conduces to sense-restraint. So we may conclude that the relevance of this brief instruction to the morality of sense-restraint is in its enjoining the abstention from grasping a sign or dwelling on the details. That is what pertains to the training in higher morality, *adhisīlasikkhā*.

Let us see how it also serves the purpose of training in higher concentration. To stop at just the seen in the seen is to refrain from discursive thought, which is the way to abandon mental hindrances. It is discursive thought that brings hindrances in its train. So here we have what is relevant to the training in higher concentration as well.

Then what about higher wisdom, *adhipaññā*? Something more specific has to be said in this concern. What precisely is to be understood by higher wisdom in this context? It is actually the freedom from imaginings, *maññanā*, and proliferation, *papañca*.

If one stops short at just the seen in the seen, such ramifications as mentioned in discourses like the *Mūlapariyāyasutta* do not come in at all. The tendency to objectify the seen and to proliferate it as 'in it', 'from it' and 'it is mine' receives no sanction. This course of training is helpful for the emancipation of the mind from imaginings and proliferations.

The Buddha has compared the six sense-bases, that is eye, ear, nose, tongue, body and mind, to a deserted village.^[528] *Suññaṃ idaṃ attena vā attaniyena vā.* "This is void of a self or anything belonging to a self." All these sense-bases are devoid of a self or anything belonging to a self. Therefore they are comparable to a deserted village, a village from which all inhabitants have fled.

The dictum 'in the seen there will be just the seen' is an advice conducive to the attitude of regarding the six sense-bases as a deserted village. This is what pertains to higher wisdom in the Buddha's exhortation.

Papañca, or prolific conceptualisation, is a process of transaction with whatever is seen, heard, sensed, etc. So here there is no process of such transaction. Also, when one trains oneself according to the instruction "in the seen there will be just the seen, in the heard there will be just the heard, in the sensed there will be just the sensed, in the cognized there will be just the cognized", that identification implied by the term *tammayatā* will no longer be

there.

Egotism, the conceit 'am' and all what prompts conceptual proliferation will come to an end. This kind of training uproots the peg of the conceit 'am', thereby bringing about the cessation of prolific conceptualisation, the cessation of becoming and the cessation of suffering.

We can therefore conclude that the entire triple training is enshrined in this exhortation. What happens as a result of this training is indicated by the riddle like terms *na tena, na tattha, nev'idha na huraṃ na ubhayamantarena*.

When the wisdom of the ascetic *Bāhiya Dārucīriya* had sufficiently matured by following the triple course of training, the Buddha gave the hint necessary for realization of that cessation of becoming, which is *Nibbāna*, in the following words: "Then, *Bāhiya*, you will not be by it. And when, *Bāhiya*, you are not by it, then, *Bāhiya*, you are not in it. And when, *Bāhiya*, you are not in it, then, *Bāhiya*, you are neither here nor there nor in between. This, itself, is the end of suffering."

This sermon, therefore, is one that succinctly presents the quintessence of the *Saddhamma*. It is said that the mind of the ascetic *Bāhiya Dārucīriya* was released from all influxes immediately on hearing this exhortation.

Now let us come back to the sequence of events in the story as mentioned in the *Udāna*. It was after the Buddha had already set out on his alms round that this sermon was almost wrenched from him with much insistence. When it had proved its worth, the Buddha continued with his alms round. Just then a cow with a young calf gored the *arahant Bāhiya Dārucīriya* to death.

While returning from his alms round with a group of monks, the Buddha saw the corpse of the *arahant Bāhiya*. He asked those monks to take the dead body on a bed and cremate it. He even told them to build a cairn enshrining his relics, saying: "Monks, a co-celibate of yours has passed away."

Those monks, having carried out the instructions, came back and reported to the Buddha. Then they raised the question: "Where has he gone after death, what is his after death state?" The Buddha replied: "Monks, *Bāhiya Dārucīriya* was wise, he lived up to the norm of the *Dhamma*, he did not harass me with questions on *Dhamma*. Monks, *Bāhiya Dārucīriya* has attained *Parinibbāna*."

In conclusion, the Buddha uttered the following verse of uplift:

*Yattha āpo ca paṭhavi,
tejo vāyo na gādhati,
na tattha sukkā jotanti,
ādicco nappakāsati,
na tattha candimā bhāti,
tamo tattha na vijjati.
Yadā ca attanāvedī,
muni monena brāhmaṇo,
atha rūpā arūpā ca,
sukhadukkhā pamuccati.*^[529]

On the face of it, the verse seems to imply something like this:

"Where water, earth, fire and air

Do not find a footing,
There the stars do not shine,
And the sun spreads not its lustre,
The moon does not appear resplendent there,
And no darkness is to be found there.

When the sage, the brahmin with wisdom,
Understands by himself,
Then is he freed from form and formless,
And from pleasure and pain as well."

The commentary to the *Udāna, Paramatthadīpanī*, gives a strange interpretation to this verse. It interprets the verse as a description of the destination of the *arahant Bāhiya Dārucīriya* after he attained *Parinibbāna*, the place he went to. [\[530\]](#) Even the term *Nibbānagati* is used in that connection, the 'place' one goes to in attaining *Parinibbāna*. That place, according to the commentary, is not easily understood by worldlings. Its characteristics are said to be the following:

The four elements, earth, water, fire and air, are not there. No sun, or moon, or stars are there. The reason why the four elements are negated is supposed to be the fact that there is nothing that is compounded in the uncompounded *Nibbāna* element, into which the *arahant* passes away.

Since no sun, or moon, or stars are there in that mysterious place, one might wonder why there is no darkness either. The commentator tries to forestall the objection by stating that it is precisely because one might think that there should be darkness when those luminaries are not there, that the Buddha emphatically negates it. So the commentarial interpretation apparently leads us to the conclusion that there is no darkness in the *Nibbāna* element, even though no sun or moon or stars are there.

The line of interpretation we have followed throughout this series of sermons allows us to depart from this commentarial trend. That place where earth, water, fire and air do not find a footing is not where the *arahant Bāhiya Dārucīriya* had 'gone' when he passed away. The commentator seems to have construed this verse as a reply the Buddha gave to the question raised by those monks. Their question was: "Where has he gone after death, what is his after death state?" They were curious about his borne.

But when we carefully examine the context, it becomes clear that they raised that question because they did not know that the corpse they cremated was that of an *arahant*. Had they known it, they would not have even asked that question. That is precisely the reason for the Buddha's declaration that *Bāhiya* attained *Parinibbāna*, a fact he had not disclosed before. He added that *Bāhiya* followed the path of *Dhamma* without harassing him with questions and attained *Parinibbāna*.

Now that is the answer proper. To reveal the fact that *Bāhiya* attained *Parinibbāna* is to answer the question put by those inquisitive monks. Obviously they knew enough of the *Dhamma* to understand then, that their question about the borne and destiny of Venerable *Bāhiya* was totally irrelevant.

So then the verse uttered by the Buddha in conclusion was something extra. It was only a joyous utterance, a verse of uplift, coming as a grand finale to the whole episode.

Such verses of uplift are often to be met with in the *Udāna*. As we already

mentioned, the verses in the *Udāna* have to be interpreted very carefully, because they go far beyond the implications of the story concerned.^[531] They invite us to take a plunge into the ocean of *Dhamma*. Just one verse is enough. The text is small but deep. The verse in question is such a spontaneous utterance of joy. It is not the answer to the question 'where did he go?'

Well, in that case, what are we to understand by the word *yattha*, "where"? We have already given a clue to it in our seventh sermon with reference to that non-manifestative consciousness, *anidassana viññāṇa*. What the Buddha describes in this verse, is not the place where the Venerable *arahant Bāhiya* went after his demise, but the non-manifestative consciousness he had realized here and now, in his concentration of the fruit of *arahant-hood*, or *arahattaphalasamādhī*.

Let us hark back to the four lines quoted in the *Kevaḍḍhasutta*.

*Viññāṇaṃ anidassanaṃ,
anantaṃ sabbato pabhaṃ,
ettha āpo ca paṭhavī,
tejo vāyo na gādhati.*^[532]

"Consciousness which is non-manifestative,
Endless, lustrous on all sides,
It is here that water, earth,
Fire and air no footing find."

The first two lines of the verse in the *Bāhiyasutta*, beginning with the correlative *yattha*, "where", find an answer in the last two lines quoted above from the *Kevaḍḍhasutta*. What is referred to as "it is here", is obviously the non-manifestative consciousness mentioned in the first two lines. That problematic place indicated by the word *yattha*, "where", in the *Bāhiyasutta*, is none other than this non-manifestative consciousness.

We had occasion to explain at length in what sense earth, water, fire and air find no footing in that consciousness. The ghostly elements do not haunt that consciousness. That much is clear. But how are we to understand the enigmatic reference to the sun, the moon and the stars? It is said that the stars do not shine in that non-manifestative consciousness, the sun does not spread its lustre and the moon does not appear resplendent in it, nor is there any darkness. How are we to construe all this?

Briefly stated, the Buddha's declaration amounts to the revelation that the sun, the moon and the stars fade away before the superior radiance of the non-manifestative consciousness, which is infinite and lustrous on all sides.

How a lesser radiance fades away before a superior one, we have already explained with reference to the cinema in a number of earlier sermons.^[533] To sum up, the attention of the audience in a cinema is directed to the narrow beam of light falling on the screen. The audience, or the spectators, are seeing the scenes making up the film show with the help of that beam of light and the thick darkness around.

This second factor is also very important. Scenes appear not simply because of the beam of light. The thickness of the darkness around is also instrumental in it. This fact is revealed when the cinema hall is fully lit up. If the cinema hall is suddenly illuminated, either by the opening of doors and windows or by some electrical device, the scenes falling on the screen fade away as if they were

erased. The beam of light, which was earlier there, becomes dim before the superior light. The lesser lustre is superseded by a greater lustre.

We might sometimes be found fault with for harping on this cinema simile, on the ground that it impinges on the precept concerning abstinence from enjoying dramatic performances, song and music. But let us consider whether this cinema is something confined to a cinema hall.

In the open air theatre of the world before us, a similar phenomenon of supersedence is occurring. In the twilight glow of the evening the twinkling stars enable us to faintly figure out the objects around us, despite the growing darkness. Then the moon comes up. Now what happens to the twinkling little stars? They fade away, their lustre being superseded by that of the moon.

Then we begin to enjoy the charming scenes before us in the serene moonlit night. The night passes off. The day light gleam of the sun comes up. What happens then? The soft radiance of the moon wanes before the majestic lustre of the sun. The moon gets superseded and fades away. Full of confidence we are now watching the multitude of technicoloured scenes in this massive theatre of the world. In broad daylight, when sunshine is there, we have no doubt about our vision of objects around us.

But now let us suppose that the extraneous defilements in the mind of a noble disciple, treading the noble eightfold path, get dispelled, allowing its intrinsic lustre of wisdom to shine forth. What happens then? The stars, the moon and the sun get superseded by that light of wisdom. Even the forms that one had seen by twilight, moonlight and sunlight fade away and pale into insignificance. The umbra of form and the penumbra of the formless get fully erased.

In the previous sermon we happened to mention that form and space are related to each other, like the picture and its background. Now all this is happening in the firmament, which forms the background. We could enjoy the scenes of the world cinema, because of that darkness. The twilight, the moonlight and the sunlight are but various levels of that darkness.

The worldling thinks that one who has eyes must surely see if there is sunshine. He cannot think of anything beyond it. But the Buddha has declared that there is something more radiant than the radiance of the sun. *Natthi paññāsamā ābhā*, "there is no radiance comparable to wisdom". [\[534\]](#)

Let us hark back to a declaration by the Buddha we had already quoted in a previous sermon. *Catasso imā, bhikkhave, pabhā. Katamā catasso? Candappabhā, sūriyappabhā, aggippabhā, paññappabhā, imā kho, bhikkhave, catasso pabhā. Etadaggaṃ, bhikkhave, imāsaṃ catunnaṃ pabhānaṃ, yad idaṃ paññappabhā*. [\[535\]](#) "Monks, there are these four lustres. What four? The lustre of the moon, the lustre of the sun, the lustre of fire, the lustre of wisdom. These, monks, are the four lustres. This, monks, is the highest among these four lustres, namely the lustre of wisdom."

So, then, we can now understand why the form and the formless fade away. This wisdom has a penetrative quality, for which reason it is called *nibbedhikā paññā*. [\[536\]](#) When one sees forms, one sees them together with their shadows. The fact that one sees shadows there, is itself proof that darkness has not been fully dispelled. If light comes from all directions, there is no shadow at all. If that light is of a penetrative nature, not even form will be manifest there.

Now it is mainly due to what is called 'form' and 'formless', *rūpa/arūpa*, that the worldling experiences pleasure and pain in a world that distinguishes between a 'pleasure' and a 'pain'.

Though we have departed from the commentarial path of exegesis, we are now in a position to interpret the cryptic verse in the *Bāhiyasutta* perhaps more meaningfully. Let us now recall the verse in question.

*Yattha āpo ca paṭhavi,
tejo vāyo na gādhati,
na tattha sukkā jotanti,
ādicco nappakāsati,
na tattha candimā bhāti,
tamo tattha na vijjati.*

*Yadā ca attanāvedī,
muni monena brāhmaṇo,
atha rūpā arūpā ca,
sukhadukkhā pamuccati.* [\[537\]](#)

The verse can be fully explained along the lines of interpretation we have adopted. By way of further proof of the inadequacy of the commentarial explanation of the references to the sun, the moon and the stars in this verse, we may draw attention to the following points.

According to the commentary the verse is supposed to express that there are no sun, moon or stars in that mysterious place called *anupādisesa Nibbānadhātu*, which is incomprehensible to worldlings. We may, however, point out that the verbs used in the verse in this connection do not convey the sense that the sun, the moon and the stars are simply non-existent there. They have something more to say.

For instance, with regard to the stars it is said that there the stars do not shine, *na tattha sukkā jotanti*. If in truth and fact stars are not there, some other verb like *na dissanti*, "are not seen", or *na vijjanti*, "do not exist", could have been used.

With reference to the sun and the moon, also, similar verbs could have been employed. But what we actually find here, are verbs expressive of spreading light, shining, or appearing beautiful: *Na tattha sukkā jotanti*, "there the stars do not shine"; *ādicco nappakāsati*, "the sun spreads not its lustre"; *na tattha candimā bhāti*, "the moon does not appear resplendent there".

These are not mere prosaic statements. The verse in question is a joyous utterance, *Udānagāthā*, of extraordinary depth. There is nothing recondite about it.

In our earlier assessment of the commentarial interpretation we happened to lay special stress on the words 'even though'. We are now going to explain the significance of that emphasis. For the commentary, the line *tamo tattha na vijjati*, "no darkness is to be found there", is a big riddle. The sun, the moon and the stars are not there. Even though they are not there, presumably, no darkness is to be found there.

However, when we consider the law of superseding, we have already mentioned, we are compelled to give a totally different interpretation. The sun, the moon and the stars are not manifest, precisely because of the light of that non-manifestative consciousness. As it is lustrous on all sides, *sabbato pabha*, there is no darkness there and luminaries like the stars, the sun and the moon do not

shine there.

This verse of uplift thus reveals a wealth of information relevant to our topic. Not only the exhortation to *Bāhiya*, but this verse also throws a flood of light on the subject of *Nibbāna*.

That extraordinary place, which the commentary often identifies with the term *anupādisesa Nibbānadhātu*, is this mind of ours. It is in order to indicate the luminosity of this mind that the Buddha used those peculiar expressions in this verse of uplift.

What actually happens in the attainment to the fruit of *arahant*-hood? The worldling discerns the world around him with the help of six narrow beams of light, namely the six sense-bases. When the superior lustre of wisdom arises, those six sense-bases go down. This cessation of the six sense-bases could also be referred to as the cessation of name-and-form, *nāmarūpanirodha*, or the cessation of consciousness, *viññāṇanirodha*.

The cessation of the six sense-bases does not mean that one does not see anything. What one sees then is voidness. It is an in-'sight'. He gives expression to it with the words *suñño loko*, "void is the world". What it means is that all the sense-objects, which the worldling grasps as real and truly existing, get penetrated through with wisdom and become non-manifest.

If we are to add something more to this interpretation of the *Bāhiyasutta* by way of review, we may say that this discourse illustrates the six qualities of the *Dhamma*, namely *svākkhāto*, well proclaimed, *sandiṭṭhiko*, visible here and now, *akāliko*, timeless, *ehi-passiko*, inviting to come and see, *opanayiko*, leading onward and *paccattaṃ veditabbo viññūhi*, to be realized by the wise each one by himself. These six qualities are wonderfully exemplified by this discourse.

In a previous sermon we had occasion to bring up a simile of a dewdrop, dazzling in the morning sunshine.^[538] The task of seeing the spectrum of rainbow colours through a tiny dewdrop hanging from a creeper or a leaf is one that calls for a high degree of mindfulness. Simply by standing or sitting with one's face towards the rising sun, one will not be able to catch a glimpse of the brilliant spectrum of rainbow colours through the dewdrop. It requires a particular viewpoint. Only when one focuses on that viewpoint, can one see it.

So it is with the spectrum of the six qualities of the *Dhamma*. Here, too, the correct viewpoint is a must, and that is right view. Reflection on the meaning of deep discourses helps one to straighten up right view.

Where right view is lacking, morality inclines towards dogmatic attachment to rituals, *sīlabbataparāmāsa*. Concentration turns out to be wrong concentration, *micchā samādhi*.

Like the one who sits facing the sun, one might be looking in the direction of the *Dhamma*, but right view is not something one inherits by merely going to refuge to the Buddha. It has to be developed with effort and proper attention. View is something that has to be straightened up. For *diṭṭhujukamma*, the act of straightening up one's view is reckoned as one of the ten skilful deeds, *kusalakamma*.

So however long one may sit with folded legs, gazing at the Buddha sun, one might not be able to see the six rainbow colours of the *Dhamma*. One may be short of just one-hundredth of an inch as the proper adjustment for right view. Yet it is a must. Once that adjustment is made, one immediately, then and there, *tavad'eva*, catches a glimpse of the spectrum of the *Dhamma* that the Buddha has

proclaimed.

We have stressed the importance of right view in particular, because many are grappling with a self created problem, concerning the proper alignment between the triple training and the right view of the noble eightfold path.

Now as to the triple training, morality, concentration and wisdom, we find wisdom mentioned last. It seems, then, that we have to perfect morality first, then develop concentration, and only lastly wisdom. One need not think of wisdom before that. But when we come to the noble eightfold path, we find a different order of values. Here right view takes precedence. As a matter of fact, in the *Mahācattārīsakasutta* of the *Majjhima Nikāya* we find the Buddha repeatedly declaring emphatically *tatra, bhikkhave, sammā diṭṭhi pubbaṅgamā*, "monks, therein right view takes precedence".^[539] Even in a context where the subject is morality, we find a similar statement. So how are we to resolve this issue?

In the noble eightfold path, pride of place is given to right view, which is representative of the wisdom group. As the well-known definition goes, right view and right thoughts belong to the wisdom group; right speech, right action and right livelihood come under the morality group; and right effort, right mindfulness and right concentration belong to the concentration group.

So in this way, in the noble eightfold path, wisdom comes first, then morality and lastly concentration. But in the context of these three groups, firstly comes morality, secondly concentration and lastly wisdom. Here, too, the answer given by the *arahant*-nun Venerable *Dhammadinnā* to the lay disciple *Visākhā* comes to our aid.

The lay disciple *Visākhā* poses the following question to Venerable *Dhammadinnā*: *Ariyena nu kho ayye aṭṭhaṅgikena maggena tayo khandhā saṅgahitā, udāhu tīhi khandhehi ariyo aṭṭhaṅgiko maggo saṅgahito?* "Good lady, are the three groups morality, concentration and wisdom, included by the noble eightfold path, or is the noble eightfold path included by the three groups?"^[540]

Even at that time there may have been some who raised such questions. That is probably the reason for such a query. Then the *arahant*-nun *Dhammadinnā* answers: *Na kho āvuso Visākhā ariyena aṭṭhaṅgikena maggena tayo khandhā saṅgahitā, tīhi ca kho āvuso Visākhā khandhehi ariyo aṭṭhaṅgiko maggo saṅgahito.* "Friend *Visākhā*, it is not that the threefold training is included by the noble eightfold path, but the noble eightfold path is included by the threefold training."

Since this appears to be something of a tangle, let us try to illustrate the position with some other kind of tangle. Suppose someone is trying to climb up a long rope, made up of three strands. As he climbs up, his fingertips might come now in contact with the first strand, now with the second and now with the third. He is not worried about the order of the three strands, so long as they are well knit. One can safely climb up, holding onto the three strands, only when they are firmly wound up into a sturdy rope.

All these questions seem to have arisen due to an attitude of taking too seriously the numerical order of things. To the noble disciple climbing up the rope of the noble eightfold path, there need not be any confusion between the numerical order of the triple training and that of the noble eightfold path. But if someone taking the cue from the order of the triple training neglects right view or ignores its prime import, he might end up confused.

All in all, we are now in a position to correctly assess the deep significance of the *Bāhiyasutta*. Here we have the quintessence of the entire *Saddhamma*. We are not confronted with heaps of perceptual data, which we are told today are

essential requisites for admission into the 'city' of *Nibbāna*.

For the ordinary worldling, amassing a particular set of percepts or concepts seems a qualification for entering *Nibbāna*. But what we have here, is a way of liberating the mind even from latencies to percepts, cf. *saññā nānuseti, Madhupiṇḍikasutta*, "perceptions do not lie latent."^[541] There is no heaping up anew.

What are called "extraneous taints", *āgantukā upakkilesā*,^[542] are not confined to the well known defilements in the world. They include all the rust and dust we have been collecting throughout this long *saṃsāra*, with the help of the influxes, *āsavā*. They include even the heap of percepts which the world calls 'knowledge'. Even numerals are part of it.

The Buddha has briefly expressed here the mode of practice for disabusing the mind from all such taints. Therefore there is no reason for underestimating the value of this discourse, by calling it *vohāra desanā*, conventional teaching. This discourse in the *Udāna* is one that is truly 'up'-lifting.

It indeed deserves a paeon of joy.

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MIND STILLED 16

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānam.*^[543]

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction".

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks. This is the sixteenth sermon in the series of sermons on *Nibbāna*.

In the course of our discussion of the *Bāhiyasutta* in our last sermon, we drew attention to the wide gap that exists between the sensory experience of the worldling and that experience the *arahant* gets through the eye of wisdom. It is the same gap that obtains between the two terms *papañca* and *nippapañca*. In sensory experience, which is based on worldly expressions, worldly usages and worldly concepts, there is a discrimination between a thing to be grasped and the one who grasps, or, in other words, a subject-object relationship.

There is always a bifurcation, a dichotomy, in the case of sensory perception. If there is a seen, there has to be something seen and the one who sees. That is the logic. In the *Bāhiyasutta*, beginning with 'in the seen there will be just the seen', the Buddha proclaimed to the ascetic *Bāhiya* a brief exhortation on *Dhamma* which enables one to transcend the above narrow view point and attain the state of non-proliferation or *nippapañca*.

There is nothing to see, no one to see, only 'a seen' is there. The cause of all

these conceptual proliferation, or *papañca*, in the world is contact. The *arahants* understood this by their insight into the fact that the seen, the heard, the sensed and the cognized are simply so many collocations of conditions which come together for a moment due to contact, only to break up and get dispersed the next moment.

What is called the seen, the heard, the sensed and the cognized are for the worldling so many 'things'. But to the wisdom eye of the *arahants* they appear as mere conglomerations of conditions, dependent on contact, which momentarily come together and then get dispersed. This insight into the dependence on contact, *phassam paṭicca*, is the very essence of the law of dependent arising, *paṭicca samuppāda*. It is equivalent to seeing the law of dependent arising itself.

In order to transcend the narrow point of view limited to the bases of sense contact or the six sense spheres and realize the state of *Nibbāna* indicated by the words *viññāṇaṃ anidassanaṃ, anantaṃ sabbato pabhaṃ*,^[544] "consciousness which is non-manifestative, endless, lustrous on all sides", one has to see the cessation of contact.

In a certain discourse in the *Mucalindavagga* of the *Udāna*, the Buddha has declared in a verse of uplift that the cessation of contact comes about only by doing away with that which brings about contact. The wandering ascetics of other sects grew jealous of the Buddha and his congregation of monks, because of their own loss of gain and honour, and began to hurl abuse on monks in the village and in the forest. A group of monks came and reported this to the Buddha. The Buddha's response to it was only a paean of joy. *Udāna* actually means a spontaneous utterance of joy, and the verse he uttered was such a one. But it embodied an instruction on *Dhamma* and a norm of *Dhamma* as well.

*Gāme araññe sukhadukkhaphuṭṭho,
nev'attato no parato dahetha,
phusanti phassā upadhiṃ paṭicca,
Nirūpadhiṃ kena phuseyyum phassā.*^[545]

In the first two lines we get an instruction:

"Touched by pain in village or in forest,
Think not in terms of oneself or others"

The reason for it is given in the norm of *Dhamma* which follows:

"Touches can touch one, because of assets,
How can touches touch him, who is asset-less?"

This is all what the Buddha uttered. From this we can glean another aspect of the significance of the terms *sabbūpadhipaṭinissagga*, relinquishment of all assets, and *nirupadhi*, the asset-less, used with reference to *Nibbāna*.

In a number of previous sermons we happened to explain the concept of *upadhi* to some extent, as and when the terms *upadhi* and *paṭinissagga* came up.^[546] To refresh our memory, we may summarize all that now. What is the concept of *upadhi*, or "assets", recognized by the world?

Whatever that bolsters up the ego, be it gold, silver, pearls, gems, money, house and property, deposits and assets. All these are reckoned as *upadhi* in general. But when considered from the point of view of *Dhamma*, *upadhi* in a deeper sense stands for this fivefold grasping groups, *pañcupādānakkhandha*.

Upādānakkhandha literally means "groups of grasping". Groups of grasping do

not necessarily imply that there are material objects to be grasped. But the worldling, overcome by that triple proliferation of cravings, conceits and views, and carried away by the worldly conventions, imagines those groups of grasping as things grasped and deposited. The concept of *upadhi* as assets has arisen as a result of this tendency to think of groups of grasping as things grasped and deposited. So it turns out to be a question of viewpoint.

Cravings, conceits and views prompt one to look upon all what one has grasped so far and what one hopes to grasp in the future as things one is grasping right now. One thinks of them as things deposited in a safe. The worldlings are holding on to such a mass of assets.

Nibbāna is the relinquishment of all such assets, accumulated in the mind. In order to relinquish these assets there must be some kind of understanding - an enlightenment. The vanity of all these assets has to be seen through by the light of wisdom. It is only by seeing their vanity that the assets are relinquished. In fact it is not so much a deliberate giving up of assets, as a sequential liquidation.

In a previous sermon we gave an illustration of the situation that precipitates relinquishment. Let us bring it up again. We found the cinema quite helpful as an illustration. In explaining the phenomenon of relinquishment of assets with reference to the cinema, we described how the assets accumulated in the minds of the audience, that is, the assets proper to the cinema world woven around the story that is filmed, are automatically abandoned when the cinema hall gets lit up.^[547] Then one understands the illusory nature of what has been going on. It is that understanding, that enlightenment, which precipitates the giving up or relinquishment of assets.

To go a step further in this illustration, when lights came on the *saṅkhāras* or preparations pertaining to the film show got exposed for what they are. In fact, *saṅkhāra* is a word that has associations with the dramatic tradition in its relation to the acting of actors and actresses down to their make-up, which is so artificial and spurious.

When the cinema hall gets lit up all of a sudden, one who has been enjoying the film show is momentarily thrown out of the cinema world, because those preparations are pacified or nullified, *sabba saṅkhārasamatho*. As a consequence of it, the heap of experiences which he had hitherto regarded as real and genuine, lose their sanction. Those assets get liquidated or relinquished, *sabbūpadhipaṭinissagga*. In their absence, that craving necessary for the appreciation or enjoyment of the scenes to come becomes extinct, *taṇhakkhayo*. When craving is gone, the floridity of the scenes to come also fades away, *virāga*. With that fading away or decolouration, the film show ceases for the person concerned, *nirodha*, though technically the movie is going on. Because of that cessation all the fires of defilements proper to the cinema world, with which he was burning, get extinguished, *Nibbāna*.

So here we have the full gamut of the cinema simile as an illustration for *Nibbāna*. This kind of awakening in the cinema world gives us a clue to the fact that the assets, *upadhi*, are relinquished through an understanding born of enlightenment in the light of wisdom. This in fact is something that should be deeply ingrained in our minds. Therefore we shall endeavour to give some more illustrations to that effect.

In our everyday life, too, we sometimes see and hear of instances where assets get relinquished due to understanding. Someone heaps up a huge bundle of currency notes of the highest denomination, deposits it in his safe and keeps

watch and ward over it day and night. One fine morning he wakes up to hear that for some reason or other that currency note has been fully devalued by law the previous night. How does he look upon the wads of notes in his safe now? For him, it is now a mere heap of papers. The craving, conceit and view he had earlier in regard to the notes are completely gone. The bank notes are no longer valid. He might as well make a bonfire of it. So this is some sort of relinquishment of assets in the world, however temporary it may be.

Another person gets a sudden transfer and is getting ready to leave for his new station. His immovable assets he is forced to leave behind, but his movable assets he hurriedly gathers up to take with him. The vehicle has already come and is tooting impatiently, signalling delay. It is well past time, but his 'preparations' are not finished. Time-pressed, in hot haste, he is running here and there. At last, when he can delay no longer, he grabs the utmost he can take and darts to the doorstep. Just then, he wakes up. It was only a dream! The transfer came in a dream. No real vehicle, no real preparation, only a panting for nothing!

So here we have an 'awakening' peculiar to the dream world. This is an instance of letting go of assets connected with a dream. We go through such experiences quite often. Of course, we take it for granted that when we pass from the dream world to the real world, the assets proper to the dream world drop off. But are we sure that in leaving the dream world we are entering a real world? Is awakening from a dream a true awakening when considered from the point of view of the *Dhamma*? Do we actually open our eyes, when we awaken from a dream?

Terms like *Buddha*, *bodhi* and *sambodhi* convey the sense of awakening as well as understanding. Sometimes in the *Dhamma* the emphasis is on the sense of awakening. Here then is a kind of awakening.

Expressions like *dhammacakkhu*, "Dhamma-eye", *paññācakkhu*, "Wisdom-eye", and *cakkhum udapādi*, "the eye arose", bespeak of an arising of some sort of an eye. We already have eyes, but an eye is said to arise. All this goes to show that in the context of *Nibbāna*, where we are concerned with the deeper aspects of the *Dhamma*, the awakening from a dream is not a true awakening. It is only a passage from one dream world to another.

But let us see how the concept of *upadhi*, or assets, goes deeper. What lies before us is the dream of *saṃsāra*. In order to awaken from this dream, we have to understand somehow the vanity of all assets connected with the dream that is *saṃsāra*. The fact that this understanding also comes through some illumination we have already explained the other day in our discussion of the paean of joy at the end of the *Bāhiyasutta*.^[548] As we pointed out then, the world of the six sense-bases which the worldlings regard as 'their world', when examined against the background of that *Udāna* verse reveals itself to be no more than six narrow beams of light, appearing through a solidly thick curtain, namely the darkness of delusion.

We happened to mention the other day that the sun, the moon and the stars shine precisely because of the presence of darkness. In the non-manifestative consciousness which is infinite and lustrous all round, *viññāṇaṃ anidassanaṃ, anantaṃ sabbaṭo pabhaṃ*, sun, moon and stars are not manifest, because there is absolutely no darkness for them to shine forth. Even the formless, which is the penumbra of form, disappears in that penetrative lustre of wisdom.

So the relinquishment of all assets, *Nibbāna*, is not like the other temporary awakenings already mentioned. Those three instances of awakening are of a temporary nature. The awakening in the cinema world is extremely short lived.

That film fan, although he became disenchanted with the scenes because of the unexpected sudden illumination of the cinema hall, when it is dark again, influxes of sensuality, existence and ignorance so overwhelm him that he gets engrossed in the cinema world as before.

The case of the devalued currency note is also like that. Though the cravings, conceits and views about the devalued note are gone, one still runs after notes that are valid. As for the awakening from a dream, we all know that it is temporary. When again we go to sleep, we have dreams.

But the awakening in *Nibbāna* is not of such a temporary character. Why? Because all the influxes that lead one into the *saṃsāric* slumber with its dreams of recurrent births are made extinct in the light of that perfect knowledge of realization. That is why the term *āsavakkhaya*, extinction of influxes, is used in the discourses as an epithet of *Nibbāna*. The *arahants* accomplish this feat in the concentration on the fruit of *arahant*-hood, *arahattaphalasamādhī*.

Though there are enough instances of references to this *arahattaphalasamādhī* in the discourses, they are very often interpreted differently. As we have already seen in the context of that verse of uplift in the *Bāhiyasutta*, some discourses alluding to the nature of an *arahant*'s mind have been misinterpreted, so much so that there is a lot of confusion in regard to the concept of *Nibbāna*. As a matter of fact, that concentration peculiar to an *arahant* is of an extraordinary type. It baffles the worldling's powers of understanding. This can well be inferred from the following verse of the *Ratanasutta*:

*Yaṃ Buddhasettṭho parivaṇṇayī sucim,
samādhim ānantarikaññam āhu,
samādhinā tena samo na vijjati,
idampi Dhamme ratanaṃ paṇītaṃ,
etena saccena suvatthi hotu.* [\[549\]](#)

"That pure concentration, which the Supremely Awakened One extolled,
That concentration which the Noble Ones call 'immediate'
(*ānantarika*),

There is no concentration comparable to it,
This is the excellent jewel nature of the *Dhamma*,
By the power of this truth may there be well-being."

This incomparable and extraordinary concentration has given rise to many problems concerning the concept of *Nibbāna*. The extraordinariness of this concentration of the *arahant* is to some extent connected with the term *ānantarika*, referred to above. Now let us turn our attention to the significance of this term.

The verse says that the concentration of the *arahant* is also known as *ānantarika*. The term *ānantarika* is suggestive of an extraordinary aspect of the realization of *Nibbāna*. Immediately after the extinction of the defilements through the knowledge of the path of *arahant*-hood one realizes *Nibbāna*, the cessation of existence or the cessation of the six sense-bases. As we mentioned earlier, it is as if the results are out as soon as one has written for an examination. [\[550\]](#) One need not wait for the results. Realization is immediate.

There is a special term to denote this experience of realization, namely, *aññā*. It is a highly significant term, derived from *ājānāti*, "to know fully". *Aññā* is "full

comprehension".

The concentration of the fruit of *arahant*-hood is also called *aññāphalasangāhā* and *aññāvimokkha*. *Aññā* carries with it a high degree of importance. We come across in the *Sutta* terminology a number of terms derived from the root *ñā*, "to know", namely *saññā*, *viññāṇa*, *paññā*, *ñāṇa*, *abhiññā*, *pariññā*, *aññā*. *Saññā* is "perception", *viññāṇa* is, radically, "discriminative knowledge", *paññā* is "distinctive knowledge", *ñāṇa* is "knowledge" as such, *abhiññā* is "specialized knowledge", *pariññā* is "comprehensive knowledge", *aññā* is that "final knowledge" of certitude through realization. The high degree of importance attached to *aññā* is revealed by the following two verses in the *Itivuttaka*:

*Sekhassa sikkhamānassa
ujumaggānusārino*

khayasmim paṭhamam ñāṇam

tato aññā anantarā.

Tato aññā vimuttassa,

ñāṇam ve hoti tādino

akuppā me vimuttīti

bhavasamyojanakkhaye. [\[551\]](#)

"To the disciple in higher training, as he fares along

Training according to the straight path,

There arises first the knowledge of extinction,

And then immediately the final knowledge of certitude.

And to that steadfast such-like-one,

Thus released by final knowledge of certitude,

There arises the thought: 'Unshakeable is my deliverance',

Upon the destruction of fetters of existence."

It is evident from these two verses that the realization referred to is in many ways final and complete. In point of fact, these two verses have been presented by the Buddha in this context by way of defining three things relevant to the realization of *Nibbāna*. These three are called faculties, *indriya*. They are:

1) *anaññātaññāssāmīt'indriya*

2) *aññindriya*

3) *aññātāvindriya*

The term *aññā* is implicit even in the faculty called *anaññātaññāssāmīt'indriya*. *Anaññātaññāssāmi* means "I shall know what has not been fully known". This is the definition of what in the verse is referred to as *khayasmim paṭhamam ñāṇam*, "first there is the knowledge of extinction". The knowledge of the extinction of the defilements is called *anaññātaññāssāmīt'indriya* in this context. The words *tato aññā anantarā*, "and then immediately the final knowledge of certitude", refer to that faculty of final knowledge, or *aññindriya*. The knowledge that prompts the conviction "unshakeable is my deliverance" is the knowledge and vision of deliverance, which is defined as *aññātāvindriya*. It refers to one who is endowed with the final knowledge of certitude.

The difference between *aññindriya* and *aññātāvindriya* is a subtle one. For

instance, the expression *bhuttāvī pavārito*, one has finished eating and made a sign of refusal, decisively shows that one has had one's fill.^[552] Similarly, it is that *aññātāvindriya* (note the past active participle), which prompts the words "unshakeable is my deliverance", *akuppā me vimutti*.^[553] The knowledge and vision of deliverance is reassuring to that extent.

As the above quoted verse from the *Ratanasutta* makes it clear, this unique and extraordinary concentration has been extolled by the Buddha in various discourses. But for some reason or other, the commentators have simply glossed over references to it, though they sometimes expatiate on a particle of mere grammatical interest. Let us now take up for comment a few such discourses.

In the section of the Elevens in the *Aṅguttara Nikāya* there comes a discourse called *Sandhasutta*. There the Buddha gives to Venerable *Sandha* a description of a level of concentration characteristic of an excellent thoroughbred of a man. It is a strange type of concentration. One who has that concentration is described as follows:

So neva paṭhaviṃ nissāya jhāyati, na āpaṃ nissāya jhāyati, na tejaṃ nissāya jhāyati, na vāyaṃ nissāya jhāyati, na ākāsaññācāyatanaṃ nissāya jhāyati, na viññānaññācāyatanaṃ nissāya jhāyati, na ākiñcaññāyatanaṃ nissāya jhāyati, na nevasaññānāsaññāyatanaṃ nissāya jhāyati, na idhalokaṃ nissāya jhāyati, na paralokaṃ nissāya jhāyati, yam p'idaṃ diṭṭhaṃ suttaṃ mutaṃ viññātaṃ pattaṃ pariyesitaṃ anuvicaritaṃ manasā, tam pi nissāya na jhāyati, jhāyati ca pana.

Evaṃ jhāyīṃ ca pana, Sandha, bhadrā purisājāññaṃ sa-indā devā sabrahmakā sapajapatikā ārakā 'va namassanti:

*Namo te purisājāñña,
namo te purisuttama,
yassa te nābhijānāma,
yampi nissāya jhāyasi.*^[554]

In this discourse, the Buddha gives, as an illustration, the musing of a thoroughbred of a horse, which we shall drop for brevity's sake. The musing of an excellent thoroughbred of a man is described as follows:

"He muses not dependent on earth, water, fire, air, the sphere of infinite space, the sphere of infinite consciousness, the sphere of nothingness, the sphere of neither-perception-nor-non-perception, he muses not dependent on this world or on the world beyond, whatever is seen, heard, sensed, cognized, attained, sought after, traversed by the mind, dependent on all that he muses not - and yet he does muse.

Moreover, *Sandha*, to him thus musing the *devas* with *Indra*, with *Brahmā* and with *Pajāpati* even from afar bow down, saying:

'Homage to you, O thoroughbred of a man,
Homage to you, O most excellent of men,
For what it is on which you go on musing,
We are at a loss to comprehend."

Though all possible objects of concentration are negated, the Buddha affirms that he does muse. Venerable *Sandha*, out of curiosity inquires: "But then how, Lord, does that thoroughbred of a man muse?" The Buddha explains that while in that state of concentration, the perception of earth in earth, for instance, is gone for him, *pathaviyā pathavisaññā vibhūtā hoti*. So also in the case of other objects of

the senses, such as water, fire, air, down to whatever is seen, heard, sensed, cognized, attained, sought after and traversed by the mind.

The verb *vibhūtā*, repeatedly used in this connection, is however differently interpreted in the commentary. It is paraphrased by *pākaṭā*, which means "clearly manifest".^[555] This interpretation seems to distort the meaning of the entire passage.

It is true that in certain contexts *vibhūta* and *avibhūta* are taken to mean "manifest" and "unmanifest", since *vibhava* is a word which seems to have undergone some semantic development. However, its primary sense is sufficiently evident in the *Sutta* terminology. For instance, the twin term *bhava/vibhava* stands for "existence" and "non-existence". In this context, too, *vibhūta* seems to have a negative sense, rather than the sense of being manifest. Hence our rendering: "The perception of earth is gone for him".

It is obvious enough by the recurrent negative particle in the first part of the *Sutta* (*neva paṭhaviṃ nissāya jhāyati, na āpaṃ nissāya jhāyati*, etc.) that all those perceptions are negated and not affirmed as manifest. The commentator seems to have missed the true import of the *Sutta* when he interprets *vibhūta* to mean 'manifest'.

If further proof is required, we may quote instances where the word *vibhūta* is used in the *Suttas* to convey such senses as "gone", "departed" or "transcended". In one of the verses we happened to quote earlier from the *Kalahavivādasutta*, there was the question posed: *Kismiṃ vibhūte na phusanti phassā?*^[556] "When what is not there, do touches not touch?" The verse that follows gives the answer: *Rūpe vibhūte na phusanti phassā.*^[557] "When form is not there, touches do not touch." In this context, too, *vibhūta* implies absence.

A clearer instance comes in the *Posālamāṇavapucchā* of the *Pārāyanavagga* in the *Sutta Nipāta*, namely the term *vibhūtarūpasaññissa*, occurring in one of the verses there.^[558] The canonical commentary *Cūḷaniddesa*, which the commentator often draws upon, also paraphrases the term with the words *vigatā, atikkantā, samatikkantā, vītivattā*,^[559] "gone, transcended, fully transcended, and superseded".

So the word *vibhūta* in the passage in question definitely implies the absence of all those perceptions in that concentration. This, then, is a unique concentration. It has none of the objects which the worldlings usually associate with a level of concentration.

We come across a number of instances in the discourses, in which the Buddha and some other monks have been interrogated on the nature of this extraordinary concentration. Sometimes even Venerable *Ānanda* is seen to confront the Buddha with a question on this point. In a discourse included in the section of the Elevens in the *Āṅguttara Nikāya*, Venerable *Ānanda* questions on the possibility of attaining to such a concentration with an air of wonderment:

Siyā nu kho, bhante, bhikkhuno tathārūpo samādhipaṭilābho yathā neva pathaviyaṃ pathaviṣaññī assa, na āpasmīṃ āposaññī assa, na tejasmīṃ tejosaññī assa, na vāyasmīṃ vāyosaññī assa, na ākāsaññācāyatane ākāsaññācāyatanasaññī assa, na viññāṇaññācāyatane viññāṇaññācāyatanasaññī assa, na ākiñcaññāyatane ākiñcaññāyatanasaññī assa, na nevasaññānāsaññāyatane nevasaññānāsaññāyatanasaññī assa, na idhaloke idhalokasaññī assa, na paraloke paralokasaññī assa, yam p'idaṃ diṭṭhaṃ suttaṃ mutaṃ viññātaṃ pattaṃ pariyesaṃ anuvicariṃ manasā tatrāpi na saññī assa, saññī ca pana assa?^[560]

"Could there be, Lord, for a monk such an attainment of concentration wherein he will not be conscious (literally 'percipient') of earth in earth, nor of water in water, nor of fire in fire, nor of air in air, nor will he be conscious of the sphere of infinite space in the sphere of infinite space, nor of the sphere of infinite consciousness in the sphere of infinite consciousness, nor of the sphere of nothingness in the sphere of nothingness, nor of the sphere of neither-perception-nor-non-perception in the sphere of neither-perception-nor-non-perception, nor will he be conscious of a this world in this world, nor of a world beyond in a world beyond, whatever is seen, heard, sensed, cognized, attained, sought after, traversed by the mind, even of it he will not be conscious - and yet he will be conscious?"

Whereas the passage quoted earlier began with *so neva pathaviṃ nissāya jhāyati*, "he muses not dependent on earth" and ended with the emphatic assertion *jhāyati ca pana*, "and yet he does muse", here we have a restatement of it in terms of perception, beginning with *neva pathaviyaṃ pathavisaññī* and ending with *saññī ca pana assa*. The Buddha answers in the affirmative and on being questioned as to how it is possible he gives the following explanation:

Idh'Ānanda, bhikkhu, evaṃ saññī hoti: Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānan'ti. Evaṃ kho, Ānanda, siyā bhikkhuno tathārūpo samādhipaṭilābho ...

"Herein, *Ānanda*, a monk is thus conscious (*evaṃ saññī*): This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction. It is thus, *Ānanda*, that there could be for a monk such an attainment of concentration ..."

This, in fact, is the theme of all our sermons. Venerable *Ānanda*, of course, rejoiced in the Buddha's words, but approached Venerable *Sāriputta* also and put forward the same question. Venerable *Sāriputta* gave the same answer verbatim.

Then Venerable *Ānanda* gave expression to a joyous approbation: *Acchariyaṃ āvuso, abbhutaṃ āvuso, yatra hi nāma satthu ca sāvakassa ca atthena atthaṃ vyañjanena vyañjanaṃ saṃsandissati samessati na viggahissati, yad idaṃ aggapadasmīṃ*. "Friend, it is wonderful, it is marvellous, that there is perfect conformity between the statements of the teacher and the disciple to the letter and to the spirit without any discord on the question of the highest level of attainment."

These last words, in particular, make it sufficiently clear that this concentration is *arahattaphalasamādhi*, the concentration proper to an *arahant*. Here, then, is the experience of *Nibbāna*, extraordinary and unique.

Quite a number of discourses touch upon this *samādhi*. Let us take up some of the more important references. Venerable *Ānanda* is seen to pose the same question, rephrased, on yet another occasion. It runs thus:

Siyā nu kho, bhante, tathārūpo samādhipaṭilābho yathā na cakkhum manasikareyya, na rūpaṃ manasikareyya, na sotaṃ manasikareyya, na saddaṃ manasikareyya, na ghānaṃ manasikareyya, na gandhaṃ manasikareyya, na jivhaṃ manasikareyya, na rasaṃ manasikareyya, na kāyaṃ manasikareyya, na phoṭṭhabbaṃ manasikareyya, na pathaviṃ manasikareyya, na āpaṃ manasikareyya, na tejaṃ manasikareyya, na vāyaṃ manasikareyya, na ākāsānañcāyatanaṃ manasikareyya, na viññāṇañcāyatanaṃ manasikareyya, na ākiñcaññāyatanaṃ manasikareyya, na nevasaññānāsaññāyatanaṃ manasikareyya, na idhalokaṃ manasikareyya, na paralokaṃ manasikareyya, yam p'idaṃ diṭṭhaṃ suttaṃ mutaṃ viññātaṃ pattaṃ pariyesitaṃ anuvicaritaṃ manasā tam pi na

manasikareyya, manasi ca pana kareyya?^[561]

"Could there be, Lord, for a monk such an attainment of concentration wherein he will not be attending to the eye, nor to form, nor to the ear, nor to sound, nor to the nose, nor to smell, nor to the tongue, nor to taste, nor to the body, nor to touch, nor to earth, nor to water, nor to fire, nor to air, nor to the sphere of infinite space, nor to the sphere of infinite consciousness, nor to the sphere of nothingness, nor to the sphere of neither-perception-nor-non-perception, nor to this world, nor to the world beyond, whatever is seen, heard, sensed, cognized, attained, sought after, traversed by the mind, even to that he will not be attending - and yet he will be attending?"

"There could be such a concentration", says the Buddha, and Venerable *Ānanda* rejoins with his inquisitive: "How, Lord, could there be?" Then the Buddha gives the following explanation, which tallies with the one earlier given:

Idh'Ānanda, bhikkhu evaṃ manasi karoti: Etaṃ santaṃ, etaṃ paṇītaṃ, yadidaṃ sabbasaṅkhārasamatho sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānan'ti. Evaṃ kho, Ānanda, siyā bhikkhuno tathārūpo samādhipaṭilābho ...

"Herein, *Ānanda*, a monk attends thus: This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction. It is thus, *Ānanda*, that there could be such an attainment of concentration ..."

In the light of the foregoing discussion, we are now in a position to take up for comment that enigmatic verse of the *Kalahavivādasutta*, which in a previous sermon we left unexplained, giving only a slight hint in the form of a simile.^[562]

*Na saññasaññī na visaññasaññī,
no pi asaññī na vibhūtasaññī,
evaṃ sametassa vibhoti rūpaṃ,
saññānidānā hi papañcasaṅkhā.*^[563]

The general trend of this verse seems to imply something like this: The worldlings usually believe that one has to have some form of perception or other. But the one referred to in this verse is not percipient with any such perception, *na saññasaññī*. As if to forestall the question, whether he is then in a swoon, there is the negation *na visaññasaññī*. A possible alternative, like a plane of existence devoid of perception, is also avoided by the emphatic assertion *no pi asaññī*. Yet another possibility, that he has gone beyond perception or rescinded it, is rejected as well with the words *na vibhūtasaññī*.

The third line says that it is to one thus endowed that form ceases to exist, while the last line seems to give an indication as to why it is so: *Saññānidānā hi papañcasaṅkhā*, "for reckonings born of proliferation have perception as their source".

The nature of these reckonings we have already discussed at length. The conclusion here given is that they are rooted in *papañca*. Now the passages we have so far quoted are suggestive of such a state of consciousness. Briefly stated, even the emphatic tone characteristic of these discourses is sufficient proof of it.

For instance, in the first discourse we took up for discussion, there is the recurrent phrase *na jhāyati*, "does not muse", with reference to all the possible objects of the senses, but at the end of it all comes the emphatic assertion *jhāyati ca pana*, "nevertheless, he does muse". Similarly the passage dealing with the *saññā* aspect starts with *neva pathaviyaṃ pathavisaññī*, "he is neither conscious

(literally 'percipient') of earth in earth", followed by a long list of negations, only to end up with an emphatic *saññī ca pana assa*, "but nevertheless he is conscious". So also in the passage which takes up the attending aspect and winds up with the assertion *manasi ca pana kareyya*, "and yet he will be attending".

All this evidence is a pointer to the fact that we have to interpret the reference to the paradoxical state of consciousness implied by *na saññasaññī na visaññasaññī* etc. in the *Kalahavivādasutta* in the light of that unique concentration of the *arahant* - the *arahattaphalasamādhī*.

This is obvious enough even if we take into consideration the occurrence of the term *papañcasañkhā* in the last line of the verse in question. The worldly concepts born of the prolific tendency of the mind are rooted in perception. That is precisely why perception has to be transcended. That is also the reason for our emphasis on the need for freedom from the six sense-bases and from contact. The abandonment of *papañcasañkhā* is accomplished at this extraordinary level of concentration.

The immense importance attached to the *arahattaphalasamādhī* comes to light in the passages we have quoted. These discourses are abundant proof of the fact that the Buddha has extolled this *samādhī* in various ways. The verse beginning with *na saññasaññī na visaññasaññī* in particular points to this fact.

On an earlier occasion we gave only a clue to its meaning in the form of an allusion to our simile of the cinema. That is to say, while one is watching a film show, if the cinema hall is fully illuminated all of a sudden, one undergoes such an internal transformation, that it becomes questionable whether he is still seeing the film show. This is because his perception of the film show has undergone a peculiar change. He is no longer conscious of a film show, nor has he put an end to consciousness. It is a strange paradox. His gaze is actually a vacant gaze.

The verse in question expresses such a vacant gaze. When the six sense-bases of the *arahant* cease and the lustre of wisdom comes up, giving the conviction that all assets in the world are empty, the vision in the *arahattaphalasamādhī* is as vacant as that gaze of the man at the cinema. It is neither conscious, nor unconscious, nor non-conscious, nor totally devoid of consciousness. At that level of concentration even this material form is abandoned.

The line in the paean of joy in the *Bāhiyasutta*, which we came across the other day, *atha rūpā arūpā ca, sukhadukkhā pamuccati*,^[564] "and then from form and formless and from pleasure and pain is he freed", can be better appreciated in the light of the foregoing discussion. With the relinquishment of all assets, even this body and the experience of a form and of a formless, as well as pleasure and pain, cease altogether due to the cessation of contact. That is why *Nibbāna* is called a bliss devoid of feeling, *avedayita sukha*.^[565]

Now as to this vacant gaze, there is much to be said, though one might think that it is not at all worth discussing about. If someone asks us: 'What is the object of the gaze of one with such a vacant gaze', what shall we say? The vacant gaze is, in fact, not established anywhere (*appatiṭṭham*). It has no existence (*appavattam*) and it is object-less (*anārammaṇam*). Even at the mention of these three terms, *appatiṭṭham*, *appavattam* and *anārammaṇam*, some might recall those highly controversial discourses on *Nibbāna*.^[566]

Why do we call the vision of the *arahant* a vacant gaze? At the highest point of the development of the three characteristics impermanence, suffering and not-self, that is, through the three deliverances *animitta*, *appaṇihita* and *suññata*, the

"signess", the "undirected" and the "void", the *arahant* is now looking at the object with a penetrative gaze. That is why it is not possible to say what he is looking at. It is a gaze that sees the cessation of the object, a gaze that penetrates the object, as it were.

When the cinema hall is fully illuminated, the mind of the one with that vacant gaze at the film show does not accumulate the stuff that makes up a film. Why? Because all those cinema preparations are now stilled, cinema assets are relinquished and the craving and the passion for the cinema film have gone down, at least temporarily, with the result that the cinema film has 'ceased' for him and he is 'extinguished' within. That is why he is looking on with a vacant gaze. With this illustration one can form an idea about the inner transformation that occurs in the *arahant*.

From the very outset the meditator is concerned with *sañkhāras*, or preparations. Hence the term *sabbasañkhārasamatha*, the stilling of all preparations, comes first. Instead of the arising aspect of preparations, he attends to the cessation aspect, the furthest limit of which is *Nibbāna*. It is for that reason that the term *nirodha* is directly applied to *Nibbāna*.

Simply because we have recapitulated the terms forming the theme of our sermons, some might think that the formula as such is some form of a gross object of the mind. This, in fact, is the root of the misconception prevalent today.

It is true that the Buddha declared that the *arahant* has as his perception, attention and concentration the formula beginning with *etaṃ santaṃ etaṃ paṇītaṃ* etc. But this does not mean that the *arahant* in his *samādhi* goes on reciting the formula as we do at the beginning of every sermon. What it means is that the *arahant* reverts to or re-attains the realization he has already won through the lustre of wisdom, namely the realization of the stilling of all preparations, the relinquishment of all assets, the total abandonment of the five aggregates, the destruction of craving, dispassion, cessation and extinguishment. That is what one has to understand by the saying that the *arahant* attends to *Nibbāna* as his object.

The object is cessation, *nirodha*. Here is something that *Māra* cannot grasp, that leaves him utterly clueless. This is why Venerable *Nandīya* in the *Nandiyatheragāthā* challenges *Māra* in the following verse:

*Obhāsajātaṃ phalagaṃ,
cittaṃ yassa abhiṅhaso,
tādisam bhikkhum āsajja
kaṇha dukkhaṃ nigacchasi.*^[567]

"The monk whose mind is always bright,
And gone to the fruit of *arahant*-hood,
Should you dare to challenge that monk,
O Blackie, you only come to grief."

Kaṇha, Blackie, is one of the epithets of *Mara*. Even gods and *Brahmas* are unable to find out the object of the *arahant*'s mind when he is in the *phalagamāpatti*, the attainment to the fruit. *Māra* can never discover it. That is why this attainment is said to leave *Māra* clueless or deluded (*Mārassetaṃ pamohanaṃ*).^[568] All this is due to the uniqueness of this level of concentration.

The three deliverances *animitta*, *appaṇihita* and *suññata*, are indeed extraordinary and the verse *na saññā saññī* refers to this *arahattaphalagamāpatti*,

which is signless, undirected and void.

Usually one's vision alights somewhere or picks up some object or other, but here is a range of vision that has no horizon. In general, there is a horizon at the furthest end of our range of vision. Standing by the seaside or in a plain, one gazes upon a horizon where the earth and sky meet. The worldling's range of vision, in general, has such a horizon. But the *arahant's* range of vision, as here described, has no such horizon. That is why it is called *anantaṃ*, endless or infinite. *Viññāṇaṃ anidassanaṃ, anantaṃ sabbaṃ pabhaṃ*, "the non-manifestative consciousness, endless, lustrous on all sides."

That vacant gaze is an 'endless' perception. One who has it cannot be called conscious, *saññī*. Nor can he be called unconscious, *visaññī* - in the worldly sense of the term. Nor is he devoid of consciousness, *asaññī*. Nor has he put an end to consciousness, *vibhūtasaññī*.

Let us now take up two verses which shed a flood of light on the foregoing discussion and help illuminate the meaning of canonical passages that might come up later. The two verses are from the *Arahantavagga* of the *Dhammapada*.

*Yesaṃ sannicayo natthi,
ye pariññāta bhojanā,
suññato animitto ca,
vimokkho yesa gocaro,
ākāse va sakuntānaṃ,
gati tesāṃ durannayā.*

*Yass'āsavā parikkhīṇā,
āhāre ca anissito,
suññato animitto ca,
vimokkho yassa gocaro,
ākāse va sakuntānaṃ,
padaṃ tassa durannayaṃ.* [\[569\]](#)

"Those who have no accumulations,
And understood fully the subject of food,
And whose feeding ground
Is the void and the signless,
Their track is hard to trace,
Like that of birds in the sky.
He whose influxes are extinct,
And is unattached to nutriment,
Whose range is the deliverance,
Of the void and the signless,
His path is hard to trace,
Like that of birds in the sky."

The accumulation here meant is not of material things, such as food. It is the accumulation of karma and *upadhi*, assets. The comprehension of food could be

taken to imply the comprehension of all four nutriments, namely gross material food, contact, will and consciousness. The feeding ground of such *arahants* is the void and the signless. Hence their track is hard to trace, like that of birds in the sky.

The term *gati*, which we rendered by "track", has been differently interpreted in the commentary. For the commentary *gati* is the place where the *arahant* goes after death, his next bourne, so to speak.^[570] But taken in conjunction with the simile used, *gati* obviously means the "path", *padam*, taken by the birds in the sky. It is the path they take that cannot be traced, not their destination.

Where the birds have gone could perhaps be traced, with some difficulty. They may have gone to their nests. It is the path they went by that is referred to as *gati* in this context. Just as when birds fly through the sky they do not leave behind any trace of a path, even so in this concentration of the *arahant* there is no object or sign of any continuity.

The second verse gives almost the same idea. It is in singular and speaks of an *arahant* whose influxes are extinct and who is unattached to nutriment. Here, in the simile about the birds in the sky, we find the word *padam*, "path", used instead of *gati*, which makes it clear enough that it is not the destiny of the *arahant* that is spoken of.

The commentary, however, interprets both *gati* and *padam* as a reference to the *arahant's* destiny. There is a tacit assumption of some mysterious *anupādisesa Nibbānadhātu*. But what we have here is a metaphor of considerable depth. The reference is to that unique *samādhi*.

The bird's flight through the air symbolizes the flight of the mind. In the case of others, the path taken by the mind can be traced through the object it takes, but not in this case. The key word that highlights the metaphorical meaning of these verses is *gocaro*. *Gocara* means "pasture". Now, in the case of cattle roaming in their pasture one can trace them by their footsteps, by the path trodden. What about the pasture of the *arahants*?

Of course, they too consume food to maintain their bodies, but their true 'pasture' is the *arahattaphalasamādhi*. As soon as they get an opportunity, they take to this pasture. Once they are well within this pasture, neither gods nor *Brahmas* nor *Māra* can find them. That is why the path taken by the *arahants* in the *phalasamādhi* cannot be traced, like the track of birds in the sky.

We have yet to discuss the subject of *sa-upādisesa* and *anupādisesa Nibbānadhātu*. But even at this point some clarity of understanding might emerge. When the *arahant* passes away, at the last moment of his life span, he brings his mind to this *arahattaphalasamādhi*. Then not even *Mara* can trace him. There is no possibility of a rebirth and that is the end of all. It is this 'extinction' that is referred to here.

This extinction is not something one gets in a world beyond. It is a realization here and now, in this world. And the *arahant*, by way of blissful dwelling here and now, enjoys in his every day life the supreme bliss of *Nibbāna* that he had won through the incomparable deliverances of the mind.

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*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santaṃ, etaṃ paṇītaṃ, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ.* [\[571\]](#)

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction".

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks. This is the seventeenth sermon in the series of sermons on *Nibbāna*.

In our last sermon, we tried to analyse some discourses that give us a clue to understand what sort of an experience an *arahant* has in his realization of the cessation of existence in the *arahattaphalasangāmi*.

We happened to mention that the *arahant* sees the cessation of existence with a deeply penetrative vision of the void that may be compared to a gaze that knows no horizon. We also dropped the hint that the non-manifestative consciousness, endless and lustrous on all sides, we had spoken of in an earlier sermon, [\[572\]](#) is an explicit reference to this same experience.

How the *arahant*, ranging in his triple pasture of the signless deliverance, the undirected deliverance and the void deliverance, *animitta vimokkha*, *appaṇihita vimokkha* and *suññata vimokkha*, gets free from the latency to perception, transcends the duality of form and formless, and crosses over this ocean of existence unhindered by *Māra*, has been described in various ways in various discourses.

Let us now take up for discussion in this connection three significant verses that are found in the *Itivuttaka*.

*Ye ca rūpūpagā sattā
ye ca arūpaṭṭhāyino,
nirodhaṃ appajānantā
āgantāro punabbhavaṃ.*

*Ye ca rūpe pariññāya,
arūpesu asaṅghitā,
nirodhe ye vimuccanti,
te janā maccuhāyino.*

*Kāyena amataṃ dhātuṃ,
phusaytivā nirūpadhiṃ,
upadhipaṭinissaggaṃ,
sacchikatvā anāsavo,
deseti sammāsambuddho,
asokaṃ virajaṃ padaṃ.* [\[573\]](#)

"Those beings that go to realms of form,

And those who are settled in formless realms,
Not understanding the fact of cessation,
Come back again and again to existence.

Those who, having comprehended realms of form,
Do not settle in formless realms,
Are released in the experience of cessation,
It is they that are the dispellers of death.

Having touched with the body the deathless element,
Which is asset-less,
And realized the relinquishment of assets,
Being influx-free, the perfectly enlightened one,
Proclaims the sorrow-less, taintless state."

The meaning of the first verse is clear enough. Those who are in realms of form and formless realms are reborn again and again due to not understanding the fact of cessation.

In the case of the second verse, there is some confusion as to the correct reading. We have mentioned earlier, too, that some of the deep discourses present considerable difficulty in determining what the correct reading is. [\[574\]](#) They have not come down with sufficient clarity. Where the meaning is not clear enough, there is a likelihood for the oral tradition to become corrupt. Here we accepted the reading *asaṅṅhitā*.

*Ye ca rūpe pariññāya,
arūpesu asaṅṅhitā,*

"Those who, having comprehended realms of form,
Do not settle in formless realms".

But there is the variant reading *susaṅṅhitā*, which gives the meaning "settled well". The two readings contradict each other and so we have a problem here. The commentary accepts the reading *asaṅṅhitā*. [\[575\]](#) We too followed it, for some valid reason and not simply because it accords with the commentary.

However, in several modern editions of the text, the reading *asaṅṅhitā* has been replaced by *susaṅṅhitā*, probably because it seems to make sense, *prima facie*.

But, as we pointed out in this series of sermons, there is the question of the dichotomy between the form and the formless. The formless, or *arūpa*, is like the shadow of form, *rūpa*. Therefore, when one comprehends form, one also understands that the formless, too, is not worthwhile settling in. It is in that sense that we brought in the reading *asaṅṅhitā* in this context.

Those who have fully comprehended form, do not depend on the formless either, and it is they that are released in the realization of cessation. They transcend the duality of form and formless and, by directing their minds to the cessation of existence, attain emancipation.

In the last verse it is said that the Buddha realized the relinquishment of assets known as *nirupadhi*, the "asset-less". It also says that he touched the deathless element with the body. In a previous sermon we happened to quote a verse from the *Udāna* which had the conclusive lines:

*Phusanti phassā upadhiṃ paṭicca,
Nirupadhiṃ kena phuseyyum phassā.* [\[576\]](#)

"Touches touch one because of assets,
How can touches touch him who is asset-less?"

According to this verse, it seems that here there is no touch. So what we have stated above might even appear as contradictory. The above verse speaks of a 'touching' of the deathless element with the body. One might ask how one can touch, when there is no touch at all? But here we have an extremely deep idea, almost a paradox.

To be free from touch is in itself the 'touching' of the deathless element.

What we mean to say is that, as far as the fear of death is concerned, here we have the freedom from the pain of death and in fact the freedom from the concept of death itself.

The Buddha and the *arahants*, with the help of that wisdom, while in that *arahattaphalasangāmi* described as *anāsava cetovimutti paññāvimutti*, [\[577\]](#) or *akuppā cetovimutti*, [\[578\]](#) let go of their entire body and realized the cessation of existence, thereby freeing themselves from touch and feeling. That is why *Nibbāna* is called a bliss devoid of feeling, *avedayita sukha*. [\[579\]](#)

This giving up, this letting go when *Māra* is coming to grab and seize, is a very subtle affair. To give up and let go when *Māra* comes to grab is to touch the deathless, because thereby one is freed from touch and feelings. Here, then, we have a paradox. So subtle is this *Dhamma*!

How does one realize cessation? By attending to the cessation aspect of preparations.

As we have already mentioned, to arise and to cease is of the nature of preparations, and here the attention is on the ceasing aspect. The worldlings in general pay attention to the arising aspect. They can see only that aspect. The Buddhas, on the other hand, have seen the cessation of existence in a subtle way. The culmination of the practice of paying attention to the cessation aspect of preparations is the realization of the cessation of existence.

Bhava, or existence, is the domain of *Māra*. How does one escape from the grip of *Māra*? By going beyond his range of vision, that is to say by attending to the cessation of existence, *bhavanirodha*.

All experiences of pleasure and pain are there so long as one is in *bhava*. The *arahant* wins to the freedom from form and formless and from pleasure and pain, as it was said in a verse already quoted:

*Atha rūpā arūpā ca,
sukhadukkhā pamuccati.* [\[580\]](#)

"And then from form and formless,
And from pleasure and pain is he freed."

We explained that verse as a reference to *arahattaphalasangāmi*. Here, too, we are on the same point. The concept of the cessation of existence is indeed very deep. It is so deep that one might wonder whether there is anything worthwhile in *Nibbāna*, if it is equivalent to the cessation of existence.

As a matter of fact, we do come across an important discourse among the Tens

of the *Aṅguttara Nikāya*, where *Nibbāna* is explicitly called *bhavanirodha*. It is in the form of a dialogue between Venerable *Ānanda* and Venerable *Sāriputta*. As usual, Venerable *Ānanda* is enquiring about that extraordinary *samādhi*.

Siyā nu kho, āvuso Sāriputta, bhikkhuno tathārūpo samādhipaṭilābho yathā neva pathaviyaṃ pathavisaññī assa, na āpasmim āposaññī assa, na tejasmim tejosaññī assa, na vāyasmim vāyosaññī assa, na ākāsānañcāyatane ākāsānañcāyatanasaññī assa, na viññāṇañcāyatane viññāṇancāyatanasaññī assa, na ākiñcaññāyatane ākiñcaññāyatanasaññī assa, na nevasaññānāsaññāyatane nevasaññānāsaññāyatanasaññī assa, na idhaloke idhalokasaññī assa, na paraloke paralokasaññī assa, - saññī ca pana assa?^[581]

"Could there be, friend *Sāriputta*, for a monk such an attainment of concentration wherein he will not be conscious of earth in earth, nor of water in water, nor of fire in fire, nor of air in air, nor will he be conscious of the sphere of infinite space in the sphere of infinite space, nor of the sphere of infinite consciousness in the sphere of infinite consciousness, nor of the sphere of nothingness in the sphere of nothingness, nor of the sphere of neither-perception-nor-non-perception in the sphere of neither-perception-nor-non-perception, nor of a this world in this world, nor of a world beyond in a world beyond - and yet he will be conscious?"

Venerable *Sāriputta*'s reply to it is: "There could be, friend *Ānanda*." Then Venerable *Ānanda* asks again: "But then, friend *Sāriputta*, in which manner could there be such an attainment of concentration for a monk?"

At that point Venerable *Sāriputta* comes out with his own experience, revealing that he himself once attained to such a *samādhi*, when he was at *Andhavana* in *Sāvatti*. Venerable *Ānanda*, however, is still curious to ascertain what sort of perception he was having, when he was in that *samādhi*. The explanation given by Venerable *Sāriputta* in response to it, is of utmost importance. It runs:

Bhavanirodho nibbānaṃ, bhavanirodho nibbānaṃ'ti kho me, avuso, aññā'va saññā uppajjati aññā'va saññā nirujjhati.

Seyyathāpi, āvuso, sakalikaggissa jhāyamānassa aññā'va acci uppajjati, aññā'va acci nirujjhati, evam eva kho me āvuso bhavanirodho nibbānaṃ, bhavanirodho nibbānaṃ 'ti aññā'va saññā uppajjati aññā'va saññā nirujjhati, bhavanirodho nibbānaṃ saññī ca panāhaṃ, āvuso, tasmim samaye ahoṣim.

"One perception arises in me, friend: 'cessation of existence is *Nibbāna*', 'cessation of existence is *Nibbāna*', and another perception fades out in me: 'cessation of existence is *Nibbāna*', 'cessation of existence is *Nibbāna*'.

Just as, friend, in the case of a twig fire, when it is burning one flame arises and another flame fades out. Even so, friend, one perception arises in me: 'cessation of existence is *Nibbāna*', 'cessation of existence is *Nibbāna*', and another perception fades out in me: 'cessation of existence is *Nibbāna*', 'cessation of existence is *Nibbāna*', at that time, friend, I was of the perception 'cessation of existence is *Nibbāna*'."

The true significance of the simile of the twig fire is that Venerable *Sāriputta* was attending to the cessation aspect of preparations. As we mentioned in connection with the formula *etaṃ santaṃ, etaṃ paṇītaṃ*, "this is peaceful, this is excellent", occurring in a similar context, we are not to conclude that Venerable *Sāriputta* kept on repeating 'cessation of existence is *Nibbāna*'.

The insight into a flame could be different from a mere sight of a flame. Worldlings in general see only a process of burning in a flame. To the insight meditator it can appear as an intermittent series of extinctions. It is the outcome

of a penetrative vision. Just like the flame, which simulates compactness, existence, too, is a product of *sañkhāras*, or preparations.

The worldling who attends to the arising aspect and ignores the cessation aspect is carried away by the perception of the compact. But the mind, when steadied, is able to see the phenomenon of cessation: *òhitam cittaṃ vipṃamuttam, vayañcassānupassati*,^[582] "the mind steadied and released contemplates its own passing away".

With that steadied mind the *arahant* attends to the cessation of preparations. At its climax, he penetrates the gamut of existence made up of preparations, as in the case of a flame, and goes beyond the clutches of death.

As a comparison for existence, the simile of the flame is quite apt. We happened to point out earlier, that the word *upādāna* can mean "grasping" as well as "fuel".^[583] The totality of existence is sometimes referred to as a fire.^[584] The fuel for the fire of existence is grasping itself. With the removal of that fuel, one experiences extinction.

The dictum *bhavanirodho nibbānam* clearly shows that *Nibbāna* is the cessation of existence. There is another significant discourse which equates *Nibbāna* to the experience of the cessation of the six sense-bases, *saḷāyatananirodha*. The same experience of realization is viewed from a different angle. We have already shown that the cessation of the six sense-bases, or the six sense-spheres, is also called *Nibbāna*.^[585]

The discourse we are now going to take up is one in which the Buddha presented the theme as some sort of a riddle for the monks to work out for themselves.

Tasmātiha, bhikkhave, se āyatane veditabbe yattha cakkhuñca nirujjhati rūpasaññā ca virajjati, se āyatane veditabbe yattha sotañca nirujjhati saddasaññā ca virajjati, se āyatane veditabbe yattha ghānañca nirujjhati gandhasaññā ca virajjati, se āyatane veditabbe yattha jivhā ca nirujjhati rasasaññā ca virajjati, se āyatane veditabbe yattha kāyo ca nirujjhati phoṭṭabbasaññā ca virajjati, se āyatane veditabbe yattha mano ca nirujjhati dhammasaññā ca virajjati, se āyatane veditabbe, se āyatane veditabbe.^[586]

"Therefore, monks, that sphere should be known wherein the eye ceases and perceptions of form fade away, that sphere should be known wherein the ear ceases and perceptions of sound fade away, that sphere should be known wherein the nose ceases and perceptions of smell fade away, that sphere should be known wherein the tongue ceases and perceptions of taste fade away, that sphere should be known wherein the body ceases and perceptions of the tangible fade away, that sphere should be known wherein the mind ceases and perceptions of mind objects fade away, that sphere should be known, that sphere should be known."

There is some peculiarity in the very wording of the passage, when it says, for instance, that the eye ceases, *cakkhuñca nirujjhati* and perceptions of form fade away, *rūpasaññā ca virajjati*. As we once pointed out, the word *virāga*, usually rendered by "detachment", has a nuance equivalent to "fading away" or "decolouration".^[587] Here that nuance is clearly evident. When the eye ceases, perceptions of forms fade away.

The Buddha is enjoining the monks to understand that sphere, not disclosing what it is, in which the eye ceases and perceptions of form fade away, and likewise the ear ceases and perceptions of sound fade away, the nose ceases and perceptions of smell fade away, the tongue ceases and perceptions of taste fade away, the body ceases and perceptions of the tangible fade away, and last of all

even the mind ceases and perceptions of mind objects fade away. This last is particularly noteworthy.

Without giving any clue to the meaning of this brief exhortation, the Buddha got up and entered the monastery, leaving the monks perplexed. Wondering how they could get it explained, they approached Venerable *Ānanda* and begged him to comment at length on what the Buddha had preached in brief. With some modest reluctance, Venerable *Ānanda* complied, urging that his comment be reported to the Buddha for confirmation. His comments, however, amounted to just one sentence:

Saḷāyatanaṅgirodham, kho āvuso, Bhagavatā sandhāya bhāsitaṃ. "Friends, it is with reference to the cessation of the six sense-spheres that the Exalted One has preached this sermon."

When those monks approached the Buddha and placed Venerable *Ānanda's* explanation before him, the Buddha ratified it. Hence it is clear that the term *āyatana* in the above passage refers not to any one of the six sense-spheres, but to *Nibbāna*, which is the cessation of all of them.

The commentator, Venerable *Buddhaghosa*, too accepts this position in his commentary to the passage in question. *Saḷāyatanaṅgirodhan'ti saḷāyatanaṅgirodho vuccati nibbānam, tam sandhāya bhāsitaṃ ti attho,* "the cessation of the six sense-spheres, what is called the cessation of the six sense-spheres is *Nibbāna*, the meaning is that the Buddha's sermon is a reference to it". [\[588\]](#)

The passage in question bears testimony to two important facts. Firstly that *Nibbāna* is called the cessation of the six sense-spheres. Secondly that this experience is referred to as an *āyatana*, or a 'sphere'.

The fact that *Nibbāna* is sometimes called *āyatana* is further corroborated by a certain passage in the *Saḷāyatanaṅgirodhasutta*, which defines the term *nekkhammasita domanassa*. [\[589\]](#) In that discourse, which deals with some deeper aspects of the *Dhamma*, the concept of *nekkhammasita domanassa*, or "unhappiness connected with renunciation", is explained as follows:

If one contemplates with insight wisdom the sense-objects like forms and sounds as impermanent, suffering-fraught and transient, and develops a longing for *Nibbāna*, due to that longing or expectation one might feel an unhappiness. It is such an unhappiness which, however, is superior to an unhappiness connected with the household life, that is called *nekkhammasita domanassa*, or "unhappiness connected with renunciation".

How such an unhappiness may arise in a monk is described in that discourse in the following manner:

'Kudāssu nāmāhaṃ tadāyatanaṃ upasampajja viharissāmi yadariyā etarahi āyatanaṃ upasampajja viharanti?' iti anuttaresu vimokkhesu pihaṃ upaṭṭhāpayato uppajjati pihāpaccayā domanassaṃ. Yaṃ evarūpaṃ domanassaṃ idaṃ vuccati nekkhammasitadomanassaṃ.

"'O, when shall I attain to and dwell in that sphere to which the Noble Ones now attain and dwell in?' Thus, as he sets up a longing for the incomparable deliverances, there arises an unhappiness due to that longing. It is such an unhappiness that is called unhappiness connected with renunciation."

What are called "incomparable deliverances" are the three doorways to *Nibbāna*, the signless, the undirected and the void. We can therefore conclude that the sphere to which this monk aspires is none other than *Nibbāna*. So here we have a second instance of a reference to *Nibbāna* as a 'sphere' or *āyatana*.

Now let us bring up a third:

Atthi, bhikkhave, tad āyatanaṃ, yattha n'eva pathavī na āpo na tejo na vāyo na ākāsaññācāyatanaṃ na viññāṇāññācāyatanaṃ na ākiñcaññāyatanaṃ na nevasaññānāsaññāyatanaṃ na ayaṃ loko na paraloko na ubho candimasūriyā. Tatra p'ahaṃ bhikkhave, n'eva āgatiṃ vadāmi na gatiṃ na ʒhitiṃ na cutiṃ na upapattiṃ, appatiṭṭhaṃ appavattaṃ anārammaṇaṃ eva taṃ. Es'ev'anto dukkhassā'ti. [\[590\]](#)

Incidentally, this happens to be the most controversial passage on *Nibbāna*. Scholars, both ancient and modern, have put forward various interpretations of this much vexed passage. Its riddle-like presentation has posed a challenge to many a philosopher bent on determining what *Nibbāna* is.

This brief discourse comes in the *Udāna* as an inspired utterance of the Buddha on the subject of *Nibbāna*, *Nibbānapaṭisamyuttasutta*. To begin with, we shall try to give a somewhat literal translation of the passage:

"Monks, there is that sphere, wherein there is neither earth, nor water, nor fire, nor air; neither the sphere of infinite space, nor the sphere of infinite consciousness, nor the sphere of nothingness, nor the sphere of neither-perception-nor-non-perception; neither this world nor the world beyond, nor the sun and the moon. There, monks, I say, is no coming, no going, no staying, no passing away and no arising; it is not established, it is not continuing, it has no object. This, itself, is the end of suffering."

Instead of getting down to the commentarial interpretation at the very outset, let us try to understand this discourse on the lines of the interpretation we have so far developed. We have already come across two references to *Nibbāna* as an *āyatana* or a sphere. In the present context, too, the term *āyatana* is an allusion to *arahattaphalasamādhī*. Its significance, therefore, is psychological.

First of all we are told that earth, water, fire and air are not there in that *āyatana*. This is understandable, since in a number of discourses dealing with *anidassana viññāṇa* and *arahattaphalasamādhī* we came across similar statements. It is said that in *anidassana viññāṇa*, or non-manifestative consciousness, earth, water, fire and air do not find a footing. Similarly, when one is in *arahattaphalasamādhī*, one is said to be devoid of the perception of earth in earth, for instance, because he does not attend to it. So the peculiar negative formulation of the above *Udāna* passage is suggestive of the fact that these elements do not exercise any influence on the mind of one who is in *arahattaphalasamādhī*.

The usual interpretation, however, is that it describes some kind of a place or a world devoid of those elements. It is generally believed that the passage in question is a description of the 'sphere' into which the *arahant* passes away, that is, his after death 'state'. This facile explanation is often presented only as a tacit assumption, for fear of being accused of heretical views. But it must be pointed out that the allusion here is to a certain level of experience of the living *arahant*, namely the realization, here and now, of the cessation of existence, *bhavanirodha*.

The four elements have no part to play in that experience. The sphere of infinite space, the sphere of infinite consciousness etc. also do not come in, as we have already shown with reference to a number of discourses. So it is free from both form and formless.

The statement that there is neither this world nor a world beyond could be understood in the light of the phrase, *na idhaloke idhalokasaññī, na paraloke paralokasaññī*, "percipient neither of a this world in this world, nor of a world beyond in a world beyond" that came up in a passage discussed above.

The absence of the moon and the sun, *na ubho candima sūriyā*, in this sphere, is taken as the strongest argument in favour of concluding that *Nibbāna* is some kind of a place, a place where there is no moon or sun.

But as we have explained in the course of our discussion of the term *anidassana viññāṇa*, or non-manifestative consciousness, with the cessation of the six sense-spheres, due to the all lustrous nature of the mind, sun and moon lose their lustre, though the senses are all intact. Their lustre is superseded by the lustre of wisdom. They pale away and fade into insignificance before it. It is in this sense that the moon and the sun are said to be not there in that sphere.

Why there is no coming, no going, no staying, no passing away and no arising, can be understood in the light of what we have observed in earlier sermons on the question of relative concepts. The verbal dichotomy characteristic of worldly concepts is reflected in this reference to a coming and a going etc. The *arahant* in *arahattaphalasamādhī* is free from the limitations imposed by this verbal dichotomy.

The three terms *appatiṭṭham*, *appavattam* and *anārammaṇam*, "not established", "not continuing" and "objectless", are suggestive of the three doorways to deliverance. *Appatiṭṭham* refers to *appaṇihita vimokkha*, "undirected deliverance", which comes through the extirpation of craving. *Appavattam* stands for *suññata vimokkha*, the "void deliverance", which is the negation of continuity. *Anārammaṇam* is clearly enough a reference to *animitta vimokkha*, the "signless deliverance". Not to have an object is to be signless.

The concluding sentence "this itself is the end of suffering" is therefore a clear indication that the end of suffering is reached here and now. It does not mean that the *arahant* gets half of *Nibbāna* here and the other half 'there'.

Our line of interpretation leads to such a conclusion, but of course, in case there are shortcomings in it, we could perhaps improve on it by having recourse to the commentarial interpretation.

Now as to the commentarial interpretation, this is how the *Udāna* commentary explains the points we have discussed:^[591] It paraphrases the term *āyatana* by *kāraṇa*, observing that it means reason in this context. Just as much as forms stand in relation of an object to the eye, so the *asaṅkhata dhātu*, or the "unprepared element", is said to be an object to the *arahant's* mind, and here it is called *āyatana*.

Then the commentary raises the question, why earth, water, fire and air are not there in that *asaṅkhata dhātu*. The four elements are representative of things prepared, *saṅkhata*. There cannot be any mingling or juxtaposition between the *saṅkhata* and the *asaṅkhata*. That is why earth, water, fire and air are not supposed to be there, in that *āyatana*.

The question why there are no formless states, like the sphere of infinite space, the sphere of infinite consciousness, the sphere of nothingness, the sphere of neither-perception-nor-non-perception, is similarly explained, while asserting that *Nibbāna* is nevertheless formless.

Since in *Nibbāna* one has transcended the sensuous sphere, *kāmaloka*, the concepts of a this world and a world beyond are said to be irrelevant. As to why the sun and the moon are not there, the commentary gives the following explanation:

In realms of form there is generally darkness, to dispel which there must be a sun and a moon. But *Nibbāna* is not a realm of form, so how could sun and moon

come in?

Then what about the reference to a coming, a going, a staying, a passing away and an arising? No one comes to *Nibbāna* from anywhere and no one goes out from it, no one stays in it or passes away or reappears in it.

Now all this is mystifying enough. But the commentary goes on to interpret the three terms *appatiṭṭham*, *appavattam* and *anārammaṇam* also in the same vein. Only that which has form gets established and *Nibbāna* is formless, therefore it is not established anywhere. *Nibbāna* does not continue, so it is *appavattam*, or non-continuing. Since *Nibbāna* takes no object, it is objectless, *anārammaṇam*. It is as good as saying that, though one may take *Nibbāna* as an object, *Nibbāna* itself takes no object.

So this is what the traditional interpretation amounts to. If there are any shortcomings in our explanation, one is free to go for the commentarial. But it is obvious that there is a lot of confusion in this commentarial trend. Insufficient appreciation of the deep concept of the cessation of existence seems to have caused all this confusion.

More often than otherwise, commentarial interpretations of *Nibbāna* leaves room for some subtle craving for existence, *bhavataṇhā*. It gives a vague idea of a place or a sphere, *āyatana*, which serves as a surrogate destination for the *arahants* after their demise. Though not always explicitly asserted, it is at least tacitly suggested. The description given above is ample proof of this trend. It conjures up a place where there is no sun and no moon, a place that is not a place. Such confounding trends have crept in probably due to the very depth of this *Dhamma*.

Deep indeed is this *Dhamma* and hard to comprehend, as the Buddha once confided in Venerable *Sāriputta* with a trace of tiredness:

Saṅkhittenapi kho ahaṃ, Sāriputta, dhammaṃ deseyyaṃ, vitthārenapi kho ahaṃ, Sāriputta, dhammaṃ deseyyaṃ, saṅkhittenavitthārenapi kho ahaṃ, Sāriputta, dhammaṃ deseyyaṃ, aññātāro ca dullabhā. [\[592\]](#)

"Whether I were to preach in brief, *Sāriputta*, or whether I were to preach in detail, *Sāriputta*, or whether I were to preach both in brief or in detail, *Sāriputta*, rare are those who understand."

Then Venerable *Sāriputta* implores the Buddha to preach in brief, in detail and both in brief and in detail, saying that there will be those who understand. In response to it the Buddha gives the following instruction to Venerable *Sāriputta*:

Tasmātiha, Sāriputta, evaṃ sikkhitabbaṃ: 'Imasmiñca saviññāṇake kāye ahaṅkāramamaṅkāramānānusayā na bhavissanti, bahiddhā ca sabbanimittesu ahaṅkāramamaṅkāramānānusayā na bhavissanti, yañca cetovimuttiṃ paññāvimuttiṃ upasampajja viharato ahaṅkāramamaṅkāramānānusayā na honti, tañca cetovimuttiṃ paññāvimuttiṃ upasampajja viharissāmā'ti. Evañhi kho, Sāriputta, sikkhitabbaṃ,

"If that is so, *Sāriputta*, you all should train yourselves thus: In this conscious body and in all external signs there shall be no latencies to conceits in terms of I-ing and my-ing, and we will attain to and dwell in that deliverance of the mind and that deliverance through wisdom whereby no such latencies to conceits of I-ing and my-ing will arise. Thus should you all train yourselves!"

The Buddha goes on to declare the final outcome of that training: *Ayaṃ vuccati, Sāriputta, bhikkhu acchecchi taṇhaṃ vāvattayi saṃyojanaṃ sammā mānābhisamayā antam akāsi dukkhassa.*

"Such a monk, *Sāriputta*, is called one who has cut off craving, turned back the fetters, and by rightly understanding conceit for what it is, has made an end of suffering."

We find the Buddha summing up his exhortation by quoting two verses from a *Sutta* in the *Pārāyanavagga* of the *Sutta Nipāta*, which he himself had preached to the Brahmin youth *Udaya*. We may mention in passing that among canonical texts, the *Sutta Nipāta* was held in high esteem so much so that in a number of discourses the Buddha is seen quoting from it, particularly from the two sections *Aṭṭhakavagga* and *Pārāyanavagga*. Now the two verses he quotes in this instance from the *Pārāyanavagga* are as follows:

*Pahānaṃ kāmaccandānaṃ,
domanassāna cūbhayaṃ,
thīṇassa ca panūdanaṃ,
kukkuccānaṃ nivāraṇaṃ,
Upekhāsatisaṃsuddhaṃ,
dhammatakkapurejvaṃ,
aññāvimokkhaṃ pabrūmi,
avijjāyappabhedanaṃ.* [\[593\]](#)

"The abandonment of both sensuous perceptions,
And unpleasant mental states,
The dispelling of torpidity ,
And the warding off of remorse,
The purity born of equanimity and mindfulness,
With thoughts of *Dhamma* forging ahead,
And blasting ignorance,
This I call the deliverance through full understanding."

This is ample proof of the fact that the *arahattaphalasangāhī* is also called *aññāvimokkha*. Among the *Nines* of the *Anguttara Nikāya* we come across another discourse which throws more light on the subject. Here Venerable *Ānanda* is addressing a group of monks.

*Acchariyaṃ, āvuso, abbhutam, āvuso, yāvañcidaṃ tena Bhagavatā jānatā passatā
arahatā sammāsambuddhena sambādhe okāsādhigamo anubuddho sattānaṃ
visuddhiyā sokapariddavānaṃ samatikkamāya dukkhadomanassānaṃ
atthaṅgamāya ñāyassa adhigamāya nibbānassa sacchikiriyāya.*

*Tadeva nāma cakkhuṃ bhavissati te rūpā tañcāyatanaṃ no paṭisaṃvedissati.
Tadeva nāma sotaṃ bhavissati te saddā tañcāyatanaṃ no paṭisaṃvedissati. Tadeva
nāma ghānaṃ bhavissati te gandhā tañcāyatanaṃ no paṭisaṃvedissati. Sā ca nāma
jihvā bhavissati te rasā tañcāyatanaṃ no paṭisaṃvedissati. So ca nāma kāyo
bhavissati te phoṭṭhabbā tañcāyatanaṃ no paṭisaṃvedissati.* [\[594\]](#)

"It is wonderful, friends, it is marvellous, friends, that the Exalted One who knows and sees, that Worthy One, fully enlightened, has discovered an opportunity in obstructing circumstances for the purification of beings, for the transcending of sorrow and lamentation, for the ending of pain and unhappiness, for the attainment of the right path, for the realization of *Nibbāna*.

In as much as that same eye will be there, those forms will be there, but one

will not be experiencing the appropriate sense-sphere. That same ear will be there, those sounds will be there, but one will not be experiencing the appropriate sense-sphere. That same nose will be there, those smells will be there, but one will not be experiencing the appropriate sense-sphere. That same tongue will be there, those flavours will be there, but one will not be experiencing the appropriate sense-sphere. That same body will be there, those tangibles will be there, but one will not be experiencing the appropriate sense-sphere."

What is so wonderful and marvellous about this newly discovered opportunity is that, though apparently the senses and their corresponding objects come together, there is no experience of the appropriate spheres of sense contact. When Venerable *Ānanda* had described this extraordinary level of experience in these words, Venerable *Udāyī* raised the following question:

Saññīmeva nu kho āvuso Ānanda, tadāyatanaṃ no paṭisaṃvedeti udāhu asaññī?
"Friend, is it the fact that while being conscious one is not experiencing that sphere or is he unconscious at that time?"

Venerable *Ānanda* affirms that it is while being conscious, *saññīmeva*, that such a thing happens. Venerable *Udāyī's* cross-question gives us a further clue to the riddle like verse we discussed earlier, beginning with *na sañña saññī na visañña saññī*.

It is indeed puzzling why one does not experience those sense-objects, though one is conscious. As if to drive home the point, Venerable *Ānanda* relates how he once answered a related question put to him by the nun *Jaṭilagāhiyā* when he was staying at the Deer park in *Añjanavana* in *Sāketa*. The question was:

Yāyaṃ, bhante Ānanda, samādhi na cābhinato na cāpanato na ca sasaṅkhāraniggayhavāritavato, vimuttattā ṭhito, ṭhitattā santusito, santusitattā no paritassati. Ayaṃ, bhante, samādhi kiṃphalo vutto Bhagavatā?

"That concentration, Venerable *Ānanda*, which is neither turned towards nor turned outwards, which is not a vow constrained by preparations, one that is steady because of freedom, contented because of steadiness and not hankering because of contentment, Venerable Sir, with what fruit has the Exalted One associated that concentration?"

The question looks so highly compressed that the key words in it might need some clarification. The two terms *abhinata* and *apanata* are suggestive of lust and hate, as well as introversion and extroversion. This concentration is free from these extreme attitudes. Whereas in ordinary concentration *saṅkhāras*, or preparations, exercise some degree of control as the term *vikkhambhana*, "propping up", "suppression", suggests, here there is no implication of any forcible action as in a vow. Here the steadiness is born of freedom from that very constriction.

Generally, the steadiness characteristic of a level of concentration is not much different from the apparent steadiness of a spinning top. It is the spinning that keeps the top up. But here the very freedom from that spinning has brought about a steadiness of a higher order, which in its turn gives rise to contentment.

The kind of peace and contentment that comes with *samādhi* in general is brittle and irritable. That is why it is sometimes called *kuppa paṭicca santi*, "peace subject to irritability".^[595] Here, on the contrary, there is no such irritability.

We can well infer from this that the allusion is to *akuppā cetovimutti*, "unshakeable deliverance of the mind". The kind of contentment born of freedom and stability is so perfect that it leaves no room for hankering, *paritassanā*.

However, the main point of the question posed by that nun amounts to this: What sort of a fruit does a *samādhī* of this description entail, according to the words of the Exalted One? After relating the circumstances connected with the above question as a flash back, Venerable *Ānanda* finally comes out with the answer he had given to the question:

Yāyaṃ, bhagini, samādhī na cābhinato na cāpanato na ca sasaṅkhāraniggayhavāritavato, vimuttattā ṭhito, ṭhitattā santusito, santusitattā no paritassatī, ayaṃ, bhagini, samādhī aññāphalo vutto Bhagavatā.

"Sister, that concentration which is neither turned towards nor turned outwards, which is not a vow constrained by preparations, one that is steady because of freedom, contented because of steadiness and not hankering because of contentment, that concentration, sister, has been declared by the Buddha to have full understanding as its fruit."

Aññā, or full understanding, is one that comes with realization conferring certitude and it is the fruit of the concentration described above. Then, as if coming back to the point, Venerable *Ānanda* adds: *Evaṃ saññīpi kho, āvuso, tad āyatanaṃ no paṭisaṃvedeti.* "Being thus conscious, too, friend, one does not experience an appropriate sphere of sense."

So now we have garnered sufficient evidence to substantiate the claims of this extraordinary *arahattaphalasamādhī*. It may also be mentioned that sometimes this realization of the *arahant* is summed up in a sentence like *anāsavaṃ cetovimuttiṃ paññāvimuttiṃ diṭṭheva dhamme sayaṃ abhiññā sacchikatvā upasampajja viharati*,^[596] "having realized by himself through higher knowledge here and now the influx-free deliverance of the mind and deliverance through wisdom, he dwells having attained to it."

There is another significant discourse in the section of the Fours in the *Aṅguttara Nikāya* which throws some light on how one should look upon the *arahant* when he is in *arahattaphalasamādhī*. The discourse deals with four types of persons, namely:

- 1) *anusotagāmī puggalo* "downstream bound person"
- 2) *paṭisotagāmī puggalo* "upstream bound person"
- 3) *ṭhitatto puggalo* "stationary person"
- 4) *tiṇṇo pāragato thale tiṭṭhati brāhmaṇo* "the Brahmin standing on dry ground having crossed over and gone beyond".^[597]

The first type of person indulges in sense pleasures and commits evil deeds and is thus bound downstream in *saṃsāra*. The second type of person refrains from indulgence in sense pleasures and from evil deeds. His upstream struggle is well expressed in the following sentence: *Sahāpi dukkhena sahāpi domanassena assumukhopi rudamāno paripuṇṇaṃ parisuddhaṃ brahmacariyaṃ caratī*, "even with pain, even with displeasure, with tearful face and crying he leads the holy life in its fullness and perfection."

The third type, the stationary, is the non-returner who, after death, goes to the *Brahma* world and puts an end to suffering there, without coming back to this world.

It is the fourth type of person who is said to have crossed over and gone to the farther shore, *tiṇṇo pāragato*, and stands there, *thale tiṭṭhati*. The word *brahmin* is used here as an epithet of an *arahant*. This riddle-like reference to an *arahant* is explained there with the help of the more thematic description *āsavānaṃ khayā*

anāsavaṃ cetovimuttiṃ paññāvimuttiṃ diṭṭheva dhamme sayamaṃ abhiññā sacchikatvā upasampajja viharati, "with the extinction of influxes he attains to and abides in the influx free deliverance of the mind and deliverance through wisdom".

This brings us to an extremely deep point in our discussion on *Nibbāna*. If the *arahant* in *arahattaphalasamādhī* is supposed to be standing on the farther shore, having gone beyond, what is the position with him when he is taking his meals or preaching in his every day life? Does he now and then come back to this side?

Whether the *arahant*, having gone to the farther shore, comes back at all is a matter of dispute. The fact that it involves some deeper issues is revealed by some discourses touching on this question.

The last verse of the *Paramatṭhakasutta* of the *Sutta Nipāta*, for instance, makes the following observation:

*Na kappayanti na purekkharonti,
dhammā pi tesaṃ na paṭicchitāse,
na brāhmaṇo sīlavatena neyyo,
pāraṃgato na pacceṭi tādī.*^[598]

"They, the *arahants*, do not formulate or put forward views,

They do not subscribe to any views,

The true Brahmin is not liable to be led astray by ceremonial rites and ascetic vows,

The Such like One, who has gone to the farther shore, comes not back."

It is the last line that concerns us here. For the *arahant* it uses the term *tādī*, a highly significant term which we came across earlier too. The rather literal rendering "such-like" stands for steadfastness, for the unwavering firmness to stand one's ground. So, the implication is that the *arahant*, once gone beyond, does not come back. The steadfastness associated with the epithet *tādī* is reinforced in one *Dhammapada* verse by bringing in the simile of the firm post at the city gate: *Indakhīlūpamo tādī subbato*,^[599] "who is steadfast and well conducted like the pillar at the city gate."

The verse in question, then, points to the conclusion that the steadfast one, the *arahant*, who has attained supramundane freedom, does not come back.

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MIND STILLED 18

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santaṃ, etaṃ paṇītaṃ, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ.*^[600]

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks. This is the eighteenth sermon in the series of sermons on *Nibbāna*.

We happened to mention, in our last sermon, that many of the discourses dealing with the subject of *Nibbāna*, have been misinterpreted, due to a lack of appreciation of the fact that the transcendence of the world and crossing over to the farther shore of existence have to be understood in a psychological sense.

The view that the *arahant* at the end of his life enters into an absolutely existing *asaṅkhata dhātu*, or 'unprepared element', seems to have received acceptance in the commentarial period. In the course of our last sermon, we made it very clear that some of the discourses cited by the commentators in support of that view deal, on the contrary, with some kind of realization the *arahant* goes through here and now, in this very life, in this very world - a realization of the cessation of existence, or the cessation of the six sense-spheres.

Even when the Buddha refers to the *arahant* as the Brahmin who, having gone beyond, is standing on the farther shore, [\[601\]](#) he was speaking of the *arahant* who has realized, in this very life, the influx-free deliverance of the mind and deliverance through wisdom, in his concentration of the fruit of *arahant*-hood.

Therefore, on the strength of this evidence, we are compelled to elicit a subtler meaning of the concept of 'this shore' and the 'farther shore' from these discourses dealing with *Nibbāna* than is generally accepted in the world. Our sermon today is especially addressed to that end.

As we mentioned before, if one is keen on getting a solution to the problems relating to *Nibbāna*, the discourses we are now taking up for discussion might reveal the deeper dimensions of that problem.

We had to wind up our last sermon while drawing out the implications of the last line in the *Paramaṭṭhakaṣutta* of the *Sutta Nipāta*: *pāraṃgato na pacceṭi tādi*. [\[602\]](#) We drew the inference that the steadfast one, the *arahant*, who is such-like, once gone to the farther shore, does not come back.

We find, however, quite a different idea expressed in a verse of the *Nālakasutta* in the *Sutta Nipāta*. The verse, which was the subject of much controversy among the ancients, runs as follows:

*Uccāvāca hi paṭipadā,
samaṇena pakāsitā,
na pāraṃ diguṇaṃ yanti,
na idaṃ ekaguṇaṃ mutaṃ.* [\[603\]](#)

"High and low are the paths,
Made known by the recluse,
They go not twice to the farther shore,
Nor yet is it to be reckoned a going once."

The last two lines seem to contradict each other. There is no going twice to the farther shore, but still it is not to be conceived as a going once.

Now, as for the first two lines, the high and low paths refer to the modes of practice adopted, according to the grades of understanding in different character types. For instances, the highest grade of persons attains *Nibbāna* by an easy path, being quick-witted, *sukhā paṭipadā khippābhiññā*, whereas the lowest grade attains it by a difficult path, being relatively dull-witted, *dukkhā paṭipadā*

dandhābhiññā. [\[604\]](#)

The problem lies in the last two lines. The commentary tries to tackle it by interpreting the reference to not going twice to the farther shore, *na pāraṃ diguṇaṃ yanti*, as an assertion that there is no possibility of attaining *Nibbāna* by the same path twice, *ekamaggena dvikkhattuṃ nibbānaṃ na yanti*. [\[605\]](#) The implication is that the supramundane path of a stream-winner, a once-returned or a non-returned arises only once. Why it is not to be conceived as a going once is explained as an acceptance of the norm that requires not less than four supramundane paths to attain *arahant*-hood.

However, a deeper analysis of the verse in question would reveal the fact that it effectively brings up an apparent contradiction. The commentary sidetracks by resolving it into two different problems. The two lines simply reflect two aspects of the same problem.

They go not twice to the farther shore, and this not going twice, *na idaṃ*, is however not to be thought of as a 'going once' either. The commentary sidetracks by taking *idaṃ*, 'this', to mean the farther shore, *pāraṃ*, whereas it comprehends the whole idea of not going twice. Only then is the paradox complete.

In other words, this verse concerns the such-like one, the *arahant*, and not the stream-winner, the once-returned or the non-returned. Here we have an echo of the idea already expressed as the grand finale of the *Paramatṭhakasutta*: *pāraṃgato na pacceṭi tādi*, [\[606\]](#) the such-like one, "gone to the farther shore, comes not back".

It is the last line, however, that remains a puzzle. Why is this 'not going twice,' not to be thought of as a 'going once'? There must be something deep behind this riddle.

Now, for instance, when one says 'I won't go there twice', it means that he will go only once. When one says 'I won't tell twice', it follows that he will tell only once. But here we are told that the *arahant* goes not twice, and yet it is not a going once.

The idea behind this riddle is that the influx-free *arahant*, the such-like-one, gone to the farther shore, which is supramundane, does not come back to the mundane. Nevertheless, he apparently comes back to the world and is seen to experience likes and dislikes, pleasures and pains, through the objects of the five senses. From the point of view of the worldling, the *arahant* has come back to the world. This is the crux of the problem.

Why is it not to be conceived of as a going once? Because the *arahant* has the ability to detach himself from the world from time to time and re-attain to that *arahattaphalasamādhī*. It is true that he too experiences the objects of the five external senses, but now and then he brings his mind to dwell in that *arahattaphalasamādhī*, which is like standing on the farther shore.

Here, then, we have an extremely subtle problem. When the *arahant* comes back to the world and is seen experiencing the objects of the five senses, one might of course conclude that he is actually 'in the world'. This problematic situation, namely the question how the influx-free *arahant*, gone to the farther shore, comes back and takes in objects through the senses, the Buddha resolves with the help of a simple simile, drawn from nature. For instance, we read in the *Jarāsutta* of the *Sutta Nipāta* the following scintillating lines.

Udabindu yathā pi pokkhare,

*padume vāri yathā na lippati,
evam muni nopalippati,
yadidaṃ diṭṭhasutamutesu vā.*^[6071]

"Like a drop of water on a lotus leaf,
Or water that taints not the lotus petal,
So the sage unattached remains,
In regard to what is seen, heard and sensed."

So the extremely deep problem concerning the relation between the supramundane and the mundane levels of experience, is resolved by the Buddha by bringing in the simile of the lotus petal and the lotus leaf.

Let us take up another instance from the *Māgandiyasutta* of the *Sutta Nipāta*.

*Yehi vivitto vicareyya loke,
na tāni uggayha vadeyya nāgo,
elambujaṃ kaṇṭakaṃ vārijaṃ yathā,
jalena paṃkena anūpalittaṃ,
evam munī santivādo agiddho,
kāme ca loke ca anūpalitto.*^[6081]

"Detached from whatever views, the *arahant* wanders in the world,
He would not converse, taking his stand on them,
Even as the white lotus, sprung up in the water,
Yet remains unsmearred by water and mud,
So is the sage, professing peace and free from greed,
Unsmearred by pleasures of sense and things of the world."

Among the Tens of the *Aṅguttara Nikāya* we come across a discourse in which the Buddha answers a question put by Venerable *Bāhuna*. At that time the Buddha was staying near the pond *Gaggara* in the city of *Campa*. Venerable *Bāhuna*'s question was:

Katīhi nu kho, bhante, dhammehi tathāgato nissaṭo visaṃyutto vip̐pamutto vimariyādikatena cetasā viharati?^[6091] "Detached, disengaged and released from how many things does the *Tathāgata* dwell with an unrestricted mind?" The Buddha's answer to the question embodies a simile, aptly taken from the pond, as it were.

Dasahi kho, Bāhuna, dhammehi tathāgato nissaṭo visaṃyutto vip̐pamutto vimariyādikatena cetasā viharati. Katamehi dasahi? Rūpena kho, Bāhuna, Tathāgato nissaṭo visaṃyutto vip̐pamutto vimariyādikatena cetasā viharati, vedanāya ... saññāya ... saṅkhārehi ... viññāṇena ... jātiyā ... jarāya ... maraṇena ... dukkhehi ... kilesehi kho, Bāhuna, Tathāgato nissaṭo visaṃyutto vip̐pamutto vimariyādikatena cetasā viharati.

Seyyathāpi, Bāhuna, uppalaṃ vā padumaṃ vā puṇḍarīkaṃ vā udake jātaṃ udake saṃvaḍḍhaṃ udakā accugamma tiṭṭhati anupalittaṃ udakena, evam eva kho Bāhuna Tathāgato imehi dasahi dhammehi nissaṭo visaṃyutto vip̐pamutto vimariyādikatena cetasā viharati.

"Detached, disengaged and released from ten things, *Bāhuna*, does the

Tathāgata dwell with a mind unrestricted. Which ten? Detached, disengaged and released from form, *Bāhuna*, does the *Tathāgata* dwell with a mind unrestricted; detached, disengaged and released from feeling ... from perceptions ... from preparations from consciousness ... from birth ... from decay ... from death ... from pains ... from defilements, *Bāhuna*, does the *Tathāgata* dwell with a mind unrestricted.

Just as, *Bāhuna*, a blue lotus, a red lotus, or a white lotus, born in the water, grown up in the water, rises well above the water and remains unsmudged by water, even so, *Bāhuna*, does the *Tathāgata* dwell detached, disengaged and released from these ten things with a mind unrestricted."

This discourse, in particular, highlights the transcendence of the *Tathāgata*, though he seems to take in worldly objects through the senses. Even the release from the five aggregates is affirmed.

We might wonder why the *Tathāgata* is said to be free from birth, decay and death, since, as we know, he did grow old and pass away. Birth, decay and death, in this context, do not refer to some future state either. Here and now the *Tathāgata* is free from the concepts of birth, decay and death.

In the course of our discussion of the term *papañca*, we had occasion to illustrate how one can be free from such concepts.^[610] If concepts of birth, decay and death drive fear into the minds of worldlings, such is not the case with the *Tathāgata*. He is free from such fears and forebodings. He is free from defilements as well.

The discourse seems to affirm that the *Tathāgata* dwells detached from all these ten things. It seems, therefore, that the functioning of the *Tathāgata*'s sense-faculties in his every day life also should follow a certain extraordinary pattern of detachment and disengagement. In fact, Venerable *Sāriputta* says something to that effect in the *Saḷāyatanaśamṃyutta* of the *Saṃyutta Nikāya*.

Passati Bhagavā cakkhunā rūpaṃ, chandarāgo Bhagavato natthi, suvimuttacitto Bhagavā.^[611] "The Exalted One sees forms with the eye, but there is no desire or attachment in him, well freed in mind is the Exalted One."

We come across a similar statement made by the brahmin youth *Uttara* in the *Brahmāyusutta* of the *Majjhima Nikāya*, after he had closely followed the Buddha for a considerable period to verify the good report of his extraordinary qualities.

Rasapaṭisaṃvedī kho pana so bhavaṃ Gotamo āhāraṃ āhāreti, no rasarāgapaṭisaṃvedī.^[612] "Experiencing taste Master *Gotama* takes his food, but not experiencing any attachment to the taste."

It is indeed something marvellous. The implication is that there is such a degree of detachment with regard to things experienced by the tongue, even when the senses are taking in their objects. One can understand the difference between the mundane and the supramundane, when one reflects on the difference between experiencing taste and experiencing an attachment to taste.

Not only with regard to the objects of the five senses, but even with regard to mind-objects, the emancipated one has a certain degree of detachment. The *arahant* has realized that they are not 'such'. He takes in concepts, and even speaks in terms of 'I' and 'mine', but knows that they are false concepts, as in the case of a child's language,

There is a discourse among the Nines of the *Āṅguttara Nikāya* which seems to assert this fact. It is a discourse preached by Venerable *Sāriputta* to refute a wrong viewpoint taken by a monk named *Chandikāputta*.

Evaṃ sammā vimuttacittassa kho, āvuso, bhikkhuno bhusā cepi cakkhuvīññeyyā rūpā cakkhussa āpāthaṃ āgacchanti, nevassa cittaṃ pariyādiyanti, amissīkatamevassa cittaṃ hoti t̥hitaṃ āneñjappattaṃ, vayaṃ cassānupassati. Bhusā cepi sotaviññeyyā saddā ... bhūsa cepi ghānaviññeyyā gandhā ... bhūsa cepi jivhāviññeyyā rasā ... bhūsa cepi kāyaviññeyyā phoṭṭhabbā ... bhūsa cepi manoviññeyyā dhammā manassa āpāthaṃ āgacchanti, nevassa cittaṃ pariyādiyanti, amissīkatamevassa cittaṃ hoti t̥hitaṃ āneñjappattaṃ, vayaṃ cassānupassati. [\[613\]](#)

"Friend, in the case of a monk who is fully released, even if many forms cognizable by the eye come within the range of vision, they do not overwhelm his mind, his mind remains unalloyed, steady and unmoved, he sees its passing away. Even if many sounds cognizable by the ear come within the range of hearing ... even if many smells cognizable by the nose ... even if many tastes cognizable by the tongue ... even if many tangibles cognizable by the body ... even if many mind-objects cognizable by the mind come within the range of the mind, they do not overwhelm his mind, his mind remains unalloyed, steady and unmoved, he sees its passing away."

So here we have the ideal of the emancipated mind. Generally, a person unfamiliar with the nature of a lotus leaf or a lotus petal, on seeing a drop of water on a lotus leaf or a lotus petal would think that the water drop smears them.

Earlier we happened to mention that there is a wide gap between the mundane and the supramundane. Some might think that this refers to a gap in time or in space. In fact it is such a conception that often led to various misinterpretations concerning *Nibbāna*. The supramundane seems so far away from the mundane, so it must be something attainable after death in point of time. Or else it should be far far away in outer space. Such is the impression made in general.

But if we go by the simile of the drop of water on the lotus leaf, the distance between the mundane and the supramundane is the same as that between the lotus leaf and the drop of water on it.

We are still on the problem of the hither shore and the farther shore. The distinction between the mundane and the supramundane brings us to the question of this shore and the other shore.

The *arahant's* conception of this shore and the other shore differs from that of the worldling in general. If, for instance, a native of this island goes abroad and settles down there, he might even think of a return to his country as a 'going abroad'. Similarly, as far as the emancipated sage is concerned, if he, having gone to the farther shore, does not come back, one might expect him to think of this world as the farther shore.

But it seems the *arahant* has no such distinction. A certain *Dhammapada* verse alludes to the fact that he has transcended this dichotomy:

*Yassa pāraṃ apāraṃ vā,
pārāpāraṃ na vijjati,
vītaddaraṃ visaṃyuttaṃ,
tam ahaṃ brūmi brāhmaṇaṃ.* [\[614\]](#)

This is a verse we have quoted earlier too, in connection with the question of the verbal dichotomy. [\[615\]](#) *Yassa pāraṃ apāraṃ vā, pārāpāraṃ na vijjati,* "to whom there is neither a farther shore, nor a hither shore, nor both". That is to say, he

has no discrimination between the two. *Vītaddaraṃ viṣaṃyuttaṃ, tam ahaṃ brūmi brāhmaṇaṃ*, "who is free from pangs of sorrow and entanglements, him I call a Brahmin".

This means that the *arahant* is free from the verbal dichotomy, which is of relevance to the worldling. Once gone beyond, the emancipated one has no more use of these concepts. This is where the Buddha's dictum in the raft simile of the *Alagaddūpamasutta* becomes meaningful.

Even the concepts of a 'this shore' and a 'farther shore' are useful only for the purpose of crossing over. If, for instance, the *arahant*, having gone beyond, were to think 'ah, this is my land', that would be some sort of a grasping. Then there will be an identification, *tammayatā*, not a non-identification, *atammayatā*.

As we had mentioned earlier, there is a strange quality called *atammayatā*, associated with an *arahant*.^[616] In connection with the simile of a man who picked up a gem, we have already stated the ordinary norm that prevails in the world.^[617]

If we possess something - we are possessed by it.

If we grasp something - we are caught by it.

This is the moral behind the parable of the gem. It is this conviction, which prompts the *arahant* not to grasp even the farther shore, though he may stand there. 'This shore' and the 'other shore' are concepts, which have a practical value to those who are still on this side.

As it is stated in the *Alagaddūpamasutta*, since there is no boat or bridge to cross over, one has to improvise a raft by putting together grass, twigs, branches and leaves, found on this shore. But after crossing over with its help, he does not carry it with him on his shoulder.

Evameva kho, bhikkhave, kullūpamo mayā dhammo desito nittharaṇatthāya no gahaṇatthāya. Kullūpamaṃ vo bhikkhave ājānantehi dhammā pi vo pahātabbā, pag'eva adhammā.^[618]

"Even so, monks, have I preached to you a *Dhamma* that is comparable to a raft, which is for crossing over and not for grasping. Well knowing the *Dhamma* to be comparable to a raft, you should abandon even the good things, more so the bad things."

One might think that the *arahant* is in the sensuous realm, when, for instance, he partakes of food. But that is not so. Though he attains to the realms of form and formless realms, he does not belong there. He has the ability to attain to those levels of concentration, but he does not grasp them egoistically, true to that norm of *atammayatā*, or non-identification.

This indeed is something extraordinary. Views and opinions about language, dogmatically entertained by the worldlings, lose their attraction for him. This fact is clearly illustrated for us by the *Uragasutta* of the *Sutta Nipāta*, the significance of which we have already stressed.^[619] We happened to mention that there is a refrain, running through all the seventeen verses making up that discourse. The refrain concerns the worn out skin of a snake. The last two lines in each verse, forming the refrain, are:

*So bhikkhu jahāti orapāraṃ,
urago jiṇṇamiva tacaṃ purāṇaṃ*.^[620]

"That monk forsakes the hither and the thither,
Even as the snake its skin that doth wither".

The term *orapāraṃ* is highly significant in this context. *Oraṃ* means "this shore" and *paraṃ* is the "farther shore". The monk, it seems, gives up not only this shore, but the other shore as well, even as the snake sloughs off its worn out skin. That skin has served its purpose, but now it is redundant. So it is sloughed off.

Let us now take up one more verse from the *Uragasutta* which has the same refrain, because of its relevance to the understanding of the term *papañca*. The transcendence of relativity involves freedom from the duality in worldly concepts such as 'good' and 'evil'. The concept of a 'farther shore' stands relative to the concept of a 'hither shore'. The point of these discourses is to indicate that there is a freedom from worldly conceptual proliferations based on duality and relativity. The verse we propose to bring up is:

*Yo nāccasārī na paccasārī,
sabbam accagamā imaṃ papañcam,
so bhikkhu jahāti orapāraṃ,
urago jiṇṇamiva tacam purāṇam.* [\[621\]](#)

"Who neither overreaches himself nor lags behind,
And has gone beyond all this proliferation,
That monk forsakes the hither and the thither,
Even as the snake its slough that doth wither".

This verse is particularly significant in that it brings out some points of interest. The overreaching and lagging behind is an allusion to the verbal dichotomy. In the context of views, for instance, annihilationism is an overreaching and eternalism is a lagging behind. We may give another illustration, easier to understand. Speculation about the future is an overreaching and repentance over the past is a lagging behind. To transcend both these tendencies is to get beyond proliferation, *sabbam accagamā imaṃ papañcam*.

When a banknote is invalidated, cravings, conceits and views bound with it go down. Concepts current in the world, like banknotes in transaction, are reckoned as valid so long as cravings, conceits and views bound with them are there. They are no longer valid when these are gone.

We have defined *papañca* with reference to cravings, conceits and views. [\[622\]](#) Commentaries also speak of *taṇhāpapañca*, *diṭṭhipapañca* and *mānapapañca*. [\[623\]](#) By doing away with cravings, conceits and views, one goes beyond all *papañca*.

The term *orapāraṃ*, too, has many connotations. It stands for the duality implicit in such usages as the 'internal' and the 'external', 'one's own' and 'another's', as well as 'this shore' and the 'farther shore'. It is compared here to the worn out skin of a snake. It is worn out by transcending the duality characteristic of linguistic usage through wisdom.

Why the Buddha first hesitated to teach this *Dhamma* was the difficulty of making the world understand. [\[624\]](#) Perhaps it was the conviction that the world could easily be misled by those limitations in the linguistic medium.

We make these few observations in order to draw attention to the relativity underlying such terms as 'this shore' and the 'other shore' and to show how *Nibbāna* transcends even that dichotomy.

In this connection, we may take up for comment a highly controversial *sutta* in

the *Itivuttaka*, which deals with the two aspects of *Nibbāna* known as *sa-upādisesā Nibbānadhātu* and *anupādisesā Nibbānadhātu*. We propose to quote the entire *sutta*, so as to give a fuller treatment to the subject.

Vuttaṃ hetuṃ Bhagavatā, vuttam arahatā ti me suttaṃ:

Dve-mā, bhikkhave, nibbānadhātuyo. Katame dve? Sa-upadisesā ca nibbānadhātu, anupādisesā ca nibbānadhātu.

Katamā, bhikkhave, sa-upadisesā nibbānadhātu? Idha, bhikkhave, bhikkhu araham hoti khīṇāsavo vusitavā katakaraṇīyo ohitabhāro anuppattasadattho parikkhīṇabhavasamyojano sammadaññāvimutto. Tassa tiṭṭhanteva pañcindriyāni yesam avighātattā manāpāmanāpaṃ paccaṇubhoti, sukhadukkham paṭisaṃvediyati. Tassa yo rāgakkhayo dosakkhayo mohakkhayo, ayaṃ vuccati, bhikkhave, sa-upadisesā nibbānadhātu.

Katamā ca, bhikkhave, anupādisesā nibbānadhātu? Idha, bhikkhave, bhikkhu araham hoti khīṇāsavo vusitavā katakaraṇīyo ohitabhāro anuppattasadattho parikkhīṇabhavasamyojano sammadaññāvimutto. Tassa idheva sabbavedayitāni anabhinanditāni sītibhavissanti, ayaṃ vuccati, bhikkhave, anupādisesā nibbānadhātu.

Etam atthaṃ Bhagavā avoca, tatthetaṃ iti vuccati:

*Duve imā cakkhumatā pakāsītā,
nibbānadhātū anissitena tādīnā,
ekā hi dhātu idha diṭṭhadhammikā,
sa-upadisesā bhavanettisaṅkhayā,
anupādisesā pana samparāyikā,
yamhi nirujjhanti bhavāni sabbaso.*

*Ye etad-aññāya padaṃ asaṅkhatam,
vimuttacittā bhavanettisaṅkhayā,
te dhammasārādhigamā khaye ratā,
pahaṃsu te sabbabhavāni tādīno.*

Ayampi attho vutto Bhagavatā, iti me suttaṃ. [\[625\]](#)

"This was said by the Exalted One, said by the Worthy One, so have I heard:

'Monks, there are these two *Nibbāna* elements. Which two? The *Nibbāna* element with residual clinging and the *Nibbāna* element without residual clinging.

And what, monks, is the *Nibbāna* element with residual clinging? Herein, monks, a monk is an *arahant*, with influxes extinct, one who has lived the holy life to the full, done what is to be done, laid down the burden, reached one's goal, fully destroyed the fetters of existence and released with full understanding. His five sense faculties still remain and due to the fact that they are not destroyed, he experiences likes and dislikes, and pleasures and pains. That extirpation of lust, hate and delusion in him, that, monks, is known as the *Nibbāna* element with residual clinging.

And what, monks, is the *Nibbāna* element without residual clinging? Herein, monks, a monk is an *arahant*, with influxes extinct, one who has lived the holy life to the full, done what is to be done, laid down the burden, reached one's goal, fully destroyed the fetters of existence and released with full understanding. In him, here itself, all what is felt will cool off, not being delighted in. This, monks, is the *Nibbāna* element without residual clinging.'

To this effect the Exalted One spoke and this is the gist handed down as 'thus said'.

'These two *Nibbāna* elements have been made known,
By the one with vision, unattached and such,
Of relevance to the here and now is one element,
With residual clinging, yet with tentacles to becoming snapped,
But then that element without residual clinging is of relevance to the hereafter,
For in it surcease all forms of becoming.

They that comprehend fully this state of the unprepared,
Released in mind with tentacles to becoming snapped,
On winning to the essence of *Dhamma* they take delight in seeing to an end of it all,
So give up they, all forms of becoming, steadfastly such-like as they are."

The standard phrase summing up the qualification of an *arahant* occurs in full in the definition of the *sa-upādisesā Nibbānadhātu*. The distinctive feature of this *Nibbāna* element is brought out in the statement that the *arahant's* five sense faculties are still intact, owing to which he experiences likes and dislikes, and pleasure and pain. However, to the extent that lust, hate and delusion are extinct in him, it is called the *Nibbāna* element with residual clinging.

In the definition of the *Nibbāna* element without residual clinging, the same standard phrase recurs, while its distinctive feature is summed up in just one sentence: *Tassa idheva sabbavedayitāni anabhinanditāni sītibhavissanti*, "in him, here itself, all what is felt will cool off, not being delighted in". It may be noted that the verb is in the future tense and apart from this cooling off, there is no guarantee of a world beyond, as an *asaṅkhata dhātu*, or 'unprepared element', with no sun, moon or stars in it.

The two verses that follow purport to give a summary of the prose passage. Here it is clearly stated that out of the two *Nibbāna* elements, as they are called, the former pertains to the here and now, *diṭṭhadhammika*, while the latter refers to what comes after death, *samparāyika*. The *Nibbāna* element with residual clinging, *sa-upādisesā Nibbānadhātu*, has as its redeeming feature the assurance that the tentacular craving for becoming is cut off, despite its exposure to likes and dislikes, pleasures and pains, common to the field of the five senses.

As for the *Nibbāna* element without residual clinging, it is definitely stated that in it all forms of existence come to cease. The reason for it is none other than the crucial fact, stated in that single sentence, namely, the cooling off of all what is felt as an inevitable consequence of not being delighted in, *anabhinanditāni*.

Why do they not take delight in what is felt at the moment of passing away? They take delight in something else, and that is: the very destruction of all what is felt, a foretaste of which they have already experienced in their attainment to that unshakeable deliverance of the mind, which is the very pith and essence of the *Dhamma*, *dhammasāra*.

As stated in the *Mahāsāropamasutta* of the *Majjhima Nikāya*, the pith of the *Dhamma* is that deliverance of the mind,^[6261] and to take delight in the ending of all feelings, *khaye ratā*, is to revert to the *arahattaphalasamādhī* with which the *arahant* is already familiar. That is how those such-like ones abandon all forms of existence, *pahaṃsu te sabbabhavāni tādino*.

Let us now try to sort out the problems that are likely to be raised in connection with the interpretation we have given. First and foremost, the two terms *diṭṭhadhammika* and *samparāyika* have to be explained.

A lot of confusion has arisen, due to a misunderstanding of the meaning of these two terms in this particular context. The usual commentarial exegesis on the term *diṭṭhadhammika* amounts to this: *Imasmiṃ attabhāve bhavā vattamānā*,^[627] "in this very life, that is, in the present". It seems all right. But then for *samparāyika* the commentary has the following comment: *samparāye khandhabhedato parabhāge*, "*samparāya* means after the breaking up of the aggregates". The implication is that it refers to the *arahant's* after death state.

Are we then to conclude that the *arahant* gets half of his *Nibbāna* here and the other half hereafter? The terms *diṭṭhadhammika* and *samparāyika*, understood in their ordinary sense, would point to such a conclusion.

But let us not forget that the most distinctive quality of this *Dhamma* is associated with the highly significant phrase, *diṭṭhevadhamme*, "in this very life". It is also conveyed by the expression *sandiṭṭhika akālika*, "here and now" and "timeless".^[628] The goal of endeavour, indicated by this *Dhamma*, is one that could be fully realized here and now, in this very life. It is not a piecemeal affair. Granting all that, do we find here something contrary to it, conveyed by the two terms *diṭṭhadhammika* and *samparāyika*? How can we reconcile these two passages?

In the context of *kamma*, the meaning of the two terms in question can easily be understood. For instance, that category of *kamma* known as *diṭṭhadhammavedanīya* refers to those actions which produce their results here and now. *Samparāyika* pertains to what comes after death, as for instance in the phrase *samparāye ca duggati*, an "evil bourn after death".^[629] In the context of *kamma* it is clear enough, then, that the two terms refer to what is experienced in this world and what comes after death, respectively.

Are we justified in applying the same criterion, when it comes to the so-called two elements of *Nibbāna*? Do the *arahants* experience some part of *Nibbāna* here and the rest hereafter?

At this point, we have to admit that the term *diṭṭhadhammika* is associated with *sa-upādisesā Nibbānadhātu* while the term *samparāyika* is taken over to refer to *anupādisesā Nibbānadhātu*. However, the fact that *Nibbāna* is explicitly defined elsewhere as the cessation of existence, *bhavanirodho Nibbānaṃ*,^[630] must not be forgotten. If *Nibbāna* is the cessation of existence, there is nothing left for the *arahant* to experience hereafter.

Nibbāna is solely the realization of the cessation of existence or the end of the process of becoming. So there is absolutely no question of a hereafter for the *arahant*. By way of clarification, we have to revert to the primary sense of the term *Nibbāna*. We have made it sufficiently clear that *Nibbāna* means 'extinction' or 'extinguishment', as of a fire.

All the commentarial jargon, equating *vāna* to *taṇhā*, is utterly irrelevant. If the idea of an extinguishment of a fire is brought in, the whole problem is solved. Think of a blazing fire. If no more firewood is added to it, the flames would subside and the embers would go on smouldering before turning into ashes. This is the norm. Now this is not an analogy we are superimposing on the *Dhamma*. It is only an echo of a canonical simile, picked up from the *Nāgasutta* of the *Aṅguttara Nikāya*. The relevant verse, we are quoting, recurs in the *Udāyi Theragāthā* as well.

*Mahāgini pajjalito,
anāhārūpasammati,
aṅgāresu ca santesu,,
nibbuto ti pavuccati.* [\[631\]](#)

"As a huge blazing fire, with no more firewood added,
Goes down to reach a state of calm,
Embers smouldering, as they are, could be reckoned,
So long as they last, as almost 'extinguished'."

Though we opted to render the verse this way, there is a variant reading, which could lead to a different interpretation. As so often happens in the case of deep *suttas*, here too the correct reading is not easily determined. Instead of the phrase *aṅgāresu ca santesu*, attested as it is, many editions go for the variant reading *saṅkhāresūpasantesu*. If that reading is adopted, the verse would have to be rendered as follows:

"As a huge blazing fire, with no more fire wood added,
Goes down to reach a state of calm,
When *saṅkhāras* calm down,
One is called 'extinguished'."

It maybe pointed out that this variant reading does not accord with the imagery of the fire presented by the first two lines of the verse. It is probably a scribe's error that has come down, due to the rhythmic similarity between the two phrases *aṅgāresu ca santesu*, and *saṅkhāresūpasantesu*. [\[632\]](#) Between the reciter and the scribe, phrases that have a similar ring and rhythm, could sometimes bring about a textual corruption. Be that as it may, we have opted for the reading *aṅgāresu ca santesu*, because it makes more sense.

From the particular context in which the verse occurs, it seems that this imagery of the fire is a restatement of the image of the lotus unsmearred by water. Though the embers are still smouldering, to the extent that they are no longer hungering for more fuel and are not emitting flames, they may as well be reckoned as 'extinguished'.

We can draw a parallel between this statement and the definition of *sa-upādisesā Nibbānadhātu* already quoted. As a full-fledged *arahant*, he still experiences likes and dislikes and pleasures and pains, owing to the fact that his five sense-faculties are intact.

The assertion made by the phrase beginning with *tassa tiṭṭhanteva pañcindriyāni yesaṃ avighātattā ...*, "his five senses do exist, owing to the non-destruction of which ...", rather apologetically brings out the limitations of the living *arahant*. It is reminiscent of those smouldering embers in the imagery of the *Nāgasutta*. However, in so far as flames of lust, hate and delusion are quenched in him, it comes to be called *sa-upādisesā Nibbānadhātu*, even as in the case of those smouldering embers.

Craving is aptly called *bhavanetti*, [\[633\]](#) in the sense that it leads to becoming by catching hold of more and more fuel in the form of *upādāna*. When it is under control, the functioning of the sense-faculties do not entail further rebirth. The inevitable residual clinging in the living *arahant* does not precipitate a fresh

existence.

This gives us a clue to the understanding of the term *anupādisesa*. The element *upādi* in this term is rather ambiguous. In the *Satipaṭṭhānasutta*, for instance, it is used as the criterion to distinguish the *anāgāmi*, the "non-returner", from the *arahant*, in the statement *diṭṭhevadhamme aññā, sati vā upādisese anāgāmitā*,^[634] "either full convincing knowledge of *arahant*-hood here and now, or the state of non-return in the case of residual clinging".

But when it comes to the distinction between *sa-upādisesa* and *anupādisesa*, the element *upādi* has to be understood in a more radical sense, in association with the word *upādiṇṇa*. This body, as the product of past *kamma*, is the 'grasped' par excellence, which as an organic combination goes on functioning even in the *arahant* until his last moment of life.

Venerable *Sāriputta* once declared that he neither delighted in death nor delighted in life, *nābhinandāmi maraṇaṃ nābhinandāmi jīvitaṃ*.^[635] So the embers go on smouldering until they become ashes. It is when the life span ends that the embers finally turn to ashes.

The popular interpretation of the term *anupādisesā Nibbānadhātu* leaves room for some absolutist conceptions of an *asaṅkhata dhātu*, unprepared element, as the destiny of the *arahant*. After his *parinibbāna*, he is supposed to enter this particular *Nibbānadhātu*. But here, in this discourse, it is explained in just one sentence: *Tassa idheva, bhikkhave, sabbavedayitāni anabhinanditāni sītibhavissanti*, "in the case of him" (that is the *arahant*) ", O! monks, all what is felt, not having been delighted in, will cool off here itself."

This cooling off happens just before death, without igniting another spark of life. When *Māra* comes to grab and seize, the *arahant* lets go. The pain of death with which *Māra* teases his hapless victim and lures him into another existence, becomes ineffective in the case of the *arahant*. As he has already gone through the supramundane experience of deathlessness, in the *arahattaphalasamādhī*, death loses its sting when at last it comes. The influx-free deliverance of the mind and the influx-free deliverance through wisdom enable him to cool down all feelings in a way that baffles *Māra*.

So the *arahant* lets go of his body, experiencing ambrosial deathlessness. As in the case of Venerable *Dabba Mallaputta*, he would sometimes cremate his own body without leaving any ashes.^[636] Outwardly it might appear as an act of self-immolation, which indeed is painful. But this is not so. Using his *jhānic* powers, he simply employs the internal fire element to cremate the body he has already discarded.

This, then, is the Buddha's extraordinary solution to the problem of overcoming death, a solution that completely outwits *Māra*.

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MIND STILLED 19

Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa

Etaṃ santaṃ, etaṃ paṇītaṃ, yadidaṃ sabbasaṅkhārasamatho sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ.^[6371]

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks. This is the nineteenth sermon in the series of sermons on *Nibbāna*.

Towards the end of our last sermon, we started commenting on the two terms *sa-upādisesā Nibbānadhātu* and *anupādisesā Nibbānadhātu*. Our discussion was based on a discourse, which we quoted from the *Itivuttaka*. We also drew attention to a certain analogy found in the discourses, which shows that the two *Nibbāna* elements actually represent two stages of the extinguishment implicit in the term *Nibbāna*.

When no more firewood is added to a blazing fire, flames would subside and the logs of wood already burning go on smouldering as embers. After some time, they too get extinguished and become ashes. With regard to the *arahant*, too, we have to think in terms of this analogy. It can be taken as an illustration of the two *Nibbāna* elements. To the extent the living *arahant* is free from fresh graspings, lust, hate and delusions do not flare up. But so long as he has to bear the burden of this organic combination, this physical frame, the *arahant* has to experience certain afflictions and be receptive to likes and dislikes, pleasures and pains.

In spite of all that, mentally he has access to the experience of the extinguishment he has already won. It is in that sense that the *arahant* is said to be in the *Nibbāna* element with residual clinging in his everyday life, while taking in the objects of the five senses.

At the last moment of the *arahant's* life, even this organic body that had been grasped as *upādiṇṇa* has to be abandoned. It is at that moment, when he is going to detach his mind from the body, that *anupādisesā parinibbānadhātu* comes in. A brief hint to this effect is given in one of the verses occurring in the *Nāgasutta* referred to earlier. The verse runs thus:

*Vītarāga vītadoso
vītamoho anāsavo
sarīraṃ vijahaṃ nāgo
parinibbissati anāsavo.*^[6381]

"The one who has abandoned lust,
Hate and delusion and is influx-free,
That elephant of a man, on giving up his body,
Will attain full appeasement, being influx-free."

If we define in brief the two *Nibbāna* elements this way, a more difficult problem confronts us relating to the sense in which they are called *diṭṭhadhammika* and *samparāyika*. *Diṭṭhadhammika* means what pertains to this life and *samparāyika* refers to what comes after death. What is the idea in designating *sa-upādisesā Nibbānadhātu* as *diṭṭhadhammika* and *anupādisesā Nibbānadhātu* as *samparāyika*?

In the context of *kamma*, the meaning of these two terms is easily understood. But when it comes to *Nibbāna*, such an application of the terms would imply two types of *Nibbānic* bliss, one to be experienced here and the other hereafter.

But that kind of explanation would not accord with the spirit of this *Dhamma*, because the Buddha always emphasizes the fact that *Nibbāna* is something to be realized here and now in toto. It is not a piecemeal realization, leaving something for the hereafter. Such terms like *ditṭheva dhamme*, in this very life, *sanditṭhika*, here and now, and *akālika*, timeless, emphasize this aspect of *Nibbāna*.

In the context of *Nibbāna*, these two terms have to be understood as representing two aspects of a perfect realization attainable in this very life. Briefly stated, *anupādisesā Nibbānadhātu* is that which confers the certitude, well in time, that the appeasement experienced by an *arahant* during this life time remains unchanged even at death. To say that there is a possibility of realizing or ascertaining one's state after death might even seem contradictory. How can one realize one's after death state?

We get a clear-cut answer to that question in the following passage in the *Dhātuvibhaṅgasutta* of the *Majjhima Nikāya*. *Seyyathāpi, bhikkhu, telañca paṭicca vaṭṭiñca paṭicca telappadīpo jhāyati, tasseva telassa ca vaṭṭiyā ca pariyādānā aññassa ca anupahārā anāhāro nibbāyati, evameva kho, bhikkhu, kāyapariyantikaṃ vedanaṃ vediyamāno 'kāyapariyantikaṃ vedanaṃ vedayāmīti pajānati, jīvitapariyantikaṃ vedanaṃ vediyamāno 'jīvitapariyantikaṃ vedanaṃ vedayāmīti pajānati, 'kāyassa bhedaṃ paraṃ maraṇā uddham jīvitapariyādānā idheva sabbavedayitāni anabhinanditāni sītībhavissantīti pajānati.* [\[639\]](#)

" Just as, monk, an oil lamp burns depending on oil and the wick, and when that oil and the wick are used up, if it does not get any more of these, it is extinguished from lack of fuel, even so, monk, when he feels a feeling limited to the body, he understands 'I feel a feeling limited to the body', when he feels a feeling limited to life, he understands 'I feel a feeling limited to life', he understands 'on the breaking up of this body, before life becomes extinct, even here itself, all that is felt, not being delighted in, will become cool."

The last sentence is particularly noteworthy in that it refers to an understanding well beforehand that all feelings, not being delighted in, will become cool at death. The futuristic ending signifies an assurance, here and now, as the word *idheva*, even here itself, clearly brings out. The delighting will not be there, because all craving for a fresh existence is extirpated.

The *arahant* has won this assurance already in his *arahattaphalasangāmi*, in which he experiences the cooling off of all feelings. That is why we find the *arahants* giving expression to their *Nibbānic* bliss in the words *sītībhūto'smi nibbuto*, "gone cool am I, yea, extinguished". [\[640\]](#)

Since for the *arahant* this cooling off of feelings is a matter of experience in this very life, this realization is referred to as *anupādā parinibbāna* in the discourses. Here we seem to have fallen into another track. We opened our discussion with an explanation of what *anupādisesa parinibbāna* is, now we are on *anupādā parinibbāna*. How are we to distinguish between these two?

Anupādisesa parinibbāna comes at the last moment of the *arahant's* life, when this organic combination of elements, grasped par excellence, *upādiṇṇa*, is discarded for good. But *anupādā parinibbāna* refers to the *arahattaphalasangāmi* as such, for which even other terms like *anupādā vimokkha* are also applied on occasion. [\[641\]](#)

As the term *anupādā parinibbāna* signifies, the *arahant* experiences, even in this very life, that complete extinguishment, *parinibbāna*, in his *arahatta phalasangāmi*. This fact is clearly brought out in the dialogue between Venerable *Sāriputta* and Venerable *Puṇṇa Mantāniputta* in the *Rathavinītasutta* of the *Majjhima*

Nikāya.

Venerable *Sāriputta's* exhaustive interrogation ending with *kim atthaṃ carahāvuso, bhagavati brahmacariyaṃ vussati?*^[642], "For the sake of what then, friend, is the holy life lived under the Exalted One?", gets the following conclusive answer from Venerable *Puṇṇa Mantāniputta: anupādāparinibbānatthaṃ kho, āvuso, bhagavati brahmacariyaṃ vussati*, "Friend, it is for the sake of perfect *Nibbāna* without grasping that the holy life is lived under the Exalted One".

As the goal of endeavour, *anupādā parinibbāna* surely does not mean the ending of life. What it implies is the realization of *Nibbāna*. It is that experience of the cooling off of feelings the *arahant* goes through in the *arahattaphalasangāmi*. It is sometimes also called *nirupadhi*, the "asset-less".^[643] Here we have a problem of a semantic type. At a later date, even the term *nirupadhisesa* seems to have come into vogue, which is probably a cognate formed after the term *anupādisesa*.^[644]

Nowhere in the discourses one comes across the term *nirupadhisesa parinibbāna*. Only such terms as *nirupadhi*, *nirūpadhiṃ*, *nirupadhi dhammaṃ* are met with. They all refer to that *arahattaphalasangāmi*, as for instance in the following verse, which we had occasion to quote earlier too:

*Kāyena amataṃ dhātum,
phusayitvā nirūpadhiṃ,
upadhipaṭṭhinissaggaṃ,
sacchikatvā anāsavo,
deseti sammāsambuddho,
asokaṃ virajaṃ padaṃ.*^[645]

"Having touched with the body,
The deathless element, which is asset-less,
And realized the relinquishment of assets,
Being influx-free, the perfectly enlightened one,
Proclaims the sorrow-less, taintless state."

To proclaim, one has to be alive. Therefore *nirupadhi* is used in the discourses definitely for the *arahattaphalasangāmi*, which is a living experience for the *arahant*. *Anupādā parinibbāna*, *anupādā vimokkha* and *nirupadhi* all refer to that experience of the cooling off of feelings. This fact is clearly revealed by the following two verses in the *Vedanāsaṃyutta* of the *Saṃyutta Nikāya*:

*Samāhito sampajāno,
sato Buddhassa sāvako,
vedanā ca pajānāti,
vedanānañca sambhavaṃ.*

*Yattha cetā nirujjhanti,
maggāñca khayagāmināṃ,
vedanānaṃ khayā bhikkhu,
nicchāto parinibbuto.*^[646]

In this couplet, the experience of the fruit of *arahant*-hood is presented under the heading of feeling. The disciple of the Buddha, concentrated, fully aware and

mindful, understands feelings, the origin of feelings, and the point at which they surcease and the way leading to their extinction. With the extinction of feelings, that monk is hunger-less and perfectly extinguished. The reference here is to that bliss of *Nibbāna* which is devoid of feeling, *avedayita sukha*.^[647] It is hunger-less because it is free from craving.

The perfect extinguishment mentioned here is not to be understood as the death of the *arahant*. In the discourses the term *parinibbuta* is used as such even with reference to the living *arahant*. Only in the commentaries we find a distinction made in this respect. The *parinibbāna* of the living *arahant* is called *kilesaparinibbāna*, the perfect extinguishment of the defilements, while what comes at the last moment of an *arahant's* life is called *khandhaparinibbāna*, the perfect extinguishment of the groups or aggregates.^[648] Such a qualification, however, is not found in the discourses.

The reason for this distinction was probably the semantic development the term *parinibbāna* had undergone in the course of time. The fact that this perfect extinguishment is essentially psychological seems to have been ignored with the passage of time. That is why today, on hearing the word *parinibbāna*, one is immediately reminded of the last moment of the life of the Buddha or of an *arahant*. In the discourses, however, *parinibbāna* is clearly an experience of the living *arahant* in his *arahattaphalasangāmi*.

This fact is clearly borne out by the statement in the *Dhātuvibhaṅgasutta* already quoted: *idheva sabbavedayitāni anabhinanditāni sītībhavissantīti pajānati*,^[649] "he understands that all what is felt will cool off here itself". It is this very understanding that is essential. It gives the certitude that one can defeat *Māra* at the moment of death through the experience of the cooling off of feelings.

The phrase *jīvitapariyantikaṃ vedanaṃ* refers to the feeling which comes at the termination of one's life. For the *arahant*, the *arahattaphalasangāmi* stands in good stead, particularly at the moment of death. That is why it is called *akuppā cetovimutti*, the unshakeable deliverance of the mind. All other deliverances of the mind get shaken before the pain of death, but not this unshakeable deliverance of the mind, which is the REAL-ization of extinguishment that is available to the *arahant* already in the *arahattaphalasangāmi*, in the experience of the cooling off of feelings. It is this unshakeable deliverance of the mind that the Buddha and the *arahants* resort to at the end of their lives, when *Māra* comes to grab and seize.

So now we can hark back to that verse which comes as the grand finale in the long discourse from the *Itivuttaka* we have already quoted.

*Ye etad aññāya padaṃ asaṅkhataṃ,
vimuttacittā bhavanettisaṅkhayā,
te dhammasārādhigamā khaye ratā,
pahaṃsu te sabbabhavāni tādino.*^[650]

This verse might appear problematic, as it occurs at the end of a passage dealing with the two *Nibbāna* elements. *Ye etad aññāya padaṃ asaṅkhataṃ*, "those who having fully comprehended this unprepared state", *vimuttacittā bhavanettisaṅkhayā*, "are released in mind by the cutting off of tentacles to becoming", *te dhammasārādhigamā khaye ratā*, "taking delight in the extirpation of feelings due to their attainment to the essence of *dhamma*", that is the unshakeable deliverance of the mind, *pahaṃsu te sabbabhavāni tādino*, "being steadfastly such like, they have given up all forms of becoming".

The last line is an allusion to the experience of the cessation of existence here and now, which in effect is the realization of *Nibbāna*, true

to the definition *bhavanirodho nibbānaṃ*, "cessation of existence is *Nibbāna*". [\[651\]](#) It is that very cessation of existence that is called *asaṅkhata dhātu*, the "unprepared element". If *bhava*, or existence, is to be called *saṅkhata*, the 'prepared', the cessation of existence has to be designated as *asaṅkhata*, the 'unprepared'. Here lies the difference between the two.

So we have here two aspects of the same unprepared element, designated as *sa-upādisesā parinibbānadhātu* and *anupādisesā parinibbānadhātu*. The mind is free even at the stage of *sa-upādisesa*, to the extent that the smouldering embers do not seek fresh fuel. *Anupādisesa* refers to the final experience of extinguishment. There the relevance of the term *parinibbāna* lies in the fact that at the moment of death the *arahants* direct their minds to this unshakeable deliverance of the mind. This is the 'island' they resort to when *Māra* comes to grab.

The best illustration for all this is the way the Buddha faced death, when the time came for it. Venerable *Anuruddha* delineates it beautifully in the following two verses:

*Nāhu assāsapassāso,
ṭhitacittassa tādino,
anejo santimārabha,
yaṃ kālamakarī muni.*

*Asallīnena cittena,
vedanaṃ ajjhavāsaya,
pajjotass'eva nibbānaṃ,
vimokkho cetaso ahu.* [\[652\]](#)

"Adverting to whatever peace,
The urgeless sage reached the end of his life span,
There were no in-breaths and out-breaths,
For that steadfastly such-like one of firm mind.

With a mind fully alert,
He bore up the pain,
The deliverance of the mind was like
The extinguishment of a torch."

The allusion here is to the deliverance of the mind. This is a description of how the Buddha attained *parinibbāna*. Though there is a great depth in these two verses, the commentarial exegesis seems to have gone at a tangent at this point. Commenting on the last two lines of the first verse, the commentary observes: *Buddhamuni santimṃ gamissāmīti, santimṃ ārabha kālamakari*, "the Buddha, the sage, passed away for the sake of that peace with the idea 'I will go to that state of peace'". [\[653\]](#)

There is some discrepancy in this explanation. Commentators themselves usually give quite a different sense to the word *ārabha* than the one implicit in this explanation. Here it means "for the sake of". It is for the sake of that peace that the Buddha is said to have passed away.

In such commentaries as *Jātaka-aṭṭhakathā* and *Dhammapada-aṭṭhakathā*, commentators do not use the word *ārabha* in the introductory episodes in this sense. There it only means "in connection with", indicating the origin of the story, as suggested by the etymological background of the word itself. When for instance it is said that the Buddha preached a particular sermon in connection with *Devadatta Thera*, it does not necessarily mean that it was meant for him. ^[654] He may not have been there at all, it may be that he was already dead by that time. The term *ārabha* in such contexts only means that it was in connection with him. It can refer to a person or an incident, as the point of origin of a particular sermon.

Granted this, we have to explain the verse in question not as an allusion to the fact that the Buddha, the sage, passed away for the sake of that peace with the idea 'I will attain to that state of peace'. It only means that the Buddha, the sage, passed away having brought his mind into that state of peace. In other words, according to the commentary the passing away comes first and the peace later, but according to the *sutta* proper, peace comes first and the passing away later.

There is a crucial point involved in this commentarial divergence. It has the presumption that the Buddha passed away in order to enter into 'that *Nibbāna* element'. This presumption is evident quite often in the commentaries. When hard put to it, the commentaries sometimes concede the *sutta's* standpoint, but more often than otherwise they follow a line of interpretation that comes dangerously close to an eternalist point of view, regarding *Nibbāna*.

Here too the commentarial exegesis, based on the term *ārabha*, runs the same risk. On the other hand, as we have pointed out, the reference here is to the fact that the Buddha adverted his mind to that peace well before the onset of death, whereby *Māra's* attempt is foiled, because feelings are already cooled off. It is here that the unshakeable deliverance of the mind proves its worth.

As a 'real'-ization it is already available to the Buddha and the *arahants* in the *arahattaphalasamādhī*, and when the time comes, they put forward this experience to beat off *Māra*. That is why we find a string of epithets for *Nibbāna*, such as *tānaṃ*, *leṇaṃ*, *dīpaṃ*, *saraṇaṃ*, *parāyanaṃ*, *khemaṃ* and *amataṃ*.^[655] When faced with death, or the pain of death, it gives 'protection', *tānaṃ*. It provides shelter, like a 'cave', *leṇaṃ*. It is the 'island', *dīpaṃ*, within easy reach. It is the 'refuge', *saraṇaṃ*, and the 'resort', *parāyanaṃ*. It is the 'security', *khemaṃ*, and above all the 'deathless', *amataṃ*. This deathlessness they experience in this very world, and when death comes, this realization stands them in good stead.

Why Venerable *Anuruddha* brought in the profane concept of death with the expression *kālamakari* into this verse, describing the Buddha's *parinibbāna*, is also a question that should arrest our attention. This particular expression is generally used in connection with the death of ordinary people. Why did he use this expression in such a hallowed context? It is only to distinguish and demarcate the deliverance of the mind, couched in the phrase *vimokkho cetaso ahu*, from the phenomenon of death itself.

The Buddhas and *arahants* also abandon this body, like other beings. The expression *kālamakari*, "made an end of time", is an allusion to this phenomenon. In fact, it is only the Buddhas and *arahants* who truly make an 'end' of time, being fully aware of it. Therefore the most important revelation made in the last two lines of the first verse, *anejo santimārabha, yaṃ kālamakarī muni*, is the fact that the Buddha passed away having brought his mind to the peace of *Nibbāna*.

All this goes to prove that an *arahant*, even here and now in this very life, has

realized his after death state, which is none other than the birthless cessation of all forms of existence that amounts to deathlessness itself.

In all other religions immortality is something attainable after death. If one brings down the Buddha's *Dhamma* also to that level, by smuggling in the idea of an everlasting *Nibbāna*, it too will suffer the same fate. That would contradict the teachings on impermanence, *aniccatā*, and insubstantiality, *anattatā*.

But here we have an entirely different concept. It is a case of overcoming the critical situation of death by directing one's mind to a concentration that nullifies the power of *Māra*. So it becomes clear that the two terms *sa-upādisesā parinibbānadhātu* and *anupādisesā parinibbānadhātu* stand for two aspects of the same *asaṅkhatadhātu*, or the unprepared element.

As a matter of fact, *arahants* have already directly realized, well in time, their after death state. That is to say, not only have they gone through the experience of extinguishment here and now, but they are also assured of the fact that this extinguishment is irreversible even after death, since all forms of existence come to cease.

This is an innovation, the importance of which can hardly be overestimated. Here the Buddha has transcended even the dichotomy between the two terms *sandiṭṭhika* and *samparāyika*. Generally, the world is inclined to believe that one can be assured only of things pertaining to this life. In fact, the word *sandiṭṭhika* literally means that one can be sure only of things visible here and now. Since one cannot be sure of what comes after death, worldlings are in the habit of investing faith in a particular teacher or in a god.

To give a clearer picture of the principle involved in this statement, let us bring up a simple episode, concerning the general *Sīha*, included among the Fives of the *Aṅguttara Nikāya*. It happens to centre on *dānakathā*, or talks on liberality. Let it be a soft interlude - after all these abstruse discourses.

Sīha, the general, is a wealthy benefactor, endowed with deep faith in the Buddha. One day he approaches the Buddha and asks the question: *sakkā nu kho, bhante, sandiṭṭhikaṃ dānaphalaṃ paññāpetuṃ?*^[656] "Is it possible, Lord, to point out an advantage or fruit of giving visible here and now?"

What prompted the question may have been the usual tendency to associate the benefits of giving with the hereafter. Now the Buddha, in his answer to the question, gave four advantages visible here and now and one advantage to come hereafter. The four fruits of giving visible here and now are stated as follows:

- 1) *dāyako, sīha, dānapati bahuno janassa piyo hoti manāpo*, "Sīha, a benevolent donor is dear and acceptable to many people".
- 2) *dāyakaṃ dānapatiṃ santo sappurisā bhajanti*, "good men of integrity resort to that benevolent donor".
- 3) *dāyakassa dānapatino kalyāṇo kittisaddo abbhuggacchati*, "a good report of fame goes in favour of that benevolent donor".
- 4) *dāyako dānapati yaṃ yadeva pariyaṃ upasaṅkamati, yadi khattiyapariyaṃ yadi brāhmaṇapariyaṃ yadi gahapatipariyaṃ yadi samaṇapariyaṃ, visārado va upasaṅkamati amaṅkubhūto*, "whatever assembly that benevolent donor approaches, be it an assembly of kings, or brahmins, or householders, or recluses, he approaches with self confidence, not crestfallen".

These four fruits or advantages are reckoned as *sandiṭṭhika*, because one can experience them here and now. In addition to these, the Buddha mentions a fifth,

probably by way of encouragement, though it is outside the scope of the question.

5) *dāyako, sīha, dānapati kāyassa bhedaṃ paraṃ maraṇā sugatiṃ saggam lokam upapajjati*, "the benevolent donor, *Sīha*, when his body breaks up after death is reborn in a happy heavenly world."

This is a fruit of giving that pertains to the next world, *samparāyikaṃ dānaphalaṃ*. Then *Sīha* the general makes a comment, which is directly relevant to our discussion:

Yānimāni, bhante, bhagavatā cattāri sandiṭṭhikāni dānaphalāni akkhātāni, nāhaṃ ettha bhagavato saddhāya gacchāmi, ahaṃ petāni jānāmi. Yañca kho maṃ, bhante, bhagavā evamāha 'dāyako, sīha, dānapati kāyassa bhedaṃ paraṃ maraṇā sugatiṃ saggam lokam upapajjati' ti, etāhaṃ na jānāmi, ettha ca panāhaṃ bhagavato saddhāya gacchāmi.

"Those four fruits of giving, visible here and now, which the Lord has preached, as for them, I do not believe out of faith in the Exalted One, because I myself know them to be so. But that about which the Exalted One said: '*Sīha*, a benevolent donor, when the body breaks up after death is reborn in a happy heavenly world', this I do not know. As to that, however, I believe out of faith in the Exalted One."

Regarding the first four advantages of giving, *Sīha* says "I do not believe out of faith in the Exalted One, because I myself know them to be so", *nāhaṃ ettha bhagavato saddhāya gacchāmi, ahaṃ petāni jānāmi*. It is because he knows out of his own experience that they are facts that he does not believe out of faith in the Exalted One. There is something deep, worth reflecting upon, in this statement.

Then with regard to the fruit of giving, mentioned last, that is to say the one that concerns the hereafter, *samparāyika*, *Sīha* confesses that he does not know it as a fact, but that he believes it out of faith in the Exalted One, *etāhaṃ na jānāmi, ettha ca panāhaṃ bhagavato saddhāya gacchāmi*. It is because he does not know, that he believes out of faith in the Exalted One.

Here then we have a good illustration of the first principle we have outlined earlier. Where there is knowledge born of personal experience, there is no need of faith. Faith is displaced by knowledge of realization. It is where one has no such experiential knowledge that faith comes in. That is why *Sīha* confesses that he has faith in the fifth fruit of giving. With regard to the first four, faith is something redundant for him.

Now that we have clarified for ourselves this first principle, there is a certain interesting riddle verse in the *Dhammapada*, to which we may apply it effectively, not out of a flair for riddles, but because it is relevant to our topic.

*Assaddho akataññū ca,
sandhicchedo ca yo naro,
hatāvakāso vantāso,
sa ve uttamaporiso.*^[657]

This is a verse attributed to the Buddha that comes in the *Arahantavagga* of the *Dhammapada*, which puns upon some words. Such riddle verses follow the pattern of a figure of speech called double entendre, which makes use of ambiguous words. The above verse sounds blasphemous on the first hearing. The Buddha is said to have employed this device to arrest the listener's attention. The surface meaning seems to go against the *Dhamma*, but it provokes deeper reflection.

For instance, *assaddho* means faithless, to be *akataññū* is to be ungrateful, *sandhicchedo* is a term for a housebreaker, *hatāvakāso* is a hopeless case with no opportunities, *vantāso* means greedy of vomit. So the surface meaning amounts to this:

"That faithless ungrateful man,
Who is a housebreaker,
Who is hopeless and greedy of vomit,
He indeed is the man supreme."

For the deeper meaning the words have to be construed differently. *Assaddho* implies that level of penetration into truth at which faith

becomes redundant. *Akata*, the unmade, is an epithet for *Nibbāna*, and *akataññū* is one who knows the unmade. *Sandhicchedo* means one who has cut off the connecting links to *saṃsāra*. *Hatāvakāso* refers to that elimination of opportunities for rebirth. *Vantāso* is a term for one who has vomited out desires. The true meaning of the verse, therefore, can be summed up as follows:

"That man who has outgrown faith, as he is a knower of the unmade,
Who has sundered all shackles to existence and destroyed all possibilities of rebirth,
Who has spewed out all desires,
He indeed is the man supreme."

The description, then, turns out to be that of an *arahant*. *Assaddho* as an epithet for the *arahant* follows the same norm as the epithet *asekho*. *Sekha*, meaning "learner", is a term applied to those who are training for the attainment of *arahant*-hood, from the stream-winner, *sotāpanna*, upwards. Literally, *asekha* could be rendered as "unlearned" or "untrained". But it is certainly not in that sense that an *arahant* is called *asekha*. He is called *asekha* in the sense that he is no longer in need of that training, that is to say, he is an adept. *Assaddho*, too, has to be construed similarly.

As we have mentioned before, the *arahant* has already realized the cessation of existence in his *arahattaphalasamādhī*, thereby securing the knowledge of the unmade, *akata*, or the unprepared, *asañkhata*. The term *akataññū* highlights that fact of realization. The most extraordinary and marvellous thing about the realization of *Nibbāna* is that it gives an assurance not only of matters pertaining to this life, *sanditthika*, but also of what happens after death, *samparāyika* - in other words, the realization of the cessation of existence.

Nibbāna as the realization here and now of the cessation of existence, *bhavanirodho nibbānaṃ*, carries with it the assurance that there is no more existence after death. So there is only one *asañkhatadhātu*. The verse we already quoted, too, ends with the words *pahaṃsu te sabbabhavāni tādino*, "those steadfastly such like ones have given up all forms of existence". [\[658\]](#)

One thing should be clear now. Though there are two *Nibbāna* elements called *sa-upādisesā Nibbānadhātu* and *anupādisesā Nibbānadhātu*, there is no justification whatsoever for taking *anupādisesā Nibbānadhātu* as a place of eternal rest for the *arahants* after death - an everlasting immortal state. The deathlessness of *Nibbāna* is to be experienced in this world itself. That is why an *arahant* is said to feast on ambrosial deathlessness, *amataṃ paribhuñjati*, when he is in *arahattaphalasamādhī*. When it is time for death, he brings his mind to

this *samādhi*, and it is while he is partaking of ambrosial deathlessness that *Māra* quietly takes away his body.

An *arahant* might even cremate his own body, as if it is another's. Now we are at an extremely deep point in this *Dhamma*. We have to say something in particular about the two terms *sañkhata* and *asañkhata*. In our last sermon, we happened to give a rather unusual explanation of such pair-wise terms like the 'hither shore' and the 'farther shore', as well as the 'mundane' and the 'supramundane'. The two terms in each pair are generally believed to be far apart and the gap between them is conceived in terms of time and space. But we compared this gap to that between the lotus leaf and the drop of water on it, availing ourselves of a simile offered by the Buddha himself.

The distance between the lotus leaf and the drop of water on it is the same as that between the hither shore and the farther shore, between the mundane and the supramundane. This is no idle sophistry, but a challenge to deeper reflection.

The *Dhammapada* verse we quoted earlier beginning with *yassa pāraṃ apāraṃ vā, pārāpāraṃ na vijjati*,^[659] "to whom there is neither a farther shore nor a hither shore nor both", is puzzling enough. But what it says is that the *arahant* has transcended both the hither shore and the farther shore. It is as if he has gone beyond this shore and the other shore as well, that is to say, he has transcended the dichotomy.

We have to say something similar with regard to the two terms *sañkhata* and *asañkhata*. *Sañkhata*, or the prepared, is like a floral design. This prepared floral design, which is *bhava*, or existence, is made up, as it were, with the help of the glue of craving, the tangles of views and the knots of conceits. If one removes the glue, disentangles the tangles and unties the knots, the *sañkhata*, or the prepared, itself becomes *asañkhata*, the unprepared, then and there. The same floral design, which was the *sañkhata*, has now become the *asañkhata*. This itself is the cessation of existence, *bhavanirodho*. When one can persuade oneself to think of *Nibbāna* as an extinguishment, the term *parinibbāna* can well be understood as 'perfect extinguishment'.

The *parinibbāna* of the *arahant Dabba Mallaputta* is recorded in the *Udāna* as a special occasion on which the Buddha uttered a paean of joy. Venerable *Dabba Mallaputta* was an *arahant*, gifted with marvellous psychic powers, specializing in miracles performed by mastering the fire element, *tejo dhātu*. His *parinibbāna*, too, was a marvel in itself.

When he found himself at the end of his life span, he approached the Buddha and informed him of it, as if begging permission, with the words: *parinibbāna kālo me dāni, sugata*,^[660] "it is time for me to attain *parinibbāna*, O well-gone one". And the Buddha too gave permission with the words: *yassa dāni tvaṃ, Dabba, kālaṃ maññasi*, "*Dabba*, you may do that for which the time is fit".

As soon as the Buddha uttered these words, Venerable *Dabba Mallaputta* rose from his seat, worshipped the Buddha, circumambulated him, went up into the sky and, sitting cross-legged, aroused the concentration of the fire element and, rising from it, attained *parinibbāna*. As his body thus miraculously self-cremated burnt in the sky, it left no ashes or soot.

This was something significant that fits in with the definition of *Nibbāna* so far given. That is probably why the Buddha is said to have uttered a special verse of uplift or paean of joy at this extinguishment, which was perfect in every sense.

Abhedi kāyo, nirodhi saññā,

*vedanā sītirahaṃsu sabbā,
vūpasamiṃsu saṅkhārā,
viññānaṃ attham agamā.*

"Body broke up, perceptions ceased,
All feelings cooled off,
Preparations calmed down,
Consciousness came to an end."

This event was of such a great importance that, though it occurred at *Veḷuvana ārāma* in *Rājagaha*, the Buddha related the event to the congregation of monks when he returned to *Sāvathī*. It was not an incidental mention in reply to a particular question, but a special peroration recounting the event and commemorating it with the following two *Udāna* verses, which so aptly constitute the grand finale to our *Udāna* text.

*Ayoghanahatass'eva,
jalato jātavedaso,
anupubbūpasantassa,
yathā na ñāyate gati.*

*Evaṃ sammāvimuttānaṃ,
kāma-bandhoghatāriṇaṃ,
paññāpetuṃ gatī n'atthi,
pattānaṃ acalaṃ sukhaṃ.*^[661]

"Just as in the case of a fire
Blazing like a block of iron in point of compactness,
When it gradually calms down,
No path it goes by can be traced.

Even so of those who are well released,
Who have crossed over the floods of shackles of sensuality,
And reached Bliss Unshaken,
There is no path to be pointed out."

We have deviated from the commentarial interpretation in our rendering of the first two lines of the verse. The commentary gives two alternative meanings, probably because it is in doubt as to the correct one. Firstly it brings in the idea of a bronze vessel that is being beaten at the forge with an iron hammer, giving the option that the gradual subsidence mentioned in the verse may apply either to the flames or to the reverberations of sound arising out of it.^[662] Secondly, as a 'some say so' view, *kecidvāda*, it gives an alternative meaning, connected with the ball of iron beaten at the forge.

In our rendering, however, we had to follow a completely different line of interpretation, taking the expression *ayoghanahatassa* as a comparison, *ayoghanahatassa + iva*, for the blazing fire, *jalato jātavedaso*. On seeing a fire that is ablaze, one gets a notion of compactness, as on seeing a red hot block of solid iron.

In the *Dhammapada* verse beginning with *seyyo ayogulo bhutto, tatto aggisikhūpamo*,^[663] "better to swallow a red hot iron ball, that resembles a flame of fire", a cognate simile is employed somewhat differently. There the ball of iron is compared to a flame of fire. Here the flame of fire is compared to a block of iron.

All in all, it is highly significant that the Buddha uttered three verses of uplift in connection with the *parinibbāna* of the *arahant* Venerable *Dabba Mallaputta*. The most important point that emerges from this discussion is that *Nibbāna* is essentially an extinction or extinguishment.

An extinguished fire goes nowhere. In the case of other *arahants*, who were cremated after their *parinibbāna*, there is a left over as ashes for one to perpetuate at least the memory of their existence. But here Venerable *Dabba Mallaputta*, as if to drive a point home, through his psychic powers based on the fire element, saw to it that neither ashes nor soot will mar his perfect extinguishment in the eyes of the world. That is why the Buddha celebrated it with these special utterances of joy.

So then the cessation of existence is itself *Nibbāna*. There is no everlasting immortal *Nibbāna* awaiting the *arahants* at their *parinibbāna*.

That kind of argument the commentaries sometimes put forward is now and then advanced by modern day writers and preachers, too, in their explanations. When it comes to *Nibbāna*, they resort to two pet parables of recent origin, the parable of the tortoise and the parable of the frog.

In the former, a tortoise goes down into the water and the fishes ask him where he came from. The tortoise replies that he came from land. In order to determine what sort of a thing land is, the fishes go on asking the tortoise a number of questions based on various qualities of water. To each question the tortoise has to reply in the negative, since land has none of the qualities of water.

The parable of the frog is much the same. When it gets into water it has to say 'no no' to every question put by the toad, still unfamiliar with land. To make the parables convincing, those negative answers, the 'no-nos', are compared to the strings of negative terms that are found in the *sutta* passages dealing with the *arahattaphalasangāmi*, which we have already quoted.

For instance, to prove their point those writers and teachers would resort to the famous *Udāna* passage beginning with:

'*Atthi, bhikkhave, tad āyatanaṃ, yattha n'eva pathavī na āpo na tejo na vāyo na ākāsaññāyatanaṃ na viññāṇāññāyatanaṃ na ākiñcaññāyatanaṃ na nevasaññānāsaññāyatanaṃ na ayaṃ loko na paraloko na ubho candimasūriyā ...*'.^[664] "There is, monks, that sphere, in which there is neither earth, nor water, nor fire, nor air; neither the sphere of infinite space, nor the sphere of infinite consciousness, nor the sphere of nothingness, nor the sphere of neither-perception-nor-non-perception; neither this world nor the world beyond, nor the sun and the moon ...".

But we have reasonably pointed out that those passages do not in any way refer to a non-descript realm into which the *arahants* enter after their demise, a realm that the tortoise and the frog cannot describe. Such facile explanations contradict the deeper teachings on the cessation of existence, dependent arising and not self. They create a lot of misconceptions regarding *Nibbāna* as the ultimate aim.

The purpose of all those arguments is to assert that *Nibbāna* is definitely not an annihilation. The ideal of an everlasting *Nibbāna* is held out in order to obviate

nihilistic notions. But the Buddha himself has declared that when he is preaching about the cessation of existence, those who held on to eternalist views wrongly accused him for being an annihilationist, who teaches about the annihilation, destruction and non-existence of a truly existing being, *sato satassa ucchedaṃ vināsaṃ vibhavaṃ paññāpeti*.^[665]

On such occasions, the Buddha did not in any way incline towards eternalism in order to defend himself. He did not put forward the idea of an everlasting *Nibbāna* to counter the accusation. Instead, he drew attention to the three signata and the four noble truths and solved the whole problem. He maintained that the charge is groundless and utterly misconceived, and concluded with the memorable declaration: *pubbe cāhaṃ, bhikkhave, etarahi ca dukkhañceva paññāpemi, dukkhassa ca nirodhaṃ*, "formerly as well as now, O monks, I point out only a suffering and a cessation of that suffering".

Even the term *tathāgata*, according to him, is not to be conceived as a self. It is only a mass of suffering that has come down through *saṃsāra*, due to ignorance. The so-called existence, *bhava*, is an outcome of grasping, *upādāna*. When grasping ceases, existence comes to an end. That itself is the cessation of existence, *bhavanirodha*, which is *Nibbāna*.

As the term *anupādā parinibbāna* suggests, there is no grasping in the experience of the cessation of existence. It is only when one is grasping something that he can be identified with it, or reckoned by it. When one lets go of everything, he goes beyond reckoning. Of course, even the commentaries sometimes use the expression *apaññattikabhāvaṃ gatā*,^[666] "gone to the state beyond designation" with regard to the *parinibbāna* of *arahants*.

Nevertheless, they tacitly grant a destination, which in their opinion defies definition. Such vague arguments are riddled with contradictions. They obfuscate the deeper issues of the *Dhamma*, relating to *paṭicca samuppāda* and *anattā*, and seek to perpetuate personality view by slanting towards eternalism.

It is to highlight some extremely subtle aspects of the problem of *Nibbāna* that we brought out all these arguments today.

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MIND STILLED 20

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santaṃ, etaṃ paṇītaṃ, yadidaṃ sabbaśaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ*.^[667]

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks. This is the twentieth sermon in the series of sermons on *Nibbāna*.

In our last sermon we described, as something of a marvel in the attainment of *Nibbāna*, the very possibility of realizing, in this very life, as *diṭṭhadhammika*, one's after death state, which is *samparāyika*. The phrase *diṭṭheva dhamme sayam abhiññā sacchikatvā*, "having realized here and now by one's own higher knowledge", [\[668\]](#) occurs so often in the discourses because the emancipated one ascertains his after death state as if by seeing with his own eyes.

Natthidāni punabbhavo, "there is no re-becoming now", [\[669\]](#) *khīṇā jāti*, "extinct is birth", [\[670\]](#) are some of the joyous utterances of the Buddha and the *arahants*, which were inspired by the realization of the cessation of existence in this very life. Through that realization itself, they experience a bliss devoid of feeling, which is called "the cooling off of feelings". That is why *Nibbāna* as such is known as *avedayita sukha*, a "bliss devoid of feeling". [\[671\]](#)

At the end of their lives, at the moment when death approaches, those emancipated ones, the *arahants*, put forward their unshakeable deliverance of the mind, *akuppā cetomivutti* (which remains unshaken even in the face of death), and become deathless well before their death, not after it.

On many an occasion the Buddha has spoken highly of this unshakeable deliverance of the mind, describing it as the supreme bliss, the supreme knowledge and the supreme freedom from death. For instance, among the Sixes of the *Aṅguttara Nikāya*, we come across the following two verses:

*Tassa sammā vimuttassa,
ñāṇaṃ ce hoti tādino,
'akuppā me vimutti'ṭi,
bhavaṣaṃyojanakkhaye.*

*Etaṃ kho paramaṃ ñāṇaṃ,
etaṃ sukhamanuttaraṃ,
asokaṃ virajaṃ khemaṃ,
etaṃ ānaṇyamuttamaṃ.* [\[672\]](#)

"To that such like one, who is fully released,
There arises the knowledge:
'Unshakeable is my deliverance',
Upon his extinction of fetters to existence.

This is the highest knowledge,
This is the unsurpassed bliss,
This sorrow-less, taintless security,
Is the supreme debtless-ness."

Arahants are said to be debtless in regard to the four requisites offered by the laity out of faith, but when *Nibbāna* is regarded as a debtless-ness, it seems to imply something deeper.

Saṃsāra or reiterated existence is itself a debt, which one can never pay off. When one comes to think of *kamma* and its result, it is a debt that keeps on gathering an interminable interest, which can never be paid off.

But even from this debt the *arahants* have won freedom by destroying the seeds of *kamma*, by rendering them infertile. They are made ineffective beyond this life,

as there is no rebirth. The meaningful line of the *Ratanasutta*, *khīṇaṃ purāṇaṃ, navaṃ natthi sambhavaṃ*,^[673] "whatever is old is extinct and there is no arising anew", has to be understood in that sense. The karmic debt is paid off and there is no fresh incurring.

All this is in praise of that unshakeable deliverance of the mind. It is a kind of extraordinary knowledge, almost unimaginable, a 'real'-ization of one's own after death state.

In almost all serious discussions on *Nibbāna*, the subtlest moot point turns out to be the question of the after death state of the emancipated one. A brief answer, the Buddha had given to this question, we already brought up in our last sermon, by quoting the two concluding verses of the *Udāna*, with which that collection of inspired utterances ends with a note of exceptional grandeur. Let us recall them.

*Ayoghanahatass'eva,
jalato jātavedaso,
anupubbūpasantassa,
yathā na ñāyate gati.*

*Evaṃ sammāvimuttānaṃ,
kāma-bandhoghatāriṇaṃ,
paññāpetuṃ gati natthi,
pattānaṃ acalaṃ sukhaṃ.*^[674]

"Just as in the case of a fire,
Blazing like a block of iron in point of compactness,
When it gradually calms down,
No path it goes by can be traced.

Even so, of those who are well released,
Who have crossed over the flux of shackles of sensuality,
And reached bliss unshaken,
There is no path to be pointed out."

The last two lines are particularly significant. There is no path to be pointed out of those who have reached bliss unshaken. *Acalaṃ sukhaṃ*, or "unshakeable bliss", is none other than that unshakeable deliverance of the mind. *Akappa* means "unassailable" or "unshakeable". Clearly enough, what the verse says is that after their death the emancipated ones leave no trace of a path gone by, even as the flames of a raging fire.

The flame may appear as something really existing due to the perception of the compact, *ghanasaññā*, but when it goes down and disappears, no one can say that it went in such and such a direction.

Though this is the obvious meaning, some try to attribute quite a different meaning to the verse in question. The line *paññāpetuṃ gati n'atthi*, "there is no path to be pointed out", is interpreted even by the commentators (who take the word *gati* to mean some state of existence) as an assertion that, although such a bourne cannot be pointed out, the *arahants* pass away into some non-descript realm.

This kind of interpretation is prompted by an apprehension of the charge of

annihilation. A clear instance of this tendency is revealed in the commentary to the following verse in the *Dhammapada*:

*Ahiṃsakā ye munayo,
niccaṃ kāyena saṃvutā,
te yanti accutaṃ ṭhānaṃ,
yattha gantvā na socare.*^[675]

"Innocent are the sages,
That are ever restrained in body,
They go to that state unshaken,
Wherein they grieve no more."

The commentator, in paraphrasing, brings in the word *sassataṃ*, "eternal", for *accutaṃ*, thereby giving the idea that the *arahants* go to an eternal place of rest.^[676] Because the verb *yanti*, "go", occurs there, he must have thought that this state unshaken, *accutaṃ*, is something attainable after death.

But we can give another instance in support of our explanation of the term *accutaṃ*. The following verse in the *Hemakamāṇavapucchā* of the *Pārāyanavagga* in the *Sutta Nipāta* clearly shows what this *accutaṃ* is:

*Idha diṭṭhasutamutaviññātesu,
piyarūpesu Hemaka,
chandarāgavinodanaṃ,
nibbānapadaṃ accutaṃ.*^[677]

"The dispelling here in this world of desire and lust,
In pleasurable things,
Seen, heard, sensed and cognized,
Is the unshaken state of *Nibbāna*, O *Hemaka*."

This is further proof of the fact that there is no eternal immortal rest awaiting the *arahants* after their demise.

The reason for such a postulate is probably the fear of falling into the annihilationist view. Why this chronic fear? To the worldlings overcome by craving for existence any teaching that leads to the cessation of existence appears dreadful.

That is why they put forward two new parables, following the same commentarial trend. The other day we mentioned about those two parables, the parable of the tortoise and the parable of the frog.^[678] When the fish and the toad living in water ask what sort of a thing land is, the tortoise and the frog are forced to say 'no, no' to every question they put. Likewise the Buddha, so it is argued, was forced to give a string of negative terms in his discourses on *Nibbāna*.

But we have pointed out that this argument is fallacious and that those discourses have to be interpreted differently. The theme that runs through such discourses is none other than the cessation of existence.

In the *Alagaddūpama Sutta* of the *Majjhima Nikāya* the Buddha declares in unmistakable terms that some recluses and brahmins, on hearing him preaching the *Dhamma* for the cessation of existence, wrongly accuse him with the charge of being an annihilationist, *sato sattassa ucchedaṃ vināsaṃ vibhavaṃ paññāpeti*,

"he is showing the way to the annihilation, destruction and non-existence of a truly existing being". [\[679\]](#)

He clearly states that some even grieve and lament and fall into despair, complaining *ucchijjissāmi nāma su, vinassissāmi nāma su, na su nāma bhavissāmi*, "so it seems I shall be annihilated, so it seems I shall perish, so it seems I shall be no more". [\[680\]](#)

Even during the lifetime of the Buddha there were various debates and controversies regarding the after death state of the emancipated person among recluses and brahmins. They were of the opinion that the after death state of the emancipated one in any particular religious system has to be explained according to a fourfold logic, or tetralemma. A paradigm of that tetralemma occurs quite often in the discourses. It consists of the following four propositions:

- 1) *hoti tathāgato paraṃ marañā*
- 2) *na hoti tathāgato paraṃ marañā*
- 3) *hoti ca na ca hoti tathāgato paraṃ marañā*
- 4) *n'eva hoti na na hoti tathāgato paraṃ marañā*

- 1) "The *Tathāgata* exists after death"
- 2) "The *Tathāgata* does not exist after death"
- 3) "The *Tathāgata* both exists and does not exist after death"
- 4) "The *Tathāgata* neither exists nor does not exist after death". [\[681\]](#)

This four-cornered logic purports to round up the four possible alternatives in any situation, or four possible answers to any question.

The dilemma is fairly well known, where one is caught up between two alternatives. The tetralemma, with its four alternatives, is supposed to exhaust the universe of discourse in a way that one cannot afford to ignore it.

When it comes to a standpoint regarding a particular issue, one is compelled to say 'yes' or 'no', or at least to assert both standpoints or negate them altogether. The contemporary recluses and brahmins held on to the view that the *Tathāgata*'s after death state has to be predicated in accordance with the four-cornered logic.

When we hear the term *Tathāgata*, we are immediately reminded of the Buddha. But for the contemporary society, it was a sort of technical term with a broader meaning. Those recluses and brahmins used the term *Tathāgata* to designate the perfected individual in any religious system, whose qualifications were summed up in the thematic phrase *uttamapuriso, paramapuriso, paramapattipatto*, [\[682\]](#) "the highest person, the supreme person, the one who has attained the supreme state".

This fact is clearly borne out by the *Kutūhalasālāsutta* in the *Avyākata Saṃyutta* of the *Saṃyutta Nikāya*. In that discourse we find the wandering ascetic *Vacchagotta* coming to the Buddha with the following report.

Recently there was a meeting of recluses, brahmins and wandering ascetics in the debating hall. In that assembly, the following chance talk arose: 'Now there is this teacher, *Pūraṇa Kassapa*, who is widely acclaimed and who has a large following. When an ordinary disciple of his passes away, he predicates his destiny. So also in the case of a disciple who has attained the highest state of perfection in his religious system. Other well known teachers like *Makkhali Gosāla, Nigaṇṭha Nātaputta, Sañjaya Belaṭṭhiputta, Pakudha Kaccāyana* and *Ajita Kesakambali* do the same. They all declare categorically the after death state of

both types of their disciples.

But as for this ascetic *Gotama*, who also is a teacher widely acclaimed with a large following, the position is that he clearly declares the after death state of an ordinary disciple of his, but in the case of a disciple who has attained the highest state of perfection, he does not predicate his destiny according to the above mentioned tetralemma. Instead he makes such a declaration about him as the following:

Acchecchi taṅhaṃ, vāvattayi saññojanaṃ, sammā mānābhisaṃmayā antam akāsi dukkhassa, ^[683] "he cut off craving, disjoined the fetter and, by rightly understanding conceit for what it is, made an end of suffering".

Vacchagotta concludes this account with the confession that he himself was perplexed and was in doubt as to how the *Dhamma* of the recluse *Gotama* has to be understood. The Buddha grants that *Vacchagotta's* doubt is reasonable, with the words *alañhi te, Vaccha, kaṅkhituṃ, alaṃ vicikicchituṃ, kaṅkhanīye ca pana te thāne vicikicchā uppanā,* "it behoves you to doubt, *Vaccha*, it behoves you to be perplexed, for doubt has arisen in you on a dubious point".

Then the Buddha comes out with the correct standpoint in order to dispel *Vacchagotta's* doubt. *Sa-upādānassa kvāhaṃ, Vaccha, upapattiṃ paññāpemi, no anupādānassa,* "it is for one with grasping, *Vaccha*, that I declare there is an occurrence of birth, not for one without grasping."

He gives the following simile by way of illustration. *Seyyathāpi, Vaccha, aggi sa-upādāno jalati no anupādāno, evam eva kvāhaṃ, Vaccha, sa-upādānassa upapattiṃ paññāpemi, no anupādānassa,* "just as a fire burns when it has fuel to grasp and not when it has no fuel, even so, *Vaccha*, I declare that there is an occurrence of birth for one with grasping, not for one without grasping."

As we have mentioned before, the word *upādāna* has two meanings, it means both grasping as well as fuel. In fact fuel is just what the fire 'grasps'. Just as the fire depends on grasping in the form of fuel, so also the individual depends on grasping for his rebirth.

Within the context of this analogy, *Vacchagotta* now raises a question that has some deeper implications: *Yasmiṃ pana, bho Gotama, samaye acci vātena khittā dūrampi gacchati, imassa pana bhavaṃ Gotamo kim upādānasmīṃ paññāpeti,* "Master *Gotama*, at the time when a flame flung by the wind goes even far, what does Master *Gotama* declare to be its object of grasping or fuel?"

The Buddha's answer to that question is: *Yasmiṃ kho, Vaccha, samaye acci vātena khittā dūrampi gacchati, tamahaṃ vātupādānaṃ vadāmi; vāto hissa, Vaccha, tasmīṃ samaye upādānaṃ hoti,* "at the time, *Vaccha*, when a flame flung by the wind goes even far, that, I say, has wind as its object of grasping. *Vaccha*, at that time wind itself serves as the object of grasping."

Now this is only an analogy. *Vaccha* raises the question proper only at this point: *Yasmiñca pana, bho Gotama, samaye imañca kāyaṃ nikkhipati satto ca aññataraṃ kāyaṃ anupatto hoti, imassa pana bhavaṃ Gotamo kim upādānasmīṃ paññāpeti,* "at the time, Master *Gotama*, when a being lays down this body and has reached a certain body, what does Master *Gotama* declare to be a grasping in his case?"

The Buddha replies: *Yasmiñca pana, Vaccha, samaye imañca kāyaṃ nikkhipati satto ca aññataraṃ kāyaṃ anupatto hoti, tam ahaṃ taṅhupādānaṃ vadāmi; taṅhā hissa, Vaccha, tasmīṃ samaye upādānaṃ hoti,* "at the time, *Vaccha*, when a being lays down this body and has reached a certain body, I say, he has craving as his

grasping. At that time, *Vaccha*, it is craving that serves as a grasping for him."

With this sentence the discourse ends abruptly, but there is an intricate point in the two sections quoted above. In these two sections, we have adopted the reading *anuppatto*, "has reached", as more plausible in rendering the phrase *aññataraṃ kāyaṃ anuppatto*, "has reached a certain body".^[684] The commentary, however, seeks to justify the reading *anupapanno*, "is not reborn", which gives quite an opposite sense, with the following explanation *cutikkhaṇeyeva paṭisandhiccittassa anuppannattā anuppanno hoti*,^[685] "since at the death moment itself, the rebirth consciousness has not yet arisen, he is said to be not yet reborn".

Some editors doubt whether the correct reading should be *anuppatto*.^[686] The doubt seems reasonable enough, for even syntactically, *anuppatto* can be shown to fit into the context better than *anuppanno*. The word *aññataraṃ* provides us with the criterion. It has a selective sense, like "a certain", and carries definite positive implications. To express something negative a word like *aññaṃ*, "another", has to be used instead of the selective *aññataraṃ*, "a certain".

On the other hand, the suggested reading *anuppatto* avoids those syntactical difficulties. A being lays down this body and has reached a certain body. Even the simile given as an illustration is in favour of our interpretation. The original question of *Vaccha* about the flame flung by the wind, reminds us of the way a forest fire, for instance, spreads from one tree to another tree some distance away. It is the wind that pushes the flame for it to catch hold of the other tree.

The commentarial explanation, however, envisages a situation in which a being lays down this body and is not yet reborn in another body. It is in the interim that craving is supposed to be the grasping or a fuel. Some scholars have exploited this commentarial explanation to postulate a theory of *antarābhava*, or interim existence, prior to rebirth proper.

Our interpretation, based on the reading *anuppatto*, rules out even the possibility of an *antarābhava*. Obviously enough, *Vacchagotta's* question is simple and straightforward. He is curious to know what sort of a grasping connects up the being that lays down the body and the being that arises in another body. That is to say, how the apparent gap could be bridged.

The answer given by the Buddha fully accords with the analogy envisaged by the premise. Just as the wind does the work of grasping in the case of the flame, so craving itself, at the moment of death, fulfils the function of grasping for a being to reach another body. That is precisely why craving is called *bhavanetti*, "the guide in becoming".^[687] Like a promontory, it juts out into the ocean of *saṃsāra*. When it comes to rebirth, it is craving that bridges the apparent gap. It is the invisible combustible fuel that keeps the raging *saṃsāric* forest fire alive.

All in all, what transpired at the debating hall (*Kutūhalasālā*) reveals one important fact, namely that the Buddha's reluctance to give a categorical answer regarding the after death state of the emancipated one in his dispensation had aroused the curiosity of those recluses and brahmins. That is why they kept on discussing the subject at length.

However, it was not the fact that he had refused to make any comment at all on this point. Only, that the comment he had made appeared so strange to them, as we may well infer from *Vacchagotta's* report of the discussion at the debating hall.

The Buddha's comment on the subject, which they had quoted, was not based on the tetralemma. It was a completely new formulation. *Acchecchi taṇhaṃ, vāvattayi saññojanaṃ, sammā mānābhisamayā antamakāsi dukkhassa*, "he cut off craving,

disjoined the fetter and, by rightly understanding conceit for what it is, made an end of suffering".

This then, is the correct answer, and not any one of the four corners of the tetralemma. This brief formula is of paramount importance. When craving is cut off, the 'guide-in-becoming', which is responsible for rebirth, is done away with. It is as if the fetter binding to another existence has been unhooked. The term *bhavasamyojanakkhaya*, "destruction of the fetter to existence", we came across earlier, conveys the same sense. [\[688\]](#)

The phrase *sammā mānābhisamaya* is also highly significant. With the dispelling of ignorance, the conceit "am", *asmimāna*, is seen for what it is. It disappears when exposed to the light of understanding and that is the end of suffering as well. The concluding phrase *antam akāsi dukkhassa*, "made an end of suffering", is conclusive enough. The problem that was there all the time was the problem of suffering, so the end of suffering means the end of the whole problem.

In the *Aggivacchagottasutta* of the *Majjhima Nikāya* the Buddha's response to the question of the after death state of the *arahant* comes to light in greater detail. The question is presented there in the form of the tetralemma, beginning with *hoti tathāgato paraṃ maraṇā*. [\[689\]](#)

While all the other recluses and brahmins held that the answer should necessarily take the form of one of the four alternatives, the Buddha put them all aside, *ṭhapitāni*, rejected them, *patikkhittāni*, refused to state his view categorically in terms of them, *avyākatāni*. This attitude of the Buddha puzzled not only the ascetics of other sects, but even some of the monks like *Māluṅkyāputta*. In very strong terms, *Māluṅkyāputta* challenged the Buddha to give a categorical answer or else confess his ignorance. [\[690\]](#)

As a matter of fact there are altogether ten such questions, which the Buddha laid aside, rejected and refused to answer categorically. The first six take the form of three dilemmas, while the last four constitute the tetralemma already mentioned. Since an examination of those three dilemmas would reveal some important facts, we shall briefly discuss their significance as well.

The three sets of views are stated thematically as follows:

- 1) *sassato loko*, "the world is eternal"
- 2) *asassato loko*, "the world is not eternal"
- 3) *antavā loko*, "the world is finite"
- 4) *anantavā loko*, "the world is infinite"
- 5) *taṃ jīvaṃ taṃ sarīraṃ*, "the soul and the body are the same"
- 6) *aññaṃ jīvaṃ aññaṃ sarīraṃ*, "the soul is one thing and the body another".

These three dilemmas, together with the tetralemma, are known as *abyākatavathūni*, the ten undetermined points. [\[691\]](#) Various recluses and brahmins, as well as king *Pasenadi Kosala*, posed these ten questions to the Buddha, hoping to get categorical answers.

Why the Buddha laid them aside is a problem to many scholars. Some, like *Māluṅkyāputta*, would put it down to agnosticism. Others would claim that the Buddha laid them aside because they are irrelevant to the immediate problem of deliverance, though he could have answered them. That section of opinion go by the *Siṃsapāvanasutta* in the *Saccasamyyutta* of the *Samyyutta Nikāya*. [\[692\]](#)

Once while dwelling in a *siṃsapā* grove, the Buddha took up some *siṃsapā*

leaves in his hands and asked the monks: "What do you think, monks, which is more, these leaves in my hand or those in the *siṃsapā* grove?" The monks reply that the leaves in the hand are few and those in the *siṃsapā* grove are greater in number. Then the Buddha makes a declaration to the following effect: "Even so, monks, what I have understood through higher knowledge and not taught you is far more than what I have taught you".

If we rely on this simile, we would have to grant that the questions are answerable in principle, but that the Buddha preferred to avoid them because they are not relevant. But this is not the reason either.

All these ten questions are based on wrong premises. To take them seriously and answer them would be to grant the validity of those premises. The dilemmas and the tetralemma seek arbitrarily to corner anyone who tries to answer them. The Buddha refused to be cornered that way.

The first two alternatives, presented in the form of a dilemma, are *sassato loko*, "the world is eternal", and *asassato loko*, "the world is not eternal". This is an attempt to determine the world in temporal terms. The next set of alternatives seeks to determine the world in spatial terms.

Why did the Buddha refuse to answer these questions on time and space? It is because the concept of 'the world' has been given quite a new definition in this dispensation.

Whenever the Buddha redefined a word in common usage, he introduced it with the phrase *ariyassa vinaye*, "in the discipline of the noble ones".

We have already mentioned on an earlier occasion that according to the discipline of the noble ones, 'the world' is said to have arisen in the six sense-spheres, *chasa loko samuppanno*.^[693] In short, the world is redefined in terms of the six spheres of sense. This is so fundamentally important that in the *Salāyatanasamṃyutta* of the *Samṃyutta Nikāya* the theme comes up again and again.

For instance, in the *Samiddhisutta* Venerable *Samiddhi* poses the following question to the Buddha: '*Loko, loko'ti, bhante, vuccati. Kittāvatā nu kho, bhante, loko vā assa lokapaññatti vā?*'^[694] "'The world, the world', so it is said Venerable sir, but how far, Venerable sir, does this world or the concept of the world go?"

The Buddha gives the following answer: *Yattha kho, Samiddhi, atthi cakkhu, atthi rūpā, atthi cakkhuvīññāṇaṃ, atthi cakkhuvīññāṇaviññātabbā dhammā, atthi tattha loko vā lokapaññatti vā*, "where there is the eye, *Samiddhi*, where there are forms, where there is eye-consciousness, where there are things cognizable by eye-consciousness, there exists the world or the concept of the world".

A similar statement is made with regard to the other spheres of sense, including the mind. That, according to the Buddha, is where the world exists. Then he makes a declaration concerning the converse: *Yattha ca kho, Samiddhi, natthi cakkhu, natthi rūpā, natthi cakkhuvīññāṇaṃ, natthi cakkhuvīññāṇaviññātabbā dhammā, natthi tattha loko vā lokapaññatti vā*, "where there is no eye, *Samiddhi*, where there are no forms, where there is no eye-consciousness, where there are no things cognizable by eye-consciousness, there the world does not exist, nor any concept of the world".

From this we can well infer that any attempt to determine whether there is an end of the world, either in temporal terms or in spatial terms, is misguided. It is the outcome of a wrong view, for there is a world so long as there are the six spheres of sense. That is why the Buddha consistently refused to answer those questions regarding the world.

There are a number of definitions of the world given by the Buddha. We shall cite two of them. A certain monk directly asked the Buddha to give a definition of the world: *Loko, loko'ti bhante, vuccati. Kittāvatā nu kho, bhante, loko'ti vuccati?* "'The world, the world', so it is said. In what respect, Venerable sir, is it called a world?"

Then the Buddha makes the following significant declaration: *Lujjatīti kho, bhikkhu, tasmā loko'ti vuccati. Kiñca lujjati? Cakkhu kho, bhikkhu, lujjati, rūpā lujjanti, cakkhuvīññāṇaṃ lujjati, cakkhusamphasso lujjati, yampidaṃ cakkhusamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tampi lujjati. Lujjatīti kho, bhikkhu, tasmā loko'ti vuccati.*^[695]

"It is disintegrating, monk, that is why it is called 'the world'. And what is disintegrating? The eye, monk, is disintegrating, forms are disintegrating, eye-consciousness is disintegrating, eye-contact is disintegrating, and whatever feeling that arises dependent on eye-contact, be it pleasant, or painful, or neither-pleasant-nor-painful, that too is disintegrating. It is disintegrating, monk, that is why it is called 'the world'."

Here the Buddha is redefining the concept of the world, punning on the verb *lujjati*, which means to "break up" or "disintegrate". To bring about a radical change in outlook, in accordance with the *Dhamma*, the Buddha would sometimes introduce a new etymology in preference to the old. This definition of 'the world' is to the same effect.

Venerable *Ānanda*, too, raises the same question, soliciting a redefinition for the well-known concept of the world, and the Buddha responds with the following answer: *Yaṃ kho, Ānanda, palokadhammaṃ, ayaṃ vuccati ariyassa vinaye loko.*^[696] "Whatever, *Ānanda*, is subject to disintegration that is called 'the world' in the noble one's discipline".

He even goes on to substantiate his statement at length: *Kiñca, Ānanda, palokadhammaṃ? Cakkhuṃ kho, Ānanda, palokadhammaṃ, rūpā palokadhammā, cakkhuvīññāṇaṃ palokadhammaṃ, cakkhusamphasso palokadhammo, yampidaṃ cakkhusamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tampi palokadhammaṃ. Yaṃ kho, Ānanda, palokadhammaṃ, ayaṃ vuccati ariyassa vinaye loko.*

"And what, *Ānanda*, is subject to disintegration? The eye, *Ānanda*, is subject to disintegration, forms are subject to disintegration, eye-consciousness is subject to disintegration, eye-contact is subject to disintegration, and whatever feeling that arises dependent on eye-contact, be it pleasant, or painful, or neither-pleasant-nor-painful, that too is subject to disintegration. Whatever is subject to disintegration, *Ānanda*, is called 'the world' in the noble one's discipline."

In this instance, the play upon the word *loka* is vividly apt in that it brings out the transiency of the world. If the world by definition is regarded as transient, it cannot be conceived substantially as a unit. How then can an eternity or infinity be predicated about it? If all the so-called things in the world, listed above, are all the time disintegrating, any unitary concept of the world is fallacious.

Had the Buddha answered those misconceived questions, he would thereby concede to the wrong concept of the world current among other religious groups. So then we can understand why the Buddha refused to answer the first four questions.

Now let us examine the next dilemma, *taṃ jīvaṃ taṃ sarīraṃ, aññaṃ jīvaṃ aññaṃ sarīraṃ*, "the soul and the body are the same, the soul is one thing and the body another". To these questions also, the other religionists insisted on a

categorical answer, either 'yes' or 'no'.

There is a 'catch' in the way these questions are framed. The Buddha refused to get caught by them. These two questions are of the type that clever lawyers put to a respondent these days. They would sometimes insist strictly on a 'yes' or 'no' as answer and ask a question like 'have you now given up drinking?'. If the respondent happens to be a teetotaler, he would be in a quandary, since both answers tend to create a wrong impression.

So also in the case of these two alternatives, "the soul and the body are the same, the soul is one thing and the body another". Either way there is a presumption of a soul, which the Buddha did not subscribe to. The Buddha had unequivocally declared that the idea of soul is the outcome of an utterly foolish view, *kevalo paripūro bāladhammo*.^[697] That is why the Buddha rejected both standpoints.

A similar 'catch', a similar misconception, underlies the tetralemma concerning the after death state of the *Tathāgata*. It should be already clear to some extent by what we have discussed so far.

For the Buddha, the term *Tathāgata* had a different connotation than what it meant for those of other sects. The latter adhered to the view that both the ordinary disciple as well as the perfected individual in their systems of thought had a soul of some description or other.

The Buddha never subscribed to such a view. On the other hand, he invested the term *Tathāgata* with an extremely deep and subtle meaning. His definition of the term will emerge from the *Aggivacchagottasutta*, which we propose to discuss now.

In this discourse we find the wandering ascetic *Vacchagotta* trying to get a categorical answer to the questionnaire, putting each of the questions with legal precision one by one, as a lawyer would at the courts of law.

Kim nu kho, bho Gotamo, 'sassato loko, idam eva saccaṃ, mogham aññaṇ'ti, evaṃ diṭṭhi bhavaṃ Gotamo?^[698] "Now, Master *Gotama*, 'the world is eternal, this only is true, all else is false', are you of this view, Master *Gotama*?" The Buddha replies: *na kho ahaṃ, Vaccha, evaṃ diṭṭhi*, "no, *Vaccha*, I am not of this view".

Then *Vacchagotta* puts the opposite standpoint, which too the Buddha answers in the negative. To all the ten questions the Buddha answers 'no', thereby rejecting the questionnaire in toto. Then *Vacchagotta* asks why, on seeing what danger, the Buddha refuses to hold any of those views. The Buddha gives the following explanation:

'Sassato loko'ti kho, Vaccha, diṭṭhigatam etaṃ diṭṭhigahanaṃ diṭṭhikantāraṃ diṭṭhivisūkaṃ diṭṭhivipphanditaṃ diṭṭhisamyojanaṃ sadukkhaṃ savighātaṃ sa-upāyāsaṃ sapariḷāhaṃ, na nibbidāya na virāgāya na nirodhāya na upasamāya na abhiññāya na sambodhāya na nibbānāya saṃvattati.

"*Vaccha*, this speculative view that the world is eternal is a jungle of views, a desert of views, a distortion of views, an aberration of views, a fetter of views, it is fraught with suffering, with vexation, with despair, with delirium, it does not lead to disenchantment, to dispassion, to cessation, to tranquillity, to higher knowledge, to enlightenment, to *Nibbāna*." So with regard to the other nine views.

Now here we find both the above-mentioned reasons. Not only the fact that these questions are not relevant to the attainment of *Nibbāna*, but also the fact that there is something wrong in the very statement of the problems. What are the dangers that he sees in holding any of these views?

Every one of them is just a speculative view, *ditṭhigataṃ*, a jungle of views, *ditṭhigahanam*, an arid desert of views, *ditṭhikantāram*, a mimicry or a distortion of views, *ditṭhivisūkaṃ*, an aberration of views, *ditṭhivipphanditaṃ*, a fetter of views, *ditṭhisamyojanam*. They bring about suffering, *sadukkham*, vexation, *savighātaṃ*, despair, *sa-upāyāsaṃ*, delirium, *sapariḷāham*. They do not conduce to disenchantment, *na nibbidāya*, to dispassion, *na virāgāya*, to cessation, *na nirodhāya*, to tranquillity, *na upasamāya*, to higher knowledge, *na abhiññāya*, to enlightenment, *na sambodhāya*, to extinguishment, *na nibbānāya*.

From this declaration it is obvious that these questions are ill founded and misconceived. They are a welter of false views, so much so that the Buddha even declares that these questions simply do not exist for the noble disciple, who has heard the *Dhamma*. They occur as real problems only to the untaught worldling. Why is that?

Whoever has a deep understanding of the four noble truths would not even raise these questions. This declaration should be enough for one to understand why the Buddha refused to answer them.

Explaining that it is because of these dangers that he rejects them in toto, the Buddha now makes clear what his own stance is. Instead of holding any of those speculative views, he has seen for himself the rise, *samudaya*, and fall, *atthagama*, of the five aggregates as a matter of direct experience, thereby getting rid of all 'I'-ing and 'my'-ing and latencies to conceits, winning ultimate release.

Even after this explanation *Vacchagotta* resorts to the fourfold logic to satisfy his curiosity about the after death state of the monk thus released in mind. *Evaṃ vimuttacitto pana, bho Gotamo, bhikkhu kuhiṃ uppajjati?* "When a monk is thus released in mind, Master *Gotama*, where is he reborn?" The Buddha replies: *Uppajjatiṅti kho, Vaccha, na upeti*, "to say that he is reborn, *Vaccha*, falls short of a reply".

Then *Vacchagotta* asks: *Tena hi, bho Gotama, na uppajjati?* "If that is so, Master *Gotama*, is he not reborn?" - *Na uppajjatiṅti kho, Vaccha, na upeti*, "to say that he is not reborn, *Vaccha*, falls short of a reply".

Tena hi, bho Gotama, uppajjati ca na ca uppajjati? "If that is so, Master *Gotama*, is he both reborn and is not reborn?" - *Uppajjati ca na ca uppajjatiṅti kho, Vaccha, na upeti*, "to say that he is both reborn and is not reborn, *Vaccha*, falls short of a reply".

Tena hi, bho Gotama, neva uppajjati na na uppajjati? "If that is so, Master *Gotama*, is he neither reborn nor is not reborn?" - *Neva uppajjati na na uppajjatiṅti kho, Vaccha, na upeti*, "to say that he is neither reborn nor is not reborn, *Vaccha*, falls short of a reply".

At this unexpected response of the Buddha to his four questions, *Vacchagotta* confesses that he is fully confused and bewildered. The Buddha grants that his confusion and bewilderment are understandable, since this *Dhamma* is so deep and subtle that it cannot be plumbed by logic, *atakkāvacaro*.

However, in order to give him a clue to understand the *Dhamma* point of view, he gives an illustration in the form of a catechism.

Taṃ kiṃ maññasi, Vaccha, sace te purato aggi jaleyya, jāneyyāsi tvaṃ 'ayaṃ me purato aggi jalatiṅti? "What do you think, *Vaccha*, suppose a fire were burning before you, would you know 'this fire is burning before me'?" - *Sace me, bho Gotama, purato aggi jaleyya, jāneyyāham 'ayaṃ me purato aggi jalatiṅti*. "If, Master

Gotama, a fire were burning before me, I would know 'this fire is burning before me'."

Sace pana taṃ, Vaccha, evaṃ puccheyya 'yo te ayaṃ purato aggī jalati, ayaṃ aggī kiṃ paṭicca jalatīti, evaṃ puṭṭho tvaṃ, Vaccha, kinti byākareyyāsi?' "If someone were to ask you, *Vaccha*, 'what does this fire that is burning before you burns in dependence on', being asked thus, *Vaccha*, what would you answer?" - *Evaṃ puṭṭho ahaṃ, bho Gotama, evaṃ byākareyyaṃ 'yo me ayaṃ purato aggī jalati, ayaṃ aggī tiṇakaṭṭhupādānaṃ paṭicca jalatīti.* "Being asked thus, Master *Gotama*, I would answer 'this fire burning before me burns in dependence on grass and sticks'."

Sace te, Vaccha, purato so aggī nibbāyeyya, jāneyyāsi tvaṃ 'ayaṃ me purato aggī nibbuto'ti?' If that fire before you were to be extinguished, *Vaccha*, would you know 'this fire before me has been extinguished'?" - *Sace me, bho Gotamo, purato so aggī nibbāyeyya, jāneyyāhaṃ 'ayaṃ me purato aggī nibbuto'ti.* If that fire before me were to be extinguished, Master *Gotama*, I would know 'this fire before me has been extinguished'."

Sace pana taṃ, Vaccha, evaṃ puccheyya 'yo te ayaṃ purato aggī nibbuto, so aggī ito katamaṃ disaṃ gato, puratthimaṃ vā dakkhiṇaṃ vā pacchimaṃ vā uttaraṃ vā'ti, evaṃ puṭṭho tvaṃ, Vaccha, kinti byākareyyāsi?' "If someone were to ask you, *Vaccha*, when that fire before you were extinguished, 'to which direction did it go, to the east, the west, the north or the south', being asked thus, what would you answer?" - *Na upeti, bho Gotama, yañhi so, bho Gotama, aggī tiṇakaṭṭhupādānaṃ paṭicca jalati, tassa ca pariyādānā aññassa ca anupahārā anāhāro nibbuto tveva saṅkhaṃ gacchati.* "That wouldn't do as a reply, Master *Gotama*, for that fire burnt in dependence on its fuel of grass and sticks. That being used up and not getting any more fuel, being without fuel, it is reckoned as extinguished."

At this point a very important expression comes up, which we happened to discuss earlier too, namely *saṅkhaṃ gacchati*.^[699] It means "to be reckoned", or "to be known as", or "to be designated". So the correct mode of designation in this case is to say that the fire is reckoned as 'extinguished', and not to say that it has gone somewhere.

If one takes mean advantage of the expression 'fire has gone out' and insists on locating it, it will only be a misuse or an abuse of linguistic usage. It reveals a pervert tendency to misunderstand and misinterpret. Therefore, all that can be said by way of predicating such a situation, is *nibbuto tveva saṅkhaṃ gacchati*, "it is reckoned as 'extinguished'".

Now comes a well-timed declaration in which the Buddha, starting right from where *Vacchagotta* leaves off, brings the whole discussion to a climactic end.

Evameva kho, Vaccha, yena rūpena tathāgataṃ paññāpayamāno paññāpeyya, taṃ rūpaṃ tathāgatassa pahīnaṃ ucchinnamūlaṃ tālāvattukataṃ anabhāvakataṃ āyatimānuppādadhamaṃ. Rūpasāṅkhāvimutto kho, Vaccha, tathāgato, gambhīro appameyyo duppariyogāho, seyyathāpi mahāsamuddo. Uppajjatīti na upeti, na uppajjatīti na upeti, uppajjati ca na ca uppajjatīti na upeti, neva uppajjati na na uppajjatīti na upeti.

"Even so, *Vaccha*, that form by which one designating the *Tathāgata* might designate him, that has been abandoned by him, cut off at the root, made like an uprooted palm tree, made non-existent and incapable of arising again. The *Tathāgata* is free from reckoning in terms of form, *Vaccha*, he is deep, immeasurable and hard to fathom, like the great ocean. To say that he is reborn falls short of a reply, to say that he is not reborn falls short of a reply, to say that

he is both reborn and is not reborn falls short of a reply, to say that he is neither reborn nor is not reborn falls short of a reply."

This declaration, which a fully convinced *Vacchagotta* now wholeheartedly hailed and compared to the very heartwood of a *Sāla* tree, enshrines an extremely profound norm of *Dhamma*.

It was when *Vacchagotta* had granted the fact that it is improper to ask in which direction an extinguished fire has gone, and that the only proper linguistic usage is simply to say that 'it is extinguished', that the Buddha came out with this profound pronouncement concerning the five aggregates.

In the case of the *Tathāgata*, the aggregate of form, for instance, is abandoned, *pahīnaṃ*, cut off at the root, *ucchinnamūlaṃ*, made like an uprooted palm tree divested from its site, *tālāvatthukataṃ*, made non-existent, *anabhavakataṃ*, and incapable of arising again, *āyatim anuppādadhammaṃ*.

Thereby the *Tathāgata* becomes free from reckoning in terms of form, *rūpaṣaṅkhāvimutto kho tathāgato*. Due to this very freedom, he becomes deep, immeasurable and unfathomable like the great ocean. Therefore he cannot be said to be reborn, or not to be reborn, or both or neither. The abandonment of form, referred to above, comes about not by death or destruction, but by the abandonment of craving.

The fact that by the abandonment of craving itself, form is abandoned, or eradicated, comes to light from the following quotation from the *Rādhasaṃyutta* of the *Saṃyutta Nikāya*.

Rūpe kho, Rādha, yo chando yo rāgo yā nandī yā taṇhā, taṃ pajahatha. Evaṃ taṃ rūpaṃ pahīnaṃ bhavissati ucchinnamūlaṃ tālāvatthukataṃ anabhāvakataṃ āyatim anuppādadhammaṃ. ^[700] "Rādha, you give up that desire, that lust, that delight, that craving for form. It is thus that form comes to be abandoned, cut off at the root, made like an uprooted palm tree, made non-existent and incapable of arising again."

Worldlings are under the impression that an *arahant's* five aggregates of grasping get destroyed at death. But according to this declaration, an *arahant* is like an uprooted palm tree. A palm tree uprooted but left standing, divested of its site, might appear as a real palm tree to one who sees it from a distance. Similarly, an untaught worldling thinks that there is a being or person in truth and fact when he hears the term *Tathāgata*, even in this context too.

This is the insinuation underlying the above quoted pronouncement. It has some profound implications, but time does not permit us to go into them today.

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MIND STILLED 21

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

Etaṃ santaṃ, etaṃ paṇītaṃ, yadidaṃ sabbaṣaṅkhārasamatho

sabbūpadhipaṭṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ. [\[701\]](#)

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks. This is the twenty-first sermon in the series of sermons on *Nibbāna*.

The other day we discussed, to some extent, the ten questions known as the "ten indeterminate points", *dasa avyākatavatthūni*, which the Buddha laid aside, refusing to give a categorical answer as "yes" or "no". We pointed out, that the reason why he refused to answer them was the fact that they were founded on some wrong views, some wrong assumptions. To give categorical answers to such questions would amount to an assertion of those views. So he refrained from giving clear-cut answers to any of those questions.

Already from our last sermon, it should be clear, to some extent, how the eternalist and annihilationist views peep through them. The tetralemma on the after-death state of the *Tathāgata*, which is directly relevant to our theme, also presupposes the validity of those two extreme views. Had the Buddha given a categorical answer, he too would be committing himself to the presumptions underlying them.

The middle path he promulgated to the world is one that transcended both those extremes. It is not a piecemeal compromise between them. He could have presented a half-way solution by taking up one or the other of the last two standpoints, namely "the *Tathāgata* both exists and does not exist after death", or "the *Tathāgata* neither exists nor does not exist after death". But instead of stooping to that position, he rejected the questionnaire in toto.

On the other hand, he brought in a completely new mode of analysis, illustrative of the law of dependent arising underlying the doctrine of the four noble truths, in order to expose the fallacy of those questions.

The other day we happened to mention the conclusive answer given by the Buddha to the question raised by the wandering ascetic *Vacchagotta* in the *Aggīvacchagottasutta* of the *Majjhima Nikāya*, concerning the after death state of the *Tathāgata*. But we had no time to discuss it at length. Therefore let us take it up again.

When the wandering ascetic *Vacchagotta* had granted the incongruity of any statement to the effect that the extinguished fire has gone in such and such a direction, and the fact that the term *Nibbāna* is only a reckoning or a turn of speech, the Buddha follows it up with the conclusion:

Evameva kho, Vaccha, yena rūpena tathāgataṃ paññāpayamāno paññāpeyya, taṃ rūpaṃ tathāgatassa pahīnaṃ ucchinnamūlaṃ tālavatthukataṃ anabhāvakataṃ āyatīṃ anuppādadhammaṃ. Rūpaśaṅkhāvimutto kho, Vaccha, tathāgato, gambhīro appameyyo duppariyogāho, seyyathāpi mahāsamuddo. Uppajjatiṅti na upeti, na uppajjatiṅti na upeti, uppajjati ca na ca uppajjatiṅti na upeti, neva uppajjati na na uppajjatiṅti na upeti. [\[702\]](#)

"Even so, *Vaccha*, that form by which one designating the *Tathāgata* might designate him, that has been abandoned by him, cut off at the root, made like an uprooted palm tree, made non-existent and incapable of arising again. The *Tathāgata* is free from reckoning in terms of form, *Vaccha*, he is deep, immeasurable and hard to fathom, like the great ocean. To say that he is reborn

falls short of a reply, to say that he is not reborn falls short of a reply, to say that he is both reborn and is not reborn falls short of a reply, to say that he is neither reborn nor is not reborn falls short of a reply."

As in the case of the aggregate of form, so also with regard to the aggregates of feeling, perception, preparations and consciousness, that is to say, in regard to all the five aggregates of grasping, the Buddha made this particular declaration. From this it is clear, that in this dispensation the *Tathāgata* cannot be reckoned in terms of any one of the five aggregates.

The similes reveal to us the state of the *Tathāgata* - the simile of the uprooted tree, for instance. On seeing a palm tree uprooted, but somehow left standing, one would mistake it for a growing palm tree. The worldling has a similar notion of the *Tathāgata*. This simile of the tree reminds us of the *Isidattatheragāthā*, which has an allusion to it.

*Pañcakkhandhā pariññātā,
tiṭṭhanti chinnamūlakā,
dukkhakkhayo anuppatto,
patto me āsavakkhayo.*^[703]

"Five aggregates, now fully understood,
Just stand, cut off at their root,
Reached is suffering's end,
Extinct for me are influxes."

On reaching *arahant*-hood, one finds oneself in this strange situation. The occurrence of the word *saṅkhā* in this connection is particularly significant. This word came up in our discussion of the term *papañca* in the contexts *papañcasaṅkhā* and *papañcasaññāsaṅkhā*.^[704] There we had much to say about the word. It is synonymous with *samaññā*, "appellation", and *paññatti*, "designation". Reckoning, appellation and designation are synonymous to a great extent. So the concluding statement of the Buddha, already quoted, makes it clear that the *Tathāgata* cannot be reckoned or designated in terms of form, though he has form, he cannot be reckoned by feeling, though he experiences feeling, nor can he be reckoned by, or identified with, the aggregates of perceptions, preparations or consciousness.

Now in order to make a reckoning, or a designation, there has to be a duality, a dichotomy. We had occasion to touch upon this normative tendency to dichotomize. By way of illustration we may refer to the fact that even the price of an article can be reckoned, so long as there is a vortex between supply and demand. There has to be some kind of vortex between two things, for there to be a designation. A vortex, or *vaṭṭa*, is an alternation between two things, a cyclic interrelation. A designation can come in only so long as there is such a cyclic process. Now the *Tathāgata* is free from this duality.

We have pointed out that the dichotomy between consciousness and name-and-form is the *saṃsāric* vortex. Let us refresh our memory of this vortex by alluding to a quotation from the *Udāna* which we brought up on an earlier occasion.

*Chinnaṃ vaṭṭaṃ na vattati,
es' ev' anto dukkhassa.*^[705]

The whirlpool cut off whirls no more.

This, even this, is suffering's end."

This, in fact, is a reference to the *arahant*. The vortex is between consciousness and name-and-form. By letting go of name-and-form, and realizing the state of a non-manifestative consciousness, the *arahant* has, in this very life, realized the cessation of existence, which amounts to a cessation of suffering as well. Though he continues to live on, he does not grasp any of those aggregates tenaciously. His consciousness does not get attached to name-and-form. That is why it is said that the vortex turns no more.

To highlight this figure of the vortex, we can bring up another significant quotation from the *Upādānaparivaṭṭasutta* and the *Sattaṭṭhānasutta* of the *Samyutta Nikāya*.

Ye suvimuttā te kevalino, ye kevalino vaṭṭaṃ tesaṃ n'atthi paññāpanāya. [\[706\]](#)
"Those who are fully released, are truly alone, and for them who are truly alone, there is no whirling round for purposes of designation".

This statement might sound rather queer. The term *kevalī* occurs not only in the *Samyutta Nikāya*, but in the *Sutta Nipāta* as well, with reference to the *arahant*. The commentary to the *Sutta Nipāta*, *Paramatthajotikā*, gives the following definition to the term when it comes up in the *Kasibhāradvāja Sutta*: *sabbaguṇaparipuṇṇaṃ sabbayogavisamūyuttaṃ vā.* [\[707\]](#) According to the commentator, this term is used for the *arahant* in the sense that he is perfect in all virtues, or else that he is released from all bonds.

But going by the implications of the word *vaṭṭa*, associated with it, we may say that the term has a deeper meaning. From the point of view of etymology, the word *kevalī* is suggestive of singularity, full integration, aloofness and solitude. We spoke of a letting go of name-and-form. The non-manifestative consciousness, released from name-and-form, is indeed symbolic of the *arahant's* singularity, wholeness, aloofness and solitude.

In the following verse from the *Dhammapada*, which we had quoted earlier too, this release from name-and-form is well depicted.

*Kodhaṃ jahe vipphaheyya mānaṃ,
saṃyojanaṃ sabbam atikkameyya,
taṃ nāmarūpasmim asajjamānaṃ,
akiñcanaṃ nānupatanti dukkhā.* [\[708\]](#)

"Let one put wrath away and conceit abandon,
And get well beyond all fetters as well,
That one, untrammelled by name-and-form,
With naught as his own, no pains befall."

We came across another significant reference to the same effect in the *Māghasutta* of the *Sutta Nipāta*.

*Ye ve asattā vicaranti loke,
akiñcanā kevalino yatattā,
kālena tesu havyaṃ pavecche,
yo brāhmaṇo puññapekho yajetha.* [\[709\]](#)

"They who wander unattached in the world,

Owning naught, aloof, restrained,
To them in time, let the brahmin offer,
That oblation, if merit be his aim."

This verse also makes it clear, that a freedom from ownings and attachments is implicit in the term *kevalī*. It has connotations of full integration and aloofness. The term *kevala*, therefore, is suggestive of the state of release from that vortex.

If, for instance, a vortex in the ocean comes to cease, can one ask where the vortex has gone? It will be like asking where the extinguished fire has gone. One might say that the vortex has 'joined' the ocean. But that, too, would not be a proper statement to make. From the very outset what in fact was there was the great ocean, so one cannot say that the vortex has gone somewhere, nor can one say that it is not gone. It is also incorrect to say that it has joined the ocean. A cessation of a vortex gives rise to such a problematic situation. So is this state called *kevalī*. What, in short, does it amount to? **The vortex has now become the great ocean itself. That is the significance of the comparison of the emancipated one to the great ocean.**

The commentators do not seem to have paid sufficient attention to the implications of this simile. But when one thinks of the relation between the vortex and the ocean, it is as if the *arahant* has become one with the ocean. But this is only a turn of speech.

In reality, the vortex is merely a certain pervert state of the ocean itself. That perversion is now no more. It has ceased. It is because of that perversion that there was a manifestation of suffering. **The cessation of suffering could therefore be compared to the cessation of the vortex, leaving only the great ocean as it is.**

Only so long as there is a whirling vortex can we point out a 'here' and a 'there'. In the vast ocean, boundless as it is, where there is a vortex, or an eddy, we can point it out with a 'here' or a 'there'. Even so, in the case of the *saṃsāric* individual, as long as the whirling round is going on in the form of the vortex, there is a possibility of designation or appellation as 'so-and-so'. But once the vortex has ceased, there is actually nothing to identify with, for purposes of designation. The most one can say about it, is to refer to it as the place where a vortex has ceased.

Such is the case with the *Tathāgata* too. Freedom from the duality is for him release from the vortex itself. We have explained on a previous occasion how a vortex comes to be. [\[710\]](#) A current of water, trying to go against the mainstream, when its attempt is foiled, in clashing with the mainstream, gets thrown off and pushed back, but turns round to go whirling and whirling as a whirlpool. This is not the norm. This is something abnormal. Here is a perversion resulting from an attempt to do the impossible. This is how a thing called 'a vortex' comes to be.

The condition of the *saṃsāric* being is somewhat similar. What we are taught as the four 'perversions' in the *Dhamma*, describe these four pervert attitudes of a *saṃsāric* being.

1. Perceiving permanence in the impermanent
2. Perceiving pleasure in the painful
3. Perceiving beauty in the foul
4. Perceiving a self in the not-self.

The *saṃsāric* individual tries to forge ahead in existence, misled by these four pervert views. The result of that attempt is the vortex between consciousness and name-and-form, a recurrent process of whirling round and round.

Because of this process of whirling round, as in a vortex, there is an unreality about this world. What for us appears as the true and real state of the world, the Buddha declares to be false and unreal. We have already quoted on an earlier occasion the verse from the *Dvayatānupassanāsutta* of the *Sutta Nipāta*, which clearly illustrates this point.

*Anattani attamāniṃ,
passa lokaṃ sadevakaṃ,
niviṭṭhaṃ nāmarūpasmīṃ,
idaṃ saccaṇ'ti maññati.* [\[711\]](#)

"Just see the world, with all its gods,
Fancying a self where none exists,
Entrenched in name-and-form it holds
The conceit that this is real."

What the world entrenched in name-and-form takes to be real, it seems is unreal, according to this verse. This idea is reinforced by the following refrain-like phrase in the *Uragasutta* of the *Sutta Nipāta*: *Sabbaṃ vitatham idan'ti ñatvā loka*, [\[712\]](#) "knowing that everything in this world is not 'such'".

We have referred to the special significance of the *Uragasutta* on several occasions. [\[713\]](#) That discourse enjoins a giving up of everything, like the sloughing off of a worn-out skin by a serpent. Now a serpent sheds its worn-out skin by understanding that it is no longer the real skin. Similarly, one has to understand that everything in the world is not 'such'. *Tathā* is "such". Whatever is 'as-it-is', is *yathābhūta*. To be 'as-it-is', is to be 'such'. What is not 'as-it-is', is *ayathā* or *vitatha*, "unsuch" or "not such", that is to say, unreal.

It seems, therefore, that the vortex whirling between consciousness and name-and-form, in the case of *saṃsāric* beings, is something not 'such'. It is not the true state of affairs in the world. To be free from this aberration, this unreal state of duality, is to be an *arahant*.

The three unskilful mental states of greed, hate and delusion are the outcome of this duality itself. So long as the whirling goes on, there is friction manifesting itself, sometimes as greed and sometimes as hate. Delusion impels and propels both. It is just one current of water that goes whirling round and round, bringing about friction and conflict. This interplay between consciousness and name-and-form is actually a pervert state, abnormal and unreal. To be a *Tathāgata* is a return to reality and suchness, from this unreal, unsuch, pervert state.

We happened to mention earlier that the term *Tathāgata* was already current among ascetics of other sects. But it is not in the same sense that the Buddha used this term. For those of other sects, the term *Tathāgata* carried with it the prejudice of a soul or a self, even if it purported to represent the ideal of emancipation.

But in this dispensation, the *Tathāgata* is defined differently. *Tathā*, "even so", "thus", is the correlative of *yathā*, "just as", "in whatever way". **At whatever moment it becomes possible to say that 'as is the ocean, so is the vortex now', then, it is the state of *tathāgata*.**

The vortex originated by deviating from the course of the main stream of the ocean. But if an individual, literally so-called, gave up such pervert attitudes, as seeing permanence in what is impermanent, if he got rid of the four perversions by the knowledge and insight into things as-they-are, then he comes to be known as a *Tathāgata*.

He is a "thus gone", in the sense that, as is the norm of the world, 'thus' he is now. There is also an alternative explanation possible, etymologically. *Tathatā* is a term for the law of dependent arising.^[714] It means "thusness" or "suchness". This particular term, so integral to the understanding of the significance of *paṭicca samuppāda*, or "dependent arising", is almost relegated to the limbo in our tradition.

Tathāgata could therefore be alternatively explained as a return to that 'thusness' or 'suchness', by comprehending it fully. In this sense, the derivation of the term could be explained analytically as *tatha* + *āgata*. Commentators, too, sometimes go for this etymology, though not exactly in this sense.^[715]

According to this idea of a return to the true state of suchness, we may say that **there is neither an increase nor a decrease in the ocean, when a vortex ceases**. Why? Because what was found both inside the vortex and outside of it was simply water. So is the case with the *saṃsāric* individual.

What we have to say from here onwards, regarding this *saṃsāric* individual, is directly relevant to meditation. As we mentioned on an earlier occasion, the four elements, earth, water, fire and air, are to be found both internally and externally. In the *MahāHatthipadopama Sutta* of the *Majjhima Nikāya* we come across a way of reflection that leads to insight in the following instruction.

Yā c' eva kho pana ajjhattikā paṭhavidhātu, yā ca bāhirā paṭhavidhātu, paṭhavidhātu ev' esā. Taṃ n' etaṃ mama, n' eso 'haṃ asmi, na meso attā 'ti evam etaṃ yathābhūtaṃ sammappaññāya daṭṭhabbaṃ.^[716]

"Now whatever earth element that is internal, and whatever earth element that is external, both are simply earth element. That should be seen as it is with right wisdom thus: 'this is not mine, this I am not, this is not my self.'"

The implication is that this so-called individual, or person, is in fact a vortex, formed out of the same kind of primary elements that obtain outside of it. So then, the whole idea of an individual or a person is a mere perversion. The notion of individuality in *saṃsāric* beings is comparable to the apparent individuality of a vortex. It is only a pretence. That is why it is called *asmimāna*, the "conceit 'am'". In truth and fact, it is only a conceit.

This should be clear when one reflects on how the pure air gets caught up into this vortex as an in-breath, only to be ejected after a while as a foul out-breath. Portions of primary elements, predominating in earth and water, get involved with this vortex as food and drink, to make a few rounds within, only to be exuded as dirty excreta and urine. This way, one can understand the fact that what is actually there is only a certain delimitation or measuring as 'internal' and 'external'.

What sustains this process of measuring or reckoning is the duality - the notion that there are two things. So then, the supreme deliverance in this dispensation is release from this duality. Release from this duality is at the same time release from greed and hate.

Ignorance is a sort of going round, in a winding pattern, as in the case of a coil. Each round seems so different from the previous one, a peculiar novelty arising

out of the forgetting or ignoring trait, characteristic of ignorance.

However much one suffers in one life cycle, when one starts another life cycle with a new birth, one is in a new world, in a new form of existence. The sufferings in the previous life cycle are almost forgotten. The vast cycle of *saṃsāra*, this endless faring round in time and space, is like a vortex.

The vortical interplay between consciousness and name-and-form has the same background of ignorance. In fact, it is like the seed of the entire process. A disease is diagnosed by the characteristics of the germ. Even so, the Buddha pointed out, that the basic principle underlying the *saṃsāric* vortex is traceable to the vortical interplay between consciousness and name-and-form, going on within our minds.

This germinal vortex, between consciousness and name-and-form, is an extremely subtle one that eludes the limitations of both time and space. This, indeed, is the timeless principle inherent in the law of *paṭicca samuppāda*, or "dependent arising". Therefore, the solution to the whole problem lies in the understanding of this law of dependent arising.

We have mentioned on a previous occasion that the *saṅkhata*, or the "prepared", becomes *asaṅkhata*, or the "unprepared", by the very understanding of the 'prepared' nature of the *saṅkhata*.^[717] The reason is that the prepared appears to be 'so', due to the lack of understanding of its composite and prepared nature. This might well appear a riddle.

The faring round in *saṃsāra* is the result of ignorance. That is why final deliverance is said to be brought about by **wisdom** in this dispensation. All in all, one extremely important fact emerges from this discussion, namely the fact that the etymology attributed to the term *Tathāgata* by the Buddha is highly significant.

It effectively explains why he refused to answer the tetralemma concerning the after death state of the *Tathāgata*. When a vortex has ceased, it is problematic whether it has gone somewhere or joined the great ocean. Similarly, there is a problem of identity in the case of a *Tathāgata*, even when he is living. This simile of the ocean gives us a clue to a certain much-vexed riddle-like discourse on *Nibbāna*.

Many of those scholars, who put forward views on *Nibbāna* with an eternalist bias, count on the *Pahārādasutta* found among the Eights of the *Aṅguttara Nikāya*.^[718] In fact, that discourse occurs in the *Vinaya Cūlavagga* and in the *Udāna* as well.^[719] In the *Pahārādasutta*, the Buddha gives a sustained simile, explaining eight marvellous qualities of this dispensation to the *asura* king *Pahārāda*, by comparing them to eight marvels of the great ocean. The fifth marvellous quality is stated as follows:

Seyyathāpi, Pahārāda, yā kāci loke savantiyo mahāsamuddam appenti, yā kāci antalikkhā dhārā papatanti, na tena mahāsamuddassa ūnattaṃ vā pūrattaṃ vā paññāyati, evam eva kho, Pahārāda, bahū ce pi bhikkhū anupādisesāya nibbānadhātuyā parinibbāyanti, na tena nibbānadhātuyā ūnattaṃ vā pūrattaṃ va paññāyati.^[720]

"Just as, *Pahārāda*, however many rivers of the world may flow into the great ocean and however much torrential downpours may fall on it from the sky, no decrease or increase is apparent in the great ocean, even so, *Pahārāda*, although many monks may attain *parinibbāna* in the *Nibbāna* element without residual clinging, thereby no decrease or increase is apparent in the *Nibbāna* element."

Quite a number of scholars draw upon this passage when they put forward the view that *arahants*, after their death, find some place of refuge which never gets overcrowded. It is a ridiculous idea, utterly misconceived. It is incompatible with this *Dhamma*, which rejects both eternalist and annihilationist views. Such ideas seem to have been put forward due to a lack of appreciation of the metaphorical significance of this particular discourse and a disregard for the implications of this comparison of the *arahant* to the great ocean, in point of his suchness or *tathatā*.

In the light of these facts, we have to conclude that *Nibbāna* is actually the truth, and that *saṃsāra* is a mere perversion. That is why the *Dvayatānupassanāsutta*, from which we have quoted earlier too, is fundamentally important. It says that what the world takes as the truth, that the ariyans have seen with wisdom as untruth.

*Yaṃ pare sukhato āhu,
tad ariyā āhu dukkhato,
yaṃ pare dukkhato āhu,
tad ariyā sukhato vidū.*^[721]

"What others may call bliss,
That the ariyans make known as pain.
What others may call pain,
That the ariyans have known to be bliss."

And it effectively concludes:

*Passa dhammaṃ durājānaṃ,
sampamūḷh' ettha aviddasū.*

"Behold a norm, so had to grasp,
Baffled herein are ignorant ones."

The truth of this profound declaration by the Buddha could be seen in these deeper dimensions of the meaning of *tathatā*. By way of further clarification of what we have already stated about the *Tathāgata* and the mode of answering those questions about his after death state, we may now take up the *Anurādhāsutta* of the *Samyutta Nikāya*, which is of paramount importance in this issue.

According to this discourse, when the Buddha was once dwelling in the gabled hall in *Vesalī*, a monk named *Anurādha* was living in a hut in a jungle close by. One day he was confronted with a situation, which shows that even a forest dwelling monk cannot afford to ignore questions like this. A group of wandering ascetics of other sects approached him and, seated in front of him, made this pronouncement, as if to see his response.

*Yo so, āvuso Anurādha, tathāgato uttamapuriso paramapuriso paramapattipatto,
taṃ tathāgataṃ imesu catūsu ṭhānesu paññāpayamāno paññāpeti: "Hoti tathāgato
paraṃ marañā 'ti vā 'na hoti tathāgato paraṃ marañā 'ti vā 'hoti ca na ca hoti
tathāgato paraṃ marañā 'ti vā 'neva hoti na na hoti tathāgato paraṃ marañā 'ti
vā.*^[722]

"Friend *Anurādha*, as to that *Tathāgata*, the highest person, the supreme person, the one who has attained the supreme state, in designating him one does so in terms of these four propositions: 'the *Tathāgata* exists after death', 'the

Tathāgata does not exist after death', 'the *Tathāgata* both exists and does not exist after death', 'the *Tathāgata* neither exists nor does not exist after death'."

What those ascetics of other sects wanted to convey, was that the state of the *Tathāgata* after death could be predicated only by one of these four propositions, constituting the tetralemma. But then Venerable *Anurādha* made the following declaration, as if to repudiate that view:

Yo so, āvuso, tathāgato uttamapuriso paramapuriso paramapattipatto, taṃ tathāgataṃ aññatr'imehi catūhi thānehi paññāpayamāno paññāpeti.

"Friends, as to that *Tathāgata*, the highest person, the supreme person, the one who has attained the supreme state, in designating him one does so apart from these four propositions."

As soon as he made this statement, those ascetics of other sects made the derogatory remark: "This must be either a new-comer to the Order, just gone forth, or a foolish incompetent elder." With this insult, they got up and left, and Venerable *Anurādha* fell to thinking: "If those wandering ascetics of other sects should question me further, how should I answer them creditably, so as to state what has been said by the Exalted One, and not to misrepresent him. How should I explain in keeping with the norm of *Dhamma*, so that there will be no justifiable occasion for impeachment."

With this doubt in mind, he approached the Buddha and related the whole episode. The Buddha, however, instead of giving a short answer, led Venerable *Anurādha* step by step to an understanding of the *Dhamma*, catechetically, by a wonderfully graded path. First of all, he convinced Venerable *Anurādha* of the three characteristics of existence.

'Taṃ kiṃ maññasi, Anurādha, rūpaṃ niccaṃ vā aniccaṃ vā 'ti.

'Aniccaṃ bhante'.

'Yaṃ paṇāniccaṃ dukkhaṃ vā taṃ sukhaṃ vā 'ti.

'Dukkhaṃ bhante.'

'Yaṃ paṇāniccaṃ dukkhaṃ vipariṇāmadhammaṃ kallaṃ nu taṃ samanupassituṃ: 'etaṃ mama, eso 'ham asmi, eso me attā 'ti.

'No h'etaṃ bhante'.

"What do you think, *Anurādha*, is form permanent or impermanent?"

"Impermanent, venerable sir."

"Is what is impermanent suffering or happiness?"

"Suffering, venerable sir."

"Is what is impermanent, suffering, and subject to change, fit to be regarded thus: 'This is mine, this am I, this is my self'?"

"No indeed, venerable sir."

So also with regard to the other aggregates, the Buddha guided Venerable *Anurādha* to the correct standpoint of the *Dhamma*, in this case by three steps, and this is the first step. He put aside the problem of the *Tathāgata* for a moment and highlighted the characteristic of not-self out of the three signata, thereby convincing *Anurādha* that what is impermanent, suffering and subject to change, is not fit to be regarded as self. Now comes the second step, which is, more or less, a reflection leading to insight.

Tasmā ti ha, Anurādha, yaṃ kiñci rūpam atītānāgatapaccuppannam ajjhattaṃ vā bahiddhā vā oḷārikaṃ vā sukhumāṃ vā hīnaṃ vā paṇītaṃ vā, yaṃ dūre santike vā, sabbaṃ rūpaṃ 'n' etaṃ mama, n' eso 'ham asmi, na meso attā 'ti evam etaṃ yathābhūtaṃ sammappaññāya daṭṭhabbaṃ. Yā kāci vedanā atītānāgatapaccuppannā ... yā kāci saññā ... ye keci saṅkhāra... yaṃ kiñci viññāṇaṃ atītānāgatapaccuppannam ajjhattaṃ vā bahiddhā vā oḷārikaṃ vā sukhumāṃ vā hīnaṃ vā paṇītaṃ vā, yaṃ dūre santike vā, sabbaṃ viññāṇaṃ 'n' etaṃ mama, n' eso 'ham asmi, na meso attā 'ti evam etaṃ yathābhūtaṃ sammappaññāya daṭṭhabbaṃ.

Evam passaṃ, Anurādha, sutavā ariyasāvako rūpasmim pi nibbindati, vedanāya pi nibbindati, saññāya pi nibbindati, saṅkhāresu pi nibbindati, viññāṇasmim pi nibbindati. Nibbindaṃ virajjati, virāgā vimuccati, vimuttasmim vimuttam iti ñāṇaṃ hoti: 'khīṇā jāti vusitaṃ brahmacariyaṃ, kataṃ karaṇīyaṃ, nāparam itthattāyā'ti pajānāti.

"Therefore, *Anurādha*, any kind of form whatsoever, whether past, future or present, internal or external, gross or subtle, inferior or superior, far or near, all form should be seen as it really is, with right wisdom thus: 'This is not mine, this I am not, this is not my self'. Any kind of feelings whatsoever, whether past, future or present ... any kind of perception ... any kind of preparations ... any kind of consciousness whatsoever, whether past, future or present, internal or external, gross or subtle, inferior or superior, far or near, all consciousness should be seen as it really is, with right wisdom thus: 'This is not mine, this I am not, this is not my self'.

Seeing thus, *Anurādha*, the instructed noble disciple gets disgusted of form, gets disgusted of feeling, gets disgusted of perception, gets disgusted of preparations, gets disgusted of consciousness. With disgust, he becomes dispassionate, through dispassion his mind is liberated, when it is liberated, there comes the knowledge 'it is liberated' and he understands: 'Extinct is birth, lived is the holy life, done is what is to be done, there is no more of this state of being'."

Here the Buddha is presenting a mode of reflection that culminates in *arahant*-hood. If one is prepared to accept the not-self standpoint, then what one has to do, is to see with right wisdom all the five aggregates as not-self in a most comprehensive manner. This is the second step.

Now, as the third step, the Buddha sharply addresses a series of questions to Venerable *Anurādha*, to judge how he would determine the relation of the *Tathāgata*, or the emancipated one, to the five aggregates.

"What do you think, *Anurādha*, do you regard form as the *Tathāgata*?" "No, venerable sir." "Do you regard feeling ... perception ... preparations ... consciousness as the *Tathāgata*?" "No, venerable sir."

"What do you think, *Anurādha*, do you regard the *Tathāgata* as in form?" "No, venerable sir." "Do you regard the *Tathāgata* as apart from form?" "No, venerable sir." "Do you regard the *Tathāgata* as in feeling?" "No, venerable sir." "Do you regard the *Tathāgata* as apart from feeling?" "No, venerable sir." "Do you regard the *Tathāgata* as in perception?" "No, venerable sir." "Do you regard the *Tathāgata* as apart from perception?" "No, venerable sir." "Do you regard the *Tathāgata* as in preparations?" "No, venerable sir." "Do you regard the *Tathāgata* as apart from preparations?" "No, venerable sir." "Do you regard the *Tathāgata* as in consciousness?" "No, venerable sir." "Do you regard the *Tathāgata* as apart from consciousness?" "No, venerable sir."

"What do you think, *Anurādha*, do you regard the *Tathāgata* as one who is

without form, without feeling, without perception, without preparations, without consciousness?" "No, venerable sir."

When Venerable *Anurādha* gives negative answers to all these four modes of questions, the Buddha draws the inevitable conclusion that accords with the *Dhamma*.

'*Ettha ca te, Anurādha, diṭṭheva dhamme saccato thetato tathāgate anupalabbhiyamāne, kallaṃ nu te taṃ veyyākaraṇaṃ: 'Yo so, āvuso, tathāgato uttamapuriso paramapuriso paramapattipatto, taṃ tathāgataṃ aññatr'imehi catūhi ṭhānehi paññāpayamāno paññāpeti'?*' 'No *hetam bhante.*'

"So then, *Anurādha*, when for you a *Tathāgata* is not to be found in truth and fact here in this very life, is it fitting for you to declare, as you did: 'Friends, as to the *Tathāgata*, the highest person, the supreme person, the one who has attained the supreme state, in designating him one does so apart from these four propositions'?" "No, venerable sir."

This conclusion, namely that the *Tathāgata* is not to be found in truth and fact even in this very life, is one that drives terror into many who are steeped in the craving for existence. But this, it seems, is the upshot of the catechism. The rebuke of the wandering ascetics is justifiable, because the tetralemma exhausts the universe of discourse and there is no way out. The Buddha's reproof of *Anurādha* amounts to an admission that **even here and now the *Tathāgata* does not exist in truth and fact, not to speak of his condition hereafter.** When *Anurādha* accepts this position, the Buddha expresses his approbation with the words:

Sādhu, sādhu, Anurādha, pubbe cāham Anurādha etarahi ca dukkhañceva paññāpemi dukkhassa ca nirodhaṃ. "Good, good, *Anurādha*, **formerly as well as now I make known just suffering and the cessation of suffering.**"

This declaration makes it clear that the four noble truths are the teaching proper and that terms like *Tathāgata*, *satta* and *pugala* are mere concepts. No doubt, this is a disconcerting revelation. So let us see, whether there is any possibility of salvaging the *Tathāgata*.

Now there is the word *upalabbhati* occurring in this context, which is supposed to be rather ambiguous. In fact, some prefer to render it in such a way as to mean the *Tathāgata* does exist, only that he cannot be traced.

Tathāgata, it seems, exists in truth and fact, though one cannot find him. This is the way they get round the difficulty. But then, let us examine some of the contexts in which the word occurs, to see whether there is a case for such an interpretation.

A clear-cut instance of the usage of this expression comes in the *Vajirā Sutta* of the *Samyutta Nikāya*. The *arahant* nun *Vajirā* addresses the following challenge to *Māra*:

*Kinnu 'satto 'ti paccesi,
Māra diṭṭhigatannu te,
suddhasaṅkhārapuñjo, yaṃ,
nayidha sattūpalabbhati.* [\[723\]](#)

"What do you mean by a 'being', o *Māra*,
Isn't it a bigoted view, on your part,
This is purely a heap of preparations, mind you,

No being is to be found here at all."

The context as well as the tone makes it clear that the word *upalabbhati* definitely means "not to be found", not that there is a being but one cannot find it.

We may take up another instance from the *Purābhedasutta* of the *Sutta Nipāta*, where the theme is the *arahant*.

*Na tassa puttā pasavo vā,
khettaṃ vatthum na vijjati,
attaṃ vāpi nirattaṃ vā,
na tasmim upalabbhati.*^[724]

"Not for him are sons and cattle,
He has no field or site to build,
In him there is not to be found,
Anything that is grasped or given up."

The words *attaṃ* and *nirattaṃ* are suggestive of the dichotomy from which the *arahant* is free. The context unmistakably proves that the expression *na upalabbhati* means "not to be found".

All this goes to show that the Buddha set aside the four questions forming the tetralemma not because they are irrelevant from the point of view of *Nibbāna*, despite the fact that he could have answered them. That is to say, not that he could not, but that he would not. How can one say that the question of an *arahant's* after death state is totally irrelevant? So that is not the reason.

The reason is that the questions are misleading. Those who posed these questions had the presumption that the word *Tathāgata* implied a truly existing being or a person. But the Buddha pointed out that the concept of a being or a person is fallacious.

Though it is fallacious, for the worldling living in an illusory unreal world, it has its place as a relative reality. Due to the very fact that it is grasped, it is binding on him. Therefore, when a worldling uses such terms as 'I' and 'mine', or a 'being' and a 'person', it is not a mere way of expression. It is a level of reality proper to the worldling's scale of values.

But for the *arahants*, who have reached the state of suchness, it is a mere concept. In fact, it becomes a mere concept in the context of the simile of the vortex and the ocean. That is to say, in the case of the *arahants*, their five aggregates resemble the flotsam and jetsam on the surface waters of a vortex already ceased at its depth.

On seeing the Buddha and the *arahants*, one might still say, as a way of saying, 'here is the Buddha', 'here are the *arahants*'. For the Buddha, the concept of a 'being' is something incompatible with his teaching from beginning to end. But for the nonce he had to use it, as is evident from many a discourse.

The expression *aṭṭha ariyapuggalā*, "the eight noble persons", includes the *arahant* as well. Similarly in such contexts as the *Aggappasādasutta*, the term *satta* is used indiscriminately, giving way to conventional usage.

Yāvatā, bhikkhave, sattā apadā va dipadā vā catuppadā vā bahuppadā vā rūpino vā arūpino vā saññino vā asaññino vā nevasaññināsaññino vā, tathāgato tesam

aggamakkhāyati arahaṃ sammāsambuddho. [\[725\]](#)

"Monks, whatever kinds of beings there be, whether footless or two-footed, or four-footed, or many footed, with form or formless, percipient or non-percipient, or neither-percipient-nor-non-percipient, among them the *Tathāgata*, worthy and fully awakened, is called supreme".

Although the term *satta* occurs there, it is only by way of worldly parlance. In truth and fact, however, there is no 'being' as such. In a previous sermon we happened to mention a new etymology given by the Buddha to the term *loka*, or "world". [\[726\]](#) In the same way, he advanced a new etymology for the term *satta*. As mentioned in the *Rādhasaṃyutta* of the *Saṃyutta Nikāya*, Venerable *Rādha* once posed the following question to the Buddha:

'*Satto, satto 'ti, bhante, vuccati.. Kittāvatā nu kho, bhante, 'satto 'ti vuccati?*' [\[727\]](#)

"Venerable sir, it is said 'a being', 'a being'. To what extent can one be called 'a being'."

Then the Buddha explains:

Rūpe ... vedanāya ... saññāya ... saṅkhāresu ... viññāṇe kho, Rādha, yo chando yo rāgo yā nandī yā taṇhā, tatra satto, tatra visatto, tasmā 'satto 'ti vuccati.

"*Rādha*, that desire, that lust, that delight, that craving in form ... feeling ... perception ... preparations ... consciousness, with which one is attached and thoroughly attached to it, therefore is one called a 'being'."

Here the Buddha is punning on the word *satta*, which has two meanings, a 'being' and 'the one attached'. The etymology attributed to that word by the Buddha brings out in sharp relief the attachment as well, whereas in his redefinition of the term *loka*, he followed an etymology that stressed the disintegrating nature of the world. [\[728\]](#)

Satto visatto, tasmā 'satto 'ti vuccati, "attached, thoroughly attached, therefore is one called a 'being'". Having given this new definition, the Buddha follows it up with a scintillating simile.

"Suppose, *Rādha*, some little boys and girls are playing with sand castles. So long as their lust, desire, love, thirst, passion and craving for those things have not gone away, they remain fond of them, they play with them, treat them as their property and call them their own. But when, *Rādha*, those little boys and girls have outgrown that lust, desire, love, thirst, passion and craving for those sand castles, they scatter them with their hands and feet, demolish them, dismantle them and render them unplayable."

Now comes the Buddha's admonition, based on this simile:

Evam eva kho, Rādha, tumhe rūpaṃ ... vedanaṃ ... saññaṃ ... saṅkhāre viññāṇaṃ vikiratha vidhamatha viddhaṃsetha vikiḷanikaṃ karotha taṇhakkhayāya paṭipajjatha.

"Even so, *Rādha*, you all scatter form ... feeling ... perception ... preparations ... consciousness, demolish it, dismantle it and render it unplayable. Practise for the destruction of craving."

And then he winds up with that highly significant conclusive remark:

Taṇhakkhaya hi, Rādha, nibbānaṃ.

"For, the destruction of craving, *Rādha*, is *Nibbāna*."

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MIND STILLED 22

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānam.* [\[729\]](#)

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks. This is the twentysecond sermon in the series of sermons on *Nibbāna*.

We made an attempt, in our last sermon, to explain that the comparison of the emancipated one in this dispensation to the great ocean has a particularly deep significance. We reverted to the simile of the vortex by way of explanation. Release from the *saṃsāric* vortex, or the breach of the vortex of *saṃsāra*, is comparable to the cessation of a whirlpool. It is equivalent to the stoppage of the whirlpool of *saṃsāra*.

Generally, what is known as a vortex or a whirlpool, is a certain pervert, unusual or abnormal activity, which sustains a pretence of an individual existence in the great ocean with a drilling and churning as its centre. It is an aberration, functioning according to a duality, maintaining a notion of two things. As long as it exists, there is the dichotomy between a 'here' and a 'there', oneself and another. A vortex reflects a conflict between an 'internal' and an 'external' - a 'tangle within' and a 'tangle without'. The cessation of the vortex is the freedom from that duality. It is a solitude born of full integration.

We happened to discuss the meaning of the term *kevalī* in our last sermon. The cessation of a vortex is at once the resolution of the conflict between an internal and an external, of the tangle within and without. When a vortex ceases, all those conflicts subside and a state of peace prevails. What remains is the boundless great ocean, with no delimitations of a 'here' and a 'there'. As is the great ocean, so is the vortex now.

This suchness itself indicates the stoppage, the cessation or the subsidence of the vortex. There is no longer any possibility of pointing out a 'here' and a 'there' in the case of a vortex that has ceased. Its 'thusness' or 'suchness' amounts to an acceptance of the reality of the great ocean. That 'thus-gone' vortex, or the vortex that has now become 'such', is in every respect worthy of being called *tathāgata*.

The term *tādī* is also semantically related to this suchness. The *tathāgata* is sometimes referred to as *tādī* or *tādiso*, "such-like". The 'such-like' quality of the *tathāgata* is associated with his unshakeable deliverance of the mind. His mind remains unshaken before the eight worldly vicissitudes.

Why the Buddha refused to give an answer to the tetralemma concerning the after-death state of the *tathāgata*, should be clear to a great extent by those *sutta* quotations we brought up in our last sermon. Since the quotation *diṭṭheva*

dhamme saccato thetato tathāgate anupalabbhiyamāne,^[730] "when a *tathāgata* is not to be found in truth and fact here in this very life", leads to the inference that a *tathāgata* is not to be found in reality even while he is alive, we were forced to conclude that the question 'what happens to the *tathāgata* after his death?' is utterly meaningless.

It is also obvious from the conclusive statement, *pubbe cāhaṃ etarahi ca dukkhañceva paññāpemi dukkhassa ca nirodhaṃ* - "formerly as well as now I make known just suffering and the cessation of suffering" - that the Buddha, in answering this question, completely put aside such conventional terms like 'being' and 'person', and solved the problem on the basis of the four noble truths, which highlight the pure quintessence of the *Dhamma* as it is.

We have to go a little deeper into this question of conventional terms like 'being' and 'person', because the statement that the *tathāgata* does not exist in truth and fact is likely to drive fear into the minds of the generality of people. In our last sermon, we gave a clue to an understanding of the sense in which this statement is made, when we quoted an extraordinary new etymology, the Buddha had advanced, for the term *satta* in the *Rādhasaṃyutta*.

Rūpe kho, Rādha, yo chando yo rāgo yā nandī yā taṇhā, tatra satto, tatra visatto, tasmā 'satto 'ti vuccati.^[731] "*Rādha*, that desire, that lust, that delight, that craving in form with which one is attached and thoroughly attached, therefore is one called a 'being'."

Here the Buddha has punned on the word *satta*, to give a new orientation to its meaning, that is, *rūpe satto visatto*, "attached and thoroughly attached to form".

From prehistoric times, the word *satta* was associated with the idea of some primordial essence called *sat*, which carried with it notions of permanent existence in the world. As derivatives from the present participle *sant* and *sat*, we get the two words *satya* and *sattva* in Sanskrit. *Satya* means "truth", or what is "true". *Sattva* means a "being" or the "state of being". We might even take *sattva* as the place from which there is a positive response or an affirmation of a state of being.

Due to the semantic affinity between *satya*, "truth", and *sattva*, "being", an absolute reality had been granted to the term *sattva* from ancient times. But according to the new etymology advanced by the Buddha, the term *sattva* is given only a relative reality within limits, that is to say, it is 'real' only in a limited and a relative sense. The above quotation from the *Rādhasaṃyutta* makes it clear that a being exists only so long as there is that desire, lust, delight and craving in the five aggregates.

Alternatively, when there is no desire, or lust, or delight, or craving for any of the five aggregates, there is no 'being'. That is why we say that it is real only in a limited and relative sense.

When a thing is dependent on another thing, it is relative and for that very reason it has a limited applicability and is not absolute. Here, in this case, the dependence is on desire or attachment. As long as there is desire or attachment, there is a 'being', and when it is not there, there is no 'being'. So from this we can well infer that the *tathāgata* is not a 'being' by virtue of the very definition he had given to the term *satta*.

The other day, we briefly quoted a certain simile from the *Rādhasutta* itself, but could not explain it sufficiently. The Buddha gives this simile just after advancing the above new definition.

"Suppose, *Rādha*, some little boys and girls are playing with sandcastles. So long as their lust, desire, love, thirst, passion and craving for those things have not gone away, they remain fond of them, they play with them, treat them as their property and call them their own. But when, *Rādha*, those little boys and girls have outgrown that lust, desire, love, thirst, passion and craving for those sandcastles, they scatter them with their hands and feet, demolish them, dismantle them and render them unplayable."

When we reflect upon the meaning of this simile from the point of view of *Dhamma*, it seems that for those little boys and girls, sandcastles were real things, as long as they had ignorance and craving with regard to them. When they grew wiser and outgrew craving, those sandcastles became unreal. That is why they destroyed them.

The untaught worldling is in a similar situation. So long as he is attached to these five aggregates and has not comprehended their impermanent, suffering-fraught and not-self nature, they are real for him. He is bound by his own grasping.

The reality of the law of *kamma*, of merit and demerit, follows from that very grasping. The dictum *upādānapaccayā bhavo*, "dependent on grasping is existence", becomes meaningful in this context. There is an existence because there is grasping. But at whatever point of time wisdom dawned and craving faded away, all those things tend to become unreal and there is not even a 'being', as there is no real 'state of being'.

This mode of exposition receives support from the *Kaccāyanagottasutta* of the *Saṃyutta Nikāya*. The way the Buddha has defined right view in that discourse is highly significant. We have already discussed this *sutta* on an earlier occasion. [\[732\]](#) Suffice it to remind ourselves of the basic maxim.

'Dukkham eva uppajjamānaṃ uppajjati, dukkhaṃ nirujjhamānaṃ nirujjhatīti na kaṅkhati na vicikicchati aparappaccayā ñāṇaṃ ev' assa ettha hoti. Ettāvatā kho, Kaccāyana, sammā diṭṭhi hoti. [\[733\]](#)

"It is only suffering that arises and suffering that ceases. Understanding thus, one does not doubt, one does not waver, and there is in him only the knowledge that is not dependent on another. It is in so far, *Kaccāyana*, that one has right view."

What is called *aparappaccayā ñāṇa* is that knowledge of realization by oneself for which one is not dependent on another. The noble disciple wins to such a knowledge of realization in regard to this fact, namely, that it is only a question of suffering and its cessation. The right view mentioned in this context is the supramundane right view, and not that right view which takes *kamma* as one's own, *kammasakatā sammā diṭṭhi*, implying notions of 'I' and 'mine'.

This supramundane right view brings out the norm of *Dhamma* as it is. Being unable to understand this norm of *Dhamma*, contemporary ascetics and brahmins, and even some monks themselves, accused the Buddha of being an annihilationist. They brought up groundless allegations. There was also the opposite reaction of seeking refuge in a form of eternalism, through fear of being branded as annihilationists.

Sometimes the Buddha answered those wrong accusations in unmistakable terms. We come across such an instance in the *Alagaddūpama Sutta*. First of all the Buddha qualifies the emancipated one in his dispensation with the terms *ariyo pannaddhajo pannabhāro viśaṃyutto*. [\[734\]](#) Once the conceit 'am', *asmimāna*, is

abandoned, this noble one is called *pannaddhajo*, "one who has put down the flag of conceit". He has "laid down the burden", *pannabhāro*, and is "disjoined", *visaṃyutto*, from the fetters of existence. About this emancipated one, he now makes the following declaration:

Evaṃ vimuttacittaṃ kho, bhikkhave, bhikkhuṃ sa-indā devā sa-pajāpatikā sa-brahmakā anvesaṃ nādhigacchanti: idaṃ nissitaṃ tathāgatassa viññāṇan'ti. Taṃ kissa hetu? Diṭṭhe vāhaṃ, bhikkhave, dhamme tathāgato ananuvejjo'ti vadāmi.

Evaṃvādiṃ kho maṃ, bhikkhave, evaṃ akkhāyiṃ eke samaṇabrāhmaṇā asatā tucchā musā abhūtena abbhācikkhanti: venayiko samaṇo Gotamo, sato sattassa ucchedaṃ vināsaṃ vibhavaṃ paññāpeti.

"A monk, thus released in mind, O! monks, gods including *Indra*, *Pajāpati* and *Brahmā*, are unable to trace in their search to be able to say of him: 'the consciousness of this thus-gone-one is dependent on this. And why is that so? Monks, I say, even here and now the *Tathāgata* is not to be found.

When I say thus, when I teach thus, some recluses and brahmins wrongly and falsely accuse me with the following unfounded allegation: 'recluse *Gotama* is an annihilationist, he lays down an annihilation, a destruction and non-existence of a truly existing being'."

As in the *Anurādha Sutta*, here too the Buddha concludes with the highly significant statement of his stance, *pubbe cāhaṃ etarahi ca dukkhañceva paññāpemi dukkhassa ca nirodhaṃ*, "formerly as well as now I make known just suffering and the cessation of suffering".

Though the statements in the *suttas* follow this trend, it seems that the commentator himself was scared to bring out the correct position in his commentary. The fact that he sets out with some trepidation is clear enough from the way he tackles the term *tathāgata* in his commentary to the above discourse in the *Majjhima Nikāya*. In commenting on the word *tathāgatassa* in the relevant context, he makes the following observation:

Tathāgatassā'ti ettha satto pi tathāgato'ti adhippeto, uttamapuggalo khīṇāsavo pi. ^[735] "*Tathāgata's*, herein, a being also is meant by the term *tathāgata*, as well as the highest person, the influx-free *arahant*."

Just as he gives two meanings to the word *tathāgata*, Venerable *Buddhaghosa* attributes two meanings to the word *ananuvejjo* as well. *Ananuvejjo'ti asaṃvijjamāno vā avindeyyo vā. Tathāgato'ti hi satte gahite asaṃvijjamāno'ti attho vaṭṭati, khīṇāsavo gahite avindeyyo'ti attho vaṭṭati.* "*Ananuvejjo* - 'non-existing' or 'untraceable'. When by the word *tathāgata* a being is meant, the sense 'non-existing' is fitting; and when the influx-free one is meant, the sense 'untraceable' is fitting."

According to this exegesis, the term *tathāgata* in contexts where it means a 'being' is to be understood as non-existing, *asaṃvijjamāno*, which is equivalent in sense to the expression *anupalabbhiyamāne*, discussed above. On the other hand, the other sense attributed to it is *avindeyyo*, which somehow grants the existence but suggests that it is 'untraceable'. In other words, the *Tathāgata* exists, but he cannot be traced or found out.

The commentator opines that the term in question has to be understood in two different senses, according to contexts. In order to substantiate his view, the commentator attributes the following apocryphal explanation to the Buddha.

Bhikkhave, ahaṃ diṭṭheva dhamme dharamānakaṃ yeva khīṇāsavaṃ viññāṇavasena indādīhi avindiyaṃ vadāmi. Na hi sa-indā devā sabrahmakā

sapajāpatikā anvesantāpi khīṇāsavassa vipassanācittaṃ vā maggacittaṃ vā phalacittaṃ vā, idaṃ nāma ārammaṇaṃ nissāya vattatīti jānituṃ sakkonti. Te appaṭisandhikassa parinibbutassa kiṃ jānissanti?

"Monks, I say that even here and now the influx-free one, while he is alive, is untraceable by *Indra* and others in regard to his consciousness. Gods, including *Indra*, *Brahmā* and *Pajāpati* are indeed unable in their search to find out either the insight consciousness, or the path consciousness, or the fruition consciousness, to be able to say: 'it is dependent on this object'. How then could they find out the consciousness of one who has attained *parinibbāna* with no possibility of conception?"

Presumably, the argument is that, since the consciousness of the *arahant* is untraceable by the gods while he is alive, it is all the more difficult for them to find it out when he has attained *parinibbāna*. That is to say, the *arahant* somehow exists, even after his *parinibbāna*, only that he cannot be traced.

It is obvious from this commentarial trend that the commentator finds himself on the horns of a dilemma, because of his inability to grasp an extremely deep dimension of linguistic usage. The Buddha's forceful and candid declaration was too much for him. Probably, he demurred out of excessive faith, but his stance is not in accordance with the *Dhamma*. It falls short of right view.

Let us now recapitulate the correct position in the light of the above *sutta* passage. The Buddha declares at the very outset that the emancipated monk undergoes a significant change by virtue of the fact that he has abandoned the conceit 'am'. That *Tathāgata*, that emancipated monk, who has put down the flag of conceit, laid down the burden of the five aggregates, and won release from the fetters to existence, defies definition and eludes categorization. Why is that?

As we pointed out earlier, the word *asmi* constitutes the very basis of the entire grammatical structure.^[736] *Asmi*, or "am", is the basic peg, which stands for the first person. The second person and the third person come later. So *asmi* is basic to the grammatical structure. When this basic peg is uprooted, the emancipated monk reaches that state of freedom from the vortex. There is no dichotomy to sustain a vortex, no two teams to keep up the vortical interplay. Where there is no turning round, there is no room for designation, and this is the implication of the phrase *vaṭṭaṃ tesam n'atthi paññāpanāya*, which we happened to quote on a previous occasion.^[737] For the *arahants* there is no vortex whereby to designate.

That is why the *Tathāgata*, in this very life, is said to have transcended the state of a 'being'. Only as a way of speaking in terms of worldly parlance one cannot help referring to him as a 'being'. But in truth and fact, his position is otherwise.

Going by worldly usage, one might indiscriminately think of applying the four propositions of the tetralemma to the *Tathāgata* as well. But it is precisely in this context that the questioner's presumptions are fully exposed. The fact that he has misconceived the implications of the terms *satta* and *Tathāgata* is best revealed by the very question whether the *Tathāgata* exists after his death. It shows that he presumes the *Tathāgata* to be existing in truth and fact, and if so, he has either to go on existing or be annihilated after death. Here, then, we have an extremely deep dimension of linguistic usage.

The commentary says that gods and *Brahmās* cannot find the *Tathāgata* in point of his consciousness. The *Tathāgata* defies definition due to his abandonment of proliferations of cravings, conceits and views. Cravings, conceits and views, which bring in attachments, bindings and entanglements to justify the usage of

terms like *satta*, 'being', and *puggala*, 'person', are extinct in the *Tathāgata*. That is why he is beyond reckoning.

In the *Brahmajāla Sutta* of the *Dīgha Nikāya* the Buddha makes the following declaration about himself, after refuting the sixty-two views, catching them all in one super-net.

Ucchinnabhavanettiko, bhikkhave, tathāgatassa kāyo tiṭṭhati. Yav'assa kāyo ṭhassati tāva naṃ dakkhinti devamanussā. Kāyassa bhedaṃ uddhaṃ jīvitapariyādānā na naṃ dakkhinti devamanussā. [\[738\]](#)

"Monks, the *Tathāgata*'s body stands with its leading factor in becoming cut off at the root. As long as his body stands, gods and men will see him. With the breaking up of his body, after the extinction of his life, gods and men will not see him."

And then he follows up this promulgation with a simile.

Seyyathā pi, bhikkhave, ambapiṇḍiyā vaṇṭacchinnāya yāni kānici ambāni vaṇṭūpanibandhanāni, sabbāni tāni tad anvayāni bhavanti, evam eva kho, bhikkhave, ucchinnabhavanettiko tathāgatassa kāyo tiṭṭhati. Yav'assa kāyo ṭhassati tāva naṃ dakkhinti devamanussā. Kāyassa bhedaṃ uddhaṃ jīvitapariyādānā na naṃ dakkhinti devamanussā.

"Just as, monks, in the case of a bunch of mangoes, when its stalk is cut off, whatever mangoes that were connected with the stalk would all of them be likewise cut off, even so, monks, stands the *Tathāgata*'s body with its leading factor in becoming cut off at the root. As long as his body stands, gods and men will see him. With the breaking up of his body, after the extinction of his life, gods and men will not see him."

The simile employed serves to bring out the fact that the *Tathāgata*'s body stands with its leading factor in becoming eradicated. Here it is said that gods and men see the *Tathāgata* while he is alive. But the implications of this statement should be understood within the context of the similes given.

The reference here is to a tree uprooted, one that simply stands cut off at the root. In regard to each aggregate of the Buddha and other emancipated ones, it is clearly stated that it is cut off at the root, *ucchinnamūlo*, that it is like a palm tree divested of its site *tālāvatthukato*. [\[739\]](#)

In the case of a palm tree, deprived of its natural site but still left standing, anyone seeing it from afar would mistake it for an actual tree that is growing. It is the same idea that emerges from the simile of the bunch of mangoes. The *Tathāgata* is comparable to a bunch of mangoes with its stalk cut off.

What then is meant by the statement that gods and men see him? Their seeing is limited to the seeing of his body. For many, the concept of seeing the *Tathāgata* is just this seeing of his physical body. Of course, we do not find in this discourse any prediction that we can see him after five-thousand years.

Whatever it may be, here we seem to have some deep idea underlying this discourse. An extremely important clue to a correct understanding of this *Dhamma*, one that helps to straighten up right view, lies beneath this problem of the Buddha's refusal to answer the tetralemma concerning the *Tathāgata*. This fact comes to light in the *Yamaka Sutta* of the *Khandhasaṃyutta*.

A monk named *Yamaka* conceived the evil view, the distorted view, *tathāhaṃ bhagavatā dhammaṃ desitaṃ ājānāmi, yathā khīṇāsavo bhikkhu kāyassa bhedaṃ ucchijjati vinassati, na hoti paraṃ maraṇā*. [\[740\]](#) "As I understand the *Dhamma* taught

by the Exalted One, an influx-free monk, with the breaking up of his body, is annihilated and perishes, he does not exist after death."

He went about saying that the Buddha had declared that the emancipated monk is annihilated at death. Other monks, on hearing this, tried their best to dispel his wrong view, saying that the Buddha had never declared so, but it was in vain. At last they approached Venerable *Sāriputta* and begged him to handle the situation.

Then Venerable *Sāriputta* came there, and after ascertaining the fact, proceeded to dispel Venerable *Yamaka*'s wrong view by getting him to answer a series of questions. The first set of questions happened to be identical with the one the Buddha had put forward in Venerable *Anurādha*'s case, namely a catechism on the three characteristics. We have already quoted it step by step, for facility of understanding.^[741] Suffice it to mention, in brief, that it served to convince Venerable *Yamaka* of the fact that whatever is impermanent, suffering and subject to change, is not fit to be looked upon as 'this is mine, this am I, and this is my self'.

The first step, therefore, consisted in emphasizing the not self characteristic through a catechism on the three signata. The next step was to get Venerable *Yamaka* to reflect on this not self characteristic in eleven ways, according to the standard formula.

Tasmātiha, āvuso Yamaka, yaṃ kiñci rūpaṃ atītānāgatapaccuppannaṃ ajjhattaṃ vā bahiddhā vā oḷārikaṃ va sukhumāṃ vā hīnaṃ vā panītaṃ vā yaṃ dūre santike vā, sabbaṃ rūpaṃ n'etaṃ mama n'eso 'ham asmi, na me so attā'ti evam etaṃ yathābhūtaṃ sammāpaññāya daṭṭhabbaṃ. Ya kāci vedanā ... ya kāci saññā ... ye keci saṅkhāra ... yaṃ kiñci viññāṇaṃ atītānāgatapaccuppannaṃ ajjhattaṃ vā bahiddhā vā oḷārikaṃ va sukhumāṃ vā hīnaṃ vā panītaṃ vā yaṃ dūre santike vā, sabbaṃ viññāṇaṃ n'etaṃ mama n'eso 'ham asmi, na me so attā'ti evam etaṃ yathābhūtaṃ sammāpaññāya daṭṭhabbaṃ.

Evaṃ passaṃ, āvuso Yamaka, sutavā ariyasāvako rūpasmiṃ nibbindati, vedanāya nibbindati, saññāya nibbindati, saṅkhāresu nibbindati, viññāṇasmiṃ nibbindati. Nibbindam virajjati, virāgā vimuccati, vimuttasmiṃ vimuttam iti ñāṇaṃ hoti. Khīṇā jāti vusitaṃ brahmacariyaṃ kataṃ karaṇīyaṃ nāparaṃ itthattāyā'ti pajānāti.

"Therefore, friend *Yamaka*, any kind of form whatsoever, whether past, future or present, internal or external, gross or subtle, inferior or superior, far or near, all form must be seen as it really is with right wisdom thus: 'this is not mine, this I am not, this is not my self'. Any kind of feeling whatsoever ... any kind of perception whatsoever ... any kind of preparations whatsoever ... any kind of consciousness whatsoever, whether past, future or present, internal or external, gross or subtle, inferior or superior, far or near, all consciousness must be seen as it really is with right wisdom thus: 'this is not mine, this I am not, this is not my self'."

"Seeing thus, friend *Yamaka*, the instructed noble disciple gets disgusted of form, gets disgusted of feeling, gets disgusted of perception, gets disgusted of preparations, gets disgusted of consciousness. Being disgusted, he becomes dispassionate, through dispassion his mind is liberated. When it is liberated, there comes the knowledge 'it is liberated' and he understands: 'extinct is birth, lived is the holy life, done is what had to be done, there is no more of this state of being'."

As the third step in his interrogation of Venerable *Yamaka*, Venerable *Sāriputta* poses the same questions which the Buddha addressed to Venerable

Anurādha.

"What do you think, friend *Yamaka*, do you regard form as the *Tathāgata*?" "No, friend." "Do you regard feeling ... perception ... preparations ... consciousness as the *Tathāgata*?" "No, friend."

"What do you think, friend *Yamaka*, do you regard the *Tathāgata* as in form?" "No, friend." "Do you regard the *Tathāgata* as apart from form?" "No, friend." "Do you regard the *Tathāgata* as in feeling?" "No, friend." "Do you regard the *Tathāgata* as apart from feeling?" "No, friend." "Do you regard the *Tathāgata* as in perception?" "No, friend." "Do you regard the *Tathāgata* as apart from perception?" "No, friend." "Do you regard the *Tathāgata* as in preparations?" "No, friend." "Do you regard the *Tathāgata* as apart from preparations?" "No, friend." "Do you regard the *Tathāgata* as in consciousness?" "No, friend." "Do you regard the *Tathāgata* as apart from consciousness?" "No, friend."

"What do you think, friend *Yamaka*, do you regard form, feeling, perception, preparations and consciousness as constituting the *Tathāgata*?" "No, friend." "What do you think, friend *Yamaka*, do you regard the *Tathāgata* as one who is devoid of form, feeling, perception, preparations and consciousness?" "No, friend."

It was at this juncture that Venerable *Sāriputta* puts this conclusive question to Venerable *Yamaka* in order to drive the crucial point home.

"But then, friend *Yamaka*, now that for you a *Tathāgata* is not to be found in truth and fact here in this very life, is it proper for you to declare: 'As I understand *Dhamma* taught by the Exalted One, an influx-free monk is annihilated and destroyed when the body breaks up and does not exist after death?'"

At last, Venerable *Yamaka* confesses "Formerly, friend *Sāriputta*, I did hold that evil view, ignorant as I was. But now that I have heard this *Dhamma* sermon of the Venerable *Sāriputta*, I have given up that evil view and have gained an understanding of the *Dhamma*."

As if to get a confirmation of Venerable *Yamaka*'s present stance, Venerable *Sāriputta* continues: "If, friend *Yamaka*, they were to ask you the question: 'Friend *Yamaka*, as to that monk, the influx-free *arahant*, what happens to him with the breaking up of the body after death?' Being asked thus, what would you answer?"

"If they were to ask me that question, friend *Sāriputta*, I would answer in this way: Friends, form is impermanent, what is impermanent is suffering, what is suffering has ceased and passed away. Feeling ... perception ... preparations ... consciousness is impermanent, what is impermanent is suffering, what is suffering has ceased and passed away. Thus questioned, I would answer in such a way."

Be it noted that, in this conclusive answer, there is no mention whatsoever of a *Tathāgata*, a *satta*, or a *puggala*.

Now at this reply, Venerable *Sāriputta* expresses his approbation: "Good, good, friend *Yamaka*, well then, friend *Yamaka*, I will bring up a simile for you that you may grasp this meaning all the more clearly.

Suppose, friend *Yamaka*, there was a householder or a householder's son, prosperous, with much wealth and property, protected by a bodyguard. Then some man would come by who wished to ruin him, to harm him, to imperil him, to deprive him of life. And it would occur to that man: 'This householder or a householder's son is prosperous, with much wealth and property, he has his bodyguard, it is not easy to deprive him of his life by force. What if I were to get

close to him and take his life?'

Then he would approach that householder or householder's son and say to him: 'Would you take me on as a servant, sir?' Then the householder or householder's son would take him on as a servant. The man would serve him, rising up before him, going to bed after him, being at his beck and call, pleasing in his conduct, endearing in his speech. The householder or householder's son would regard him as a friend, an intimate friend, and would place trust in him. But once the man has ascertained that the householder or householder's son has trust in him, he waits for an opportunity to find him alone and kills him with a sharp knife."

Now this is the simile. Based on this deep simile, Venerable *Sāriputta* puts the following questions to Venerable *Yamaka* to see whether he has grasped the moral behind it.

"What do you think, friend *Yamaka*, when that man approached that householder or householder's son and said to him 'would you take me on as a servant, sir?', wasn't he a murderer even then, though the householder or householder's son did not know him as 'my murderer'? And when the man was serving him, rising up before him and going to bed after him, being at his beck and call, pleasing in his conduct and endearing in his speech, wasn't he a murderer then too, though the householder or householder's son did not know him as 'my murderer'? And when the man, finding him alone, took his life with a sharp knife, wasn't he a murderer then too, though the other did not know him as 'my murderer'?" Venerable *Yamaka* answers "yes, friend", by way of assent to all these matter-of-fact questions.

It was then, that Venerable *Sāriputta* comes out with the full significance of this simile, portraying the uninstructed worldling in the same light as that naively unsuspecting and ignorant householder or householder's son.

"So too, friend *Yamaka*, the uninstructed worldling, who has no regard for the noble ones, and is unskilled and undisciplined in their *Dhamma*, who has no regard for good men and is unskilled and undisciplined in their *Dhamma*, regards form as self, or self as possessing form, or form as in self, or self as in form. He regards feeling as self ... perception as self ... preparations as self ... consciousness as self ...

He does not understand, as it really is, impermanent form as 'impermanent form', impermanent feeling as 'impermanent feeling', impermanent perception as 'impermanent perception', impermanent preparations as 'impermanent preparations', impermanent consciousness as 'impermanent consciousness'.

He does not understand, as it really is, painful form as 'painful form', painful feeling as 'painful feeling', painful perception as 'painful perception', painful preparations as 'painful preparations', painful consciousness as 'painful consciousness'.

He does not understand, as it really is, selfless form as 'selfless form', selfless feeling as 'selfless feeling', selfless perception as 'selfless perception', selfless preparations as 'selfless preparations', selfless consciousness as 'selfless consciousness'.

He does not understand, as it really is, prepared form as 'prepared form', prepared feeling as 'prepared feeling', prepared perception as 'prepared perception', prepared preparations as 'prepared preparations', prepared consciousness as 'prepared consciousness'.

He does not understand, as it really is, murderous form as 'murderous form',

murderous feeling as 'murderous feeling', murderous perception as 'murderous perception', murderous preparations as 'murderous preparations', murderous consciousness as 'murderous consciousness'."

This, then, is what the attitude of the uninstructed worldling amounts to. Venerable *Sāriputta* now goes on to describe the consequences of such an attitude for the worldling.

So rūpaṃ upeti upādiyati adhiṭṭhāti attā me 'ti, vedanaṃ ... saññaṃ ... saṅkhāre ... viññānaṃ upeti upādiyati adhiṭṭhāti attā me 'ti. Tassime pañcupādānakkhandhā upetā upādiṇṇā dīgharattaṃ ahitāya dukkhāya saṃvattanti.

"He becomes committed to form, grasps it and takes a stand upon it as 'my self'. He becomes committed to feeling ... to perception ... to preparations ... to consciousness, grasps it and takes a stand upon it as 'my self'. These five aggregates of grasping, to which he becomes committed, and which he grasps, lead to his harm and suffering for a long time."

Then Venerable *Sāriputta* contrasts it with the standpoint of the instructed disciple.

"But, friend, the instructed noble disciple, who has regard for the noble ones, who is skilled and disciplined in their *Dhamma*, who has regard for good men and is skilled and disciplined in their *Dhamma*, does not regard form as self, or self as possessing form, or form as in self, or self as in form. He does not regard feeling as self ... perception as self ... preparations as self ... consciousness as self, or self as possessing consciousness, or consciousness as in self, or self as in consciousness.

He understands, as it really is, impermanent form as 'impermanent form', impermanent feeling as 'impermanent feeling', impermanent perception as 'impermanent perception', impermanent preparations as 'impermanent preparations', impermanent consciousness as 'impermanent consciousness'.

He understands, as it really is, painful form as 'painful form', painful feeling as 'painful feeling', painful perception as 'painful perception', painful preparations as 'painful preparations', painful consciousness as 'painful consciousness'.

He understands, as it really is, selfless form as 'selfless form', selfless feeling as 'selfless feeling', selfless perception as 'selfless perception', selfless preparations as 'selfless preparations', selfless consciousness as 'selfless consciousness'.

He understands, as it really is, prepared form as 'prepared form', prepared feeling as 'prepared feeling', prepared perception as 'prepared perception', prepared preparations as 'prepared preparations', prepared consciousness as 'prepared consciousness'.

He understands, as it really is, murderous form as 'murderous form', murderous feeling as 'murderous feeling', murderous perception as 'murderous perception', murderous preparations as 'murderous preparations', murderous consciousness as 'murderous consciousness'."

He does not become committed to form, does not grasp it, does not take a stand upon it as 'my self'. He does not become committed to feeling ... to perception ... to preparations ... to consciousness, does not grasp it, does not take a stand upon it as 'my self'. These five aggregates of grasping, to which he does not become committed, which he does not grasp, lead to his welfare and happiness for a long time."

What Venerable *Sāriputta* wanted to prove, was the fact that everyone of the five aggregates is a murderer, though the worldlings, ignorant of the true state of affairs, pride themselves on each of them, saying 'this is mine, this am I and this is my self'. As the grand finale of this instructive discourse comes the following wonderful declaration by Venerable *Yamaka*.

"Such things do happen, friend *Sāriputta*, to those venerable ones who have sympathetic and benevolent fellow monks in the holy life, like you, to admonish and instruct, so much so that, on hearing this *Dhamma* sermon of the Venerable *Sāriputta*, my mind is liberated from the influxes by non-grasping."

This might sound extremely strange in this age of scepticism regarding such intrinsic qualities of the *Dhamma* like *sanditṭhika*, "visible here and now", *akālika*, "timeless", and *ehi-passika*, "inviting to come and see". But all the same we have to grant the fact that this discourse, which begins with a Venerable *Yamaka* who is bigoted with such a virulent evil view, which even his fellow monks found it difficult to dispel, concludes, as we saw, with this grand finale of a Venerable *Yamaka* joyfully declaring his attainment of *arahant*-hood.

This episode bears testimony to the fact that the tetralemma concerning the *Tathāgata*'s after-death state has beneath it an extremely valuable criterion, proper to this *Dhamma*. There are some who are even scared to discuss this topic, perhaps due to unbalanced faith - faith unwarranted by wisdom. The tetralemma, however, reveals on analysis a wealth of valuable *Dhamma* material that goes to purify one's right view. That is why the Venerable *Yamaka* ended up as an *arahant*.

So this discourse, also, is further proof of the fact that the Buddha's solution to the problem of the indeterminate points actually took the form of a disquisition on voidness. Such expositions fall into the category called *suññatapaṭisaṃyuttā suttantā*, "discourses dealing with voidness". This category of discourses avoids the conventional worldly usages, such as *satta*, "being", and *puggala*, "person", and highlights the teachings on the four noble truths, which bring out the nature of things 'as they are'.

Generally, such discourses instil fear into the minds of worldlings, so much so that even during the Buddha's time there were those recorded instances of misconstruing and misinterpretation. It is in this light that we have to appreciate the Buddha's prediction that in the future there will be monks who would not like to listen or lend ear to those deep and profound discourses of the Buddha, pertaining to the supramundane and dealing with the void.

Puna ca param, bhikkhave, bhavissanti bhikkhū anāgatamaddhānaṃ abhāvitakāya abhāvitasīlā abhāvitacittā abhāvitapaññā, te abhāvitakāyā samānā abhāvitasīlā abhāvitacittā abhāvitapaññā ye te suttantā tathāgatabhāsītā gambhīrā gambhīratthā lokuttarā suññatapaṭisaṃyuttā, tesu bhaññamānesu na sussūsanti, na sotam odahissanti, na aññācittam upatṭhapessanti, na ca te dhamme uggahetabbaṃ pariyāpuṇitabbaṃ maññissanti. [\[742\]](#)

"And moreover, monks, there will be in the future those monks who, being undeveloped in bodily conduct, being undeveloped in morality, being undeveloped in concentration, being undeveloped in wisdom, would not like to listen, to lend ear or to make an attempt to understand and deem it fit to learn when those discourses preached by the *Tathāgata*, which are deep, profound in meaning, supramundane and dealing with the void, are being recited."

This brings us to an extremely deep dimension of this *Dhamma*. By way of clarification, we may allude to a kind of exorcism practiced by some traditional

devil dancers. At the end of an all-night session of devil dancing, the mediating priest goes round, exorcising the spirits from the house with fistfuls of a highly inflammable incense powder. Blazing flames arise, as he sprinkles that powder onto the lighted torch, directing the flames at every nook and corner of the house. Some onlookers even get scared that he is trying to set the house on fire. But actually no harm is done.

Well, the Buddha, too, as the mediating priest of the three realms, had to conduct a similar exorcising ritual over linguistic conventions, aiming at some words in particular. It is true that he made use of conventional language in order to convey his teaching. But his *Dhamma* proper was one that transcended logic, *atakkāvacarō*.^[743]

It happened to be a *Dhamma* that soared well above the limitations of grammar and logic, and analytically exposed their very structure. The marvel of the *Dhamma* is in its very inaccessibility to logic. That is why it defied the four-cornered logic of the tetralemma. It refused to be cornered and went beyond the concepts of a 'being' or a 'self'. The *saṃsāric* vortex was breached and concepts themselves were transcended.

Now this is the exorcism the Buddha had to carry out. He smoked out the term *attā*, "self", so dear to the whole world. Of course, he could not help making use of that word as such. In fact there is an entire chapter in the *Dhammapada* entitled *Attavagga*.^[744] But it must be emphasized that the term in that context does not refer to a permanent self. It stands for 'oneself'. Some who mistakenly rendered it as 'self', ended up in difficulties. Take for instance the following verse.

*Attā hi attano nātho,
ko hi nātho paro siyā,
attanā hi sudantena,
nāthaṃ labhati dullabhaṃ.*^[745]

"Oneself, indeed, is one's own saviour,
What other saviour could there be?
Even in oneself, disciplined well,
One finds that saviour, so hard to find."

Those who render the above verse literally, with a self-bias, would get stuck when confronted with the following verse in the *Bālavagga*, the "chapter of the fool".

*Puttā m'atthi, dhanam m'atthi,
iti bālo vihaññati,
attā hi attano n'atthi,
kuto puttā, kuto dhanam?*^[746]

"'Sons I have, wealth I have',
So the fool is vexed,
Even oneself is not one's own,
Where then are sons, where is wealth?"

Whereas the former verse says *attā hi attano nātho*, here we find the statement

attā hi attano n'atthi. If one ignores the reflexive sense and translates the former line with something like "self is the lord of self", one will be at a loss to translate the seemingly contradictory statement "even self is not owned by self".

At times, the Buddha had to be incisive in regard to some words, which the worldlings are prone to misunderstand and misinterpret. We have already discussed at length the significance of such terms as *satta* and *tathāgata*, with reference to their etymological background. *Sakkāyadiṭṭhi*, or "personality view", masquerades even behind the term *tathāgata*, and that is why they raise such ill-founded questions. That is also why one is averse to penetrate into the meanings of these deep discourses.

Like the term *tathāgata*, the term *loka* also had insinuations of a self-bias. The Buddha, as we saw, performed the same ritual of exorcism to smoke out those insinuations. His definition of the 'world' with reference to the six sense-bases is a corrective to that erroneous concept. [\[747\]](#)

Among the indeterminate points, too, we find questions relating to the nature of the world, such as *sassato loko - asassato loko*, "the world is eternal - the world is not eternal", and *antavā loko - anantavā loko*, "the world is finite - the world is infinite". [\[748\]](#) In all such contexts, the questioner had the prejudice of the conventional concept of the world. The commentaries refer to it as *cakkavāḷaloka*, the common concept of "world system". [\[749\]](#) But the Buddha advanced a profound definition of the concept of the world with reference to the six bases of sense-contact.

In this connection, we come across a highly significant discourse in the *Saḷāyatanavagga* of the *Saṃyutta Nikāya*. There we find the Buddha making the following declaration to the monks.

Nāhaṃ, bhikkhave, gamanena lokassa antaṃ ñātayyaṃ, daṭṭhayaṃ, patteyyan'ti vadāmi. Na ca panāhaṃ, bhikkhave, appatvā lokassa antaṃ dukkhassa antakiriyaṃ vadāmi. [\[750\]](#)

"Monks, I do not say that by travelling one can come to know or see or reach the end of the world. Nor do I say that without reaching the end of the world one can put an end to suffering."

After this riddle-like pronouncement, the Buddha gets up and retires to the monastery. We came across this kind of problematic situation earlier too. Most probably this is a device of the Buddha as the teacher to give his disciples an opportunity to train in the art of analytical exposition of the *Dhamma*. After the Buddha had left, those monks, perplexed by this terse and tantalizing declaration, approached Venerable *Ānanda* and begged him to expound its meaning at length. With some modest hesitation, as usual, Venerable *Ānanda* agreed and came out with the way he himself understood the significance of the Buddha's declaration in the following words.

Yena kho, āvuso, lokasmiṃ lokasaññī hoti lokamānī, ayaṃ vuccati ariyassa vinaye loko. Kena c'āvuso lokasmiṃ lokasaññī hoti lokamānī?

Cakkhunā kho, āvuso, lokasmiṃ lokasaññī hoti lokamānī, sotena ... ghānena ... jivhāya ... kāyena ... manena kho, āvuso, lokasmiṃ lokasaññī hoti lokamānī. Yena kho, āvuso, lokasmiṃ lokasaññī hoti lokamānī, ayaṃ vuccati ariyassa vinaye loko.

"Friends, that by which one has a perception of the world and a conceit of the world, that in this discipline of the noble ones is called 'the world'. By what, friends, has one a perception of the world and a conceit of the world?"

By the eye, friends, one has a perception of the world and a conceit of the

world, by the ear ... by the nose ... by the tongue ... by the body ... by the mind, friends one has a perception of the world and a conceit of the world. That, friends, by which one has a perception of the world and a conceit of the world, that in this discipline of the noble ones is called 'the world'."

It seems, then, that the definition of the world in the discipline of the noble ones is one that accords with radical attention, *yoniso manasikāra*, whereas the concept of the world as upheld in those indeterminate points is born of wrong attention, *ayoniso manasikāra*.

In the present age, too, scientists, when they speak of an 'end of the world', entertain presumptions based on wrong attention.

When those monks who listened to Venerable *Ānanda*'s exposition reported it to the Buddha, he fully endorsed it. This definition, therefore, is as authentic as the word of the Buddha himself and conclusive enough. It is on the basis of the six sense-bases that the world has a perception of the 'world' and a conceit of the 'world'.

The conceit here meant is not pride as such, but the measuring characteristic of worldly concepts. For instance, there is this basic scale of measuring length: The inch, the span, the foot, the cubit and the fathom. These measurements presuppose this body to be a measuring rod. In fact, all scales of measurement, in some way or other, relate to one or the other of the six sense-bases. That is why the above definition of the world is on the side of radical attention.

The worldling's concept of the world, conventionally so called, is the product of wrong or non-radical attention. It is unreal to the extent that it is founded on the notion of the compact, *ghanasaññā*. The existence of the world, as a whole, follows the norm of arising and ceasing. It is by ignoring this norm that the notion of the compact receives acceptance.

Two persons are watching a magic kettle on display at a science exhibition. Water is endlessly flowing from the magic kettle to a basin. One is waiting until the kettle gets empty, while the other waits to see the basin overflowing. Neither of their wishes is fulfilled. Why? Because a hidden tube conducts the water in the basin back again to the kettle. So the magic kettle never gets emptied and the basin never overflows. This is the secret of the magic kettle.

The world also is such a magic kettle. Gigantic world systems contract and expand in cyclic fashion. In the ancient term for world systems, *cakkavāḷa*, this cyclic nature is already insinuated. Taken in a broader sense, the existence or continuity of the world is cyclic, as indicated by the two terms *saṃvaṭṭa* and *vivaṭṭa*, "contraction" and "expansion". In both these terms, the significant word *vaṭṭa*, suggestive of "turning round", is seen to occur. It is as good as saying "rise and fall", *udayabbaya*.

When one world system gets destroyed, another world system gets crystallized, as it were. We hear of *Brahmā* mansions emerging. [\[751\]](#) So the existence of the world is a continuous process of arising and ceasing. It is in a cycle. How can one find a point of beginning in a cycle? Can one speak of it as 'eternal' or 'non-eternal'? The question as a whole is fallacious.

On the other hand the Buddha's definition of the term *loka*, based on the etymology *lujjati, palujjatīti loko*, is quite apt and meaningful. [\[752\]](#) The world is all the time in a process of disintegration. It is by ignoring this disintegrating nature and by overemphasizing the arising aspect that the ordinary uninstructed worldling speaks of a 'world' as it is conventionally understood. The world is afflicted by this process of arising and passing away in every moment of its

existence.

It is to be found in our breathing, too. Our entire body vibrates to the rhythm of this rise and fall. That is why the Buddha offered us a redefinition of the world. According to the terminology of the noble ones, the world is to be redefined with reference to the six bases of sense-contact. This includes mind and mind-objects as well. In fact, the range of the six bases of sense-contact is all comprehending. Nothing falls outside of it.

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MIND STILLED 23

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānam.* [\[753\]](#)

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks. This is the twentythird sermon in the series of sermons on *Nibbāna*.

The other day, we brought up quotations to prove that *Nibbāna*, as the cessation of becoming, carries no implications of a nihilist or annihilationist view because the *Tathāgata* has transcended the concept of a being.

It became evident, from those quotations, that to assert with an eternalist bias, the proposition that the *Tathāgata* exists after death, simply because he is referred to as a being, or a person, in the discourses, is contrary to the spirit of the *Dhamma*. The fact that the *arahant*, who has done away with the latencies to conceits of 'I' and 'mine', still continues to use even the words 'I' and 'mine', only as a concession to worldly conventions and common parlance, came to light from the *Arahantasutta* of the *Samyutta Nikāya*, quoted on an earlier occasion.

To remind ourselves of the relevant section of that quotation, we may hark back to the following lines:

'Ahaṃ vadāmiṅti pi so vadeyya,

'Mamaṃ vadantiṅti pi so vadeyya,

Loke samaññaṃ kusalo veditvā,

Vohāramattena so vohareyya. [\[754\]](#)

"He might still say: 'I speak',

He might also say: 'They speak to me',

Being skilful in knowing the worldly parlance,

He uses such terms merely as a convention."

The philosophy of voidness that emerges from those discourses which declare that in reality there is no *Tathāgata*, we compared to the blazing flames arising from the fistfuls of a highly inflammable incense powder at the end of an all-night's ceremony of devil dancing. Generally this fire ordeal is horrifying to the onlookers. The Buddha also had to stage a similar fire ordeal in the *Dhammayāga*, or the "*Dhamma*-sacrifice", he administered to exorcize the malignant personality view, *sakkāyadiṭṭhi*, ingrained in the minds of worldlings.

Of course there is no explicit reference to such a fire ordeal in the discourses. However, we do come across a word somewhat suggestive of this kind of exorcism. The word *vidhūpeti*, derived from the word *dhūpa*, "incense", is suggestive of "fumigating" or "smoking out". For instance, we find the following verse in the *Bodhivagga* of the *Udāna* with reference to the stages of reflection on the law of dependent arising, in direct and reverse order, that the Buddha had gone through just after his enlightenment.

Yadā have pātubhavanti dhammā,

Ātāpino jhāyato brāhmaṇassa,

Vidhūpayam tiṭṭhati Mārasenam,

Suriyo 'va obhāsayam antalikkham. [\[755\]](#)

"When *dhammas* manifest themselves,

To the resolutely meditating Brahmin,

He stands fumigating the hordes of *Māra*,

Like the sun irradiating the firmament."

The dispelling of the hordes of *Māra* is rather suggestive of a smoking out. In some other discourses, this verb *vidhūpeti* is found contrasted with *sandhūpeti*. The meaning of both these verbs, which have the *dhūpa* element in common, is not quite clear. It is likely that the two words imply two functions of the ritual associated with incense. While some fragrant kinds of incense are used for propitiating benevolent spirits, certain caustic types are utilized for exorcising evil spirits.

For instance in the *Khajjanīyasutta* of the *Saṃyutta Nikāya*, with reference to the noble disciple, the phrase *vidhūpeti na sandhūpeti* occurs. [\[756\]](#) Since the implicit reference is again to the hordes of *Māra*, the phrase could be rendered as "he exorcises and does not propitiate".

The ordinary worldling's mode of recognition of the *Tathāgata* is comparable to the recognition of a vortex that has already ceased with the help of the flotsam and jetsam lightly floating around it. Even after the vortex has ceased, flotsam and jetsam could still go on rotating, giving the wrong impression that the vortex is still there. If one understands that the vortex has actually ceased deep down at its centre, and that what remains there, now, is the great ocean, undifferentiated and unique, one can get rid of the unfounded fear arising from the statement that there is no *Tathāgata* in truth and fact.

The cessation of the puny centre of the whirlpool is equivalent to inheriting an expansive great ocean. It is where a vortex ceases that the great ocean prevails unhindered. To give up the limitations of a vortex, is to inherit the limitless ocean. The irony arising from these statements is already implicit in the term *arahant*. We use this term with reference to the Buddha as well as the *arahants*.

Though the commentators later attributed various other meanings to the term, the basic sense is "to be worthy of gifts". In fact, it is being worthy of receiving everything.

It is by giving up all that one becomes worthy of all.

Here too, we have a paradox. To become an *arahant* is to let go of everything. Craving has to be fully abandoned. It is when all desires are gone, when everything is given up, that one becomes worthy of receiving everything. This is the deeper side of the significance of the term *arahant*.

There are six modes of measuring in accordance with the conceit 'am', *asmimāna*. What is known as *saḷāyatana*, or the six sense-bases, comprise the six scales of measurement, asserting the conceit 'am'. At whatever point of time the measuring, evaluating and assessing done by the six sense-bases, such as the eye, ear, nose etc., ceases, the person concerned thereby becomes immeasurable, invaluable and boundless. It is here that the simile of the vortex and the ocean becomes meaningful. So the only way of becoming immeasurable and boundless is to abandon all those scales of measurement. This might sound extremely strange.

With the cessation of a vortex, the attention of one who has been looking at it turns towards the depth, immeasurability and boundlessness of the great ocean. This line of reflection might even enable one to get a glimpse of an unworldly beauty in this philosophy of the void, which drives an unfounded fear into the minds of the worldlings.

We do get positive proof of this fact in such sections of the *Dhammapada* as those entitled The Flowers, The Worthy, The Buddha and The Brahmin, as well as in a number of discourses in the *Sutta Nipāta*, where we come across marvellously scintillating verses. This is understandable, since the dawn of that wisdom which sees the voidness of a self and of everything belonging to a self, and the attainment of the fruits of the path in the light of that wisdom, marks the efflorescence as well as the fruition of the *saṃsāric* existence of a being.

This idea comes up, for instance, in the section on flowers in the *Dhammapada*.

Yathā saṅkārādhānasmim,

Ujjhitasmim mahāpathe,

Padumaṃ tattha jāyetha,

Sucigandhaṃ manoramaṃ.

Evaṃ saṅkārābhūtesu,

andhabhūte puthujane,

atirocati paññāya,

sammāsambuddhasāvako. [\[757\]](#)

"As on top of a rubbish heap,

Dumped by the highway side,

There blossoms forth a lotus,

Pure in fragrance and charming.

So amidst the worldlings blind,

The Fully Awakened One's disciple,

Outshines them in marked contrast,

In point of wisdom bright."

So, then, the *arahant* is that charming lotus, arising out of the cesspool of *saṃsāra*. Surely there cannot be anything frightful about it. There is nothing to get scared about this prospect.

In our last sermon we quoted from a discourse that gives some new definitions and new concepts of the world.^[758] We brought up two statements from the *Lokakāmaguṇasutta* (No. 1) of the *Saḷāyatanaṅga* in the *Samyutta Nikāya*. The first statement is somewhat riddle-like. There the Buddha addresses the monks and declares:

Nāhaṃ, bhikkhave, gamanena lokassa antaṃ ñātayyaṃ, daṭṭhayaṃ, pattayyan'ti vadāmi. Na ca panāhaṃ, bhikkhave, appatvā lokassa antaṃ dukkhassa antakiriyaṃ vadāmi.^[759]

"Monks, I do not say that by travelling one can come to know or see or reach the end of the world. Nor do I say that without reaching the end of the world one can put an end to suffering."

We also mentioned, the other day, the explanation given by Venerable Ānanda to this cryptic statement at the request of those monks who approached him to get it clarified. That explanation embodies the definition given by the Buddha to the term world. It is not the common concept of the world.

Yena kho, āvuso, lokasmiṃ lokasaññī hoti lokamānī, ayaṃ vuccati ariyassa vinaye loko. Kena c'āvuso lokasmiṃ lokasaññī hoti lokamānī?

Cakkhunā kho, āvuso, lokasmiṃ lokasaññī hoti lokamānī, sotena ... ghānena ... jivhāya ... kāyena ... manena kho, āvuso, lokasmiṃ lokasaññī hoti lokamānī. Yena kho, āvuso, lokasmiṃ lokasaññī hoti lokamānī, ayaṃ vuccati ariyassa vinaye loko.

"Friends, that by which one has a perception of the world and has a conceit of the world, that in this discipline of the Noble Ones is called 'the world'. By what, friends, has one a perception of the world and a conceit of the world?"

By the eye, friends, one has a perception of the world and a conceit of the world, by the ear ... by the nose ... by the tongue ... by the body ... by the mind ... That, friends, by which one has a perception of the world and a conceit of the world, that in this discipline of the Noble Ones is called 'the world'."

That with which the world is measured, that itself is called 'the world'. The above-mentioned measuring rods, namely the eye, the ear, the nose, the tongue, the body and the mind, give us a conceit of the world and a perception of the world. Apart from these six there is no way of knowing a world. All theories about the world are founded on these six sense-bases.

By way of a simple illustration, we alluded to the fact that in the absence of any standard measuring rod, we resort to the primordial scales based on this physical frame of ours, such as the inch, the span, the foot and the fathom. The subtlest scale of measurement, however, is that based on the mind. It is in this mode of measuring and reckoning that concepts and designations play their part. But the Buddha's philosophy of the void goes against all these mental modes. His exorcism by the vision of the void fumigates all concepts and designations.

The six sense-bases are therefore so many scales of measurement. It is with the help of these that the world is measured. So the above definition of the world brings out the "prepared", *saṅkhata*, nature of the world. It is a thought-construct.

This does not amount to a negation of the role of materiality. All we mean to say is that the concept of the world is actually an outcome of these six sense

bases. To that extent it is something prepared, a thought-construct.

While discussing the ten indeterminate points on a previous occasion, we happened to mention that the first four among them concern the world.^[760]

1. "The world is eternal".
2. "The world is not eternal".
3. "The world is finite".
4. "The world is infinite".

What those theorists meant by the term world in this context is none other than that prepared world which is constructed by the six sense-bases. That is to say, it is just the concept of the world.

However, they were not aware of the fact that their concept of the world is a thought-construct, because they had no insight into the law of dependent arising. They did not understand that these are mere preparations. The fallacy involved here, that is, the inability to understand that their concept of the world is the outcome of wrong attention, we illustrated by the simile of the magic kettle.

In an exhibition a magic kettle is displayed from which water keeps on flowing into a basin. One curious onlooker is waiting to see the kettle empty, while the other is waiting to see the basin overflowing. Both are unaware of the fact that a hidden tube conveys the water back again to the kettle, unseen through the same flow of water.

The ordinary concept of the world carries with it the same fallacy. The worldlings under the sway of defilements, which thrive on the perception of the compact, *ghanasaññā*, have the habit of grasping everything. The ordinary man of the world, fully overcome by craving and grasping, entertains a perception of permanence since he has no insight. That is why he regards the world as a unit due to his perception of the compact, as he takes cognizance only of the arising aspect, ignoring the decaying aspect.

Whether such a world is eternal or not, is the point at issue in the case of the first set of questions mentioned above, while the next set poses the dilemma whether it is finite or infinite. What is at the root of all those ill-conceived notions, is the premise that it is possible to posit an absolute existence or an absolute non-existence. In other words, the two extreme views 'everything exists' and 'nothing exists'.

The unique norm of dependent arising, which the Buddha discovered, dismisses both those extreme views. It is set forth in the *Kaccāyanagottasutta* of the *Nidānasamṃyutta* in the *Samṃyutta Nikāya*, which we have quoted earlier too.^[761] We shall, however, bring up again the relevant section to elucidate this point.

Dvayanissito khvāyaṃ, Kaccāyana, loko yebhuyyena: atthitañceva natthitañca. Lokasamudayaṃ kho, Kaccāyana, yathābhūtaṃ sammappaññāya passato yā loke natthitā sā na hoti. Lokanirodhaṃ kho, Kaccāyana, yathābhūtaṃ sammappaññāya passato yā loke atthitā sā na hoti.^[762]

"This world, *Kaccāyana*, for the most part, bases its views on two things: on existence and non-existence. Now, *Kaccāyana*, to one who with right wisdom sees the arising of the world as it is, the view of non-existence regarding the world does not occur. And to one who with right wisdom sees the cessation of the world as it really is, the view of existence regarding the world does not occur."

This is where our simile of the magic kettle becomes meaningful. Had both

onlookers understood that the magic kettle is getting filled at the same time it gets emptied, and that the basin also gets filled while it is being emptied, they would not have the curiosity to go on looking at it.

In contradistinction to both these viewpoints, the law of dependent arising promulgated by the Buddha transcends them by penetrating into the concept as such. The Buddha explained the arising of the world in terms of the twelve factors, beginning with "dependent on ignorance preparations", precisely because it cannot be presented in one word.

Usually, the formula of dependent arising is summed up with the words *ayaṃ dukkhasamudayo*, "this is the arising of suffering", or with the more conclusive statement *evam etassa kevalassa dukkhakkhandhassa samudayo hoti*, "thus is the arising of this entire mass of suffering".

There are also instances of explaining the arising of the world through the principle underlying the norm of dependent arising. The world arises in the six sense-bases. It is at the same time the arising of suffering. The arising of suffering is almost synonymous with the arising of the world.

The law of dependent arising is an explanation of the way a concept of the world comes about. This is an extremely subtle point. Since the concept of the world is a product of wrong reflection, it is *saṅkhata*, or "prepared". It is like something imagined. The *saṅkhata*, or the "prepared", has a certain circularity about it.

In fact, the two dilemmas mentioned above involve the question of time and space. The question whether the world is eternal or not eternal concerns time, whereas the question whether the world is finite or infinite relates to space. Both time and space involve a circularity. The furthest limit of the forenoon is the nearest limit of the afternoon, and the furthest limit of the afternoon is the nearest limit of the forenoon. This is how the cycle of the day turns round. Where the forenoon ends is the afternoon, where the afternoon ends is the forenoon.

A similar time cycle is to be found even in one moment. Rise and fall occur as a cycle even within a single moment. The same process goes on within an aeon. That is why an aeon is said to have the two aspects called *saṃvatta*, "contraction", and *vivaṭṭa*, "expansion". World systems go on contracting and expanding.

The so-called existence of the world is a continuous process of contraction and expansion. Therefore it is impossible to find any beginning or end. The very question of a first beginning is ill conceived. It is like an attempt to find a starting point in a cycle. It is a problem that cannot be solved by speculation.

Because of the cyclic nature of existence, rise and fall is characteristic of every single moment. It is by ignoring the decaying aspect inherent in one moment that wrong reflection gives rise to the inference that there must be an absolute end of the world.

Because the visible world gets destroyed, one conceives of an absolute end of the world. But when one world system gets destroyed, another world system gets crystallized somewhere else. Speculative views and standpoints about the universe, current among the worldlings, are of such a misleading nature that any reasoning based on them leads to a circularity of argument as is evident from the *Lokāyatikābrāhmaṇāsutta* among the Nines of the *Aṅguttara Nikāya*.

This discourse is about two *Lokāyatikābrāhmins*. The term *Lokāyatika* is a derivative from *lokāyata*, which signifies a branch of knowledge dealing with the

length and breadth of the world, perhaps a prototype of modern science, though it relied more on logic than on experiment. The two Brahmins were probably students of such a branch of learning. One day they came to the Buddha and posed this question:

"Sire Gotama, now there is this teacher *Pūraṇa Kassapa* who claims omniscience, saying that he sees everything and has knowledge and vision of everything while walking or standing, whether asleep or awake. With these claims to omniscience, he makes the following declaration:"

Ahaṃ anantena ñāṇena anantaṃ lokaṃ jānaṃ passaṃ viharāmi.^[763] "I dwell knowing and seeing an infinite world with an infinite knowledge."

"But then there is this teacher *Nigaṇṭha Nāthaputta* who also has similar claims to omniscience, but declares: *Ahaṃ antavantena ñāṇena antavantaṃ lokaṃ jānaṃ passaṃ viharāmi.* "I dwell knowing and seeing a finite world with a finite knowledge."

Then the two Brahmins ask the Buddha which of these two teachers claiming omniscience in such contradictory terms is correct. But the Buddha's reply was: *Alaṃ brāhmaṇā, tiṭṭhat' etaṃ ... Dhammaṃ vo desissāmi,* "enough, brahmins, let that question be ... I shall preach to you the *Dhamma*."

The expression used here is suggestive of the fact that the question belongs to the category of unexplained points. Terms like *ṭhapita*, "left aside", and *ṭhapanīya*, "should be left aside", are used with reference to indeterminate points.

Why did the Buddha leave the question aside? We can guess the reason, though it is not stated as such. Now the standpoint of *Pūraṇa Kassapa* is: "I dwell knowing and seeing an infinite world with an infinite knowledge." One can question the validity of his claim with the objection: You see an infinite world, because your knowledge is not finite, that is to say, incomplete. If it is complete, there must be an end. Therefore, going by the sense of incompleteness in the word *anantaṃ*, one can refute the former view. Why you see the world as infinite is because your knowledge lacks finality.

Nigaṇṭha Nāthaputta, on the other hand, is asserting that he sees a finite world with a finite knowledge. But the followers of *Pūraṇa Kassapa* can raise the objection: you are seeing the world as finite because your knowledge is limited. Your knowledge has an end, that is why you see a finite world. So here, too, we have a circle, or rather a circularity of argument. The two terms *anta* and *ananata* are ambiguous. That must be the reason why the Buddha rejected the two standpoints in question.

Then he declares: "I shall preach to you the *Dhamma*", and brings up as a simile an illustration which could be summed up as follows. Four persons endowed with the highest ability to walk, the highest speed and the widest stride possible, stand in the four directions. Their speed is that of an arrow and their stride is as wide as the distance between the eastern ocean and the western ocean. Each of them tells himself: 'I will reach the end of the world by walking' and goes on walking for hundred years, that being his full life-span, resting just for eating, drinking, defecating, urinating and giving way to sleep or fatigue, only to die on the way without reaching the end of the world.

'But why so?', asks the Buddha rhetorically and gives the following explanation. "I do not say, O! Brahmins, that the end of the world can be known, seen or reached by this sort of running. Nor do I say that there is an ending of suffering without reaching the end of the world." Then he declares: "Brahmins, it is these

five strands of sense pleasures that in the Noble One's discipline are called 'the world' ".

In this particular context, the Buddha calls these five kinds of sense-pleasures 'the world' according to the Noble One's terminology. This does not contradict the earlier definition of the world in terms of the six sense-bases, for it is by means of these six sense-bases that one enjoys the five strands of sense-pleasures. However, as an art of preaching, the Buddha defines the world in terms of the five strands of sense-pleasures in this context.

Then he goes on to proclaim the way of transcending this world of the five sense pleasures in terms of *jhānic* attainments. When one attains to the first *jhāna*, one is already far removed from that world of the five sense-pleasures. But about him, the Buddha makes the following pronouncement:

Aham pi, brāhmaṇā, evaṃ vadāmi: 'ayam pi lokapariyāpanno, ayam pi anissaṭo lokamhā'ti, "and I too, O! Brahmins, say this: 'This one, too, is included in the world, this one, too, has not stepped out of the world' ". The Buddha makes the same pronouncement with regard to those who attain to the other *jhānic* levels. But finally he comes to the last step with these words:

Puna ca paraṃ, brāhmaṇā, bhikkhu sabbaso nevasaññānāsaññāyatanaṃ samatikkama saññāvedayitanirodhaṃ upasampajja viharati, paññāya c' assa disvā āsavā parikkhīṇā honti. Ayaṃ vuccati, brāhmaṇā, bhikkhu lokassa antam āgamma lokassa ante viharati tiṅṅo loke visattikaṃ.

"But then, O! Brahmins, a monk, having completely transcended the sphere of neither-perception-nor-non-perception, attains to and abides in the cessation of perceptions and feelings, and in him, having seen with wisdom, the influxes are made extinct. This one, O! Brahmins, is known as one who, on reaching the end of the world, is dwelling at its very end, having crossed over the agglutinative craving".

Going by these discourses, one might conclude that the cessation of perceptions and feelings is actually *Nibbāna* itself. But the most important part of the above quotation is the statement *paññāya c' assa disvā āsavā parikkhīṇā honti*, "having seen with wisdom, the influxes are made extinct in him". While in the attainment of the cessation of perceptions and feelings, all preparations subside and it is on rising from it that all influxes are made extinct by the vision of wisdom.

This fact comes to light in the following answer of Venerable *Dhammaḍḍhiya Therī* to the question raised by the lay-follower *Visākhā*, her former husband, in the *Cūḷavedalla Sutta*.

Saññāvedayitanirodhasamāpattiyā vuṭṭhitaṃ, kho āvuso Visākhā, bhikkhuṃ tayo phassā phusanti: suññato phasso, animitta phasso, appaṇihito phasso.^[764] "Friend Visākhā, when a monk has emerged from the attainment of the cessation of perceptions and feelings, three kinds of contact touch him: voidness contact, signless contact, desireless contact."

On this point, the commentary too, gives the explanation *suññatā nāma phalasamāpatti*,^[765] "'voidness' means the attainment of the fruit of *arahant*-hood".

In answer to another question, Venerable *Dhammaḍḍhiya Therī* says, *Saññāvedayitanirodhasamāpattiyā vuṭṭhitassa, kho āvuso Visākhā, bhikkhuno vivekaninnaṃ cittaṃ hoti vivekaṇaṃ vivekapabbhāraṃ,* "Friend Visākhā, when a monk has emerged from the attainment of the cessation of perceptions and

feelings, his mind inclines to seclusion, slants to seclusion, tends to seclusion".

Here the commentary explains *nibbānaṃ viveko nāma*, "what is called seclusion is *Nibbāna*".

So it is on emerging from the attainment of the cessation of perceptions and feelings, that is in the *arahattaphalasaṃādhi*, references to which we have cited earlier, ^[766] that *Nibbāna* is realized. It is then that one actually sees the end of the world.

So from this we can well infer that in advancing a new definition of the world, in introducing a new concept of the world, the Buddha was not trying to sidetrack the moot point of the worldlings by bringing in something totally irrelevant. He was simply rejecting for some sound reason the worldlings' concept of the world, which is born of wrong reflection, and illustrating the correct measuring rod, the true criterion of judgement regarding the origin of the concept of the world according to radical reflection.

Out of all the discourses dealing with the question of the end of the world and the end of suffering, perhaps the most significant is the *Rohitassa Sutta*, which is found in the *Sagāthakaṣaṃyutta* of the *Samyutta Nikāya*, as well as in the section of the Fours in the *Aṅuttara Nikāya*. Once when the Buddha was staying at the *Jetavana* monastery at *Sāvattihī*, a deity named *Rohitassa* visited him in the night and asked the following question: "Where Lord one does not get born, nor grow old, nor die, nor pass away, nor get reborn, is one able, Lord, by travelling to come to know that end of the world or to see it or to get there?"

The Buddha replies: "Where, friend, one does not get born, nor grow old, nor die, nor pass away, nor get reborn, that end of the world, I say, one is not able by travelling to come to know or to see or to arrive at."

When the Buddha gave this brief answer, the deity *Rohitassa* praised him with the following words of approbation: *Acchariyaṃ bhante, abbhutaṃ bhante, yāva subhāsitaṃ idaṃ bhagavatā*, ^[767] "it is wonderful, Lord, it is marvellous, Lord, how well it is said by the Exalted One."

Why did he express his approbation? Because he had already realized the truth of the Buddha's statement by his own experience. Then he goes on to relate the whole story of his past life.

"In times past, Lord, I was a seer, *Rohitassa* by name, son of *Bhoja*, gifted so that I could fly through the air, and so swift, Lord, was my speed that I could fly just as quickly as a master of archery, well-trained, expert, proficient, a past master in his art, armed with a strong bow, could without difficulty send a light arrow far past the area coloured by a palm tree's shadow; and so great, Lord, was my stride that I could step from the eastern to the western ocean. In me, Lord, arose such a wish as this: 'I will arrive at the end of the world by walking'. And though such, Lord, was my speed and such my stride, and though with a life span of a century, living for a hundred years, I walked continuously for hundred years, except for the times spent in eating, drinking, chewing or tasting, or in answering calls of nature, and the time I gave to way to sleep or fatigue, yet I died on the way, without reaching the end of the world. Wonderful is it, O! Lord, marvellous is it, Lord, how well it is said by the Exalted One:

Where, friend, one does not get born, nor grow old, nor die, nor pass away, nor get reborn, that end of the world, I say, one is not able by travelling to come to know or to see or to arrive at."

It is at this point, that the Buddha comes out with a momentous declaration,

while granting *Rohitassa's* approbation.

Yattha kho, āvuso, na jāyati na jīyati na mīyati na cavati na upapajjati, nāhaṃ taṃ 'gamanena lokassa antaṃ ñāteyyaṃ daṭṭheyyaṃ patteyyan'ti vadāmi. Na cāhaṃ, āvuso, appatvā lokassa antaṃ dukkhassantakiriyaṃ vadāmi. Api c'āhaṃ, āvuso, imasmiṃ yeva byāmamatte kaḷevare sasaññimhi samanake lokañca paññāpemi lokasamudayañca lokanirodhañca lokanirodhagāminiñca paṭipadaṃ.

"Where, friend, one does not get born, nor grow old, nor die, nor pass away, nor get reborn, that end of the world, I say, one is not able by travelling to come to know or to see or to arrive at. But neither do I say, friend, that without having reached the end of the world there could be an ending of suffering. It is in this very fathom-long physical frame with its perceptions and mind, that I declare lies the world, the arising of the world, the cessation of the world, and the path leading to the cessation of the world."

This momentous declaration, which is comparable to a fearless lion's roar that puts all religious and philosophical systems to flight, has been misinterpreted by some who have not grasped its true significance. They say that according to this discourse the cessation of the world is not here and that only the other three are to be found in this fathom-long body.

Such misinterpretations are the result of taking seriously various far-fetched speculations of later origin about *Nibbāna*. According to them, *Nibbāna* is some mysterious non-descript place of rest for the *arahants* after their demise. One who goes by that kind of speculation is not ready to accept the Buddha's declaration that it is in this very fathom-long body with its perceptions and mind that a cessation of the world can be realized.

The commentary in this context simply observes that the four noble truths are to be found not in grass and twigs outside, but in this body consisting of the four elements.^[768] It has nothing more to add. A certain modern scholar has rightly pointed out that the commentator has missed a great opportunity for exegesis.^[769] The reason for the commentator's lack of interest, in the case of such a discourse of paramount importance, is probably his predilection for these later speculations on *Nibbāna*.

All what we have so far stated in explaining the significance of discourses dealing with the subject of *Nibbāna*, could even be treated as a fitting commentary to the *Rohitassasutta*.

The point of relevance is the couple of words *sasaññimhi samanake*, occurring in the discourse in question. This fathom-long physical frame is here associated with perceptions and mind. The expression used by the Buddha in this context is full of significance.

As we saw above, Venerable *Ānanda* defines the term 'world' as follows: *yena kho, āvuso, lokasmiṃ lokasaññī hoti lokamānī, ayaṃ vuccati ariyassa vinaye loko.* "Friends, that by which one has a perception of the world and has a conceit of the world that in the discipline of the Noble Ones is called 'the world'." The conceit of the world is a form of measuring with the mind. So the two words *sasaññimhi samanake* are suggestive of the concept of the world in the Noble Ones' discipline.

While discussing the significance of *arahattaphalasangāhī*, also known as *aññāphalasangāhī*, and *aññāvimokkha*, we had occasion to bring up such quotations as the following:

Siyā nu kho, bhante, bhikkhuno tathārūpo samādhipaṭilābho yathā neva

paṭhaviyaṃ paṭhavisaññī assa, na āpasmim āposaññī assa, na tejasmim tejosaññī assa, na vāyasmim vāyosaññī assa, na ākāsānañcāyatane ākāsānañcāyatanasaññī assa, na viññāṇañcāyatane viññāṇancāyatanasaññī assa, na ākiñcaññāyatane ākiñcaññāyatanasaññī assa, na nevasaññānāsaññāyatane nevasaññānāsaññāyatanasaññī assa, na idhaloke idhalokasaññī assa, na paraloke paralokasaññī assa, yam p'idaṃ diṭṭhaṃ suttaṃ mutaṃ viññātaṃ pattaṃ pariyesitaṃ anuvicariṭaṃ manasā tatrāpi na saññī assa, saññī ca pana assa?[\[770\]](#)

"Could there be, Lord, for a monk such an attainment of concentration wherein he will not be conscious (literally: 'percipient') of earth in earth, nor of water in water, nor of fire in fire, nor of air in air, nor will he be conscious of the sphere of infinite space in the sphere of infinite space, nor of the sphere of infinite consciousness in the sphere of infinite consciousness, nor of the sphere of nothingness in the sphere of nothingness, nor of the sphere of neither-perception-nor-non-perception in the sphere of neither-perception-nor-non-perception, nor will he be conscious of a this world in this world, nor of a world beyond in a world beyond, whatever is seen, heard, sensed, cognized, attained, sought after, traversed by the mind, even of that he will not be conscious - and yet he will be conscious?"

The *arahattaphalāsamādhī* is so extraordinary that while in it one has no perception of earth, water, fire and air, or of this world, or of the other world, or of whatever is seen, heard, sensed and cognized, but one is all the same percipient or conscious, *saññī ca pana assa*.

To the question: 'Of what is he percipient?', *kiṃ saññī?*, once Venerable *Sāriputta* gave the answer that the perception is of *Nibbāna* as the cessation of existence, *bhavanirodho nibbānaṃ*. [\[771\]](#)

In another discourse that we happened to quote, the mode of questioning has the following sequence: "Could there be, Lord, for a monk such an attainment of concentration wherein he will not be attending to the eye, nor to form, nor to the ear, nor to sound" etc., but ends with the riddle like phrase "and yet he will be attending", *manasi ca pana kareyya*. [\[772\]](#)

When the Buddha grants the possibility of such a concentration, Venerable *Ānanda* rejoins with an inquisitive "how could there be, Lord?", and the Buddha explains that what a monk attends to while in that attainment could be summed up in the stereotyped phrase:

Etaṃ santaṃ, etaṃ paṇītaṃ, yadidaṃ sabbasañkhārasamatho sabbūpādhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ, "this is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

It is *Nibbāna*, then, that one attends to while in that attainment. So we find even the terms "perception", *saññā*, and "attention", *manasikāra*, being used in the context of *arahattaphalāsamāpatti*, or "attainment to the fruit of arahant-hood".

Therefore, *Nibbāna* is not an experience as dry as a log of wood, but a state of serene awareness of its true significance. It is a transcendence of the world by realization of its cessation. That is why the two words *sasaññimhi samanake*, "with its perceptions and mind", have been used to qualify, *kaḷevare*, "physical frame", or "body", in the momentous declaration.

We also came across some instances in the discourses where the Buddha calls the cessation of the six sense-spheres itself *Nibbāna*. The most notable instance

is perhaps the *Kāmaguṇasutta* we had already quoted.^[773] As we saw, even its presentation is rather enigmatic. It runs.

Tasmātiha, bhikkhave, se āyatane veditabbe yattha cakkhuñca nirujjhati rūpasaññā ca virajjati, se āyatane veditabbe yattha sotañca nirujjhati saddasaññā ca virajjati, se āyatane veditabbe yattha ghānañca nirujjhati gandhasaññā ca virajjati, se āyatane veditabbe yattha jivhā ca nirujjhati rasasaññā ca virajjati, se āyatane veditabbe yattha kāyo ca nirujjhati phoṭṭabbasaññā ca virajjati, se āyatane veditabbe yattha mano ca nirujjhati dhammasaññā ca virajjati, se āyatane veditabbe.^[774]

"Therefore, monks, that sphere should be known wherein the eye ceases and the perception of forms fades away, the ear ceases and the perception of sounds fades away, the nose ceases and the perception of smells fades away, the tongue ceases and the perception of tastes fades away, the body ceases and the perception of tangibles fades away, the mind ceases and the perception of ideas fades away, that sphere should be known."

Venerable *Ānanda*, commenting on this riddle-like sermon of the Buddha, concludes that the Buddha is here referring to the cessation of the six sense-spheres, *saḷāyatananirodhaṃ, āvuso, Bhagavatā sandhāya bhāsitaṃ*. "Friends, it is with reference to the cessation of the six sense-spheres that the Exalted One has preached this sermon." The cessation of the six sense-spheres is *Nibbāna*.

All this goes to show that the concept of a world is the product of the six sense-spheres. Those six measuring rods have measured out a world for us.

Since the world is built up by the six sense-spheres, it has also to cease by the cessation of those six sense-spheres. That is why *Nibbāna* is defined as the cessation of the six sense-spheres, *saḷāyatananirodho Nibbānaṃ*. All those measuring rods and scales lose their applicability with the cessation of the six sense-spheres.

How can there be an experience of cessation of the six sense-spheres? The cessation here meant is actually the cessation of the spheres of contact. A sphere of contact presupposes a duality. Contact is always between two things, between eye and forms, for instance. It is because of a contact between two things that one entertains a perception of permanence in those two things. Dependent on that contact, feelings and perceptions arise, creating a visual world. The visual world of the humans differs from that of animals. Some things that are visible to animals are not visible to humans. That is due to the constitution of the eye-faculty. It is the same with regard to the ear-faculty. These are the measuring rods and scales which build up a world.

Now this world, which is a product of the spheres of sense-contact, is a world of *papañca*, or "proliferation". *Nibbāna* is called *nippapañca* because it transcends this proliferation, puts an end to proliferation. The end of proliferation is at the same time the end of the six sense-spheres.

There is a discourse in the section of the Fours in the *Aṅguttara Nikāya* which clearly brings out this fact. There we find Venerable *Mahākoṭṭhita* putting a question to Venerable *Sāriputta* on this point. Venerable *Mahākoṭṭhita* and Venerable *Sāriputta* are often found discussing intricate points in the *Dhamma*, not because they are in doubt, but in order to clarify matters for us. They are thrashing out problems for our sake. In this particular instance, Venerable *Mahākoṭṭhita* puts the following question to Venerable *Sāriputta*:

Channaṃ, āvuso, phassāyatanaṃ asesavirāganirodhā atth'aññaṃ kiñci?^[775]
"Friend, with the remainderless fading away and cessation of the six spheres of sense-contact, is there something left?"

Venerable *Sāriputta*'s response was: *Mā hevaṃ āvuso*, "do not say so, friend." Venerable *Mahākoṭṭhita* follows it up with three other possible alternatives, all of

which Venerable *Sāriputta* dismisses with the same curt reply. The three alternatives are:

Channaṃ, āvuso, phassāyatanānaṃ asesavirāgaṇirodhā natth' aññaṃ kiñci? "Friend, with the remainderless fading away and cessation of the six spheres of sense-contact, is there nothing left?"

Channaṃ, āvuso, phassāyatanānaṃ asesavirāgaṇirodhā atthi ca natthi ca aññaṃ kiñci? "Friend, with the remainderless fading away and cessation of the six spheres of sense-contact, is it the case that there is and is not something left?"

Channaṃ, āvuso, phassāyatanānaṃ asesavirāgaṇirodhā nev'atthi no natth'aññaṃ kiñci? "Friend, with the remainderless fading away and cessation of the six spheres of sense-contact, is it the case that there neither is nor is not something left?"

The mode of questioning takes the form of a tetralemma and Venerable *Sāriputta* dismisses all the four alternatives as inapplicable. Then Venerable *Mahākoṭṭhita* asks why all these four questions were ruled out, and Venerable *Sāriputta* explains:

'Channaṃ, āvuso, phassāyatanānaṃ asesavirāgaṇirodhā atth' aññaṃ kiñcī'ti, iti vadaṃ appapañcaṃ papañceti. 'Channaṃ, āvuso, phassāyatanānaṃ asesavirāgaṇirodhā natth'aññaṃ kiñcī'ti, iti vadaṃ appapañcaṃ papañceti. 'Channaṃ, āvuso, phassāyatanānaṃ asesavirāgaṇirodhā atthi ca natthi ca aññaṃ kiñcī'ti, iti vadaṃ appapañcaṃ papañceti. 'Channaṃ, āvuso, phassāyatanānaṃ asesavirāgaṇirodhā nev'atthi no natth'aññaṃ kiñcī'ti, iti vadaṃ appapañcaṃ papañceti.

Yāvatā, āvuso, channaṃ phassāyatanānaṃ gati tāvatā papañcassa gati, yāvatā papañcassa gati tāvatā channaṃ phassāyatanānaṃ gati. Channaṃ, āvuso, phassāyatanānaṃ asesavirāgaṇirodhā papañcanirodho papañcavūpasamo.

"Friend, he who says: 'With the remainderless fading away and cessation of the six spheres of sense-contact, there is something left' is conceptually proliferating what should not be proliferated conceptually. Friend, he who says: 'With the remainderless fading away and cessation of the six spheres of sense-contact, there is nothing left' is conceptually proliferating what should not be proliferated conceptually. Friend, he who says: 'With the remainderless fading away and cessation of the six spheres of sense-contact, there is and is not something left' is conceptually proliferating what should not be proliferated conceptually. Friend, he who says: 'With the remainderless fading away and cessation of the six spheres of sense-contact, there neither is nor is not something left' is conceptually proliferating what should not be proliferated conceptually.

Friend, whatever is the range of the six spheres of sense-contact, that itself is the range of conceptual proliferation, and whatever is the range of conceptual proliferation, that itself is the range of the six spheres of sense-contact. By the remainderless fading away and cessation of the six spheres of sense-contact, there comes to be the cessation and appeasement of conceptual proliferation."

The commentator gives the following explanation to the expression *atth' aññaṃ kiñci*, "is there something left?": *'tato paraṃ koci appamattako pi kilesa atthī'ti pucchati.*^[76] According to him, Venerable *Mahākoṭṭhita* is asking whether there is even a little defilement left after the cessation of the six spheres of sense-contact. But the question is obviously not about the remaining defilements, in which case even a categorical negative could have been the correct answer. The question here is about the very usage of the expressions 'is' and 'is not'.

With the cessation of the six spheres of sense-contact all four propositions of the tetralemma, based on the two standpoints 'is' and 'is not', lose their applicability. They are rejected in toto. Here the *papañca*, or "conceptual proliferation", implied, is the very discrimination between 'is' and 'is not'.

The entire world is built up on the two concepts 'is' and 'is not'. Being unaware of the *saṅkhata*, or "prepared", nature of these concepts, we are accustomed to say 'this is' as occasion demands. This recording machine before us 'is there'. So also are the things which we presume to exist. We ourselves do exist, do we not? One could say 'I am'.

Out of the two rapid processes going on within us every moment, namely arising and passing away, we are most of the time dwelling on the side of arising. The two concepts 'is' and 'is not' are structured on the six spheres of sense-contact. Not only 'is' and 'is not', but also the entire logical structure connecting these two postulates is founded on these six spheres. Here, then, we see the fistfuls of inflammable incense powder the Buddha had directed towards language and logic, setting all that ablaze.

What this discourse highlights is the fact that by the very cessation of the six spheres of sense-contact the cessation of conceptual proliferation is brought about. With reference to speculative views, particularly to those wrong views that were put aside as unexplained points, the Buddha uses the term *ditṭhipariḷāha*, "delirium of views". ^[777] *Pariḷāha* means "delirious fever".

Patients in delirium cry out for water. The worldlings, in general, are in high delirium. Even such teachers like *Pūraṇa Kassapa* and *Nigaṇṭha Nātaputta*, who were trying to solve these speculative problems about the world by logic, were also in delirium. Their views, based on wrong reflections, were mere hallucinations. They kept on raising such questions, because they had no insight into the nature of *saṅkhāras*, or "preparations".

The worldlings spend their whole lifetime running in search of the world's end. All that is *papañca*, conceptual proliferation. In fact, the term *papañca* is so pervasive in its gamut of meaning that it encompasses the entire world. Usually, the term is glossed over by explaining it with reference to *taṇhā*, *māna* and *ditṭhi*, bringing in craving, conceits and views as illustrations of *papañca*. But that does not amount to an explanation proper. It is only a definition in extension by giving three instances of *papañca*. To rattle off the three instances is not a fit answer to the question 'what is *papañca*'.

The primary significance of *papañca* is traceable to the linguistic medium. We have already shown how the network of grammar spreads as soon as the peg 'am' is driven down to earth, as it were. ^[778] The reality in the first person in grammar beckons a second and a third person to complete the picture. In logic, too, a similar legerdemain takes place. The interminable questions of identity and difference lead the logician up the garden path.

The 'world' is precariously perched on a fictitious network of grammar and logic.

It is as a solution to all this that the Buddha came out with the extraordinary prospect of a cessation of the six spheres of sense-contact. This, then, is a level of experience realizable here and now. That is why the Buddha declared that the world is in this very fathom-long body with its perceptions and mind.

Now as to the questions about the world, we have already pointed out that there is a circularity involved. Though one cannot find an end in something of a cyclic nature, there is still a solution possible. There is only one solution, that is, to break the cycle. That is what the term *vaṭṭupaccheda* means. One can breach the cycle. The cycle cannot be discovered by travelling. It is not out there, but in this very stream of consciousness within us. We have already described it as the vortex between consciousness and name-and-form. An allusion to the breach of the vortex is found in the following verse, which we had already discussed in connection with *Nibbāna*.

Viññāṇaṃ anidassanaṃ,

*anantaṃ sabbato pabhaṃ,
ettha āpo ca paṭhavi,
tejo vāyo na gādhati.*

*Ettha dīghañca rassañca,
aṇuṃ thūlaṃ subhāsubhaṃ,
ettha nāmañca rūpañca,
asesaṃ uparujjhati,
viññāṇassa nirodhena,
etth'etaṃ uparujjhati.* [\[779\]](#)

"Consciousness, which is non-manifestative,
Endless, lustrous on all sides,
Here it is that earth and water,
Fire and air no footing find.

Here it is that long and short,
Fine and coarse, pleasant, unpleasant,
And Name-and-form are cut off without exception,
When consciousness has surceased,
These are held in check herein."

Here one can see how name-and-form are cut off. *Viññāṇaṃ anidassanaṃ, anantaṃ sabbato pabhaṃ*, "consciousness, which is non-manifestative, infinite and lustrous on all sides". In this consciousness even the four great primaries earth, water, fire and air, do not find a footing. *Cakkavāla*, or a world-system, is supposed to be made up of these four primary elements. Even the term *cakkavāla* implies something cyclic. The world is a product of these primary elements, but these are not there in that non-manifestative consciousness.

Such relative distinctions as long and short, subtle and gross, have no place in it. Name-and-form cease there, leaving no residue. Like an expert physician, who treats the germ of a disease and immunizes the patient, the Buddha effected a breach in the *saṃsāric* vortex by concentrating on its epicycle within this fathom-long body.

The ever recurrent process of mutual interrelation between consciousness and name-and-form forming the epicycle of the *saṃsāric* vortex was breached. With the cessation of consciousness comes the cessation of name-and-form. With the cessation of name-and-form comes the cessation of consciousness. That is the dictum of the *Naḷakalāpīsutta*. [\[780\]](#) Out of the two bundles of reeds left standing, supporting each other, when one is drawn the other falls down. Even so, with the cessation of consciousness comes the cessation of name-and-form. With the cessation of name-and-form comes the cessation of consciousness. That is how the Buddha solved this problem.

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MIND STILLED 24

Namo tassa bhagavato arahato sammāsambuddhassa

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ.* [\[781\]](#)

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks. This is the twentyfourth sermon in the series of sermons on *Nibbāna*. In our last sermon, we brought up a quotation from the *Rohitassa Sutta*, which enshrines a momentous declaration by the Buddha to the effect that the world, the arising of the world, the cessation of the world, and the path leading to the cessation of the world, could be pointed out with reference to this same body with its perceptions and mind. [\[782\]](#)

The six sense-spheres, or the six bases of sense-contact, with which we acquaint ourselves with the world as it is conventionally understood and measured out, are themselves called 'the world' according to the Noble One's terminology. [\[783\]](#) Therefore, one can declare in accordance with the *Dhamma*, that the very cessation of those six sense-spheres is the cessation of the world. It is this state of the cessation of the world that is known as *asaṅkhata dhātu*, or the "unprepared element". That unprepared state, described in discourses on *Nibbāna* in such terms as *atthi, bhikkhave, ajātaṃ abhūtaṃ akataṃ asaṃkataṃ*, [\[784\]](#) "monks, there is an unborn, an unbecome, an unmade, an unprepared", is this cessation of the six spheres of sense, which is the end of that prepared world.

So, then, this particular world's end, the end of the world as defined here, is not a destination to be reached by travelling. The sage *Rohitassa* walked for hundred years in search of this world's end at a speed of a flying arrow, but he failed to discover the world's end. Why? It is because he took 'the world' along with him in his journey to see its end. Since this six-based body with its perceptions and mind is itself the world, he was taking the world with him in his exploration. That is why he had to die on the way without seeing the end of the world.

That end of the world, which one cannot see or reach by travelling, the Buddha pointed out in the very cessation of the six sense-spheres. This fact comes to light in the discourses dealing with *Nibbāna* in the *Pāṭaligāmiyavagga* of the *Udāna*, which we had already discussed. [\[785\]](#) For instance, in the first discourse on *Nibbāna*, beginning with the words *atthi, bhikkhave, tad āyatanaṃ*, "there is, monks, that sphere", we find towards the end the following statement:

Tatra p'ahaṃ, bhikkhave, n'eva āgatiṃ vadāmi na gatiṃ na ṭhitiṃ na cutiṃ na upapattiṃ, appatiṭṭhaṃ appavattaṃ anārammaṇaṃ eva taṃ, es' ev' anto dukkhassa. [\[786\]](#)

In that particular state, described as a 'sphere', in which there is neither earth, nor water, nor fire, nor air, etc., "I say, there is neither a coming, nor a going, nor a standing, nor a passing away, nor a being reborn; that state which is unestablished, non continuing and objectless, is itself the end of suffering." So, then, this journey's end, the journey's end that cannot be reached by journeying, the Buddha pointed out in the cessation of the six sense-spheres.

We come across the following passage in the fourth discourse on *Nibbāna* in the

Pāṭaligāmiyavagga of the *Udāna*:

Nissitassa calitaṃ, anissitassa calitaṃ n' atthi, calite asati passaddhi, passaddhiyā sati nati no hoti, natiyā asati āgatigati na hoti, āgatigatiyā asati cutūpapāto na hoti, cutūpapāte asati n' ev' idha na huraṃ na ubhayamantare, es' ev' anto dukkhassa.^[787]

"To the attached there is wavering, to the unattached there is no wavering; wavering not being, there is calm; calm being, there is no inclination; inclination not being, there is no coming and going; coming and going not being, there is no passing away or reappearing; when there is no passing away or reappearing, there is neither a 'here', nor a 'there', nor anything between the two - this is the end of suffering."

It is in such profound terms, that the Buddha described the end of the world. One cannot see it by journeying. It can be seen only by wisdom. In fact, even the very concept of 'going' has to be transcended in order to see it.

So, it seems, *Rohitassa* carried the world with him in his journey to see the end of the world. He made another blunder. He was going in search of a place where there is no death, in order to escape death. Even that, the Buddha had declared, is not possible to see or reach by travelling.

Rohitassa took *Māra* along with him in his journey to find a place where there is no death. Why do we say so? In the *Rādhasaṃyutta* of the *Saṃyutta Nikāya* we find Venerable *Rādha* putting the following question to the Buddha:

'*Māro, māro 'ti, bhante, vuccati, kittāvatā nu kho, bhante, 'māro 'ti vuccati?*^[788]
"*Māra, Māra, they say, venerable sir, to what extent is Māra called as such?*"

Now this is how the Buddha answers the question:

Rūpe kho, Rādha, sati Māro vā assa māretā vā yo vā pana mīyati. Tasmātiha tvaṃ, Rādha, rūpaṃ 'Māro 'ti passa, 'māretā 'ti passa, 'mīyatī'ti passa, 'rogo 'ti passa, 'gaṇḍo 'ti passa, 'sallan'ti passa, 'aghan'ti passa, 'aghabhūtan'ti passa. Ye nam evaṃ passanti te sammā passantī.

"Where there is form, *Rādha*, there would be a *Māra*, or one who kills, or one who dies. Therefore, *Rādha*, in this context you look upon form as '*Māra*', as 'one who kills', as 'one who dies', as a disease, as a boil, as a dart, as a misery, as a wretchedness. They that look upon thus are those that see rightly."

As in the case of form, so also in regard to feeling, perception, preparations and consciousness, the same mode of seeing rightly is recommended. So, in this context, each of the five aggregates is looked upon as a *Māra*, from the point of view of the *Dhamma*. That is why we say that *Rohitassa* went in search of a deathless place taking death along with him.

From this definition it is clear that so long as one grasps with craving the aggregates of form, feeling, perception, preparations and consciousness, there is a *Māra*, a killer, and one who dies. Therefore it is, that by giving up the five aggregates one is freed from *Māra*, is liberated from death and attains the deathless state. That is why we said that the *arahant* has attained the deathless state, here and now, in this world itself.^[789] The principle involved here we have already stated while discussing the law of dependent arising.^[790]

Let us remind ourselves of the relevant section of a verse in the *Bhadrāvudhamāṇavappucchā* of the *Pārāyanavagga* of the *Sutta Nipāta*:

*Yaṃ yaṃ hi lokasmiṃ upādiyanti,
ten' eva Māro anveti jantuṃ.*^[791]

"Whatever thing they grasp in this world,

By that itself *Māra* pursues a man."

Because of grasping, there is becoming or existence and with it birth, decay and death, etc., follow suit, all due to craving. That is the deep idea behind the Buddha's definition of the five grasping groups in terms of *Māra*.

In fact, these six sense-spheres, the six bases, are within the jurisdiction of *Māra*. This is evident from *Māra*'s own words in the *Kassakasutta* of the *Sagāthakavagga* of the *Saṃyutta Nikāya*.

Once, when the Buddha was admonishing the monks with a sermon on *Nibbāna*, it occurred to *Māra*, the Evil One: "Now this recluse Gotama is admonishing the monks and the monks are listening attentively. I must go and blind their eye of wisdom." With this evil intention, he came there in the guise of a farmer, carrying a plough on his shoulder, a goad in his hand, with dishevelled hair and muddy feet, and asked the Buddha: "Recluse, did you see my oxen?" Then the Buddha retorted: "What is the use of oxen for you, Evil One?" *Māra* understood that the Buddha had recognized him and came out with the following boast of his superiority:

Mam eva, samaṇa, cakkhu, mama rūpā, mama cakkhusamphassaviññānāyatanaṃ, kuhiṃ me, samaṇa, gantvā mokkhasi?

Mam eva, samaṇa, sotaṃ ... Mam eva, samaṇa, ghānaṃ ... Mam eva, samaṇa, jivhā ... Mam eva, samaṇa, kāyo ...

Mam eva, samaṇa, mano, mama dhammā, mama manosamphassaviññānāyatanaṃ, kuhiṃ me, samaṇa, gantvā mokkhasi?^[792]

"Mine, O recluse, is the eye, mine are the forms and mine the sphere of eye-contact, where will you, recluse, go to escape me?"

Mine, O recluse, is the ear ... Mine, O recluse is the nose ... Mine, O recluse is the tongue ... Mine, O recluse is the body ...

Mine, O recluse is the mind, mine are the mind-objects and mine the sphere of mind-contact, where will you, recluse, go to escape me?"

Now this is how the Buddha responded to that challenge:

Taveva, pāpima, cakkhu, tava rūpā, tava cakkhusamphassaviññānāyatanaṃ, yattha ca kho, pāpima, n' atthi cakkhu, n' atthi rūpā, n' atthi cakkhusamphassaviññānāyatanaṃ, agati tava tattha pāpima.

Taveva, pāpima, sotaṃ ... Taveva, pāpima, ghānaṃ ... Taveva, pāpima, jivhaṃ ... Taveva, pāpima, kāyaṃ ...

Taveva, pāpima, mano, tava dhammā, tava manosamphassaviññānāyatanaṃ, yattha ca kho, pāpima, n' atthi mano, n' atthi dhammā, n' atthi manosamphassaviññānāyatanaṃ, agati tava tattha pāpima.

"Yours, O Evil One, is the eye, yours are the forms and yours the sphere of eye-contact, but where there is no eye, no forms and no sphere of eye-contact, there you cannot go, Evil One.

Yours, Evil One, is the ear ... Yours, Evil One, is the nose ... Yours, Evil One, is the tongue ... Yours, Evil One, is the body ...

Yours, Evil One, is the mind, yours are the mind-objects and yours the sphere of mind-contact, but where there is no mind, no mind-objects and no sphere of mind-contact, there you cannot go, Evil One."

From the Buddha's reprisal to *Māra*'s challenge, we can well infer that there indeed is a place to which *Māra* has no access. That is none other than the cessation of the six sense-spheres. Since it is something realizable, it is referred to as a 'sphere' in such contexts as, for instance, in the discourse on *Nibbāna* beginning with the words *atthi, bhikkhave, tad āyatanaṃ*, [\[793\]](#) "there is, monks, that sphere", etc.

It is this same cessation of the six sense-spheres that is referred to as *papañcanirodha* and *papañcavūpasama*, cessation or appeasement of conceptual proliferation. In the *Mahākoṭṭhitasutta* we discussed in our previous sermon, we found Venerable *Sāriputta* making the following conclusive statement to the same effect:

Channaṃ, āvuso, phassāyatanānaṃ asesavirāganirodhā papañcanirodho papañcavūpasamo, [\[794\]](#) "Friend, by the remainderless fading away and cessation of the six spheres of sense-contact, there comes to be the cessation and appeasement of conceptual proliferation."

That itself is the non-prolific state. All concepts of 'going', 'coming', 'being born', 'growing old' and 'dying', are to be found in the prolific. They simply do not exist in the non-prolific. That is why it is inaccessible to *Māra*. In it, neither the sense-bases, such as the eye, ear and nose, nor their respective objects are to be found. So it is clear that the cessation of the six sense-spheres is that state of release from *Māra*, attainable here and now.

All the six sense-spheres are built up on the perception of permanence. Therefore, the realization of their cessation is possible only through the perception of impermanence. The contemplation of impermanence is the path to its realization.

An extremely subtle contemplation on impermanence, that can bring about the cessation of the six sense-spheres, is to be found in the *Dvayamsutta* number two of the *Saḷāyatanavagga* of the *Samyutta Nikāya*. *Dvayaṃ* means a dyad. There are two discourses by that name, and this is the second. A strikingly deep vision of consciousness unfolds itself in this discourse as follows:

Dvayaṃ, bhikkhave, paṭicca viññāṇaṃ sambhoti. Kathañca, bhikkhave, dvayaṃ paṭicca viññāṇaṃ sambhoti? Cakkhuñca paṭicca rūpe ca uppajjati cakkhuvīññāṇaṃ. Cakkhu aniccaṃ vipariṇāmi aññathābhāvī. Rūpā aniccā vipariṇāmino aññathābhāvīno. Itthetaṃ dvayaṃ calañceva vyayañca aniccaṃ vipariṇāmi aññathābhāvī.

Cakkhuvīññāṇaṃ aniccaṃ vipariṇāmi aññathābhāvī. Yo pi hetu yo pi paccayo cakkhuvīññāṇassa uppādāya, so pi hetu so pi paccayo anicco vipariṇāmī aññathābhāvī. Aniccaṃ kho pana, bhikkhave, paccayaṃ paṭicca uppannaṃ cakkhuvīññāṇaṃ, kuto niccaṃ bhavissati?

Yā kho, bhikkhave, imesaṃ tiṇṇaṃ dhammānaṃ saṅgati sannipāto samavāyo, ayaṃ vuccati, bhikkhave, cakkhusamphasso. Cakkhusamphasso pi anicco vipariṇāmī aññathābhāvī. Yo pi hetu yo pi paccayo cakkhusamphassassa uppādāya, so pi hetu so pi paccayo anicco vipariṇāmī aññathābhāvī. Aniccaṃ kho pana, bhikkhave, paccayaṃ paṭicca uppanno cakkhusamphasso, kuto nicco bhavissati?

Phuṭṭho, bhikkhave, vedeti, phuṭṭho ceteti, phuṭṭho sañjānāti. Itthete pi dhammā calā ceva vayā ca aniccā vipariṇāmino aññathābhāvīno. [\[795\]](#)

Even by listening to it, one can easily guess that there is a string of terms giving the idea of impermanence. Let us now try to translate it.

"Dependent on a dyad, monks, consciousness comes to be. How is it, monks, that consciousness comes to be dependent on a dyad? Depending on eye and forms arises eye-consciousness. Eye is impermanent, changing, becoming otherwise. Forms are impermanent, changing, becoming otherwise. Thus this dyad is unstable, evanescent, impermanent, changing, becoming otherwise.

Eye-consciousness is impermanent, changing, becoming otherwise. Whatever cause and condition there is for the arising of eye-consciousness, that cause, that condition, too, is impermanent, changing and becoming otherwise. How can eye-consciousness, arisen in dependence on an impermanent condition, be permanent, monks?

That concurrence, that meeting, that togetherness of these three things, monks, is called eye-contact. Even the eye-contact, monks is impermanent, changing, becoming otherwise. Whatever cause and condition there is for the arising of eye-contact, that cause and condition, too, is impermanent, changing and becoming otherwise. How can eye-contact, arisen in dependence on an impermanent condition, be permanent, monks?

Contacted, monks, one feels, contacted one intends, contacted one perceives. Thus these things, too, are unstable, evanescent, impermanent, changing and becoming otherwise."

The *Sutta* proceeds in this way, stressing the impermanence of the other sense-spheres as well, the ear, the nose, the tongue, the body and the mind. The entire discourse vibrates with the tone of impermanence.

It is the law of dependent arising that the Buddha presents here with reference to the six sense-spheres. In other words, how the world gets built up. It is not founded on stable existing things, but on what is impermanent, unstable and changing, whose nature is to become otherwise. This is how the entire perception of the world is built up. Its foundation is always crumbling, changing and transforming.

Generally, in the discourse dealing with the question of sense-restraint, one comes across the phrase *na nimittaggāhi nānuvyañjanaggāhī*, "he doesn't grasp a sign nor does he dwell on its details".^[796] The tendency to grasp a sign in regard to the objects of the six senses is the result of the perception of permanence. Due to the perception of permanence, there is a grasping of signs, and due to that grasping of signs, influxes flow in. Proliferations through craving, conceits and views get heaped up. This is how our world is constructed. This is the way the aggregates of attachment get accumulated. On the other hand, the contemplation of impermanence that leads to the signless concentration is helpful in freeing the mind from these signs.

The reflection on an object can be of two types. Where there is a perception of permanence, the tendency is to grasp the object tenaciously and hang on to it. This pervert tendency is known as *parāmasana*. It is impelled by the triple proliferations of craving, conceits and views. Under its influence one is carried away by prolific perceptions, *papañcasaññā*, and is kept under the sway of worldly concepts and designations born of prolific perceptions, *papañcasaññāsankhā*.

On the contrary, the perception of impermanence fosters a detached and observant attitude in reflection, which is known as *sammāsana*. It is that healthy attitude which progressively leads to the liberation of the mind from the influence of signs, and attenuates the prolific tendencies to craving, conceits and views. This kind of reflection is the harbinger of insight. Contemplation of impermanence on these lines effectively puts an end to this entire mass of *saṃsāric* suffering, as

is evident from the following powerful declaration by the Buddha in the *Khandhasaṃyutta*.

Aniccasañña, bhikkhave, bhāvitā bahulikatā sabbaṃ kāmarāgaṃ pariyādiyati, sabbaṃ rūparāgaṃ pariyādiyati, sabbaṃ bhavarāgaṃ pariyādiyati, sabbaṃ avijjaṃ pariyādiyati, sabbaṃ asmimānaṃ pariyādiyati samūhanati. [\[797\]](#)

"The perception of impermanence, monks, when developed and intensively practised, extirpates all sensual lust, extirpates all lust for forms, extirpates all lust for existence, extirpates all ignorance and extirpates and eradicates the conceit 'am'."

The contemplation of impermanence, therefore, strikes at the very root of this entire mass of *saṃsāric* suffering. The discourse on the dyad, quoted above, amply illustrates this fact. The recurrent terms like *cala*, "unstable", and *vaya*, "evanescent", in the passage, indicate that the entire superstructure of sensory knowledge is founded on certain pervert attitudes. An imperceptible impermanence underlies it.

In a number of sermons we had to bring up the simile of the motion picture. The simile is not our own, but only a modernization of a canonical simile used by the Buddha himself. The point of divergence was the question the Buddha had addressed to the monks in the *Gaddulasutta*.

Diṭṭhaṃ vo, bhikkhave, caraṇaṃ nāma cittaṃ? [\[798\]](#) "Monks, have you seen a picture called a movie?" The monks answer in the affirmative, and so the Buddha proceeds:

Tampi kho, bhikkhave, caraṇaṃ nāma cittaṃ citteneva cintitaṃ. Tena pi kho, bhikkhave, caraṇena citta cittaññeva cittataraṃ. "Monks, that picture called a movie is something thought out by the mind. But the thought itself, monks, is even more picturesque than that picture."

To say that it is more picturesque is to suggest its variegated character. Thought is intrinsically variegated. We have no idea what sort of a motion picture was there at that time, but the modern day movie has a way of concealing impermanence by the rapidity of projections of the series of pictures on the screen. The rapidity itself gives an impression of permanence, which is a perversion, *vipallāsa*.

The movie is enjoyable because of this perversion. Due to the perception of permanence, there is a grasping of signs, and in the wake of it influxes flow in, giving rise to proliferation, due to which one is overwhelmed by reckonings born of prolific conceptualization, *papañcasaññāsaṅkhā*. That is how one enjoys a film show. All this comes about as a result of ignorance, or lack of awareness of the cinematographic tricks concealing the fleeting, vibrating and evanescent nature of the scenes on the screen.

Though we resort to such artificial illustrations, by way of a simile, the Buddha declares that actually it is impossible to give a fitting simile to illustrate the rapidity of a thought process. Once he proclaimed: *Upamā pi na sukarā yāva lahuparivattaṃ cittaṃ,* [\[799\]](#) "it is not easy even to give a simile to show how rapidly thought changes".

Sometimes the Buddha resorts to double entendre to bring out piquantly some deep idea. He puns on the word *citta*, "thought" or "picture", in order to suggest the 'picturesque' or variegated nature of thought, when he asserts that thought is more picturesque, *cittatara*, than the picture. We can see that it is quite reasonable in the light of the *Dvayamsutta*. It is this series of picturesque

formations that gives us a perception of permanence, which in turn is instrumental in creating a world before our eyes.

Our eye changes every split second. It is quivering, vibrating and transient. So also are the forms. But there is a malignantly pervert idea, ingrained in *saṃsāric* beings, known as the perception of permanence in the impermanent, *anicce nīccasaññā*, which prevents them from seeing the inherent transience of eye and forms. That is how the six spheres of sense create a world before us.

It is the substructure of this sense created world that the Buddha has revealed to us in this particular discourse on impermanence. The substructure, on analysis, reveals a duality, *dvayaṃ, bhikkhave, paṭicca viññāṇaṃ sambhoti*, "dependent on a dyad, monks, arises consciousness".

Consciousness is not something substantial and absolute, like the so-called soul. That is precisely the point of divergence for Buddhism, when compared with those religious systems which rely on soul theories.

In the *Dhamma* there is mention of six consciousnesses, as *cakkhuvīññāṇa, sotavīññāṇa, ghānavīññāṇa, jivhāvīññāṇa, kāyavīññāṇa* and *manovīññāṇa*, eye-, ear-, nose-, tongue-, body- and mind-consciousness. Everyone of these consciousnesses is based on a dyad. Just as in the case of eye-consciousness we are given the formula beginning with *cakkhuñca paṭicca rūpe ca*, "dependent on eye and forms", so with regard to ear-consciousness we get *sotañca paṭicca sadde ca*, "dependent on ear and sounds", and so on. Even when we come to mind-consciousness, the theme is the same, *manañca paṭicca dhamme ca*, "dependent on mind and mind-objects". Mind also is vibrating, changing and transforming with extreme rapidity every moment. So are the objects of the mind.

The entire world is structured on these vibrant, transient and evanescent basic elements. That is the burden of this powerful discourse of the Buddha. Therefore, if someone developed the contemplation of impermanence to the highest degree and brought his mind to the signless state, having started from the sign itself, it goes without saying that he has realized the cessation of the world. That is, the experience of *Nibbāna*.

It is, at the same time, the cessation of proliferation, *papañcanirodha*. Prolific conceptualization is founded on the perception of permanence, whereby one comes under the sway of reckonings born of prolific perceptions, *papañcasaññāsaṅkhā*. Proliferation creates things, giving rise to the antinomian conflict. Duality masquerades behind it.

It is by mistaking the impermanent eye and the impermanent forms as permanent that the whole confusion has come about. One imagines the eye and forms as permanent and thereby becomes blind to their momentary change and transience. The glue of craving and intoxicating influxes create a facade of a real world before him. That is the world we touch with our hands and see with our eyes. All this exposes the insubstantial nature of this world.

The products of the six sense-bases can be summed up by the four terms *diṭṭha, suta, muta* and *viññāta*, things seen, heard, sensed and cognized. The *Dvayamsutta* brings to light the fact that all these four are insubstantial and coreless. Due to this very fact, the *Tathāgata* who realized the cessation of the six sense-bases, was confronted with the stupendous problem of mediating with the world that could not even imagine the frightful prospect of a cessation of the six sense-bases. That is to say, when he reached the state of non-proliferation, *nippapañca*, by experiencing the cessation of the world through the cessation of the six sense-bases, the *Tathāgata* had to grapple with the serious problem of

truth and falsehood in mediating with the world.

There is an extremely important discourse connected with the idea of the void, *suññatāpaṭisaṃyutta*, which echoes this epistemological crisis, in the section of the Fours in the *Aṅguttara Nikāya*, entitled *Kāḷakārāmasutta*. This *Kāḷakārāmasutta* was preached by the Buddha to the congregation of monks at the *Kāḷaka* monastery in the city of *Sāketā*. The discourse, though brief, is one that is extremely deep in its presentation of the idea of the void.

Before getting down to an exposition of this discourse, by way of sketching its historical background, we may mention a few things. Apart from the mention of the venue, nothing much could be gleaned from the discourse itself as to how it was inspired. The commentaries, however, relate the episode of *Cūḷasubhaddhā*, daughter of *Anāthapiṇḍika*, to explain the context in which the discourse was preached.

Cūḷasubhaddhā, who was a stream-winner, *sotāpannā*, was given in marriage to the son of the millionaire *Kāḷaka* of *Sāketā*, a devout follower of Nigaṇṭha Nātaputta. *Cūḷasubhaddhā* managed to convert him by inviting the Buddha to *Sāketā* and getting *Kāḷaka* to listen to the *Dhamma*. After his conversion, he built a monastery in his park and offered it to the Buddha.

The commentary says that a group of five-hundred newly ordained monks of *Sāketā* gathered in this *Kāḷaka* monastery and were speaking in praise of the Buddha, marvelling at his extraordinary feat of converting the millionaire and the inhabitants of *Sāketā*. It was at this juncture that the Buddha came and addressed this deep discourse to those monks. According to the commentary, the discourse was so profound that at five points of the sermon the earth shook miraculously and at the end of the sermon all the five-hundred monks who listened to it attained *arahant*-hood.

It is chronicled in the history of Buddhism that, during the great missionary movement initiated by the emperor *Asoka*, Venerable *Mahārakkhita* was sent to convert the country of the *Yonakas*. The very first sermon he preached there was based on this *Kāḷakārāmasutta*, on hearing which thirty-seven-thousand attained fruits of the noble path. If the identification of the *Yonakas* with the Greeks is correct, the choice of this deeply philosophical discourse is understandable.

According to the chronicles and the commentaries, another significant occasion in which the *Kāḷakārāmasutta* served as a theme was when *Kālabuddharakkhita Thera* gave an all-night sermon on the dark night of the new-moon *Poya* day, seated under the black Timbaru tree at *Cetiya Pabbata* in Sri Lanka. King *Saddhātissa* was also present in the audience.

The fact that this discourse was held in high esteem is evident from its historical background. As in the case of many other deep discourses, here too we are faced with the problem of variant readings. Even the commentator is at a loss to conclude and editors go their own way. We have to wade through the variant readings to make some sense out of the discourse as it is handed down. Let us now take up the relevant portions of this abstruse discourse.

Yaṃ, bhikkhave, sadevakassa lokassa samārakassa sabrahmakassa sassamaṇabrāhmaṇiyā pajāya sadevamanussāya diṭṭhaṃ suttaṃ mutaṃ viññātaṃ pattaṃ pariyesitaṃ anuvaritaṃ manasā, taṃ ahaṃ jānāmi.

Yaṃ, bhikkhave, sadevakassa lokassa samārakassa sabrahmakassa sassamaṇabrāhmaṇiyā pajāya sadevamanussāya diṭṭhaṃ suttaṃ mutaṃ viññātaṃ pattaṃ pariyesitaṃ anuvaritaṃ manasā, taṃ ahaṃ abhaññāsiṃ. Taṃ tathāgatassa viditaṃ, taṃ tathāgato na upaṭṭhāsi.

Yaṃ, bhikkhave, sadevakassa lokassa samārakassa sabrahmakassa sassamaṇabrāhmaṇiyā pajāya sadevamanussāya diṭṭhaṃ suttaṃ mutaṃ viññātaṃ pattaṃ pariyesitaṃ anuvicariṭṭhaṃ manasā, taṃ ahaṃ 'na jānāmi' ti vadeyyaṃ, taṃ mama assa musā, taṃ ahaṃ 'jānāmi ca na ca jānāmi' ti vadeyyaṃ, taṃ p' assa tādisam eva, taṃ ahaṃ 'neva jānāmi na na jānāmi' ti vadeyyaṃ, taṃ mama assa kali.

Iti kho, bhikkhave, tathāgato diṭṭhā daṭṭhabbaṃ diṭṭhaṃ na maññati, adiṭṭhaṃ na maññati, daṭṭhabbaṃ na maññati, daṭṭhāraṃ na maññati. Sutā sotabbaṃ suttaṃ na maññati, asuttaṃ na maññati, sotabbaṃ na maññati, sotāraṃ na maññati. Mutā motabbaṃ mutaṃ na maññati, amuttaṃ na maññati, motabbaṃ na maññati, motāraṃ na maññati. Viññātā viññātappaṃ viññātaṃ na maññati, aviññātaṃ na maññati, viññātappaṃ na maññati, viññātāraṃ na maññati.

Iti kho, bhikkhave, tathāgato diṭṭha-sutta-mutta-viññātappesu dhammesu tādī, yeva tādī tamhā ca pana tādimhā añño tādī uttaritaro vā paṇītataro vā n' atthi' ti vadāmi.

*Yaṃ kiñci diṭṭhaṃ va suttaṃ mutaṃ vā,
ajjhosiṭṭhaṃ saccamuttaṃ paresaṃ,
na tesu tādī saya saṃvutesu,
saccaṃ musā vā pi paraṃ daheyyaṃ.*

*Etañca sallaṃ paṭigacca disvā,
ajjhositā yattha pajā visattā,
jānāmi passāmi tath' eva etaṃ,
ajjhosiṭṭhaṃ n' atthi tathāgatānaṃ. [\[800\]](#)*

"Monks, whatsoever in the world, with its gods, *Māras* and Brahmas, among the progeny consisting of recluses and Brahmins, gods and men, whatsoever is seen, heard, sensed, cognized, thought after and pondered over by the mind, all that do I know.

Monks, whatsoever in the world, with its gods, *Māras* and Brahmas, among the progeny consisting of recluses and Brahmins, gods and men, whatsoever is seen, heard, sensed, cognized, thought after and pondered over by the mind, that have I fully understood. All that is known to the *Tathāgata*, but the *Tathāgata* has not taken his stand upon it.

If I were to say, monks, whatsoever in the world, with its gods, *Māras* and Brahmas, among the progeny consisting of recluses and Brahmins, gods and men, whatsoever is seen, heard, sensed, cognized, thought after and pondered over by the mind, all that I do not know, it would be a falsehood in me. If I were to say I both know it and know it not, that too would be a falsehood in me. If I were to say I neither know it nor am ignorant of it, it would be a fault in me.

Thus, monks, a *Tathāgata* does not imagine a visible thing as apart from seeing, he does not imagine an unseen, he does not imagine a thing worth seeing, he does not imagine a seer. He does not imagine an audible thing as apart from hearing, he does not imagine an unheard, he does not imagine a thing worth hearing, he does not imagine a hearer. He does not imagine a thing to be sensed as apart from sensation, he does not imagine an unsensed, he does not imagine a thing worth sensing, he does not imagine one who senses. He does not imagine a cognizable thing as apart from cognition, he does not imagine an uncognized, he does not imagine a thing worth cognizing, he does not imagine one who cognizes.

Thus, monks, the *Tathāgata*, being such in regard to all phenomena, seen,

heard, sensed and cognized, is such. Moreover than he who is such there is none other higher or more excellent, I declare.

Whatever is seen, heard, sensed,
Or clung to and esteemed as truth by other folk,
Midst those who are entrenched in their own views,
Being such, I hold none as true or false.

This barb I beheld well in advance,
Whereon mankind is hooked impaled,
I know, I see, 'tis verily so,
No such clinging for the *Tathāgatas*."

In the first statement the Buddha declares that he knows, *tam ahaṃ jānāmi*, whatever is seen, heard, sensed, cognized, thought after and pondered over by all beings in the world, and that is the sum total of the knowledge acquired through the six sense-bases.

In the second statement he affirms that the knowledge he has is of a higher order, *tam ahaṃ abhaññāsim*, that amounts to an understanding, *taṃ tathāgatassa viditaṃ*, by virtue of which he does not take his stand upon it, he has no stance, *taṃ tathāgato na upaṭṭhāsi*.

The third statement flows from this detached perspective. It is to the effect that the *Tathāgata* cannot disclaim knowledge, despite his detached attitude, as it would be tantamount to prevarication in the eyes of the world, *taṃ mama assa musā*.

The fourth statement highlights the same incongruity, because the *Tathāgata* placed in this awkward situation cannot compromise by both claiming and disclaiming knowledge at the same time, *tam ahaṃ 'jānāmi ca na ca jānāmi'ti vadeyyaṃ, taṃ p' assa tādisam eva*.

As the fifth statement makes it clear, the *Tathāgata* does not deem it fit to wriggle out by neither claiming nor disclaiming knowledge of sense-data.

Then comes the declaration as to how the *Tathāgata* treats this body of sensory knowledge of the worldling. "Thus, monks, a *Tathāgata* does not imagine a visible thing as apart from the seen", *iti kho, bhikkhave, tathāgato diṭṭhā daṭṭhabbaṃ diṭṭhaṃ na maññati*.

We have come across the terms *diṭṭha, suta, muta, viññāta* quite often, for instance in our discussion of the *Bāhiyasutta* in the context *diṭṭhe diṭṭhamattaṃ bhavissati, sute sutamattaṃ bhavissati, mute mutamattaṃ bhavissati, viññāte viññātamattaṃ bhavissati*, "in the seen there will be just the seen, in the heard there will be just the heard, in the sensed there will be just the sensed, in the cognized there will be just the cognized."^[801]

In common parlance, the word 'seen' connotes something seen. But here we have something more radical, avoiding substantialist insinuations. It is just the seen in the seen, implied by *diṭṭha*, in this context too. The *Tathāgata* takes it just as a seen, without imagining that there is something substantial worthwhile seeing, as apart from it, *diṭṭhā daṭṭhabbaṃ diṭṭhaṃ na maññati*.

We are already familiar with the term *maññanā*, having discussed it in such discourses as the *Mūlapariyāyasutta* and the *Bāhiyasutta*.^[802] It stands for imaginings, prompted by cravings, conceits and views. The *Tathāgata* is free from

such imaginings. He does not imagine a thing worthwhile seeing apart from the seen, nor does he imagine an unseen, *aditṭhaṃ na maññati*. The phenomenon of seeing is not denied.

The phrase *daṭṭhabbaṃ na maññati* conveys the idea that the *Tathāgata* does not imagine that there is something worth seeing, that there is something essential in it. *Daṭṭhāraṃ na maññati*, he does not imagine a seer or one who sees. He does not project an agent into the phenomenon by taking seriously the subject-object relationship.

With regard to the heard, *suta*, the sensed, *muta*, and the cognized, *viññāta*, too, the *Tathāgata* has no such imaginings. Then, in summing up it is said: *Iti kho, bhikkhave, tathāgato diṭṭha-suta-muta-viññātabbesu dhammesu tādī, yeva tādī*, "thus, monks, the *Tathāgata*, being such in regard to all phenomena, seen, heard, sensed and cognized, is 'such'."

The term *tādī*, too, came up in a number of our earlier sermons.^[803] We rendered it by "such". It stands for the quality of steadfastness of the *arahant* in remaining unshaken by the eight worldly vicissitudes. His mainstay, in this respect, is *atammayatā*, or non-identification. He is such because he does not grasp any of those things as 'mine'. So he is 'such' in regard to whatever is seen, heard, sensed and cognized. There is no one who is higher or more excellent than this such-like-one in point of suchness. Then comes a couplet of verses, presenting the gist of the sermon.

Our rendering of the sermon is in need of further explication. Though it gives a general idea, some words and phrases in the original have far reaching implications. The basic idea behind the series of declarations made is the extraordinary change of attitude towards the question of speculative views, which marks off the *Tathāgata* from all his contemporaries. He took a completely different turn, transcending the extremes of eternalism and annihilationism. This difference of attitude is revealed by the riddle like statements in the first part of the discourse. One gets the impression that the *Tathāgata* was confronted with a problematic situation of the highest order.

The first statement is to the effect that the *Tathāgata* knows whatever in the world with its gods, *Māras* and Brahmas, among the progeny consisting of recluses and Brahmins, gods and men, is seen, heard, sensed, cognized, thought after and pondered over by the mind.

The second statement asserts that the *Tathāgata* has a higher understanding of all that. All the same, he takes no stance in regard to whatever is seen, heard, sensed and cognized.

This might appear as a riddle. Usually when one has a higher understanding of something, one is inclined to take one's stand upon it. But here we have a denial. The discourse bears some resemblance to the tetralemma we had discussed earlier.^[804] But there seems to be a difference here, in the formulation of the first proposition of the tetralemma.

Normally the first proposition amounts to an unqualified assertion of the affirmative standpoint. In this case, however, we find the statement that the *Tathāgata* not only knows all what the world knows, but that he has a higher understanding of it, *abhaññāsim*. It is precisely because he has a higher understanding that he takes no stance in regard to it.

This might appear problematic, but let us remind ourselves of the two levels of understanding mentioned in the *Mūlapariyāyasutta*, discussed earlier, namely *sañjānāti* and *abhijānāti*. As an instance of the first level of understanding, we get

the following passage in that discourse in regard to the untaught ordinary person, *assutavā puthujjano*:

Paṭhaviṃ paṭhavito sañjānāti. Paṭhaviṃ paṭhavito saññatvā paṭhaviṃ maññati, paṭhaviyā maññati, paṭhavito maññati, 'paṭhaviṃ me'ti maññati, paṭhaviṃ abhinandati.^[805] "He perceives earth as 'earth'. Having perceived earth as 'earth', he imagines 'earth' as such, he imagines 'on the earth', he imagines 'from the earth', he imagines 'earth is mine', he delights in earth."

The untaught ordinary person has a perceptual knowledge of earth, *sañjānāti*. That, too, is a level of knowledge. It is in fact the lowest grade of knowing. The untaught ordinary person can do no better than perceive earth as earth.

Having perceived earth as earth, he takes it seriously by its face value and goes on imagining by way of craving, conceit and views, granting it object-status. He imposes the grammatical superstructure on it. He imagines 'on the earth', he imagines 'from the earth', he imagines 'earth is mine', he delights in earth. This, then, is the lowest grade of knowledge.

On the other hand, about the *Tathāgata*'s level of understanding, the *Mūlapariyāyasutta* has the following description:

Paṭhaviṃ paṭhavito abhijānāti, paṭhaviṃ paṭhavito abhiññāya paṭhaviṃ na maññati, paṭhaviyā na maññati, paṭhavito na maññati, 'paṭhaviṃ me'ti na maññati, paṭhaviṃ nābhinandati. "He understands through higher knowledge earth as 'earth', having understood through higher knowledge earth as 'earth', he does not imagine earth to be 'earth', he does not imagine 'on the earth', he does not imagine 'from the earth', he does not imagine 'earth is mine', he does not delight in earth."

The *Tathāgata*, who has a higher knowledge of earth, as suggested by the word *abhijānāti*, does not entertain imaginings by taking earth at its face value. He is not carried away by the grammatical structure to imagine in such terms as 'on the earth' and 'from the earth'.

In the present context, too, the same distinction in grades of knowledge is evident. Firstly, the *Tathāgata* says: "All that do I know, that have I fully understood. All that is known to the *Tathāgata*." It is precisely because of this full understanding that he has not taken his stand upon it. He has no stance in regard to all that. This is the gist of the first paragraph of the discourse, which sounds more or less a paradox. It is because of this apparently queer state of affairs that the *Tathāgata* had to confess that it would be a falsehood on his part to say: "All that I do not know".

If someone asks whether it is because he does not know that he takes no stance, he cannot say: "Yes". As a matter of fact, it is precisely because he has understood that he takes no stance. But the worldlings are of the opinion that knowledge of a thing entitles one to assert it dogmatically.

To say "I both know it and know it not" or "I neither know it nor am ignorant of it" would also be mistaken by the world as a prevarication or equivocation. The first paragraph of the discourse has to be understood in this light.

The commentary has it that the earth shook at five points in the discourse. According to it the three significant terms *jānāmi*, *abhaññāsiṃ* and *viditaṃ*, "I know", "I have fully understood", all that is "known" to the *Tathāgata* represent a plane of omniscience, *sabbaññutabhūmi*, peculiar to a Buddha.^[806] Even at the end of this proclamation of omniscience, it is said the earth shook as a mark of approbation.

Then the phrase *na upaṭṭhāsi*, "does not take his stand upon it", is interpreted by the commentary as indicating the plane of the influx-free one, *khīṇāsavabhūmi*. Why the *Tathāgata* has no stance in regard to sensory data is said to be due to his freedom from influxes. He does not grasp them by way of craving, conceit and views. He does not take his stand upon things seen, heard, sensed and cognized. He has no inclination or clinging towards them.

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MIND STILLED 25

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santaṃ, etaṃ paṇītaṃ, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ.*^[807]

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks. This is the twentyfifth sermon in the series of sermons on *Nibbāna*. The other day we made an attempt to understand, in the light of the *Kāḷakārāmasutta*, the enlightened attitude of the *Tathāgata*, who has realized the cessation of the six bases of sense-contact, towards the view-points of the worldlings, who find themselves confined within those six bases.

In that discourse, the Buddha declared with the words *tam ahaṃ jānāmi*, "I all that do I know",^[808] the fact that he has understood all what the world with its gods, *Māras* and Brahmas, and the progeny consisting of recluses and Brahmins, gods and men, have seen, heard, sensed, cognized, thought after and pondered over by the mind.

By his next assertion *tam ahaṃ abbhaññāsīṃ*, the Buddha proclaimed that he not only knows all that, but knows it thoroughly in some special way. With the words *taṃ tathāgatassa viditaṃ*, he declares that by virtue of this special knowledge he has understood all what the world claims to know. Despite this special knowledge and understanding, the *Tathāgata* takes no stance and has no inclination or partiality towards those sensory data, as is evident from the expression *taṃ tathāgato na upaṭṭhāsi*.

Worldlings in general are in the habit of asserting dogmatically 'I know, I see, it is verily so', *jānāmi passāmi tath' eva etaṃ*,^[809] when they have a special knowledge or understanding of something or other. But according to this discourse, it seems that the Buddha takes no stance and has no inclination or partiality towards those sensory data, precisely because he has a special knowledge and understanding with regard to them. This fact is highlighted by the concluding summary verses, particularly by the lines:

*Jānāmi passāmi tath' eva etaṃ,
ajjhositaṃ n' atthi tathāgatānaṃ.*

I know, I see, 'tis verily so. No such clinging for the Tathāgatas. In order to explain this strange difference of attitude, we quoted the other day two significant terms from the *Mūlapariyāyasutta* of the *Majjhima-nikāya*, namely *sañjānāti* and *abhijānāti*. They represent two levels of knowledge in the context of that particular discourse.

Sañjānāti stands for perceptual knowledge, whereas *abhijānāti* conveys the idea of some special understanding of a higher order. The level of knowledge implied by the term *sañjānāti* is that which characterizes the ordinary worldling's world view. He is deluded by the mirage-like perception in his view of the world and goes on imagining, *maññanā*, a real world enslaved to the patterns of the grammatical structure.

But the *Tathāgata* has penetrated into the true nature of those seens, hears, sensed and the like, with his extraordinary level of higher knowledge, *abhiññā*, yielding full comprehension. Therefore, he does not take his stand upon any of them. He has no stance to justify the usage of the term *upaṭṭhāsi*, since he does not entertain imaginings, *maññanā*.

What is called *maññanā* is the imagining in egoistic terms, imparting reality to illusory things. It is this principle of refraining from vain imaginings that is indicated by the term *na upaṭṭhāsi*, "does not take his stand upon".

Tathāgatas have no clinging or entanglement, *ajjhositam*, precisely because they entertain no imaginings. In regard to things seen, heard, etc. the *Tathāgatas* have no clinging, binding or entanglement by way of craving, conceit and views, respectively.

We happened to mention the other day that those peculiar declarations, with which the *Kālakārāmasutta* opens, bear some resemblance to the tetralemma discussed in our treatment of the undetermined points. [\[810\]](#)

The set of four alternative propositions concerning the *Tathāgata*'s after death state may be cited as a paradigm for the tetralemma.

- 1) *Hoti tathāgato paraṃ maraṇā*,
"the *Tathāgata* exists after death";
- 2) *na hoti tathāgato paraṃ maraṇā*,
"the *Tathāgata* does not exist after death";
- 3) *hoti ca na ca hoti tathāgato paraṃ maraṇā*,
"the *Tathāgata* both exists and does not exist after death";
- 4) *n'eva hoti na na hoti tathāgato paraṃ maraṇā*,
"the *Tathāgata* neither exists nor does not exist after death". [\[811\]](#)

The declarations found in this discourse bear some affinity to the above-mentioned tetralemma. However, we find here the Buddha making the first declaration in several stages. Firstly, he makes the statement that whatever is seen, heard, sensed, and cognized, thought after and pondered over by all beings in the world, that he knows.

In the second statement he affirms that he has a higher knowledge of all that. Then comes a sentence which reaffirms that the *Tathāgata* has understood, but ends with the statement "the *Tathāgata* does not take his stand upon it".

Generally, when confronted with the tetralemma, the Buddha summarily dismisses all the four alternative propositions. But here the peculiarity is in not

dismissing the first proposition at once. He declares that he knows, that he has a higher knowledge, and that he has understood all that.

Apparently he is affirming the first proposition, granting the validity of sensory data. But then comes the concluding statement to the effect that he does not take his stand upon them, *na upaṭṭhāsi*, which amounts to a negation.

The secret behind this peculiar presentation will emerge when we bring up the proper similes and parables. Till then, what can be gleaned from the context is that the *Tathāgata* has no stance, not because he is ignorant, but due to the very fact that he knows full well and has understood the nature of the sum total of sensory data.

The worldlings are prone to think that it is when convincing knowledge is lacking that one has no such stance. But the Buddha declares here that he takes no stance in regard to what is seen, heard, sensed etc., precisely because he has a special understanding, a penetrative knowledge of the essence-lessness of the data obtained through the six sense-bases.

So it seems, in this context too, we have the negation of the first alternative, as is usual in the case of a tetralemma, only that the negation is expressed here in a very peculiar way. Let us now take up the second declaration.

Yaṃ, bhikkhave, sadevakassa lokassa samārakassa sabrahmakassa sassamaṇabrāhmaṇiyā pajāya sadevamanussāya diṭṭhaṃ suttaṃ mutaṃ viññātaṃ pattaṃ pariyesitaṃ anuvaritaṃ manasā, taṃ ahaṃ 'na jānāmi'ti vadeyyaṃ, taṃ mama assa musā.

"If I were to say, monks, whatsoever in the world, with its gods, *Māras* and Brahmas, among the progeny consisting of recluses and Brahmins, gods and men, whatsoever is seen, heard, sensed, and cognized, thought after and pondered over by the mind, all that I do not know, it would be a falsehood in me."

There is a difference of opinion as to the correct reading of this second declaration. Deep *Suttas* often present difficulties in determining the exact reading, and this is especially the case with the *Kāḷakārāmasutta*.

In this instance, the commentary has followed the reading *taṃ ahaṃ 'jānāmi'ti vadeyyaṃ, taṃ mama assa musā*, "if I were to say 'that I know', it would be a falsehood in me". But as we have pointed out earlier, this reading is not meaningful.^[812] That is probably why the *Chaṭṭhasaṅgīti-piṭaka* edition has followed the variant reading *taṃ ahaṃ 'na jānāmi'ti vadeyyaṃ*, "if I were to say 'that I do not know'. This departure from the commentarial tradition seems justifiable, since the Buddha has already declared that he knows all that.

It stands to reason, therefore, that in the second declaration he makes it clear that to say 'I do not know' would be a contradiction, a falsehood. But why this clarification?

Generally the worldlings expect one to unequivocally assert and take one's stand upon one's viewpoint in categorical terms, as expressed by the dictum *idam eva saccaṃ, moghaṃ aññaṃ*, "this alone is true, all else is false".^[813] Failure to do so is recognized as a lack of knowledge or precision. The second declaration is meant to forestall such an objection, since the first declaration ends with the clause *taṃ tathāgato na upaṭṭhāsi*, but "the *Tathāgata* has not taken his stand upon it". So it amounts to a statement like 'it is not because I do not know that I take no stance'. In the same strain, we can explain the declarations that follow.

It seems, then, that the second declaration *taṃ ahaṃ 'na jānāmi'ti vadeyyaṃ, taṃ mama assa musā*, "if I were to say, 'all that I do not know', it would be a

falsehood in me", amounts to the second alternative of the tetralemma.

The next declaration follows the same trend. To quote the relevant portion, *tam ahaṃ 'jānāmi ca na ca jānāmī'ti vadeyyaṃ, taṃ p' assa tādisam eva*, "if I were to say 'I both know it and do not know it', that too would be a falsehood in me".

In regard to the aforesaid sees, hears, sensed etc., if I were to say that I know, I do not know, or even a combination of both those statements as 'I both know and do not know', it would be a falsehood on my part. Why? Because the world is accustomed to put down such a vacillation to a lack of certitude. To say 'I both know it and know it not' looks like a confession of partial knowledge, since it can mean knowledge and ignorance going fifty-fifty. So the Buddha says, in this instance, too, that it would likewise be a falsehood, *taṃ p' assa tādisam eva*.

Now we come to the fourth statement. The Buddha declares, "if I were to say 'I neither know it, nor am ignorant of it', it would be a fault in me", *tam ahaṃ 'neva jānāmi na na jānāmī'ti vadeyyaṃ, taṃ mama assa kali*.

We can understand that position, too. Generally the worldlings think that a refusal to make a categorical statement is either due to partial knowledge, or to an attitude of wriggling out. In fact, this attitude of wriggling out had already assumed the status of a philosophy in itself in *Sañjaya Belaṭṭhiputta*, a contemporary of the Buddha.

When he was interrogated, he would respond with such a series of negations like "I do not say it is, I do not say it is thus, I do not say it is otherwise, nor do I say it is neither", etc.^[814] The attempt here is to evade the issue by a sort of 'eel-wriggling'. That school of philosophy, which resorted to such an evasive legerdemain, came to be known as *amarā-vikkhepa-vāda*. The Buddha refuses to subscribe to such tactical sophistry by rejecting the fourth alternative 'I neither know it, nor am ignorant of it'.

Here, then, we have the same tetralemma, presented in a different guise. It smacks of a riddle that the Buddha was confronted with - the riddle of coming to terms with worldly parlance. As we have already mentioned, the commentary analyses the main theme of the discourse into five planes. It also records that the earth shook at five points of the discourse, that is, at the end of the proclamation for each plane.^[815]

According to the commentary, the first plane is the plane of omniscience, *sabbaññutabhūmi*. The phrases representative of that plane are said to be *tam ahaṃ jānāmi*, "that I know", *tam ahaṃ abbaññāsīṃ*, "that have I fully understood", and *taṃ tathāgatassa viditaṃ*, "that is known to the *Tathāgata*".

Then comes the plane of the influx-free one, *khīṇāsavabhūmi*, represented by the section ending with the phrase *na upaṭṭhāsi*, "does not take his stand upon it". It is so called because that phrase brings out the characteristic of not taking a stance by way of cravings, conceits and views in the case of an influx-free one.

The three phrases *taṃ mama assa musā*, "it would be a falsehood on my part", *taṃ p' assa tādisam eva*, "likewise, that too would be a falsehood in me", and *taṃ mama assa kali*, "it would be a fault in me", are interpreted by the commentary as representing the third plane of truth, *saccabhūmi*. We have now dealt with that, too.

What comes next as the fourth plane is the deepest of all. The commentary calls it the plane of the void, *suññatābhūmi*. It is with good reason that it is so called. The paragraph that follows is said to represent that plane; it runs:

Iti kho, bhikkhave, tathāgato diṭṭhā daṭṭhabbaṃ diṭṭhaṃ na maññati, adiṭṭhaṃ na

maññati, daṭṭhabbaṃ na maññati, daṭṭhāraṃ na maññati. Sutā sotabbaṃ sutāṃ na maññati, asutaṃ na maññati, sotabbaṃ na maññati, sotāraṃ na maññati. Mutā motabbaṃ mutaṃ na maññati, amutaṃ na maññati, motabbaṃ na maññati, motāraṃ na maññati. Viññātā viññātabbaṃ viññātaṃ na maññati, aviññātaṃ na maññati, viññātabbaṃ na maññati, viññātāraṃ na maññati.

Here, too, we are confronted with the question of variant readings. To begin with, here we have given the phrase *diṭṭhā daṭṭhabbaṃ diṭṭhaṃ*, whereas the commentary takes it as *daṭṭhā daṭṭhabbaṃ diṭṭhaṃ*. According to the commentary, *daṭṭhā* is a hypothetical variant of the absolutive form *disvā*, for it paraphrases '*daṭṭhā daṭṭhabban' ti disvā daṭṭhabbaṃ*,^[816] that is, "*daṭṭhā daṭṭhabbaṃ* stands for *disvā daṭṭhabbaṃ*. So the whole sentence in question is said to convey the sense "having seen, he does not imagine a seen worth seeing". But the variant reading *diṭṭha* is granted, though the commentator prefers the reading *daṭṭha* as it is suggestive of an absolutive *dṛṣṭvā*.

Taking the cue from this commentarial preference, the Burmese *Chaṭṭhasaṅgī* edition goes a step further in substituting *sutvā*, *mutvā* and *viññatvā* rather arbitrarily to give an absolutive twist to the three phrases that follow as *sutvā sotabbaṃ sutāṃ*, *mutvā motabbaṃ mutaṃ*, and *viññatvā viññātabbaṃ viññātaṃ*. Probably the editors thought that in this context the terms *diṭṭha suta muta* and *viññāta* could not be interpreted as they are.

But we may point out that, in keeping with the line of interpretation we have followed so far, these three terms may be said to stand for an extremely deep dimension of this discourse, dealing with the void. The other day we simply gave a sketch of a possible rendering.

The statement *diṭṭhā daṭṭhabbaṃ diṭṭhaṃ na maññati* has to be interpreted as an assertion that the *Tathāgata* "does not imagine a sight worthwhile seeing as apart from the seen", that there is nothing substantial in the seen. So also the other statements, *sutā sotabbaṃ sutāṃ na maññati*, "does not imagine a worthwhile hearing apart from the heard"; *mutā motabbaṃ mutaṃ na maññati*, "does not imagine a worthwhile sensing apart from the sensed"; *viññātā viññātabbaṃ viññātaṃ na maññati*, "does not imagine a worthwhile cognition apart from the cognized".

In case our interpretation still appears problematic, we may hark back to the *Bāhiyasutta* we have already explained at length.^[817] The philosophy behind the Buddha's exhortation to the ascetic *Bāhiya* could be summed up in the words *diṭṭhe diṭṭhamattaṃ bhavissati, sute sutamattaṃ bhavissati, mute mutamattaṃ bhavissati, viññāte viññātamattaṃ bhavissati*,^[818] "in the seen there will be just the seen, in the heard there will be just the heard, in the sensed there will be just the sensed, in the cognized there will be just the cognized".

What is meant is that one has to stop at just the seen, without discursively imagining that there is some-'thing' seen, some-'thing' substantial behind the seen. Similarly in regard to the heard, one has to take it as just a heard, not some-'thing' heard.

In the case of the phrase *diṭṭhā daṭṭhabbaṃ diṭṭhaṃ na maññati* the word *diṭṭhā*, being in the ablative case, we may render it as "does not imagine a sight worthwhile seeing 'as apart from' the seen". By way of further clarification of this point, we may revert to the simile of the dog on the plank, which we gave in our explanation of *nāma-rūpa*.^[819] The simile, of course, is not canonical, but of fable origin.

When a dog, while crossing a stream, stops halfway on the plank and starts

wagging its tail and peeping curiously down, the reason is the sight of its own image in the water. It imagines a dog there, a 'water-dog'. The dog thinks that there is something worthwhile seeing, apart from the seen.

It is unaware of the fact that it is seeing what it sees because it is looking. It thinks that it is looking because there is something out there to be seen. The moment it realizes that it is seeing because it is looking, it will stop looking at its own image in the water.

We have here a very subtle point in the law of dependent arising, one that is integral to the analysis of name-and-form. So, then, due to the very ignorance of the fact that it is seeing because it is looking, the dog imagines another dog, there, in the water. What is called *maññanā* is an imagining of that sort.

No such imagining is there in the *Tathāgata, diṭṭhā daṭṭhabbam diṭṭham na maññati*, "he does not imagine a sight worth seeing as apart from the seen". In short, for him the seen is the be all and the end all of it.

The seen is dependently arisen, it comes about due to a collocation of conditions, apart from which it has no existence per se. Every instance of looking down at the water is a fresh experience and every time an image of the dog in the water and of another looking at it is created. The dog is seeing its own image. Everything is dependently arisen, *phassapaccayā*, says the *Brahmajāla-sutta*, "dependent on contact".^[820]

Here there is something really deep. It is because of the personality-view, *sakkāyadiṭṭhi*, that the world is carried away by this illusion. One goes on looking saying that one is doing so as there is something to be seen. But the seen is there because of the looking.

This, then, is the moral behind the statement *diṭṭhā daṭṭhabbam diṭṭham na maññati*, "does not imagine a seen worthwhile seeing as apart from the seen itself". This is the dictum implicit in the *Bāhiya-sutta*, too, which could be illustrated by the simile of the dog on the plank. The *Tathāgata* does not imagine a sight as existing from the bare act of seeing.

If further illustrations are needed, let us take the case of hearing music from a distance. One imagines a thing called 'music' and with the idea of listening to the same music goes to the place where the music is going on. One is not aware of the fact that at each step in that direction one is hearing a different music. Why? Because one is ignorant of the law of dependent arising. Just as in the former case the dog seen is dependent on the dog looking, here too, the auditory consciousness of a music is the outcome of a dependence between ear and sound.

So, deluded as he is, he goes to the music hall to listen better to the same music. He will realize the extent of his delusion if he happens to put his ear to the musical instrument. When he does so, he will hear not a music, but a set of crude vibrations. But this is what is going on in the world. The world is steeped in the delusion of imagining that it is the same music one is hearing, though at each step in that direction the music changes. This is due to the fact that it is dependently arisen. Actually, there is no person hearing, but only a state of affairs dependent on the ear and sound, a conditioned arising dependent on contact. In the present textual context, the terms *diṭṭha suta muta* and *viññāta*, seen, heard, sensed and cognized, have to be understood in this light.

So this is how the phrase *diṭṭhā daṭṭhabbam diṭṭham na maññati* has to be interpreted. But the commentary does not seem to have appreciated the relevance of this paragraph to the Buddha's teachings on voidness. While commenting on *diṭṭham na maññati* it expatiates '*ahaṃ mahājanena diṭṭhameva passāmīti*

taṇhāmānadiṭṭhīhi na maññati. According to it, what is meant is that the *Tathāgata* does not imagine by way of cravings, conceits and views that he is seeing just what the common people have seen. This is an oversimplification, a rather shallow interpretation.

The next phrase, *adiṭṭhaṃ na maññati*, is similarly explained, '*adiṭṭhaṃ na maññatīti 'ahaṃ mahājanena adiṭṭhameva etaṃ passāmī ti evampi taṇhādihi maññanāhi na maññati*, "he does not imagine an unseen" means that the *Tathāgata* does not imagine by way of imaginings through craving etc. that he is seeing something unseen by the common people. The commentary, it seems, has gone at a tangent, bypassing the deeper sense.

We have already explained the deeper significance of the phrase, *diṭṭhaṃ na maññati*, "does not imagine a seen". Now what does *adiṭṭhaṃ na maññati* mean?

In terms of our simile of the dog on the plank, *diṭṭhaṃ na maññati* means that the *Tathāgata* does not imagine a dog in the water. *Adiṭṭhaṃ na maññati* could therefore mean that the *Tathāgata* does not imagine that the dog has not seen. Why he does not treat it as an unseen should be clear from that declaration we had already cited, ending with *tam ahaṃ 'na jānāmīti vadeyyaṃ, taṃ mama assa musā*, "if I were to say 'that I do not know', it would be a falsehood in me".

The fact of seeing is not denied, though what is seen is not taken as a dog, but only as an image of one, that is dependently arisen. Since the understanding of it as a dependently arisen phenomenon is there, the *Tathāgata* does not imagine an unseen either, *adiṭṭhaṃ na maññati*.

The phrase *daṭṭhabbaṃ na maññati*, is also explicable in the light of the foregoing discussion. Now, the dog on the plank keeps on looking down at the water again and again because it thinks that there is something worthwhile seeing in the water. Such a delusion is not there in the *Tathāgata*. He knows that at each turn it is a phenomenon of a seen dependently arisen, dependent on contact, *phassapaccayā*.

Every time it happens, it is a fresh sight, a new preparation, *saṅkhāra*. So there is nothing to look for in it. Only a looking is there, nothing worth looking at. Only a seeing is there, nothing to be seen. Apart from the bare act of hearing, there is nothing to be heard. It is the wrong view of a self that gives a notion of substantiality. The above phrase, therefore, is suggestive of insubstantiality, essencelessness, and voidness.

Music is just a word. By taking seriously the concept behind that word, one imagines a thing called 'music'. The pandemonium created by a number of musical instruments is subsumed under the word 'music'. Then one goes all the way to listen to it. The same state of affairs prevails in the case of the seen. It is because the *Tathāgata* has understood this fact that he does not imagine a thing worth seeing or hearing. The same applies to the other sensory data.

Then comes the phrase *daṭṭhāraṃ na maññati*, "does not imagine a seer". Here we have the direct expression of voidness - the voidness of a self or anything belonging to a self. Now that dog on the plank has not understood the fact that there is a mutual relationship between the looking dog and the seen dog. It is because of the looking dog that the seen dog is seen. There is a conditioned relationship between the two.

In other words, dependent on eye and forms arises eye-consciousness, *cakkhuñca paṭicca rūpe ca uppajjati cakkhuvīññāṇaṃ*.^[821] The mere presence of the eye is not enough for eye-consciousness to arise, but dependent on eye and forms, arises eye-consciousness.

Though stated simply, it has a depth that is not easy to fathom. To say that it is dependent on eye and form is to admit that it is dependently arisen. The law of dependent arising is already implicated. There is therefore no seer, apart from the phenomenon of seeing, according to the *Tathāgata*. He does not imagine a seer, *daṭṭhāraṃ na maññati*. For the worldling, the bare act of seeing carries with it a perception of 'one who sees'. He has a notion of a self and something belonging to a self.

The same teaching is found in the *Bāhiya-sutta*. After instructing *Bāhiya* to stop at just the seen, the heard, the sensed and the cognized, the Buddha goes on to outline the end result of that training.

Yato kho te, Bāhiya, diṭṭhe diṭṭhamattaṃ bhavissati, sute sutamattaṃ bhavissati, mute mutamattaṃ bhavissati, viññāte viññātamattaṃ bhavissati, tato tvaṃ Bāhiya na tena. Yato tvaṃ Bāhiya na tena, tato tvaṃ Bāhiya na tattha. Yato tvaṃ Bāhiya na tattha, tato tvaṃ Bāhiya nev' idha na huraṃ na ubhayamantarena. Es' ev' anto dukkhassa. [\[822\]](#)

"And when to you, *Bāhiya*, there will be in the seen just the seen, in the heard just the heard, in the sensed just the sensed, in the cognized just the cognized, then, *Bāhiya*, you are not by it. And when, *Bāhiya*, you are not by it, then, *Bāhiya*, you are not in it. And when, *Bāhiya*, you are not in it, then, *Bāhiya*, you are neither here nor there nor in between. This, itself, is the end of suffering."

That is to say, when, *Bāhiya*, you have gone through that training of stopping at just the seen, the heard, the sensed and the cognized, then you would not be imagining in terms of them. The algebraic - like expressions *na tena* and *na tattha* have to be understood as forms of egoistic imagining, *maññanā*.

When you do not imagine in terms of them, you would not be in them. There would be no involvement in regard to them. In the case of that music, for instance, you would not be in the orchestra. The egoistic imagining, implicating involvement with the music, presupposes a hearer, *sotaraṃ*, dwelling in the orchestra.

When, *Bāhiya*, you do not dwell in it, *yato tvaṃ Bāhiya na tattha*, then, *Bāhiya*, you are neither here, nor there, nor in between the two, *tato tvaṃ Bāhiya nev' idha na huraṃ na ubhayamantarena*. This itself is the end of suffering. In other words, you would have realized voidness, *suññatā*.

The expression *daṭṭhāraṃ na maññati*, "does not imagine a seer"; *sotāraṃ na maññati*, "does not imagine a hearer"; *motāraṃ na maññati*, "does not imagine a sensor"; and *viññātāraṃ na maññati*, "does not imagine a knower", have to be understood in this light. The *Tathāgata* does not even imagine a thinker apart from thought. This is the plane of the void, *suññatābhūmi*, the perfect realization of the corelessness or essencelessness of the seen, the heard, the sensed and the cognized.

The very absence of *maññanā*, or "egoistic imagining", is to be understood by *suññatābhūmi*, or "the plane of the void". The worldling takes seriously the subject-object relationship in the grammatical structure, as it seems the simplest explanation of phenomena. Because there is something to be seen, there is someone who sees. Because there is someone who sees, there is something to be seen.

There is a duality between these two. To understand the law of dependent arising is to be free from this duality. It is the ability to see a concatenation of conditions, a conglomeration of causal factors - an assemblage instead of a

bifurcation.

The way of the worldlings, however, is to follow the subject-object relationship, a naive acceptance of the grammatical structure, which is the easiest mode of communication of ideas. They are misled by it to take seriously such notions as 'one who sees' and a 'thing seen', 'one who hears' and a 'thing heard', but the *Tathāgata* is free from that delusion. Now we come to the fifth section of the discourse, known as *tādibhūmi*, the "plane of the such". It runs:

Iti kho, bhikkhave, tathāgato diṭṭha-suta-muta-viññātabbesu dhammesu tādī yeva tādī, tamhā ca pana tādīmhā añño tādī uttaritaro vā paṇītatara vā n' atthī'ti vadāmi.

"Thus, monks, the *Tathāgata*, being such in regard to all phenomena, seen, heard, sensed and cognized, is such. Moreover than he who is such there is none other higher or more excellent, I declare."

The most difficult word, here, is *tādī*. We have already explained it to some extent. It can be rendered by "such" or "thus". The commentary explains it by the phrase *tādītā nāma ekasadisatā*,^[823] "suchness means to be always alike".

By way of illustration, the commentary states *Tathāgato ca yādiso lābhādīsu, tādīsova alābhādīsu*, "as he is in regard to gain etc., so is the *Tathāgata* in regard to loss etc.". The allusion here is to the eight worldly vicissitudes, gain/loss, fame/ill-fame, praise/blame, and pleasure/pain.^[824]

But this explanation is rather misleading, as it ignores a certain deep dimension of the meaning of the term *tādī*. When it is said "as he is in regard to gain, so is he in regard to loss", one can ask: 'how is he in regard to gain?' This is imprecise as a meaning.

However, the commentator happens to quote from the *Mahāniddeśa* another explanation, which is more to the point. It is briefly stated as *iṭṭhāniṭṭhe tādī*, "such in regard to the desirable and the undesirable"; and explained as *lābhēpi tādī, alābhēpi tādī, yasepi tādī, ayasepi tādī, nindāyapi tādī, paṣaṃsāyapi tādī, sukhepi tādī, dukkhepi tādī*,^[825] "he is such in gain as well as in loss, he is such in fame as well as in ill-fame ..." etc. That is the correct explanation. Instead of saying "as he is in gain, so is he in loss", we have here a continuous suchness in regard to all vicissitudes. He is such in gain as well as in loss, he is such in fame as well as in ill-fame, he is such in praise as well as in blame, he is such in pleasure as well as in pain.

The reason for this suchness we have explained on an earlier occasion.^[826] In one sense, the term *tādī* stands for the understanding of the norm called *tathatā*. The other implication is the abstinence from the tendency towards identification or acquisition, meant by *tammayatā*. This exemplary trait is called *atammayatā*. This is an extremely important term, occurring in the discourses, which, however, has fallen into neglect at present.

In the case of music, for instance, *tammayatā* would imply an attachment to it that amounts to an identification with it. *Tammayo* means "made of that", as in *suvaṇṇamaya*, "made of gold", and *rajamaya*, "made of silver". To be free from this *tammayatā*, is to be *tādī*, "such", that is to say, not to be of that stuff, *atammayatā*. The attitude of not leaning on or grasping is meant by it.

The quality of being *tādī*, or "such", is often rendered by "firmness", "steadfastness", and "immovability". Generally, one associates firmness, immovability or stability with holding on or leaning on. But here we have just the contrary. Not to hold on to anything, is to be 'such'. This suchness has a flexibility of a higher order, or an adaptability. The adaptability characteristic of

the sage who lives on *piṇḍapāta*, or alms-food, is highlighted in the following verse:

*Alatthaṃ yadidaṃ sādhu,
nālatthaṃ kusalāṃ iti,
ubhayeneva so tādī,
rukkhaṃ va upanivattati.*^[827]

"Suppose I got it, well and good,
Suppose I didn't get, that's fine too,
In both circumstances he is such,
And comes back [like one who walks up to a]tree."

This kind of adaptability and resilience is also implied by the term *tādī*. Though the term is sometimes rendered by the word "steadfast", it does not stand for any rigidity. Instead, it carries implications of a non-rigid resilience.

This is a wonderful quality in *Tathāgatas* and *arahants*. We may compare it to a revolving swing in a children's playground. One who is seated in a revolving swing has nothing to get upset about falling headlong when the swing goes up. The seats are hung in such a way that they also turn with the revolving motion of the swing. Had they been rigidly fixed, one seated there would fall off the seat when it goes up. It is that kind of resilience that is characteristic of the quality of *tādītā*, or "suchness". This is how we have to understand the famous lines in the *Mahāmaṅgalasutta*.

*Phuṭṭhassa lokadhammehi,
cittam yassa na kampati,*^[828]

"Whose mind remains unshaken,
When touched by worldly vicissitudes."

This quality of being unshaken, this immovability, is the result of not grasping. It comes when there is no tenacious clinging. It is to one who rests on or leans on something that there is dislodgement or instability.

Now I am leaning on the wall, if someone does damage to the wall, I would get shaken, that is what is suggested by the axiom *nissitassa calitaṃ, anissitassa calitaṃ n'atthi*, "to one who is attached, there is dislodgement, to the one detached, there is no dislodgement".^[829] The worldling, on the other hand, thinks that to lean on or to rely on something is the mark of stability.

So it seems that the term *tādī* has an extraordinary dimension of meaning. In this particular context, however, the suchness spoken of does not concern the eight worldly vicissitudes like gain and loss. Here it carries a special nuance as is evident from the statement:

Iti kho, bhikkhave, tathāgato diṭṭha-suta-muta-viññātabbesu dhammesu tādī yeva tādī. "Thus, monks, the *Tathāgata*, being such in regard to all phenomena, seen, heard, sensed and cognized, is such."

The suchness here meant is about the views adhered to by the worldlings. In regard to things seen, heard, sensed and cognized, the worldlings go on asserting dogmatically *idam eva saccaṃ, mogham aññaṃ*, "this alone is true, all else is false". But the *Tathāgata* has no such dogmatic involvement. He only analytically exposes them for what they are.

As we tried to illustrate by the simile of the dog on the plank, the *Tathāgata* simply penetrates into their dependently arisen nature and declares that all those views are dependent on contact, *phassapaccayā*. That is the *tādī* quality meant here. If we are to understand the plane of suchness, *tādībhūmi*, in a deeper sense, this is how we have to appreciate its significance. Now we come to the couplet forming the grand finale to the *Kāḷakārāmasutta*.

*Yaṃ kiñci diṭṭhaṃ va suttaṃ mutaṃ vā,
ajjhosiṭtaṃ saccamutaṃ paresaṃ,
na tesu tādī sayasaṃvutesu,
saccaṃ musā vā pi paraṃ daheyyaṃ.*

*Etañca sallaṃ paṭigacca disvā,
ajjhositā yattha pajā visattā,
jānāmi passāmi tath' eva etaṃ,
ajjhosiṭtaṃ n' atthi tathāgatānaṃ.*

In the first verse, we have the difficult term *sayasaṃvutesu*, which we rendered by "amidst those who are entrenched in their own views". The term carries insinuations of philosophical in-breeding, which often accounts for dogmatic adherence to views. The *Tathāgata* declares that he does not hold as true or false any of the concepts of individual truths based on what is seen, heard, sensed and cognized by others, because of his suchness. Being such, he does not categorically label any of those views as true or false. He penetrates into and analyses the psychological background of all those dogmatic views and understands them as such.

In the final verse, he declares that he has seen well in advance "the barb on which mankind is hooked impaled". The barb is none other than the dogmatic assertion, 'I know, I see, it is verily so'. Having seen this barb, well in advance, the *Tathāgata* entertains no dogmatic involvement of that sort.

The precise meaning of some words and phrases here is a matter of controversy. A discussion of them might throw more light on their deeper nuances. The most difficult term seems to be *sayasaṃvuta*. The commentary gives the following explanation:

*'Sayasaṃvutesu'ti 'sayameva saṃvaritvā piyāyitvā gahitagahaṇesu diṭṭhigatikesū'ti attho. Diṭṭhigatikā hi 'sayaṃ saṃvutā'ti vuccanti.^[830] 'Sayasaṃvutesu means among those dogmatic view-holders, who have grasped those views, having recollected them and cherished them. Dogmatic view-holders are called *sayasaṃvuta*.'*

According to the commentary, the term *sayasaṃvuta* refers to persons who hold dogmatic views. But we interpreted it as a reference to such views themselves.

By way of clarification, we may allude to some discourses in the *Aṭṭhakavagga* of the *Suttanipāta*, which bring up a wealth of material to substantiate the salient points in the *Kāḷakārāmasutta*, while throwing more light on the particular term in question. The chapter called *Aṭṭhakavagga* in the *Suttanipāta* in particular embodies a deep analysis of the controversies among contemporary dogmatists.

Let us, first of all, take up for comment some verses that throw more light on the meaning of the term *sayasaṃvuta* from the *Cūḷaviyūhasutta*. That discourse unfolds itself in the form of question and answer. The commentary explains, that this medium of dialogue was adopted by the Buddha to resolve the clash of

philosophical moot points current in the society, and that the interlocutor is a replica of the Buddha himself, created by his psychic power.^[831] Be that as it may, the relevant question for the present context is presented as follows.

*Kasmā nu saccāni vadanti nānā,
pavādiyāse kusalā vadānā,
saccāni su tāni bahūni nānā,
udāhu te takkam anussaranti.*^[832]

"Why do they proclaim various truths,
Claiming to be experts each in his field,
Are there several and various truths,

Or do they merely follow logical consistency?" ¶The Buddha's reply to it is as follows.

*Na h'eva saccāni bahūni nānā,
aññatra saññāya niccāni loke,
takkañ ca diṭṭhīsu pakappayitvā,
'saccaṃ musā 'ti dvayadhammam āhu.*

"There are no several and various truths,
That are permanent in the world, apart from perception,
It is by manipulating logic in speculative views,
That they speak of two things called 'truth and falsehood'."

There is no plurality in the concept of truth, apart from the perception based on which they declare various speculative views. It seems that the Buddha grants the possibility of various levels of perception as a truth for all times, though he does not accept a plurality of truths, arising out of a variety of speculative views based on them.

He understands the psychology of logic, having seen penetratively the perceptual background of each and every view. He accepts as a psychological fact that such and such a perception could precipitate such and such a view. Therefore, in a limited or relative sense, they are 'true'.

The dichotomy between truth and falsehood has arisen in the world due to a manipulation of logic on individual viewpoints. This fact comes up for further comment in the *Mahāvīyūhasutta* that follows.

*Sakaṃ hi dhammaṃ paripuṇṇam āhu,
aññasssa dhammaṃ pana hīnaṃ āhu,
evam pi viggayha vivādiyanti,
sakaṃ sakaṃ sammutim āhu sacaṃ.*^[833]

This verse describes how debating parties go on clashing with each other. They call their own system of thought perfect, and the other system of thought inferior. Thus they quarrel and dispute. Their own individual viewpoint they assert as true. The phrase *sakaṃ sakaṃ sammutim*, "each his own viewpoint", is somewhat suggestive of *sayasaṃvutesu*, the problematic term in the *Kālakārāmasutta*.

Yet another verse from the *Pasūrasutta* in the *Aṭṭhakavagga* exposes the biases and prejudices underlying these individual truths.

'Idh' eva suddhi' iti vādiyanti,
nāññesu dhammesu visuddhim āhu,
yaṃ nissitā tattha subhaṃ vadānā,
paccekasaccesu puthū nivitṭhā.^[834]

"'Here in this system is purity', they assert polemically,
They are not prepared to grant purity in other systems of thought,
Whatever view they lean on, that they speak in praise of,
They are severally entrenched in their own individual truths."

The last line is particularly relevant, as it brings up the concept of *paccekasacca*. To be a *Paccekabuddha* means to be enlightened for oneself. So the term *paccekasacca* can mean "truth for oneself". Those who hold conflicting views go on debating entrenched each in his own concept of truth.

The three expressions *pacekasacca*, *sakaṃ sakaṃ sammutim* and *sayasaṃvutesu* convey more or less the same idea. The words *tesu sayasaṃvutesu* refer to those narrow viewpoints to which they are individually confined, or remain closeted in. The *Tathāgata* does not hold as true or false any of those views limited by the self-bias.

Another lapse in the commentary to the *Kāḷakārāmasutta* is its comment on the phrase *paraṃ daheyyaṃ*. It takes the word *paraṃ* in the sense of "supreme", *uttamaṃ katvā*, whereas in this context it means "the other". Here, too, we may count on the following two lines of the *Cūḷaviyūhasutta* of the *Suttanipāta* in support of our interpretation.

Yen' eva 'bālo 'ti paraṃ dahāti,
tenātumānaṃ 'kusalo 'ti cāha.^[835]

"That by which one dubs the other a fool,
By that itself one calls oneself an expert".

From this it is clear that the phrase *paraṃ dahāti* means "dubs another". The last two lines of the *Kāḷakārāmasutta* are of utmost importance.

Jānāmi passāmi tath' eva etaṃ,
ajjhositaṃ n' atthi tathāgatānaṃ.

"I know I see, it is verily so,
No such clinging for the *Tathāgatas*."

Worldlings dogmatically grasp the data heaped up by their six sense-bases, but the *Tathāgatas* have no such entanglements in regard to sensory knowledge. Why so? It is because they have seen the cessation of the six sense-bases.

By way of illustration, we may compare this seeing of the cessation of the six sense-bases to an exposure of the inner mechanism of a high-speed engine by removing the bonnet. In the *Dvayamsutta*, from which we quoted in our last sermon, the Buddha showed us the functioning of the gigantic machine called the six-fold sense-base, its vibrations, revolutions, beats and running gears. The discourse analyses the mechanism in such words as.

Cakkhu aniccaṃ vipariṇāmi aññathābhāvi. Rūpā aniccā vipariṇāmino
aññathābhāvino. Itthetaṃ dvayaṃ calañceva vyayañca aniccaṃ vipariṇāmi
aññathābhāvi.^[836]

"Eye is impermanent, changing, becoming otherwise. Forms are impermanent, changing, becoming otherwise. Thus this dyad is unstable, evanescent, impermanent, changing, becoming otherwise."

The discourse proceeds in this vein and concludes with the words:

Phuṭṭho, bhikkhave, vedeti, phuṭṭho ceteti, phuṭṭho sañjānāti. Itthete pi dhammā calā ceva vayā ca aniccā vipariṇāmino aññathābhāvino.

"Contacted, monks, one feels, contacted one intends, contacted one perceives. Thus these things, too, are unstable, evanescent, impermanent, changing and becoming otherwise."

The concluding reference is to the products of the six sense-bases. Feelings, intentions and perceptions, arising due to contact, are also unstable, evanescent, impermanent, changing and becoming otherwise.

The sum total of percepts is indicated by the words *diṭṭha suta muta* and *viññāta*. The totality of percepts are made up or 'prepared', *saṅkhata*. The term *saṅkhata* has nuances suggestive of 'production'. If we take the six-fold sense-base as a high-speed machine, productive of perceptions, the Buddha has revealed to us the workings of its intricate machinery. Each and every part of this machine is unstable, evanescent, impermanent, changing and becoming otherwise.

The Buddha understood the made up or prepared nature, *saṅkhata*, of all these, as well as the preparations, *saṅkhārā*, that go into it. That is why the Buddha has no dogmatic involvement in regard to the products of this machine, the totality of all what is seen, heard, sensed and cognized, *diṭṭha suta muta viññāta*. None of them is substantial. They are essenceless and insubstantial. There is nothing worthwhile grasping here as apart from the activities or preparations that are dynamic in themselves.

So far we have tried to understand the state of affairs with reference to this discourse. But now let us take up a canonical simile that facilitates our understanding. The Buddha has compared consciousness to a magic show in the *Pheṇapiṇḍūpamasutta* of the *Khandhasaṃyutta* we had already cited.^[837]

*Pheṇapiṇḍūpamaṃ rūpaṃ,
vedanā bubbuḷūpamā,
marīcikūpamā saññā,
saṅkhārā kadalūpamā,
māyūpamañca viññāṇaṃ,
dīpitādiccabandhunā.*

"Form is like a mass of foam,
And feeling but an airy bubble,
Perception is like a mirage,
And formations a banana trunk,
Consciousness is a magic show [a juggler's trick entire],
[All these similes] were made known by the kinsman of the sun."

As a matter of fact, the verse itself is a mnemonic summary of a certain sermon delivered by the Buddha. According to it, the Buddha, the kinsman of the sun, has compared form to a mass of foam, feeling to a water bubble, perception to a mirage, preparations to a banana trunk, and consciousness to a magic show.

What is of relevance to us here is the comparison of consciousness to a magic show. The simile of the magic show is presented in that *Sutta* in the following words:

Seyyathāpi, bhikkhave, māyākāro vā māyākārantevāsī vā cātummahāpathe māyaṃ vidamseyya. Tam enaṃ cakkhumā puriso passeyya nijjhāyeyya yoniso upaparikkheyya. Tassa taṃ passato nijjhāyato yoniso upaparikkhato rittakaññeva khāyeyya tucchakaññeva khāyeyya asārakaññeva khāyeyya. Kiñhi siyā, bhikkhave, māyāya sāro?

Evam eva kho, bhikkhave, yaṃ kiñci viññāṇaṃ atītānāgatapaccuppannaṃ, ajjhattaṃ vā bahiddhā vā, oḷārikaṃ vā sukhumāṃ vā, hīnaṃ vā paṇītaṃ vā, yaṃ dūre santike vā, taṃ bhikkhu passati nijjhāyati yoniso upaparikkhati. Tassa taṃ passato nijjhāyato yoniso upaparikkhato rittakaññeva khāyati tucchakaññeva khāyati asārakaññeva khāyati. Kiñhi siyā, bhikkhave, viññāṇe sāro?

"Suppose, monks, a magician or a magician's apprentice should hold a magic show at the four cross-roads and a keen-sighted man should see it, ponder over it and reflect on it radically. Even as he sees it, ponders over it and reflects on it radically, he would find it empty, he would find it hollow, he would find it void of essence. What essence, monks, could there be in a magic show?"

Even so, monks, whatever consciousness, be it past, future or present, in oneself or external, gross or subtle, inferior or superior, far or near, a monk sees it, ponders over it and reflects on it radically. And even as he sees it, ponders over it and reflects on it radically, he finds it empty, he finds it hollow, he finds it void of essence. What essence, monks, could there be in a consciousness?"

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MIND STILLED 26

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

Etaṃ santaṃ, etaṃ paṇītaṃ, yadidaṃ sabbasaṅkhārasamatho sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ.^[838]

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks. This is the twenty-sixth sermon in the series of sermons on *Nibbāna*.

Even from what we have so far explained, it should be clear that the *Kāḷakārāmasutta* enshrines an extremely deep analysis of the concepts of truth and falsehood, generally accepted by the world. We had to clear up a lot of jungle to approach this discourse, which has suffered from neglect to such an extent, that it has become difficult to determine the correct one out of a maze of variant readings. But now we have exposed the basic ideas underlying this discourse through semantic and etymological explanations, which may even appear rather academic. The task before us now is to assimilate the deep philosophy the Buddha

presents to the world by this discourse in a way that it becomes a vision.

The *Tathāgata* who had an insight into the interior mechanism of the six-fold sense-base, which is the factory for producing dogmatic views that are beaten up on the anvil of logic, *takkapariyāhata*, was confronted with the problem of mediation with the worldlings, who see only the exterior of the six-fold sense-base.

In order to facilitate the understanding of the gravity of this problem, we quoted the other day an extract from the *Pheṇapiṇḍūpamasutta* of the *Khandhasaṃyutta* where consciousness is compared to a magical illusion.

Seyyathāpi, bhikkhave, māyākāro vā māyākārantevāsī vā cātummahāpathe māyaṃ vidamseyya, taṃ enaṃ cakkhumā puriso passeyya nijjhāyeyya yoniso upaparikkheyya. Tassa taṃ passato nijjhāyato yoniso upaparikkhato rittakaññ' eva khāyeyya tucchakaññ' eva khāyeyya asārakaññ' eva khāyeyya. Kiñhi siyā, bhikkhave, māyāya sāro.

Evaṃ eva kho, bhikkhave, yaṃ kiñci viññāṇaṃ atītānāgatapaccuppannaṃ, ajjhataṃ vā bahiddhā vā, oḷārikaṃ vā sukhumāṃ vā, hīnaṃ vā paṇītaṃ vā, yaṃ dūre santike vā, taṃ bhikkhu passati nijjhāyati yoniso upaparikkhati. Tassa taṃ passato nijjhāyato yoniso upaparikkhato rittakaññ' eva khāyati tucchakaññ' eva khāyati asārakaññ' eva khāyati. Kiñhi siyā, bhikkhave, viññāṇe sāro.^[839]

"Suppose, monks, a magician or a magician's apprentice should hold a magic show at the four crossroads and a keen sighted man should see it, ponder over it and reflect on it radically. Even as he sees it, ponders over it and reflects on it radically, he would find it empty, he would find it hollow, he would find it void of essence. What essence, monks, could there be in a magic show?"

Even so, monks, whatever consciousness, be it past, future or present, in oneself or external, gross or subtle, inferior or superior, far or near, a monk sees it, ponders over it and reflects on it radically. Even as he sees it, ponders over it and reflects on it radically, he would find it empty, he would find it hollow, he would find it void of essence. What essence, monks, could there be in consciousness?"

So for the Buddha, consciousness is comparable to a magic show. This is a most extraordinary exposition, not to be found in any other philosophical system, because the soul theory tries to sit pretty on consciousness when all other foundations are shattered. But then, even this citadel itself the Buddha has described in this discourse as essenceless and hollow, as a magical illusion. Let us now try to clarify for ourselves the full import of this simile of the magic show.

A certain magician is going to hold a magic show in some hall or theatre. Among those who have come to see the magic show, there is a witty person with the wisdom eye, who tells himself: 'Today I must see the magic show inside out!' With this determination he hides himself in a corner of the stage, unseen by others. When the magic show starts, this person begins to discover, before long, the secrets of the magician, his deceitful stock-in-trade - counterfeits, hidden strings and buttons, secret pockets and false bottoms in his magic boxes. He observes clearly all the secret gadgets that the audience is unaware of. With this vision, he comes to the conclusion that there is no magic in any of those gadgets.

Some sort of disenchantment sets in. Now he has no curiosity, amazement, fright or amusement that he used to get whenever he watched those magic shows. Instead he now settles into a mood of equanimity. Since there is nothing more for him to see in the magic show, he mildly turns his attention towards the audience. Then he sees the contrast. The entire hall is a sea of craned necks, gaping mouths

and goggle-eyes with 'Ahs' and 'Ohs' and whistles of speechless amazement. At this sorry sight, he even feels remorseful that he himself was in this same plight before. So in this way he sees through the magic show - an 'insight' instead of a 'sight'.

When the show ends, he steps out of the hall and tries to slink away unseen. But he runs into a friend of his, who also was one of the spectators. Now he has to listen to a vivid commentary on the magic show. His friend wants him to join in his appreciation, but he listens through with equanimity. Puzzled by this strange reserved attitude, the friend asks:

"Why, you were in the same hall all this time, weren't you?"

"Yes, I was."

"Then were you sleeping?"

"Oh, no."

"You weren't watching closely, I suppose."

"No, no, I was watching it all right, maybe I was watching too closely."

"You say you were watching, but you don't seem to have seen the show."

"No, I saw it. In fact I saw it so well that I missed the show."

The above dialogue between the man who watched the show with discernment and the one who watched with naive credulity should give a clue to the riddle-like proclamations of the Buddha in the *Kālakārāmasutta*. The Buddha also was confronted with the same problematic situation after his enlightenment, which was an insight into the magic show of consciousness.

That man with discernment hid himself in a corner of the stage to get that insight. The Buddha also had to hide in some corner of the world stage for his enlightenment. The term *paṭisallāna*, "solitude", has a nuance suggestive of a hide-away. It is in such a hide-away that the Buddha witnessed the interior of the six-fold sense-base. The reason for his equanimity towards conflicting views about truth and falsehood in the world, as evidenced by this discourse, is the very insight into the six sense-bases.

First of all, let us try to compare our parable with the discourse proper. Now the Buddha declares:

Yaṃ, bhikkhave, sadevakassa lokassa samārakassa sabrahmakassa sassamaṇabrāhmaṇiyā pajāya sadevamanussāya diṭṭhaṃ suttaṃ mutaṃ viññātaṃ pattaṃ pariyesitaṃ anuvicariṭaṃ manasā, taṃ ahaṃ jānāmi.

Yaṃ, bhikkhave, sadevakassa lokassa samārakassa sabrahmakassa sassamaṇabrāhmaṇiyā pajāya sadevamanussāya diṭṭhaṃ suttaṃ mutaṃ viññātaṃ pattaṃ pariyesitaṃ anuvicariṭaṃ manasā, taṃ ahaṃ abhaññāsiṃ. Taṃ tathāgatassa viditaṃ, taṃ tathāgato na upaṭṭhāsi. [\[840\]](#)

"Monks, whatsoever in the world, with its gods, Māras and Brahmas, among the progeny consisting of recluses and Brahmins, gods and men, whatsoever is seen, heard, sensed, cognized, sought after and pondered over by the mind, all that do I know.

Monks, whatsoever in the world, with its gods, *Māras* and Brahmas, among the progeny consisting of recluses and Brahmins, gods and men, whatsoever is seen, heard, sensed, cognized, sought after and pondered over by the mind, that have I fully understood. All that is known to the *Tathāgata*, but the *Tathāgata* has not

taken his stand upon it."

Here the Buddha does not stop after saying that he knows all that, but goes on to declare that he has fully understood all that and that it is known to the *Tathāgata*. The implication is that he has seen through all that and discovered their vanity, hollowness and essencelessness. That is to say, he not only knows, but he has grown wiser. In short, he has seen the magic show so well as to miss the show.

Unlike in the case of those worldly spectators, the released mind of the *Tathāgata* did not find anything substantial in the magic show of consciousness. That is why he refused to take his stand upon the sense-data, *taṃ tathāgato na upatthāsi*, "the *Tathāgata* has not taken his stand upon it". In contrast to the worldly philosophers, the *Tathāgatas* have no entanglement with all that, *ajjhositam n' atthi tathāgatānaṃ*.

The dialogue we have given might highlight these distinctions regarding levels of knowledge. It may also throw more light on the concluding statement that forms the gist of the discourse.

Iti kho, bhikkhave, tathāgato diṭṭhā daṭṭhabbam diṭṭham na maññati, adiṭṭham na maññati, daṭṭhabbam na maññati, daṭṭhāraṃ na maññati. Sutā sotabbam sutam na maññati, asutam na maññati, sotabbam na maññati, sotāraṃ na maññati. Mutā motabbam mutam na maññati, amutam na maññati, motabbam na maññati, motāraṃ na maññati. Viññātā viññātabbam viññātam na maññati, aviññātam na maññati, viññātabbam na maññati, viññātāraṃ na maññati.

"Thus, monks, a *Tathāgata* does not imagine a visible thing as apart from seeing, he does not imagine an unseen, he does not imagine a thing worth seeing, he does not imagine a seer. He does not imagine an audible thing as apart from hearing, he does not imagine an unheard, he does not imagine a thing worth hearing, he does not imagine a hearer. He does not imagine a thing to be sensed as apart from sensation, he does not imagine an unsensed, he does not imagine a thing worth sensing, he does not imagine one who senses. He does not imagine a cognizable thing as apart from cognition, he does not imagine an uncognized, he does not imagine a thing worth cognizing, he does not imagine one who cognizes."

It is like the hesitation of that man with discernment who, on coming out of the hall, found it difficult to admit categorically that he had seen the magic show. Since the *Tathāgata* had an insight into the mechanism of the six-fold sense-base, that is to say, its conditioned nature, he understood that there is no one to see and nothing to see - only a seeing is there.

The dictum of the *Bāhiyasutta* "in the seen just the seen", *diṭṭhe diṭṭhamattam*,^[841] which we cited the other day, becomes more meaningful now. Only a seeing is there. Apart from the fact of having seen, there is nothing substantial to see. There is no magic to see. *Diṭṭhā daṭṭhabbam diṭṭham na maññati*, he does not imagine a sight worthwhile apart from the seen. There is no room for a conceit of having seen a magic show.

On the other hand, it is not possible to deny the fact of seeing, *adiṭṭham na maññati*. He does not imagine an unseen. Now that friend was curious whether this one was asleep during the magic show, but that was not the case either.

Daṭṭhabbam na maññati, the *Tathāgata* does not imagine a thing worthwhile seeing. The equanimity of that witty man was so much that he turned away from the bogus magic show to have a look at the audience below. This way we can understand how the *Tathāgata* discovered that there is only a seen but nothing

worthwhile seeing.

Likewise the phrase *daṭṭhāraṃ na maññati*, he does not imagine a seer, could also be understood in the light of this parable. All those who came out of that hall, except this discerning one, were spectators. He was not one of the audience, because he had an insight into the magic show from his hiding place on the stage.

The statement *tam ahaṃ 'na jānāmi'ti vadeyyaṃ, taṃ mama assa musā*, "if I were to say, that I do not know, it would be a falsehood in me", could similarly be appreciated in the light of the dialogue after the magic show. The discerning one could not say that he was not aware of what was going on, because he was fully awake during the magic show. Nor can he say that he was aware of it in the ordinary sense. An affirmation or negation of both standpoints would be out of place. This gives us a clue to understand the two statements of the *Tathāgata* to the effect that he is unable to say that he both knows and does not know, *jānāmi ca na ca jānāmi*, and neither knows nor does not know, *n' eva jānāmi na na jānāmi*.

All this is the result of his higher understanding, indicated by the word *abhaññāsim*. The *Tathāgata* saw the magic show of consciousness so well as to miss the show, from the point of view of the worldlings.

Now we come to the conclusive declaration: *Iti kho, bhikkhave, tathāgato ditṭhasuta-muta-viññātabbesu dhammesu tādī yeva tādī, tamhā ca pana tādīmhā añño tādī uttaritaro vā paṇītataro vā n' atthī'ti vadāmi*.

"Thus, monks, the *Tathāgata*, being such in regard to all phenomena, seen, heard, sensed and cognized, is such. Moreover than he who is such there is none other higher or more excellent, I declare."

The other day we discussed the implications of the term *tādī*.^[842] The term is usually explained as signifying the quality of remaining unshaken before the eight worldly vicissitudes. But in this context, it has a special significance. It implies an equanimous attitude towards dogmatic views and view-holders. This attitude avoids categorical affirmation or negation regarding the question of truth and falsehood. It grants a relative reality to those viewpoints.

This is the moral behind the hesitation to give clear-cut answers to that inquisitive friend in our pithy dialogue. It is not the outcome of a dilly-dally attitude. There is something really deep. It is the result of an insight into the magic show. The reason for this suchness is the understanding of the norm of dependent arising, known as *tathatā*.

It is obvious from the expositions of the norm of dependent arising that there are two aspects involved, namely, *anuloma*, direct order, and *paṭiloma*, indirect order. The direct order is to be found in the first half of the twelve linked formula, beginning with the word *avijjāpaccayā saṅkhārā*, "dependent on ignorance, preparations", while the indirect order is given in the second half with the words, *avijjāya tveva asesavirāganirodhā* etc., "with the remainderless fading away and cessation of ignorance" etc.

The implication is that where there is ignorance, aggregates of grasping get accumulated, which, in other words, is a heaping up of suffering. That is a fact. But then, when ignorance fades away and ceases, they do not get accumulated.

Now, with this magic show as an illustration, we can get down to a deeper analysis of the law of dependent arising. In a number of earlier sermons, we have already made an attempt to explain a certain deep dimension of this law, with the help of illustrations from the dramatic and cinematographic fields. The magic show we have brought up now is even more striking as an illustration.

In the case of the cinema, the background of darkness we compared to the darkness of ignorance. Because of the surrounding darkness, those who go to the cinema take as real whatever they see on the screen and create for themselves various moods and emotions.

In the case of the magic show, the very ignorance of the tricks of the magician is what accounts for the apparent reality of the magic performance. Once the shroud of ignorance is thrown off, the magic show loses its magic for the audience. The magician's secret stock-in-trade gave rise to the *saṅkhāras* or preparations with the help of which the audience created for themselves a magic show.

To that discerning man, who viewed the show from his hiding place on the stage, there were no such preparations. That is why he proverbially missed the show.

The same principle holds good in the case of the magical illusion, *māyā*, that is consciousness. A clear instance of this is the reference in the *MahāVedallasutta* of the *Majjhima Nikāya* to *viññāṇa*, consciousness, and *paññā*, wisdom, as two conjoined psychological states. They cannot be separated one from the other, *saṃsaṭṭhā no visaṃsaṭṭhā*.^[843] But they can be distinguished functionally. Out of them, wisdom is to be developed, while consciousness is to be comprehended, *paññā bhāvetabbā, viññāṇaṃ pariññeyyaṃ*.

The development of wisdom is for the purpose of comprehending consciousness and comprehended consciousness proves to be empty, essenceless and hollow. It is such a transformation that took place within the person who watched the magic show with discernment. He watched it too closely, so much so, that the preparations, *saṅkhārā*, in the form of the secret stock-in-trade of the magician, became ineffective and nugatory.

This makes clear the connection between ignorance, *avijjā*, and preparations, *saṅkhārā*. That is why ignorance takes precedence in the formula of dependent arising. Preparations owe their effectiveness to ignorance. They are dependent on ignorance. To understand preparations for what they are is knowledge. Simultaneous with the arising of that knowledge, preparations become mere preparations, or pure preparations, *suddha saṅkhārā*.

This gives us the clue to unravel the meaning of the verse in the *Adhimutta Theragāthā*, quoted earlier.

*Suddhaṃ dhammasamuppādaṃ,
suddhaṃ saṅkhārasantatiṃ,
passantassa yathābhūtaṃ,
na bhayaṃ hoti gāmani.*^[844]

"To one who sees

The arising of pure *dhammas*

And the sequence of pure preparations, as they are,

There is no fear, oh headman."

In a limited sense, we can say that graspings relating to a magic show did not get accumulated in the mind of that discerning person, while his friend was gathering them eagerly. The latter came out of the hall as if coming out of the magic world. He had been amassing graspings proper to a magic world due to his ignorance of those preparations.

From this one may well infer that if at any point of time consciousness is comprehended by wisdom, preparations, *saṅkhārā*, become mere preparations, or pure preparations. Being influx-free, they do not go to build up a prepared, *saṅkhata*. They do not precipitate an amassing of grasping, *upādāna*, to bring about an existence, *bhava*. This amounts to a release from existence.

One seems to be in the world, but one is not of the world. That man with discernment was in the hall all that time, but it was as if he was not there.

Let us now go deeper into the implications of the term *tādī*, "such", with reference to the law of dependent arising, known as *tathatā*, "suchness". From the dialogue that followed the magic show, it is clear that there are two points of view. We have here a question of two different points of view. If we are to explain these two viewpoints with reference to the law of dependent arising, we may allude to the distinction made for instance in the *Nidāna Saṃyutta* between the basic principle of dependent arising and the phenomena dependently arisen. We have already cited the relevant declaration.

Paṭiccasamuppādañca vo, bhikkhave, desessāmi paṭiccasamuppanne ca dhamme.^[845] "Monks, I shall preach to you dependent arising and things that are dependently arisen." Sometimes two significant terms are used to denote these two aspects, namely *hetu* and *hetusamuppannā dhammā*.

About the *ariyan* disciple, be he even a stream-winner, it is said that his understanding of dependent arising covers both these aspects, *hetu ca sudiṭṭho hetusamuppannā ca dhammā*.^[846] The cause, as well as the things arisen from a cause, are well seen or understood by him.

As we pointed out in our discussion of the hill-top festival in connection with the *Upatissa/Kolita* episode,^[847] the disenchantment with the hill-top festival served as a setting for their encounter with the venerable *Assaji*. As soon as venerable *Assaji* uttered the significant pithy verse

*Ye dhammā hetuppabhavā,
tesaṃ hetuṃ tathāgato āha,
tesañca yo nirodho,
evaṃ vādī mahāsamaṇo.*^[848]

"Of things that proceed from a cause,
Their cause the *Tathāgata* has told,
And also their cessation,
Thus teaches the great ascetic"

- the wandering ascetic *Upatissa*, who was to become venerable *Sāriputta* later, grasped the clue to the entire *saṃsāric* riddle then and there, and discovered the secret of the magic show of consciousness, even by the first two lines. That was because he excelled in wisdom.

As soon as he heard the lines "of things that proceed from a cause, their cause the *Tathāgata* has told", he understood the basic principle of dependent arising, *yaṃ kiñci samudayadhammaṃ, sabbaṃ taṃ nirodhadhammaṃ*, "whatever is of a nature to arise, all that is of a nature to cease". The wandering ascetic *Kolita*, however, became a stream-winner only on hearing all four lines.

This pithy verse has been variously interpreted. But the word *hetu* in this verse has to be understood as a reference to the law of dependent arising. When asked what *paṭicca samuppāda* is, the usual answer is a smattering of the twelve-linked

formula in direct and reverse order. The most important normative prefatory declaration is ignored:

*Imasmiṃ sati idaṃ hoti,
imassa uppādā idaṃ upajjati,
imasmiṃ asati idaṃ na hoti,
imassa nirodhā idaṃ nirujjhati.*

"This being, this comes to be;
With the arising of this, this arises;
This not being, this does not come to be;
With the cessation of this, this ceases."

This statement of the basic principle of dependent arising is very often overlooked. It is this basic principle that finds expression in that pithy verse. The line *ye dhammā hetuppabhavā*, "of things that proceed from a cause", is generally regarded as a reference to the first link *avijjā*. But this is not the case. All the twelve links are dependently arisen, and *avijjā* is no exception. Even ignorance arises with the arising of influxes, *āsavasamudayā avijjāsamudayo*.^[849] Here we have something extremely deep.

The allusion here is to the basic principle couched in the phrases *imasmiṃ sati idaṃ hoti* etc. In such discourses as the *Bahudhātukasutta* the twelve-linked formula is introduced with a set of these thematic phrases, which is then related to the formula proper with the conjunctive "that is to say", *yadidaṃ*.^[850] This conjunctive clearly indicates that the twelve-linked formula is an illustration. The twelve links are therefore things dependently arisen, *paṭicca samuppannā dhammā*. They are all arisen from a cause, *hetuppabhavā dhammā*.

So even ignorance is not the cause. The cause is the underlying principle itself. This being, this comes to be. With the arising of this, this arises. This not being, this does not come to be. With the cessation of this, this ceases. This is the norm, the suchness, *tathatā*, that the Buddha discovered.

That man with discernment at the magic show, looking down at the audience with commiseration, had a similar sympathetic understanding born of realization: 'I too have been in this same sorry plight before'.

Due to ignorance, a sequence of phenomena occurs, precipitating a heaping of graspings. With the cessation of ignorance, all that comes to cease. It is by seeing this cessation that the momentous inner transformation took place. The insight into this cessation brings about the realization that all what the worldlings take as absolutely true, permanent or eternal, are mere phenomena arisen from the mind. *Manopubbangamā dhammā*, mind is the forerunner of all mind-objects.^[851] One comes to understand that all what is arisen is bound to cease, and that the cessation can occur here and now.

In discussing the formula of *paṭicca samuppāda*, the arising of the six sense-bases is very often explained with reference to a mother's womb. It is the usual practice to interpret such categories as *nāma-rūpa*, name-and-form, and *saḷāyatana*, six sense-bases, purely in physiological terms. But for the Buddha the arising of the six sense-bases was not a stage in the growth of a foetus in the mother's womb.

It was through wisdom that he saw the six bases of sense-contact arising then and there, according to the formula beginning with *cakkhuñca paṭicca rūpe ca*

uppajjati cakkhuvīññāṇaṃ, "dependent on eye and forms arises eye-consciousness" etc. They are of a nature of arising and ceasing, like that magic show. Everything in the world is of a nature to arise and cease.

The words *ye dhammā hetuppabhavā*, "of things that proceed from a cause" etc., is an enunciation of that law. Any explanation of the law of dependent arising should rightly begin with the basic principle *imasmiṃ sati idaṃ hoti*, "this being, this comes to be" etc.

This confusion regarding the way of explaining *paṭicca samuppāda* is a case of missing the wood for the trees. It is as if the Buddha stretches his arm and says: 'That is a forest', and one goes and catches hold of a tree, exclaiming: 'Ah, this is the forest'. To rattle off the twelve links in the hope of grasping the law of *paṭicca samuppāda* is like counting the number of trees in order to see the forest.

The subtlest point here is the basic principle involved. "This being, this comes to be. With the arising of this, this arises. This not being, this does not come to be. With the cessation of this, this ceases".

Let us now examine the connection between the law of dependent arising, *paṭicca samuppāda*, and things dependently arisen, *paṭiccasamuppannā dhammā*. Worldlings do not even understand things dependently arisen as 'dependently arisen'. They are fully involved in them. That itself is *saṃsāra*. One who has seen the basic principle of *paṭicca samuppāda* understands the dictum, *avijjāya sati saṅkhārā honti*, preparations are there only when ignorance is there.^[852] So he neither grasps ignorance, nor does he grasp preparations.

In fact, to dwell on the law of dependent arising is the way to liberate the mind from the whole lot of dependently arisen things. Now why do we say so? Everyone of those twelve links, according to the Buddha, is impermanent, prepared, dependently arisen, of a nature to wither away, wear away, fade away and cease, *aniccaṃ, saṅkhataṃ, paṭicca samuppannaṃ, khayadhammaṃ, vayadhammaṃ, virāgadhammaṃ, nirodhadhammaṃ*.^[853] The very first link *avijjā* is no exception. They are impermanent because they are made up or prepared, *saṅkhata*. The term *saṅkhataṃ* has nuances of artificiality and spuriousness. All the links are therefore unreal in the highest sense. They are dependent on contact, *phassa*, and therefore dependently arisen. It is in their nature to wither away, wear away, fade away and cease.

When one has understood this as a fact of experience, one brings one's mind to rest, not on the things dependently arisen, but on the law of dependent arising itself.

There is something extraordinary about this. One must not miss the wood for the trees. When the Buddha stretches his arm and says: 'That is a forest', he does not expect us to go and grasp any of the trees, or to go on counting them, so as to understand what a forest is. One has to get a synoptic view of it from here itself. Such a view takes into account not only the trees, but also the intervening spaces between them, all at one synoptic glance.

In order to get a correct understanding of *paṭicca samuppāda* from a pragmatic point of view, one has to bring one's mind to rest on the norm that obtains between every two links. But this is something extremely difficult, because the world is steeped in the notion of duality. It grasps either this end, or the other end. Hard it is for the world to understand the stance of the *arahant* couched in the cryptic phrase *nev' idha na huraṃ na ubhayam antare*, "neither here nor there nor in between the two".^[854]

The worldling is accustomed to grasp either this end or the other end. For

instance, one may grasp either ignorance, *avijjā*, or preparations, *saṅkhārā*. But here we have neither. When one dwells on the interrelation between them, one is at least momentarily free from ignorance as well as from the delusive nature of preparations.

Taking the magic show itself as an illustration, let us suppose that the magician is performing a trick, which earlier appeared as a miracle. But now that one sees the counterfeits, hidden strings and secret bottoms, one is aware of the fact that the magical effect is due to the evocative nature of those preparations. So he does not take seriously those preparations. His ignorance is thereby reduced to the same extent.

This is how each of those links gets worn out, as the phrase *khayadhammaṃ, vayadhammaṃ, virāgadhammaṃ, nirohadhammaṃ* suggests. All the links are of a nature to wither away, wear away, fade away and cease. So, then, preparations are there only when ignorance is there. The preparations are effective only so long as ignorance is there. With the arising of ignorance, preparations arise. When ignorance is not there, preparations lose their provenance. With the complete fading away and cessation of ignorance, preparations, too, fade away and cease without residue. This, then, is the relationship between those two links

Let us go for another instance to illustrate this point further. *Saṅkhārapaccayā viññāṇaṃ*, "dependent on preparations is consciousness". Generally, the worldlings are prone to take consciousness as a compact unit. They regard it as their self or soul. When everything else slips out from their grasp, they grasp consciousness as their soul, because it is invisible.

Now if someone is always aware that consciousness arises dependent on preparations, that with the arising of preparations consciousness arises - always specific and never abstract - consciousness ceases to appear as a monolithic whole. This particular eye-consciousness has arisen because of eye and forms. This particular ear-consciousness has arisen because of ear and sound, and so on. This kind of reflection and constant awareness of the part played by preparations in the arising of consciousness will conduce to the withering away, wearing away and fading away of consciousness. Disgust, disillusionment and dejection in regard to consciousness is what accounts for its complete cessation, sooner or later.

Consciousness is dependent on preparations, and name-and-form, *nāma-rūpa*, is dependent on consciousness. The worldling does not even recognize *nāma-rūpa* as such. We have already analyzed the mutual relationship between name-and-form as a reciprocity between nominal form and formal name. [\[855\]](#) They always go together and appear as a reflection on consciousness. Here is a case of entanglement within and an entanglement without, *anto jaṭā bahi jaṭā*. [\[856\]](#)

We brought in a simile of a dog on a plank to illustrate the involvement with name-and-form. When one understands that this name-and-form, which the world takes as real and calls one's own, is a mere reflection on consciousness, one does not grasp it either.

To go further, when one attends to the fact that the six sense-bases are dependent on name-and-form, and that they are there only as long as name-and-form is there, and that with the cessation of name-and-form the six sense-bases also cease, one is attuning one's mind to the law of dependent arising, thereby weaning one's mind away from its hold on dependently arisen things.

Similarly, contact arises in dependence on the six sense-bases. Generally, the world is enslaved by contact. In the *Nandakovādasutta* of the *Majjhima*

Nikāya there is a highly significant dictum, stressing the specific character of contact as such.

Tajjaṃ tajjaṃ, bhante, paccayaṃ paṭicca tajiā tajiā vedanā uppajjanti; tajiassa tajiassa paccayassa nirodhā tajiā tajiā vedanā nirujjhanti.^[857] "Dependent on each specific condition, venerable sir, specific feelings arise, and with the cessation of each specific condition, specific feelings cease".

The understanding that contact is dependent on the six sense-bases enables one to overcome the delusion arising out of contact. Since it is conditioned and limited by the six sense-bases, with their cessation it has to cease. Likewise, to attend to the specific contact as the cause of feeling is the way of disenchantment with both feeling and contact.

Finally, when one understands that this existence is dependent on grasping, arising out of craving, one will not take existence seriously. Dependent on existence is birth, *bhavapaccayā jāti*. While the magic show was going on, the spectators found themselves in a magic world, because they grasped the magic in it. Even so, existence, *bhava*, is dependent on grasping, *upādāna*.

Just as one seated on this side of a parapet wall might not see what is on the other side, what we take as our existence in this world is bounded by our parents from the point of view of birth. What we take as death is the end of this physical body. We are ignorant of the fact that it is a flux of preparations, *saṅkhārasantati*.^[858] Existence is therefore something prepared or made up. Birth is dependent on existence.

Sometimes we happen to buy from a shop an extremely rickety machine deceived by its paint and polish, and take it home as a brand new thing. The very next day it goes out of order. The newly bought item was born only the previous day, and now it is out of order, to our disappointment.

So is our birth with its unpredictable vicissitudes, taking us through decay, disease, sorrow, lamentation, pain, grief and despair. This is the price we pay for this brand new body we are blessed with in this existence.

In this way we can examine the relation between any two links of the formula of dependent arising. It is the insight into this norm that constitutes the understanding of *paṭicca samuppāda*, and not the parrot-like recitation by heart of the formula in direct and reverse order.

Of course, the formulation in direct and reverse order has its own special significance, which highlights the fact that the possibility of a cessation of those twelve links lies in their arising nature itself. Whatever is of a nature to arise, all that is of a nature to cease, *yaṃ kiñci samudayadhammaṃ, sabbam taṃ nirodhadhammaṃ*. As for the *arahant*, he has realized this fact in a way that the influxes are made extinct.

To go further into the significance of the formula, we may examine why ignorance, *avijjā*, takes precedence in it. This is not because it is permanent or uncaused. The deepest point in the problem of release from *saṃsāra* is traceable to the term *āsavā*, or influxes. Influxes are sometimes reckoned as fourfold, namely those of sensuality, *kāmāsavā*, of existence, *bhavāsavā*, of views, *diṭṭhāsavā*, and of ignorance, *avijjāsavā*.

But more often, in contexts announcing the attainment of *arahant*-hood, the standard reference is to three types of influxes, *kāmāsavā pi cittaṃ vimuccati, bhavāsavā pi cittaṃ vimuccati, āvijjāsavā pi cittaṃ vimuccati*, the mind is released from influxes of sensuality, existence and ignorance. This is because the influxes

of ignorance could easily include those of views as well.

The term *āsavā* implies those corrupting influences ingrained in beings due to *saṃsāric* habits. They have a tendency to flow in and tempt beings towards sensuality, existence and ignorance.

It might be difficult to understand why even ignorance is reckoned as a kind of influxes, while it is recognized as the first link in the chain of dependent arising. Ignorance or ignoring is itself a habit. There is a tendency in *saṃsāric* beings to grope in darkness and dislike light. They have a tendency to blink at the light and ignore. It is easy to ignore and forget. This forgetting trait enables them to linger long in *saṃsāra*.

Ignorance as a kind of influxes is so powerful that even the keenest in wisdom cannot attain *arahant*-hood at once. The wheel of *Dhamma* has to turn four times, hence the fourfold distinction as stream-winner, once returner, non-returner and *arahant*. The difficulty of combating this onslaught of influxes is already insinuated by the term *sattakkhattuparama*, "seven more lives at the most", [\[859\]](#) designating a stream-winner, and the term *sakadāgāmī*, "once-returner".

The way to cut off these influxes is the very insight into the law of dependent arising. Sometimes the path is defined as the law of dependent arising itself. That doesn't mean the ability to rattle off the twelve links by heart, but the task of bringing the mind to rest on the norm of *paṭicca samuppāda* itself.

*Imasmiṃ sati idaṃ hoti,
imassa uppādā idaṃ upajjati,
imasmiṃ asati idaṃ na hoti,
imassa nirodhā idaṃ nirujjhati.*

"This being, this comes to be;
With the arising of this, this arises;
This not being, this does not come to be;
With the cessation of this, this ceases."

It is an extremely difficult task, because the mind tends to slip off. The habitual tendency is to grasp this one or the other. The worldling, for the most part, rests on a duality. Not to cling even to the middle is the ideal of an *arahant*. That is the implication of the conclusive statement in the advice to *Bāhiya*, *nev' idha na huraṃ na ubhayam antarena*, "neither here, nor there, no in between the two". [\[860\]](#)

For clarity's sake, let us quote the relevant section in full:

Yato tvaṃ Bāhiya na tena, tato tvaṃ Bāhiya na tattha. Yato tvaṃ Bāhiya na tattha, tato tvaṃ Bāhiya nev' idha na huraṃ na ubhayamantarena. Es' ev' anto dukkhassa.

"And when, *Bāhiya*, you are not by it, then, *Bāhiya*, you are not in it. And when, *Bāhiya*, you are not in it, then, *Bāhiya*, you are neither here nor there nor in between. This, itself, is the end of suffering."

So one who has fully understood the norm of *paṭicca samuppāda* is not attached to ignorance, nor is he attached to preparations, since he has seen the relatedness between them. He is attached neither to preparations nor to consciousness, having seen the relatedness between them. The insight into this dependent arising and ceasing promotes such a detached attitude.

It is this insight that inculcated in the *Tathāgata* that supreme and excellent suchness. His neutral attitude was not the result of any lack of knowledge, or

tactical eel wriggling, as in the case of *Sañjaya Belaṭṭhiputta*.

Why does the *Tathāgata* not declare the sense-data categorically as true or false? He knows that, given ignorance, they are true, and that they are falsified only when ignorance fades away in one who sees the cessation. It is for such a person that the sense-bases appear as false and consciousness appears as a conjurer's trick.

Fortified with that understanding, he does not categorically assert the sense-data as true, nor does he reprimand those who assert them as the truth. That is why the Buddha advocates a tolerant attitude in this discourse. This is the typical attitude of an understanding elder to the questions put by an inquisitive toddler.

Generally, the dogmatists in the world are severally entrenched in their own individual viewpoints, as the line *paccekasaccesu puthū niviṭṭhā* suggests.^[861] We explained the term *sayasaṃvuta* as on a par with the phrase *paccekasaccesu*. The problematic term *sayasaṃvuta* is suggestive of virulent self-opinionatedness. Why are they committed and limited by their own views? Our quotation from the *Cūḷa-Viyūhasutta* holds the answer.

*Na h' eva saccāni bahūni nānā,
aññatra saññāya niccāni loke,*^[862]

"There are no several and various truths,

That are permanent in the world, apart from perception".

According to one's level of perception, one forms a notion of reality. To those in the audience the tricks of the magician remained concealed. It is that ignorance which aroused preparations, *saṅkhārā*, in them.

A typical illustration of individual truths, *paccekasacca*, is found in the chapter titled *Jaccandha*, "congenitally blind", in the *Udāna*. There the Buddha brings up a parable of the blind men and the elephant.^[863] A certain king got a crowd of congenitally blind men assembled, and having made them touch various limbs of an elephant, asked them what an elephant looks like. Those who touched the elephant's head compared the elephant to a pot, those who touched its ears compared it to a winnowing basket, those who touched its tusk compared it to a ploughshare and so forth.

The dogmatic views in the world follow the same trend. All that is due to contact, *phassapaccayā*, says the Buddha in the *Brahmajālasutta* even with reference to those who have supernormal knowledges, *abhiññā*.^[864] Depending on name-and-form, which they grasped, they evolved dogmatic theories, based on their perceptions, spurred on by sense-contact. Their dogmatic involvement is revealed by the thematic assertion *idam eva saccam, mogham aññaṃ*, "this alone is true, all else is false".

The Buddha had no dogmatic involvement, because he had seen the cessation of consciousness. Even the mind ceases, and mind-objects fade away. That is why the Buddha was tolerantly neutral. On many such issues, silence happens to be the answer.

This brings us to an extremely deep dimension of this *Dhamma*. Just as that man with discerning wisdom at the magic show had difficulties in coming to terms with the naive magic fan, so the Buddha, too, had to face situations where problems of communication cropped up.

We come across such an instance in the *Mahāparinibbānasutta*. On his way to Kusinārā, to attain *parinibbāna*, the Buddha happened to rest under a tree for a

while, to overcome fatigue. Pukkusa of Malla, a disciple of Āḷāra Kālāma, who was coming from Kusinārā on his way to Pāvā, saw the Buddha seated there and approached him. After worshipping him he made the following joyful utterance: *Santena vata, bhante, pabbajitā vihārena viharanti*, "Venerable Sir, those who have gone forth are indeed living a peaceful life". [\[865\]](#)

Though it was apparently a compliment for the Buddha, he came out with an episode, which was rather in praise of his teacher Āḷāra Kālāma, who had attained to the plane of nothingness, *ākiñcaññāyatana*.

"While on a long journey, my teacher Āḷāra Kālāma sat under a wayside tree for noonday siesta. Just then five-hundred carts were passing by. After the carts had passed that spot, the man who was following them walked up to Āḷāra Kālāma and asked him:

'Venerable sir, did you see about five-hundred carts passing by?'

'No, friend, I didn't see.'

'But, Venerable sir, didn't you even hear the sound?'

'No, friend, I didn't hear the sound.'

'Venerable sir, were you asleep, then?'

'No, friend, I was not asleep.'

'Were you conscious, then, Venerable sir?'

'Yes, friend.'

'So, then, venerable sir, while being conscious and awake, you neither saw nor heard as many as five-hundred carts passing by. All the same your double robe is bespattered with mud.'

'Yes, friend.'

And then, Venerable Sir, that man was highly impressed by it, and paid the following compliment to Āḷāra Kālāma:

'It is a wonder, it is a marvel, what a peaceful life those who have gone forth are leading, so much so that one being conscious and awake would neither see nor hear as many as five-hundred carts passing by'."

When Pukkusa cited this incident in praise of Āḷāra Kālāma, the Buddha asked him:

"What do you think, Pukkusa, which of these two feats is more difficult to accomplish, that one being conscious and awake would neither see nor hear as many as five-hundred carts passing by, or that while being conscious and awake, one would not see or hear the streaks of lightening and peals of thunder in the midst of a torrential downpour?"

When Pukkusa grants that the latter feat is by far the more difficult to accomplish, the Buddha comes out with one of his past experiences.

"At one time, Pukkusa, I was staying in a chaff house at Ātumā, and there was a torrential downpour, with streaks of lightening and peals of thunder, during the course of which two farmers - brothers - and four bulls were struck down dead. A big crowd of people had gathered at the spot. Coming out of the chaff house, I was pacing up and down in open air when a man from that crowd walked up to me and worshipped me, and respectfully stood on one side. Then I asked him:

'Friend, why has this big crowd gathered here?'

'Just now, Venerable Sir, while it was raining in torrents with streaks of lightening and peals of thunder, two farmers - brothers - and four bulls were struck down dead. That is why a big crowd has gathered here. But where were you, Venerable Sir?'

'I was here itself, friend.'

'But didn't you see it, Venerable Sir?'

'No, friend, I didn't see it.'

'But didn't you hear the sound, Venerable Sir?'

'No, friend, I did not hear the sound.'

'But, then, Venerable Sir, were you asleep?'

'No, friend, I was not asleep.'

'But, Venerable Sir, were you conscious (*saññī*)?'

'Yes, friend.'

And then, Pukkusa, that man expressed his surprise in the words:¶'It is a wonder, it is a marvel, what a peaceful life those who have gone forth are leading, so much so that while being conscious and awake one would neither see nor hear the streaks of lightening and peals of thunder in the midst of a torrential downpour'. With that he came out with his fervent faith in me, worshipped me, reverentially circumambulated me and left."

Some interpret this incident as an illustration of the Buddha's attainment to the cessation of perceptions and feelings. But if it had been the case, the words *saññī samāno jāgāro*, "while being conscious and awake", would be out of place. That man expressed his wonder at the fact that the Buddha, while being conscious and awake, had not seen or heard anything, though it was raining in torrents with streaks of lightening and peals of thunder. Nor can this incident be interpreted as a reference to the realm of nothingness, *ākiñcaññāyatana*, in the context of the allusion to Āḷārā Kālāma and his less impressive psychic powers.

The true import of this extraordinary psychic feat has to be assessed with reference to the *arahattaphalasamādhī*, we have already discussed. [\[866\]](#)

The incident had occurred while the Buddha was seated in *arahattaphalasamādhī*, experiencing the cessation of the six sense-spheres, equivalent to the cessation of the world. He had gone beyond the world - that is why he didn't see or hear.

We are now in a position to appreciate meaningfully that much-vexed riddle-like verse we had quoted earlier from the *Kalahavivādasutta*.

*Na saññasaññī, na visaññasaññī,
no pi asaññī na vibhūtasaññī,
evaṃ sametassa vibhoti rūpaṃ,
saññānidānā hi papañcasaṅkhā.* [\[867\]](#)

"He is not conscious of normal perception, nor is he unconscious,

He is not devoid of perception, nor has he rescinded perception,

It is to one thus constituted that form ceases to exist,

For reckonings through prolificity have perception as their source".

Perception is the source of all prolific reckonings, such as those that impelled the audience at the magic show to respond with the 'Ahs', and 'Ohs' and whistles.

One is completely free from that prolific perception when one is in the *arahattaphalasaṃādhi*, experiencing the cessation of the six sense-spheres.

As we had earlier cited '... one is neither percipient of earth in earth, nor of water in water, nor of fire in fire, nor of air in air, nor is one conscious of a "this world" in this world, nor of "another world" in another world ...' and so on, but all the same 'one is percipient', *saññī ca pana assa*.^[868] Of what is he percipient or conscious? That is none other than what comes up as the title of these series of sermons, namely:

Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ.^[869]

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

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MIND STILLED 27

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ.^[870]

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks. This is the twenty-seventh sermon in the series of sermons on *Nibbāna*. In our last sermon, we brought up some similes and illustrations to explain why the suchness of the *Tathāgata* has been given special emphasis in the *Kāḷakārāmasutta*.

Drawing inspiration from the Buddha's sermon, comparing consciousness to a magic show, we made an attempt to discover the secrets of a modern day magic show from a hidden corner of the stage. The parable of the magic show revealed us the fact that the direct and the indirect formulation of the Law of Dependent Arising, known as *tathatā*, suchness, or *idappaccayatā*, specific conditionality, is similar to witnessing a magic show from two different points of view. That is to say, the deluded point of view of the spectator in the audience and the discerning point of view of the wisdom-eyed critic, hidden in a corner of the stage.

The reason for the riddle-like outward appearance of the *Kāḷakārāmasutta* is the problem of resolving the conflict between these two points of view. However, the fact that the *Tathāgata* resolved this conflict at a supramundane level and enjoyed the bliss of emancipation comes to light in the first three discourses of the *Bodhivagga* in the *Udāna*.^[871]

These three discourses tell us that, after the attainment of enlightenment, the Buddha spent the first week in the same seated posture under the Bodhi tree, and

that on the last night of the week he reflected on the Law of Dependent Arising in the direct order in the first watch of the night, in the reverse order in the second watch, and both in direct and reverse order in the last watch.

These last-mentioned reflection, both in direct and reverse order, is like a compromise between the deluded point of view and the discerning point of view, mentioned above. Now, in a magic show to see **how** the magic is performed, is to get disenchanted with it, to make it fade away and cease, to free the mind from its spell. By seeing **how** a magician performs, one gets disgusted with **what** he performs. Similarly, seeing the arising of the six bases of sense-contact is the way to get disenchanted with them, to make them fade away and cease, to transcend them and be emancipated.

We come across two highly significant verses in the *Soṇasutta* among the Sixes of the *Aṅguttara Nikāya* with reference to the emancipation of the mind of an *arahant*.

*Nekkhammaṃ adhimuttassa,
pavivekañca cetaso,
abhyāpajjhādhimuttassa,
upādānakkhayassa ca,
taṇhakkhayādhimuttassa,
asammohañca cetaso,
disvā āyatanuppādaṃ,
sammā cittaṃ vimuccati.*^[872]

"The mind of one who is fully attuned
To renunciation and mental solitude,
Who is inclined towards harmlessness,
Ending of grasping,
Extirpation of craving,
And non-delusion of mind,
On seeing the arising of sense-bases,
Is fully emancipated."

To see how the sense-bases arise is to be released in mind. Accordingly we can understand how the magic consciousness of one who is enjoying a magic show comes to cease by comprehending it. Magic consciousness subsides. In other words, it is transformed into a non-manifestative consciousness, which no longer displays any magic. That is the mental transformation that occurred in the man who watched the magic show from a hidden corner of the stage. This gives us a clue to the cessation of consciousness in the *arahant* and the consequent non-manifestative consciousness attributed to him.

The *Dvāyatanānupassanasutta* of the *Sutta Nipāta* also bears testimony to this fact. The title itself testifies to the question of duality forming the theme of this discourse. Throughout the *Sutta* we find a refrain-like distinction between the arising and the ceasing of various phenomena. It is like an illustration of the two aspects of the problem that confronted the Buddha. Now that we are concerned with the question of the cessation of consciousness, let us quote the relevant couplet of verses.

*Yaṃ kiñci dukkhaṃ sambhoti,
sabbam viññāṇapaccayā,
viññāṇassa nirodhena
n'atthi dukkhassa sambhavo.*

*Etam ādīnaṃ ñatvā,
'dukkhaṃ viññāṇapaccayā',
viññāṇūpasamā bhikkhu,
nicchāto parinibbuto.*^[873]

"Whatever suffering that arises,
All that is due to consciousness,
With the cessation of consciousness,
There is no arising of suffering.

Knowing this peril:

'This suffering dependent on consciousness',
By calming down consciousness, a monk
Is hunger-less and fully appeased."

The comparison between the magic show and consciousness becomes more meaningful in the context of this discourse. As in the case of a magic show, the delusory character of the magic of consciousness is traceable to the perception of form. It is the perception of form which gives rise to the host of reckonings through cravings, conceits and views, which bring about a delusion.

Therefore, a monk intent on attaining *Nibbāna* has to get rid of the magical spell of the perception of form. The verse we cited from the *Kalahavivādasutta* the other day has an allusion to this requirement. That verse, beginning with the words *na saññasaññī*, is an attempt to answer the question raised in a previous verse in that *Sutta*, posing the query: *Kathaṃ sametassa vibhoti rūpaṃ*,^[874] "to one, constituted in which manner, does form cease to exist?" Let us remind ourselves of that verse.

*Na saññasaññī, na visaññasaññī,
no pi asaññī na vibhūtasaññī,
evaṃ sametassa vibhoti rūpaṃ,
saññānidānā hi papañcasaṅkhā.*

"He is not conscious of normal perception, nor is he unconscious,
He is not devoid of perception, nor has he rescinded perception,
It is to one thus constituted that form ceases to exist,
For reckonings through prolificity have perception as their source".

Here the last line states a crucial fact. Reckonings, designations and the like, born of prolificity, are traceable to perception in the last analysis. That is to say, all that is due to perception.

Another reason why form has received special attention here, is the fact that it is a precondition for contact. When there is form, there is the notion of resistance. That is already implicit in the question that comes in a verse at the

beginning of the *Kalahavivādasutta*: *Kismiṃ vibhūte na phusanti phassā*, "when what is not there, do touches not touch?"^[875] The answer to that query is: *Rūpe vibhūte na phusanti phassā*, "when form is not there, touches do not touch".

We come across a phrase relevant to this point in the *Saṅgītisutta* of the *Dīgha Nikāya*, that is, *sanidassanasappaṭighaṃ rūpaṃ*.^[876] Materiality, according to this phrase, has two characteristics. It has the quality of manifesting itself, *sanidassana*; it also offers resistance, *sappaṭigha*. Both these aspects are hinted at in a verse from the *Jaṭāsutta* we had quoted at the very beginning of this series of sermons.

*Yattha nāmañca rūpañca,
asesaṃ uparujjhati,
paṭighaṃ rūpasaññā ca,
etthasā chijjate jaṭā*.^[877]

The *Jaṭāsutta* tells us the place where the tangle within and the tangle without, *antojaṭā bahijaṭā*, of this gigantic *saṃsāric* puzzle is solved. And here is the answer:

"Wherein name and form
As well as resistance and the perception of form
Are completely cut off,
It is there that the tangle gets snapped."

The phrase *paṭighaṃ rūpasaññā ca* is particularly significant. Not only the term *paṭigha*, implying "resistance", but also the term *rūpasaññā* deserves our attention, as it is suggestive of the connection between form and perception. It is perception that brings an image of form. Perception is the source of various reckonings and destinations.

The term *saññā* has connotations of a "mark", a "sign", or a "token", as we have already pointed out.^[878] It is as if a party going through a forest is blazing a trail for their return by marking notches on the trees with an axe. The notion of permanence is therefore implicit in the term *saññā*.

So it is this *saññā* that gives rise to *papañcasañkhā*, reckonings through prolificity. The compound term *papañcasaññāsañkhā*, occurring in the *Madhupiṇḍika Sutta*,^[879] is suggestive of this connection between *saññā* and *sañkhā*. Reckonings, definitions and designations, arising from prolific perception, are collectively termed *papañcasaññāsañkhā*. The significance attached to *saññā* could easily be guessed by the following dictum in the *Guhaṭṭhakasutta* of the *Sutta Nipāta*: *Saññāṃ pariññā vitareyya oghaṃ*,^[880] "comprehend perception and cross the flood".

Full comprehension of the nature of perception enables one to cross the four great floods of defilements in *saṃsāra*. In other words, the penetrative understanding of perception is the way to deliverance.

Let us now go a little deeper into the connotations of the term *saññā*. In the sense of "sign" or "token", it has to have something to signify or symbolize. Otherwise there is no possibility of designation. A sign can be significant only if there is something to signify. This is a statement that might need a lot of reflection before it is granted.

A sign properly so called is something that signifies, and when there is nothing to signify, it ceases to be a sign. So also is the case with the symbol. This is a

norm which is well explained in the *Mahāvedallasutta* of the *Majjhima Nikāya*. In the course of a dialogue between Venerable Mahākoṭṭhita and Venerable Sāriputta, we find in that *Sutta* the following pronouncement made by Venerable Sāriputta:

Rāgo kho, āvuso, kiñcano, doso kiñcano, moho kiñcano, te khīnāsavassa bhikkhuno pahīnā ucchinnamūlā tālāvatthukatā anabhāvakatā āyatim anuppādadhammā. [\[881\]](#)

"Lust, friend, is something, hate is something, delusion is something. They have been abandoned in an influx-free monk, uprooted, made like a palm tree deprived of its site, made extinct and rendered incapable of sprouting again."

So lust is a something, hate is a something, delusion is a something. Now a sign is significant and a symbol is symbolic only when there is something. Another statement that occurs a little later in that dialogue offers us a clarification.

Rāgo kho, āvuso, nimittakaraṇo, doso nimittakaraṇo, moho nimittakaraṇo, "Lust, friend, is significant, hate is significant, delusion is significant."

Now we can well infer that it is only so long as there are things like lust, hate and delusion that signs are significant. In other words, why the *Tathāgata* declared that there is no essence in the magic show of consciousness is because there is nothing in him that signs or symbols can signify or symbolize.

What are these things? Lust, hate and delusion. That is why the term *akiñcana*, literally "thing-less", is an epithet for the *arahant*. He is thing-less not because he no longer has the worldly possessions of a layman, but because the afore-said things lust, hate and delusion are extinct in him. For the *Tathāgata*, the magic show of consciousness has nothing substantial in it, because there was nothing in him to make the signs significant.

That man with discernment, who watched the magic show from a hidden corner of the stage, found it to be hollow and meaningless, since he had, in a limited and relative sense, got rid of attachment, aversion and delusion. That is to say, after discovering the tricks of the magician, he lost the earlier impulses to laugh, cry and fear. Now he has no curiosity, since the delusion is no more. At least temporarily, ignorance has gone down in the light of understanding. According to this norm, we can infer that signs become significant due to greed, hate and delusion in our own minds. Perceptions pander to these emotive tendencies.

The concluding verse of the *Māgandiya Sutta* of the *Sutta Nipāta* is particularly important, in that it sums up the *arahant's* detachment regarding perceptions and his release through wisdom.

*Saññāvirattassa na santi ganthā,
paññāvimuttassa na santi mohā,
saññañca diṭṭhiñca ye aggahesum,
te ghaṭṭayantā vicaranti loke.* [\[882\]](#)

"To one detached from percepts there are no bonds,
To one released through wisdom there are no delusions,
Those who hold on to percepts and views,
Go about wrangling in this world."

It is this state of detachment from perceptions and release through wisdom that is summed up by the phrase *anāsavaṃ cetovimuttiṃ paññāvimuttiṃ* in some

discourses. With reference to the *arahant* it is said that he has realized by himself through higher knowledge in this very life that influx-free deliverance of the mind and deliverance through wisdom, *anāsavaṃ cetovimuttiṃ paññāvimuttiṃ diṭṭhevadhamme sayamaṃ abhiññā sacchikatvā*.^[883]

So we could well infer that the *arahant* is free from the enticing bonds of perceptions and the deceptive tricks of consciousness. It is this unshakeable stability that finds expression in the epithets *anejo*, "immovable", and *ṭhito*, "stable", used with reference to the *arahant*.^[884]

The *Āneñjasappāyasutta* of the *Majjhima Nikāya* opens with the following exhortation by the Buddha:

Aniccā, bhikkhave, kāmā tucchā musā mosadhammā, māyākatam etaṃ, bhikkhave, bālalāpanaṃ. Ye ca diṭṭhadhammikā kāmā, ye ca samparāyikā kāmā, yā ca diṭṭhadhammikā kāmasaññā, yā ca samparāyikā kāmasaññā, ubhayam etaṃ Māradheyyaṃ, Mārassa'esa visayo, Mārassa' esa nivāpo, Mārassa' esa gocaro.^[885]

"Impermanent, monks, are sense pleasures, they are empty, false and deceptive by nature, they are conjuror's tricks, monks, tricks that make fools prattle. Whatever pleasures there are in this world, whatever pleasures that are in the other world, whatever pleasurable percepts there are in this world, whatever pleasurable percepts that are in the other world, they all are within the realm of Māra, they are the domain of Māra, the bait of Māra, the beat of Māra."

This exhortation accords well with what was said above regarding the magic show. It clearly gives the impression that there is the possibility of attaining a state of mind in which those signs are no longer significant.

The comparison of consciousness to a magic show has deeper implications. The insinuation is that one has to comprehend perception for what it is, in order to become dispassionate towards it, *saññaṃ pariññā vitareyya oghaṃ*, "comprehend perception and cross the flood". When perception is understood inside out, disenchantment sets in as a matter of course, since delusion is no more.

Three kinds of deliverances are mentioned in connection with the *arahants*, namely *animitta*, the signless, *appaṇihita*, the undirected, and *suññata*, the void.^[886] We spoke of signs being significant. Now where there is no signification, when one does not give any significance to signs, one does not direct one's mind to anything. *Paṇidhi* means "direction of the mind", an "aspiration". In the absence of any aspiration, there is nothing 'essence-tial' in existence.

There is a certain interconnection between the three deliverances. *Animitta*, the signless, is that stage in which the mind refuses to take a sign or catch a theme in anything. Where lust, hate and delusion are not there to give any significance, signs become ineffective. That is the signless. Where there is no tendency to take in signs, there is no aspiration, expectation or direction of the mind. It is as if dejection in regard to the magic show has given rise to disenchantment and dispassion. When the mind is not directed to the magic show, it ceases to exist. It is only when the mind is continually there, directed towards the magic show or a film show, that they exist for a spectator. One finds oneself born into a world of magic only when one sees something substantial in it. A magic world is made up only when there is an incentive to exist in it.

Deeper reflection on this simile of the magic show would fully expose the interior of the magical illusion of consciousness. Where there is no grasping at signs, there is no direction or expectation, in the absence of which, existence ceases to appear substantial. That is why the three terms signless, *animitta*, undirected, *appaṇihita* and void *suññata*, are used with reference to an *arahant*.

These three terms come up in a different guise in a discourse on *Nibbāna* we had discussed earlier. There they occur as *appatitṭhaṃ*, *appavattaṃ* and *anārammaṇaṃ*.^[887]

Appatitṭhaṃ means "unestablished". Mind gets established when there is desire or aspiration, *paṇidhi*. Contemplation on the suffering aspect, *dukkhānupassanā*, eliminates desire. So the mind is unestablished. Contemplation on not-self, *anattānupassanā*, does away with the notion of substantiality, seeing nothing pithy or 'essence-tial' in existence. Pith is something that endures. A tree that has pith has something durable, though its leaves may drop off. Such notions of durability lose their hold on the *arahant's* mind. The contemplation of impermanence, *aniccānupassanā*, ushers in the signless, *animitta*, state of the mind that takes no object, *anārammaṇaṃ*.

The simile of the magic show throws light on all these aspects of deliverance. Owing to this detachment from perception, *saññāviratta*, and release through wisdom, *paññāvimutta*, an *arahant's* point of view is totally different from the worldling's point of view. What appears as real for the worldling, is unreal in the estimation of the *arahant*. There is such a wide gap between the two viewpoints. This fact comes to light in the two kinds of reflections mentioned in the *Dvayatānupassanāsutta* of the *Sutta Nipāta*.

Yaṃ, bhikkhave, sadevakassa lokassa samārakassa sabrahmakassa sassamaṇabrāhmaṇiyā pajāya sadevamanussāya 'idaṃ saccaṃ' ti upanijjhāyitaṃ, tadam ariyānaṃ 'etaṃ musā' ti yathābhūtaṃ sammappaññāya suddiṭṭhaṃ - ayaṃ ekānupassanā. Yaṃ, bhikkhave, sadevakassa lokassa samārakassa sabrahmakassa sassamaṇabrāhmaṇiyā pajāya sadevamanussāya 'idaṃ musā' ti upanijjhāyitaṃ, tadam ariyānaṃ 'etaṃ saccaṃ' ti yathābhūtaṃ sammappaññāya suddiṭṭhaṃ - ayaṃ dutiyānupassanā.^[888]

"Monks, whatsoever in the world with its gods, Māras and Brahmas, among the progeny consisting of recluses, Brahmins, gods and men, whatsoever is pondered over as 'truth', that by the *ariyans* has been well discerned with right wisdom, as it is, as 'untruth'. This is one mode of reflection. Monks, whatsoever in the world with its gods, Māras and Brahmas, among the progeny consisting of recluses, Brahmins, gods and men, whatsoever is pondered over as 'untruth', that by the *ariyans* has been well discerned with right wisdom, as it is, as 'truth'. This is the second mode of reflection."

From this, one can well imagine what a great difference, what a contrast exists between the two stand-points. The same idea is expressed in the verses that follow, some of which we had cited earlier too.

*Anattani attamāniṃ,
passa lokaṃ sadevakaṃ,
niviṭṭhaṃ nāmarūpasmīṃ,
idaṃ saccaṃ'ti maññanti.
Yena yena hi maññanti,
tato taṃ hoti aññathā,
taṃ hi tassa musā hoti,
mosadhammaṃ hi ittaraṃ.
Amosadhammaṃ nibbānaṃ,
tad ariyā saccato vidū,*

*te ve saccābhisamayā,
nicchātā parinibbutā.*^[889]

"Just see the world, with all its gods,
Fancying a self where none exists,
Entrenched in name-and-form it holds
The conceit that this is real.
In whatever way they imagine,
Thereby it turns otherwise,
That itself is the falsity,
Of this puerile deceptive thing.
Nibbāna is unfalsifying in its nature,
That they understood as the truth,
And, indeed, by the higher understanding of that truth,
They have become hunger-less and fully appeased."

Let us go for a homely illustration to familiarize ourselves with the facts we have related so far. Two friends are seen drawing something together on a board with two kinds of paints. Let us have a closer look. They are painting a chess board. Now the board is chequered. Some throw-away chunks of wood are also painted for the pieces. So the board and pieces are ready.

Though they are the best of friends and amicably painted the chessboard, the game of chess demands two sides - the principle of duality. They give in to the demand and confront each other in a playful mood. A hazy idea of victory and defeat, another duality, hovers above them. But they are playing the game just for fun, to while away the time. Though it is for fun, there is a competition. Though there is a competition, it is fun.

While the chess-game is in progress, a happy-go-lucky benefactor comes by and offers a handsome prize for the prospective winner, to enliven the game. From now onwards, it is not just for fun or to while away the time that the two friends are playing chess. Now that the prospect of a prize has aroused greed in them, the innocuous game becomes a tussle for a prize.

Worthless pieces dazzle with the prospect of a prize. But just then, there comes a pervert killjoy, who shows a threatening weapon and adds a new rule to the game. The winner will get the prize all right, but the loser he will kill with his deadly weapon.

So what is the position now? The sportive spirit is gone. It is now a struggle for dear life. The two friends are now eyeing each other as an enemy. It is no longer a game, but a miserable struggle to escape death.

We do not know, how exactly the game ended. But let us hold the post mortem all the same. We saw how those worthless chunks of wood picked up to serve as pieces on the chessboard, received special recognition once they took on the paint. They represented two sides.

With the prospect of a prize, they got animated in the course of the game, due to cravings, conceits and views in the minds of the two players. Those impulses were so overwhelming that especially after the death knell sounded, the whole chess board became the world for these two friends. Their entire attention was on

the board - a life and death struggle.

But this is only one aspect of our illustration. The world, in fact, is a chessboard, where an unending chess game goes on. Let us look at the other aspect. Now, for the *arahant*, the whole world appears like a chessboard. That is why the *arahant* Adhimutta, when the bandits caught him while passing through a forest and got ready to kill him, uttered the following instructive verse, which we had quoted earlier too.

*Tiṇakatṭhasamaṃ lokaṃ,
yadā paññāya passati,
mamattaṃ so asaṃvindaṃ,
'natthi me'ti na socati.*^[890]

"When one sees with wisdom,
This world as comparable to grass and twigs,
Not finding anything worthwhile holding onto as mine,
One does not grieve, saying: 'O! I have nothing!'"

Venerable Adhimutta's fearless challenge to the bandit chief was extraordinary: You may kill me if you like, but the position is this: When one sees with wisdom the entire world, the world of the five aggregates, as comparable to grass and twigs, one does not experience any egoism and therefore does not grieve the loss of one's life.

Some verses uttered by the Buddha deepen our understanding of the *arahant's* standpoint. The following verse of the *Dhammapada*, for instance, highlights the conflict between victory and defeat.

*Jayaṃ veraṃ passavati,
dukkhaṃ seti parājito,
upasanto sukhaṃ seti
hitvā jayaparājayaṃ.*^[891]

"Victory breeds hatred,
In sorrow lies the defeated,
The one serene is ever at peace,
Giving up victory and defeat."

As in the chess game, the idea of winning gives rise to hatred. The loser in the game has sorrow as his lot. But the *arahant* is at peace, having given up victory and defeat. Isn't it enough for him to give up victory? Why is it said that he gives up both victory and defeat?

These two go as a pair. This recognition of a duality is a distinctive feature of this *Dhamma*. It gives, in a nutshell, the essence of this *Dhamma*. The idea of a duality is traceable to the vortex between consciousness and name-and-form. The same idea comes up in the following verse of the *Attadaṇḍasutta* in the *Sutta Nipāta*.

*Yassa n' atthi 'idaṃ me 'ti
'paresaṃ' vā pi kiñcanaṃ,
mamattaṃ so asaṃvindaṃ,*

'n' atthi me' ti na socati.^[892]

"He who has nothing to call 'this is mine',
Not even something to recognize as 'theirs',
Finding no egoism within himself,
He grieves not, crying: O! I have nothing!"

So far in this series of sermons on *Nibbāna*, we were trying to explain what sort of a state *Nibbāna* is. We had to do so, because there has been quite a lot of confusion and controversy regarding *Nibbāna* as the aim of the spiritual endeavour in Buddhism. The situation today is no better. Many of those who aspire to *Nibbāna* today, aim not at the cessation of existence, but at some form of quasi existence as a surrogate *Nibbāna*.

If the aiming is wrong, will the arrow reach the target? Our attempt so far has been to clarify and highlight this target, which we call *Nibbāna*. If we have been successful in this attempt, the task before us now is to adumbrate the salient features of the path of practice.

Up to now, we have been administering a purgative, to dispel some deep-rooted wrong notions. If it has worked, it is time now for the elixir. In the fore-going sermons, we had occasion to bring up a number of key terms in the *suttas*, which have been more or less relegated into the limbo and rarely come up in serious *Dhamma* discussions. We have highlighted such key terms as *suññatā*, *dvayatā*, *tathatā*, *atammayatā*, *idappaccayatā*, *papañca*, and *maññanā*. We have also discussed some aspects of their significance. But in doing so, our main concern was the dispelling of some misconceptions about *Nibbāna* as the goal.

The aim of this series of sermons, however, is not the satisfying of some curiosity at an academic level. It is to pave the way for an attainment of this goal, by rediscovering the intrinsic qualities of this *Dhamma* that is well proclaimed, *svākkhāto*, visible here and now, *sandiṭṭhiko*, timeless, *akāliko*, inviting one to come and see, *ehi-passiko*, leading one onwards, *opanayiko*, and realizable personally by the wise, *paccattaṃ veditabbo viññūhi*. So the few sermons that will follow, might well be an elixir to the minds of those meditators striving hard day and night to realize *Nibbāna*.

*Lobho, doso ca moho ca,
purisaṃ pāpacetasam,
hiṃsanti attasambhūtā,
tacasāraṃ va samphalaṃ.*^[893]

"Greed and hate and delusion too,
Sprung from within work harm on him
Of evil wit, as does its fruit
On the reed for which the bark is pith."

The main idea behind this verse is that the three defilements - greed, hatred and delusion - spring up from within, that they are *attasambhūta*, self-begotten. What is the provocation for such a statement?

It is generally believed that greed, hatred and delusion originate from external signs. The magic show and the chess game have shown us how signs become significant. They become significant because they find something within that they can signify and symbolize.

Now this is where the question of radical reflection, *yoniso manasikāra*, comes in. What the Buddha brings up in this particular context, is the relevance of that radical reflection as a pre-requisite for treading the path.

The worldling thinks that greed, hatred and delusion arise due to external signs. The Buddha points out that they arise from within an individual and destroy him as in the case of the fruit of a reed or bamboo. It is this same question of radical reflection that came up earlier in the course of our discussion of the *Madhupiṇḍikasutta*, based on the following deep and winding statement.

Cakkhuñc'āvuso paṭicca rūpe ca uppajjati cakkhuvīññāṇaṃ, tiṇṇaṃ saṅgati phasso, phassapaccayā vedanā, yaṃ vedeti taṃ sañjānāti, yaṃ sañjānāti taṃ vitakketi, yaṃ vitakketi taṃ papañceti, yaṃ papañceti tatonidānaṃ purisaṃ papañcasaññāsaṅkhā samudācaranti atītānāgatapaccuppannesu cakkhuvīññeyyesu rūpesu. [\[894\]](#)

"Dependent on eye and forms, friend, arises eye-consciousness; the concurrence of the three is contact; because of contact, feeling; what one feels, one perceives; what one perceives, one reasons about; what one reasons about, one proliferates; what one proliferates, owing to that, reckonings born of prolific perceptions overwhelm him in regard to forms cognizable by the eye relating to the past, the future and the present."

Eye-consciousness, for instance, arises depending on eye and forms. The concurrence of these three is called contact. Depending on this contact arises feeling. What one feels, one perceives, and what one perceives, one reasons about. The reasoning about leads to a proliferation that brings about an obsession, as a result of which the reckonings born of prolific perceptions overwhelm the individual concerned.

The process is somewhat similar to the destruction of the reed by its own fruit. It shows how non-radical reflection comes about. Radical reflection is undermined when proliferation takes over. The true source, the matrix, is ignored, with the result an obsession follows, tantamount to an entanglement within and without, *anto jaṭā bahi jaṭā*. [\[895\]](#)

The paramount importance of radical reflection is revealed by the *Sūcilomasutta* found in the *Sutta Nipāta*, as well as in the *Sagāthakavagga* of the *Samyutta Nikāya*. The *yakkha* Sūciloma poses some questions to the Buddha in the following verse.

*Rāgo ca doso ca kuto nidānā,
aratī ratī lomahaṃso kutojā,
kuto samuṭṭhāya manovitakkā,
kumārakā vaṃkam iv' ossajanti?* [\[896\]](#)

"Lust and hate, whence caused are they,
Whence spring dislike, delight and terror,
Whence arising do thoughts disperse,
Like children leaving their mother's lap?"

The Buddha answers those questions in three verses.

*Rāgo ca doso ca itonidānā,
aratī ratī lomahaṃso itojā,
ito samuṭṭhāya manovitakkā,*

kumāarakā vaṃkam iv' ossajanti.
Snehajā attasambhūtā
nigrodhasseva khandhajā,
puthū visattā kāmesu
māluvā va vitatā vane.

Ye naṃ pajānanti yatonidānaṃ,
te naṃ vinodenti, suṇohi yakkha,
te duttaram ogham imaṃ taranti,
atiṇṇapubbaṃ apunabbhavāya.

"It is hence that lust and hate are caused,
Hence spring dislike, delight and terror,
Arising hence do thoughts disperse,
Like children leaving their mother's lap.
Moisture-born and self-begotten,
Like the banyan's trunk-born runners
They cleave to diverse objects of sense,
Like the *māluvā* creeper entwining the forest.
And they that know wherefrom it springs,
They dispel it, listen, O! Yakkha.
They cross this flood so hard to cross,
Never crossed before, to become no more."

In explaining these verses, we are forced to depart from the commentarial trend. The point of controversy is the phrase *kumāarakā dhaṅkam iv' ossajanti*, recognized by the commentary as the last line of Sūciloma's verse. We adopted the variant reading *kumāarakā vaṃkam iv' ossajanti*, found in some editions. Let us first try to understand how the commentary interprets this verse.

Its interpretation centres around the word *dhaṅka*, which means a crow. In order to explain how thoughts disperse, it alludes to a game among village lads, in which they tie the leg of a crow with a long string and let it fly away so that it is forced to come back and fall at their feet.^[897] The commentary rather arbitrarily breaks up the compound term *manovitakkā* in trying to explain that evil thoughts, *vitakkā*, distract the mind, *mano*. If the variant reading *kumāarakā vaṃkam iv' ossajanti* is adopted, the element *v* in *vaṃkam iv' ossajanti* could be taken as a hiatus filler, *āgama*, and then we have the meaningful phrase *kumāarakā aṃkam iv' ossajanti*, "even as children leave the lap".

Lust and hate, delight and terror, spring from within. Even so are thoughts in the mind, *manovitakkā*. We take it as one word, whereas the commentary breaks it up into two words. It is queer to find the same commentator analyzing this compound differently in another context. In explaining the term *manovitakkā* occurring in the *Kummasutta* of the *Devatā Saṃyutta* in the *Saṃyutta Nikāya*, the commentary says '*manovitakke'ti manamhi uppannavitakke*, "*manovitakka*, this means thoughts arisen in the mind".^[898]

The commentator was forced to contradict himself in the present context,

because he wanted to justify the awkward simile of the game he himself had introduced. The simile of leaving the mother's lap, on the other hand, would make more sense, particularly in the light of the second verse uttered by the Buddha.

*Snehajā attasambhūtā
nigrodhasseva kandhajā,
puṭhū visattā kāmesu
māluvā va vitatā vane.*

The verse enshrines a deep idea. *Sneha* is a word which has such meanings as "moisture" and "affection". In the simile of the banyan tree, the trunk-born runners are born of moisture. They are self-begotten. Thoughts in the mind cleave to diverse external objects. Just as the runners of a banyan tree, once they take root would even conceal the main trunk, which gave them birth, so the thoughts in the mind, attached to external objects of sense, would conceal their true source and origin. Non radical reflection could easily come in. The runners are moisture-born and self-begotten from the point of view of the original banyan tree. The main trunk gets overshadowed by its own runners.

The next simile has similar connotations. The *māluvā* creeper is a plant parasite. When some bird drops a seed of a *māluvā* creeper into a fork of a tree, after some time a creeper comes up. As time goes on, it overspreads the tree, which gave it nourishment.

Both similes illustrate the nature of non radical reflection. Conceptual proliferation obscures the true source, namely the psychological mainsprings of defilements. Our interpretation of children leaving the mother's lap would be meaningful in the context of the two terms *snehajā*, "born of affection", and *attasambhūtā*, "self-begotten". There is possibly a pun on the word *sneha*. Children are affection-born and self-begotten, from a mother's point of view.

The basic theme running through these verses is the origin and source of things. The commentator's simile of the crow could ill afford to accommodate all the nuances of these pregnant terms. It distracts one from the main theme of these verses. The questions asked concern the origin, *kuto nidānā*, *kutojā*, *kuto samuṭṭhāya*, and the answers are in full accord: *ito nidānā*, *itojā*, *ito samuṭṭhāya*.

With reference to thoughts in the mind, the term *snehajā* could even mean "born of craving", and *attasambhūtā* conveys their origination from within. As in the case of the runners of the banyan tree and the *māluvā* creeper, those defiling thoughts, arisen from within, once they get attached to sense objects outside, obscure their true source. The result is the pursuit of a mirage, spurred on by non-radical reflection.

The last verse is of immense importance. It says: But those who know from where all these mental states arise, are able to dispel them. It is they who successfully cross this flood, so hard to cross, and are freed from re-becoming.

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MIND STILLED 28

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

Namo tassa bhagavato arahato sammāsambuddhassa

Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānam.^[899]

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

With the permission of the Most Venerable Great Preceptor and the assembly of the venerable meditative monks. This is the twenty-eighth sermon in the series of sermons on *Nibbāna*.

Right view, the first factor of the noble eightfold path, is defined as the knowledge of all the four noble truths, namely that of suffering, its arising, its cessation, and the path leading to its cessation. This is a pointer to the fact that some understanding of cessation, or *Nibbāna*, is essential for the practice of the path.

According to a discourse among the Twos of the *Aṅguttara-nikāya*, there are two conditions for the arising of this right view:

Dve 'me, bhikkhave, paccayā sammādiṭṭhiyā uppādāya. Katame dve? Parato ca ghoso yoniso ca manasikāro.^[900] "Monks, there are these two conditions for the arising of right view. Which two? Hearing from another and radical reflection."

Strictly speaking, *yoniso manasikāra*, or "radical reflection", is attention by way of source or matrix. The deeper dimensions of its meaning would have come to light in our discussion of *paṭicca samuppāda* with reference to a quotation from the *Mahāpadānasutta*, in one of our earlier sermons. There we saw how the bodhisatta Vipassī went on reflecting from the very end of the formula of *paṭicca samuppāda*, of dependent arising, in reverse order and gradually arrived at the true source.^[901]

Kimhi nu kho sati jarāmaraṇam hoti, kiṃ paccayā jarāmaraṇam? Jātiyā kho sati jarāmaraṇam hoti, jātipaccayā jarāmaraṇam. "What being there, does decay and death come to be? Conditioned by what, is decay-and-death? Birth being there does decay-and-death come to be, conditioned by birth is decay-and-death."

In this way, he directed his radical reflection gradually upwards, beginning from decay-and-death, and at last came to the *saṃsāric* vortex between consciousness and name-and-form, which we discussed at length. This is an illustration of the deepest sense of *yoniso manasikāra* as an attitude essential for seeing the law of dependent arising within one's own experience.

By now we have already laid bare some first principles for the arising of this radical reflection in the form of similes like the magic show and the chess game. Those similes have illustrated for us the first principle that a thing originates from, and its 'thingness' depends on, the psychological responses and mental traits of the person concerned.

The magic show and the chess game have exposed the fact that the signs and symbols which we conceive to be out there owe their significance and symbolic nature to the deep-rooted psychological mainsprings of lust, hate and delusion.

It was while discussing how the *Sūcilomasutta* presents the question of radical reflection that we were forced to stop our last sermon. To the question of Yakkha Sūciloma as to the source of lust, hate, delight and terror, the Buddha replied that they arise 'hence', from 'hence' itself. In the Pāli verses the Yakkha's questions

kutovidānā, kutojā, kuto samuṭṭhāya met with the replies *itovidānā, itojā, ito samuṭṭhāya* from the Buddha's side. [\[902\]](#)

This *ito*, "hence", means from within one's self. This is clear from the term *attasambhūta*, "self-begotten", in the reply given by the Buddha. It is to illustrate this self-begotten nature that the Buddha brings in the similes of the banyan tree and the *māluvā* creeper. When the runners coming down from the branches of a banyan tree reach the ground and get rooted, after a time, it will be difficult to distinguish the original trunk of the tree from its offsprings. So also is the case with the parasitic *māluvā* creeper. When the seed of a *māluvā* creeper takes root in the fork of a tree and grows up, it not only kills the tree, but also overspreads it in such a way as to obscure its origin.

From these similes we can infer that the self-begotten nature of those psychological states are also generally overlooked or ignored. They are revealed only to radical reflection, to attention by way of source or matrix. That is why the Buddha emphasizes the need for discerning the true source. That it is an injunction directly relevant to the practice is clearly expressed in the last verse in the *Sūcilomasutta*.

*Ye naṃ pajānanti yatovidānaṃ,
te naṃ vinodenti, suṇohi yakkha,
te duttaram ogham imaṃ taranti,
atiṇṇapubbaṃ apunabbhavāya.* [\[903\]](#)

"And they that know wherefrom it springs,
They dispel it, listen, O! Yakkha.
They cross this flood so hard to cross,
Never crossed before, to become no more."

The commentary takes the term *yatovidānaṃ* in this verse as a reference to the second noble truth of craving. The term *attasambhūta* is explained as "arisen within oneself", *attani sambhūtā*, but not much attention is given to it. [\[904\]](#) However, if we are to elicit the deeper meaning of these lines, we have to take up for comment this term, occurring in the preceding verse.

We came across this term earlier, too, in our discussion of a verse in the *Kosala Saṃyutta*. [\[905\]](#)

*Lobho, doso ca moho ca
purisaṃ pāpacetasam
hiṃsanti attasambhūtā
tacasāraṃ va samphalaṃ.* [\[906\]](#)

"Greed and hate and delusion too,
Sprung from within work harm on him
Of evil wit, as does its fruit
On the reed for which the bark is pith."

In this context, too, the term *attasambhūta* is mentioned. When we reflect deeply on the significance of this term, we are first of all reminded of the vortex simile we employed to explain the reciprocal relationship between consciousness and name-and-form in our discussion of the law of dependent arising as stated in

the *MahāNidānasutta* at the very outset of this series of sermons.^[907]

Attasambhūta, literally rendered, would mean "originating from oneself". But this so-called oneself conceived as a unit or centre of activity, is actually based on a duality. The notion of a self is to be traced to an interrelation between two conditions, that is, the reciprocal relationship between consciousness and name-and-form, which we discussed earlier too.

Viññāṇapaccayā nāmarūpaṃ, nāmarūpapaccayā viññāṇaṃ,^[908] "dependent on consciousness is name-and-form", "dependent on name-and-form is consciousness". As the *bodhisatta Vipassī* understood through radical reflection, consciousness turns back from name-and-form, it does not go beyond, *paccudāvattati kho idaṃ viññāṇaṃ nāmarūpamhā, nāparaṃ gacchati*.

Here is a vortex, a turning round. The delusion or ignorance is the non-understanding of the reciprocal relationship between these two. The understanding of it is the insight into the true source of all defilements.

To hark back to our simile of the chess game, this non-understanding is like the split into two sides. The two friends quite amicably prepared the chess board and the pieces. But for them to play the game, there should be two sides. It is after this bifurcation and confrontation as two sides that the actual game starts, with its vicissitudes of winning and losing.

Preparations grow yielding the consequences of wish fulfilments and disappointments to the competitors. This is the norm underlying this bifurcation. So ignorance is the non-understanding of the fact that the basis of this *attasambhava* or springing up from within, namely, the dichotomy, is in fact a mutual interrelation between two conditions.

In other words, the ignorance which gives rise to those preparations that go to create the vortex between consciousness and name-and-form is the non-understanding of the mutual interrelation implicit in this vortical interplay. That is why one is instructed in insight meditation to reflect on preparations relating to name-and-form. An insight into those preparations reveals this mutual interrelation. There is such a dichotomy implicit in the term *attasambhava*.

The commentary explains the correlative *yathonidānaṃ*, "whence arising", as a reference to *taṇhā* or craving. But it is actually an allusion to ignorance. The true source is non-understanding. That is why the Buddha, in presenting the formula of *paṭicca samuppāda*, went beyond craving and placed ignorance at the head of the series of twelve links.

Very often, the commentators mention this as a possible point of controversy. But the real reason for its precedence is the fact that ignorance is more primary than craving as a condition. It is more basic than craving. When one probes into the conditions for craving, one discovers ignorance as its root. That is why, in stating the law of *paṭicca samuppāda* in the reverse order, the Buddha used the expression *avijjāya tv'eva asesavirāganirodhā*, etc., "with the remainderless fading away and cessation of ignorance" etc.^[909] It is with the cessation of ignorance that the entire series of conditions move in the opposite direction. So ignorance is primary as a condition.

We can explain this primacy in another way. Now *upādāna* is that grasping of the object of craving. Actually it signifies a holding onto something. What gives the impression that the object of craving is something that can be grasped is a lack of a deep understanding of the principle of duality. Craving finds something to hold onto precisely because one presumes that there actually exists a thing to

be grasped. That is how it gets object status. This way, we can explain the basic reason for the recurrent birth in *saṃsāra* as the non-understanding of the mutual interrelation between conditions. This sustains the notion of a duality.

There is a verse in the *MahāParinibbānasutta* which throws more light on the meaning of the term *attasambhava*. The verse, which is found also in the section on the Eights in the *Aṅguttara Nikāya*, as well as in the *Udāna*, runs as follows:

*Tulam atulañ ca sambhavaṃ
bhavaśaṅkhāram avassajī munī
ajjhattarato samhāhito
abhindi kavacam iv'attasambhavaṃ.*^[910]

"That preparation for becoming,
The Sage gave up,
Whence arise an 'equal' and an 'unequal',
Inwardly rapt and concentrated,
He split like an armour
The origin of self."

At the spot called *cāpāla cetiya* the Buddha renounced the preparations pertaining to the life span and declared that he will attain *parinibbāna* three months hence. There was an earth tremor immediately afterwards and the Buddha uttered this paean of joy to explain its significance. However, this verse has puzzled many scholars, both eastern and western. The commentators themselves are in a quandary. They advance alternative interpretations, particularly in connection with the riddle-like terms *tulam atulaṃ* as evidenced by the commentaries to the *Dīgha Nikāya* and *Aṅguttara Nikāya*.^[911]

According to the first interpretation given, *tulaṃ* stands for whatever pertains to the sense-sphere, and *atulaṃ* refers to the fine-material and immaterial spheres. The second interpretation, prefixed by an "or else", *athavā*, takes *tulaṃ* to mean both the sense-sphere and the fine-material sphere and *atulaṃ* to refer only to the immaterial sphere. In a third interpretation, *tulaṃ* is taken to mean 'of little karmic result', and *atulaṃ* to mean 'of great result'.

A fourth interpretation tries to tackle the difficult term in a different way altogether: '*tulan'ti tulento tīrento*, '*atulañ ca sambhavan'ti nibbānañ ceva sambhavañ ca*. "*Tulaṃ* means comparing, determining, *atulañ ca sambhavaṃ* means *Nibbāna* and becoming." Here the word *tulaṃ* is presumed to be a present participle.

To add to the confusion, *Nettipakaraṇa* advances yet another interpretation.^[912] '*Tulan'ti saṅkhāradhātu*, '*atulan'ti nibbānadhātu*, "*tulaṃ* means *saṅkhāra*-element, *atulaṃ* means *Nibbāna*-element."

It seems, however, that we have to approach the whole problem from a different angle altogether. The twin term *tulam atulaṃ* most probably represents the principle of duality we have discussed at length in this series of sermons. *Tulaṃ* and *atulaṃ* in a pair-wise combination convey the idea of equality and inequality as antonyms.

The phrase *tulam atulañ ca sambhavaṃ* is suggestive of that dichotomy which forms the basis of the self idea. *Attasambhava* or the origin of the self-notion is traceable to this dichotomy, which is like the two friends confronting each other

in a game of chess. The two sides of the game may be taken as two halves of the same thing, standing opposite to each other. This is the 'tragi-comedy' of the situation. It is on these two halves or this dichotomy that the origin of the notion of self is based.

A clear enunciation of this truth is found in the *Sutta Nipāta*. For instance, the following verse of the *Māgandiyasutta* brings out the principle of dichotomy rather rhetorically:

'Saccan' ti so brāhmaṇo kiṃ vadeyya
'musā' ti vā so vivadetha kena
yasmim̐ samaṃ visamañ cāpi n'atthi
sa kena vādaṃ paṭisamyujeyya. [\[913\]](#)

"What could that Brahmin speak of as 'truth',
How could he debate calling something 'false',
By what criterion could he, in whom there is no distinction
Between equal and unequal, join issue in a debate?"

We come across a similar verse in the *Attadaṇḍasutta* of the *Sutta Nipāta*.

Na samesu na omesu,
na ussesu vadate muni
santo so vītamaccharo
nādeti na nirassati. [\[914\]](#)

"The sage does not grade himself,
Among equals, inferiors or superiors,
Being at peace and with selfishness gone,
He neither takes up nor throws away."

Here again the issue is the triple conceit. It is by dispelling conceit that the sage entertains no inclinations to grade himself among equals, inferiors or superiors. Peaceful and unselfish as he is, he neither acquires nor rejects. Here we see a reference to that dichotomy.

The same idea comes up in another guise in the following verse of the *Tuvaṭṭakasutta* of the *Sutta Nipāta*, which can be an incentive to the recollection of peace, *upasamānussati*.

Ajjhattaṃ eva upasame,
nāññato bhikkhu santiṃ eseyya
ajjhattaṃ upasantassa
n'atthi attaṃ, kuto nirattaṃ. [\[915\]](#)

"Let the monk inwardly calm himself,
Let him not seek peace from outside,
To one who is inwardly calm,
There is nothing taken up or rejected."

We came across the two terms *attaṃ nirattaṃ* earlier too, in our discussion of a

verse in the *Duṭṭhaṭṭhakasutta*.^[916] There, the line *attaṃ nirattaṃ na hi tassa atthi* meant the absence of the idea of taking up and rejecting in an *arahant*. Very often scholars interpret the term *attaṃ* in this context as "self", which in our opinion is incorrect. The phrase *nādeti na nirassati* gives a clear hint as to the etymology of this term. It is derived from *dā* prefixed by *ā*, giving *ādatta*, which by syncopation becomes *ātta*, which again by shortening of the vowel comes as *atta*. *Niratta* is derived from *nirassati*.

These two terms, suggestive of a duality, remind us of the water pump we mentioned in our discussion of the vortex.^[917] There is nothing really automatic even in a water pump, which takes in and throws out. Due to these two aspects in the mechanism of a water pump, we call it a unit. From the point of view of a water pump, it is capable of performing both functions. It is from this point of view that we attribute a unitary significance to it. In this very concept of a unit, one can discern the delusion involved.

Delusion is the apex of the vicious triangle greed, hate and delusion. Greed and hate are the two feelers directed from the apex delusion. Though we regard them as two functions, the taking in and throwing out are simply two aspects of the same function. All this points to the depth of the idea of duality and to the vortex simile, which our commentarial tradition seems to have ignored.

It is the same theme of duality that comes up in the first two lines of that cryptic verse of the *Brāhmaṇa Vagga* in the *Dhammapada*, we had occasion to quote earlier. *Yassa pāraṃ apāraṃ vā, pārāpāraṃ na vijjati*.^[918] To that Brahmin, that is the *arahant*, there is neither a farther shore nor a hither shore nor both. There is something extraordinary about this statement.

Against this background, we can now advance a plausible interpretation to the puzzling verse we had quoted earlier in this discussion. The first two lines *tulam atulañ ca sambhavaṃ, bhavaśaṅkhāraṃ avassajī munī* could be understood as follows: "The Sage renounced the preparations for becoming, which give rise to a distinction between equal and unequal", that is to say, the Supreme Sage gave up those preparations productive of the dichotomy between the concepts of equal and unequal.

Now the next two lines *ajjhatarato samhāhito abhindi kavacam iv'attasambhavaṃ* could be explained as follows: "Inwardly content and concentrated he broke up the point of origin of self like an armour". This breaking up of the armour happened not at the moment he uttered this verse, but at the moment he attained perfect enlightenment. Then what is the provocation for making such a declaration at this juncture?

The Buddha renounced the preparations pertaining to the life span, *āyusaṅkhārā*, after several requests to that effect by Māra. It may seem that the Buddha bowed down to Māra's request and that he came under Māra's sway when he declared that the Tathāgata's Parinibbāna will take place three months hence. But the true implication of the verse in question is that the armour of Māra, the armour of self-origin, *attasambhava*, has been broken down already and as such he is not within the clutches of Māra.

Some scholars seem to identify this giving up of preparations for becoming, *bhavaśaṅkhārā*, with the renouncing of preparations pertaining to the lifespan, *āyusaṅkhārā*. But there is a distinction between these two.

The former, that is *bhavaśaṅkhārā*, are preparations productive of existence, which go to build up a *bhava*. These the Buddha had already done away with by breaching the *saṃsāric* vortex between *viññāṇa* and *nāmarūpa*. *Chinnaṃ vaṭṭaṃ na*

vattati, "the whirlpool cut off whirls no more".^[919] Those eddies are no longer active in that consciousness.

Preparations pertaining to the life span, *āyusañkhārā*, have to be explained differently. The term *āyusañkhārā*, mentioned in the *MahāParinibbānasutta*, refers to the ability the Buddha possessed by virtue of developing the four bases of success, *iddhipāda*, of lengthening his life span. Because Venerable Ānanda did not invite him at the correct moment to make use of that ability, he renounced it at *cāpāla cetiya*. That renouncing is compared in that *Sutta* itself to a vomiting. The Buddha tells Ānanda that it is not in the nature of a Tathāgata to take in what he has already vomited, even for the sake of life.^[920]

So then, *āyusañkhārā* and *bhavaśaṅkhārā* have to be distinguished between. Preparations pertaining to the life span are not the same as preparations productive of existence or becoming.

Understood in this way, it becomes clear that all the attachments, aversions and delusions in the world stem from a non-understanding of the fact that the duality we have discussed so far is actually an interrelation. It is as if the two friends, who amicably prepared the chess board, forgot their friendship when they confronted each other as two sides.

This duality is a very subtle problem. The Buddha has pointed out how to resolve it through understanding by means of various meditation techniques. Perhaps the best illustration is the meditative attention by way of elements as stated in the *suttas*. We have already mentioned about this to some extent in a previous sermon while discussing the *Dhātuvibhaṅgasutta*.^[921] If we are to analyse this technique of meditative attention by way of elements from a practical point of view, we may cite the relevant section from the *MahāHatthipadopamasutta* preached by Venerable Sāriputta. Addressing his fellow monks, Venerable Sāriputta says:

Katamā c'āvuso paṭhavīdhātu? Paṭhavīdhātu siyā ajjhattikā siyā bāhirā. Katamā c'āvuso ajjhattikā paṭhavīdhātu? Yaṃ ajjhattaṃ paccattaṃ kakkhaḷaṃ kharigataṃ upādiṇṇaṃ, seyyathidaṃ kesā lomā nakhā dantā taco maṃsaṃ nahāru aṭṭhī aṭṭhimiñjā vakkhaṃ hadayaṃ yakaṃ kilomakaṃ pihakaṃ papphāsaṃ antaṃ antaṅgaṃ udariyaṃ karisaṃ, yaṃ vā paṇ'aññaṃ pi kiñci ajjhattaṃ paccattaṃ kakkhaḷaṃ kharigataṃ upādiṇṇaṃ, ayaṃ vuccat'āvuso ajjhattikā paṭhavīdhātu.

Yā c'eva kho pana ajjhattikā paṭhavīdhātu yā ca bāhirā paṭhavīdhātu paṭhavīdhātūrev'esā. Taṃ n'etaṃ mama n'eso 'ham asmi, na meso attā 'ti evaṃ etaṃ yathābhūtaṃ sammappaññāya daṭṭhabbaṃ. Evaṃ etaṃ yathābhūtaṃ sammappaññāya disvā paṭhavīdhatuyā nibbindati, paṭhavīdhatuyā cittaṃ virājeti.^[922]

"What, Friends, is the earth element? The earth element may be either internal or external. What, Friends, is the internal earth element? Whatever is internal, belonging to oneself, hard, solid and clung to, that is, head hairs, body hairs, nails, teeth, skin, flesh, sinews, bones, bone marrow, kidney, heart, liver, diaphragm, spleen, lungs, large intestines, small intestines, contents of the stomach, faeces, or whatever else is internal, belonging to oneself, hard, solid and clung to, this is called, Friends, the internal earth element.

Now whatever is the internal earth element and whatever is the external earth element, both are simply the earth element; and that should be seen as it actually is with right wisdom thus: 'This is not mine, this I am not, this is not my self.' Having seen it as it actually is with right wisdom, one becomes disenchanted with the earth element, becomes dispassionate towards the earth element."

Venerable Sāriputta has not given here instances of the external earth element,

because it is obvious enough, that is: whatever is external to the body.

A statement that is of paramount importance here is the following: *Yā c'eva kho pana ajjhattikā paṭhavīdhātu yā ca bāhirā paṭhavīdhātu paṭhavīdhātudev'esā*, "now whatever is the internal element and whatever is the external earth element, both are simply the earth element". When regarded as earth element, both are the same. This is the premise from which insight takes off.

"That should be seen as it actually is with right wisdom thus: 'This is not mine, this I am not, this is not my self.'" With this insight into the earth element with right wisdom one gets disenchanted with it and becomes dispassionate.

As we pointed out earlier too, the term *virāga*, usually rendered by "detachment" or "dispassion", has a nuance suggestive of a "fading away".^[923] Here the verb *virājeti* clearly brings out that nuance. Thus *paṭhavīdhatuyā cittaṃ virājeti* seems to imply something like "he makes the earth element fade away from his mind". We have already quoted such instances as *pītiyā ca virāgā*, "with the fading away of joy", and *avijjāvirāgā*, "with the fading away of ignorance", to highlight this nuance of the term *virāga*.

In this context, too, it seems the function of disenchantment, *nibbidā*, is to see that whatever colour the earth element had infused in the mind is made to fade away. It is a detachment as well as a decolouration.

What, then, is the true purpose of resolving the distinction between internal and external with regard to the earth element? The purpose is the breaking up of the foundation for cravings, conceits and views.

For 'me' to acquire some object out of craving that object has to exist apart from 'me' and 'I' have to stand apart from it. The statement 'this is mine' presupposes a duality between 'me' and 'mine'. Similarly, the statement 'this am I', expressive of conceit, smacks of duality. For instance, one gazing at a mirror is imperceptibly involved in this duality when he tries to compare his face with its reflection on the mirror. This is the irony of the situation in ordinary life. But what we have here, in this *Sutta*, is the opposite viewpoint. Not: 'this is mine', not: 'this am I', not: 'this is my self'.

What fosters this opposite point of view is the very absence of the distinction between the internal and the external. The fundamental basis for acquisition or measuring is gone. It is as if the unending game of chess with all its vicissitudes has ended in a peaceful draw.

As a matter of fact, our entire *saṃsāric* existence is a chess game between the organic, *upādiṇṇa*, and the inorganic, *anupādiṇṇa*. For instance, the four elements within this body, the grasped par excellence, or the clung to, and the four elements as nutrition and atmosphere are always in conflict in their game of chess. This chess game has as its vicissitudes the disturbances of the three humours wind, bile and phlegm, on the physical side, and greed, hate and delusion on the mental side.

These disturbances are to a great extent the outcome of this false dichotomy. The task before a meditator, therefore, is the resolving of this conflict by a penetrative understanding of the mutual interrelation between the two sides, internal and external. When the gap between the two is removed, the mind becomes equanimous.

We are told that the contemplation of the four elements is an effective means of developing equanimity. Among the parts of our body, there are some we pride on and cherish, some others, like excreta and urine, we abhor and detest. When

regarded as mere elements, attachment and revulsion give place to equanimity. The description of the contemplation on elements, as found in the *Satipaṭṭhānasutta*, clearly illustrates this fact. The relevant section runs as follows:

Puna ca paraṃ, bhikkhave, bhikkhu imam eva kāyaṃ yathāṭhitaṃ yathāpaṇihitaṃ dhātuso paccavekkhati: Atthi imasmiṃ kāye paṭhavīdhātu āpodhātu tejodhātu vāyodhātū'ti.

Seyyathāpi, bhikkhave, dakkho goghātako vā goghātakantevāsī vā gāviṃ vadhitvā cātummahāpathe bilaso paṭvivbhajitvā nisinno assa; evaṃ eva kho, bhikkhave, bhikkhu imam eva kāyaṃ yathāṭhitaṃ yathāpaṇihitaṃ dhātuso paccavekkhati: Atthi imasmiṃ kāye paṭhavīdhātu āpodhātu tejodhātu vāyodhātū'ti.^[924]

"Again, monks, a monk reflects on this same body as it stands and as it is disposed as consisting of elements thus: 'In this body there are the earth element, the water element, the fire element, and the air element'.

Just as a skilled butcher or his apprentice, having killed a cow were seated at the crossroads with it cut up into small pieces, so, too, a monk reflects on this same body as it stands and as it is disposed as consisting of elements thus: 'In this body there are the earth element, the water element, the fire element, and the air element'."

It is noteworthy that the monk is instructed to reflect on this same body as it stands and as it is disposed, *imam eva kāyaṃ yathāṭhitaṃ yathāpaṇihitaṃ*. These words are particularly significant, in that they do not imply an atomistic or microscopic analysis. The four elements are already there in the body, and though it is mentioned in brief here, in other discourses the organic instances for each of them are described at length.

The simile used in connection with this analysis is highly significant. When a butcher or his apprentice kills a cow, cuts it into small pieces and sits at the crossroads ready to sell the meat, he is no longer particular about the cow from which it came. He is conscious of it merely as a heap of meat. Similarly, the contemplation by way of elements inculcates an equanimous attitude.

Just as the distinction between the *upādiṇṇa* and the *anupādiṇṇa* is suggestive of the duality between the organic and the inorganic, the distinction between *ajjhatta* and *bahiddhā* has relevance to the duality between one's own and another's. This aspect of the reflection on elements emerges in the summary like section that follows:

Iti ajjhattaṃ vā kāye kāyānupassī viharati, bahiddhā vā kāye kāyānupassī viharati, ajjhatabhiddhā vā kāye kāyānupassī viharati, "in this way he abides contemplating the body as a body internally, or he abides contemplating the body as a body externally, or he abides contemplating the body as a body both internally and externally."

Here, too, the aim is to break down the dichotomy between one's own and another's. This contemplation is of a purpose to the extent that by it one realizes the fact that, whether internal or external, it is just the four elements. This norm is succinctly expressed as *yathā idaṃ tathā etaṃ, yathā etaṃ tathā idaṃ*,^[925] "just as this, so is that; just as that, so is this".

Our minds are obsessed by the perception of diversity, *nānattasaññā*. According to colour and form, we distinguish objects in the outside world and give them names. It is a burden or a strain to the mind. The reflection by way of elements as given in the *Satipaṭṭhāna Sutta* could even be appreciated as a step towards the

perception of unity, *ekattasaññā*, from this grosser perception of diversity. It tends to relaxation and unification of the mind.

So the purpose of this reflection by way of the elements, peculiar to the discourses, is to look upon the elements as void, in accordance with the Buddha's advice, *dhātuyo suññato passa*, "look upon the elements as void".^[926]

However, for some reason or other, perhaps due to the influence of some Indian schools of philosophy with a slant towards materialism, some Buddhist sects indulged in academic subtleties which seem to obsess the mind with the four elements with concepts about them, instead of the simpler reflection on elements characteristic of the *suttas*. Originally the purpose was to erase the four elements from the mind.

The original purpose was to make the four elements, the amorphous primaries which masquerade as form in the minds of beings for incalculable aeons, to fade away from the mind. But what happened later was to revel in atomistic analyses, which more or less followed the way of thinking peculiar to materialism. It ended up in hair-splitting analyses even literally, painting for instance the earth element all the more vividly in the mind. We have to assess this academic trend against the original purpose, unbiased by the traditional predilection for it. It is no exaggeration to say that all this tended to obscure the path to *Nibbāna* in the course of time.

The Buddha's 'research' was something entirely different. His 'research' into the four elements took a completely different course. In the *Nidānaṣaṃyutta* of the *Saṃyutta Nikāya* the Buddha proclaims the results of his research into the four elements.

Paṭhavīdhātuyāhaṃ, bhikkhave, assādapariyesanaṃ acarimṃ. Yo paṭhavīdhatuyā assādo tad ajjhagamaṃ, yāvatā paṭhavīdhātuyā assādo paññāya me so sudiṭṭho.

Paṭhavīdhātuyāhaṃ, bhikkhave, ādīnavapariyesanaṃ acarimṃ. Yo paṭhavīdhatuyā ādīnavo tad ajjhagamaṃ, yavatā paṭhavīdhātuyā ādīnavo paññāya me so sudiṭṭho.

Paṭhavīdhātuyāhaṃ, bhikkhave, nissaraṇapariyesanaṃ acarimṃ. Yaṃ paṭhavīdhatuyā nissaraṇaṃ tad ajjhagamaṃ, yavatā paṭhavīdhātuyā nissaraṇaṃ paññāya me taṃ sudiṭṭhaṃ.^[927]

"Monks, I went in search of the gratification in the earth element. Whatever gratification there is in the earth element, that have I found out; whatever is the range of the gratification of the earth element, that have I well discerned with wisdom.

Monks, I went in search of the danger in the earth element. Whatever danger there is in the earth element, that have I found out; whatever is the range of the danger of the earth element, that have I well discerned with wisdom.

Monks, I went in search of the stepping out from the earth element. Whatever stepping out there is from the earth element, that have I found out; whatever is the range of the stepping out from the earth element, that have I well discerned with wisdom."

Now this is the Buddha's research into the earth element. The discourse goes on to state the same fact with regard to the other three elements.

The term *assāda*, mentioned in this *Sutta*, is defined as the bodily pleasure and mental happiness, *sukhaṃ somanassaṃ*, arising due to the earth element. The danger in the earth element is its impermanent, suffering and changing nature, *aniccā dukkhā vipariṇāmadhammā*. The stepping out from it is the disciplining and

abandonment of desire for it, *chandarāgavinayo chandarāgappahānaṃ*.

It is on the strength of this research that the Buddha even enjoined the reflection on the four requisites. The *Ariyavaṃsasutta* makes this sufficiently clear. In connection with the modes of reflection on the use of the four requisites, a thematic phrase occurs which is highly significant in this concern.

Laddhā ca piṇḍapātaṃ agathito amucchito anajjhāpanno ādīnavadassāvī nissaraṇapañño paribhuñjati.^[928] "On getting alms food he partakes of it without greed, uninfatuated, unenslaved, being aware of the danger in it, with the wisdom in stepping out."

The terms *agathito amucchito anajjhāpanno*, "without greed, uninfatuated, unenslaved", are suggestive of the gratification which one has to withstand. The term *ādīnavadassāvī*, "being aware of the danger", is suggestive of overeating and other possible risks in taking food. The meaning of the expression *nissaraṇapañño*, "with the wisdom in stepping out", in the highest sense is taking food with the deeper idea of abandoning food in accordance with the cryptic dictum *āhāraṃ nissāya āhāraṃ pajahati*, "gives up food depending on food".^[929]

It should be clear from the foregoing what the original idea behind the contemplation on the elements was and what happened later. The later trends seem to have ignored the fact that perception is a mirage. Research into these four elements is a matter for the physicist, though it is like chasing a mirage with thoughts and concepts. What is needed is the liberation of the mind from the perception of form that is ingrained in the minds of beings due to the four elements in this long *saṃsāra*.

All the meditation techniques the Buddha has taught are directed towards the fading away of this perception of form. Because of these four primaries we have a perception of form, which enables us to take signs. All the four are actually impermanent, but the perceptual data we have gathered dependent on them are indelibly imprinted on our minds. Signs taken up in the far distant past in one's *saṃsāra* can come up again and again as attachments and aversions to perpetuate one's *saṃsāric* existence. The thoughts and prolific concepts arise out of this perception of form.

In other words, we distinguish between one thing and another according to colour and shape. By evaluating them through attachments and aversions, we allow them to get deeply rooted in our mind. These are the latencies to perception, which in the *Madhupiṇḍikasutta* find mention in the expression *saññā nānuseti*, "perceptions do not lie latent".^[930]

Whereas the *arahant* does away with these latencies, the non-*arahant* entertains them to some extent or other. These latencies account for the prolific concepts with which beings heap up *saṃsāric* suffering. In order to loosen the hold of these signs on our minds, the perilous aspect of the four elements has to be emphasized. That is why the Buddha in a number of discourses described to the monks the impermanence of the four elements. It was not his intention to encourage any atomistic analysis. He preached about the impermanence of the four elements to expose the hollowness and vanity of this drama of existence □ to erase the perception of form, productive of this drama, from the minds of beings.

Now *saṅkhāra* is a term we often come across in the *Dhamma*. We happened to suggest a possible nuance of the term, when we brought up similes relating to the cinema and the theatre. *Saṅkhāra* is a term capable of comprehending the entire range of preparations that go to make up a theatrical performance.

Now the Buddha has related the story of this great earth in some discourses.

But it is not an account of a scientific experiment, as our modern day scientists would offer. The Buddha describes how this great earth came up and how it gets destroyed in order to drive home into our minds the impermanence of the very stage on which we enact our *saṃsāric* drama, thereby inculcating an attitude of disenchantment and dispassion, *nibbidā* and *virāga*.

These *saṅkhāras*, pertaining to our drama of existence on this gigantic stage, the earth, get deeply imprinted in our minds. They sink deep as latencies to perception, productive of existence. It is to eradicate them that the Buddha has placed before us the story of this great earth in some discourses. By far the best illustration comes in the *Aggaññasutta* of the *Dīgha Nikāya*.

According to it, at the beginning of this aeon the earth was immersed in a darkness and covered with water. The inhabitants were those who had come down from the *Ābhassara Brahma* World. They were sex-less, mind-made, feeding on joy, self-luminous and capable of moving through the air, *manomayā, pītibhakkhā sayampabhā antalikkhacarā* .^[931]

After billions and billions of years, a savoury earth spread itself over the waters, like the tissue that forms over hot milk as it cools. It was very sweet and tempting. Some being of a greedy nature, exclaiming: 'Ah! What can this be?', tasted this savoury earth with his finger. Craving arose in him as a result of it. Others who saw him doing it did the same.

Then they all began digging into the savoury earth with their hands and eating it, with the result that their subtle bodies became gross, hard and solid. Craving also increased, and their minds became rougher and coarser. The environment changed in unison, becoming grosser and grosser. So we have here the perilous aspect. As the perils became manifest, the watery earth grew in solidity and the simple life grew in complexity.

Billions and billions of years passed until the earth assumed its present shape and appearance with all its gigantic mountains, rocks and buildings. But then, in the *Sattasuriyasutta* of the *Aṅguttara Nikāya*, the Buddha describes what happens to this great earth at the end of the aeon.

As the holocaust draws near, a second orb of the sun appears, and then a third, a fourth, a fifth, a sixth and a seventh. The great earth in its entirety, together with its mountains and rocks, goes ablaze, becoming just one huge flame of fire, consuming all before it without leaving any ash or soot, like in a spot where oil or ghee had burnt. So here we have no room for any atomism. In conclusion the Buddha brings out the true aim and purpose of this discourse.

Evaṃ aniccā, bhikkhave, saṅkhārā, evaṃ addhuvā, bhikkhave, saṅkhārā, evaṃ anassāsikā, bhikkhave, saṅkhārā. Yāvañcidaṃ, bhikkhave, alam eva sabbasaṅkhāresu nibbindituṃ alaṃ virajjituṃ alaṃ vimuccituṃ.^[932]

"So impermanent, monks, are preparations, so unstable, monks, are preparations, so unsatisfying, monks, are preparations. So much so, monks, this is enough to get disenchanted with preparations, this is enough to get dispassionate with them, this is enough to get released from them".

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*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānam.* [\[933\]](#)

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

With the permission of the assembly of the venerable meditative monks. This is the twenty-ninth sermon in the series of sermons on *Nibbāna*.

We made an attempt, in our last sermon, to highlight the impermanence of the stage trappings which from the beginning of an aeon to its end this great earth stage presents for the drama of existence of *saṃsāric* beings, enacted on it. Putting side by side in vivid contrast to each other, the description of the beginning of the aeon, as given in the *Aggaññasutta*, and the description of the destruction of the aeon, in the *Sattasuriyasutta*, we tried to arouse a powerful perception of impermanence, leading to disenchantment, which is the key to *Nibbāna*.

A resonant echo of these discourses of the Buddha, suggestive of the impermanence of this drama of existence and the earth stage on which it is enacted, comes to us through the *MahāHatthipadopamasutta*, preached by the venerable Sāriputta.

*Tassā hi nāma āvuso bāhirāya paṭhavīdhātuyā tāva mahallikāya aniccatā
paññāyissati, khayadhammatā paññāyissati, vayadhammatā paññāyissati,
vipariṇāmadhammatā paññāyissati, kiṃ pan' imassa mattaṭṭhakassa kāyassa
taṇhupādiṇṇassa ahan'ti vā maman'ti vā asmī'ti vā, atha khvāssa no t' ev' ettha
hoti.* [\[934\]](#)

"Even of this external earth element, Friends, great as it is, an impermanence will become manifest, a liability to destruction will become manifest, a liability to waste away will become manifest, a liability to undergo change will become manifest, what to say of this ephemeral body clung to by craving as 'I' or 'mine' or 'am'? On the other hand there is no justification for such a clinging."

This pithy paragraph of the discourse is eloquent proof of the fact that it is possible to dispel the latencies to conceit leading to 'I'-ing and 'mine'-ning by penetrating into the impermanence of this puny internal earth element through the broader perspective of the impermanence of the vast external earth element.

Animittaṅca bhāvehi, mānānusayamujjaha, [\[935\]](#) "Develop the signless, too, and give up the latency to conceit!", was the advice the Buddha gave to venerable Rāhula in the *Rāhulasutta* of the *Sutta Nipāta*. It is clear from this advice that, when signs fade away through the perception of impermanence, latencies to conceit also lose their hold on the mind.

Instead of pervertly exploiting the canonical discourses describing the impermanence of the external world with wrong reflection in order to indulge in worldly speculation, we should arouse radical reflection and project them into our own internal world in order to understand the vanity of this drama of life.

Where are the actors and actresses who played their part in the early acts of our drama of life? Where are those stage decorations and trappings? Though they are no more, so long as latencies to perception, amassed through them, persist in

us, there is nothing to prevent us from indulging in thoughts and proliferations. When we reflect on the impermanence of the entire world, we get dispassionate about the heap of preparations in our drama of life, reckoned in terms of objects, events and persons.

When dispassion sets in, signs fade away, like in a blurred water-colour painting. For a meditator, developing the perception of impermanence, the world might appear like an indistinct water-painting, with blotches of colour.

When the figures in the painting cannot be distinguished according to colour and shape, there is less room for the perception of diversity, *nānattasaññā*. Thereby latencies to conceit, which give rise to divisions and conflicts are also attenuated. That is why the Buddha always reminds us of the perception of impermanence as an important subject of meditation. He has recommended in particular the signless concentration, for instance in the *Khandhasaṃyutta* of the *Saṃyutta Nikāya*.

Tayo me, bhikkhave, akusalavitakkā: kāmavitakko, byāpādavitaṅko, vihiṃsāvitaṅko. Ime ca, bhikkhave, tayo akusalavitakkā kva aparisesā nirujjhanti? Catūsu vā satipaṭṭhānesu supatiṭṭhita-cittassa animittaṃ vā samādhiṃ bhāvetuṃ. Yāvañcidaṃ, bhikkhave, alam eva animitto samādhi bhāvetuṃ. Animitto, bhikkhave, samādhi bhāvito bahulīkato mahapphalo hoti mahānisaṃso.^[9361]

"Monks, there are these three kinds of unskilful thoughts: sensual thoughts, thoughts of ill-will, thoughts of harming. And where, monks, do these three unskilful thoughts cease without remainder? For one who dwells with the mind well attended by the four foundations of mindfulness, or for one who develops the signless concentration. So much so that this is reason enough for one to develop the signless concentration. Monks, when the signless concentration is developed and cultivated it is of great fruit, of great benefit."

From this quotation it becomes clear, that there are two methods of making the three kinds of unskilful thoughts cease without residue. The first method is to have a mind well attended by the four foundations of mindfulness. The second method is the development of the signless concentration. The particle *vā*, "or", shows that it is an alternative. It seems, therefore, that by developing the signless concentration these thoughts and concepts do not get an opportunity, due to the very fact that signs fade away.

It is because of our *saṃsāric* habit of taking in signs that thoughts and proliferations arise in us. But even in our endeavour to liberate our minds from thoughts and proliferations, we cannot help resorting to a particular mode of taking in signs. One cannot do without them altogether.

We have often mentioned the reason why the Buddha proclaimed a middle path. It is in the nature of some things that, though they have to be given up, they cannot be fully dispensed with. So the middle path has also to be a gradual path, *anupubbapaṭipadā*.^[9371] The middle path itself becomes a gradual path, because there has to be a graded system in the course of practice to be followed.

If we are to present the fundamental idea behind these two terms, the 'middle path' and the 'gradual path', we may say that the course of practice leading to *Nibbāna* is in principle both **pragmatic** and **relative**.

It is pragmatic in the sense that it has a practical value, as it is directed towards some goal. It is relative to the extent that the stages that go to make up the path have no absolute value in themselves. Each stage has only a relative value, being of significance in relation to the next stage. Every stage in the graded path is dependent and relative.

On an earlier occasion, we happened to mention the simile of the relay of chariots in the *Rathavinītasutta*.^[938] Like stage coaches, the chariots run relative to each other. It is an illustration of the principle of relativity.

So even in the attempt to liberate the mind from its hold on signs, we cannot help making use of a particular set of signs. In that attempt, we have to be guided by the first principles of relativity and pragmatism.

In order to explain these first principles, we made use of a certain simile in one of our earlier sermons. The simile is: sharpening a razor.^[939] To refresh our memory, the main purpose of bringing up this simile was to show the difference between meditative reflection, *sammasana*, and dogmatic adherence, *parāmasana*. Whereas *parāmasana* means tenacious grasping, *sammasana* is a particular way of holding lightly for some subtle purpose. We took up the razor simile to illustrate the distinction between these two.

If one grabs the razor roughly and moves it up and down the whetstone, it would get blunt. But if one catches hold of the razor in a relaxed nonchalant way, and mindfully sweeps the whetstone back and forth, it would get sharpened.

This way of reflection on preparations, or *saṅkhārās*, reminds us of the two terms *vipassanā*, insight, and *anupassanā*, contemplation, which again are relevant to the theme of pragmatism and relativity.

As an illustration, let us take the case of a carpenter, planing a piece of wood. In the process of planing, from time to time he might hold up the piece of wood to his left eye, and with his right eye closed might give it a critical glance. There is something sinister about this way of looking. It is as if an expert is directing a fault-finding critical glance on the work of an inexpert. But here it is the carpenter himself looking at his own artefact. Why does he do so? He is himself playing the role of a critic, in order to find out his shortcomings as a carpenter. If he complacently looks at it with excessive self-confidence, he can never rectify his errors and improve himself.

In the two terms *vipassanā* and *anupassanā* we have a special way of seeing that is penetrative as well as contemplative. It is, in short, an **objective approach to understand the subjective in one's experience, with a view to attaining perfection.**

In the *Theragāthā* we find Venerable MahāMoggallāna Thera stating the purpose of this special way of seeing in the following verse.

*Sukhumaṃ paṭivijjhanti
vālaggam usunā yathā
ye pañcakkhandhe passanti
parato no ca attato.*^[940]

"They penetrate into that which is subtle,
Like a horse's hair with an arrow,
Who look upon the aggregates five,
As something alien, not their own."

Sakulā Therī in the *Therīgāthā* voices something similar in the following verse.

*Saṅkhāre parato disvā
hetujāte palokine*

pahāsiṃ āsave sabbe

sītibhūta 'mhi nibbutā. [\[941\]](#)

"By seeing as alien all preparations,

As causally arisen and fragile,

I have given up all influxes,

Become cool and extinguished."

In the discourses, personality view or *sakkāyadiṭṭhi* is described in such terms as *rūpaṃ attato samanupassati*, "he looks upon form as self", and *vedanaṃ attato samanupassati*, "he looks upon feeling as self". [\[942\]](#) That is the way with the worldling, untaught in the *Dhamma*. But the noble disciple, who has heard the *Dhamma*, particularly the one who meditates, makes use of this looking upon as alien, *parato*. That is how his way of seeing becomes an in-sight, *vipassanā*, a contemplation, *anupassanā*.

The term *anupassanā* as a particular mode of seeing in accordance occurs in the *Satipaṭṭhānasutta* in a way that has puzzled many a scholar. Phrases like *kāye kāyānupassī viharati* and *vedanāsu vedanānupassī viharati* seem to defy translation. [\[943\]](#) "In the body he dwells seeing in accordance with the body". What is this "seeing in accordance"? That is what the carpenter is doing. This meditative carpenter, too, has to direct a critical glance at the preparations in order to find out their shortcomings. He has to look upon them as alien, *parato*. That is the significance of the expression *kāye kāyānupassī*.

If he starts off with the prejudice 'this is my body, what is wrong with this?', there is little chance that he will see its shortcomings, its impermanent, suffering, not-self characteristics.

If he is to see them, he has to adjust his point of view. He has to look upon the body as alien, *parato*. From this alien point of view, the meditative carpenter not only discovers the shortcomings in his artefact, but also adopts a technique of planing to smoothen out the rough edges.

What are these rough edges? The protuberances of craving, conceits and views. Though this is a pure heap of preparations, *suddhasaṅkhārapuñjo*, [\[944\]](#) as Venerable Vajirā calls it, there are three protuberances, three rough edges to be planed down in the form of craving, conceit and views. To smoothen them out, the meditative carpenter resorts to a kind of planing. Let us now listen to the sound of his planing.

Na etaṃ mama, na eso 'ham asmi, na me so attā.

Na etaṃ mama, na eso 'ham asmi, na me so attā.

Na etaṃ mama, na eso 'ham asmi, na me so attā.

"Not: 'this is mine', not: 'this am I', not: 'this is my self'."

"Not: 'this is mine', not: 'this am I', not: 'this is my self'."

"Not: 'this is mine', not: 'this am I', not: 'this is my self'."

It is this sharp "not", *na*, that cuts away the protruding defilements. So it seems that these phrases are not mentioned in the discourses for the purpose of grasping them as some sort of dogmatic formula. They have a pragmatic and relative value for the meditator in his planing to do away with those rough edges.

In this context, we may allude to the term *ussada*, which is particularly relevant to the theme. This term comes up in some discourses, but its meaning is not quite

clear. It seems to imply something that comes up as a protuberance or a swelling, something that surfaces and shows up. Cravings, conceits and views are such swellings or protuberances which show up from this heap of preparations. These swellings have to be planed down.

A verse in the *Tuvaṭṭakasutta* of the *Aṭṭhakavagga* in the *Sutta Nipāta* is suggestive of these nuances of the term *ussada*. It is a verse that can be used even for reflecting on the peace of *Nibbāna*, *upasamānussati*.

Majjhe yathā samuddassa

ūmi na jāyatī, ṭhito hoti

evaṃ ṭhito anej'assa

ussadaṃ bhikkhu na kareyya kuhiñci.^[945]

"As in mid-ocean no waves arise,
And it is all steady and motionless,
So unmoved and steady let the monk be,
Let him not form any swelling anywhere."

This verse, by contrast, insinuates that the worldling's mind is much nearer the seashore, where ripples turn into waves and furious breakers. In mid-ocean there is not that fury, there are no waves or ripples. It is all calm and peaceful there.

So the meditative carpenter has to plane down the rugged surfaces with insightful contemplation, until those cravings, conceits and views that show up are smoothed out and only a pure heap of preparations, *suddhasaṅkhārapuñjo*, remains.

How the principle of relativity is applicable to this meditative planing down, in accordance with the concept of a gradual path of practice, *anupubbapaṭipadā*, is beautifully illustrated by the *Sakkapañhasutta* of the *Dīgha Nikāya*. This planing down the rough surface of thoughts and proliferations has to be done gradually and systematically. Even a carpenter, while planing a piece of wood, has to adjust his instrument from time to time in the course of planing. He might even pick up another plane when the surface gets smoother. The planing down of thoughts and proliferations, as a fading away of signs, is a gradual process.

The *Sakkapañhasutta* provides us with a good illustration of it in the form of a dialogue between Sakka, the king of gods, and the Buddha. The dialogue was so pithy and deep, that at the end of it Sakka attained the fruit of stream-winning. The first question that is relevant to our discussion, is worded as follows.

Chando pana, mārisa, kiṃnidāno kiṃsamudayo kiṃjātiko kiṃpabhavo; kismīm sati chando hoti, kismiṃ asati chando na hoti?^[946]

"What, dear sir, is the cause of desire, what is its arising, what is it born of, what is its origin? When what is there, does desire come to be; when what is not there, does desire not come to be?"

The Buddha's answer was:

Chando kho, devānaminda, vitakkanidāno vitakkasamudayo vitakkajātiko vitakkapabhavo; vitakke sati chando hoti, vitakke asati chando na hoti.

"Desire, O King of Gods, has thinking as its cause, it arises with thinking, it has thinking as its origin. When thinking is there, desire comes to be; when thinking is not there, desire does not come to be!"

In the same way, Sakka asks: "what is the cause, the arising and the origin of thinking?", and the Buddha replies: "reckonings born of prolific perception (*papañcasaññāsaṅkhā*), O King of Gods, is the cause, the arising and the origin of thinking."

So then it seems that reckonings born of prolific perception, *papañcasaññāsaṅkhā*, is the cause of thinking. We happened to discuss this particular term at length in our analysis of the *Madhupiṇḍikasutta*.^[947] The term *papañca* actually stands for a proliferation of thoughts, of cravings, conceits and views. Now *saṅkhā* has the sense of "reckoning" or "designation". The Buddha's reply therefore implies that thinking arises based on those designations.

The next question of Sakka is:

Kathaṃ paṭipanno pana, mārisa, bhikkhu papañcasaññāsaṅkhānirodhasārūppagāminīpaṭipadaṃ paṭipanno hotīti? "How has a monk to set out, dear sir, so as to become one who is treading the path of practice conducive to the cessation of reckonings born of prolific perception?"

The Buddha's answer to this question is directly relevant to our understanding of the gradual path, *anupubbapaṭipadā*.

Somanassam p'ahaṃ, devānaminda, duvidhena vadāmi, sevitaḥham pi asevitabbam pi. Domanassam p'ahaṃ, devānaminda, duvidhena vadāmi, sevitaḥham pi asevitabbam pi. Upekham p'ahaṃ, devānaminda, duvidhena vadāmi, sevitaḥham pi asevitabbam pi.

"Even happiness, O King of Gods, I speak of as being of two kinds: one to be pursued, the other not to be pursued. Even unhappiness, O King of Gods, I speak of as being of two kinds: one to be pursued, the other not to be pursued. Even equanimity, O King of Gods, I speak of as being of two kinds: one to be pursued, the other not to be pursued."

Then the Buddha goes on to explain it further as follows:

Tattha yaṃ jaññā somanassaṃ: imaṃ kho me somanassaṃ sevato akusalā dhammā abhivaḍḍhanti, kusalā dhammā parihāyantīti, evarūpaṃ somanassaṃ na sevitaḥham. Tattha yaṃ jaññā somanassaṃ: imaṃ kho me somanassaṃ sevato akusalā dhammā parihāyanti, kusalā dhammā abhivaḍḍhanti, evarūpaṃ somanassaṃ sevitaḥham. Tattha yañ ce savitakkaṃ savicāraṃ, yañ ce avitakkaṃ avicāraṃ, ye avitakke avicāre se pañītare.

"Out of them, whatever happiness about which one knows: 'while pursuing this happiness unskilful thoughts grow and skilful thoughts decline', that kind of happiness should not be pursued. Out of them, whatever happiness about which one knows: 'while pursuing this happiness unskilful thoughts decline and skilful thoughts grow', that kind of happiness should be pursued. And there, too, of that happiness which is accompanied by thinking and pondering, and of that which is not accompanied by thinking and pondering, whatever is not accompanied by thinking and pondering is the more excellent."

From this we can infer the fact that the happiness unaccompanied by thinking and pondering is nearer to *Nibbāna*. This is the criterion we can glean from this discussion.

In the same way, the Buddha goes on to analyze unhappiness as being twofold. Out of them, that which is productive of unskilful thoughts should be avoided, and that which is productive of skilful thoughts should be pursued. But therein, too, that which is unaccompanied by thinking and pondering is declared as more excellent than that which is accompanied by thinking and pondering. That is the

path to *Nibbāna*.

So also is the case with regard to the analysis of equanimity. Therein, that equanimity productive of skilful thoughts has to be pursued, subject to the proviso that equanimity unaccompanied by thinking and pondering is more excellent than that which is so accompanied.

In summing up, the Buddha concludes the explanation with the sentence:

Evaṃ paṭipanno kho, devanam inda, bhikkhu papañcasaññāsaṅkhānirodhasārūppagāminipaṭipadaṃ paṭipanno hoti. "It is a monk who has thus set out, O King of Gods, who is treading the path of practice conducive to the cessation of reckonings born of prolific perceptions."

So then, this discourse is one that is highly significant from a pragmatic point of view.

Sometimes a little problem might crop up here. In our discussion of the *Madhupiṇḍikasutta* in an earlier sermon, we came across the following statement:

Yaṃ vitakketi taṃ papañceti, yaṃ papañceti tatonidānaṃ purisaṃ papañcasaññāsaṅkhā samudācaranti,^[948] "what one reasons about, one proliferates; what one proliferates, owing to that reckonings born of prolific perception beset him" etc.

Apparently there is a contradiction between this statement in the *Madhupiṇḍikasutta* and the above quoted reply by the Buddha in the *Sakkapañhasutta*, where thinking is said to be the cause of desire, and reckonings born of prolific perception are said to be the cause of thinking. But actually there is no contradiction, since the raw material for thinking is the set of reckonings or worldly concepts born of prolific perception. Proliferation only aggravates the situation by further ramification of concepts, which overwhelm and obsess the person concerned.

In other words, there is a peculiar circularity involved in the process. Even for thinking concepts evolved by prolific perception are utilized. In the course of thinking proliferation takes over, with the result that those concepts throw up a flush that tends to overwhelm and obsess the one who initiated the whole process. As in the case of a fermenting agent, used in the preparation of liquor, there is a circularity in this proliferation, which makes the confusion in *saṃsāra* worst confounded.

Now in order to break this cycle, a systematic and gradual approach is needed. That is what the *Sakkapañhasutta* lays down. Here is a task that cannot be done slipshod. It is one that calls for mindfulness and circumspection.

The Buddha has described in minor detail the modus operandi from the rugged outset proceeding by gradual stages towards subtler and subtler objectives. It is a forked path, where one has to proceed always keeping to the right, choosing the skilful in preference to the unskilful, and intuitive in preference to the ratiocinative. So here we have a wonderfully graded path that combines relativity with pragmatism.

If our discussion of the terms *vitakka*, *papañca* and *papañcasaññāsaṅkhā* has already revealed their incompatibility with insight, there cannot be any confusion on coming across canonical references to the *arahattaphalasamādhī* as *avitakkasamādhī*, "thoughtless concentration". This term has puzzled many a scholar.

We find, for instance, in the *Subhūṭisutta* of the *Jaccandhavagga* of the *Udāna* a

reference to *avitakkasamādhī*. There it is said that the Venerable Subhūti, an *arahant*, was sitting cross-legged in front of the Buddha with his body erect, having attained to *avitakkasamādhī*, and that the Buddha uttered the following paean of joy on seeing him so seated:

*Yassa vitakkā vidhūpitā
ajjhataṃ suvikappitā asesā,
taṃ saṅgam aticca arūpasaññī
catuyogātigato na jātim eti.* [\[949\]](#)

This is a verse with a very deep meaning, but before getting down to its meaning as such, we cannot help making some observations about the commentarial explanation of the term *avitakkasamādhī*, "thoughtless concentration".

According to the commentary, *avitakkasamādhī* stands for all levels of concentration, both fine-material, *rūpāvacara* and immaterial, *arūpāvacara*, from the second *jhāna* upwards. This is an interpretation purely from the *samatha* or tranquillity standpoint. The commentary goes on to say that in the present context it means *arahattaphalasamādhī*, based on the fourth *jhāna*, *idha pana catutthajhānapādako arahattaphalasamādhī avitakkasamādhī'ti adhippeto.* [\[950\]](#)

But we have to point out that in the light of the foregoing observations on *vitakka* and *papañca*, *avitakkasamādhī* is not a term that is relevant merely to the *samatha* aspect of Buddhist meditation. It is not simply a term that connotes all *jhānas* devoid of thought, *vitakka*. It is a term directly relevant to insight, *vipassanā*.

The purpose of *samatha* is to temporarily suppress thought, *vikkhambhanappahāna*, abandonment by suppression. It is the task of insight to dig into the roots of thinking and clear up the mess, making them ineffective. In other words, it is of relevance to abandonment by eradication, *samucchedappahāna*. It is in that sense that *avitakkasamādhī* stands for *arahattaphalasamādhī*.

But now in order to clarify this point further, let us get down to the meaning of this difficult verse. It might be easier for comprehension if we explain the four lines one by one. The first line is *yassa vitakkā vidhūpitā*. There the commentary interprets *vitakkā* as all wrong thoughts, such as those of sensuality. The word *vidhūpitā* gets the following comment: *ariyamaggañāṇena santāpitā susamucchinā*, "burnt up by the knowledge of the noble path and fully eradicated".

However, we happened to mention in an earlier sermon that the word *vidhūpita* has an extremely deep meaning. Particularly in a context where the two words *sandhūpeti* and *vidhūpeti* were found together, we pointed out that the *dhūpa* element in both words is suggestive of a peculiar ritual connected with incense. [\[951\]](#) Fragrant incense powder is used for the propitiation of gods, while caustic types are used for exorcising evil spirits. So *vidhūpita* could mean "smoking out" or "expelling" of thoughts in this context.

Now as regards the second line, *ajjhataṃ suvikappitā asesā*, the commentary takes *suvikappitā* as an equivalent of *susamucchinā*, "fully eradicated". But it is more likely that the word *vikappita* basically signifies some form of "building up", since it is derived from the root *kḷp*, "to make, build, construct, fit out", from which Sanskrit words like *vikalpa*, *saṃkalpa*, *ākalpa* and *kalpanā* are derived. *Ajjhataṃ suvikappitā* taken together would therefore mean "well constructed

within". The second line could now be paraphrased as *yassa ajjhattaṃ suvikappitā vitakkā asesā vidhūpitā*, "in whom thoughts, well constructed within, have been smoked out without residue".

Let us now try to unravel the meaning of the last two lines, *taṃ saṅgam aticca arūpasaññī, catuyogātigato na jātim eti*. The commentary explains the word *saṅgaṃ* as implying attachment to defilements such as lust, but the attachment meant in this context is attachment to thoughts, *vitakka*. *Taṃ saṅgam aticca* means having gone beyond the attachment to thoughts.

Then comes a term which is even more abstruse: *arūpasaññī*. The commentary adopts a queer mode of exegesis here. It says: *ruppanasaṅkhātassa ca vikārassa tattha abhāvato nibbikārahētubhāvato vā 'arūpan' ti laddhanāmaṃ nibbānaṃ ārammaṇaṃ katvā*. *Nibbāna* is called *arūpa* because it is devoid of change that is reckoned as an affliction, *ruppana*, and *arūpasaññī* therefore means 'one who is percipient of *Nibbāna* as the goal of the path'.

It is noteworthy that the compound term *arūpasaññī* could be analyzed in two ways. One can split it up as *arūpa + saññī*, or as *a + rūpasaññī*, *a* signifying negation equivalent to *na*. In the first case, it gives the meaning "percipient of the immaterial" realm. In the second case, the meaning is "devoid of perception of form". There is a subtle difference between these two possible senses. The commentarial interpretation prefers the first sense, trying to establish the term *arūpa* as an epithet for *Nibbāna* rather arbitrarily. It is the second possible interpretation that fits the context. *Arūpasaññī* means devoid of *rūpasaññā*, *a + rūpasaññī*.

In one of our earlier sermons, we had occasion to mention that the perception of form is a basic reason for thought activity, as it enables one to pick up signs. By way of illustration, we alluded to the following verse in the *Jaṭāsutta* of the *Saṃyutta Nikāya*:

*Yattha nāmañca rūpañca,
asesaṃ uparujjhati,
paṭighaṃ rūpasaññā ca,
ettha sā chijjate jaṭā.*¹⁹⁵²¹

"Where name and form

As well as resistance and perception of form

Are completely cut off,

It is there that the tangle gets snapped."

So it is that same *rūpasaññā* that finds mention here too in this problematic verse. *Arahattaphalasaṃvādi* is not an approach towards *arūpasaññā*, but a release from *rūpasaññā* in toto. As we have already pointed out on an earlier occasion, *arūpa* still has the seed of *rūpa* in it. *Arūpa* is only a shadow of *rūpa* and presupposes it.

Therefore, the reference in this verse is not to *arūpa*. *Arūpasaññī* has a deeper meaning than that. It implies release from the perception of form, *rūpasaññā*, which sustains the illusion of permanence and encourages the grasping of signs. Perception of form and the idea of resistance, *paṭigha*, that goes with it, is at the root of this *saṃsāric* problem. Now *arūpasaññī* implies the absence of that *rūpasaññā* in the *arahattaphalasaṃvādi*.

The third line, *taṃ saṅgam aticca arūpasaññī*, could therefore be rendered as

"having gone beyond attachment (to thoughts) and being free from the perception of form".

Now we are left with the last line of the verse: *catuyogātigato na jātim eti*. *Catuyogā* means the four yokes, namely those of sensuality, existence, views and ignorance, *kāma*, *bhava*, *diṭṭhi*, *avijjā*. *Catuyogātigato na jātim eti* conveys the idea that the Venerable *Arahant* Subhūti, who has gone beyond the four yokes, comes not back to birth. So this particular verse reveals to us a deeper dimension of the term *avitakkasamādhī*.

Coming back to the question of smoking out or exorcising thoughts, it seems thoughts, or *vitakkā*, are comparable to the army of Māra. In this concern, the important issue of thoughts, so relevant to the life of a meditator, finds an interesting answer. The army of Māra is, in the last analysis, our thoughts themselves. Generally we take references to an army of Māra in its gross sense. But in some *Suttas*, like the *Padhānasutta* in the *Sutta Nipāta*, the army of Māra is defined in terms of thoughts. For instance, one reads in the *Padhānasutta*:

*Kāmā te paṭhamā senā,
dutiya arati vuccati,
tatiya khuppipāsā te,
catutthī taṇhā pavuccati.*^[953]

"Sense desires are your first battalion,
And boredom is reckoned the second,
Hunger and thirst comes as the third,
And craving is called the fourth."

The word *kāmā* in this context does not refer to pleasurable objects as such, though that is what is usually meant by it. Rather, it refers to thoughts about pleasurable objects. In fact, *kāmā* in its real sense does imply thoughts about pleasurable objects, as clearly stated in the following verse of the *Samyutta Nikāya*.

*Na te kāmā yāni citrāni loke,
saṅkapparāgo purisassa kāmo,
tiṭṭhanti citrāni tatheva loke,
athettha dhīrā vinayanti chandaṃ.*^[954]

"They are not the pleasures, those charming things in the world,
Lustful thought is the pleasure for a man,
They go on as before, those charming things in the world,
But it is the desire for them, that the wise discipline."

As we already mentioned in our discussion of the *Sakkapañhasutta*, desire is the cause of thinking. There, the relation between desire and thought is recognized. It is the desire for pleasure that those who are prudently wise discipline and dispel. All this goes to prove that the word *kāmā* primarily refers, not to the objects of sense desire, but to thoughts about them. So, in the last analysis, we are confronted with the question of thought.

For instance, hunger and thirst, *khuppipāsā*, are cited as another battalion of Māra. Here, too, it is not hunger and thirst in themselves that represent the army

of Māra. It is thoughts about them, such as *kiṃ su asissāmi, kuvaṃ vā asissaṃ*, "what shall I eat, where shall I eat". For we read in the *Sāriputtasutta* of the *Sutta Nipāta*:

*Kiṃ su asissāmi, kuvaṃ vā asissaṃ
dukkhaṃ vata settha, kvajja sessaṃ
ete vitakke paridevaneyye,*

vinayetha sekho aniketasārī. [\[955\]](#)

"What shall I eat, where shall I eat?

Badly have I slept, where shall I sleep?

Such miserable thoughts let the trainee discipline,

As he wanders forth without an abode."

Against this background of the paramount importance attached to thoughts, we can reassess the significance of the following verse in the *Bodhivagga* of the *Udāna*, we had already quoted in a previous sermon.

Yadā have pātubhavanti dhammā,

Ātāpino jhāyato brāhmaṇassa,

Vidhūpayam tiṭṭhati Mārasenaṃ,

Suriyo 'va obhāsayaṃ antalikkhaṃ. [\[956\]](#)

"When phenomena manifest themselves,

To the resolutely meditating Brahmin,

He stands fumigating the hordes of *Māra*,

Even as the sun irradiating the firmament."

After his enlightenment the Buddha spent the first week seated under the Bodhi-tree and during the last watch of the night of the seventh day reflected on the law of dependent arising both in the direct and reverse order. This joyous utterance has an allusion to it. It is when the insight into conditioned phenomena dawns on the contemplating *arahant* that he smokes out the hordes of *Māra*, like the sun illuminating the sky.

In the light of this simile, we can now understand how the hordes of *Māra* are dispelled. It is the reflection on the law of dependent arising in direct and reverse order that dispels the denizens of darkness of ignorance, namely thoughts.

The principle underlying the law of dependent arising is summed up in the following abstract formula, which we had discussed at length:

Imasmiṃ sati idaṃ hoti,

imassuppādā idaṃ uppajjati,

imasmiṃ asati idaṃ na hoti,

imassa nirodhā idaṃ nirujjhati.

"This being, this comes to be;

With the arising of this, this arises.

This not being, this does not come to be;

With the cessation of this, this ceases."

When this principle is applied in a thorough-going way to conditioned phenomena, they tend to fade away. That is how thoughts are dispelled. In the twelve-linked formula each pair, for example *avijjāpaccayā saṅkhārā*, is based on this dynamic principle represented by the term *paccaya*. A penetrative reflection into arising and ceasing in a flash deprives thoughts of their evocative power and renders them nugatory. This is the smoking out of the army of Māra, the thoughts.

Now to hark back to the *avitakkasamādhi*, we come across an allusion to it in the *Sāriputtatheragāthā*.

*Avitakkaṃ samāpanno
sammāsambuddhasāvako
ariyena tuṇhībhāvena
upeto hoti tāvade.* [\[957\]](#)

"The Fully Awakened One's disciple,
On attaining to thoughtless musing,
Is at once endowed with a silence
That is of the ennobling type."

This *avitakkasamādhi*, then, is none other than the *arahattaphalasamādhi*, which is known as *ariyo tuṇhībhāvo*, "noble silence". This is not to be confused with the second *jhāna*, in which thinking and pondering have been calmed down by *samatha*, tranquillity meditation. Noble silence in the highest sense is *arahattaphalasamādhi*, because in it the question of thoughts is fully resolved. That, indeed, is the *avitakkasamādhi*. We get another allusion to this thoughtless concentration in *Vimalātherīgāthā*.

*Nisinnā rukkhamūlamhi
avitakkassa lābhini.* [\[958\]](#)

"Seated am I, at the root of a tree,
A winner to the thoughtless state."

We come across a long verse in the *Dhītarosutta* of the *Mārasaṃyutta* in the *Saṃyutta Nikāya*, where again there is a reference to this thoughtless concentration. To quote the relevant section:

*Passaddhakāyo suvimuttacitto
asaṅkhārāno satimā anoko
aññāya dhammaṃ avitakkajhāyī.* [\[959\]](#)

"In body relaxed, in mind well freed,
Concocting not, mindful, abode-less,
Well knowing the Norm, he muses thoughtless."

All this points to the fact that the *arahattaphalasamādhi* is called *avitakkasamādhi* in a very special sense. It is relevant to insight meditation and not to mere tranquillity meditation. The problem of thoughts could be fully resolved only when the reckonings born of prolific perception are abandoned.

In the *Cūlavagga* of the *Udāna* we get a reference to this aspect of the *arahattaphalasamādhi*.

Tena kho pana samayena bhagavā attano papañcasaññāsaṅkhāpahānaṃ

paccavekkhamāno nisinno hoti.^[960] "At that time the Fortunate One was seated reflecting on his abandonment of reckonings born of prolific perceptions".

At the time the mind is free from worldly concepts born of prolific perception, inwardly all thoughts are rendered powerless. Thoughts do not come up and there is no grasping of signs. It is to highlight this fact that the terms *avitakkajhāna* and *avitakkasamādhī* are used.

By way of further proof, we may cite the following two verses in the *Samyojanasutta* of the *Sagāthakavagga* in the *Samyutta Nikāya*. A deity poses the question:

*Kiṃsu saṃyojano loko,
kiṃsu tassa vicāraṇaṃ,
kissassa vipphānena
nibbānam iti vuccati?*^[961]

"What is the fetter of the world,
What is its trailing along?
By giving up what, do they say,
Nibbāna is attained?"

And the Buddha gives the answer:

*Nandī saṃyojano loko,
vitakkassa vicāraṇaṃ,
taṇhāya vipphānena
nibbānam iti vuccati.*

"To delight enfeathered is the world,
Thought is its trailing along.
It is that craving, by giving up which,
They say, *Nibbāna* is attained."

Here, again, we have an indication of the relevance of thoughts to the question of insight. The *Sundarikabhāradvājasutta* of the *Sutta Nipāta* has the following allusion to the qualities of an *arahant*:

*Bhavāsavā yassa vacī kharā ca
vidhūpitā atthagatā na santi.*^[962]

"In whom the influxes of existence,
And the sediments of speech as well,
Are smoked out, gone down, and exist no more."

The commentary takes the word *vacī kharā* to mean "harsh speech".^[963] There is some imbalance between the two terms *bhavāsavā* and *vacī kharā*, if the commentarial interpretation is granted. Harsh speech could ill afford to get coupled with influxes of existence to be cited as fundamental defilements extinct in an *arahant*. It seems *vacī kharā* has a deeper significance than that. It probably means the sediments or dregs (Sanskrit *kṣāra*) of speech, namely the worldly concepts and designations which, as *papañcasaññāsaṅkhā*, reckonings born of prolific perception, form the basis of all thoughts.

In the *arahant*, therefore, influxes of existence as well as sediments of speech, are smoked out, gone down and made extinct. This, then, seems to be the most plausible interpretation of the two lines in question, *bhavāsavā yassa vacī kharā ca, vidhūpitā atthagatā na santi*.

So we have garnered sufficient canonical evidence to conclude that the terms *vitakka* and *papañca* are particularly relevant to the life of a meditator. Also, the fact that the *arahattaphalasangāmi* has been called *avitakkasamādhī*, shows that the conquest of thoughts is not of a temporary type, as in the case of tranquillity meditation. On the other hand, it is a transcendence of a more radical type, through an insight into the relative validity of worldly concepts, their falsifying nature and the perception of permanence underlying them.

Avitakkasamādhī is a term used to denote that state of complete emancipation of the mind by making all signs fade away, so that the whole world appears like a blotched water-colour painting, thus freeing the mind from the perception of diversity, without even resorting to a perception of unity.

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MIND STILLED 30

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānam.*^[964]

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

With the permission of the assembly of the venerable meditative monks. This is the thirtieth sermon in the series of sermons on *Nibbāna*.

In our previous sermon we discussed the way of liberating the mind from the grip of thoughts, which are comparable to the army of Māra by means of the gradual and systematic mode of practice based on the twin principles of pragmatism and relativity. We also made an attempt to understand why the *arahattaphalasangāmi* of the *arahant*, who arrives at the non-prolific state by gradually attenuating cravings, conceits and views, comes to be called *avitakkasamādhī*, "thoughtless concentration".

This *avitakkasamādhī* is the 'noble silence' in its highest sense. It is not the temporary subsidence of thinking and pondering as in tranquillity meditation. It goes deeper in that it routs the hosts of Māra at their very citadel, as it were, by penetrative wisdom.

The other day, with special reference to the *Sakkapañhasutta* in the *Dīgha Nikāya*, we outlined in brief a path of practice gradually tending towards the cessation of reckonings born of prolific perception. That discourse expounds a happiness, an unhappiness and an equanimity to be pursued, and a happiness, an unhappiness and an equanimity not to be pursued.

We get a clear enunciation of these two kinds of happiness, unhappiness and equanimity in the *Saḷāyatanaṅgaṅgasutta* of the *Majjhima Nikāya*. In that discourse, the Buddha gives an exposition of thirty-six pathways of thought of beings under the heading *chattiṃsa sattapadā*, literally "thirty-six steps of beings".^[965] They are listed as follows:

- 1) *Cha geḥasitāni somanassāni*, "six kinds of happiness based on the household life".
- 2) *Cha nekkhammasitāni somanassāni*, "six kinds of happiness based on renunciation".
- 3) *Cha geḥasitāni domanassāni*, "six kinds of unhappiness based on the household life".
- 4) *Cha nekkhammasitāni domanassāni*, "six kinds of unhappiness based on renunciation".
- 5) *Cha geḥasitā upekkhā*, "six kinds of equanimity based on the household life".
- 6) *Cha nekkhammasitā upekkhā*, "six kinds of equanimity based on renunciation".

The 'six' in each case refers to the six objects of sense, namely form, sound, smell, taste, tangible and idea, *rūpa, sadda, gandha, rasa, phoṭṭhabba, dhamma*. Now in order to acquaint ourselves with the six kinds of happiness based on the household life, let us try to understand the definition of the first kind, that is to say 'form', as the object of the eye.

Cakkhuvīññeyyānaṃ rūpānaṃ iṭṭhānaṃ kantānaṃ manāpānaṃ manoramānaṃ lokāmisapaṭisaṃyuttānaṃ paṭilābhaṃ vā paṭilabhato samanupassato pubbe vā paṭiladdhapubbaṃ atītaṃ niruddhaṃ vipariṇataṃ samanussarato uppajjati somanassaṃ, yaṃ evarūpaṃ somanassaṃ, idaṃ vuccati geḥasitaṃ somanassaṃ.

"When one regards as an acquisition an acquisition of forms, cognizable by the eye, that are desirable, charming, agreeable, delightful, connected with worldly gains, or when one recalls what was formerly acquired that has passed, ceased and changed, happiness arises. Such happiness as this is called happiness based on the household life."

The happiness based on renunciation is defined as follows:

Rūpānaṃ tveva aniccatāṃ viditvā vipariṇāmaṃ virāgaṃ nirodhaṃ: 'Pubbe c'eva rūpā etarahi ca sabbe te rūpā aniccā dukkhā vipariṇāmadhammā 'ti, evaṃ etaṃ yathābhūtaṃ samappaññāya passato uppajjati somanassaṃ, yaṃ evarūpaṃ somanassaṃ, idaṃ vuccati nekkhammasitaṃ somanassaṃ.

"When by knowing the impermanence, change, fading away and cessation of forms one sees as it actually is with right wisdom that forms both formerly and now are all impermanent, suffering and subject to change, happiness arises. Such happiness as this is called happiness based on renunciation."

Then the unhappiness based on the household life is explained in the following words:

Cakkhuvīññeyyānaṃ rūpānaṃ iṭṭhānaṃ kantānaṃ manāpānaṃ manoramānaṃ lokāmisapaṭisaṃyuttānaṃ appaṭilābhaṃ vā appaṭilabhato samanupassato pubbe vā appaṭiladdhapubbaṃ atītaṃ niruddhaṃ vipariṇataṃ samanussarato uppajjati domanassaṃ, yaṃ evarūpaṃ domanassaṃ, idaṃ vuccati geḥasitaṃ domanassaṃ.

"When one regards as a non-acquisition the non-acquisition of forms cognizable by the eye that are desirable, charming, agreeable, delightful, connected with worldly gains, or when one recalls what was formerly not acquired that has

passed, ceased and changed, unhappiness arises. Such unhappiness as this is called unhappiness based on the household life."

The description of unhappiness based on renunciation has a special significance to insight meditation. It runs:

Rūpānaṃ tveva aniccatam veditvā vipariṇāmavirāganīrodham: 'Pubbe c'eva rūpā etarahi ca sabbe te rūpā aniccā dukkhā vipariṇāmadhammā 'ti, evaṃ etaṃ yathābhūtaṃ samappaññāya disvā anuttaresu vimokhesu pihaṃ upaṭṭhāpeti: 'kadā 'ssu nāma' ahaṃ tad āyatanaṃ upasampajja viharissāmi yad ariyā etarahi āyatanaṃ upasampajja viharanti'ti, iti anuttaresu vimokhesu pihaṃ uppaṭṭhāpayato uppajjati pihapaccayā domanassaṃ, yaṃ evarūpaṃ domanassaṃ, idaṃ vuccati nekkhammasitaṃ domanassaṃ.

"When by knowing the impermanence, change, fading away and cessation of forms one sees as it actually is with right wisdom that forms both formerly and now are all impermanent, suffering and subject to change, one arouses a longing for the supreme deliverances thus: 'When shall I enter upon and abide in that sphere that the Noble Ones now enter upon and abide in?' In one who arouses such a longing for the supreme deliverances unhappiness arises conditioned by that longing. Such unhappiness as this is called unhappiness based on renunciation."

The description of unhappiness based on renunciation brings up some important terms worth discussing. *Anuttaresu vimokhesu* is a reference to the three supreme deliverances known as *animitta*, the "signless", *appaṇihita*, the "undirected", and *suññata*, the "void".

The reference to an *āyatana*, "sphere", in this passage is particularly noteworthy. The sphere that the Noble Ones enter on and abide in is none other than the sphere alluded to in the famous *Sutta* on *Nibbāna* in the *Udāna*, beginning with *atthi, bhikkhave, tad āyatanaṃ, yattha n' eva paṭhavī na āpo* etc., "Monks, there is that sphere in which there is neither earth nor water" etc. [\[966\]](#) We have pointed out that it is a reference to the cessation of the six sense-spheres as a realization. [\[967\]](#) So the sphere that the Noble Ones enter on and abide in is the very cessation of the six sense-spheres.

In the same *sutta* passage in the *Udāna*, we came across the three terms *appatiṭṭhaṃ, appavattaṃ* and *anārammaṇaṃ*, the "unestablished", the "non continuing" and the "objectless", which we identified as allusions to the three deliverances.

The word *pihā* (Sanskrit *sprhā*, "longing", "desire"), occurring in this context, shows that there need not be any hesitation in using words implying desire in connection with *Nibbāna*. It is true that such a desire or longing for *Nibbāna* makes one unhappy. But that unhappiness is preferable to the unhappiness based on the household life. That is why it is upgraded here as unhappiness based on renunciation.

So far we have quoted instances of the six kinds of happiness based on the household life, *cha gehasitāni somanassāni*; the six kinds of happiness based on renunciation, *cha nekkhammasitāni somanassāni*; the six kinds of unhappiness based on the household life, *cha gehasitāni domanassāni*; and the six kinds of unhappiness based on renunciation, *cha nekkhammasitāni domanassāni*. The 'six' in each case refers to the objects of the six senses. Now let us take up a paradigm to understand the six kinds of equanimity based on the household life, *cha gehasitā upekkhā*.

Cakkhunā rūpaṃ disvā uppajjati upekkhā bālassa mūlhasa puthujjanassa

anodhijinassa avipākajinassa anādīnavadassāvino assutavato puthujjanassa, yā evarūpā upekkhā rūpaṃ sā nātivattati, tasmā sā upekkhā 'gehasitā' ti vuccati.

"On seeing a form with the eye, equanimity arises in a foolish infatuated worldling, in an untaught worldling who has not conquered his limitations, who has not conquered the results [of *kamma*], and who is not aware of danger, such equanimity as this does not transcend form, that is why it is called equanimity based on the household life."

The equanimity of a worldling, untaught in the *Dhamma*, who has not conquered limitations and defilements, and who has not conquered the results of *kamma*, is incapable of transcending form. His equanimity is accompanied by ignorance.

Then comes the description of equanimity based on renunciation, *nekkhammasitā upekkhā*.

Rūpānaṃ tveva aniccatam veditvā vipariṇānavirāganīrodham: 'Pubbe c'eva rūpā etarahi ca sabbe te rūpā aniccā dukkhā vipariṇāmadhammā 'ti, evaṃ etaṃ yathābhūtaṃ samappaññāya passato uppajjati upekkhā, yā evarūpā upekkhā rūpaṃ sā ativattati, tasmā sā 'upekkhā nekkhammasitā 'ti vuccati.

"When by knowing the impermanence, change, fading away and cessation of forms one sees as it actually is with right wisdom that forms both formerly and now are all impermanent, suffering and subject to change, equanimity arises. Such equanimity as this transcends form, that is why it is called 'equanimity based on renunciation'."

The same kind of reflection on impermanence upon occasion gives rise to happiness, unhappiness and equanimity, according to the attitude taken up. Unlike the equanimity born of ignorance, this equanimity, born of right wisdom, transcends form. That is why it is called equanimity based on renunciation.

The Buddha speaks about all the thirty-six objects of sense, out of which we brought up, as a paradigm, the illustration given about the visual object, form. These thirty-six are called the thirty-six pathways of beings, *chattimsa sattapadā*, in the sense that they depict the thought patterns of beings. In this discourse, the Buddha proclaims the basic maxim he employs in gradually channelling the thought processes of beings towards *Nibbāna* along these thirty-six pathways. The maxim is summed up in the following words: *tatra idaṃ nissāya idaṃ pajahatha*, "therein, depending on this, abandon this".

This maxim has some affinity to the *paṭicca samuppāda* formula "this being, this arises". In fact, this is a practical application of the same formula. In the context of the path of practice, the dependence on one thing is for the purpose of abandoning another. There is an attitude of detachment in this course of practice. Based on this maxim, the Buddha outlines the way in which he guides one towards *Nibbāna* in four stages. The first stage in that gradual path towards *Nibbāna* is described as follows:

Tatra, bhikkhave, yāni cha nekkhammasitāni somanassāni tāni nissāya tāni āgamma, yāni cha gehasitāni somanassāni tāni pajahatha tāni samatikkamatha, evaṃ etesaṃ pahānaṃ hoti, evaṃ etesaṃ samatikkamo hoti.

"Therein, monks, by depending on and relying on the six kinds of happiness based on renunciation, abandon and transcend the six kinds of happiness based on the household life, that is how they are abandoned, that is how they are transcended."

In the same way, by depending on the six kinds of unhappiness based on renunciation, the six kinds of unhappiness based on the household life are

abandoned. Also, by depending on the six kinds of equanimity based on renunciation, the six kinds of equanimity based on the household life are abandoned.

So at the end of the first stage, what are we left with? All what is based on the household life is left behind, and only the six kinds of happiness based on renunciation, the six kinds of unhappiness based on renunciation and the six kinds of equanimity based on renunciation remain. That is the position at the end of the first stage.

Then, in the second stage, a subtler and more refined level of experience is aimed at. Out of the three types of mental states based on renunciation, firstly, the six kinds of unhappiness based on renunciation are abandoned by the six kinds of happiness based on renunciation. Then the six kinds of happiness based on renunciation are abandoned by the six kinds of equanimity based on renunciation.

To the extent that all the above three mental states are based on renunciation, they are of a piece with each other. Also, it is the same mode of insightful reflection that gives rise to them. However, as attitudes, happiness is subtler and more excellent than unhappiness, and equanimity is subtler and more excellent than happiness, since it is nearer to wisdom. So in the second stage we see a gradual procedure arriving at a subtler and more excellent state even in the case of those three mental states based on renunciation. By the end of the second stage, only equanimity based on renunciation remains.

Now comes the third stage. Here the Buddha points out that in the case of equanimity there can be two varieties. *Atthi, bhikkhave, upekkhā nānattā nānattasitā, atthi, bhikkhave, upekkhā ekattā ekattasitā.* "There is, monks, an equanimity that is diversified, based on diversity, and there is an equanimity that is unified, based on unity".

What is that equanimity that is diversified? It is defined as the equanimity regarding the objects of the five external senses, that is to say, equanimity regarding forms, sounds, smells, flavours and tangibles. Equanimity that is unified is defined with reference to the immaterial realms, namely the sphere of infinity of space, the sphere of infinity of consciousness, the sphere of nothingness and the sphere of neither-perception-nor-non-perception.

Now in the case of these two types of equanimity, the Buddha points out a way of abandoning the equanimity based on diversity with the help of the equanimity based on unity. As equanimity both types are commendable, but that which is diversified and based on diversity is grosser. Equanimity that is unified and based on unity is subtler and more excellent. So the equanimity based on diversity is abandoned and transcended by the equanimity that is unified, based on unity. This is the end of the third stage.

In the fourth stage, we are left with only that equanimity that is based on unity. It is experienced in the higher rungs of meditation. But here, too, the Buddha advocates a prudent course of action. In fact, it is here that the deepest practical hint is given.

Atammayataṃ, bhikkhave, nissāya atammayataṃ āgamma, yāyam upekkhā ekattā ekattasitā, taṃ pajahatha taṃ samatikkamatha, evam etissā pahānaṃ hoti, evam etissā samatikkamo hoti.

"Monks, by depending and relying on non-identification abandon and transcend equanimity that is unified, based on unity; that is how it is abandoned, that is how it is transcended."

Atammayatā is a term we have already discussed at length in our earlier sermons. [\[968\]](#) Its importance has not been sufficiently recognized in our tradition. As we pointed out, the word *tammayo*, literally "of thatness", could be explained with reference to such usages as *suvaṇṇamaya* and *rajatamaya*, "golden" and "silver". How does this "of thatness" come by?

If, for instance, one who has attained the infinity of space as a meditative experience identifies himself with it, with the conceit *eso 'ham asmi*, "this am I", there is that *tammayatā* coming in. It is a subtle grasping, or in other words a re-thinking, *maññanā* – imagining oneself to be one with that experience. So the Buddha's advice is to abandon and transcend even that equanimity based on unity by resorting to the maxim of *atammayatā*, non-identification.

The subtle conceit 'am', *asmi*, is that trace of grasping with which one tries to sit pretty on that which is impermanent and changing. It is the most fundamental assertion of existence.

In the *Sappurisasutta* of the *Majjhima Nikāya* we get a good illustration of the application of this principle of detachment, made known by the Buddha. *Sappuriso ca kho, bhikkhave, iti paṭisañcikkhati: nevasaññānāsaññāyatanasamāpattiyā pi kho atammayatā vuttā Bhagavatā, yena yena hi maññanti tato taṃ hoti aññathā 'ti. So atammayatam yeva antaram karitvā tāya nevasaññānāsaññāyatanasamāpattiyā n' eva attān' ukkaṃseti na param vambheti. Ayam pi, bhikkhave, sappurisadhammo.* [\[969\]](#)

"But a good man, monks, considers thus: 'Non-identification even with the attainment of the sphere of neither-perception-nor-non-perception has been declared by the Fortunate One [in such terms as]: 'In whatever way they imagine, thereby it turns otherwise'.' So he takes into account that very non-identification and neither exalts himself nor disparages others because of his attainment of the sphere of neither-perception-nor-non-perception. This, too, monks, is the nature of a good man."

In the *Sappurisa-sutta*, the Buddha expounds the characteristics of a 'good man'. In this context, the term *sappurisa*, "good man", is used exclusively to represent a noble disciple, *ariyasāvaka*. A noble disciple does not look upon his *jhānic* attainments in the same way as an ordinary meditator attaining *jhānas*. His point of view is different.

This discourse explains his view point. A good man reflects wisely according to the advice given by the Buddha to the effect that even to the higher *jhānic* attainment of neither-perception-nor-non-perception the principle of non-identification must be applied, recalling the maxim made known by the Buddha: *Yena yena hi maññanti tato taṃ hoti aññatha*, "in whatever way they imagine, thereby it turns otherwise".

This is a maxim we had discussed earlier too. [\[970\]](#) *Maññanā* is egoistic imagining. When one thinks in egoistic terms about something, by that very re-thinking it turns otherwise. Due to egoistic imagining, it becomes a thing, and once it becomes a thing, it is bound to change and become another.

The good man calls to mind that maxim, that norm, and refrains from exalting himself and disparaging others on account of his attainment. He does not identify himself with it. From this it becomes clear that *atammayatā* or **non-identification is the path to Nibbāna**.

So the Buddha gradually channelizes the pathways of thoughts of beings from the grosser to subtler levels and finally tops up by directing them to *Nibbāna*

through non-identification, *atammayatā*. Non-identification is the watchword for clinging-free *parinibbāna*.

The dictum *tatra idam nissāya idam pajahatha*, "therein, depending on this, abandon this", which the Buddha expounds in the *Saḷāyatanaṅgasutta*, portrays a duality between attention, *manasikāra*, and inattention, *amanasikāra*. That is to say, the basic principle in this dictum is the method of encouraging inattention to grosser things by recommending a way of attending to subtler things. So it seems both attention and inattention are given an importance in this procedure. In order to eliminate one thing by inattention, attention to some other thing is recommended. For the purpose of inattention to something gross, attention to something subtle is taken up. But that is not the end of it. Even that is expelled with the help of something subtler. Here we have a wonderful technique, based on the twin principles of pragmatism and relativity.

These two terms comprehend the entire gamut of the path of practice in Buddhism. 'Pragmatic' means 'for some practical purpose', 'relative' means 'in relation to something else', that is, as a means to an end, and not absolutely as an end in itself. So in this system of practice everything has a pragmatic and a relative value.

The question of attention and inattention has also to be understood in that background. A clear illustration of the method of elimination of grosser mental states with the help of subtler mental states by attention and inattention comes in the *Vitakkasaṅṭhānasutta* of the *Majjhima Nikāya*. There the Buddha explains this method making use of a simile of a carpenter.

Seyyathā pi, bhikkhave, dakkho palagaṇḍo vā palagaṇḍantevāsī vā sukhumāya āṇiyā oḷārikaṃ āṇiṃ abhinīhaneyya abhinīhareyya abhinivajjeyya, evam eva kho, bhikkhave, bhikkhuno yaṃ nimittam āgamma yaṃ nimittam manasikaroto uppajjanti pāpakā akusalā vitakkā chandūpasamhitā pi dosūpasamhitā pi mohūpasamhitā pi, tena, bhikkhave, bhikkhunā tamhā nimittā aññaṃ nimittam manasikātabbam kusalūpasamhitam.^[971]

"Just as, monks, a skilled carpenter or his apprentice might knock out, draw out and remove a coarse peg by means of a fine one, even so, monks, when a monk finds that, due to some sign, by attending to some sign, there arise in him evil unskilful thoughts connected with desire, with hate and with delusion, that monk, monks, should attend to some other sign in its stead, one that has to do with the skilful."

Now let us try to understand the point of this simile. When, for instance, a carpenter, in fitting out a door, finds that he is driving a blunt nail, he extracts it with the help of a sharper one. He takes up the sharper nail just for the purpose of extracting the blunt nail. So also one resorts to a skilful thought to expel the unskilful thought as a means to an end. This kind of pragmatic and relative approach avoids tenacious grasping and dogmatic involvement.

The spirit of the law of dependent arising runs through the entire course of Buddhist practice, culminating in *atammayatā*, non-identification.

The two terms *kusala* and *akusala* also deserve our special attention in this context. The basic meaning of *kusala* is "skilful", and *akusala* means "unskilful". Here, again, we have something relative. 'Skilful' presupposes 'unskilful' and gets a value in relation to the latter. It has no absolute value. We make use of the skilful in order to push away the unskilful. That done, there is no further involvement with it, as one's last resort is *atammayatā*, non-identification. That is why there is no problem of a clogging coming in.

Our discussion of the *Salāyatanaṅgasutta* brings to light another unique feature of this *Dhamma*. In other religious systems the question of reality is resolved by having recourse to unity. Oneness is supposed to be the ultimate goal.

In our analysis of the *saṃsāric* problem, we often referred to a duality or a dichotomy. Everywhere we were confronted with a duality. But to grasp the two as one, in some form of oneness, is not the way out. Instead we have here, as the final solution, *atammayatā* or non-identification, a clinging-free approach in the last analysis.

It is in the nature of *saṃsāric* existence that beings find themselves bound and fettered. These fetters are called *saṃyojanāni*. A binding or a fetter implies 'two', as when two bulls are tied together.^[972] The term *upādāna* is also used quite often. It implies a holding on to something. There, too, the notion of a duality comes in — one who holds and the thing held. It is not at all easy to transcend this duality, characteristic of *saṃsāric* existence. This is the crux of the whole problem. Unity or oneness is not the solution, it has to be solved with extreme judiciousness.

In the very first discourse of the *Samyutta Nikāya* we get a solution to the problem, briefly stated. The discourse is called *Oghataraṇasutta*, "Crossing the Flood", and it was given pride of place probably because of its importance.

A deity comes and asks the Buddha: *Kathaṃ nu tvaṃ mārīsa ogham atari?* "How did you, Sir, cross the flood?"^[973]

And the Buddha answers: *Appatiṭṭhaṃ khvāham, āvuso, anāyūhaṃ ogham atariṃ.* "Without tarrying, friend, and without hurrying, did I cross the flood."

But the deity, finding the answer too enigmatic, asks: *Yathā kathaṃ pana tvaṃ mārīsa appatiṭṭhaṃ anāyūhaṃ ogham atari?* "But how [exactly is it], sir, that you crossed the flood without tarrying and without hurrying?"

Then the Buddha makes an explanatory statement:

Yadā svāham, āvuso, santiṭṭhāmi tadāssu saṃsīdāmi, yadā svāham āvuso āyūhāmi tadāssu nibbuyhāmi. Evam khvāham, āvuso, appatiṭṭhaṃ anāyūhaṃ ogham atariṃ.

"When I, friend, tarried, I found myself sinking; when I, friend, hurried, I got swept away. And so, friend, without tarrying and without hurrying did I cross the flood."

Then the deity, being pleased, uttered the following verse in approbation:

*Cirassaṃ vata passāmi,
brāhmaṇaṃ parinibbutaṃ,
appatiṭṭhaṃ anāyūhaṃ,
tiṇṇaṃ loke visattikaṃ.*

O, what length of time since I beheld,
A saint with all his passions quelled,
Who neither tarrying nor yet hurrying,
Has crossed the world's viscosity — 'craving'."

This discourse on crossing the flood reveals some salient features of the middle path. If a person caught up in a water current tries to stay still, he will sink. If he simply struggles to escape, he will get swept away. So like a good swimmer, he

has to avoid both extremes, and, by means of a mindful and systematic gradual effort, work out his freedom. In other words, he has to strive — not struggle.

So we can understand why the Buddha in his very first sermon, *Dhammacakkapavattanasutta*, "Discourse on the Turning of the Wheel of *Dhamma*", proclaimed as the middle path the noble eightfold path, avoiding both extremes of attachment to sensuality, *kāmasukhallikānuyoga*, and self-mortification, *attakilamathānuyoga*.^[974] Here, too, the implication is that the entire round of existence is a water current to be crossed over by means of a systematic and gradual effort.

In some of our earlier sermons, while analyzing the law of dependent arising, we made use of the simile of the vortex for easy comprehension.^[975] Now if we are to take it up again, we may say that it is in the nature of beings in *saṃsāra* to get drifted by the current of preparations, *saṅkhārā*, owing to ignorance, *avijjā*, and go on revolving between consciousness, *viññāṇa*, and name-and-form, *nāma-rūpa*.

This ignorance in the form of the four pervert perceptions — namely the perception of permanence in the impermanent, the perception of pleasure in the painful, the perception of beauty in the repulsive, and the perception of self in the not-self — gives rise to the run-away current of water which keeps running round and round between consciousness and name-and-form. This is the *saṃsāric* vortex, *saṃsāravaṭṭa*.

Now, for instance, if we throw even a small leaf to a spot where there is a vortex, it also keeps revolving. Similarly, all over this *saṃsāric* existence duality holds sway. Therefore, freedom from it can be won only by a subtle form of striving. That is why the Buddha used the two terms *appatiṭṭhaṃ* and *anāyūhaṃ*. Avoiding the two extremes of stagnation and struggling, one has to cross the flood going the middle way.

When the Buddha proclaimed that freedom can be won only by the middle way, avoiding both extremes, the extremist philosophers of his day criticized and disparaged him, saying: 'Then you are preaching a doctrine of bewilderment'.

We find such an instance of accusation in the *Māgandiyasutta* of the *Aṭṭhaka Vagga* of the *Sutta Nipāta*. The Brāhmin Māgandiya poses the following question to the Buddha:

*'Ajjhattasanti' ti yam etam atthaṃ,
kathan nu dhīrehi paveditaṃ taṃ.*

"That which they call 'inward peace',

In what terms have the wise proclaimed that [peace]?"^[976]

The Buddha's answer took the following form:

*Na diṭṭhiyā na sutiyā na ñāṇena,
sīlabbatenāpi visuddhim āhu,*

adiṭṭhiyā assutiyā aññāṇā

asīlatā abbatā no pi tena,

ete ca nissajja anuggahāya

santo anissāya bhavaṃ na jappe.

"Not by views, nor by learning, nor by knowledge,

Nor yet by virtue and holy vows, they say, can purity come,

Neither can it come by without views, learning and knowledge,
Without virtue and holy vows,
Letting go of them all and grasping not one,
That peaceful one, leaning on none,
Would hanker no more for existence."

At this reply the Brāhmin Māgandiya was puzzled and accuses the Buddha of prevarication.

*No ce kira diṭṭhiyā na sutiyā na ñāṇena,
sīlabbatenāpi visuddhim āha,
adiṭṭhiyā assutiyā aññāṇā
asīlatā abbatā no pi tena,
maññe-m-ahaṃ momuham eva dhammaṃ,
diṭṭhiyā eke paccenti suddhiṃ.*

"If not by views, nor by learning, nor by knowledge,
Nor yet by virtue and holy vows can purity be won,
If it comes not without views, learning and knowledge,
Without virtue and holy vows — well then
Bewilderment itself, I think, is this Dhamma,
For there are some who claim purity by views."

Now these two verses call for some comments. Firstly there is a minor problem about variant readings. In both these verses, we followed the reading *visuddhi*, whereas some editions accept the reading *na suddhim āha*, where the negative seems superfluous. *Visuddhi* seems more meaningful here.

The commentarial explanation of these two verses seems to go off at a tangent.^[977] It says that the negatives in the first two lines of the Buddha's reply refer to wrong views, wrong learning, wrong knowledge, wrong virtue and wrong vows, and that the third and fourth lines refer to right view, right learning, right knowledge, right virtue and right vows. In other words, it is only a question of wrong view, *micchā diṭṭhi*, and right view, *sammā diṭṭhi*.

This interpretation misses the subtle point at issue in this dialogue. If it is as simple as that, there is no ground for Māgandiya's accusation. Other religious teachers, who disputed with each other, used to assert that purity is attained only by their views, learning, knowledge, virtue and vows.

Here then it is not a question of difference between *micchā diṭṭhi* and *sammā diṭṭhi*. Here is something more radical concerning *sammā diṭṭhi* itself. According to this enlightened approach, views etc. cannot totally be dispensed with, nor are they to be grasped. We come back now to the two key words 'pragmatic' and 'relative'. That is why the Buddha declared that purity cannot be attained by views, learning, knowledge, virtue and vows, nor in the absence of these qualities.

This is an apparently contradictory statement which, however, puts in a nutshell the essence of the middle path. The inward peace, mentioned in the above context, is nothing other than the clinging-free perfect extinction, *anupādā parinibbāna*. That becomes clear by the last three lines of the Buddha's reply, *ete*

ca nissajja anuggahāya, santo anissāya bhavaṃ na jappe.

"Letting go of them all and grasping not one,
That peaceful one, leaning on none,
Would hanker no more for existence."

We came across the word *anissita* in our discussions about *Nibbāna*, for instance in the cryptic formula *nissitassa calitaṃ, anissitassa calitaṃ n'atthi*, "to the one attached there is wavering, to the unattached one, there is no wavering".^[978] Being unattached, there is no hankering for existence. Where there is grasping, there is existence.

We may revert to our simile of sharpening a razor.^[979] The constituents of the path have to be taken up as one takes up a razor for sharpening, ready to let go. Once the purpose is served, they have to be given up. That is the dictum underlying this dialogue in the *Māgandiyasutta*.

Now we come to a discourse which clearly and unmistakably presents this extraordinary first principle. The discourse is the *Rathavinītasutta* of the *Majjhima Nikāya*. Here it is not a case of arguing with a Brāhmin. The interlocutors in this discourse are two stalwarts of this dispensation, namely Venerable Sāriputta and Venerable Puṇṇa Mantāṇiputta. Their long discussion on the path of practice, unfolding itself in dialogue form, was not meant for any clarification of doubts for themselves. It was probably inspired by a benevolent wish to help those 'Māgandiyas' in the world, who are ignorant of the pragmatic nature and relative value of the Buddha's middle path. For easy comprehension, we shall present this discourse in three parts.

First of all Venerable Sāriputta poses the following question to Venerable Puṇṇa Mantāṇiputta: *Kin nu kho, āvuso, sīlavisuddhatthaṃ Bhagavati brahmacariyaṃ vussatīti?* "What, friend, is it for the sake of purification of virtue that the holy life is lived under the Fortunate One?"^[980]

And Venerable Puṇṇa Mantāṇiputta replies: "No friend."

"Then is it for the sake of purification of mind that the holy life is lived under the Fortunate One?" "No friend."

"Then is it for the sake of purification of view that the holy life is lived under the Fortunate One?" "No friend."

"Then is it for the sake of purification by overcoming doubt that the holy life is lived under the Fortunate One?" "No friend."

"Then is it for the sake of purification by knowledge and vision of what is the path and what is not the path that the holy life is lived under the Fortunate One?" "No friend."

"Then is it for the sake of purification by knowledge and vision of the way that the holy life is lived under the Fortunate One?" "No friend."

"Then is it for the sake of purification by knowledge and vision that the holy life is lived under the Fortunate One?" "No friend."

Then Venerable Sāriputta asks: "For the sake of what, [then] friend, is the holy life lived under the Fortunate One?" "Friend it is for the sake of perfect *Nibbāna* without clinging that the holy life is lived under the Fortunate One."

So the ensemble of part one of the dialogue is that the holy life is not lived under the Fortunate One for the sake of any of those purifications, but for something called *anupādā parinibbāna*, "perfect *Nibbāna* without clinging".

Now, in what we would call part two of the dialogue, Venerable Sāriputta highlights the contradictions in the answers given so far, somewhat like Māgandiya. Apparently there is some need for clarification. He asks: "But, friend, is purification of virtue perfect *Nibbāna* without clinging?" "No friend".

In this way he asks whether any of the other stages of purification, up to and including purification by knowledge and vision, is perfect *Nibbāna* without clinging. Venerable Puṇṇa answers in the negative. Then Venerable Sāriputta asks:

Kim pan' āvuso aññatra imehi dhammehi anupādā parinibbānaṃ? "But, friend, is perfect *Nibbāna* without clinging [to be attained] without these states?" "No friend". So, then, it looks as if the trend of contradictions has come to a head.

Now in part three of the dialogue we find Venerable Sāriputta rhetorically summing up the previous section of the dialogue: "When asked: 'But, friend, is purification of virtue perfect *Nibbāna* without clinging?', you replied: 'No friend'" (and so on), citing even the last negative response: "And when asked: 'But, friend, is perfect *Nibbāna* without clinging [to be attained] without these states?', you replied: 'No friend'"; and rounds up by asking with apparent exasperation: *yathākathaṃ pan' āvuso imassa bhāsitassa attho datṭhabbo?* "How, then, friend, can one understand the meaning of this statement?"

So rather dramatically the stage is now set for Venerable Puṇṇa Mantāṇiputta to come out with the deepest point in the discussion:

Sīlavisuddhiñce āvuso Bhagavā anupādā parinibbānaṃ paññāpessa, sa-upādānaṃ yeva samānaṃ anupādā parinibbānaṃ paññāpessa. "Friend, if the Fortunate One had designated purification of virtue as perfect *Nibbāna* without clinging, he would have designated what is still accompanied by clinging as perfect *Nibbāna* without clinging."

In the same strain, he goes on to apply this criterion to the other stages of purification and finally brings out the absurdity of the other extreme in the following words:

Aññatra ce, āvuso, imehi dhammehi anupādā parinibbānaṃ abhaviṣṣa, puthujjano parinibbāyeyya, puthujjano hi, āvuso, aññatra imehi dhammehi. "And if, friend, perfect *Nibbāna* without clinging were to be attained without these states, then even an ordinary worldling would have attained perfect *Nibbāna* without clinging, for an ordinary worldling, friend, is without these states."

Now we can see how subtle this question is. Simply because it was said that none of the above states is perfect *Nibbāna* without clinging, they cannot be dispensed with. We have already discussed the significance of the *Alagaddūpamasutta* in this concern. There we came across two similes, the simile of the raft and the simile of the water snake. To carry the raft on one's shoulder after crossing is one extreme.^[981] To take the water snake by its tail is the other extreme. The middle path lies between these two extremes. That is the implication of the above statement that if perfect *Nibbāna* without clinging is attained without these states, then even an ordinary worldling would have attained it, for he has none of them.

For further clarification of this point, Venerable Puṇṇa Mantāṇiputta comes out with the simile of the relay of chariots. King Pasendi of Kosala, while living in Sāvattihī, has some urgent business to settle at Sāketa. Between Sāvattihī and Sāketa seven relay chariots are kept ready for him. The king mounts the first relay chariot and by means of it arrives at the second relay chariot. Then he dismounts

from the first relay chariot and mounts the second chariot. By means of the second chariot he arrives at the third chariot. In this way, finally he arrives at Sāketa by means of the seventh chariot. Then, when his friends and relatives in Sāketa ask him: 'Sire, did you come from Sāvattī to Sāketa by means of this chariot?', he cannot reply in the affirmative. He has to relate the whole story of passing from chariot to chariot.

Having given this simile as an illustration, Venerable Puṇṇa Mantāṇiputta sums up the correct solution to the point at issue in the following memorable words:

Evameva kho, āvuso, sīlavisuddhi yāvadeva cittavisuddhatthā, cittavisuddhi yāvadeva diṭṭhivissuddhatthā, diṭṭhivissuddhi yāvadeva kaṅkhāvitaraṇavisuddhatthā, kaṅkhāvitaraṇavisuddhi yāvadeva maggāmaggañāṇadassanavisuddhatthā, maggāmaggañāṇadassanavisuddhi yāvadeva paṭipadañāṇadassanavisuddhatthā, paṭipadañāṇadassanavisuddhi yāvadeva ñāṇadassanavisuddhatthā, ñāṇadassanavisuddhi yāvadeva anupādā parinibbānatthā. Anupādā parinibbānattham kho, āvuso, Bhagavati brahmacariyaṃ vussatī.

"Even so, friend, purification of virtue is purposeful as far as purification of the mind; purification of the mind is purposeful as far as purification of view; purification of view is purposeful as far as purification by overcoming doubt; purification by overcoming doubt is purposeful as far as purification by knowledge and vision of what is the path and what is not the path; purification by knowledge and vision of what is the path and what is not the path is purposeful as far as purification by knowledge and vision of the way; purification by knowledge and vision of the way is purposeful as far as purification by knowledge and vision; purification by knowledge and vision is purposeful as far as perfect *Nibbāna* without clinging. It is for perfect *Nibbāna* without clinging that the holy life is lived under the Fortunate One."

The key word in this grand finale of this dramatic exposition is *yāvad eva*. Simply rendered it means "just for", that is, the sufficing condition for something else. Properly understood, it is a watchword upholding the twin principles of pragmatism and relativity. In the light of the illustration by relay chariots, this watchword stands for that impersonal momentum or impetus required for any gradual course of purposive action, according to the law of dependent arising.

So we see how the Buddha discovered and laid bare the first principles of a universal law conducive to one's emancipation. Here is a series of states, in which one state is to be made use of for reaching another, and that for reaching yet another, but none of which is to be grasped per se. This is the distinction between what is called *upadhi*, or *saṃsāric* asset, and *nirupadhi*, or the asset-less *Nibbāna*.

In the case of those meritorious deeds, productive of *saṃsāric* assets, one goes on accumulating and amassing them. But, for the *nibbānic* state of *nirupadhi*, the asset-less, there is a different approach. One state leads up to another, and that to yet another, in accordance with the simile of the relay chariots, but none of them is to be grasped per se. One grasps neither purification of virtue, nor purification of the mind, nor purification of view, nay, not even purification by knowledge and vision. Leaving them all behind and reaching the subtlest of them all, there comes the final 'let go' to attain that perfect extinction without clinging, *anupādā parinibbāna*. This is the subtlest truth in this *Dhamma*.

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MIND STILLED 31

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

*Etaṃ santam, etaṃ paṇītam, yadidaṃ sabbasaṅkhārasamatho
sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānam.*^[982]

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

With the permission of the assembly of the venerable meditative monks. This is the thirty-first sermon in the series of sermons on *Nibbāna*.

In our attempt to understand some subtle characteristics of the middle path leading to *Nibbāna* in our last sermon, we found some discourses like *Saḷāyatanaṅgavibhaṅgasutta*, *Oghataraṇasutta*, *Vitakkasanthānasutta*, *Māgandīyasutta*, *Rathavinītasutta* and *Alagaddūpamasutta* particularly helpful. It became clear that the twin principle of pragmatism and relativity, underlying the norm of dependent arising, could be gleaned to a great extent from those discourses.

We also found that the course of practice leading to *Nibbāna* is not an accumulation or amassing, but a gradual process of attenuation or effacement, tending towards a realization of voidness, free from notions of 'I' and 'mine'.

It is for the purpose of emphasizing the twin principles of pragmatism and relativity that the Buddha compared the *Dhamma* to a raft in the *Alagaddūpamasutta* of the *Majjhima Nikāya*. In this series of sermons we made allusions to this simile in brief on several occasions, but let us now try to examine this simile in more detail. In order to present the parable of the raft, the Buddha addressed the monks and made the following declaration:

*Kullūpamaṃ vo, bhikkhave, dhammaṃ desissāmi nittharaṇatthāya no
gahaṇatthāya.*^[983] "Monks, I shall preach to you the *Dhamma* comparable to a raft for crossing over and not for grasping." With this introductory declaration, he goes on to relate the parable of the raft.

"Monks, suppose a man in the course of a long journey, saw a great expanse of water whose near shore was dangerous and fearful and whose further shore was safe and free from fear. But there was no ferry boat or bridge going to the far shore. Then he thought:

'There is this great expanse of water whose near shore is dangerous and fearful and whose further shore is safe and free from fear. But there is no ferry boat or bridge going to the far shore. Suppose I collect grass, sticks, branches and leaves and bind them together into a raft, and supported by the raft and making an effort with my hands and feet I were to get safely across to the far shore'.

And then the man collected grass, sticks, branches and leaves and bound them together into a raft, and supported by the raft and making an effort with his hands and feet he got safely across to the far shore. Then, when he got safely across and had arrived at the far shore he might think thus:

'This raft has been very helpful to me, supported by it and making an effort with my hands and feet I got safely across to the far shore. Suppose I were to hoist it

on my head or load it on my shoulder and then go wherever I want.'

Now, monks, what do you think, by doing so would that man be doing what should be done with that raft?" "No, Venerable Sir."

"By doing what would that man be doing what should be done with that raft? Here, monks, when that man got across and had arrived at the far shore, he might think thus: 'This raft has been very helpful to me, since supported by it and making an effort with my hands and feet I got safely across to the far shore. Suppose I were to haul it on dry land or set it adrift in the water and then go wherever I want.'

Now it is by so doing that that man would be doing what should be done with the raft. Even so, monks, I have shown you how the *Dhamma* is similar to a raft, being for the purpose of crossing over, not for the purpose of grasping." And the Buddha concludes with the significant statement:

Kullūpamaṃ vo , bhikkhave, ājānantehi dhammā pi vo pahātabbā, pageva adhammā. "Monks, when you know the *Dhamma* to be similar to a raft, you should abandon even good states, how much more so bad states".

So it seems, this raft simile has a very deep meaning. The building of the raft by the person wishing to cross symbolizes the pragmatic and relative values we highlighted in connection with the path of practice leading to *Nibbāna*. The raft improvised with self effort is not for grasping or carrying on one's shoulder. As we have already pointed out with reference to such discourses like *Saḷāyatanavibhaṅgasutta*, apart from the purpose of crossing, there is nothing worth holding on to or grasping. Why so? Because the aim of this holy life or this path of practice is non-grasping instead of grasping; non-identification, *atammayatā*, instead of identification, *tammayatā*; assetlessness, *nirupadhi*, instead of assets, *upadhi*.

The importance attached to this simile is so much that the Buddha reminds the monks of it in the *MahāTaṇhāsaṅkhasutta* also, with the following allusion:

Imaṃ ce tumhe, bhikkhave, diṭṭhiṃ evaṃ parisuddhaṃ evaṃ pariyodātaṃ allīyetha kelāyetha dhanāyetha mamāyetha, api nu tumhe, bhikkhave, kullūpamaṃ dhammaṃ desitaṃ ājāneyyatha nittharaṇatthāya no gahaṇatthāya? No h'etaṃ, bhante!

Imaṃ ce tumhe, bhikkhave, diṭṭhiṃ evaṃ parisuddhaṃ evaṃ pariyodātaṃ na allīyetha na kelāyetha na dhanāyetha na mamāyetha, api nu tumhe, bhikkhave, kullūpamaṃ dhammaṃ desitaṃ ājāneyyatha nittharaṇatthāya no gahaṇatthāya? Evaṃ, bhante.^[984]

"Monks, purified and cleansed as this view is, if you adhere to it, cherish it, treasure it and treat it as a possession, would you then understand the *Dhamma* that has been taught as similar to a raft being for the purpose of crossing over and not for the purpose of grasping?" "No, Venerable Sir!"

"Monks, purified and cleansed as this view is, if you do not adhere to it, cherish it, treasure it and treat it as a possession, would you then understand the *Dhamma* that has been taught as similar to a raft being for the purpose of crossing over and not for the purpose of grasping?" "Yes, Venerable Sir!"

This is an illustration of the relative validity of the constituents of the path. Instead of an accumulation and an amassing, we have here a setting in motion of a sequence of psychological states mutually interconnected according to the law of relativity. As in the simile of the relay of chariots, what we have here is a progression by relative dependence.

In this sequential progression, we see an illustration of the quality of leading onward, *opanayika*, characteristic of this *Dhamma*. The term *opanayika* has been variously interpreted, but we get a clue to its correct meaning in the *Udāyisutta* of the *Bojjhaṅgasamṃyutta* in the *Saṃyutta Nikāya*. Venerable Udāyi declares his attainment of the supramundane path in these words:

Dhammo ca me, bhante, abhisamito, maggo ca me paṭiladdho, yo me bhāvito bahulīkato tathā tathā viharantaṃ tathattāya upanessati.^[985]

"The *Dhamma* has been well understood by me, Venerable Sir, and that path has been obtained which, when developed and cultivated, will lead me onwards to such states as I go on dwelling in the appropriate way."

The implication is that the *Dhamma* has the intrinsic quality of leading onward whoever is dwelling according to it so that he attains states of distinction independent of another's intervention.

A clearer illustration of this intrinsic quality can be found in the *Cetanākaraṇīyasutta* among the Tens of the *Aṅguttara Nikāya*. In that discourse, the Buddha describes how a long sequence of mental states is interconnected in a subtle way, according to the principle of relativity, leading onwards as far as final deliverance itself. The following section of that long discourse might suffice as an illustration of the mutual interconnection between the mental states in the list.

Sīlavato, bhikkhave, sīlasampannassa na cetanāya karaṇīyaṃ 'avippaṭisāro me uppajjatū'ti; dhammatā esā, bhikkhave, yaṃ sīlavato sīlasampannassa avippaṭisāro uppajjati. Avippaṭisārissa, bhikkhave, na cetanāya karaṇīyaṃ 'pāmojjaṃ me uppajjatū'ti; dhammatā esā, bhikkhave, yaṃ avippaṭisārissa pāmojjaṃ jāyati. Pamuditassa, bhikkhave, na cetanāya karaṇīyaṃ 'pīti me uppajjatū'ti; dhammatā esā, bhikkhave, yaṃ pamuditassa pīti uppajjati.^[986]

"To one who is virtuous, monks, who is endowed with virtue, there is no need for an act of will like: 'let remorselessness arise in me'; it is in the nature of *Dhamma*, monks, that remorselessness arises in one who is virtuous, who is endowed with virtue. To one who is free from remorse, monks, there is no need for an act of will like: 'let gladness arise in me'; it is in the nature of *Dhamma*, monks, that gladness arises in one who is free from remorse. To one who is glad, monks, there is no need for an act of will like: 'let joy arise in me'; it is in the nature of *Dhamma*, monks, that joy arises in one who is glad."

In this way, the Buddha outlines the entire course of training leading up to knowledge and vision of deliverance, interlacing a long line of mental states in such a way as to seem an almost effortless flow. The profound utterance, with which the Buddha sums up this discourse, is itself a tribute to the quality of leading onward, *opanayika*, in this *Dhamma*.

Iti kho, bhikkhave, dhammā va dhamme abhisandenti, dhammā va dhamme paripūrenti apārā pārāṃ gamanāya. "Thus, monks, mere phenomena flow into other phenomena, mere phenomena fulfil other phenomena in the process of going from the not beyond to the beyond."

So, then, in the last analysis, it is only a question of phenomena. There is no 'I' or 'mine' involved. That push, that impetus leading to *Nibbāna*, it seems, is found ingrained in the *Dhamma* itself.

Not only the term *opanayika*, all the six terms used to qualify the *Dhamma* are highly significant. They are also interconnected in meaning. That is why very often in explaining one term others are dragged in. Sometimes the questioner is concerned only about the meaning of the term *sandiṭṭhika*, but the Buddha

presents to him all the six qualities of the *Dhamma*.^[987] In discourses like *MahāTaṇhāsaṅkhasutta* the emphasis is on the term *opanayika*, but there, too, the Buddha brings in all the six terms, because they are associated in sense.

Let us now examine how these six epithets are associated in sense. The usual explanation of *svākkhata*, "well preached", is that the *Dhamma* has been preached by the Buddha properly intoned with perfect symmetry as to the letter and to the spirit, excellent in the beginning, excellent in the middle and excellent in the end. But the true meaning of *svākkhata* emerges when examined from the point of view of practice.

The quality of being visible here and now, *sandiṭṭhika*, that is not found in an ill-preached doctrine, *durakkhāta dhamma*, is to be found in this well-preached *Dhamma*. Whereas an ill-preached doctrine only promises a goal attainable in the next world, the well-preached *Dhamma* points to a goal attainable in this world itself. Therefore we have to understand the full import of the epithet *svakkhāta* in relation to the next quality, *sandiṭṭhika*, visible here and now.

We have already dealt with this quality to some extent in connection with an episode about General Sīha in an earlier sermon.^[988] Briefly stated, the meaning of the term *sandiṭṭhika* is "visible here and now, in this very life", as far as the results are concerned. The same idea is conveyed by the expression *diṭṭheva dhamme* often cited with reference to *Nibbāna* in the standard phrase, *diṭṭheva dhamme sayam abhiññā sacchikatvā*,^[989] "having realized by one's own higher knowledge in this very life". Whereas *samparāyika* stands for what comes after death, in another life, *sandiṭṭhika* points to the attainability of results in this very life, here and now.

The term *sandiṭṭhika* can be related to the next epithet *akālika*. Since the results are attainable here and now, it does not involve an interval in time. It is, in other words, timeless, *akālika*.

In our earlier sermons we brought in, as an illustration for this involvement with time, the period of suspense after an examination, these days, awaiting results. *Nibbāna*-examination, on the other hand, yields results then and there and produces the certificate immediately. So we see the quality "visible here and now" implicating a timelessness.

Unfortunately, however, the term *akālika* also suffered by much commentarial jargon. Meanings totally foreign to the original sense came to be tagged on, so much so that it was taken to mean 'true for all times' or 'eternal'.

The *Samiddhisutta* in the *Devatāsaṃyutta* of the *Samyutta Nikāya* clarifies for us the original meaning of the term *akālika*. One day, Venerable Samiddhi had a bath at the hot springs in Tapodārāma and was drying his body outside in the sun. A deity seeing his handsome body gave him an advice contrary to the spirit of the *Dhamma*.

Bhuñja, bhikkhu, mānusaṅka kāme, mā sandiṭṭhikaṃ hitvā kālikaṃ anudhāvi.^[990] "Enjoy, monk, human sensual pleasures, do not abandon what is visible here and now and run after what takes time!"

Venerable Samiddhi met the challenge with the following explanatory reply:

Na kvhāhaṃ, āvuso, sandiṭṭhikaṃ hitvā kālikaṃ anudhāvāmi. Kālikañca khvāhaṃ, āvuso, hitvā sandiṭṭhikaṃ anudhāvāmi. Kālikā hi, āvuso, kāmā vuttā bhagavatā bahudukkhā bahupāyāsā, ādīnava ettha bhiyyo. Sandiṭṭhiko ayaṃ dhammo akāliko ehipassiko opanayyiko paccattaṃ veditabbo viññūhi.

"It is not the case, friend, that I abandon what is visible here and now in order

to run after what involves time. On the contrary, I am abandoning what involves time to run after what is visible here and now. For the Fortunate One has said that sensual pleasures are time involving, fraught with much suffering, much despair, and that more dangers lurk in them. Visible here and now is this *Dhamma*, timeless, inviting one to come and see, leading one onwards, to be realized personally by the wise."

This explanation makes it clear that the two terms *sandiṭṭhika* and *akālika* are allied in meaning. That is why *sandiṭṭhika* is contrasted with *kālika* in the above dialogue. What comes after death is *kālika*, involving time. It may come or may not come, one cannot be certain about it. But of what is visible here and now, in this very life, one can be certain. There is no time gap. It is timeless.

The epithet *akālika* is implicitly connected with the next epithet, *ehi-passika*. If the result can be seen here and now, without involving time, there is good reason for the challenge: 'come and see!' If the result can be seen only in the next world, all one can say is: 'go and see!'

As a matter of fact, it is not the Buddha who says: 'come and see!', it is the *Dhamma* itself that makes this challenge. That is why the term *ehi-passika* is regarded as an epithet of the *Dhamma*. *Dhamma* itself invites the wise to come and see.

Those who took up the challenge right in earnest have proved for themselves the realizable nature of the *Dhamma*, which is the justification for the last epithet, *paccattaṃ veditaṃ viññūhi*, "to be experienced by the wise each one by oneself".

The inviting nature of the *Dhamma* leads to personal experience and that highlights the *opanayika* quality of leading onwards. True to the statement *tathā tathā viharantaṃ tathattāya upanessati*,^[991] the *Dhamma* leads him onwards to appropriate states as he lives according to it.

Sometimes the Buddha sums up the entire body of *Dhamma* he has preached in terms of the thirty-seven participative factors of enlightenment. Particularly in the *Mahāparinibbāna-sutta* we find him addressing the monks in the following memorable words:

Tasmātiha, bhikkhave, ye te mayā dhammā abhiññā desitā, te vo sādhukaṃ uggahetvā āsevitabbā bhāvetabbā bahulīkātabbā, yathayidaṃ brahmacariyaṃ addhaniyaṃ assa ciraṭṭhitikaṃ, tadassa bahujanahitāya bahujanasukhāya lokānukampāya atthāya hitāya sukhāya devamanussānaṃ.

Katame ca te, bhikkhave, dhammā mayā abhiññā desitā ye vo sādhukaṃ uggahetvā āsevitabbā bhāvetabbā bahulīkātabbā, yathayidaṃ brahmacariyaṃ addhaniyaṃ assa ciraṭṭhitikaṃ, tadassa bahujanahitāya bahujanasukhāya lokānukampāya atthāya hitāya sukhāya devamanussānaṃ?

Seyyathidaṃ cattāro satipaṭṭhāna cattāro sammappadhānā cattāro iddhipādā pañcindriyāni pañca balāni satta bojjhaṅgā ariyo aṭṭhaṅgiko maggo.^[992]

"Therefore, monks, whatever *dhammas* I have preached with higher knowledge, you should cultivate, develop and practice thoroughly, so that this holy life would last long and endure for a long time, thereby conducing to the wellbeing and happiness of many, out of compassion for the world, for the benefit, the wellbeing and the happiness of gods and men.

And what, monks, are those *dhammas* I have preached with higher knowledge that you should cultivate, develop and practice thoroughly, so that this holy life would last long and endure for a long time, thereby conducing to the wellbeing

and happiness of many, out of compassion for the world, for the benefit, the wellbeing and the happiness of gods and men?

They are the four foundations of mindfulness, the four right endeavours, the four bases for success, the five faculties, the five powers, the seven factors of enlightenment, and the noble eightfold path".

This group of *dhammas*, collectively known as the thirty-seven participative factors of enlightenment illustrates the quality of leading onwards according to the twin principles of relativity and pragmatism.

It is customary in the present age to define the *Dhamma* from an academic point of view as constituting a set of canonical texts, but here in this context in the *Mahāparinibbānasutta*, at such a crucial juncture as the final passing away, we find the Buddha defining the *Dhamma* from a practical point of view, laying emphasis on the practice. It is as if the Buddha is entrusting to the monks a tool-kit before his departure.

The thirty-seven participative factors of enlightenment are comparable to a tool-kit, or rather, an assemblage of seven tool-kits. Each of these seven is well arranged with an inner consistency. Let us now examine them.

First comes the four foundations of mindfulness. This group of *dhammas* deserves pride of place due to its fundamental importance. The term *satipaṭṭhāna* has been variously interpreted by scholars, some with reference to the term *paṭṭhāna* and others connecting it with *upaṭṭhāna*. It seems more natural to associate it with the word *paṭṭhāna*, "foundation", as the basis for the practice. *Upaṭṭhita sati* is a term for one who has mastered mindfulness, based on the four foundations, as for instance in the aphorism *upaṭṭhitasatissāyaṃ dhammo, nāyaṃ dhammo muṭṭhasatissa*,^[993] "this *Dhamma* is for one who is attended by mindfulness, not for one who has lost it."

The four foundations themselves exhibit an orderly arrangement. The four are termed:

- *kāyānupassanā*, contemplation on the body,
- *vedanānupassanā*, contemplation on feelings,
- *cittānupassanā*, contemplation on the mind, and
- *dhammānupassanā*, contemplation on mind-objects.

So here we have a basis for the exercise of mindfulness beginning with a gross object, gradually leading on to subtler objects. It is easy enough to contemplate on the body. As one goes on setting up mindfulness on the body, one becomes more aware of feelings and makes them, too, the object of mindfulness. This gradual process need not be interpreted as so many cut and dried separate stages. There is a subtle imperceptible interconnection between these four foundations themselves.

To one who has practiced contemplation on the body, not only pleasant and unpleasant feelings, but also neither-painful-nor-pleasant feeling, imperceptible to ordinary people, becomes an object for mindfulness. So also are the subtler distinctions between worldly, *sāmisa*, and unworldly, *nirāmisa*, feelings.

As one progresses to *cittānupassanā*, contemplation on the mind, one becomes aware of the colour-light system of the mind in response to feelings, the alternations between a lustful mind, *sarāgaṃ cittaṃ*, a hateful mind, *sadosaṃ cittaṃ*, and a deluded mind, *samohaṃ cittaṃ*, as well as their opposites.

Further on in his practice he becomes conversant with the wirings underlying this colour-light system of the mind and the know-how necessary for controlling it. With *dhammānupassanā* he is gaining the skill in avoiding and overcoming negative mental states and encouraging and stabilizing positive mental states.

Let us now see whether there is any connection between the four foundations of mindfulness and the four right endeavours. For purposes of illustration we may take up the subsection on the hindrances, included under *dhammānupassanā*, contemplation on mind-objects. There we read:

Yathā ca anuppannassa kāmacchandassa uppādo hoti, tañ ca pajānāti; yathā ca uppannassa kāmacchandassa pahānaṃ hoti tañ ca pajānāti. [\[994\]](#)

"And he also understands how there comes to be the arising of unarisen sensual desire, and how there comes to be the abandoning of arisen sensual desire".

These two statements in the subsection on the hindrances could be related to the first two out of the four right endeavours:

Anuppannānaṃ pāpakānaṃ akusalānaṃ dhammānaṃ anuppādāya chandaṃ janeti vāyamati viriyaṃ ārabhati cittaṃ paggaṇhāti padahati; uppannānaṃ pāpakānaṃ akusalānaṃ dhammānaṃ pahānāya chandaṃ janeti vāyamati viriyaṃ ārabhati cittaṃ paggaṇhāti padahati. [\[995\]](#)

"For the non-arising of unarisen evil unskilful mental states he arouses a desire, makes an effort, puts forth energy, makes firm the mind and endeavours; for the abandoning of arisen evil unskilful mental states he arouses a desire, makes an effort, puts forth energy, makes firm the mind and endeavours."

The understanding of the hindrances is the pre-condition for this right endeavour. What we have in the *Satipaṭṭhānasutta* is a statement to the effect that one comprehends, *pajānāti*, the way hindrances arise as well as the way they are abandoned. Right endeavour is already implicated. With mindfulness and full awareness one sees what is happening. But that is not all. Right endeavour has to step in.

Just as the first two right endeavours are relevant to the subsection on the hindrances, the next two right endeavours could be related to the following two statements in the subsection on the enlightenment factors in the *Satipaṭṭhānasutta*.

Yathā ca anuppannassa satisambojjhaṅgassa uppādo hoti, tañ ca pajānāti; yathā ca uppannassa satisambojjhaṅgassa bhāvanāpāripūrī hoti tañ ca pajānāti. [\[996\]](#)

"And he also understands how there comes to be the arising of the unarisen mindfulness enlightenment factor, and how the arisen mindfulness enlightenment factor comes to fulfilment by development".

One can compare these two aspects of the *dhammānupassanā* section in the *Satipaṭṭhānasutta* with the two right endeavours on the positive side.

Anuppannānaṃ kusalānaṃ dhammānaṃ uppādāya chandaṃ janeti vāyamati viriyaṃ ārabhati cittaṃ paggaṇhāti padahati; uppannānaṃ kusalānaṃ dhammānaṃ ṭhitiyā asamosāya bhīyyobhāvāya vepullāya bhāvanāya pāripūriyā chandaṃ janeti vāyamati viriyaṃ ārabhati cittaṃ paggaṇhāti padahati. [\[997\]](#)

"For the arising of unarisen skilful mental states he arouses a desire, makes an effort, puts forth energy, makes firm the mind and endeavours; for the stability, non-remiss, increase, amplitude and fulfilment by development of arisen skilful mental states he arouses a desire, makes an effort, puts forth energy, makes firm the mind and endeavours."

This is the right endeavour regarding skilful mental states. Why we refer to this aspect in particular is that there is at present a tendency among those who recommend *satipaṭṭhāna* meditation to overemphasize the role of attention. They seem to assert that bare attention or noticing is all that is needed. The reason for such an attitude is probably the attempt to specialize in *satipaṭṭhāna* in isolation, without reference to the rest of the thirty-seven participative factors of enlightenment.

These seven tool-kits are interconnected. From the *satipaṭṭhāna* tool-kit, the *sammappadhāna* tool-kit comes out as a matter of course. That is why bare attention is not the be all and end all of it.

Proper attention is actually the basis for right endeavour. Even when a machine is out of order, there is a need for tightening or loosening somewhere. But first of all one has to mindfully scan or scrutinize it. That is why there is no explicit reference to effort in the *Satipaṭṭhānasutta*. But based on that scrutiny, the four right endeavours play their role in regard to unskilful and skilful mental states. So we see the close relationship between the four foundations of mindfulness and the four right endeavours.

It is also interesting to examine the relationship between the four right endeavours and the four paths to success. We have already quoted a phrase that is commonly used with reference to all the four right endeavours, namely *chandaṃ janeti vāyamati viriyaṃ ārabhati cittaṃ paggaṇhāti padahati*, "arouses a desire, makes an effort, puts forth energy, makes firm the mind and endeavours".

Here we have a string of terms suggestive of striving, systematically arranged in an ascending order. *Chandaṃ janeti* refers to the interest or the desire to act. *Vāyamati* suggests effort or exercise. *Viriyaṃ ārabhati* has to do with the initial application of energy. *Cittaṃ paggaṇhāti* stands for that firmness of resolve or grit. *Padahati* signifies the final all out effort or endeavour.

These terms more or less delineate various stages in a progressive effort. One who practices the four right endeavours in course of time specializes in one or the other of the four bases for success, *iddhipāda*. That is why the four bases for success are traceable to the four right endeavours.

To illustrate the connection between the right endeavours and the four bases for success, let us take up a simile. Suppose there is a rock which we want to get out of our way. We wish to topple it over. Since our wishing it away is not enough, we put some kind of lever underneath it and see whether it responds to our wish. Even if the rock is unusually obstinate, we at least give our shoulders an exercise, *vāyamati*, in preparation for the effort.

Once we are ready, we heave slowly slowly, *viriyaṃ ārabhati*. But then it looks as if the rock is precariously balanced, threatening to roll back. So we grit our teeth and make a firm resolve, *cittaṃ paggaṇhāti*. Now comes the last decisive spurt. With one deep breath, well aware that it could be our last if the rock had its own way, we push it away with all our might. It is this last all out endeavour that in the highest sense is called *sammappadhāna* or right endeavour.

In the context of the right endeavour for enlightenment it is called *caturaṅgasamannāgata viriya* "effort accompanied by four factors", [\[998\]](#) which is worded as follows:

Kāmaṃ taco ca nahāru ca aṭṭhi ca avasissatu, sarīre upasussatu maṃsalohitaṃ, yaṃ taṃ purisathāmena purisaviriyaena purisaparakkamena pattabbaṃ na taṃ apāpuṇitvā viriyassa saṅghānaṃ bhavissati. [\[999\]](#)

"Verily let my skin, sinews and bones remain, and let the flesh and blood dry up in my body, but I will not relax my energy so long as I have not attained what can be attained by manly strength, by manly energy, by manly exertion."

Though as an illustration we took an ordinary worldly object, a rock, one can substitute for it the gigantic mass of suffering to make it meaningful in the context of the *Dhamma*.

It is the formula for the toppling of this mass of suffering that is enshrined in the phrase *chandaṃ janeti vāyamati viriyaṃ ārabhati cittaṃ paggaṇhāti padahati*, "arouses a desire, makes an effort, puts forth energy, makes firm the mind and endeavours". The four bases for success, *iddhipāda*, namely *chanda*, "desire"; *viriya*, "energy"; *citta*, "mind"; and *vīmaṃsā*, "investigation", to a great extent are already implicit in the above formula.

Clearly enough, *chandaṃ janeti* represents *chanda-iddhipāda*; *vāyamati* and *viriyaṃ ārabhati* together stand for *viriya-iddhipāda*; while *cittaṃ paggaṇhāti* stands for the power of determination implied by *citta-iddhipāda*.

Apparently investigation, *vīmaṃsā*, as an *iddhipāda*, has no representative in the above formula. However, in the process of mindfully going over and over again through these stages in putting forth effort one becomes an adept in the art of handling a situation. In fact, *vīmaṃsā*, or investigation, is *paññā*, or wisdom, in disguise.

Even toppling a rock is not a simple task. One has to have the knowhow in order to accomplish it. So then, all the four bases for success emerge from the four right endeavours.

What is meant by *iddhipāda*? Since the word *iddhi* is associated with psychic power,^[1000] it is easy to mistake it as a base for psychic power. But the basic sense of *iddhi* is "success" or "proficiency". For instance, *samiddhi* means "prosperity". It is perhaps more appropriate to render it as a "base for success", because for the attainment of *Nibbāna*, also, the development of the *iddhipādas* is recommended. Going by the illustration given above, we may say in general that for all mundane and supramundane accomplishments, the four bases hold good to some extent or other.

In the *Iddhipādasamyutta* these four bases for success are described as four ways to accomplish the task of attaining influx-free deliverance of the mind and deliverance by wisdom.^[1001] With the experience gathered in the course of practising the fourfold right endeavour, one comes to know one's strongpoint, where one's forte lies. One might recognize *chanda*, desire or interest, as one's strongpoint and give it first place. In the case of the bases for success, it is said that even one would do, as the others fall in line.

According to the commentaries, Venerable Raṭṭhapāla of the Buddha's time belonged to the *chanda*-category, and Venerable Mogharāja had *vīmaṃsa* as his forte, excelling in wisdom.^[1002] Someone might get so interested in a particular course of action and get an intense desire and tell himself: 'somehow I must do it'. To that wish the others □ energy, determination and investigation □ become subservient.

Another might discover that his true personality emerges in the thick of striving. So he would make energy the base for success in his quest for *Nibbāna*. Yet another has, as his strong point, a steel determination. The other three fall in line with it. One who belongs to the wisdom category is never tired of investigation. He, even literally, leaves no stone unturned if he gets curious to see what lies underneath.

The fact that there is a normative tendency for *iddhipādas* to work in unison comes to light in the description of *iddhipāda* meditation in the *Samyutta Nikāya*. For instance, in regard to *chanda-iddhipāda*, we find the descriptive initial statement.

Idha, bhikkhave, bhikkhu chandasamādhīpadhānasāṅkhārasamannāgataṃ iddhipādaṃ bhāveti, ^[1003] "herein, monks, a monk develops the base for success that is equipped with preparations for endeavour, arising from desire-concentration."

Now what is this *chandasamādhī* or "desire-concentration"? This strange type of concentration, not to be found in other contexts, is explained in the *Chandasutta* itself as follows:

Chandaṃ ce, bhikkhave, bhikkhu nissāya labhati samādhīṃ labhati cittassa ekaggataṃ, ayaṃ vuccati chandasamādhī. ^[1004] "If by relying on desire, monks, a monk gets concentration, gets one-pointedness of mind, this is called 'desire-concentration'."

Due to sheer interest or desire, a monk might reach a steady state of mind, like some sort of concentration. With that as his basis, he applies himself to the four right endeavours:

So anuppannānaṃ pāpakānaṃ akusalānaṃ dhammānaṃ anuppādāya chandaṃ janeti vāyamati viriyaṃ ārabhati cittaṃ paggaṇhāti padahati; uppannānaṃ pāpakānaṃ akusalānaṃ dhammānaṃ pahānāya chandaṃ janeti vāyamati viriyaṃ ārabhati cittaṃ paggaṇhāti padahati; anuppannānaṃ kusalānaṃ dhammānaṃ uppādāya chandaṃ janeti vāyamati viriyaṃ ārabhati cittaṃ paggaṇhāti padahati; uppannānaṃ kusalānaṃ dhammānaṃ ṭhitiyā asamosāya bhīyyobhāvāya vepullāya bhāvanāya pāripūriyā chandaṃ janeti vāyamati viriyaṃ ārabhati cittaṃ paggaṇhāti padahati.

"For the non-arising of unarisen evil unskilful mental states he arouses a desire, makes an effort, puts forth energy, makes firm the mind and endeavours; for the abandoning of arisen evil unskilful mental states he arouses a desire, makes an effort, puts forth energy, makes firm the mind and endeavours; for the arising of unarisen skilful mental states he arouses a desire, makes an effort, puts forth energy, makes firm the mind and endeavours; for the stability, non-remiss, increase, amplitude and fulfilment by development of arisen skilful mental states he arouses a desire, makes an effort, puts forth energy, makes firm the mind and endeavours."

So here, again, the standard definition of the four right endeavours is given. The implication is that, once the base for success is ready, the four right endeavours take off from it. The four bases for success are therefore so many ways of specializing in various aspects of striving, with a view to wielding the four right endeavours all the more effectively. All the constituents of right endeavour harmoniously fall in line with the four bases for success.

Here, then, we have a concept of four types of concentrations as bases for right endeavour, *chandasamādhī*, desire-concentration; *viriyasamādhī*, energy-concentration; *cittasamādhī*, mind-concentration; and *vīmaṃsasamādhī*, investigation-concentration.

Now what is meant by *padhānasāṅkhārā*, "preparations for right endeavour"? It refers to the practice of the four right endeavours with one or the other base as a solid foundation. *Padhāna* is endeavour or all out effort. *Sāṅkhārā* are those preparations directed towards it. Finally, the Buddha analyses the long compound

to highlight its constituents.

Iti ayam ca chando, ayam ca chandasamādhī, ime ca padhānasaṅkhārā; ayam vuccati, bhikkhave, chandasamādhīpadhānasaṅkhārasamannāgato iddhipādo.

"Thus this desire, and this desire-concentration, and these preparations for endeavour; this is called the base for success that is equipped with preparations for endeavour, arising from desire-concentration."

So we see how the four bases for success come out of the four right endeavours.

The relation between the four bases for success and the next tool-kit, the five faculties, *pañcīndriya*, may not be so clear. But there is an implicit connection which might need some explanation.

The five faculties here meant are faith, *saddhā*; energy, *virīya*; mindfulness, *satī*; concentration, *samādhī*; and wisdom, *paññā*. The four bases for success provide the proper environment for the arising of the five faculties. The term *indriya*, faculty, has connotations of dominance and control. When one has specialized in the bases for success, it is possible to give predominance to certain mental states.

Saddhā, or faith, is *chanda*, desire or interest, in disguise. It is in one who has faith and confidence that desire and interest arise. With keen interest in skilful mental states one is impelled to take an initiative. The Buddha gives the following description of *saddhindriya*:

Kattha ca, bhikkhave, saddhindriyaṃ daṭṭhabbaṃ? Catusu sotāpattiyaṅgesu. [\[1005\]](#)
"Where, monks, is the faculty of faith to be seen? In the four factors of stream-entry."

The four factors of stream-entry, briefly stated, are as follows:

- 1) *buddhe aveccappasādena samannāgato*;
- 2) *dhamme aveccappasādena samannāgato*;
- 3) *saṅghe aveccappasādena samannāgato*;
- 4) *ariyakantehi sīlehi samannāgato.* [\[1006\]](#)

- 1) He is endowed with confidence born of understanding in the Buddha;
- 2) he is endowed with confidence born of understanding in the *Dhamma*;
- 3) he is endowed with confidence born of understanding in the *Saṅgha*;
- 4) he is endowed with virtues dear to the Noble Ones.

The stream-winner has a deep faith in the Buddha, in the *Dhamma* and in the *Saṅgha* that is born of understanding. His virtue is also of a higher order, since it is well based on that faith. So in the definition of the faculty of faith we have an echo of *chanda-iddhipāda*.

It can also be inferred that *viriyindriya*, the faculty of energy, also takes off from the energy base for success. We are told:

Kattha ca, bhikkhave, viriyindriyaṃ daṭṭhabbaṃ? Catusu sammāpadhānesu. [\[1007\]](#)
"And where, monks, is the faculty of energy to be seen? In the four right endeavours"

The faculty of energy is obviously nurtured by the four right endeavours and the four bases for success.

The antecedents of *satīndriya*, the faculty of mindfulness, may not be so obvious.

But from the stage of *satipaṭṭhāna* onwards it has played its silent role impartially throughout almost unseen. Here, too, it stands in the middle of the group of leaders without taking sides. In fact, its role is the preserving of the balance of power between those who are on either side, the balancing of faculties.

About the place of *satindriya* the Buddha says: *Kattha ca, bhikkhave, satindriyaṃ daṭṭhabbaṃ? Catusu satipaṭṭhānesu.* "And where, monks, is the faculty of mindfulness to be seen? In the four foundations of mindfulness" It is the same four foundations, now reinforced by greater experience in vigilance.

Then comes the faculty of concentration, *samādhindriya*. We already had a glimpse of it at the *iddhipāda*-stage as *chandasaṃādhi*, desire-concentration; *viriyasaṃādhi*, energy-concentration; *cittasaṃādhi*, mind-concentration; and *vīmaṃsasamādhī*, investigation-concentration. But it was only a steadiness or stability that serves as a make shift launching pad for concentrated effort. But here in this context *samādhindriya* has a more refined sense. It is formally defined with reference to the four *jhānic* attainments.

Kattha ca, bhikkhave, samādhindriyaṃ daṭṭhabbaṃ? Catusu jhānesu. "And where, monks, is the faculty of concentration to be seen? In the four absorptions."

Sometimes, rather exceptionally, another definition is also given:

Idha, bhikkhave, ariyasāvako vossaggārammaṇaṃ karitvā labhati samāधिṃ labhati cittass'ekaggataṃ. [\[1008\]](#) "Herein, monks, a noble disciple gains concentration, gains one-pointedness of mind, having made release its object". However, it is by the development of the bases for success that concentration emerges as a full-fledged faculty.

Lastly, there is the faculty of wisdom, *paññindriya*. Though it has some relation to *vīmaṃsā* or investigation as a base for success, it is defined directly with reference to the four noble truths.

Kattha ca, bhikkhave, paññindriyaṃ daṭṭhabbaṃ? Catusu ariyasaccesu. [\[1009\]](#) "And where, monks, is the faculty of wisdom to be seen? In the four noble truths."

Nevertheless, in the four noble truths, too, we see some parallelism with the illustration for *iddhipādas* we picked up. Suffering, its arising, its cessation and the path to its cessation is comparable to our reactions to our encounter with that stumbling block □ the rock. In the context of insight, *paññindriya* is defined in terms of the knowledge of rise and fall, *udayatthagāmini paññā*. [\[1010\]](#)

The sharpness of faculties may vary from person to person, according to their *saṃsāric* background. The Buddha, who could see this difference between persons, *puggalavemattatā*, was able to tame them easily.

As we have already mentioned, mindfulness is in the middle of this group of faculties. Being the main stay of the entire *satipaṭṭhāna* practice, it renders a vigilant service in silence here too, as the arbiter in the struggle for power between the two factions on either side. Now that they have the dominance, *saddhā*, faith, and *paññā*, wisdom, drag to either side, wishing to go their own way. Mindfulness has to strike a balance between them. Likewise *virīya*, energy, and *samādhī*, concentration, left to themselves tend to become extravagant and mindfulness has to caution them to be moderate. So in this tool-kit of faculties, *sati* is the spanner for tightening or loosening, for relaxing or gripping.

Alternatively one can discern another orderly arrangement among these five faculties. In the *Indriyaṣaṃyutta* Venerable Sāriputta extols the wonderful inner coherence between these faculties before the Buddha in the following words:

Saddhassa hi, bhante, ariyasāvakassa etaṃ pāṭikaṅkhaṃ yaṃ āradhviriyo viharissati akusalānaṃ dhammānaṃ pahānāya, kusalānaṃ dhammānaṃ upasampadāya, thāmava daḷhaparakkamo anikkhittadhuro kusalesu dhammesu. Yaṃ hissa, bhante, viriyaṃ tadassa viriyindriyaṃ.

Saddhassa hi, bhante, ariyasāvakassa āradhviriyaṃ etaṃ pāṭikaṅkhaṃ yaṃ satimā bhavissati, paramena satinepakkena samannāgato, cirkatampi cirabhāsītampi saritā anussaritā. Yā hissa, bhante, sati tadassa satindriyaṃ.

Saddhassa hi, bhante, ariyasāvakassa āradhviriyaṃ upaṭṭhitasatino etaṃ pāṭikaṅkhaṃ yaṃ vossaggārammaṇaṃ kartivā labhissati samādhiṃ labhissati cittassa ekaggataṃ. Yo hissa, bhante, samādhi tadassa samādhindriyaṃ.

Saddhassa hi, bhante, ariyasāvakassa āradhviriyaṃ upaṭṭhitasatino samāhitacittassa etaṃ pāṭikaṅkhaṃ yaṃ evaṃ pajānissati: 'anamataggo kho saṃsāro, pubbā koṭi na paññāyati avijjānīvaraṇānaṃ sattānaṃ taṇhāsamyojanānaṃ sandhāvataṃ saṃsarataṃ. Avijjāya tveva tamokāyassa asesavirāganirodho santam etaṃ padaṃ paṇītam etaṃ padaṃ, yadidaṃ sabbasaṅkhārasamatho sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ. Yā hissa, bhante, paññā tadassa paññindriyaṃ.'^[1011]

"It could indeed be expected, Venerable Sir, of a noble disciple who has faith that he will dwell with energy put forth for the abandoning of unskilful states and the arising of skilful states, that he will be steady, resolute in exertion, not shirking the burden of fulfilling skilful states. That energy of his, Venerable Sir, is his faculty of energy.

It could indeed be expected, Venerable Sir, of that noble disciple who has faith and who has put forth energy that he will be mindful, endowed with supreme adeptness in mindfulness, one who remembers and recollects what was done and said even long ago. That mindfulness of his, Venerable Sir, is his faculty of mindfulness.

It could indeed be expected, Venerable Sir, of that noble disciple who has faith, who has put forth energy and who is attended by mindfulness that he will gain concentration, will gain one-pointedness of mind, having made release the object. That concentration of his, Venerable Sir, is his faculty of concentration.

It could indeed be expected, Venerable Sir, of that noble disciple who has faith, who has put forth energy, who is attended by mindfulness and whose mind is concentrated that he will understand thus: 'This *saṃsāra* is without a conceivable beginning, a first point is not discernable of beings roaming and wandering, hindered by ignorance and fettered by craving. But the remainderless fading away and cessation of ignorance, the mass of darkness, this is the peaceful state, this is the excellent state, that is, the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction. That wisdom of his, Venerable Sir, is his faculty of wisdom."

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MIND STILLED 32

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

Etam santam, etam paṇītam, yadidaṃ sabbasaṅkhārasamatho sabbūpadhipaṭṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ. [\[1012\]](#)

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

With the permission of the assembly of the venerable meditative monks. This is the thirty-second sermon in the series of sermons on *Nibbāna*.

In the course of our last sermon, we took up the position that the seven groups of doctrinal categories collectively known as the thirty-seven participative factors of enlightenment follow an extremely practical and systematic order of arrangement. By way of proof, we discussed at some length the inner consistency evident within each group and the way the different groups are related to each other.

So far, we have pointed out how the setting up of mindfulness through the four foundations of mindfulness serves as a solid basis for the four ways of putting forth energy, by the four right endeavours; and how the progressive stages in putting forth energy, outlined by the four right endeavours, give rise to the four bases for success. It was while discussing the way in which the four bases for success are helpful in arousing the five faculties, like faith, that we had to stop our last sermon.

It should be sufficiently clear, after our discussion the other day, that the four factors desire, energy, determination and investigation could be made the base for success in any venture. The five faculties, however, are directly relevant to *Nibbāna*. That is why faith is given pride of place among the faculties. *Saddhindriya*, or the faculty of faith, takes the lead, which is obviously related to *chanda*, desire or interest. But the element of faith in *saddhindriya* is defined at a higher level. In this context, it is reckoned as the firm faith characteristic of the stream-winner.

Then comes the faculty of energy, *viriyindriya*. Though apparently it is yet another occurrence of the term, *viriya* in this context is that element of energy weathered and reinforced by its fourfold application as a base for success, *iddhipāda*.

As for *samādhi* or concentration, we already came across the terms *chandasaṃmādhī*, *viriyasaṃmādhī*, *cittasaṃmādhī* and *vīmaṃsāsaṃmādhī* in the description of the development of the bases for success. The concentration meant by *samādhi* in that context is actually a one-pointedness of the mind, *cittekaggatā*, which could be made the basis for arousing energy. But the level of concentration envisaged by the concentration faculty, *samādhindriya*, is of a higher grade as far as its potential is concerned. It is defined as the first four *jhānas*, based on which one can develop insight and attain *Nibbāna*. In fact, there is a statement to that effect:

Idha, bhikkhave, ariyasāvako vossaggārammaṇam karitvā labhati samādhim, labhati cittassa ekaggataṃ, "herein, monks, a noble disciple gains concentration, gains one-pointedness of mind, having made the release [of *Nibbāna*] its object. [\[1013\]](#)" The term *vossagga* connotes *Nibbāna* as a giving up or relinquishment. So the concentration faculty is that concentration which is directed towards *Nibbāna*.

Similarly the wisdom faculty, as defined here, is of the highest degree,

pertaining to the understanding of the four noble truths. Sometimes it is called the "noble penetrative wisdom of rise and fall", *udayatthagāminī paññā ariyā nibbedhikā*. By implication, it is equivalent to the factor called *vīmaṃsā*, investigation, we came across in our discussion of the bases for success. As a faculty, it comes out full-fledged in the guise of wisdom.

The mindfulness faculty, which stands in the middle, fulfils a very important function. Now in the context of the four foundations of mindfulness, the role of mindfulness is the simple task of being aware of the appropriate object presented to it. But here in this domain of faculties, mindfulness has attained lordship and fulfils an important function. It maintains the balance between the two sets of pair-wise faculties, by equalizing faith with wisdom and energy with concentration.

This function of balancing of faculties, which mindfulness fulfils, has a special practical value. To one who is striving for *Nibbāna*, balancing of faculties could sometimes be an intricate problem, since it is more easily said than done.

In order to unravel this problem, let us take up the simile of the rock, we employed the other day. We discussed the question of toppling a rock as an illustration to understand the various stages in the four-fold right endeavour. We distinguished the five stages in putting forth effort in the phrase *chandaṃ janeti, vāyamati, viriyaṃ ārabhati, cittaṃ paggaṇhāti, padahati* with the help of that illustration. Out of these stages, the last one represented by the word *padahati* shows the climax. *Padhāna* or endeavour is the highest grade of effort.

Even verbally it implies something like toppling a rock, which requires a high degree of momentum. This momentum has to be built up mindfully and gradually. That rock, in our illustration, was levered up with great difficulty. After it was levered up, there came that dangerous situation, when it threatened to roll back. It called for that supreme purposeful effort, which required the zeal of self sacrifice. That zealous endeavour is made at the risk of one's body and life. But even there, one has to be cautious and mindful. If excessive energy is applied in that last heave, one would be thrown off head over heels after the rock. If insufficient energy is applied the rock would roll back and one would get crushed. That is why a balancing is needed before the last spurt. Right endeavour has to be preceded by a balancing.

It is this preliminary balancing that finds mention in a certain highly significant statement in the *Caṅkīsutta* of the *Majjhima Nikāya*, where we are told how a person arouses faith in the *Dhamma* and gradually develops it and puts forth effort and endeavour and attains *Nibbāna*. To quote the relevant section of that long sentence: *chandaṃ jātō ussahati, ussahitvā tuletī, tulayitvā padahati, pahitatto samāno kāyena ceva paramasaccaṃ sacchikaroti, paññāya ca naṃ ativijjha passati*, [\[1014\]](#) "having aroused a desire or keen interest, he strives; having strived, he balances; having balanced or equalized, he endeavours; and with that endeavour he realizes the highest truth by his body and penetrates into it with wisdom."

Unfortunately, the key word here, *tulayati* or *tuletī*, is explained in a different way in the commentary. It is interpreted as a reference to contemplation on insight, *aniccādivasena tīreti*, "adjudges as impermanent etc.". [\[1015\]](#)

But if we examine the word within the context here, as it occurs between *ussahati*, "strives" (literally "bearing up" or "enduring"), and *padahati*, "endeavours", the obvious meaning is "equalizing" or "balancing". *Tuletī* has connotations of weighing and judging, and one who strives to lift up a rock needs

to know how heavy it is and how much effort is required to topple it. By merely looking at the rock, without trying to lift it up, one cannot say how much effort is needed to topple it. One has to put one's shoulder to it. In fact the word *ussahati* is suggestive of enduring effort with which one bears up.

Sometimes the Buddha uses the term *ussoḷhī* to designate that steadily enduring effort - literally, the bearing up. A clear instance of the occurrence of this term in this sense can be found among the Eights of the *Aṅguttara Nikāya* in a discourse on the recollection of death, *maraṇasati*. The *Sutta* is an exhortation to the monks to make use of the recollection of death to reflect on one's unskilful mental states daily in the morning and in the evening with a view to strengthen one's determination to abandon them. For instance, we find the following exhortation:

Sace, bhikkhave, bhikkhu paccavekkhamāno evaṃ pajānāti: 'atthi me pāpakā akusalā dhammā appahīnā ye me assu rattim kālaṃ karontassa antarāyāyā'ti, tena, bhikkhave, bhikkhunā tesam yeva pāpakānaṃ akusalānaṃ dhammānaṃ pahānāya adhimatto chando ca vāyāmo ca ussāho ca ussoḷhi ca appaṭivānī ca sati ca sampajaññaṃ karaṇīyaṃ. [\[1016\]](#)

"If, monks, upon reflection a monk understands: 'There are in me unabandoned evil unskilful states which could spell danger to me if I die today', then, monks, for the abandonment of those very evil unskilful states that monk should arouse a high degree of desire, effort, striving, enduring effort, unremitting effort, mindfulness and full awareness."

The sequence of terms *chando*, *vāyāmo*, *ussāho*, *ussoḷhi*, *appaṭivānī*, *sati* and *sampajañña* is particularly significant in this long sentence. *Chanda* is that desire to abandon evil unskilful states, *vāyāma* is the initial effort, *ussāha* is literally putting the shoulder to the task, *ussoḷhi* is bearing it up with endurance, *appaṭivānī* is unshrinking effort or unremitting effort. *Sati* is that mindfulness and *sampajañña* that full awareness which are indispensable in this sustained unremitting endeavour.

If a better illustration is needed to clarify the idea of balancing, prior to the final endeavour, we may take the case of lifting a log of wood. Here we have an actual lifting up or putting one's shoulder to it. Without lifting up a log of wood and putting one's shoulder to it, one cannot get to know the art of balancing. If, for instance, the log of wood is thick at one end and thin at the other end, one cannot locate the centre of gravity at a glance. So one puts one's shoulder to one end and goes on lifting it up. It is when one reaches the centre of gravity that one is able to balance it on one's shoulder and take it away. It is because we are looking at this question of balancing of faculties from a practical point of view that we made this detour in explanation.

So, then, the mindfulness faculty is also performing a very important function among these faculties. From the *Saddhāsutta* we quoted the other day we could see that there is also a gradual arrangement in this group of five faculties. That is to say, in a person with faith, energy arises. One who is energetic is keen on developing mindfulness. In one who is mindful, concentration grows; and one who has concentration attains wisdom.

This gradual arrangement becomes all the more meaningful since the faculty of wisdom is declared the chief among the faculties. In the *Indriya Saṃyutta* of the *Saṃyutta Nikāya* the Buddha gives a number of similes to show that the wisdom faculty is supreme in this group. Just as the lion is supreme among animals, and the footprint of the elephant is the biggest of all footprints, the wisdom faculty is supreme among faculties. [\[1017\]](#) The Buddha even goes on to point out that until the

wisdom faculty steps in, the other four faculties do not get established. This he makes clear by the simile of the gabled hall in the *Mallikasutta* of the *Indriya Saṃyutta*.

"Just as, monks, in a gabled hall, so long as the roof peak has not been raised, the rafters are not conjoined, the rafters are not held in place, even so, as long as the noble knowledge has not arisen in a noble disciple, the four faculties are not conjoined, the four faculties are not held in place". [\[1018\]](#)

Until one becomes a stream-winner, the five faculties do not get established in him, since the wisdom faculty is so integral. At least one has to be on the path to attaining the fruit of a stream-winner. It is said that the five faculties are to be found only in the eight noble persons, the four treading on the paths to the four fruits and the four who have attained the fruits of the path, *cattāro ca paṭipannā*, *cattāro ca phale ṭhitā*. In others, they are weak and not properly harnessed. It is in the *arahant* that the wisdom faculty is found in its strongest form. In the other grades of supramundane attainment, they are weaker by degrees. The lowest grade is the one treading the path to stream-winning. In the worldling they are not at all to be found, in any way, *sabbena sabbam sabbathā sabbam n'atthi*. [\[1019\]](#)

Next comes the group of five powers. As to their function, some explanation might be necessary, though it seems simple enough. As we have already mentioned, the term *indriya* connotes kingship or lordship. Faith, energy, mindfulness, concentration and wisdom were elevated to the position of a king or lord. They have attained sovereignty. So now they are exercising their power. For what purpose? To put down the evil unskillful mental states that rise in revolt against *Nibbāna*. The noble disciple uses the same faculties as powers to fight out the hindrances and break the fetters. That is why among the participative factors of enlightenment they are represented as powers, by virtue of their special function.

Then we come to the category called seven factors of enlightenment. A high degree of importance is attached to this particular group. It has an orderly arrangement. The constituents are: *sati*, mindfulness; *dharmavicaya*, investigation of states; *virīya*, energy; *pīti*, joy; *passaddhi*, calmness; *samādhi*, concentration; *upekkhā*, equanimity. In this group of seven, mindfulness takes precedence. In fact, the arrangement resembles the mobilization for winning that freedom of *Nibbāna*. The *bojjhaṅgā*, factors of enlightenment, are so-called because they are conducive to enlightenment, *bodhāya saṃvattanti*. [\[1020\]](#)

Sati leads the way and at the same time marshals the squad. Three members of the group, namely *dharmavicaya*, *virīya* and *pīti* are by nature restless, while the other three, *passaddhi*, *samādhi* and *upekkhā* are rather slack. They have to be marshalled and properly aligned, and *sati* comes to the forefront for that purpose. At the same time, one can discern an orderly arrangement within this group. Right from the stage of the four foundations of mindfulness, the same term *sati* seems to occur down the line, but its function differs in different contexts. Now in this context, it is specifically called a *bojjhaṅga*, a factor of enlightenment. The phrase *satisambojjhaṅgam bhāveti*, "he develops the enlightenment factor of mindfulness", is directly used with reference to it here.

When one develops a particular meditation subject, whether it be mindfulness of breathing, *ānāpānasati*, or even one of the four divine abidings of loving kindness, *mettā*, compassion, *karuṇā*, altruistic joy, *muditā*, or equanimity, *upekkhā*, one can arouse these enlightenment factors. That is why we come across, in the *Indriya Saṃyutta*, for instance, such statements as the following:

Idha, bhikkhave, bhikkhu mettāsahagataṃ satisambojjhaṅgaṃ bhāveti vivekanissitaṃ virāganissitaṃ nirodhanissitaṃ vossaggapariṇāmiṃ.^[1021] "Herein monks, a monk develops the enlightenment factor of mindfulness imbued with loving kindness, based upon seclusion, dispassion and cessation, maturing in release".

All the four terms *viveka*, seclusion, *virāga*, dispassion, *nirodha*, cessation, and *vossagga*, release, are suggestive of *Nibbāna*. So, *satisambojjhaṅga* implies the development of mindfulness as an enlightenment factor, directed towards the attainment of *Nibbāna*.

What follows in the wake of the enlightenment factor of mindfulness, once it is aroused, is the enlightenment factor of investigation of states, *dhammavicayasambojjhaṅga*, which in fact is the function it fulfils. For instance, in the *Ānandasutta* we read *so tathā sato viharanto taṃ dhammaṃ paññāya pavicinati pavicarati parivīmaṃsamāpajjati*,^[1022] "dwelling thus mindfully, he investigates that mental state with wisdom, goes over it mentally and makes an examination of it." The mental state refers to the particular subject of meditation, and by investigating it with wisdom and mentally going over it and examining it, the meditator arouses energy. So, from this enlightenment factor one draws inspiration and arouses energy. It is also conducive to the development of wisdom.

This enlightenment factor of investigation of states gives rise to the enlightenment factor of energy since the mental activity implied by it keeps him wakeful and alert, as the phrase *āraddhaṃ hoti viriyaṃ asallīnaṃ*, "energy is stirred up and not inert", implies. To one who has stirred up energy, there arises a joy of the spiritual type, *āraddhaviriyassa uppajjati pīti nirāmisā*. Of one who is joyful in mind, the body also calms down, *pītimanassa kāyopi passambhati*, and so too the mind, *cittampi passambhati*. The mind of one who is calm in body and blissful gets concentrated, *passaddhakāyassa sukhino cittaṃ samādhīyati*.

So now the enlightenment factor of concentration has also come up. What comes after the enlightenment factor of concentration is the enlightenment factor of equanimity. About it, it is said: *so tathāsamāhitaṃ cittaṃ sādhukaṃ ajjupekkhitā hoti*, "he rightly looks on with equanimity at the mind thus concentrated". Once the mind is concentrated, there is no need to struggle or strive. With equanimity one has to keep watch and ward over it. As an enlightenment factor, equanimity can be evaluated from another angle. It is the proper basis for the knowledge of things as they are, *yathābhūtañāṇa*. The neutrality that goes with equanimity not only stabilizes concentration, but also makes one receptive to the knowledge of things as they are. So here we have the seven factors conducive to enlightenment.

What comes next, as the last of the seven groups, is the noble eightfold path, *ariyo aṭṭhaṅgiko maggo*, which is reckoned as the highest among them. There is some speciality even in the naming of this group. All the other groups show a plural ending, *cattāro satipaṭṭhānā*, *cattāro sammappadhānā*, *cattāro iddhipādā*, *pañc'indriyāni*, *pañca balāni*, *satta bojjhaṅgā*, but this group has a singular ending, *ariyo aṭṭhaṅgiko maggo*. The collective sense is suggestive of the fact that this is the *magga-samādhi*, the path concentration. The noble eightfold path is actually the presentation of that concentration of the supramundane path with its constituents. The singular ending is therefore understandable.

This fact comes to light particularly in the *Mahācattārīsakasutta* of the *Majjhima Nikāya*. It is a discourse that brings out a special analysis of the noble eightfold path. There, the Buddha explains to the monks the noble right concentration with

its supportive conditions and requisite factors.

Katamo ca, bhikkhave, ariyo sammāsamādhī sa-upaniso sapaṛikkhāro? Seyyathidaṃ sammā diṭṭhi, sammā saṅkappo, sammā vācā, sammā kammanto, sammā ājīvo, sammā vāyāmo sammā sati, yā kho, bhikkhave, imehi sattahaṅgehi cittassa ekaggatā parikkhatā, ayaṃ vuccati, bhikkhave, ariyo sammāsamādhī sa-upaniso iti pi sapaṛikkhāro iti pi. [\[1023\]](#)

"What, monks, is noble right concentration with its supports and requisites? That is, right view, right intention, right speech, right action, right livelihood, right effort and right mindfulness - that unification of mind equipped with these seven factors is called noble right concentration with its supports and requisites."

So right concentration itself is the path. The singular number is used to denote the fact that it is accompanied by the requisite factors. Otherwise the plural *maggāṅgā*, factors of the path, could have been used to name this category. The unitary notion has a significance of its own. It is suggestive of the fact that here we have a unification of all the forces built up by the participative factors of enlightenment.

In this discourse, the Buddha comes out with an explanation of certain other important aspects of this noble eightfold path. The fact that right view takes precedence is emphatically stated several times, *tatra, bhikkhave, sammā diṭṭhi pubbaṅgamā*, "therein, monks, right view leads the way".

It is also noteworthy that right view is declared as twofold, *sammā diṭṭhiṃ pahaṃ dvayaṃ vadāmi*, "even right view, I say, is twofold". *Atthi, bhikkhave, sammā diṭṭhi sāsavā puññabhāgiyā upadhivepakkā, atthi, bhikkhave, sammā diṭṭhi ariyā anāsavā lokuttarā maggaṅgā*, "there is right view, monks, that is affected by influxes, on the side of merit and maturing into assets, and there is right view, monks, that is noble, influx-free, supramundane, a factor of the path."

The first type of right view, which is affected by influxes, on the side of merit and ripening in assets, is the one often met with in general in the analysis of the noble eightfold path, namely the ten-factored right view. It is known as the right view which takes *kamma* as one's own, *kammassakatā sammā diṭṭhi*. The standard definition of it runs as follows:

Atthi dinnam, atthi yiṭṭham, atthi hutam, atthi sukaṭadukkaṭānaṃ kammānaṃ phalaṃ vipāko, atthi ayaṃ loko, atthi paro loko, atthi mātā, atthi pitā, atthi sattā opapātikā, atthi loke samaṇabrāhmaṇā sammaggatā sammāpaṭipannā ye imaṅca lokaṃ paraṅca lokaṃ sayam abhiññā sacchikatvā pavedenti.

"There is [an effectiveness] in what is given, what is offered and what is sacrificed, there is fruit and result of good and bad deeds, there is this world and the other world, there is mother and father, there are beings who are reborn spontaneously, there are in the world rightly treading and rightly practising recluses and Brahmins who have realized by themselves by direct knowledge and declare this world and the other world."

This right view is still with influxes, it is on the side of merits and is productive of *samsāric* assets. About this right view, this discourse has very little to say. In this *Sutta*, the greater attention is focussed on that right view which is noble, influx-free, supramundane, and constitutes a factor of the path. It is explained as the right view that comes up at the supramundane path moment. It is noble, *ariyā*, influx-free, *anāsavā*, and conducive to transcendence of the world, *lokuttarā*. It is defined as follows:

Yā kho, bhikkhave, ariyacittassa anāsavacittassa ariyamaggasamaṅgino ariyamaggaṃ bhāvayato paññā paññindriyaṃ paññābalaṃ dhammavicayasambojjhaṅgo sammādiṭṭhi maggaṅgā, ayaṃ, bhikkhave, sammādiṭṭhi ariyā anāsavā lokuttarā maggaṅgā.

"Monks that wisdom, that faculty of wisdom, that power of wisdom, that investigation of states enlightenment factor, that path factor of right view in one whose mind is noble, whose mind is influx-free, who has the noble path and is developing the noble path, that is the right view which is noble, influx-free and supramundane, a factor of the path."

All these synonymous terms are indicative of that wisdom directed towards *Nibbāna* in that noble disciple. They are representative of the element of wisdom maintained from the faculty stage upwards in his systematic development of the enlightenment factors.

It is also noteworthy that, in connection with the supramundane aspect of the path factors, four significant qualifying terms are always cited, as, for instance, in the following reference to right view:

Idha, bhikkhave, bhikkhu sammādiṭṭhiṃ bhāveti vivekanissitaṃ virāganissitaṃ nirodhanissitaṃ vossaggapariṇāmiṃ, [\[1024\]](#) "herein, monks, a monk develops right view which is based upon seclusion, dispassion and cessation, maturing in release."

This is the higher grade of right view, which aims at *Nibbāna*. It implies the wisdom of the four noble truths, that noble wisdom which sees the rise and fall, *udayatthagāminī paññā*. The line of synonymous terms quoted above clearly indicates that the noble eightfold path contains, within it, all the faculties, powers and enlightenment factors so far developed. This is not a mere citation of apparent synonyms for an academic purpose. It brings out the fact that at the path moment the essence of all the wisdom that systematically got developed through the five faculties, the five powers and the seven enlightenment factors surfaces in the noble disciple to effect the final breakthrough.

The two-fold definition given by the Buddha is common to the first five factors of the path: right view, right thought, right speech, right action and right livelihood. That is to say, all these factors have an aspect that can be called "tinged with influxes", *sa-āsava*, "on the side of merit", *puññabhāgiya*, and "productive of *samsāric* assets", *upadhivepakka*, as well as an aspect that deserves to be called "noble", *ariya*, "influx-free", *anāsava*, "supramundane", *lokuttara*, "a constituent factor of the path", *maggaṅga*.

The usual definition of the noble eightfold path is well known. A question might arise as to the part played by right speech, right action and right livelihood at the arising of the supramundane path. Their role at the path moment is described as an abstinence from the four kinds of verbal misconduct, an abstinence from the three kinds of bodily misconduct, and an abstinence from wrong livelihood. The element of abstinence therein implied is conveyed by such terms as *āraṭi virati paṭivirati veramaṇī*, "desisting from, abstaining, refraining, abstinence". It is the very thought of abstaining that represents the three factors at the path moment and not their physical counterparts. That is to say, the act of refraining has already been accomplished.

So then we are concerned only with the other five factors of the path. Out of them, three factors are highlighted as running around and circling around each of these five for the purpose of their fulfilment, namely right view, right effort and right mindfulness. This running around and circling around, conveyed by the two

terms *anuparidhāvanti* and *anuparivattanti*, is extremely peculiar in this context.

The role of these three states might be difficult for one to understand. Perhaps, as an illustration, we may take the case of a VIP, a very important person, being conducted through a crowd with much pomp. One ushers him in with his vanguard, another brings up the rear with his bandwagon while yet another is at hand as the bodyguard-cum-attendant. So also at the path moment right view shows the way, right effort gives the boost, while right mindfulness attends at hand.

These security forces keep the wrong side, *micchā*, of the path factors in check. The precedence of right view is a salient feature of the noble eightfold path. The Buddha makes special mention of it, pointing out at the same time the inner consistency of its internal arrangement.

Tatra, bhikkhave, sammā diṭṭhi pubbaṅgamā hoti. Kathañca, bhikkhave, sammā diṭṭhi pubbaṅgamā hoti? Sammā diṭṭhissa, bhikkhave, sammā saṅkappo pahoti, sammā saṅkappassa sammā vācā pahoti, sammā vācassa sammā kammanto pahoti, sammā kammantassa sammā ājīvo pahoti, sammā ājīvassa sammā vāyāmo pahoti, sammā vāyāmassa sammā sati pahoti, sammā satissa sammā samādhi pahoti, sammā samādhissa sammā ñāṇam pahoti, sammā ñāṇassa sammā vimutti pahoti. Iti kho, bhikkhave, aṭṭhaṅgasamannāgato sekho pātipado, dasaṅgasamannāgato arahā hoti.^[1025]

"Therein, monks, right view comes first. And how, monks, does right view come first? In one of right view, right intention arises. In one of right intention, right speech arises. In one of right speech, right action arises. In one of right action, right livelihood arises. In one of right livelihood, right effort arises. In one of right effort, right mindfulness arises. In one of right mindfulness, right concentration arises. In one of right concentration, right knowledge arises. In one of right knowledge, right deliverance arises. Thus, monks, the disciple in higher training possessed of eight factors becomes an *arahant* when possessed of the ten factors."

The fundamental importance of right view as the forerunner is highlighted by the Buddha in some discourses. In a particular discourse in the *Aṅguttara Nikāya*, it is contrasted with the negative role of wrong view.

Micchādiṭṭhikassa, bhikkhave, purisapuggalassa yañceva kāyakammaṃ yathādiṭṭhi samattaṃ samādinnaṃ yañca vacīkammaṃ yathādiṭṭhi samattaṃ samādinnaṃ yañca manokammaṃ yathādiṭṭhi samattaṃ samādinnaṃ yā ca cetanā yā ca patthanā yo ca paṇidhi ye ca saṅkhārā sabbe te dhammā aniṭṭhaya akantāya amanāpāya ahitāya dukkhāya saṃvattanti. Taṃ kissa hetu? Diṭṭhi hi, bhikkhave, pāpikā.^[1026]

"Monks, in the case of a person with wrong view, whatever bodily deed he does accords with the view he has grasped and taken up, whatever verbal deed he does accords with the view he has grasped and taken up, whatever mental deed he does accords with the view he has grasped and taken up, whatever intention, whatever aspiration, whatever determination, whatever preparations he makes, all those mental states conduce to unwelcome, unpleasant, unwholesome, disagreeable and painful consequences. Why is that? The view, monks, is evil."

Due to the evil nature of the view, all what follows from it partakes of an evil character. Then he gives an illustration for it.

Seyyathāpi, bhikkhave, nimbabījaṃ vā kosātakībījaṃ vā tittakalābubījaṃ vā allāya paṭhaviyā nikkhattaṃ yañceva paṭhavirasaṃ upādiyati yañca āporasaṃ upādiyati sabbaṃ taṃ tittakattāya kaṭukattāya asātattāya saṃvattati. Taṃ kissa hetu? Bījaṃ hi, bhikkhave, pāpakaṃ.

"Just as, monks, in the case of a margosa seed or a bitter gourd seed, or a long gourd seed thrown on wet ground, whatever taste of the earth it draws in, whatever taste of the water it draws in, all that conduces to bitterness, to sourness, to unpleasantness. Why is that? The seed, monks, is bad."

Then he makes a similar statement with regard to right view.

Sammādiṭṭhikassa, bhikkhave, purisapuggalassa yañceva kāyakammaṃ yathādiṭṭhi samattaṃ samādinnaṃ yañca vacīkammaṃ yathādiṭṭhi samattaṃ samādinnaṃ yañca manokammaṃ yathādiṭṭhi samattaṃ samādinnaṃ yā ca cetanā yā ca patthanā yo ca pañidhi ye ca sañkhārā sabbe te dhammā iṭṭhaya kantāya manāpāya hitāya sukhāya saṃvattanti. Taṃ kissa hetu? Diṭṭhi hi, bhikkhave, bhaddikā.

"Monks, in the case of a person with right view, whatever bodily deed he does accords with the view he has grasped and taken up, whatever verbal deed he does accords with the view he has grasped and taken up, whatever mental deed he does accords with the view he has grasped and taken up, whatever intention, whatever aspiration, whatever determination, whatever preparations he makes, all those mental states conduce to welcome, pleasant, wholesome, agreeable and happy consequences. Why is that? The view, monks, is good."

Then comes the illustration for it.

Seyyathāpi, bhikkhave, ucchubījaṃ vā sālībījaṃ vā muddikābījaṃ vā allāya paṭhaviyā nikkhattaṃ yañceva paṭhavirasaṃ upādiyati yañca āporasaṃ upādiyati sabbaṃ taṃ madhurattāya sātattāya asecanakattāya saṃvattati. Taṃ kissa hetu? Bījaṃ hi, bhikkhave, bhaddakaṃ.

"Just as, monks, in the case of a sugar cane seedling or a sweet paddy seed, or a grape seed thrown on wet ground, whatever taste of the earth it draws in, whatever taste of the water it draws in, all that conduces to sweetness, agreeableness and deliciousness. Why is that? The seed, monks, is excellent."

This explains why the noble eightfold path begins with right view. This precedence of view is not to be found in the other groups of participative factors of enlightenment. The reason for this peculiarity is the fact that view has to come first in any total transformation of personality in an individual from a psychological point of view.

A view gives rise to thoughts, thoughts issue in words, words lead to actions, and actions mould a livelihood. Livelihood forms the basis for the development of other virtues on the side of meditation, namely right effort, right mindfulness and right concentration. So we find the precedence of right view as a unique feature in the noble eightfold path.

The fundamental importance of the noble eightfold path could be assessed from another point of view. It gains a high degree of recognition due to the fact that the Buddha has styled it as the middle path. For instance, in the *Dhammacakkappavattanasutta*, the discourse on the turning of the wheel, the middle path is explicitly defined as the noble eightfold path. It is sufficiently well known that the noble eightfold path has been called the middle path by the Buddha. But the basic idea behind this definition has not always been correctly understood.

In the *Dhammacakkappavattanasutta* the Buddha has presented the noble eightfold path as a middle path between the two extremes called *kāmasukhallikānuyogo*, the pursuit of sensual pleasure, and *attakilamathānuyogo*, the pursuit of self-mortification. [\[1027\]](#)

The concept of a 'middle' might make one think that the noble eightfold path is made up by borrowing fifty per cent from each of the two extremes, the pursuit of sense pleasures and the pursuit of self-mortification. But it is not such a piecemeal solution. There are deeper implications involved. The *Mahācattārīśakasutta* in particular brings out the true depth of this middle path. Instead of grafting half of one extreme to half of the other, the Buddha rejected the wrong views behind both those pursuits and, avoiding the pitfalls of both, presented anew a middle path in the form of the noble eightfold path.

By way of clarification, we may draw attention to the fact that one inclines to the pursuit of sense pleasures by taking one's stance on the annihilationist view. It amounts to the idea that there is no rebirth and that one can indulge in sense pleasures unhindered by ethical considerations of good and evil. It inculcates a nihilistic outlook characterized by a long line of negatives.

In contradistinction to it, we have the affirmative standpoint forming the lower grade of the right view referred to above, namely the right view which takes *kamma* as one's own, *kammasakatā sammā diṭṭhi*. The positive outlook in this right view inculcates moral responsibility and forms the basis for skilful or meritorious deeds. That is why it is called *puññabhāgiya*, on the side of merits. By implication, the nihilistic outlook, on the other hand, is on the side of demerit, lacking a basis for skilful action.

In our analysis of the law of dependent arising, also, we happened to mention the idea of a middle path. But that is from the philosophical standpoint. Here we are concerned with the ethical aspect of the middle path. As far as the ethical requirements are concerned, a nihilistic view by itself does not entitle one to deliverance. Why? Because the question of influxes is there to cope with. So long as the influxes of sensuality, *kāmāsavā*, of becoming, *bhavāsavā*, and of ignorance, *avijjāsavā*, are there, one cannot escape the consequences of action merely by virtue of a nihilistic view. That is why the Buddha took a positive stand on those ten postulates. Where the nihilist found an excuse for indulgence in sensuality by negating, the Buddha applied a corrective by asserting. This affirmative stance took care of one extremist trend.

But the Buddha did not stop there. In the description of the higher grade of right view we came across the terms *ariyā anāsavā lokuttarā maggaṅgā*. In the case of the lower grade it is *sa-āsavā*, with influxes, here it is *anāsavā*, influx-free. At whatever moment the mind develops that strength to withstand the influxes, one is not carried away by worldly conventions. That is why the right view at the supramundane path moment is called influx-free. There is an extremely subtle point involved in this distinction. This noble influx-free right view, that is a constituent of the supramundane path, *ariyā anāsavā lokuttarā maggaṅgā*, is oriented towards cessation, *nirodha*. The right view that takes *kamma* as one's own, *kammasakatā sammā diṭṭhi*, on the other hand is oriented towards arising, *samudaya*.

Due to the fact that the right view at the path moment is oriented towards cessation we find it qualified with the terms *vivekanissitaṃ virāganissitaṃ nirodhanissitaṃ vossaggapariṇāmiṃ*, "based upon seclusion, dispassion and cessation, maturing in release". It is this orientation towards *Nibbāna* that paves the way for the signless, *animitta*, the undirected, *appaṇihita*, and the void, *suññata*. We have already discussed at length about them in our previous sermons. Perhaps, while listening to them, some might have got scared at the thought 'so then there is not even a mother or a father'. That is why the word *suññatā*, voidness, drives terror into those who do not understand it properly.

Here we see the depth of the Buddha's middle path. That right view with influxes, *sa-āsavā*, is on the side of merits, *puññabhāgiya*, not demerit, *apuñña*.

If the Buddha sanctions demerit, he could have endorsed the nihilistic view that there is no this world or the other world, no mother or father. But due to the norm of *kamma* which he explained in such terms as *kammassakā sattā kammadāyādā kammayonī kammabandhū*,^[1028] "beings have *kamma* as their own, they are inheritors of *kamma*, *kamma* is their matrix, *kamma* is their relative", so long as ignorance and craving are there, beings take their stand on convention and go on accumulating *kamma*. They have to pay for it. They have to suffer the consequences.

Though with influxes, *sa-āsava*, that right view is on the side of merit, *puññabhāgiya*, which mature into *saṃsāric* assets, *upadhivepakka*, in the form of the conditions in life conducive even to the attainment of *Nibbāna*. That kind of right view is preferable to the nihilistic view, although it is of a second grade.

But then there is the other side of the *saṃsāric* problem. One cannot afford to stagnate there. There should be a release from it as a permanent solution. That is where the higher grade of right view comes in, the noble influx-free right view which occurs as a factor of the path. It is then that the terms *animitta*, signless, *appaṇihita*, the undirected and *suññata*, the void, become meaningful.

When the mind is weaned away from the habit of grasping signs, from determining and from the notion of self-hood, the three doorways to deliverance, the signless, the undirected and the void, would open up for an exit from this *saṃsāric* cycle. The cessation of existence is *Nibbāna*, *bhavanirodho nibbānaṃ*. Here, then, we have the reason why the noble eightfold path is called the middle path.

In the life of a meditator, also, the concept of a middle path could sometimes give rise to doubts and indecision. One might wonder whether one should strive hard or lead a comfortable life. A midway solution between the two might be taken as the middle path. But the true depth of the middle path emerges from the above analysis of the twofold definition of the noble eightfold path. It is because of this depth of the middle path that the Buddha made the following declaration in the *Aggappasādasutta* of the *Aṅguttara Nikāya*:

Yāvatā, bhikkhave, dhammā saṅkhatā, ariyo aṭṭhaṅgiko maggo tesam aggam akkhāyati.^[1029] "Monks, whatever prepared things there are, the noble eightfold path is called the highest among them".

It is true that the noble eightfold path is something prepared and that is why we showed its relation to causes and conditions. Whatever is prepared is not worthwhile, and yet, it is by means of this prepared noble eightfold path that the Buddha clears the path to the unprepared. This is an extremely subtle truth, which only a Buddha can discover and proclaim to the world. It is not easy to discover it, because one tends to confuse issues by going to one extreme or another. One either resorts to the annihilationist view and ends up by giving way to indulgence in sensuality, or inclines towards the eternalist view and struggles to extricate self by self-mortification.

In the *Dhamma* proclaimed by the Buddha one can see a marvellous middle way. We have already pointed it out in earlier sermons by means of such illustrations as sharpening a razor. There is a remarkable attitude of non-grasping about the middle path, which is well expressed by the term *atammayatā*, non-identification. Relying on one thing is just for the purpose of eliminating another, as exemplified by the simile of the relay of chariots.

The key terms signifying the aim and purpose of this middle path are *vivekanissitaṃ virāganissitaṃ nirodhanissitaṃ vossaggapariṇāmiṃ*, "based upon seclusion, dispassion and cessation, maturing in release". Placed in this *saṃsāric* predicament, one cannot help resorting to certain things to achieve this aim. But care is taken to see that they are not grasped or clung to. It is a process of pushing away one thing with another, and that with yet another, a *via media* based on relativity and pragmatism. The noble eightfold path marks the consummation of this process, its systematic fulfilment. That is why we tried to trace a process of a gradual development among the thirty-seven participative factors of enlightenment.

Even the internal arrangement within each group is extraordinary. There is an orderly arrangement from beginning to end in an ascending order of importance. Sometimes, an analysis could start from the middle and extend to either side. Some groups portray a gradual development towards a climax. The noble eightfold path is exceptionally striking in that it indicates how a complete transformation of personality could be effected by putting right view at the head as the forerunner.

Perhaps the most impressive among discourses in which the Buddha highlighted the pervasive significance of the noble eightfold path is the *Ākāśasutta*, "Sky Sutta", in the *Magga Saṃyutta* of the *Saṃyutta Nikāya*.^[1030]

"Just as, monks, various winds blow in the sky, easterly winds, westerly winds, northerly winds, southerly winds, dusty winds, dustless winds, cold winds and hot winds, gentle winds and strong winds; so too, when a monk develops and cultivates the noble eightfold path, for him the four foundations of mindfulness go to fulfilment by development, the four right efforts go to fulfilment by development, the four bases for success go to fulfilment by development, the five spiritual faculties go to fulfilment by development, the five powers go to fulfilment by development, the seven factors of enlightenment go to fulfilment by development."

All these go to fulfilment by development only when the noble eightfold path is developed in the way described above, namely based upon seclusion, dispassion and cessation, maturing in release, *vivekanissitaṃ virāganissitaṃ nirodhanissitaṃ vossaggapariṇāmiṃ*. That is to say, with *Nibbāna* as the goal of endeavour. Then none of the preceding categories go astray. They all contribute to the perfection and fulfilment of the noble eightfold path. They are all enshrined in it. So well knitted and pervasive is the noble eightfold path.

Another discourse of paramount importance, which illustrates the pervasive influence of the noble eightfold path, is the *MahāSaḷāyatanikasutta* of the *Majjhima Nikāya*. There the Buddha shows us how all the other enlightenment factors are included in the noble eightfold path. In our discussion on *Nibbāna*, we happened to mention that the cessation of the six sense-spheres is *Nibbāna*. If *Nibbāna* is the cessation of the six sense-spheres, it should be possible to lay down a way of practice leading to *Nibbāna* through the six sense-spheres themselves. As a matter of fact, there is such a way of practice and this is what the *MahāSaḷāyatanikasutta* presents in summary form.

In this discourse, the Buddha first portrays how on the one hand the *saṃsāric* suffering arises depending on the six-fold sense-sphere. Then he explains how on the other hand the suffering could be ended by means of a practice pertaining to the six-fold sense-sphere itself.

Cakkhuṃ, bhikkhave, ajānaṃ apassaṃ yathābhūtaṃ, rūpe ajānaṃ apassaṃ

yathābhūtaṃ, cakkhuviññāṇaṃ ajānaṃ apassaṃ yathābhūtaṃ, cakkhusamphassaṃ ajānaṃ apassaṃ yathābhūtaṃ, yampidaṃ cakkhusamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tampi ajānaṃ apassaṃ yathābhūtaṃ, cakkhusmiṃ sārājati, rūpesu sārājati, cakkhuviññāṇe sārājati, cakkhusamphasse sārājati, yampidaṃ cakkhusamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tasmimpi sārājati.

Tassa sārattassa saṃyuttasa sammūlhassa assādānupassino viharato āyatim pañcupādānakkhandhā upacayaṃ gacchanti. Taṇhā cassa ponobhavikā nandirāgasahagatā tatratrābhinandinī sā cassa pavaḍḍhati. Tassa kāyikāpi darathā pavaḍḍhanti, cetasikāpi darathā pavaḍḍhanti, kāyikāpi santāpā pavaḍḍhanti, cetasikāpi santāpā pavaḍḍhanti, kāyikāpi pariḷāhā pavaḍḍhanti, cetasikāpi pariḷāhā pavaḍḍhanti. So kāyadukkhampi cetodukkhampi paṭisaṃvedeti. [\[1031\]](#)

"Monks, not knowing and not seeing the eye as it actually is, not knowing and not seeing forms as they actually are, not knowing and not seeing eye-consciousness as it actually is, not knowing and not seeing eye-contact as it actually is, whatever is felt as pleasant or unpleasant or neither-unpleasant-nor-pleasant, arising dependent on eye-contact, not knowing and not seeing that too as it actually is, one gets lustfully attached to the eye, to forms, to eye-consciousness, to eye-contact, and to whatever is felt as pleasant or unpleasant or neither-unpleasant-nor-pleasant, arising in dependence on eye-contact.

And for him, who is lustfully attached, fettered, infatuated, contemplating gratification, the five aggregates of grasping get accumulated for the future and his craving, which makes for re-becoming, which is accompanied by delight and lust, delighting now here now there, also increases, his bodily stresses increase, his mental stresses increase, his bodily torments increase, his mental torments increase, his bodily fevers increase, his mental fevers increase, and he experiences bodily and mental suffering."

In this way, the Buddha first of all delineates how the entire *saṃsāric* suffering arises in connection with the six-fold sense-sphere. We will discuss the rest of the discourse in our next sermon.

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MIND STILLED 33

*Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa
Namo tassa bhagavato arahato sammāsambuddhassa*

Etaṃ santaṃ, etaṃ paṇītaṃ, yadidaṃ sabbasaṅkhārasamatho sabbūpadhipaṭinissaggo taṇhakkhayo virāgo nirodho nibbānaṃ. [\[1032\]](#)

"This is peaceful, this is excellent, namely the stilling of all preparations, the relinquishment of all assets, the destruction of craving, detachment, cessation, extinction."

With the permission of the assembly of the venerable meditative monks. This is the thirty-third sermon in the series of sermons on *Nibbāna*.

Towards the end of our last sermon, the other day, we happened to mention that in developing the noble eightfold path fully intent on *Nibbāna*, all the other

enlightenment factors, namely the four foundations of mindfulness, the four right endeavours, the four bases for success, the five spiritual faculties, the five powers and the seven factors of enlightenment go to fulfilment by development.

Though we started analyzing the way in which the Buddha clarified the above-mentioned peculiarity of the noble eightfold path in the *MahāSaḷāyatanikasutta* of the *Majjhima Nikāya*, we could not finish it. From the *Sutta* passage we quoted the other day, we could see how the lack of knowledge of things as they are in regard to the six-fold sense-sphere gives rise to attachments, entanglements and delusions. As a result of it, the five aggregates of grasping get accumulated, leading to an increase in craving that makes for re-becoming, as well as an increase in bodily stresses and torment, mental stresses and torment, bodily fevers and mental fevers, and bodily and mental suffering.

Today, to begin with, let us discuss the rest of that discourse.

Cakkhuñca kho, bhikkhave, jānaṃ passaṃ yathābhūtaṃ, rūpe jānaṃ passaṃ yathābhūtaṃ, cakkhuvīññāṇaṃ jānaṃ passaṃ yathābhūtaṃ, cakkhusamphassaṃ jānaṃ passaṃ yathābhūtaṃ, yampidaṃ cakkhusamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tampi jānaṃ passaṃ yathābhūtaṃ, cakkhusmiṃ na sārājati, rūpesu na sārājati, cakkhuvīññāṇe na sārājati, cakkhusamphasse na sārājati, yampidaṃ cakkhusamphassapaccayā uppajjati vedayitaṃ sukhaṃ vā dukkhaṃ vā adukkhamasukhaṃ vā tasmimpi na sārājati.

Tassa asārattassa asaṃyuttasa asammūḷhassa ādīnavānupassino viharato āyatiṃ pañcupādānakkhandhā apacayaṃ gacchanti. Taṇhā cassa ponobhavikā nandirāgasahagatā tatratrābhinandinī sā cassa pahīyati. Tassa kāyikāpi darathā pahīyanti, cetasikāpi darathā pahīyanti, kāyikāpi santāpā pahīyanti, cetasikāpi santāpā pahīyanti, kāyikāpi pariḷāhā pahīyanti, cetasikāpi pariḷāhā pahīyanti. So kāyasukhampi cetosukhampi paṭisaṃvedeti. [\[1033\]](#)

"Monks, knowing and seeing the eye as it actually is, knowing and seeing forms as they actually are, knowing and seeing eye-consciousness as it actually is, knowing and seeing eye-contact as it actually is, whatever is felt, pleasant or unpleasant or neither-unpleasant-nor-pleasant, arising in dependence on eye-contact, knowing and seeing that too as it actually is, one does not get lustfully attached to the eye, to forms, to eye-consciousness, to eye-contact, and to whatever is felt as pleasant or unpleasant or neither-unpleasant-nor-pleasant, arising in dependence on eye-contact.

And for him, who is not lustfully attached, not fettered, not infatuated, contemplating danger, the five aggregates of grasping get diminished for the future and his craving, which makes for re-becoming, which is accompanied by delight and lust, delighting now here now there, is abandoned, his bodily stresses are abandoned, his mental stresses are abandoned, his bodily torments are abandoned, his mental torments are abandoned, his bodily fevers are abandoned, his mental fevers are abandoned, and he experiences bodily and mental happiness."

Then the Buddha goes on to point out how the noble eightfold path gets developed in this noble disciple by this training in regard to the six spheres of sense.

Yā tathābhūtassa diṭṭhi sāssa hoti sammā diṭṭhi, yo tathābhūtassa saṅkappo svāssa hoti sammā saṅkappo, yo tathābhūtassa vāyāmo svāssa hoti sammā vāyāmo, yā tathābhūtassa sati sāssa hoti sammā sati, yo tathābhūtassa samādhi svāssa hoti sammā samādhi, Pubbeva kho panassa kāyakammaṃ vacīkammaṃ ājīvo

suparisuddho hoti. Evamassāyaṃ ariyo aṭṭhaṅgiko maggo bhāvanāpāripūriṃ gacchati.

"The view of a person such as this is right view. The intention of a person such as this is right intention. The effort of a person such as this is right effort. The mindfulness of a person such as this is right mindfulness. The concentration of a person such as this is right concentration. But his bodily action, his verbal action and his livelihood have already been purified earlier. Thus this noble eightfold path comes to fulfilment in him by development."

It is noteworthy that in this context the usual order in citing the factors of the path is not found. But at the end we are told that bodily action, verbal action and livelihood have already been purified. This is reminiscent of the explanation given in the *MahāCattārisakasutta*, in the previous sermon. That is to say, when the noble eightfold path is perfected at the supramundane level, the three factors right speech, right action and right livelihood are represented by the very thought of abstaining.

Now the Buddha proclaims how all the enlightenment factors reach fulfilment by development when one develops the noble eightfold path in this way.

Tassa evaṃ imaṃ ariyaṃ aṭṭhaṅgikaṃ maggaṃ bhāvayato cattāropi satipaṭṭhānā bhāvanāpāripūriṃ gacchanti, cattāropi sammappadhānā bhāvanāpāripūriṃ gacchanti, cattāropi iddhipādā bhāvanāpāripūriṃ gacchanti, pañcapi indriyāni bhāvanāpāripūriṃ gacchanti, pañcapi balāni bhāvanāpāripūriṃ gacchanti, sattapi bojjaṅgā bhāvanāpāripūriṃ gacchanti. Tass'ime dve dhammā yuganaddhā vattanti, samatho ca vipassanā ca.

"When he develops this noble eightfold path in this way, the four foundations of mindfulness also come to fulfilment by development, the four right endeavours also come to fulfilment by development, the four bases for success also come to fulfilment by development, the five faculties also come to fulfilment by development, the five powers also come to fulfilment by development and the seven factors of enlightenment also come to fulfilment by development. These two things, namely serenity and insight, occur in him yoked evenly together."

The net result of perfecting all the enlightenment factors is summed up by the Buddha in the following declaration:

So ye dhammā abhiññā pariññeyyā te dhamme abhiññā parijānāti, ye dhammā abhiññā pahātabbā te dhamme abhiññā pajahati, ye dhammā abhiññā bhāvetabbā te dhamme abhiññā bhāveti, ye dhammā abhiññā sacchikātabbā te dhamme abhiññā sacchikaroti.

"He comprehends by direct knowledge those things that should be comprehended by direct knowledge, he abandons by direct knowledge those things that should be abandoned by direct knowledge, he develops by direct knowledge those things that should be developed by direct knowledge, he realizes by direct knowledge those things that should be realized by direct knowledge."

The things that should be comprehended by direct knowledge are explained in the *Sutta* itself as the five aggregates of grasping. The things that should be abandoned by direct knowledge are ignorance and craving. The things that should be developed by direct knowledge are serenity and insight. The things that should be realized by direct knowledge are true knowledge and deliverance.

So then, as we have already mentioned, the orderly arrangement in these thirty-seven enlightenment factors is well illustrated in this discourse. It is because of this orderliness that even in a stream-winner, who is well established in the noble

eightfold path, other enlightenment factors are said to be present as if automatically.

Simply because the phrase *ekāyano ayaṃ, bhikkhave, maggo* occurs in the *Satipaṭṭhānasutta*, some are tempted to interpret the four foundations of mindfulness as 'the only way'.^[1034] We have pointed out, with valid reasons on an earlier occasion, that such a conclusion is unwarranted. *Ekāyano* does not mean "the only way", it means "directed to one particular destination", that is, to *Nibbāna*. That is why the words *ñāyassa adhigamāya Nibbānassa sacchikiriyāya*, "for the attainment of the supramundane path, for the realizing of *Nibbāna*", occur later on in the same sentence.

The four foundations of mindfulness are the preliminary training for the attainment of the supramundane path and realization of *Nibbāna*. The initial start made by the four foundations of mindfulness is carried over by the four right endeavours, the four bases for success, the five faculties, the five powers and the seven enlightenment factors, to reach the acme of perfection in the noble eightfold path.

In the *MahāSaḷāyatanikasutta* we came across the repetitive phrase *jānaṃ passaṃ yathābhūtaṃ*, "knowing and seeing as it actually is", used in connection with the eye, forms, eye-consciousness, eye-contact and whatever is felt due to eye-contact. Let us examine what this knowing and seeing as it actually is amounts to.

Perception has been compared to a mirage.^[1035] This mirage nature of perception has to be understood. A deer which sees a mirage in a plain from a distance in the dry season has a perception of water in it. In other words, it imagines water in the mirage. Impelled by that imagining, it runs towards the mirage with the idea that by running it can do away with the gap between itself and the water, and reach that water. But there is something that the deer is not aware of, and that is that this gap can never be reduced by running.

So long as there are two ends, there is a middle. This is a maxim worth emphasizing. Where there are two ends, there is a middle. If the eye is distinguished as one end and what appears in the distance is distinguished as water, there is an intervening space, a gap between the two. All these three factors are integral in this perceptual situation. That is why the gap can never be done away with.

The emancipated one, who has understood that this can never be eliminated, does not run after the mirage. That one with discernment, that *arahant*, stops short at the seen, true to the aphorism *diṭṭhe diṭṭhamattaṃ*, "in the seen just the seen".^[1036] He stops at the heard in the heard, he stops at the sensed in the sensed, he stops at the cognized in the cognized. He does not go on imagining like that deer, taking his stand on perception. He does not imagine a thing seen or one who sees. Nor does he entertain imaginings in regard to the heard, the sensed and the cognized.

The fact that this freedom from imaginings is there in an *arahant* is clear from the statement we quoted from the *Chabbisodhanasutta* on an earlier occasion. According to that discourse, a monk rightly claiming *arahant*-hood, one who declares himself to be an *arahant*, should be able to make the following statement in respect of the seen, the heard, the sensed and the cognized.

Diṭṭhe kho ahaṃ, āvuso, anupāyo anapāyo anissito appaṭibaddho vipparamutto viṣaṃyutto vimariyādikatena cetasā viharāmi.^[1037] "Friends, with regard to the seen, I dwell unattracted, unrepelled, independent, uninvolved, released,

unshackled, with a mind free from barriers."

Now let us try to understand this statement in the light of what we have already said about the mirage. One can neither approach nor retreat from a mirage. Generally, when one sees a mirage in the dry season, one imagines a perception of water in it and runs towards it due to thirst. But let us, for a moment, think that on seeing the mirage one becomes apprehensive of a flood and turns and runs away to escape it. Having run some far, if he looks back he will still see the mirage behind him.

So in the case of a mirage, the more one approaches it, the farther it recedes, the more one recedes from it, the nearer it appears. So in regard to the mirage of percepts, such as the seen and the heard, the *arahant* neither approaches nor recedes. Mentally he neither approaches nor recedes, though he may appear to do both physically, from the point of view of the worldling - *anupāyo anapāyo*, unattracted, unrepelled.

It is the same with regard to the term *anissito*, independent. He does not resort to the mirage with the thought 'Ah, here is a good reservoir'. *Appaṭibaddho*, uninvolved, he is not mentally involved in the mirage. *Vippamutto*, released, he is released from the perception of water in the mirage, from imagining water in it. *Visaṃyutto*, unshackled, he is not bound by it. *Vimariyādikatena cetasā*, with a mind free from barriers. What are these barriers? The two ends and the middle. The demarcation mentioned above by distinguishing eye as distinct from form, with the intervening space or the gap as the 'tertium quid'. So for the *arahant* there are no barriers by taking the eye, the forms and the gap as discrete.

Now from what we have already discussed, it should be clear that by *maññanā* or imagining a thing-hood is attributed to the seen, the heard, the sensed and the cognized. One imagines a thing in the seen, heard etc. By that very imagining as a thing it becomes another thing, true to the dictum expressed in the line of that verse from the *Dvayatānupassanāsutta* we had quoted earlier, *yena yena hi maññanti, tato taṃ hoti aññāthā*, [\[1038\]](#) "in whatever egoistic terms they imagine, thereby it turns otherwise".

That is why we earlier said that a thing has to be there first for it to become another thing, for there to be an otherwiseness. The more one tries to approach the thing imagined, the more it recedes. In our analysis of the *Mūlapariyāyasutta*, we discussed at length about the three levels of knowledge mentioned there, namely *saññā*, *abhiññā* and *pariññā*. [\[1039\]](#)

The untaught worldling is bound by sense-perception and goes on imagining according to it. Perceiving earth in the earth element, he imagines 'earth' as a thing, he imagines 'in the earth', 'earth is mine', 'from the earth' etc. So also with regard to the seen, *diṭṭha*.

But the disciple in training, *sekha*, since he has a higher knowledge of conditionality, although he has not exhausted the influxes and latencies, trains in resisting from the tendency to imagine. An emancipated one, the *arahant*, has fully comprehended the mirage nature of perception.

It seems, therefore, that these forms of *maññanā* enable one to imagine things, attributing a notion of substantiality to sense data. In fact, what we have here is only a heap of imaginings. There is also an attempt to hold on to things imagined. Craving lends a hand to it, and so there is grasping, *upādāna*. Thereby the fact that there are three conditions is ignored or forgotten.

In our analysis of the *Madhupiṇḍikasutta* we came across a highly significant

statement: *cakkhuñc'āvuso paṭicca rūpe ca uppajjati cakkhuvīññāṇaṃ*,^[1040] "dependent on the eye and forms, friends, arises eye-consciousness". The deepest point in sense perception is already implicit there. This statement clearly indicates that eye-consciousness is dependently arisen. Thereby we are confronted with the question of the two ends and the middle, discussed above.

In fact, what is called eye-consciousness is the very discrimination between eye and form. At whatever moment the eye is distinguished as the internal sphere and form is distinguished as the external sphere, it is then that eye-consciousness arises. That itself is the gap in the middle, the intervening space. Here, then, we have the two ends and the middle.

To facilitate understanding this situation, let us hark back to the simile of the carpenter we brought up in an earlier sermon.^[1041] We mentioned that a carpenter, fixing up a door by joining two planks, might speak of the contact between the two planks when his attention is turned to the intervening space, to see how well one plank touches the other. The concept of touching between the two planks came up because the carpenter's attention picked up the two planks as separate and not as one board.

A similar phenomenon is implicit in the statement *cakkhuñca paṭicca rūpe ca uppajjati cakkhuvīññāṇaṃ*, "dependent on eye and forms arises eye-consciousness". In this perceptual situation, the eye is distinguished from forms. That discrimination itself is consciousness. That is the gap or the interstice, the middle. So here we have the two ends and the middle.

Eye-contact, from the point of view of *Dhamma*, is an extremely complex situation. As a matter of fact, it is something that has two ends and a middle. The two ends and the middle belong to it. However, there is a tendency in the world to ignore this middle. The attempt to tie up the two ends by ignoring the middle is *upādāna* or grasping. That is impelled by craving, *taṇhā*. Due to craving, grasping occurs as a matter of course. It is as if the deer, thinking 'I am here and the water is there, so let me get closer', starts running towards it. The gap is ignored.

A similar thing happens in the case of sense perception. What impels one to ignore that gap is craving. It is sometimes called *lepa* or glue. With that agglutinative quality in craving the gap is continually sought to be glued up and ignored.

The Buddha has compared craving to a seamstress. The verb *sibbati* or *saṃsibbati* is used to convey the idea of sewing and weaving both. In sewing as well as in weaving, there is an attempt to reduce a gap by stitching up or knitting up. What is called *upādāna*, grasping or holding on, is an attempt to tie up two ends with the help of *taṇhā*, craving or thirst.

In the *Tissametteyyasutta* of the *Pārāyaṇavagga* in the *Sutta Nipāta*, the Buddha shows how one can bypass this seamstress or weaver that is craving and attain emancipation in the following extremely deep verse.

Yo ubh' anta-m-abhiññāya

majjhe mantā na lippati,

taṃ brūmi mahāpuriso 'ti

so 'dha sibbanim accagā. ^[1042]

"He who, having known both ends,

With wisdom does not get attached to the middle,

Him I call a great man,

He has gone beyond the seamstress in this [world]."

This verse is so deep and meaningful that already during the lifetime of the Buddha, when he was dwelling at Isipatana in Benares, a group of Elder Monks gathered at the assembly hall and held a symposium on the meaning of this verse. In the Buddha's time, unlike today, for deep discussions on *Dhamma*, they took up such deep topics as found in the *Aṭṭhakavagga* and *Pārāyaṇavagga* of the *Sutta Nipāta*. In this case, the topic that came up for discussion, as recorded among the Sixes in the *Aṅguttara Nikāya*, is as follows:

Katamo nu kho, āvuso, eko anto, katamo dutiyo anto, kiṃ majjhe, kā sibbani? ^[1043]"What, friends, is the one end, what is the second end, what is in the middle and who is the seamstress?" The first venerable Thera, who addressed the assembly of monks on this topic, offered the following explanation:

"Contact, friends, is one end, arising of contact is the second end, cessation of contact is in the middle, craving is the seamstress, for it is craving that stitches up for the birth of this and that specific existence.

In so far, friends, does a monk understand by higher knowledge what is to be understood by higher knowledge, comprehend by full understanding what is to be comprehended by full understanding. Understanding by higher knowledge what is to be understood by higher knowledge, comprehending by full understanding what is to be comprehended by full understanding, he becomes an ender of suffering in this very life." Craving, according to this interpretation, is a seamstress, because it is craving that puts the stitch for existence.

Then a second venerable Thera puts forth his opinion. According to his point of view, the past is one end, the future is the second end, the present is the middle, craving is the seamstress.

A third venerable Thera offered his interpretation. For him, one end is pleasant feeling, the second end is unpleasant or painful feeling, and the middle is neither-unpleasant-nor-pleasant feeling. Craving is again the seamstress.

A fourth venerable Thera opines that the one end is name, the second end is form, the middle is consciousness and the seamstress is craving.

A fifth venerable Thera puts forward the view that the one end is the six internal sense-spheres, the second end is the six external sense-spheres, consciousness is the middle and craving is the seamstress.

A sixth venerable Thera is of the opinion that the one end is *sakkāya*, a term for the five aggregates of grasping, literally the 'existing body'. The second end, according to him, is the arising of *sakkāya*. The middle is the cessation of *sakkāya*. As before, the seamstress is craving.

When six explanations had come up before the symposium, one monk suggested, somewhat like a point of order, that since six different interpretations have come up, it would be best to approach the teacher, the Fortunate One, and report the discussion for clarification and correct judgement.

Approving that suggestion, they all went to the Buddha and asked: *Kassa nu kho, bhante, subhāsitaṃ?* "Venerable sir, whose words are well spoken?" The Buddha replied: "Monks, what you all have said is well said from some point of view or other. But that for which I preached that verse in the *Metteyyapañha* is this", and quoting the verse in question the Buddha explains:

"Monks, contact is one end, the arising of contact is the second end, the

cessation of contact is in the middle, craving is the seamstress, for it is craving that puts the stitch for the birth of this or that existence.

In so far, monks, does a monk understand by higher knowledge what is to be understood by higher knowledge, and comprehend by full understanding what is to be comprehended by full understanding. Understanding by higher knowledge what is to be understood by higher knowledge, and comprehending by full understanding what is to be comprehended by full understanding, he becomes an ender of suffering in this very life."

The Buddha's explanation happens to coincide with the interpretation given by the first speaker at the symposium. However, since he ratifies all the six interpretations as well said, we can see how profound and at the same time broad the meaning of this cryptic verse is.

Let us now try to understand these six explanations. One can make use of these six as meditation topics. The verse has a pragmatic value and so also the explanations given. What is the business of this seamstress or weaver?

According to the first interpretation, craving stitches up the first end, contact, with the second end, the arising of contact, ignoring the middle, the cessation of contact. It is beneath this middle, the cessation of contact, that ignorance lurks. As the line *majjhe mantā na lippati*, "with wisdom does not get attached to the middle", implies, when what is in the middle is understood, there is emancipation. One is released from craving. So our special attention should be directed to what lies in the middle, the cessation of contact. Therefore, according to the first interpretation, the seamstress, craving, stitches up contact and the arising of contact, ignoring the cessation of contact.

According to the second interpretation, the past and the future are stitched up, ignoring the present. The third interpretation takes it as a stitching up of unpleasant feeling and pleasant feeling, ignoring the neither-unpleasant-nor-pleasant feeling. The fourth interpretation speaks of stitching up name and form, ignoring consciousness. For the fifth interpretation, it is a case of stitching up the six internal sense-spheres with the six external sense-spheres, ignoring consciousness. In the sixth interpretation, we are told of a stitching up of *sakkāya*, or 'existing-body', with the arising of the existing-body, ignoring the cessation of the existing-body.

We mentioned above that in sewing as well as in weaving there is an attempt to reduce a gap by stitching up or knitting up. These interpretations show us that ignoring the middle is a common trait in the worldling. It is there that ignorance lurks. If one rightly understands this middle dispassion sets in, leading to disenchantment, relinquishment and deliverance.

Let us now turn our attention to a few parallel discourses that throw some light on the depth of these meditation topics. We come across two verses in the *Dvayatānupassanāsutta* of the *Sutta Nipāta*, which are relevant to the first interpretation, namely that which concerns contact, the arising of contact and the cessation of contact.

*Sukhaṃ vā yadi va dukkhaṃ,
adukkhamasukhaṃ sahā,
ajjhatañ ca bahiddhā ca
yaṃ kiñci atthi veditaṃ,
etaṃ 'dukkhaṇ'ti ñatvāna,*

*mosadhammaṃ palokinaṃ,
phussa phussa vayaṃ passaṃ
evaṃ tattha virajjati,
vedanānaṃ khayā bhikkhu,
nicchāto parinibbuto.* [\[1044\]](#)

"Be it pleasant or unpleasant,
Or neither-unpleasant-nor-pleasant,
Inwardly or outwardly,
All what is felt,
Knowing it as 'pain',
Delusive and brittle,
Touch after touch, seeing how it wanes,
That way he grows dispassionate therein,
By the extinction of feeling it is
That a monk becomes hungerless and fully appeased."

The two lines *phussa phussa vayaṃ passaṃ* and *evaṃ tattha virajjati*, "touch after touch, seeing how it wanes, that way he grows dispassionate therein", are particularly significant as they are relevant to the knowledge of 'breaking up' in the development of insight. It seems, therefore, that generally the cessation of contact is ignored or slurred over by the worldling's mind, busy with the arising aspect. Therefore the seeing of cessation comes only with the insight knowledge of seeing the breaking up, *bhaṅgañāṇa*.

As an illustration in support of the second interpretation we may quote the following verses from the *Bhaddekarattasutta* of the *Majjhima Nikāya*:

*Atītaṃ nānvāgameyya,
nappaṭikaṅkhe anāgataṃ
yad atītaṃ pahīnaṃ taṃ
appattañ ca anāgataṃ.
Paccuppannañ ca yo dhammaṃ
tattha tattha vipassati,
asaṃhīraṃ asaṃkappaṃ
taṃ vidvā-m-anubrūhaye.* [\[1045\]](#)

"Let one not trace back whatever is past,
Nor keep on hankering for the not yet come,
Whatever is past is gone for good,
That which is future is yet to come.
But [whoever] sees that which rises up,
As now with insight as and when it comes,
Neither 'drawing in' nor 'pushing on',
That kind of stage should the wise cultivate."

In the reflection on preparations, *saṅkhārā*, in deep insight meditation, it is the present preparations that are presented to reflection. That is why we find the apparently unusual order *atīta - anāgata - paccuppanna*, past - future - present, mentioned everywhere in the discourses. To reflect on past preparations is relatively easy, so also are the future preparations. It is the present preparations that are elusive and difficult to muster. But in deep insight meditation the attention should be on the present preparations. So much is enough for the second interpretation.

The third interpretation has to do with the three grades of feeling, the pleasant, unpleasant and the neither-unpleasant-nor-pleasant. About these we have already discussed at length, on an earlier occasion, in connection with the long dialogue between the Venerable *arahant* nun Dhammadinnā and the lay disciple Visākha on the question of those three grades of feeling. Suffice it for the present to cite the following relevant sections of that dialogue.

Sukhāya vedanāya dukkhā vedanā paṭibhāgo ... dukkhāya vedanāya sukhā vedanā paṭibhāgo ... adukkhamasukhāya vedanāya avijjā paṭibhāgo ... avijjāya vijjā paṭibhāgo ... vijjāya vimutti paṭibhāgo ... vimuttiyā Nibbānaṃ paṭibhāgo.^[1046]

"Unpleasant feeling is the counterpart of pleasant feeling ... pleasant feeling is the counterpart of unpleasant feeling ... ignorance is the counterpart of neither-unpleasant-nor-pleasant feeling ... knowledge is the counterpart of ignorance ... deliverance is the counterpart of knowledge ... *Nibbāna* is the counterpart of deliverance."

The counterpart or the 'other half' of pleasant feeling is unpleasant feeling. The counterpart of unpleasant feeling is pleasant feeling. Between these two there is a circularity in relationship, a seesawing. There is no way out.

But there is in the middle neither-unpleasant-nor-pleasant feeling. The counterpart of neither-unpleasant-nor-pleasant feeling is ignorance. So we see how the neutrality and indifference of equanimity has beneath it ignorance. But luckily there is the good side in this pair of counterparts. Deliverance lies that way, for knowledge is the counterpart of ignorance. When ignorance is displaced, knowledge surfaces. From knowledge comes deliverance, and from deliverance *Nibbāna* or extinction. This much is enough for the third interpretation.

Now for the fourth interpretation. Here we have consciousness between name-and-form. Let us remind ourselves of the two verses quoted in an earlier sermon from the *Dvayatānupassanāsutta* of the *Sutta Nipāta*.

*Ye ca rūpūpagā sattā
ye ca arūpaṭṭhāyino,
nirodhaṃ appajānantā
āgantāro punabbhavaṃ.*

*Ye ca rūpe pariññāya,
arūpesu asaṅghitā,
nirodhe ye vimuccanti,
te janā maccuhāyino.*^[1047]

"Those beings that go to realms of form,
And those who are settled in formless realms,
Not understanding the fact of cessation,

Come back again and again to existence.
Those who, having comprehended realms of form,
Do not settle in formless realms,
Are released in the experience of cessation,
It is they that are the dispellers of death."

The cessation here referred to is the cessation of consciousness, or the cessation of becoming. Such emancipated ones are called "dispellers of death", *maccuhāyino*. We have mentioned earlier that, before the advent of the Buddha and even afterwards, sages like Āḷāra Kālāma tried to escape form, *rūpa*, by grasping the formless, *arūpa*. But only the Buddha could point out that one cannot win release from form by resorting to the formless. Release from both should be the aim. How could that come about? By the cessation of consciousness which discriminates between form and formless. It is tantamount to the cessation of existence, *bhavanirodha*.

As a little hint to understand this deep point, we may allude to that simile of the dog on the plank across the stream which we brought up several times. Why does that dog keep on looking at the dog it sees in the water, its own reflection? Because it is unaware of the reflexive quality of the water. Consciousness is like that water which has the quality of reflecting on its surface. What is there between the seen dog and the looking dog as the middle is consciousness itself. One can therefore understand why consciousness is said to be in the middle between name and form.

Generally, in the traditional analysis of the relation between name-and-form and consciousness, this fact is overlooked. True to the simile of the magical illusion, given to consciousness, its middle position between name and form is difficult for one to understand. Had the dog understood the reflective quality of water, it would not halt on that plank to gaze down and growl.

The fifth interpretation puts the six internal sense-spheres and the six external sense-spheres on either side, to have consciousness in the middle. A brief explanation would suffice.

Dvayaṃ, bhikkhave, paṭicca viññāṇaṃ sambhoti,^[1048] "monks, dependent on a dyad consciousness arises", says the Buddha. That is to say, dependent on internal and external sense-spheres consciousness arises. As we have already pointed out, consciousness is the very discrimination between the two. Therefore consciousness is the middle. So at the moment when one understands consciousness, one realizes that the fault lies in this discrimination itself. The farther limit of the internal is the nearer limit of the external. One understands then that the gap, the interstice between them, is something imagined.

Then as to the sixth interpretation, we have the *sakkāya*, the "existing body", and *sakkāyasamudaya*, the arising of the existing body, as the two ends. Because the term *sakkāya* is not often met with, it might be difficult to understand what it means. To be brief, the Buddha has defined the term as referring to the five aggregates of grasping.^[1049] Its derivation, *sat kāya*, indicates that the term is suggestive of the tendency to take the whole group as existing, giving way to the perception of the compact, *ghanasaññā*.

The arising of this notion of an existing body is *chandarāga* or desire and lust. It is due to desire or craving that one grasps a heap as a compact whole. The cessation of the existing body is the abandonment of desire and lust. This, then, is a summary of the salient points in these six interpretations as meditation

topics for realization.

Let us now turn our attention to the sewing and weaving spoken of here. We have mentioned above that both in sewing and weaving a knotting comes in, as a way of reducing the gap. This knotting involves some kind of attracting, binding and entangling. In the case of a sewing machine, every time the needle goes down, the shuttle hastens to put a knot for the stitch. So long as this attraction continues, the stitching goes on.

There is some relation between sewing and weaving. Sewing is an attempt to put together two folds. In weaving a single thread of cotton or wool is looped into two folds. In both there is a formation of knots. As already mentioned, knots are formed by some sort of attraction, binding and entangling.

Now craving is the seamstress who puts the stitches to this existence, *bhava*. She has a long line of qualifications for it. *Ponobhaviḱā nandirāgasahagatā tatrātrābhīnandinī* are some of the epithets for craving. She is the perpetrator in re-becoming or renewed existence, *ponobhaviḱā*, bringing about birth after birth. She has a trait of delighting and lusting, *nandirāgasahagatā*. Notoriously licentious she delights now here now there, *tatrātrābhīnandinī*. Like that seamstress, craving puts the stitches into existence, even as the needle and the shuttle. Craving draws in with *upādāna*, grasping, while conceit binds and views complete the entanglement. That is how existence gets stitched up.

At whatever moment the shuttle runs out of its load of cotton, the apparent stitches do not result in a seam. Similarly, in a weaving, if instead of drawing in the thread to complete the knot it is drawn out, all what is woven will be undone immediately. This is the difference between existence and its cessation. Existence is a formation of knots and stress. Cessation is an unravelling of knots and rest.

Existence is a formation of knots and stress. Cessation is an unravelling of knots and rest.

The following verse in the *Suddhaṭṭhakasutta* of the *Sutta Nipāta* seems to put in a nutshell the philosophy behind the simile of the seamstress.

Na kappayanti na purekkharonti

'accantasuddhī' ti na te vadanti,

ādānaganthaṃ gathitaṃ visajja,

āsaṃ na kubbanti kuhiñci loke. [\[1050\]](#)

"They fabricate not, they proffer not,

Nor do they speak of a 'highest purity',

Unravelling the tangled knot of grasping,

They form no desire anywhere in the world."

The comments we have presented here, based on the verse beginning with *yo ubh' anta-m-abhiññāya* could even be offered as a synopsis of the entire series of thirty-three sermons. All what we brought up in these sermons concerns the question of the two ends and the middle. The episode of the two ends and the middle enshrines a profound insight into the law of dependent arising and the Buddha's teachings on the middle path. That is why we said that the verse in question is both profound and broad, as far as its meaning is concerned.

So now that we have presented this synoptic verse, we propose to wind up this series of sermons. As a matter of fact, the reason for many a misconception about

Nibbāna is a lack of understanding the law of dependent arising and the middle path. For the same reason, true to the Buddha's description of beings as taking delight in existence, *bhavarāmā*, lusting for existence, *bhavaratā*, and rejoicing in existence, *bhavasammuditā*,^[1051] *Nibbāna* came to be apprehensively misconstrued as tantamount to annihilation. Therefore even commentators were scared of the prospect of a cessation of existence and tried to explain away *Nibbāna* through definitions that serve to perpetuate craving for existence.

If by this attempt of ours to clear the path to *Nibbāna*, overgrown as it is through neglect for many centuries, due to various social upheavals, any store of merit accrued to us, may it duly go to our most venerable Great Preceptor, who so magnanimously made the invitation to deliver this series of sermons. As he is staying away for medical treatment at this moment, aged and ailing, let us wish him quick recovery and long life. May all his *Dhamma* aspirations be fulfilled!

May the devoted efforts in meditation of all those fellow dwellers in this holy life, who listened to these sermons and taped them for the benefit of those who would like to lend ear to them, be rewarded with success! Let a myriad *arahant* lotuses, unsmearred by water and mud, bright petalled and sweet scented, bloom all over the forest hermitage pond. May the merits accrued by giving these sermons be shared by my departed parents, who brought me up, my teachers, who gave me vision, and my friends, relatives and lay supporters, who helped keep this frail body alive. May they all attain the bliss of *Nibbāna*!

May all gods and Brahmās and all beings rejoice in the merits accrued by these sermons! May it conduce to the attainment of that peaceful and excellent *Nibbāna*! May the dispensation of the Fully Enlightened One endure long in this world! Let this garland of well preached *Dhamma* words be a humble offering at the foot of the *Dhamma* shrine, which received honour and worship even from the Buddha himself.

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[1] M I 436, *MahāMālunkyasutta*.

[2] D II 93, *MahāParinibbānasutta*.

[3] S II 267, *Āṇisutta*.

[4] Mp I 92.

[5] Khp 2.

[6] Pj I 78.

[7] S I 39, *Nāmasutta*.

[8] S I 11, *Samiddhisutta*.

[9] M I 53, *Sammādiṭṭhisutta*.

[10] Spk I 95 commenting on S I 39.

[11] S I 12, *Samiddhisutta*.

[12] Sn 560, *Selasutta*.

[13] S I 192, *Pavāraṇāsutta*.

[14] S I 13, *Jaṭāsutta*.

[15] Abhidh-s VI i 30.

[16] Sn 235, *Ratanasutta*.

[17] M III 245, *Dhātuvibhaṅgasutta*.

[18] D II 157, *MahāParinibbānasutta*.

- [19] M I 487, *Aggivacchagottasutta*.
- [20] S IV 368-373.
- [21] M I 140, *Alagaddūpamasutta*.
- [22] D II 57, *MahāNidānasutta*.
- [23] Chāndogya-Upaniṣad 6.2.1,2.
- [24] Ēgveda X.129, *Nāsadiya Sūkta*.
- [25] M I 487, *Aggivacchagottasutta*.
- [26] Sn 1074, *Upasīvamāṇavapucchā*.
- [27] Vibh-a 53.
- [28] Th 298, *Rāhula Thera*.
- [29] Sn 228, *Ratanasutta*.
- [30] E.g. at D I 194, *Poṭṭhapādasutta*.
- [31] E.g. at S V 421, *Dhammacakkappavattanasutta*.
- [32] E.g. at It 88, *Aggappasādasutta*.
- [33] Abhidh-av 138.
- [34] Ud 11, *Rājasutta*.
- [35] Ud 79, *Udapānasutta*.
- [36] A II 34, *Aggappasādasutta*.
- [37] Vism 508; Spk III 88; Vibh-a 51.
- [38] S IV 371, *Nibbānasutta*.
- [39] Vibh-a 53.
- [40] M I 507, *Māgaṇḍiyasutta*.
- [41] M I 523, *Saṇḍakasutta*.
- [42] S III 189, *Mārasutta*.
- [43] The term *aññāphalo* occurs at A IV 428, *Ānandasutta*.
- [44] E.g. at D I 84, *Sāmaññaphalasutta*.
- [45] D II 90, *MahāParinibbānasutta*.
- [46] E.g. at S V 421, *Dhammacakkappavattanasutta*.
- [47] M I 436, *MahāMālunkyasutta*.
- [48] See sermon 1.
- [49] D I 203, *Poṭṭhapādasutta*.
- [50] D I 177, *Kassapaśihanādasutta*.
- [51] S I 33, *Accharāsutta*.
- [52] It 53, *Indriyasutta*.
- [53] Peṭ 188.
- [54] D I 110, *Ambaṭṭhasutta*.
- [55] Sn 231, *Ratanasutta*.
- [56] Dh 383, *Brāhmaṇavagga*.
- [57] S I 54, *Kakudhosutta*.
- [58] S IV 372.
- [59] Sn 1092, *Kappamāṇavapucchā*.
- [60] M I 167, *Ariyapariyesanasutta*.
- [61] M III 63, *Bahudhātukasutta*, and Ud 1, the *Bodhisuttas*.
- [62] S II 25, *Paccayasutta*.
- [63] Spk II 40.
- [64] D II 63, *MahāNidānasutta*.

- [65] See sermon 1.
- [66] S I 13, *Jaṭāsutta*.
- [67] Sn 729, *Dvayatānupassanāsutta*.
- [68] Sn 740, *Dvayatānupassanāsutta*.
- [69] Pj II 505.
- [70] D III 29, *Pāṭikasutta*.
- [71] E.g. at M II 110, *Piyajātikasutta*.
- [72] A I 152, *Saṅkhatalakkhaṇasutta*.
- [73] E.g. at Ps IV 88.
- [74] E.g. at M I 56, *Satipaṭṭhānasutta*.
- [75] This is found in the set of verses on *maraṇasati* among the *caturārakkhā-gāthā* (four protective *kamaṭṭhānas*) in standard *Paritta* books.
- [76] DhP 62, *Bālavagga*.
- [77] Ud 32, *Lokasutta*.
- [78] Sn 1103, *Bhadrāvudhamāṇavapucchā*.
- [79] S V 423, *Dhammacakkapavattanasutta*.
- [80] M I 141, *Alagaddūpamasutta*.
- [81] Ud 75, *DutiyaLakuṇḍakabhaddiyasutta*.
- [82] S I 15, *Sarasutta*.
- [83] M I 53, *Sammādiṭṭhisutta*.
- [84] M I 436, *MahāMālunkyasutta*.
- [85] See sermon 2.
- [86] S IV 206, *Pātālasutta*.
- [87] S IV 208, *Sallattenasutta*.
- [88] D I 110, D I 148, D II 41, D II 288, M I 380, M I 501, M II 145, M III 280, S IV 47, S IV 107, S IV 192, S V 423, A IV 186, A IV 210, A IV 213, Ud 49.
- [89] D II 33, S II 7, S II 105.
- [90] See sermon 2.
- [91] E.g. at D III 237, *Sangītisutta*.
- [92] Vin I 40.
- [93] See sermon 2.
- [94] D II 63, *MahāNidānasutta*.
- [95] Sn 1076, *Upasīvamāṇavapucchā*.
- [96] D II 31, *MahāPadānasutta*.
- [97] Sv II 459.
- [98] S II 114, *Naḷakalāpīsutta*.
- [99] S II 26, *Paccayasutta*.
- [100] M I 190, *MahāHatthipadopamasutta*.
- [101] D II 93, *MahāParinibbānasutta*.
- [102] Vism 578.
- [103] S II 68, *Pañcaverabhayāsutta*.
- [104] Paṭi I 52, Vism 579.
- [105] Sn 1084-1085, *Hemakamāṇavapucchā*.
- [106] M I 8, *Sabbāsavasutta*.
- [107] Th 1094, *Tālapuṭa Thera*.
- [108] See above footnote 4.

- [109] See sermon 1.
- [110] D II 63, *MahāNidānasutta*.
- [111] See sermon 2.
- [112] D III 105, *Sampasādanīyasutta*.
- [113] Spk I 183 commenting on S I 121.
- [114] S I 122, *Godhikasutta*.
- [115] D II 305, M I 50, M I 62, M III 249, S II 3.
- [116] M II 156, *Ghoṭamukhasutta*.
- [117] A II 133, *Samyojanasutta*.
- [118] S I 13, *Jaṭāsutta*, see sermon 1.
- [119] M III 18, *MahāPuṇṇamasutta*.
- [120] S II 66, *Cetanāsutta*.
- [121] M I 436, *Mahāmālunkyasutta*.
- [122] See sermon 3.
- [123] Sn 740, *Dvayatānupassanāsutta*; (see sermon 2, footnote 22).
- [124] See sermon 3.
- [125] M I 256, *Mahātaṇhāsankhayasutta*.
- [126] See sermon 3.
- [127] Dhp 338, *Taṇhāvagga*.
- [128] A I 223, *Paṭhamabhavasutta*.
- [129] S I 134, *Selāsutta*.
- [130] E.g. at Sv-pt I 513.
- [131] Sn 209, *Munisutta*.
- [132] M III 266, *Channovādasutta*.
- [133] S IV 400, *Kuthūhalasālāsutta*: 'taṇhupādāna'.
- [134] Ud 81, *Catutthanibbānapaṭisaṃyuttasutta*.
- [135] S II 17, *Kaccāyanagottasutta*.
- [136] S I 41, *Lokasutta*.
- [137] Spk I 96.
- [138] S IV 86, *Dukkhasutta*.
- [139] S IV 95, *Lokakāmaguṇasutta*.
- [140] E.g. at D III 237, *Sangītisutta*.
- [141] See sermon 1.
- [142] See sermon 3.
- [143] S II 26, *Paccayasutta*.
- [144] Dhp-a I 367.
- [145] M I 56, *Satipaṭṭhānasutta*.
- [146] S V 183, *Vibhaṅgasutta*.
- [147] M I 134, *Alagaddūpamasutta*.
- [148] M I 436, *Mahāmālunkyasutta*.
- [149] See sermon 4.
- [150] M I 56, *Satipaṭṭhānasutta*.
- [151] See sermon 4.
- [152] M I 56, *Satipaṭṭhānasutta*.
- [153] S V 184, *Samudayasutta*.
- [154] Sn 752-753, *Dvayatānupassanāsutta*.

- [155] Sn 954, *Attadaṇḍasutta*.
- [156] Sn 787, *Duṭṭhaṭṭhakasutta*.
- [157] Sn 795, *Suddhaṭṭhakasutta*.
- [158] Sn 813, *Jarāsutta*.
- [159] See sermon 4.
- [160] S III 90, *Khajjanīyasutta*.
- [161] Dh 385, *Brāhmaṇavagga*.
- [162] Sn 1-17, *Uragasutta*.
- [163] Sn 5, *Uragasutta*.
- [164] A IV 377, *Sīhanādasutta*.
- [165] See sermon 4.
- [166] E.g. at D III 83, *Aggaññasutta*.
- [167] E.g. at Dh 253, *Malavagga*.
- [168] E.g. the *pupphāsava*, *phalāsava*, *madhvāsava*, *guḷāsava* at Sv III 944.
- [169] M II 200, *Subhasutta*.
- [170] E.g. at D I 84, *Sāmaññaphalasutta*.
- [171] A II 182, *Sacchikaraṇīyasutta*.
- [172] A I 159, *Nibbutasutta*.
- [173] A V 9, *Sāriputtasutta*.
- [174] M I 54, *Sammādiṭṭhisutta*.
- [175] M I 55, *Sammādiṭṭhisutta*.
- [176] S III 151, *Gaddulasutta*.
- [177] Spk II 327.
- [178] Sn 763, *Dvayatānupassanāsutta*.
- [179] Ud 79, *Udenasutta*.
- [180] Th 627, *Sunīto Thero*; Thī 3, *Puṇṇā Therī*; Thī 28, *Cittā Therī*; Thī 44, *Uttamā Therī*; Thī 120, *Tiṃsamattā Therī*; Thī 173-174, *Vijayā Therī*; Thī 180, *Uttarā Therī*.
- [181] Dh-a I 88.
- [182] Vin I 40.
- [183] *Idappaccayatā* is discussed in detail above, see sermon 2.
- [184] A III 440, *CatutthaAbhabbaṭṭhānasutta*.
- [185] See sermon 2.
- [186] Sp-ṭ III 226 (Burmese ed.).
- [187] Ud 2, *DutiyaBodhisutta*.
- [188] M I 263, *MahāTaṇhāsāṅkhasutta*.
- [189] M I 436, *MahāMālunkyasutta*.
- [190] See sermon 5.
- [191] S III 151, see sermon 5.
- [192] S III 152, *Gaddulasutta*.
- [193] S III 142, *Phenapiṇḍūpamasutta*.
- [194] Ud 79, *Udenasutta*, see sermon 5.
- [195] S III 87, *Khajjanīyasutta*.
- [196] E.g. at M I 350, *Aṭṭhakanāgarasutta*.
- [197] E.g. at S II 65, *Cetanāsutta*.
- [198] E.g. at A I 122, *Saṅkhārasutta*.
- [199] A II 157, *Cetanāsutta*.

- [200] See sermon 2.
- [201] A II 157, *Cetanāsutta*.
- [202] See sermon 5.
- [203] See sermon 1.
- [204] S II 4, *Vibhaṅgasutta*.
- [205] M I 301, *Cūḷavedallasutta*.
- [206] M II 231, *Pañcattayasutta*.
- [207] A I 261, *Ruṅṅasutta*.
- [208] See sermon 5
- [209] S V 421, *Dhammacakkappavattanasutta*.
- [210] E.g. at Nid I 54: *taṇhālepo*.
- [211] DhP 335: *taṇhā loke visattikā, (Taṇhāvagga)*.
- [212] See sermon 5.
- [213] See sermon 1.
- [214] Sn 756, *Dvayatānupassanāsutta*.
- [215] S V 421, *Dhammacakkappavattanasutta*.
- [216] S II 41, *Upavāṇasutta*.
- [217] E.g. at M III 299, *Indriyabhāvanāsutta*.
- [218] S III 58, *Udānasutta* (cf. *viññāṇaṃ ... anabhisaṅkhacca vimuttaṃ*).
- [219] E.g. at M I 329, *Brahmanimantanikasutta*.
- [220] D I 223, *Kevaḍḍhasutta*.
- [221] Sv II 393.
- [222] M I 436, *MahāMālunkyasutta*.
- [223] D I 223, *Kevaḍḍhasutta*.
- [224] A V 61, *Kosalasutta*.
- [225] M I 127, *Kakacūpamasutta*.
- [226] M I 415, *AmbalatthikāRāhulovādasutta*.
- [227] S III 105, *Ānandasutta*.
- [228] See sermon 6.
- [229] M I 415, *AmbalatthikāRāhulovādasutta*.
- [230] See sermon 3 and 4.
- [231] M III 17, *MahāPuṅṅamasutta*.
- [232] M III 240, *Dhātuvibhaṅgasutta*.
- [233] S II 17, *Kaccāyanagottasutta*, see sermon 4.
- [234] Ud 80, *DutiyaNibbānapaṭisaṃyuttasutta*.
- [235] Ud-a 393.
- [236] DhP 180, *Buddhavagga*.
- [237] DhP-a III 197.
- [238] DhP 92 - 93, *Arahantavagga*.
- [239] E.g. at M III 287, *MahāSaḷāyatanikasutta*.
- [240] E.g. at S II 101, *Atthirāgasutta*.
- [241] DhP -a II 173.
- [242] DhP 180, *Buddhavagga*.
- [243] D I 223, *Kevaḍḍhasutta*.
- [244] See sermon 5.
- [245] See sermon 5.

- [246] M I 293, *MahāVedallasutta*.
- [247] A II 139, *Pabhāsutta*.
- [248] A I 10, *Accharāsaṅghātavagga*.
- [249] See sermon 5.
- [250] See sermon 5.
- [251] See sermon 5.
- [252] Nid II 110.
- [253] See sermon 6.
- [254] D I 215, *Kevaḍḍhasutta*.
- [255] D I 223, *Kevaḍḍhasutta*.
- [256] Sv II 393.
- [257] S IV 359, *Asaṅkhatasamṃyutta*.
- [258] M I 329, *Brahmanimantanikasutta*.
- [259] Ps II 413.
- [260] S II 267, *Āṇisutta*; see sermon 1.
- [261] M I 329, *Brahmanimantanikasutta*.
- [262] M I 436, *MahāMālunkyasutta*.
- [263] M I 329, *Brahmanimantanikasutta*.
- [264] *ibid.*
- [265] E.g. at M I 266, *MahāTaṇhāsaṅkhasutta*.
- [266] M II 45, M II 74, S I 24, S II 254-258, A III 214.
- [267] S II 189-190, *Anamataggasamṃyutta*.
- [268] A IV 100, *Sattasuriyasutta*.
- [269] It 37, *Ajātasutta*.
- [270] Th-a III 12.
- [271] Th 707, *Adhimutta Theragāthā*.
- [272] Th 715, *ibid.*
- [273] Th 716, *ibid.*
- [274] Th 717, *ibid.*
- [275] See sermon 6.
- [276] A II 158, *Cetanāsutta*.
- [277] See sermon 6.
- [278] E.g. at S II 117, *Kosambisutta*.
- [279] M I 140, *Alagaddūpamasutta*.
- [280] See sermon 2.
- [281] E.g. at Dh-p-a III 320 when explaining *accutaṃ ṭhānaṃ* of Dh-p 225.
- [282] S IV 370, *Asaṅkhatasamṃyutta*.
- [283] E.g. at M I 326, *Brahmanimantanikasutta*.
- [284] Ud 93, *DutiyaDabbasutta*; Th 264, *Vimala Thera*.
- [285] M I 197, *MahāSāropamasutta*.
- [286] Sn 784, *Duṭṭhaṭṭhakasutta*.
- [287] M I 12, *Sabbāsavasutta*.
- [288] A IV 353, *Sambodhisutta*.
- [289] S II 185, *Puggalasutta*.
- [290] S III 25, *Bhārasutta*.
- [291] See sermon 5.

- [292] Th 716, *Adhimutta Theragāthā*.
- [293] M I 144, *Vammikasutta*.
- [294] M I 162, *Ariyapariyesanasutta*.
- [295] A I 45, *Amatavagga*.
- [296] Ud 79, *Udapānasutta*; see sermon 1.
- [297] Th 717, *Adhimutta Theragāthā*.
- [298] See sermon 1.
- [299] M I 57, *Satipaṭṭhānasutta*.
- [300] M I 436, *MahāMālunkyasutta*.
- [301] M I 56, *Satipaṭṭhānasutta*.
- [302] M I 53, *Sammādiṭṭhisutta*.
- [303] S IV 171, *Hatthapādopamasutta*.
- [304] A IV 100, *Sattasuriyasutta*; see sermon 8.
- [305] Mp IV 52.
- [306] S III 155, *Aniccasaññāsutta*.
- [307] A IV 353, *Sambodhisutta*.
- [308] Dh 62, *Bālavagga*.
- [309] E.g. at M I 297, *MahāVedallasutta*.
- [310] S II 267, *Āṇisutta*; see sermon 1.
- [311] Sn 1118, *Mogharājamāṇavapucchā*.
- [312] Sn 1119, *ibid.*
- [313] M I 251, *CūḷaTanhāsariṅkhayasutta*.
- [314] A IV 338, *Kiṃmūlakasutta*.
- [315] Sv-pt I 138.
- [316] Dh 1, 2, *Yamakavagga*.
- [317] Cf. the discussion at As 250.
- [318] Vibh-a 289.
- [319] E.g. at D II 58, *MahāNidānasutta*.
- [320] S I 22, *Nasantisutta*.
- [321] E.g. at S V 253, *Iddhipādasamyutta*.
- [322] S V 272, *Uṇṇābhabrāhmaṇasutta*.
- [323] A II 145, *Bhikkunīsutta*.
- [324] Dh 187, *Buddhavagga*.
- [325] M III 220, *Saḷāyatanavibhaṅgasutta*.
- [326] D II 353, D III 254, 287, 290, 291, M I 118, M III 77, 140, S II 168, S III 109, S V 1, 12, 13, 16, 18-20, 23, 383, A II 220-229, A III 141, A IV 237, A V 212-248.
- [327] M I 197, *MahāSāropamasutta*.
- [328] Th 315-316, *Rājadatta Thera*.
- [329] Th 267-268, *Nāgasamāla Thera*.
- [330] Th 269-270, *Nāgasamāla Thera*.
- [331] Pj II 587.
- [332] A IV 385, *Samiddhisutta*.
- [333] Dh 1, *Yamakavagga*.
- [334] Dh 221, *Kodhavagga*.
- [335] D I 1-46, *Brahmajālasutta*.
- [336] D I 223, *Kevaḍḍhasutta*.

- [337] See sermon 5.
- [338] Sn 909, *MahāViyūhasutta*.
- [339] D I 46, *Brahmajālasutta*.
- [340] D I 42, *Brahmajālasutta*.
- [341] D I 45, *Brahmajālasutta*.
- [342] S II 4, *Vibhaṅgasutta*.
- [343] Ja VI 129 (no 546), *Ummaggajātaka*.
- [344] See sermon 6.
- [345] See sermon 1.
- [346] M I 329, *Brahmanimantanikasutta*.
- [347] It 43, *Diṭṭhigatasutta*.
- [348] M I 436, *MahāMālunkyasutta*.
- [349] It 43, *Diṭṭhigatasutta*.
- [350] E.g. at M I 8, *Sabbāsavasutta*; or at M I 135, *Alaggadūpamasutta*.
- [351] It 37, *Ajātasutta*.
- [352] E.g. at A V 9, *Sāriputtasutta*.
- [353] E.g. at S II 76, *Jāṇussoṇisutta*.
- [354] See sermon 2.
- [355] Vism 569.
- [356] See sermon 8.
- [357] S V 423, *Dhammacakkappavattanasutta*.
- [358] S III 105, *Ānandasutta*.
- [359] M I 300, *Cūḷavedallasutta*.
- [360] D II 62, *MahāNidānasutta*.
- [361] See sermon 1.
- [362] S III 71, *Niruttipathasutta*.
- [363] A IV 385, *Samiddhisutta*; A IV 338, *Kiṃmūlakasutta*; see sermon 9.
- [364] Dh 1, *Yamakavagga*.
- [365] A IV 338, *Kiṃmūlakasutta*.
- [366] M I 111, *Madhupiṇḍikasutta*.
- [367] M III 242, *Dhātuvibhaṅgasutta*; S IV 215, *Phassamūlakasutta*.
- [368] S III 86, *Khajjanīyasutta*.
- [369] This expression occurs e.g. at D II 251, *MahāGovindasutta*.
- [370] Sn 1121, *Piṅgiyamāṇavapucchā*.
- [371] Nidd II 238.
- [372] A IV 386, *Gaṇḍasutta*.
- [373] Sn 331, *Uṭṭhānasutta*.
- [374] S I 13, *Jaṭāsutta*; see sermon 1.
- [375] See sermon 7.
- [376] Sn 867, *Kalahavivādasutta*.
- [377] M I 436, *MahāMālunkyasutta*.
- [378] S III 86, *Khajjanīyasutta*.
- [379] Sn 867, *Kalahavivādasutta*.
- [380] S I 13, *Jaṭāsutta*; cf. volume I sermon 1.
- [381] Sn 871-872, *Kalahavivādasutta*.
- [382] Sn 873, *Kalahavivādasutta*.

- [383] Sn 874, *Kalahavivādasutta*.
- [384] Nidd I 280.
- [385] Nidd I 280 and Pj II 553.
- [386] Sn 862, *Kalahavivādasutta*.
- [387] See sermon 7.
- [388] Sn 875, *Kalahavivādasutta*.
- [389] Similar connotations recur in the variant reading *paramayakkhavisuddhi* at A V 64, and in the expression *yakkhassa suddhi* at Sn 478.
- [390] Sn 1074, *Upasīvamāṇavapucchā*.
- [391] M I 487, *Aggivacchagottasutta*.
- [392] D I 184, *Poṭṭhapādasutta*.
- [393] S III 142, *Phenapiṇḍūpamasutta*.; cf. also volume II sermon 6.
- [394] M I 329, *Brahmanimantanikasutta*; cf. also volume II sermon 8
- [395] See sermons 5, 6 and 7.
- [396] D II 276, *Sakkapañhasutta*; D III 287, *Dasuttarasutta*; M I 65, *Cūlasīhanādasutta*; M I 112 *Madhupiṇḍikasutta*; A III 293, *Bhaddakasutta*; A III 294, *Anutappiyasutta*; A IV 230, *Anuruddhamahāvitakkasutta*; A IV 331, *Parihānasutta*; Sn 874, *Kalahavivādasutta*.
- [397] A IV 228, *Anuruddhamahāvitakkasutta*.
- [398] A IV 235, *Anuruddhamahāvitakkasutta*.
- [399] D II 276, *Sakkapañhasutta*; M I 65, *Cūlasīhanādasutta*; M I 112 *Madhupiṇḍikasutta*; Sn 874, *Kalahavivādasutta*.
- [400] M I 114, *Madhupiṇḍikasutta*.
- [401] Ps II 77.
- [402] A II 135, *Ugghaṭitaññūsutta*.
- [403] Dh 37, *Cittavagga*.
- [404] M I 436, *MahāMālunkyasutta*.
- [405] Sv III 721.
- [406] Spk III 73.
- [407] Mp III 348.
- [408] A III 294, *Bhaddakasutta* and *Anutappiyasutta*.
- [409] Ps II 10.
- [410] M I 109, *Madhupiṇḍikasutta*.
- [411] M I 112, *Madhupiṇḍikasutta*.
- [412] Ps II 75.
- [413] S III 71, *Niruttipathasutta*.
- [414] *Maṛīcikūpamā saññā* at S III 142, *Phenapiṇḍūpamasutta*.
- [415] M I 190, *MahāHatthipadopamasutta*.
- [416] D I 201, *Poṭṭhapādasutta*.
- [417] D I 195, *Poṭṭhapādasutta*.
- [418] *Paṭisotagāmi* at M I 168, *Ariyapariyesanasutta*.
- [419] Dh 37, *Cittavagga*; Dh-a I 301.
- [420] Dh 254, *Malavagga*.
- [421] S IV 370, *Asaṅkhatasamyutta*.
- [422] Sn 874, *Kalahavivādasutta*.
- [423] Ud 77, *Papañcakhayasutta*.
- [424] Ud 77, *Papañcakhayasutta*.
- [425] Nett 37.

- [426] Ud-a 373.
- [427] S IV 71, *Adanta-aguttasutta*.
- [428] M I 108, *Madhupiṇḍikasutta*.
- [429] Sn 847, *Māgandiyasutta*.
- [430] S III 138, *Pupphasutta*.
- [431] M I 233, *CūḷaSaccakasutta*.
- [432] Sn 530, *Sabhiyasutta*.
- [433] See sermons 6 and 7 (dog simile) and sermon 9 (gem simile).
- [434] M I 1, *Mūlapariyāyasutta*.
- [435] Ps I 41.
- [436] See sermon 9.
- [437] A IV 386, *Samiddhisutta*.
- [438] M I 436, *MahāMālunkyasutta*.
- [439] M I 1, *Mūlapariyāyasutta*.
- [440] Ps I 41.
- [441] A III 6, *Kāmasutta*; see also Dh 379, *Bhikkhuvagga*.
- [442] Ps I 28.
- [443] E.g. D I 70, *Sāmaññaphalasutta*.
- [444] See sermon 11.
- [445] See sermon 1.
- [446] M I 487, *Aggivacchagottasutta*.
- [447] See sermon 12.
- [448] Ps I 38.
- [449] M I 266, *MahāTaṇhāsāṅkhasutta*.
- [450] M II 265, *Āneñjasappāyasutta*.
- [451] See sermon 2.
- [452] S I 54, *Kakudhasutta*.
- [453] Vibh-a 53.
- [454] See sermon 12.
- [455] See sermons 9 and 12.
- [456] A III 413, *Nibbedhikasutta*.
- [457] Sn 874, *Kalahavivādasutta*; see sermon 11.
- [458] E.g. at Sn 219, *Munisutta*; and Th 748, *TelakāniTheragāthā*.
- [459] Sn 68, *Khaggavisāṇasutta*.
- [460] E.g. at M I 12, *Sabbāsavasutta*.
- [461] M I 6, *Mūlapariyāyasutta*.
- [462] Ps I 56.
- [463] S IV 201, *Yavakalāpisutta*.
- [464] Dh 33, *Cittavagga*.
- [465] See sermons 11 and 12.
- [466] See sermon 10.
- [467] Sn 757-758, *Dvayatānupassanāsutta*.
- [468] E.g. at D III 273, *Dasuttarasutta*
- [469] M I 197, *MahāSāropamasutta*.
- [470] See sermon 2.
- [471] M II 265, *Āneñjasappāyasutta*.

- [472] M I 145, *Rathavinītasutta*; M I 130, *Alagaddūpamasutta*.
- [473] See sermon 8; M I 329, *Brahmanimantanikasutta*.
- [474] M I 251, *CūḷaTaṇhāsaṅkhasutta*.
- [475] S I 14, *Arahantasutta*.
- [476] D I 202, *Poṭṭhapādasutta*.
- [477] M I 436, *MahāMālunkyasutta*.
- [478] S IV 201, *Yavakalāpisutta*.
- [479] M III 246, *Dhātuvibhaṅgasutta*.
- [480] See sermon 4.
- [481] See sermon 8.
- [482] Th 715, *Adhimutta Theragāthā*.
- [483] E.g. at D III 273, *Dasuttarasutta*
- [484] The *vipallāsas* occur at A II 52, *Vipallāsasutta*.
- [485] See sermon 8.
- [486] See sermon 2; Ud 32, *Lokasutta*.
- [487] Sn 1055-1056, *Mettaḡmāṇavapucchā*
- [488] Sn 902, *Mahāvīyūhasutta*.
- [489] S III 9, *Hāḷiddikānisutta*.
- [490] S IV 372, *Asaṅkhatasamṃyutta*.
- [491] Sn 1092, *Kappamāṇavapucchā*.
- [492] Sn 1094, *Kappamāṇavapucchā*.
- [493] Ud 80, *Tatīyanibbānapaṭisaṃyuttasutta*.
- [494] M III 239, *Dhātuvibhaṅgasutta*.
- [495] M III 240, *Dhātuvibhaṅgasutta*.
- [496] See sermons 6 and 7.
- [497] Th 1101, *Tālapuṭa Theragāthā*
- [498] Th 717, *Adhimutta Theragāthā*, see sermon 8.
- [499] M III 244, *Dhātuvibhaṅgasutta*.
- [500] S III 141, *Pheṇapiṇḍūpamasutta*.
- [501] Vism 327.
- [502] Cf. *Asaṅkhatasamṃyutta*, S IV 359-373.
- [503] Mīl 268.
- [504] A IV 338, *Kiṃmūlakasutta*.
- [505] M III 244, *Dhātuvibhaṅgasutta*.
- [506] M III 44, *Sappurisasutta*.
- [507] A I 150, *Ādhipateyyasutta*.
- [508] A I 24, *Etadaggavagga*.
- [509] Ud 8, *Bāhiyasutta*.
- [510] Sn 813, *Jarāsutta*.
- [511] M I 436, *MahāMālunkyasutta*.
- [512] Ud 8, *Bāhiyasutta*.
- [513] Sn 813, *Jarāsutta*.
- [514] Sn 757, *Dvayatānupassanāsutta*; see sermon 13.
- [515] A IV 386, *Samiddhisutta*; see sermon 12.
- [516] See sermons 12 and 13.
- [517] M I 3, *Mūlapariyāyasutta*.

- [518] See sermon 13.
- [519] According to A I 24 *Bāhiya* was outstanding for his *khippābhiññā*.
- [520] See sermon 13.
- [521] See sermon 10.
- [522] A II 246, *Catutthavohārasutta*.
- [523] Vism 21.
- [524] The term occurs e.g. at M I 480, *Tevijjavacchagottasutta*; at M II 173, *Cankīsutta*; and at A II 115, *Patodasutta*.
- [525] M III 245, *Dhātuvibhaṅgasutta*.
- [526] M III 29, *Chabbisodhanasutta*.
- [527] Ud-a 90.
- [528] S IV 174, *Āsīvisasutta*.
- [529] Ud 9, *Bāhiyasutta*.
- [530] Ud-a 98.
- [531] See sermon 1.
- [532] D I 223, *Kevaḍḍhasutta*.
- [533] See sermons 5, 7 and 9.
- [534] S I 6, *Natthiputtasamasutta*.
- [535] A II 139, *Pabhāsutta*; see sermon 7.
- [536] E.g. S II 45, *Bhikkhusutta*; or A II 178, *Ummaggasutta*.
- [537] Ud 9, *Bāhiyasutta*.
- [538] See sermon 9.
- [539] M III 71, *Mahācattārīsakasutta*.
- [540] M I 301, *CūḷaVedallasutta*.
- [541] M I 108, *Madhupiṇḍikasutta*.
- [542] A I 10, *Accharāsaṅghātavagga*.
- [543] M I 436, *MahāMālunkyasutta*.
- [544] D I 223, *Kevaḍḍhasutta*.
- [545] Ud 12, *Sakkārasutta*.
- [546] See sermon 8.
- [547] See sermons 5, 7, 9, 11, 15.
- [548] Ud 9, *Bāhiyasutta*; see sermon 15.
- [549] Sn 226, *Ratanasutta*.
- [550] See sermon 1.
- [551] It 53, *Indriyasutta*.
- [552] Vin IV 82, *Pācittiya* 35.
- [553] E.g. M I 167, *Ariyapariyesanasutta*.
- [554] A V 324, *Sandhasutta*.
- [555] Mp V 80.
- [556] Sn 871, *Kalahavivādasutta*; see sermon 11.
- [557] Sn 872, *Kalahavivādasutta*.
- [558] Sn 1113, *Posālamāṇavapucchā*.
- [559] Nid II 166 (Burm. ed.).
- [560] A V 318, *Saññāsutta*.
- [561] A V 321, *Manasikārasutta*.
- [562] See sermon 11.

- [563] Sn 874, *Kalahavivādasutta*.
- [564] Ud 9, *Bāhiyasutta*; see sermon 15.
- [565] Ps III 115, *aṭṭhakathā* on the *Bahuvedanīyasutta*.
- [566] Ud 80, *Paṭhamanibbānapaṭisaṃyuttasutta*.
- [567] Th 25, *Nandiyatheragāthā*.
- [568] Dhp 274, *Maggavagga*.
- [569] Dhp 92-93, *Arahantavagga*.
- [570] Dhp-a II 172.
- [571] M I 436, *MahāMālunkyasutta*.
- [572] See especially sermon 7.
- [573] It 62, *Santatara Sutta*.
- [574] See sermon 7.
- [575] It-a II 42.
- [576] Ud 12, *Sakkārasutta*; see sermon 16.
- [577] This expression occurs e.g. at M I 35, *Ākaṅkheyyasutta*.
- [578] This expression occurs e.g. at S IV 297, *Godattasutta*.
- [579] Ps III 115, *aṭṭhakathā* on the *Bahuvedanīyasutta*.
- [580] Ud 9, *Bāhiyasutta*; see sermon 15.
- [581] A V 8, *Sāriputtasutta*.
- [582] A III 379, *Soṇasutta*.
- [583] See sermon 1.
- [584] S IV 19, *Ādittasutta*.
- [585] See sermons 9 and 15.
- [586] S IV 98, *Kāmaguṇasutta*.
- [587] See sermon 5.
- [588] Spk II 391.
- [589] M III 217, *Saḷāyatanavibhaṅgasutta*.
- [590] Ud 80, *Paṭhamanibbānapaṭisaṃyuttasutta*.
- [591] Ud-a 389.
- [592] A I 133, *Sāriputtasutta*.
- [593] Sn 1106-1107, *Udayamāṇavapucchā*.
- [594] A IV 426, *Ānandasutta*.
- [595] Sn 784, *Duṭṭhaṭṭhakasutta*.
- [596] E.g. D I 156, *Mahālisutta*.
- [597] A II 5, *Anusotasutta*.
- [598] Sn 803, *Paramaṭṭhakasutta*.
- [599] Dhp 95, *Arahantavagga*.
- [600] M I 436, *MahāMālunkyasutta*.
- [601] E.g. It 57, *Dutiyarāgasutta*: *tiṇṇo pāraṃ gato thale tiṭṭhati brāhmaṇo*.
- [602] Sn 803, *Paramaṭṭhakasutta*.
- [603] Sn 714, *Nālakasutta*.
- [604] Cf. e.g. A II 149, *Samkhittasutta*.
- [605] Pj II 498.
- [606] Sn 803, *Paramaṭṭhakasutta*.
- [607] Sn 812, *Jarāsutta*.
- [608] Sn 845, *Māgandiyasutta*.

- [609] A V 151, *Bāhunasutta*.
- [610] See sermon 12.
- [611] S IV 164, *Koṭṭhikasutta*.
- [612] M II 138, *Brahmāyusutta*.
- [613] A IV 404, *Silāyūpasutta*.
- [614] Dh 385, *Brāhmaṇavagga*.
- [615] See sermon 5.
- [616] See sermon 14.
- [617] See sermon 9.
- [618] M I 135, *Alagaddūpamasutta*.
- [619] See sermon 5.
- [620] Sn 1-17, *Uragasutta*.
- [621] Sn 8, *Uragasutta*.
- [622] See sermon 12.
- [623] E.g. Ps I 183, commenting on M I 40, *Sallekhasutta: n'etaṃ mama, n'eso ham asmi, na meso attā ti*.
- [624] M I 168, *Ariyapariyesanasutta*.
- [625] It 38, *Nibbānadhātusutta*.
- [626] M I 197, *Mahāsāropamasutta*.
- [627] It-a I 167.
- [628] In the standard formula for recollecting the *Dhamma*, e.g. at D II 93.
- [629] S I 34, *Maccharisutta*.
- [630] A V 9, *Sāriputtasutta*.
- [631] A III 347, *Nāgasutta* and Th 702, *Udāyitheragāthā*.
- [632] The corresponding verse in the Chinese parallel, *Madhyama Āgama* discourse 118 (Taishō I 608c27), does not mention *saṅkhāra* at all. (Anālayo)
- [633] A II 1, *Anubuddhasutta*.
- [634] M I 62, *Satipaṭṭhānasutta*.
- [635] Th 1001, *Sāriputtatheragāthā*.
- [636] Ud 92, *Paṭhamadabbasutta*.
- [637] M I 436, *MahāMālunkyasutta*.
- [638] A III 347, *Nāgasutta*.
- [639] M III 245, *Dhātuvibhaṅgasutta*.
- [640] Th 298, *Rāhulatheragāthā*.
- [641] E.g. M II 265, *Āneñjasappāyasutta*.
- [642] M I 147, *Rathavinītasutta*.
- [643] S I 194, *Moggallānasutta*.
- [644] Bv-a 252.
- [645] It 62, *Santatara Sutta*, see sermon 17.
- [646] S IV 204, *Samādhisutta*.
- [647] Ps III 115, *aṭṭhakathā* on the *Bahavedaniyasutta*.
- [648] E.g. at Mp I 91.
- [649] M III 245, *Dhātuvibhaṅgasutta*.
- [650] It 39, *Nibbānadhātusutta*, see sermon 18.
- [651] A V 9, *Sāriputtasutta*.
- [652] D II 157, *Mahāparinibbānasutta*.

- [653] Sv II 595.
- [654] *Devadattaṃ ārabha* at Dhp-a I 133 and Ja I 142.
- [655] S IV 371, *Asaṅkhatasam̐yutta*.
- [656] A III 39, *Sīhasenāpattisutta*.
- [657] Dhp 97, *Arahantavagga*.
- [658] It 39, *Nibbānadhātusutta*.
- [659] Dhp 385, *Brāhmaṇavagga*; see sermon 18.
- [660] Ud 92, *Paṭhamadabbasutta*.
- [661] Ud 93, *Dutiyadabbasutta*.
- [662] Ud-a 435.
- [663] Dhp 308, *Nirayavagga*.
- [664] Ud 80, *Paṭhamanibbānapaṭisaṃyuttasutta*, see sermon 17.
- [665] M I 140, *Alagaddūpamasutta*.
- [666] Sv II 635.
- [667] M I 436, *MahāMālunkyasutta*.
- [668] E.g. at M I 35, *Ākaṅkheyya Sutta*.
- [669] E.g. at M I 167, *Ariyapariyesana Sutta*.
- [670] E.g. at M I 23, *Bhayabherava Sutta*.
- [671] Ps III 115, *aṭṭhakathā* on the *Bahuvedanīyasutta*.
- [672] A III 354, *Iṇasutta*.
- [673] Sn 235, *Ratanasutta*.
- [674] Ud 93, *Dutiyadabbasutta*.
- [675] Dhp 225, *Kodhavagga*.
- [676] Dhp-a III 321.
- [677] Sn 1086, *Hemakamāṇavapucchā*.
- [678] See sermon 19.
- [679] M I 140, *Alagaddūpamasutta*.
- [680] M I 137, *Alagaddūpamasutta*.
- [681] E.g. at M I 484, *Aggivacchagottasutta*.
- [682] S III 116, *Anurādhasutta*.
- [683] S IV 399, *Kutūhalasālāsutta*.
- [684] This suggestion finds support in the Chinese parallel to the *Kutūhalasālāsutta*, *Sam̐yukta Āgama* discourse 957 (Taish⁹ II 244b2), which speaks of the being that has passed away as availing himself of a mind-made body. (Anālayo)
- [685] Spk III 114.
- [686] Feer, L. (ed.): *Sam̐yutta Nikāya*, PTS 1990 (1894), p 400 n 2.
- [687] E.g. S III 190, *Bhavanettisutta*.
- [688] It 53, *Indriyasutta*; see sermon 16,
- [689] M I 484, *Aggivacchagottasutta*.
- [690] M I 427, *Cūḷa-Māluṅkyāputtasutta*.
- [691] The expression *abyākatavatthu* occurs e.g. at A IV 68, *Abyākatasutta*.
- [692] S V 437, *Sīsapāvanasutta*.
- [693] S I 41, *Lokasutta*; see sermon 4.
- [694] S IV 39, *Samiddhisutta*.
- [695] S IV 52, *Lokapañhāsutta*.
- [696] S IV 53, *Palokadhammasutta*.

- [697] M I 138, *Alagaddūpamasutta*.
- [698] M I 484, *Aggivacchagottasutta*.
- [699] See sermons 1, 12 and 13.
- [700] S III 193, *Chandarāgasutta*.
- [701] M I 436, *MahāMālunkyasutta*.
- [702] M I 487, *Aggivacchagottasutta*.
- [703] Th 120, *Isidattatheragāthā*.
- [704] See sermons 12.
- [705] Ud 75, *DutiyaLakuṇṭhakabhaddiyasutta*, see sermon 2.
- [706] S III 59, *Upādānaparivaṭṭa Sutta* and S III 63, *Sattaṭṭhānasutta*.
- [707] Pj II 152, commenting on Sn 82, *Kasibhāradvājasutta*.
- [708] Dh 221, *Kodhavagga*, see sermon 9.
- [709] Sn 490, *Māghasutta*.
- [710] See sermon 3.
- [711] Sn 756, *Dvayatānupassanāsutta*, see sermon 6.
- [712] Sn 9, *Uruga Sutta*.
- [713] See sermons 5 and 18.
- [714] S II 26, *Paccayasutta*.
- [715] Sv I 62: *tathalakkhaṇaṃ āgatoti tathāgato*.
- [716] M I 185, *MahāHatthipadopamasutta*.
- [717] See sermon 19.
- [718] A IV 197, *Pahārādasutta*.
- [719] Vin II 237 and Ud 53, *Uposathasutta*.
- [720] A IV 202, *Pahārādasutta*.
- [721] Sn 762, *Dvayatānupassanāsutta*.
- [722] S III 116 and S IV 380, *Anurādhasutta*.
- [723] S I 135, *Vajirāsutta*.
- [724] Sn 858, *Purābhedasutta*.
- [725] A II 34, *Aggappasādasutta*.
- [726] See sermon 20.
- [727] S III 190, *Sattasutta*.
- [728] S IV 52, *Lokapañhāsutta*.
- [729] M I 436, *MahāMālunkyasutta*.
- [730] S III 118 and S IV 384, *Anurādhasutta*.
- [731] S III 190, *Sattasutta*.
- [732] See sermon 4.
- [733] S II 17, *Kaccāyanagottasutta*.
- [734] M I 139, *Alagaddūpamasutta*.
- [735] Ps II 117.
- [736] See sermons 10 and 13.
- [737] M I 141, *Alagaddūpamasutta*; see sermon 2 and sermon 21.
- [738] D I 46, *Brahmajāla Sutta*.
- [739] M I 139, *Alagaddūpamasutta*.
- [740] S III 109, *Yamakasutta*.
- [741] See sermon 21.
- [742] A III 107, *Tatiya-anāgatabhayasutta*; cf. also S II 267, *Āṇisasutta*.

- [743] M I 167, *Ariyapariyesanasutta*.
- [744] Dhp 157-166 make up the 12th chapter of Dhp, the *Attavagga*.
- [745] Dhp 160, *Attavagga*.
- [746] Dhp 62, *Bālavagga*.
- [747] S I 41, *Lokasutta*, see also sermon 4; S IV 39, *Samiddhisutta*, see also sermon 20.
- [748] E.g. at M I 426, *MahāMālunkyasutta*.
- [749] Spk I 116.
- [750] S IV 93, *Lokakāmaguṇasutta*.
- [751] D I 17, *Brahmajālasutta*.
- [752] S IV 52, *Lokapañhāsutta*, see sermon 20.
- [753] M I 436, *MahāMālunkyasutta*.
- [754] S I 14, *Arahantasutta*, see sermon 13.
- [755] Ud 3, *Bodhivagga*.
- [756] S III 89, *Khajjanīyasutta*.
- [757] Dhp 58-59, *Pupphavagga*.
- [758] See sermon 22.
- [759] S IV 93, *Lokakāmaguṇasutta*.
- [760] See sermon 20.
- [761] See sermons 4 and 22.
- [762] S II 17, *Kaccāyanagottasutta*.
- [763] A IV 428, *Lokāyatikābrāhmaṇāsutta*.
- [764] M I 302, *Cūḷavedallasutta*.
- [765] Ps II 367.
- [766] See sermons 16 and 17.
- [767] S I 61 and A II 49 *Rohitassasutta*.
- [768] Spk I 118 and Mp III 89.
- [769] Mrs. Rhys Davids: *The Book of the Kindred Sayings*, PTS 1979, p 86 n 3.
- [770] A V 318, *Saññāsutta*, see also sermon 16.
- [771] A V 9, *Sāriputtasutta*, see also sermon 17.
- [772] A V 321, *Manasikārasutta*, see also sermon 16
- [773] See sermon 17.
- [774] S IV 98, *Kāmaguṇasutta*.
- [775] A II 161, *Mahākoṭṭhitasutta*.
- [776] Mp III 150.
- [777] A II 11, *Yogasutta*.
- [778] See sermons 13 and 15.
- [779] D I 223, *Kevaḍḍhasutta*, see also sermon 6.
- [780] S II 114, *Naḷakalāpīsutta*, see also sermon 3.
- [781] M I 436, *MahāMālunkyasutta*.
- [782] S I 62 and A II 50 *Rohitassasutta*; see sermon 23.
- [783] S IV 95, *Lokakāmaguṇasutta*.
- [784] Ud 80, *Pāṭaligāmiyavagga*.
- [785] See sermon 7.
- [786] Ud 80, *Pāṭaligāmiyavagga*.
- [787] Ud 81, *Pāṭaligāmiyavagga*.
- [788] S III 189, *Mārosutta*.

- [789] See sermon 14.
- [790] See sermon 3.
- [791] Sn 1103, *Bhadrāvudhamāṇavappucchā*
- [792] S I 115, *Kassakasutta*.
- [793] Ud 80, *Pāṭaligāmiyavagga*.
- [794] A II 162, *Mahākoṭṭhitasutta*; see sermon 23.
- [795] S IV 67, *Dutiyadvayamsutta*.
- [796] E.g. in D I 70, *Sāmaññaphalasutta*.
- [797] S III 155, *Aniccasaññāsutta*.
- [798] S III 150, *Gaddulasutta*; see als sermons 5 and 6.
- [799] A I 10, *Paṇihita-acchavagga*.
- [800] A II 25, *Kāḷakārāmasutta*.
- [801] Ud 8, *Bāhiyasutta*, see sermon 14.
- [802] See sermons 12 to 15.
- [803] See sermons 17 and 22.
- [804] See sermon 20.
- [805] M I 1, *Mūlapariyāyasutta*.
- [806] Mp III 38.
- [807] M I 436, *MahāMālunkyasutta*.
- [808] A II 25, *Kāḷakārāmasutta*.
- [809] Sn 908, *Mahāvīyūhasutta*.
- [810] See esp. sermon 20.
- [811] E.g. at M I 484, *Aggivacchagottasutta*.
- [812] See sermon 24.
- [813] E.g. at M I 484, *Aggivacchagottasutta*.
- [814] D I 58, *Sāmaññaphalasutta*.
- [815] Mp III 38.
- [816] Mp III 39.
- [817] See sermon 15.
- [818] Ud 8, *Bāhiyasutta*.
- [819] See sermon 6.
- [820] D I 42, *Brahmajālasutta*.
- [821] E.g. M I 111, *Madhupiṇḍikasutta*.
- [822] Ud 8, *Bāhiyasutta*.
- [823] Mp III 40.
- [824] A IV 157, *Paṭhamalokadhammasutta*.
- [825] Nid II 459.
- [826] See sermon 21.
- [827] Sn 712, *Nālakasutta*.
- [828] Sn 268, *Mahāmaṅgalasutta*.
- [829] Ud 81, *Catutthanibbānapaṭisaṃyuttasutta*.
- [830] Mp III 41.
- [831] Pj II 554
- [832] Sn 885, *Cūḷaviyūhasutta*.
- [833] Sn 905, *Mahāvīyūhasutta*.
- [834] Sn 824, *Pasūrasutta*.

- [835] Sn 888, *Cūlavīyūhasutta*.
- [836] S IV 67, *Dutiyadvayamsutta*.
- [837] S III 142, *Phenapiṇḍūpamasutta*, see sermon 11
- [838] M I 436, *MahāMālunkyasutta*.
- [839] S III 142, *Phenapiṇḍūpamasutta*
- [840] A II 25, *Kāḷakārāmasutta*.
- [841] Ud 8, *Bāhīyasutta*.
- [842] See sermon 25.
- [843] M I 292, *MahāVedallasutta*.
- [844] Th 716, *Adhimutta Theragāthā*; see also sermon 8.
- [845] S II 25, *Paccayasutta*; see sermon 2.
- [846] A III 440, *Catuttha-abhabbaṭṭhānasutta*.
- [847] See sermon 5.
- [848] Vin I 40, *Mahāvagga*.
- [849] M I 54, *Sammādiṭṭhisutta*.
- [850] M III 63, *Bahudhātukasutta*.
- [851] Dh 1, *Yamakavagga*.
- [852] S II 78, *Ariyasāvakasutta*.
- [853] S II 27, *Paccayasutta*.
- [854] Ud 8, *Bāhīyasutta*.
- [855] See sermon 1.
- [856] S I 13, *Jaṭāsutta*.
- [857] M III 273, *Nandakovādasutta*.
- [858] Th 716, *Adhimutta Theragāthā*.
- [859] E.g. A V 120, *Niṭṭhaṅgatasutta*.
- [860] Ud 8, *Bāhīyasutta*.
- [861] Sn 824, *Pasūrasutta*, see sermon 25.
- [862] Sn 886, *Cūḷa-Vīyūhasutta*.
- [863] Ud 67, *Paṭhamanānātitthiyasutta*.
- [864] D I 42, *Brahmajālasutta*.
- [865] D II 130, *Mahāparinibbānasutta*.
- [866] See sermons 16-19.
- [867] Sn 874, *Kalahavivādasutta*.
- [868] A V 318, *Saññāsutta*, see sermon 16.
- [869] M I 436, *MahāMālunkyasutta*.
- [870] M I 436, *MahāMālunkyasutta*.
- [871] Ud 1-2, *Bodhivagga*.
- [872] A III 378, *Soṇasutta*.
- [873] Sn 734, *Dvāyatanānupassanasutta*.
- [874] Sn 873, *Kalahavivādasutta*.
- [875] Sn 871, *Kalahavivādasutta*.
- [876] D III 217, *Saṅgītisutta*.
- [877] S I 13, *Jaṭāsutta*, see sermon 1.
- [878] See sermon 12.
- [879] M I 109, *Madhupiṇḍikasutta*.
- [880] Sn 779, *Guhaṭṭhaka Sutta*.

- [881] M I 298, *Mahāvedalla Sutta*
- [882] Sn 847, *Māgandiya Sutta* .
- [883] E.g. D I 156, *Mahāli Sutta*.
- [884] Ud 27, *Yasoja Sutta*.
- [885] M II 261, *Āneñjasappāya Sutta*.
- [886] Vin III 92, *Pārājikakaṇḍa*.
- [887] Ud 80, *Paṭhamanibbānapaṭisaṃyuttasutta*; see sermon 17.
- [888] (Prose before) Sn 756, *Dvayatānupassanasutta*.
- [889] See sermons 6 and 21.
- [890] Th 717, *Adhimutta Theragāthā*, see sermon 8.
- [891] Dh 201, *Sukhavagga*.
- [892] Sn 951, *Attadaṇḍasutta*.
- [893] SN I 70, *Purisasutta*.
- [894] MN I 111, *Madhupiṇḍikasutta*, see sermon 11.
- [895] S I 13, *Jaṭāsutta*, see sermon 1.
- [896] Sn 270, *Sūcilomasutta*, cf. also SN I 207.
- [897] Spk I 304.
- [898] Spk I 36, commenting on SN I 7, *Kummasutta*.
- [899] M I 436, *MahāMālunkyasutta*.
- [900] A I 87, *Āsāduppajahavagga*.
- [901] D II 31, *Mahāpadānasutta*, see sermon 3.
- [902] Sn 270, *Sūcilomasutta*.
- [903] Sn 273, *Sūcilomasutta*.
- [904] Spk I 304.
- [905] See sermon 27.
- [906] SN I 70, *Purisasutta*.
- [907] See sermon 3.
- [908] D II 32, *Mahāpadānasutta*.
- [909] E.g. M I 263, *MahāTaṇhāsaṅkhasutta*.
- [910] D II 107, *MahāParinibbānasutta*, see also A IV 312 and Ud 64.
- [911] Sv II 557 and Mp IV 154.
- [912] Nett 61.
- [913] Sn 843, *Māgandiyasutta*.
- [914] Sn 954, *Attadaṇḍasutta*.
- [915] Sn 919, *Tuvaṭṭakasutta*.
- [916] See sermon 5 on Sn 787, *Duṭṭhaṭṭhakasutta*.
- [917] See sermon 2.
- [918] Dh 385, *Brāhmaṇavagga*; see sermons 5, 18 and 19.
- [919] Ud 75, *DutiyaLakuṇṭakabhaddiyasutta*.
- [920] D II 119, *MahāParinibbānasutta*.
- [921] See sermon 14.
- [922] M I 185, *MahāHatthipadopamasutta*.
- [923] See sermon 2.
- [924] M I 57, *Satipaṭṭhānasutta*.
- [925] Sn 203, *Vijayasutta*.
- [926] Dh-a III 117.

- [927] S II 171, *Acarimṣutta*.
- [928] A II 27, *Ariyavaṃsasutta*.
- [929] A II 145, *Bhikkhunīsutta*.
- [930] M I 108, *Madhupiṇḍikasutta*.
- [931] D III 84, *Aggaññasutta*.
- [932] AN IV 103, *Sattasuriyasutta*.
- [933] M I 436, *MahāMālunkyasutta*.
- [934] M I 185, *MahāHatthipadopamasutta*.
- [935] Sn 342, *Rāhulasutta*; cf. also S I 188, *Ānandasutta*; Th 1226, *Varṅīsatheragāthā*; Thī 20, *Abhirūpanandātherīgāthā*.
- [936] S III 93, *Piṇḍolyasutta*.
- [937] E.g. M III 1, *Gaṇakamoggallānasutta*.
- [938] M I 149, *Rathavinītasutta*.
- [939] See sermon 5.
- [940] Th 1160, *MahāMoggallānatheragāthā*.
- [941] Thī 101, *Sakulātherīgāthā*.
- [942] E.g. M I 300, *CūlaVedallasutta*.
- [943] M I 56, *Satipaṭṭhānasutta*.
- [944] S I 135, *Vajirāsutta*.
- [945] Sn 920, *Tuvaṭakasutta*.
- [946] DN II 277, *Sakkapañhasutta*.
- [947] MN I 109, *Madhupiṇḍikasutta*; see sermon 11 and 12.
- [948] MN I 112, *Madhupiṇḍikasutta*; see sermon 11.
- [949] Ud 71, *Subhūtisutta*.
- [950] Ud-a 348.
- [951] S III 89, *Khajjanīyasutta*, see sermon 23
- [952] S I 13, *Jaṭāsutta*; see sermon 11.
- [953] Sn 436, *Padhānasutta*.
- [954] S I 22, *Nasantisutta*.
- [955] Sn 970, *Sāriputtasutta*.
- [956] Ud 3, *Bodhivagga*; see sermon 23.
- [957] Th 999, *Sāriputtatheragāthā*.
- [958] Thī 75, *Vimalātherīgāthā*.
- [959] S I 126, *Dhītarosutta*.
- [960] Ud 77, *Papañcakhayasutta*.
- [961] S I 39, *Samyojanasutta*.
- [962] Sn 472, *Sundarikabhāradvājasutta*.
- [963] Pj II 409.
- [964] M I 436, *MahāMālunkyasutta*.
- [965] M III 217, *Salāyatanavibhaṅgasutta*.
- [966] Ud 80, *Paṭhamanibbānapaṭisaṃyuttasutta*.
- [967] See sermon 17.
- [968] See esp. sermons 14, 15, 24 and 25.
- [969] M III 44, *Sappurisasutta*.
- [970] See sermons 13, 14 and 15.
- [971] M I 119, *Vitakkasanthānasutta*.

- [972] S IV 282, *Samyojanasutta*.
- [973] S I 1, *Oghataraṇasutta*.
- [974] S V 421, *Dhammacakkapavattanasutta*.
- [975] See sermon 3 etc.
- [976] Sn 838, *Māgandiyasutta*.
- [977] Pj II 545.
- [978] M III 266, *Channovādasutta*; see sermon 4.
- [979] See sermon 5.
- [980] M I 147, *Rathavinītasutta*.
- [981] M I 134, *Alagaddūpamasutta*; see sermon 18.
- [982] M I 436, *MahāMālunkyasutta*.
- [983] M I 134, *Alagaddūpamasutta*.
- [984] M I 260, *MahāTaṇhāsaṅkhasutta*.
- [985] S V 90, *Udāyisutta*.
- [986] A V 2, *Cetanākaraṇīyasutta*.
- [987] S IV 41, *Upavāṇasandiṭṭhikasutta*.
- [988] A III 39, *Sīhasenāpattisutta*; see sermon 19.
- [989] e.g. M I 76, *MahāSīhanādasutta*.
- [990] S I 9, *Samiddhisutta*.
- [991] S V 90, *Udāyisutta*.
- [992] D II 119, *Mahāparinibbānasutta*.
- [993] D III 287, *Dasuttarasutta*.
- [994] M I 60, *Satipaṭṭhānasutta*.
- [995] e.g. D III, 221, *Saṅgītisutta*.
- [996] M I 62, *Satipaṭṭhānasutta*.
- [997] e.g. D III, 221, *Saṅgītisutta*.
- [998] e.g. Ps III 194.
- [999] M I 481, *Kīṭāgirisutta*.
- [1000] S V 276, *Bhikkhusutta*; S V 286, *Ānandasutta* 1&2; S V 287, *Bhikkhusutta* 1&2.
- [1001] S V 266, *Pubbesutta*.
- [1002] Sv II 642, which further mentions Venerable Soṇa as an example for energy and Venerable Sambhūta as an example for the category of the mind.
- [1003] e.g. SN V 255, *Aparāsutta*.
- [1004] S V 268, *Chandasutta*.
- [1005] S V 196, *Daṭṭhabbasutta*.
- [1006] S V 343, *Rājasutta*.
- [1007] S V 196, *Daṭṭhabbasutta*.
- [1008] S V 197, *Vibhaṅgasutta*.
- [1009] S V 196, *Daṭṭhabbasutta*.
- [1010] S V 197, *Vibhaṅgasutta*.
- [1011] S V 225, *Āpaṇasutta*.
- [1012] M I 436, *MahāMālunkyasutta*.
- [1013] S V 197, *Paṭhamavibhaṅgasutta*.
- [1014] M II 173, *Caṅkīsutta*.
- [1015] Ps III 426.
- [1016] A IV 320, *Dutiyamaraṇasatisutta*.

- [1017] S V 227, *Sālasutta*; and S V 231, *Padasutta*
- [1018] S V 228, *Mallikasutta*.
- [1019] S V 202, *Paṭipannasutta*.
- [1020] S V 72, *Bhikkhusutta*.
- [1021] S V 119, *Mettāsahagatasutta*.
- [1022] S V 331, *Paṭhama-Ānandasutta*.
- [1023] M III 72, *MahāCattārīsakasutta*.
- [1024] E.g. S V 2, *Upaḍḍhasutta*.
- [1025] M III 76, *MahāCattārīsakasutta*.
- [1026] A I 32, *Ekadhammapāḷi*.
- [1027] S V 421, *Dhammacakkappavattanasutta*.
- [1028] M III 203, *Cūḷakammavibhaṅgasutta*.
- [1029] A II 34, *Aggappasādasutta*.
- [1030] S V 49, *Ākāsasutta*.
- [1031] M III 287, *MahāSaḷāyatanikasutta*.
- [1032] M I 436, *MahāMālunkyasutta*.
- [1033] M III 288, *MahāSaḷāyatanikasutta*.
- [1034] M I 55, *Satipaṭṭhānasutta*.
- [1035] S III 142, *Phenapiṇḍūpamasutta*.
- [1036] Ud 8, *Bāhīyasutta*.
- [1037] M III 30, *Chabbisodhanasutta*; see sermon 15.
- [1038] Sn 757, *Dvayatānupassanāsutta*; see sermon 13.
- [1039] M I 1, *Mūlapariyāyasutta*; see sermon 12.
- [1040] M I 111, *Madhupiṇḍikasutta*; see sermon 11.
- [1041] See sermon 10.
- [1042] Sn 1042, *Tissametteyyamāṇavapucchā*.
- [1043] A III 399, *Majjhesutta*.
- [1044] Sn 738-739, *Dvayatānupassanāsutta*.
- [1045] M III 187, *Bhaddekarattasutta*.
- [1046] M I 304, *CūlaVedallasutta*.
- [1047] Sn 754-755, *Dvayatānupassanāsutta*, see sermon 15.
- [1048] S IV 67, *Dutiyadvayasutta*.
- [1049] S III 159, *Sakkāyasutta*.
- [1050] Sn 794, *Suddhaṭṭhakasutta*.
- [1051] It 43, *Diṭṭhigatasutta*.